

Kent Indoor Championships - Lee Valley Indoor Athletics Centre 19/20 March 2022

(a) Saturday, (b) Sunday

SM 60m (b)

Heat 1					
No.	Athlete	Club	Perf		
1	206	Michael Damoar	Black & Brom H AC	7.08	Q
2	208	Nathan Isaac	Med and Maid AC	7.23	Q
3	212	Connor Nea	Thanet AC	7.26	Q
4	215	Lewis Parsons	Thanet AC	7.29	q
5	214	Harry Osborne	Med and Maid AC	7.57	
6	216	Ralph Unwin	Black & Brom H AC	7.81	
7	204	Ryan Burt	Invicta East Kent AC	7.82	
Heat 2					
No.	Athlete	Club	Perf		
1	213	Chizute Ogbede	Black & Brom H AC	7.27	Q
2	207	Rhys Francis	Black & Brom H AC	7.27	Q
3	202	Duayne Bovell (M35)	Black & Brom H AC	7.27	Q
4	209	Matthew Knight	Black & Brom H AC	7.50	
5	211	Mark McAllister (M50)	Tonbridge AC	8.10	
6	205	Stephen Daly (M50)	Tonbridge AC	8.33	
Final					
No.	Athlete	Club	Perf		
1	206	Michael Damoar	Black & Brom H AC	6.94	
2	202	Duayne Bovell (M35)	Black & Brom H AC	7.13	
3	208	Nathan Isaac	Med and Maid AC	7.16	
4	212	Connor Nea	Thanet AC	7.21	
5	213	Chizute Ogbede	Black & Brom H AC	7.24	
6	207	Rhys Francis	Black & Brom H AC	7.26	
7	215	Lewis Parsons	Thanet AC	7.33	

SM 200m (a)

Heat 1					
No.	Athlete	Club	Perf		
1	212	Connor Nea	Thanet AC	22.80	Q
2	214	Harry Osborne	Med and Maid AC	23.16	Q
3	211	Mark McAllister (M50)	Tonbridge AC	26.26	q
4	205	Stephen Daly (M50)	Tonbridge AC	27.36	
Heat 2					
No.	Athlete	Club	Perf		
1	208	Nathan Isaac	Med and Maid AC	23.21	Q
2	209	Matthew Knight	Black & Brom H AC	23.23	Q
3	215	Lewis Parsons	Thanet AC	23.74	q
4	318	Milton McNichol Jr (M45)	Tonbridge AC	31.20	
Final					
No.	Athlete	Club	Perf		
1	212	Connor Nea	Thanet AC	22.27	
2	214	Harry Osborne	Med and Maid AC	22.98	
3	208	Nathan Isaac	Med and Maid AC	23.02	
4	215	Lewis Parsons	Thanet AC	23.69	
5	209	Matthew Knight	Black & Brom H AC	23.79	
	211	Mark McAllister (M50)	Tonbridge AC	disq	

SM 400m (b)

Final					
No.	Athlete	Club	Perf		
1	382	Joseph Burton	Med and Maid AC	51.91	
2	384	Noah Frienc	Tonbridge AC	51.93	
3	383	Fuad Busoir	Cambridge Harriers	54.25	

SM 800m (a)

Final					
No.	Athlete	Club	Perf		
1	402	Alexander Donnelly	Med and Maid AC	2:08.89	
2	400	James Akhurst	Invicta East Kent AC	2:09.77	
3	385	Stuart McNally (M45)	Dartford Harriers AC	2:12.20	
4	401	Colin Bates (M60)	Dartford Harriers AC	2:24.04	

SM 1500m (b)

Final					
No.	Athlete	Club	Perf		
1	435	Andrew Scoones	Swale Combined AC	4:40.64	
2	434	Ian Mackett (M60)	Ashford AC	5:59.73	

SM Pole Vault (b)

Final					
No.	Athlete	Club	Perf		
1	381	George Blake	Med and Maid AC	4.00	
2	458	Luke Williams	Ashford AC	3.60	
3	457	Roger Platt (M50)	Black & Brom H AC	3.10	

3.50 o;3.60 o;3.70 o;3.80 xo;3.90 o;4.00 xxo;4.10 xx
3.20 o;3.20 o;3.40 o;3.50 o;3.60 xo;3.70 xx
2.60 o;2.80 o;2.90 o;3.00 xxo;3.10 xc

SM Long Jump (a)

Final					
No.	Athlete	Club	Perf		
1	203	Sebastian Brooks (T20)	Tonbridge AC	3.48	

3.48; 3.44; 3.39; x

SM Shot (a)

Final				
	No.	Athlete	Club	Perf
1	485	Khuwayne Linton	Harrow AC	10.33
2	347	Bilen Ahmet (M35)	Kingston AC & Poly H	9.61

10.33; 10.25; 9.69; 9.86
9.61; 9.56; 9.55; x

U20M 60m (b)

Heat 1				
	No.	Athlete	Club	Perf
1	219	Fortune Adah-Jahs	Bexley AC	7.26
2	225	Jasper Emmanuel	Med and Maid AC	7.37
3	217	Fidunu Abidekun	Ilford AC	7.39
4	221	James Baker	Dartford Harriers AC	7.55
5	232	Olumuyiwa Odelusi	Bexley AC	7.67
6	234	Owen Ramage	Invicta East Kent AC	7.88
7	220	Adedamola Ajayi	Bexley AC	7.94
Heat 2				
	No.	Athlete	Club	Perf
1	227	Jake Goodmar	Invicta East Kent AC	7.29
2	231	Trey McPherson	Dartford Harriers AC	7.42
3	236	Joseph E Terry	Tonbridge AC	7.59
4	233	Pelumi Oguntunde	Bexley AC	7.69
5	223	Andrew Bull	Canterbury Ath Acad	7.76
6	222	Harry Blake	Med and Maid AC	8.02
Heat 3				
	No.	Athlete	Club	Perf
1	224	Khalid Dabiri	Bexley AC	7.20
2	235	Ethan Tasker	Tonbridge AC	7.22
3	226	Aston Fredericks	Thanet AC	7.42
4	228	Flynn Hughes	Ashford AC	7.50
5	229	Kieran Isaac	Med and Maid AC	7.64
6	218	Joshua Aboagye	Med and Maid AC	7.68
7	230	Samuel Martin	Canterbury Ath Acad	7.87
Final				
	No.	Athlete	Club	Perf
1	217	Fidunu Abidekun	Ilford AC	7.08
2	224	Khalid Dabiri	Bexley AC	7.10
3	235	Ethan Tasker	Tonbridge AC	7.22
4	227	Jake Goodmar	Invicta East Kent AC	7.22
5	219	Fortune Adah-Jahs	Bexley AC	7.23
6	231	Trey McPherson	Dartford Harriers AC	7.43
7	225	Jasper Emmanuel	Med and Maid AC	dns

Q
q

Q
Q

U20M 200m (a)

Heat 1				
	No.	Athlete	Club	Perf
1	235	Ethan Tasker	Tonbridge AC	22.89
2	322	Dylan Purton	Med and Maid AC	23.12
3	236	Joseph E Terry	Tonbridge AC	24.17
4	231	Trey McPherson	Dartford Harriers AC	24.18
5	223	Andrew Bull	Canterbury Ath Acad	24.90
Heat 2				
	No.	Athlete	Club	Perf
1	321	Charles Nortey	Black & Brom H AC	22.76
2	323	Michael Uzozie	Black & Brom H AC	23.40
3	226	Aston Fredericks	Thanet AC	24.12
4	221	James Baker	Dartford Harriers AC	24.45
5	218	Joshua Aboagye	Med and Maid AC	24.73
Final				
	No.	Athlete	Club	Perf
1	321	Charles Nortey	Black & Brom H AC	22.22
2	235	Ethan Tasker	Tonbridge AC	22.65
3	322	Dylan Purton	Med and Maid AC	22.90
4	323	Michael Uzozie	Black & Brom H AC	23.15
5	236	Joseph E Terry	Tonbridge AC	24.57
6	226	Aston Fredericks	Thanet AC	25.11

Q
Q
q

Q
Q
q

U20M 400m (b)

Final				
	No.	Athlete	Club	Perf
1	388	Tommy Owler	Folkestone Running Club	51.64
2	323	Michael Uzozie	Black & Brom H AC	52.37
3	390	Matthew Smith	Black & Brom H AC	52.87
4	386	Maurizio Corrodi	Black & Brom H AC	53.08
5	387	Benjamin Lineker	Med and Maid AC	53.83

U20M 800m (a)

Final				
	No.	Athlete	Club	Perf
1	390	Matthew Smith	Black & Brom H AC	1:58.45
2	403	Jack Bowley	Canterbury Ath Acad	1:59.62
3	405	Thomas Sugden	Black & Brom H AC	1:59.67
4	404	Adam Lane	Ashford AC	2:00.65

U20M 1500m (b)

Final				
	No.	Athlete	Club	Perf
1	404	Adam Lane	Ashford AC	4:12.29
2	403	Jack Bowley	Canterbury Ath Acad	4:14.70

U20M 60m Hurdles (a)

Final				
No.	Athlete	Club	Perf	
1	349	Michael Alajiki	Ashford AC	8.66
2	350	Princeriza Gediz	Bexley AC	8.86
3	348	Ridwaan Ahmed	Bexley AC	9.22

U20M High Jump (a)

Final				
No.	Athlete	Club	Perf	
1	226	Aston Fredericks	Thanet AC	1.85
2	217	Fidunu Abidekun	Ilford AC	1.80
3	449	Harvey Fordhan	Paddock Wood AC	1.80
4	448	Zachary Beasty	Tonbridge AC	1.75

1.80 o;1.85 xo;1.90 xxx
 1.80 o;1.85 xxx
 1.70 o;1.75 xxo;1.80 xo;1.85 xx;
 1.70 xo;1.75 xxo;1.80 xx;

U20M Pole Vault (b)

Final				
No.	Athlete	Club	Perf	
1	459	Barnaby Corry	Black & Brom H AC	4.20
2	461	Oluwafemi Segun	Dartford Harriers AC	3.90
3	460	Benjamin Platt	Black & Brom H AC	3.80

3.80 o;3.90 o;4.00 o;4.10 o;4.20 o;4.30 xx
 3.50 o;3.60 o;3.70 o;3.80 o;3.90 xxo;4.00 xx;
 3.50 o;3.60 -;3.70 o;3.80 xo;3.90 xx

U20M Long Jump (a)

Final				
No.	Athlete	Club	Perf	
1	217	Fidunu Abidekun	Ilford AC	6.43
2	350	Princeriza Gediz	Bexley AC	5.81
3	233	Pelumi Oguntunde	Bexley AC	5.32
4	234	Owen Ramage	Invicta East Kent AC	5.01

5.04; 2.18; -; 6.43
 5.58; 5.62; 5.71; 5.81
 5.32; 4.81; 5.21; -
 4.82; 5.01; 4.86; 4.90

U20M Triple Jump (b)

Final				
No.	Athlete	Club	Perf	
1	349	Michael Alajiki	Ashford AC	13.99
2	480	Kevin Masindc	Ashford AC	13.56
3	233	Pelumi Oguntunde	Bexley AC	11.63
4	229	Kieran Isaac	Med and Maid AC	11.01

13.86; 13.99; x; x
 x; x; 13.56; x
 11.22; 10.79; 11.63; x
 11.01; 9.78; 10.72; x

U17M 60m (b)

Heat 1				
No.	Athlete	Club	Perf	
1	247	Dante Legister	Cambridge Harriers	6.92
2	238	Rahaan Beckford Collie	Cambridge Harriers	7.45
3	245	Harvey Humpheryes	Thanet AC	7.57
4	248	Ivan Martin	Invicta East Kent AC	7.61
5	250	Daniel Shoyoye	Med and Maid AC	7.66
6	252	Leonardo Thomas	Tonbridge AC	7.82
7	242	Oluwaferanmi Dere	Dartford Harriers AC	8.06
Heat 2				
No.	Athlete	Club	Perf	
1	244	Leo Godfrey	Ashford AC	7.38
2	251	Joe Stone	Tonbridge AC	7.39
3	249	Andrew Nikoro	Black & Brom H AC	7.46
4	240	Daniel Chigbu	Dartford Harriers AC	7.54
5	239	Marley Byfielc	Black & Brom H AC	7.64
6	246	Cameron Isaac	Med and Maid AC	7.78
7	241	Daniel Culver	Med and Maid AC	7.83
Final				
No.	Athlete	Club	Perf	
1	247	Dante Legister	Cambridge Harriers	6.87
2	251	Joe Stone	Tonbridge AC	7.38
3	244	Leo Godfrey	Ashford AC	7.39
4	238	Rahaan Beckford Collie	Cambridge Harriers	7.46
5	249	Andrew Nikoro	Black & Brom H AC	7.52
6	245	Harvey Humpheryes	Thanet AC	7.64
7	240	Daniel Chigbu	Dartford Harriers AC	dns

Q

Q

Q

Q

Q

Q

q

q

CBP

U17M 200m (a)

Heat 1				
No.	Athlete	Club	Perf	
1	247	Dante Legister	Cambridge Harriers	22.91
2	244	Leo Godfrey	Ashford AC	24.29
3	245	Harvey Humpheryes	Thanet AC	24.67
4	239	Marley Byfielc	Black & Brom H AC	25.02
5	326	Cheyne West	Med and Maid AC	disq
Heat 2				
No.	Athlete	Club	Perf	
1	324	Oliver Brooke	Tonbridge AC	23.58
2	251	Joe Stone	Tonbridge AC	23.71
3	325	Rayhan Mourtade	Black & Brom H AC	24.07
4	246	Cameron Isaac	Med and Maid AC	24.89
5	250	Daniel Shoyoye	Med and Maid AC	25.91

Q

Q

q

Q

Q

q

Final				
	No.	Athlete	Club	Perf
1	247	Dante Legister	Cambridge Harriers	22.73
2	251	Joe Stone	Tonbridge AC	23.18
3	325	Rayhan Mourtaɗe	Black & Brom H AC	24.04
4	244	Leo Godfrey	Ashford AC	24.21
	245	Harvey Humpheryes	Thanet AC	dns
	324	Oliver Brooke	Tonbridge AC	dns

U17M 400m (b)

Final				
	No.	Athlete	Club	Perf
1	251	Joe Stone	Tonbridge AC	53.28
2	353	Dante McNichol	Tonbridge AC	55.33
3	393	Charlie Rouse	Med and Maid AC	56.21
4	392	Harry Fage	Black & Brom H AC	56.93
5	394	Callum Wilson	Dartford Harriers AC	57.13
6	395	Zak Yusuf	Tonbridge AC	57.67

U17M 800m (a)

Final				
	No.	Athlete	Club	Perf
1	424	Riley Maisey	Med and Maid AC	2:03.91
2	411	Adam Whitlock	Invicta East Kent AC	2:09.22
3	407	Thomas Beare	Dartford Harriers AC	2:16.76
4	394	Callum Wilson	Dartford Harriers AC	2:19.27
5	408	Yuvraj Dhaliwal	Dartford Harriers AC	2:33.78

U17M 1500m (b)

Final				
	No.	Athlete	Club	Perf
1	438	Arthur Starvis	Black & Brom H AC	4:27.45
2	411	Adam Whitlock	Invicta East Kent AC	4:28.13
3	409	Alexander Middleter	Black & Brom H AC	4:30.05
4	436	Jasper Brooks	Black & Brom H AC	4:37.65
5	392	Harry Fage	Black & Brom H AC	4:40.91
6	408	Yuvraj Dhaliwal	Dartford Harriers AC	5:19.39

U17M 60m Hurdles (a)

Final				
	No.	Athlete	Club	Perf
1	325	Rayhan Mourtaɗe	Black & Brom H AC	8.55
2	249	Andrew Nikoro	Black & Brom H AC	8.64
3	353	Dante McNichol	Tonbridge AC	8.78
4	324	Oliver Brooke	Tonbridge AC	8.86
5	326	Cheyne West	Med and Maid AC	8.92

U17M High Jump (b)

Final				
	No.	Athlete	Club	Perf
1	249	Andrew Nikoro	Black & Brom H AC	1.73
2	450	Reef Page	Tonbridge AC	1.70
	353	Dante McNichol	Tonbridge AC	nm

1.60 o;1.65 o;1.70 xxo;1.73 o;1.76 xx;
1.60 o;1.65 o;1.70 xo;1.73 xx
1.65 xxx

U17M Pole Vault (b)

Final				
	No.	Athlete	Club	Perf
1	464	Oscar Witcombe	Black & Brom H AC	3.70
2	463	Tom Walker	Tonbridge AC	3.60
3	462	Finn Kitteridge	Black & Brom H AC	3.30

3.20 o;3.30 o;3.40 o;3.50 o;3.60 o;3.70 o;3.80 xx
3.10 xo;3.20 -;3.30 o;3.40 xxo;3.50 o;3.60 xox;3.70 xx
2.80 o;2.90 -;3.00 o;3.10 o;3.20 xo;3.30 xx

U17M Long Jump (a)

Final				
	No.	Athlete	Club	Perf
1	251	Joe Stone	Tonbridge AC	6.22
2	324	Oliver Brooke	Tonbridge AC	5.84
3	450	Reef Page	Tonbridge AC	5.56
4	249	Andrew Nikoro	Black & Brom H AC	5.54
5	353	Dante McNichol	Tonbridge AC	5.43
6	394	Callum Wilson	Dartford Harriers AC	5.03

6.22; 6.03; 6.05; 5.88
5.19; 5.66; 5.81; 5.84
x; x; 5.34; 5.56
5.53; 5.54; 5.46; 5.45
5.43; 5.43; x; x
4.84; 4.92; 5.03; 4.90

U17M Shot (a)

Final				
	No.	Athlete	Club	Perf
1	488	Timi Babatunde	Dartford Harriers AC	14.12
2	450	Reef Page	Tonbridge AC	12.92
3	353	Dante McNichol	Tonbridge AC	12.11
4	487	Debare Alade	Dartford Harriers AC	11.77
5	241	Daniel Culver	Med and Maid AC	11.53

14.12; x; 12.49; 12.63
10.87; 11.53; 12.92; 10.73
11.83; x; 12.11; 11.39
11.47; 11.77; 10.81; 10.32
9.89; 10.60; 10.61; 11.53

U15B 60m (b)

Final				
	No.	Athlete	Club	Perf
1	261	Victor Redman	Folkestone RC	7.46
2	259	Kemakolam Jr. Onyemaechi	Cambridge Harriers	7.65
3	254	Emmanuel Evbota	Dartford Grammar Sch	7.81
4	255	Tishe Fatona	Dartford Grammar Sch	7.97
5	257	Rhys Joyeux	Cambridge Harriers	8.60
6	256	Alfie Hughes	Swale Combined AC	9.12

U15B 200m (a)

Heat 1					
No.	Athlete	Club	Perf		
1	258	Alexander Morrel	Black & Brom H AC	24.95	Q
2	328	Hans Nmaju	Central Park Athletics	27.07	Q
3	327	Joel Aggrey	Central Park Athletics	28.03	
4	329	Rahman Odugbayi	Dartford Grammar Sch	29.53	
Heat 2					
No.	Athlete	Club	Perf		
1	261	Victor Redman	Folkestone RC	24.95	Q
2	254	Emmanuel Evbota	Dartford Grammar Sch	25.92	Q
3	331	Benjamin Purton	Med and Maid AC	26.15	q
4	330	Elijah Olaleye	Cambridge Harriers	27.36	q
Final					
No.	Athlete	Club	Perf		
1	261	Victor Redman	Folkestone RC	24.39	
2	258	Alexander Morrel	Black & Brom H AC	25.01	
3	328	Hans Nmaju	Central Park Athletics	25.90	
4	254	Emmanuel Evbota	Dartford Grammar Sch	26.15	
5	331	Benjamin Purton	Med and Maid AC	26.19	
6	330	Elijah Olaleye	Cambridge Harriers	28.04	

U15B 300m (b)

Final					
No.	Athlete	Club	Perf		
1	330	Elijah Olaleye	Cambridge Harriers	42.13	
2	255	Tishe Fatona	Dartford Grammar Sch	42.54	
3	373	Lucas Cameron	Med and Maid AC	42.59	
4	257	Rhys Joyeux	Cambridge Harriers	43.26	

U15B 800m (a)

Final					
No.	Athlete	Club	Perf		
1	414	Hendri Verster	Black & Brom H AC	2:14.31	
2	412	Joseph Hill	Black & Brom H AC	2:23.68	
3	413	Benjamin O'Grady	Black & Brom H AC	2:24.24	

U15B 1500m (b)

Final					
No.	Athlete	Club	Perf		
1	439	Louie Griggs	Dartford Grammar Sch	5:04.21	

U15B 60m Hurdles (a)

Final					
No.	Athlete	Club	Perf		
1	354	Arinze Nwafor	Dartford Grammar Sch	9.34	
2	328	Hans Nmaju	Central Park Athletics	9.37	
3	330	Elijah Olaleye	Cambridge Harriers	9.67	
4	327	Joel Aggrey	Central Park Athletics	9.68	
5	329	Rahman Odugbayi	Dartford Grammar Sch	9.71	

U15B High Jump (b)

Final					
No.	Athlete	Club	Perf		
1	439	Louie Griggs	Dartford Grammar Sch	1.54	
2	451	Ethan Harris	Dartford Harriers AC	1.44	

1.30 o;1.35 o;1.38 o;1.41 o;1.44 o;1.47 o;1.50 o;1.52 o;1.54 o;1.56 xx
1.30 o;1.35 o;1.38 xo;1.41 o;1.44 xxo;1.47 xx

U15B Pole Vault (b)

Final					
No.	Athlete	Club	Perf		
1	466	Charlie Platt	Black & Brom H AC	3.10	
2	465	Michael Oyetti	Dartford Grammar Sch	2.80	

2.80 o;2.90 -;3.00 o;3.10 xxo;3.20 xx
2.40 o;2.50 o;2.60 o;2.70 xxo;2.80 xx

U15B Long Jump (a)

Final					
No.	Athlete	Club	Perf		
1	328	Hans Nmaju	Central Park Athletics	5.22	
2	354	Arinze Nwafor	Dartford Grammar Sch	5.09	
3	329	Rahman Odugbayi	Dartford Grammar Sch	4.72	
4	254	Emmanuel Evbota	Dartford Grammar Sch	4.49	
5	327	Joel Aggrey	Central Park Athletics	4.29	

4.90; -; x; 5.22
5.09; 5.00; 3.88; 3.19
x; -; 4.72; 3.55
4.49; -; 4.39; 4.28
4.29; -; 3.90; 3.70

U15B Triple Jump (b)

Final					
No.	Athlete	Club	Perf		
1	482	Mathieu-William Taylor	Dartford Grammar Sch	10.64	
2	255	Tishe Fatona	Dartford Grammar Sch	10.63	
3	254	Emmanuel Evbota	Dartford Grammar Sch	10.51	
4	329	Rahman Odugbayi	Dartford Grammar Sch	10.47	
5	256	Alfie Hughes	Swale Combined AC	8.42	

10.16; 10.54; 10.49; 10.64
10.26; 10.30; 10.63; 10.45
10.29; 10.51; 10.33; 10.39
10.44; x; 10.47; 10.33
8.34; 8.34; 8.23; 8.42

U15B Shot (a)

Final					
No.	Athlete	Club	Perf		
1	491	Damien Osei-Bonsu	Dartford Grammar Sch	12.31	
2	489	Sonny Hatch	Dartford Harriers AC	12.25	
3	490	Arun Menon	Dartford Harriers AC	11.89	

11.91; 12.31; 11.55; 11.56
x; x; 12.25; x
9.89; 11.19; 11.22; 11.89

SW 60m (b)

Final				
	No.	Athlete	Club	Perf
1	263	Doyin Aderinto	Cambridge Harriers	7.73
2	270	Abigail Walters	Med and Maid AC	8.13
3	262	Derin Aderintc	Cambridge Harriers	8.27
4	269	Louisa Vallins (W40)	Black & Brom H AC	8.37
5	268	Rachel Omavowan Taylor	Cambridge Harriers	8.76
6	265	Kirstie Cooper (W45)	Dartford Harriers AC	8.88
7	264	Suzanne Bachelor (W40)	Tonbridge AC	9.50

SW 200m (a)

Heat 1				
	No.	Athlete	Club	Perf
1	333	Lucy Hope	Med and Maid AC	25.97
2	335	Jessica O'Hara	Tonbridge AC	28.19
3	267	Faye Olszowka	Bexley AC (T20)	28.62
Heat 2				
	No.	Athlete	Club	Perf
1	332	Chanelle Cole	Black & Brom H AC	26.12
2	270	Abigail Walters	Med and Maid AC	27.55
3	334	Bonnie Maugey	Dartford Harriers AC	29.64
4	268	Rachel Omavowan Taylor	Cambridge Harriers	30.39
5	265	Kirstie Cooper (W45)	Dartford Harriers AC	30.69
Final				
	No.	Athlete	Club	Perf
1	333	Lucy Hope	Med and Maid AC	25.65
2	332	Chanelle Cole	Black & Brom H AC	25.89
3	270	Abigail Walters	Med and Maid AC	27.19
4	267	Faye Olszowka	Bexley AC (T20)	27.64
5	335	Jessica O'Hara	Tonbridge AC	28.17
6	334	Bonnie Maugey	Dartford Harriers AC	29.88

SW 400m (b)

Final				
	No.	Athlete	Club	Perf
1	333	Lucy Hope	Med and Maid AC	58.74
2	332	Chanelle Cole	Black & Brom H AC	60.07
3	396	Lauren Macey	Invicta East Kent AC	65.87

SW 800m (a)

Final				
	No.	Athlete	Club	Perf
1	415	Pandora Banbury	Tonbridge AC	2:24.41
2	417	Sophie Hawkins	Tonbridge AC	2:24.48

SW 1500m (b)

Final				
	No.	Athlete	Club	Perf
1	440	Alexa Parker	Kent AC	4:47.99

SW High Jump (a)

Final				
	No.	Athlete	Club	Perf
1	453	Deborah Martir	Ashford AC	1.70

1.60 o;1.65 o;1.70 xo;1.75 xx

SW Pole Vault (a)

Final				
	No.	Athlete	Club	Perf
1	471	Grace Thomas	Dartford Harriers AC	2.80
2	470	Jennifer Sheasby	Enfield & Haringey AC	2.60
2	469	Holly Platt	Black & Brom H AC	2.60
4	468	Teresa Eades (W60)	Dartford Harriers AC	2.20

2.70 o;2.80 o;2.90 -;3.00 xx

2.20 o;2.30 o;2.40 o;2.50 o;2.60 o;2.70 xx

2.60 o;2.70 xxx

2.10 xxo;2.20 xxo;2.30 xx

SW Long Jump (b)

Final				
	No.	Athlete	Club	Perf
1	267	Faye Olszowka	Bexley AC (T20)	4.16
2	334	Bonnie Maugey	Dartford Harriers AC	4.16

4.02; 4.15; x; 4.16

4.03; 4.16; x; 3.90

SW Triple Jump (a)

Final				
	No.	Athlete	Club	Perf
1	483	Jade Oni	Black & Brom H AC	11.75

11.75; 11.63; 11.50; x

SW Shot (b)

Final				
	No.	Athlete	Club	Perf
1	492	Vanessa Hannam (W50)	Med and Maid AC	10.08
2	494	Natalie Mann (W35)	Cambridge Harriers	7.29
3	495	Chloe Williams	Thanet AC	6.73
4	493	Christine Lynch (W60)	Swale Combined AC	4.40

9.72; 10.08; 9.97; 10.01

6.73; 6.52; 6.52; 7.29

6.73; 6.70; 6.53; 6.59

4.38; 4.38; 4.30; 4.40

U20W 60m (b)

Final				
	No.	Athlete	Club	Perf
1	274	Chichi Cooper	Cambridge Harriers	7.98
2	276	Emily Kerr	Black & Brom H AC	8.04
3	278	Amirat Mohammed-Hassan	Cambridge Harriers	8.06
4	275	Imogen Davis	Thanet AC	8.12
5	277	Daisy Meenar	Canterbury Ath Acad	8.45
6	273	Ysabella Castle	Canterbury Ath Acad	8.75

U20W 200m (a)

Final				
	No.	Athlete	Club	Perf
1	337	Tianna Haynes	Black & Brom H AC	25.88
2	339	Scarlet Thomas-Wright	Invicta East Kent AC	26.35
3	276	Emily Kerr	Black & Brom H AC	27.12
4	275	Imogen Davis	Thanet AC	27.16
5	277	Daisy Meenar	Canterbury Ath Acad	28.26
6	336	Jildou Chappell	Invicta East Kent AC	29.89

U20W 400m (b)

Final				
	No.	Athlete	Club	Perf
1	399	Maddison Sawyer	Med and Maid AC	60.87
2	398	Eliz O'Donnell	Tonbridge AC	61.84
3	397	Erin Hughes	Med and Maid AC	62.97
4	336	Jildou Chappell	Invicta East Kent AC	66.94

U20W 800m (a)

Final				
	No.	Athlete	Club	Perf
1	419	Billie Rouse	Med and Maid AC	2:15.44
2	418	Abigail Hope	Canterbury Ath Acad	2:24.94
3	420	Emma Ryan	Med and Maid AC	2:25.30
4	422	Annabel Young	Med and Maid AC	2:36.55

CBP

U20W 1500m (b)

Final				
	No.	Athlete	Club	Perf
1	421	Morgan Squibb	Black & Brom H AC	4:42.87
2	441	Hannah Clark	Black & Brom H AC	5:01.05
3	422	Annabel Young	Med and Maid AC	5:13.69

NCBP

U20W 60m Hurdles (a)

Final				
	No.	Athlete	Club	Perf
1	358	Shakanya Osahor	Black & Brom H AC	8.98
2	356	Emily Frimpong	Bexley AC	9.02
3	361	Sarris Teale	Ashford AC	9.53
4	355	Georgia Baker	Tonbridge AC	9.80
5	278	Amirat Mohammed-Hassan	Cambridge Harriers	9.81
6	360	Jessie Sargean	Bexley AC	9.84

CBP

U20W High Jump (a)

Final				
	No.	Athlete	Club	Perf
1	454	Rugi Fonti-Kanu	Bexley AC	1.55
2	275	Imogen Davis	Thanet AC	1.50

1.45 o;1.50 o;1.55 xxo;1.60 xx
 1.45 xo;1.50 o;1.55 xxo

U20W Pole Vault (a)

Final				
	No.	Athlete	Club	Perf
1	474	Bronwyn Yeandle	Ashford AC	3.20
1	473	Lucinda White	Tonbridge AC	3.20
3	472	Lily Smith	Dartford Harriers AC	2.90

3.00 o;3.10 xo;3.20 xxo;3.30 xx;
 2.90 o;3.00 o;3.10 xo;3.20 xxo;3.30 xx;
 2.80 xxo;2.90 xxo;3.00 xx;

U20W Long Jump (b)

Final				
	No.	Athlete	Club	Perf
1	275	Imogen Davis	Thanet AC	5.53
2	360	Jessie Sargean	Bexley AC	5.25
3	478	Samantha Stubbs	Tonbridge AC	5.19
4	361	Sarris Teale	Ashford AC	4.86
5	477	Saskia Lear	Tonbridge AC	4.55
6	476	Rachael Illori	Black & Brom H AC	4.41

5.06; 5.06; 5.16; 5.53
 4.89; 5.25; x; x
 5.05; 5.18; 5.19; 5.17
 x; x; 4.86; x
 4.55; 4.08; 4.28; 4.26
 x; 4.24; 4.12; 4.41

U20W Triple Jump (a)

Final				
	No.	Athlete	Club	Perf
1	484	Kacey Walters	Shaftesbury Barnet F	11.72
2	274	Chichi Cooper	Cambridge Harriers	11.13
3	278	Amirat Mohammed-Hassan	Cambridge Harriers	9.79

x; 11.40; 11.72; 11.39
 11.09; 11.07; 11.13; 9.53
 9.65; 9.79; 9.23; 9.64

U20W Shot (b)

Final				
	No.	Athlete	Club	Perf
1	496	Cleo Agyeponc	Black & Brom H AC	12.86
2	361	Sarris Teale	Ashford AC	9.42
3	478	Samantha Stubbs	Tonbridge AC	9.40
4	477	Saskia Lean	Tonbridge AC	8.04

12.08; 12.86; 12.01; 12.46
 9.15; 9.42; 9.39; 8.78
 9.40; x; 9.23; 9.18
 8.04; 8.01; 6.97; 7.63

U17W 60m (b)

Heat 1				
	No.	Athlete	Club	Perf
1	301	Lucy Tallon	Tonbridge AC	7.78
2	303	Nina Whitter	Black & Brom H AC	8.16
3	279	Grace Akindeji	Med and Maid AC	8.19
4	296	Jayda Ofori-Awuah	Med and Maid AC	8.27
5	290	Georgina Kyte	Invicta East Kent AC	8.56
6	302	Millie Vas	Thanet AC	8.68
7	295	Eleana Norman	Ashford AC	8.82
Heat 2				
	No.	Athlete	Club	Perf
1	293	Harriet Medler	pp	8.09
2	291	Darcie Maple	Invicta East Kent AC	8.13
3	286	Janaii Cooté	Cambridge Harriers	8.50
4	289	Ellie Hepple	Kent AC	8.53
5	298	Eve Seery	Thanet AC	8.67
6	288	Harriet Edwards	Thanet AC	8.91
7	300	Libby Smith	Tonbridge AC	8.94
Heat 3				
	No.	Athlete	Club	Perf
1	280	Rebecca Akinsanyé	Med and Maid AC	7.95
2	283	Faith Assah	Cambridge Harriers	8.10
3	282	Princess Asemota	Med and Maid AC	8.23
4	285	Isabelle Bridgeman	Tonbridge AC	8.30
5	292	Ciara McGinty	Cambridge Harriers	8.33
6	299	Imogen Smith	Dartford Harriers AC	8.79
7	284	Lola Brett	Thanet AC	9.29
Final				
	No.	Athlete	Club	Perf
1	301	Lucy Tallon	Tonbridge AC	7.66
2	280	Rebecca Akinsanyé	Med and Maid AC	7.93
3	293	Harriet Medler	Tonbridge AC	8.04
4	291	Darcie Maple	Invicta East Kent AC	8.10
5	283	Faith Assah	Cambridge Harriers	8.15
6	303	Nina Whitter	Black & Brom H AC	8.17
7	279	Grace Akindeji	Med and Maid AC	8.24

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U17W 200m (a)

Heat 1				
	No.	Athlete	Club	Perf
1	301	Lucy Tallon	Tonbridge AC	25.81
2	279	Grace Akindeji	Med and Maid AC	27.86
3	292	Ciara McGinty	Cambridge Harriers	27.92
4	282	Princess Asemota	Med and Maid AC	27.95
5	342	Olivia Ryan	Med and Maid AC	29.87
Heat 2				
	No.	Athlete	Club	Perf
1	341	Poppy Rowland-Hill	Thanet AC	26.63
2	343	Alexia Scotiniadis	Tonbridge AC	26.68
3	286	Janaii Cooté	Cambridge Harriers	28.72
4	299	Imogen Smith	Dartford Harriers AC	29.38
Heat 3				
	No.	Athlete	Club	Perf
1	280	Rebecca Akinsanyé	Med and Maid AC	26.09
2	293	Harriet Medler	Tonbridge AC	26.29
3	303	Nina Whitter	Black & Brom H AC	26.30
4	340	Mosope Braimof	Dartford Harriers AC	29.29
5	300	Libby Smith	Tonbridge AC	29.57
Final				
	No.	Athlete	Club	Perf
1	301	Lucy Tallon	Tonbridge AC	25.49
2	280	Rebecca Akinsanyé	Med and Maid AC	25.95
3	293	Harriet Medler	Tonbridge AC	26.07
4	303	Nina Whitter	Black & Brom H AC	26.54
5	343	Alexia Scotiniadis	Tonbridge AC	27.48
	341	Poppy Rowland-Hill	Thanet AC	dns

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U17W 300m (b)

Heat 1				
	No.	Athlete	Club	Perf
1	365	Keziah Olaleyé	Cambridge Harriers	44.84
2	285	Isabelle Bridgeman	Tonbridge AC	45.69
3	377	Ruby Towler	Med and Maid AC	47.18
	283	Faith Assah	Cambridge Harriers	disq
Heat 2				
	No.	Athlete	Club	Perf
1	363	Neve Bachelor	Tonbridge AC	44.92
2	343	Alexia Scotiniadis	Tonbridge AC	46.40
3	375	Evie Cameron	Med and Maid AC	46.49

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Final				
	No.	Athlete	Club	Perf
1	343	Alexia Scotiniadis	Tonbridge AC	42.33
2	365	Keziah Olaleye	Cambridge Harriers	43.38
3	285	Isabelle Bridgeman	Tonbridge AC	44.38
4	363	Neve Bacheloi	Tonbridge AC	45.12
5	375	Evie Cameron	Med and Maid AC	46.15
6	377	Ruby Towler	Med and Maid AC	47.80

U17W 800m (a)

Final				
	No.	Athlete	Club	Perf
1	425	Tallulah Ndikanwu	Black & Brom H AC	2:28.46
2	363	Neve Bacheloi	Tonbridge AC	2:34.94

U17W 1500m (b)

Final				
	No.	Athlete	Club	Perf
1	427	Lola Sutton	Med and Maid AC	5:08.06

U17W 60m Hurdles (a)

Heat 1				
	No.	Athlete	Club	Perf
1	369	Daisy Snell	Black & Brom H AC	9.21
2	368	Lily-Ann Showers	Thanet AC	9.27
3	285	Isabelle Bridgeman	Tonbridge AC	9.71
4	363	Neve Bacheloi	Tonbridge AC	10.13
5	366	Emma Powell	Bexley AC	10.38
6	284	Lola Brett	Thanet AC	10.74
7	370	Nia Thomas	Med and Maid AC	11.01
Heat 2				
	No.	Athlete	Club	Perf
1	367	Amelie Rabbidge	Tonbridge AC	9.23
2	365	Keziah Olaleye	Cambridge Harriers	9.53
3	298	Eve Seery	Thanet AC	9.88
4	287	Cerys Daniels	Cambridge Harriers	10.27
5	288	Harriet Edwards	Thanet AC	10.31
6	364	Grace O'Connell	Med and Maid AC	10.85
Final				
	No.	Athlete	Club	Perf
1	369	Daisy Snell	Black & Brom H AC	9.03
2	367	Amelie Rabbidge	Tonbridge AC	9.09
3	368	Lily-Ann Showers	Thanet AC	9.12
4	365	Keziah Olaleye	Cambridge Harriers	9.55
5	285	Isabelle Bridgeman	Tonbridge AC	9.60
6	298	Eve Seery	Thanet AC	9.79
	363	Neve Bacheloi	Tonbridge AC	dns

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U17W High Jump (a)

Final				
	No.	Athlete	Club	Perf
1	341	Poppy Rowland-Hill	Thanet AC	1.60
2	369	Daisy Snell	Black & Brom H AC	1.55
3	288	Harriet Edwards	Thanet AC	1.50
4	425	Tallulah Ndikanwu	Black & Brom H AC	1.40
5	284	Lola Brett	Thanet AC	1.30

1.40 o;1.45 o;1.50 o;1.55 o;1.60 o;1.65 xx
1.45 o;1.50 o;1.55 xxo;1.60 xx
1.30 o;1.35 o;1.40 xo;1.45 xo;1.50 xo;1.55 xx
1.35 o;1.40 xo;1.45 xx
1.30 o;1.35 xxx

U17W Pole Vault (a)

Final				
	No.	Athlete	Club	Perf
1	363	Neve Bacheloi	Tonbridge AC	2.00

1.70 o;1.85 o;2.00 o;2.15 -;2.30 xxx

U17W Long Jump (b)

Final				
	No.	Athlete	Club	Perf
1	369	Daisy Snell	Black & Brom H AC	5.38
2	298	Eve Seery	Thanet AC	4.94
3	295	Eleana Norman	Ashford AC	4.55
4	300	Libby Smith	Tonbridge AC	4.43
5	289	Ellie Hepple	Kent AC	4.34
6	288	Harriet Edwards	Thanet AC	4.32
7	284	Lola Brett	Thanet AC	4.21
8	290	Georgina Kyte	Invicta East Kent AC	4.02

5.18; 5.36; 5.38; 5.38
x; 4.94; 4.76; 4.85
4.55; 4.32; 4.39; 4.45
4.27; 4.43; x; x
4.34; 4.05; 4.07; 3.28
4.11; 3.93; 3.44; 4.32
4.18; 4.21; 4.13; x
3.42; 3.97; x; 4.02

U17W Triple Jump (a)

Final				
	No.	Athlete	Club	Perf
1	362	Emily Algeo	Black & Brom H AC	10.16
2	366	Emma Powell	Bexley AC	9.32

9.69; 10.13; 10.16; 9.99
9.27; 9.31; 9.32; -

U17W Shot (b)

Final				
	No.	Athlete	Club	Perf
1	497	Hannah Bridge	Cambridge Harriers	14.64
2	302	Millie Vas	Thanet AC	10.84
3	369	Daisy Snell	Black & Brom H AC	9.84
4	298	Eve Seery	Thanet AC	9.28
5	288	Harriet Edwards	Thanet AC	9.12
6	363	Neve Bacheloi	Tonbridge AC	7.44

14.64; 14.41; 13.46; 13.76
8.54; 10.84; 10.23; 10.55
9.84; 9.34; 9.59; 9.49
9.04; 8.09; 9.28; 8.84
8.68; 9.12; 8.48; x
7.11; 7.41; 7.27; 7.44

U15G 60m (b)

Heat 1					
	No.	Athlete	Club	Perf	
	1	317	Nuriah Orhurhu	Cambridge Harriers	8.14
	2	307	Evangeline Dixor	Tonbridge AC	8.37
	3	304	Isabella Amartey	Dartford Harriers AC	8.39
	4	314	Violet Maxted	Ashford AC	8.50
	5	316	Niniola Omotola	Med and Maid AC	8.80
Heat 2					
	No.	Athlete	Club	Perf	
	1	312	Elicia Lacey	Tonbridge AC	8.20
	2	313	Azaria Makinde	Med and Maid AC	8.30
	3	308	Grace Durrant	Med and Maid AC	8.51
	4	311	Crystal Greer	Thanet AC	8.77
	5	310	Sienna Gratwick	Med and Maid AC	8.83
	6	315	Olivia Mtungwazi	Sevenoaks AC	9.17
Final					
	No.	Athlete	Club	Perf	
	1	317	Nuriah Orhurhu	Cambridge Harriers	8.01
	2	312	Elicia Lacey	Tonbridge AC	8.20
	3	313	Azaria Makinde	Med and Maid AC	8.23
	4	304	Isabella Amartey	Dartford Harriers AC	8.35
	5	307	Evangeline Dixor	Tonbridge AC	8.36
	6	308	Grace Durrant	Med and Maid AC	8.38
	7	314	Violet Maxted	Ashford AC	8.47

U15G 200m (a)

Heat 1					
	No.	Athlete	Club	Perf	
	1	344	Gabriella Noyce	Cambridge Harriers	27.42
	2	304	Isabella Amartey	Dartford Harriers AC	27.91
		346	Hannah St Clare	Folkestone RC	nr
		311	Crystal Greer	Thanet AC	disq
Heat 2					
	No.	Athlete	Club	Perf	
	1	306	Emily Cadman	Cambridge Harriers	26.55
	2	308	Grace Durrant	Med and Maid AC	27.36
	3	317	Nuriah Orhurhu	Cambridge Harriers	27.44
	4	307	Evangeline Dixor	Tonbridge AC	27.66
	5	310	Sienna Gratwick	Med and Maid AC	29.05
Final					
	No.	Athlete	Club	Perf	
	1	306	Emily Cadman	Cambridge Harriers	26.13
	2	317	Nuriah Orhurhu	Cambridge Harriers	26.75
	3	344	Gabriella Noyce	Cambridge Harriers	27.32
	4	304	Isabella Amartey	Dartford Harriers AC	27.45
	5	308	Grace Durrant	Med and Maid AC	28.00
	6	346	Hannah St Clare	Folkestone RC	28.67

U15G 300m (b)

Final					
	No.	Athlete	Club	Perf	
	1	371	Alyssa Firla	Black & Brom H AC	43.27
	2	379	Ella Thomas	Tonbridge AC	43.86
	3	344	Gabriella Noyce	Cambridge Harriers	44.04
	4	378	Jennifer Claytor	Folkestone RC	48.21
	5	380	Abigail Williams	Black & Brom H AC	49.44

U15G 800m (a)

Final					
	No.	Athlete	Club	Perf	
	1	345	Elena Oliphant	S Factor Academy	2:24.29
	2	378	Jennifer Claytor	Folkestone RC	2:32.25
	3	433	Beth Regan	Black & Brom H AC	2:35.79
	4	430	Heidi Hughes	Med and Maid AC	2:48.05

U15G 1500m (b)

Final					
	No.	Athlete	Club	Perf	
	1	442	Megan Barlow	Black & Brom H AC	4:53.60
	2	446	Iris Williams	Cambridge Harriers	4:59.24
	3	443	Emma Clayton	Folkestone RC	5:13.61
	4	444	Isabel Pauling	Black & Brom H AC	5:17.61

U15G 60m Hurdles (a)

Final					
	No.	Athlete	Club	Perf	
	1	312	Elicia Lacey	Tonbridge AC	9.27
	2	371	Alyssa Firla	Black & Brom H AC	9.57
	3	344	Gabriella Noyce	Cambridge Harriers	9.68
	4	304	Isabella Amartey	Dartford Harriers AC	9.86
	5	346	Hannah St Clare	Folkestone RC	9.87
	6	309	Lily Gayle	Cambridge Harriers	9.88
		372	Bethany Shimmen-Smith	Thanet AC	dnf

U15G High Jump (b)

Final				
	No.	Athlete	Club	Perf
1	455	Qi-Chi Ukpai	Black & Brom H AC	1.67
2	304	Isabella Amartey	Dartford Harriers AC	1.57
3	442	Megan Barlow	Black & Brom H AC	1.51
4	379	Ella Thomas	Tonbridge AC	1.35

1.45 o;1.48 -;1.51 o;1.54 -;1.57 o;1.60 xo;1.67 xxo;1.70 xx:
 1.35 o;1.40 o;1.45 o;1.48 o;1.51 xxo;1.54 xo;1.57 o;1.60 xx
 1.40 o;1.45 o;1.48 o;1.51 xo;1.54 xx
 1.25 o;1.30 xo;1.35 xo;1.40 xx

U15G Long Jump (b)

Final				
	No.	Athlete	Club	Perf
1	304	Isabella Amartey	Dartford Harriers AC	4.99
2	455	Qi-Chi Ukpai	Black & Brom H AC	4.97
3	479	Siv Leila Eliassen	Kent AC	4.54
4	314	Violet Maxted	Ashford AC	4.48
5	372	Bethany Shimmen-Smith	Thanet AC	4.38
6	344	Gabriella Noyce	Cambridge Harriers	4.37
7	312	Elicia Lacey	Tonbridge AC	4.35

4.99; 4.64; 4.02; 4.96
 4.79; 4.97; 4.82; 4.77
 x; 4.54; 3.90; 4.20
 4.34; 4.48; 4.48; x
 4.38; x; 4.07; 4.25
 4.31; 4.37; 4.24; 4.12
 4.10; 4.35; 4.21; 4.06

U15G Triple Jump (a)

Final				
	No.	Athlete	Club	Perf
1	455	Qi-Chi Ukpai	Black & Brom H AC	10.97
2	304	Isabella Amartey	Dartford Harriers AC	10.65

CBP 10.52; 10.42; 10.73; 10.97
 10.35; 10.57; 10.59; 10.65

U15G Shot (b)

Final				
	No.	Athlete	Club	Perf
1	371	Alyssa Firla	Black & Brom H AC	9.42
2	498	Erin Simpson	Black & Brom H AC	9.33
3	312	Elicia Lacey	Tonbridge AC	8.67
4	372	Bethany Shimmen-Smith	Thanet AC	6.75

8.93; 9.42; 9.06; 8.60
 9.33; 8.92; 7.74; 8.88
 8.67; -; 7.56; 8.25
 5.70; x; 6.21; 6.75