

Kent County Championship Results Sunday 09/05/2021
Senior Men

200m		Final		w/s= -2.9
No.	Athlete	Club	Perf	
1	8	Alex Marshall	Medway and Maidstone AC	22.28
2	11	Harry Osborne	Medway and Maidstone AC	22.69
3	19	Ishmael Smith-John	Crawley AC	22.73
4	18	Will Oyowe	Medway and Maidstone AC	22.88
5	10	Chizute Ogbedeh	Blackheath & Bromley Harriers AC	23.08
6	7	Nathan Isaac	Medway and Maidstone AC	23.85
7	13	Eathan Sergeant	Kent AC	25.07
8	15	Richard Brooks	Metropolitan Police AC	25.67

800m		Final		
No.	Athlete	Club	Perf	
1	29	Nicholas Armstrong	Newham & Essex Beagles AC	1:55.39
2	26	Joseph O'Hara	Bexley AC	1:56.39
3	34	Harrison Tremain	Ashford AC	1:57.11
4	32	Luke Francis	Bexley AC	1:57.89
5	30	Jordan Chambers	Tonbridge AC	1:59.79
6	33	Thomas Manning	Dartford Harriers AC	2:02.59
7	31	Alexander Donnelly	Medway and Maidstone AC	2:04.04

400m Hurdles		Final		
No.	Athlete	Club	Perf	
1	49	Bailey Stickings	Blackheath & Bromley Harriers AC	52.82

High Jump		Final		
No.	Athlete	Club	Perf	
1	50	Matthew Smiley	Ashford AC	1.65
2	45	Bilen Ahmet (M35)	Kingston AC & Polytechnic Harriers	1.60

1.60 o;1.65 xo;1.70 xxx
 1.50 o;1.55 xo;1.60 o;1.65 xxx

Pole Vault		Final		
No.	Athlete	Club	Perf	
1	45	Bilen Ahmet (M35)	Kingston AC & Polytechnic Harriers	3.80
2	53	Luke Williams	Ashford AC	3.60
3	51	Alexander Hookway	Tonbridge AC	3.50
4	52	Roger Platt (M45)	Blackheath & Bromley Harriers AC	2.80

3.20 o;3.30 -;3.40 o;3.50 -;3.60 o;3.70 xo;3.80 xo;3.90 xR
 3.20 o;3.30 -;3.40 o;3.50 o;3.60 o;3.70 xxx
 3.20 o;3.30 o;3.40 o;3.50 xo;3.60 xxx
 2.60 o;2.70 xxo;2.80 o;2.90 xxx

Long Jump		Final		
No.	Athlete	Club	Perf	
1	55	Ben Sutton	Blackheath & Bromley Harriers AC	7.04
2	25	Douglas Noel	Invicta East Kent AC	6.37
3	21	Jacob Burton	Thanet Roadrunners AC	6.18
4	45	Bilen Ahmet (M35)	Kingston AC & Polytechnic Harriers	4.99

- x; 7.04,-; x; 6.95,-; x; x
 - 6.08,-; 6.22,-; 4.30,-; 6.01,-; 6.37,-; 6.34,-
 - 5.87,-; -; 6.18,-; 6.16,-; x; x
 - x; x; 4.99,-; R

Triple Jump		Final		
No.	Athlete	Club	Perf	
1	54	Lawrence Harvey (M35)	Trafford AC	13.93
2	45	Bilen Ahmet (M35)	Kingston AC & Polytechnic Harriers	9.93

- 13.51,-; 13.67,-; 13.90,-; 13.69,-; 13.80,-; 13.93,-
 - 9.93,-; -; -; -; -

Javelin		Final		
No.	Athlete	Club	Perf	
1	63	Sean Rodwell	Medway and Maidstone AC	34.43
2	64	Steve Rodwell (M50)	Medway and Maidstone AC	30.96
3	56	Michael Farrell (M55)	Swale Combined AC	23.73

30.53; 34.43; x; x; 30.52; x
 27.91; 28.49; 30.52; 30.96; 27.27; 29.62
 20.97; 23.73; 20.79; 22.82; 22.79; 20.17

U20M

200m		Heat 1		w/s= -2.5	
No.	Athlete	Club	Perf		
1	77	Connor Neal	Thanet AC	22.53	Q
2	71	Zachary Nwogwugwu	Blackheath & Bromley Harriers AC	23.02	Q
3	75	Jake Goodman	Invicta East Kent AC	23.06	Q
4	81	Pablo Seema Roca	Blackheath & Bromley Harriers AC	23.43	q
5	70	Trey McPherson	Dartford Harriers AC	24.38	

200m		Heat 2		w/s= -3.3	
No.	Athlete	Club	Perf		
1	80	Kristian Samwell-Nash	Ashford AC	23.2	Q
2	67	Anton Bachorski	Tonbridge AC	23.6	Q
3	82	Michael Uzozie	Blackheath & Bromley Harriers AC	23.9	Q
4	78	Charles Nortey	Blackheath & Bromley Harriers AC	24.1	q
5	76	Samuel Gosling	Medway and Maidstone AC	25.33	
6	68	Leo Ellis	Ashford AC	25.81	

200m		Final		w/s= -3.1
No.	Athlete	Club	Perf	
1	77	Connor Neal	Thanet AC	22.42
2	80	Kristian Samwell-Nash	Ashford AC	22.43
3	71	Zachary Nwogwugwu	Blackheath & Bromley Harriers AC	22.86
4	75	Jake Goodman	Invicta East Kent AC	23.23
5	82	Michael Uozie	Blackheath & Bromley Harriers AC	23.38
6	81	Pablo Seema Roca	Blackheath & Bromley Harriers AC	23.48
7	78	Charles Nortey	Blackheath & Bromley Harriers AC	23.63
	67	Anton Bachorski	Tonbridge AC	DNS

800m		Final		
No.	Athlete	Club	Perf	
1	93	Adam Singletery	Tonbridge AC	2:04.25
2	94	Luke Stringer	Medway and Maidstone AC	2:05.10
3	91	Adam Lane	Ashford AC	2:08.09
4	92	Daniel Moulton	Dartford Harriers AC	2:10.53
5	95	Rowan Tyler	Thanet Roadrunners AC	2:13.76
6	89	Matthew Bawtree	Invicta East Kent AC	2:17.86
7	88	Christopher Archer	Dartford Harriers AC	2:32.49
	83	Samuel Reardon	Blackheath & Bromley Harriers AC	DNS

400m Hurdles		Final		
No.	Athlete	Club	Perf	
1	85	George Seery	Thanet AC	54.87

High Jump		Final		
No.	Athlete	Club	Perf	
1	65	Fidunu Abidekun	Ilford AC	1.88
2	102	Zachary Beasty	Tonbridge AC	1.85
3	103	Quinn Bury	Invicta East Kent AC	1.70
4	104	Joshua Cockerham	Dartford Harriers AC	1.65

1.70 o;1.75 o;1.80 o;1.85 xo;1.88 o;1.91 xxx
1.70 xo;1.75 o;1.80 o;1.85 xo;1.88 xxx
1.55 o;1.60 xo;1.65 o;1.70 xo;1.75 xxx
1.55 o;1.60 xo;1.65 xo;1.70 xxx

Pole Vault		Final		
No.	Athlete	Club	Perf	
1	108	Oluwafemi Segun	Dartford Harriers AC	4.20
2	106	Barnaby Corry	Blackheath & Bromley Harriers AC	4.10
3	107	Theo Fotheringham	Ashford AC	3.60

3.90 o;4.00 o;4.10 o;4.20 xo;4.30 xxx
3.60 o;3.70 -;3.80 o;3.90 -;4.00 o;4.10 o;4.20 xx
3.30 o;3.40 o;3.50 o;3.60 xo;3.70 xx

Long Jump		Final		
No.	Athlete	Club	Perf	
1	65	Fidunu Abidekun	Ilford AC	6.50
2	74	Morgan Wallwork	Invicta East Kent AC	4.98

- x; 6.28,-; 6.40,-; 6.44,-; 6.50,-; 6.35,-
- 4.98,-; 4.88,-; 4.74,-; x; 4.09,-; x

Triple Jump		Final		
No.	Athlete	Club	Perf	
1	109	Michael Alajiki	Ashford AC	14.32
2	111	Kevin Masindo	Ashford AC	13.43
3	110	Jacob Byfield	Blackheath & Bromley Harriers AC	12.70
4	91	Adam Lane	Ashford AC	11.55

- x; 14.32,-; 14.07,-; 14.06,-; x; x
- x; x; 13.43,-; 13.41,-; x; x
- x; 12.68,-; x; x; 12.70,-; x
- 11.55,-; x; 10.90,-; 11.37,-; x; x

U17M

200m		Heat 1		w/s= -1.5	
No.	Athlete	Club	Perf		
1	130	Dylan Purton	Medway and Maidstone AC	23.10	Q
2	135	Samual McShane	Central Park Athletics	23.69	Q
3	123	Shaquille Fernandez-Folkes	Cambridge Harriers	23.76	Q
4	119	Ralph Baker	Blackheath & Bromley Harriers AC	24.46	q
5	120	Andrew Bull	Ashford AC	25.85	

200m		Heat 2		w/s= -3.9	
No.	Athlete	Club	Perf		
1	136	Tommy Owler	Folkestone Running Club	23.74	Q
2	137	Jack Saxby	Ashford AC	24.06	Q
3	138	Connor Sutton	Blackheath & Bromley Harriers AC	24.29	Q
4	139	Orin Vitalis	Cambridge Harriers	24.55	q
5	124	Leo Godfrey	Ashford AC	25.34	
6	129	Nicholas Poyiatzi	Ashford AC	26.94	

200m		Final		w/s= -3.4	
No.	Athlete	Club	Perf		
1	130	Dylan Purton	Medway and Maidstone AC	23.30	
2	135	Samual McShane	Central Park Athletics	23.87	
3	136	Tommy Owler	Folkestone Running Club	23.99	
4	123	Shaquille Fernandez-Folkes	Cambridge Harriers	24.02	
5	137	Jack Saxby	Ashford AC	24.04	
6	119	Ralph Baker	Blackheath & Bromley Harriers AC	24.43	
7	139	Orin Vitalis	Cambridge Harriers	25.54	
	138	Connor Sutton	Blackheath & Bromley Harriers AC	DNS	

800m		Heat 1			
No.	Athlete	Club	Perf		
1	153	Callum Featherstone	Medway and Maidstone AC	2:07.23	Q
2	161	Thomas Sugden	Blackheath & Bromley Harriers AC	2:08.13	Q
3	151	Huxley Crush	Tonbridge AC	2:08.72	Q
4	141	Jonathan Idowu	Dartford Grammar School	2:12.69	q
5	154	Cameron Featherstone	Medway and Maidstone AC	2:14.05	
6	157	Dylan Leach	Medway and Maidstone AC	2:16.26	

800m		Heat 2			
No.	Athlete	Club	Perf		
1	152	Angus Currie	Tonbridge AC	2:09.95	Q
2	155	Jamie Keir	Invicta East Kent AC	2:09.98	Q
3	147	Matthew Smith	Blackheath & Bromley Harriers AC	2:10.07	Q
4	160	Ethan Rocks	Tonbridge AC	2:10.35	q
5	149	Gervace Card	Bexley AC	2:15.25	
6	158	Edward Lindsay	Tonbridge AC	2:17.61	

800m		Final			
No.	Athlete	Club	Perf		
1	155	Jamie Keir	Invicta East Kent AC	2:06.62	
2	147	Matthew Smith	Blackheath & Bromley Harriers AC	2:07.84	
3	161	Thomas Sugden	Blackheath & Bromley Harriers AC	2:08.61	
4	152	Angus Currie	Tonbridge AC	2:09.06	
5	151	Huxley Crush	Tonbridge AC	2:10.85	
6	160	Ethan Rocks	Tonbridge AC	2:12.41	
7	153	Callum Featherstone	Medway and Maidstone AC	2:13.42	
8	141	Jonathan Idowu	Dartford Grammar School	2:14.39	

400m Hurdles		Final			
No.	Athlete	Club	Perf		
1	125	Daniel Goriola	Bexley AC	59.56	

Shot		Final			
No.	Athlete	Club	Perf		
1	187	Timi Babatunde	Dartford Grammar School	12.94	
2	145	Reef Page	Invicta East Kent AC	12.33	
3	189	Andrew Tagoe	Dartford Grammar School	10.99	
4	188	Max Parsons	Central Park Athletics	7.81	

11.57; x; 12.20; 11.86; 12.21; 12.94
 11.53; 10.33; 11.72; 11.64; 11.50; 12.33
 10.71; 10.83; 10.38; 10.99; 10.69; 10.66
 7.81; 7.77; 7.79; 7.16; 7.62; 7.58

Discus		Final			
No.	Athlete	Club	Perf		
1	191	Brydon Duncan	Blackheath & Bromley Harriers AC	43.71	
2	187	Timi Babatunde	Dartford Grammar School	41.49	
3	190	Kai Barham	Dartford Harriers AC	36.82	
4	192	Dante McNichol	Tonbridge AC	34.52	
5	189	Andrew Tagoe	Dartford Grammar School	34.11	
6	145	Reef Page	Invicta East Kent AC	32.64	

39.88; x; 41.36; 41.00; 43.49; 43.71
 40.23; 33.50; x; 40.39; 41.49; x
 x; x; x; x; 36.82
 31.53; 34.52; 32.27; 30.53; 33.53; x
 34.11; 31.53; x; x; 33.32; 32.52
 27.37; x; 30.68; 30.42; 32.64; 32.59

Hammer		Final			
No.	Athlete	Club	Perf		
1	190	Kai Barham	Dartford Harriers AC	59.31	
2	194	Timothy Masters	Bexley AC	45.90	
3	193	Bilal Badmos	Dartford Grammar School	38.14	
4	192	Dante McNichol	Tonbridge AC	32.96	

58.28; x; 56.03; 59.31; 57.96; 58.73
 38.51; 45.90; 43.24; 43.69; 37.57; 41.24
 38.14; 31.06; 36.14; 35.75; 35.06; 37.55
 27.30; x; x; 30.73; 32.96; 28.57

U15B

200m		Heat 1			w/s= -2.4
No.	Athlete	Club	Perf		
1	200	James Beecroft	Sevenoaks AC	23.71	Q
2	206	Rayhan Mourtada	Blackheath & Bromley Harriers AC	25.31	Q
3	205	Cameron Isaac	Medway and Maidstone AC	25.36	Q
4	214	Joshua Thomas-Wright	Invicta East Kent AC	25.43	q
5	210	Daniel Shoyoye	Medway and Maidstone AC	26.48	q
6	199	Max Baldry	Bexley AC	26.58	
7	215	Tom Walker	Tonbridge AC	27.32	
8	212	Thomas Daly	Tonbridge AC	27.37	

200m		Heat 2			w/s= -3.0
No.	Athlete	Club	Perf		
1	213	Joe Stone	Tonbridge AC	25.55	Q
2	211	Cheyne West	Medway and Maidstone AC	25.60	Q
3	201	Marley Byfield	Blackheath & Bromley Harriers AC	26.03	Q
4	204	Jake Foster	Medway and Maidstone AC	26.54	
5	208	Benjamin Purton	Medway and Maidstone AC	27.56	
6	207	Brandon Nathan	Dartford Grammar School	27.71	
7	203	Danye Ekwuozor	Dartford Harriers AC	28.19	

200m		Final		w/s= -2.6
No.	Athlete	Club	Perf	
1	200	James Beecroft	Sevenoaks AC	23.55
2	213	Joe Stone	Tonbridge AC	24.70
3	206	Rayhan Mourtada	Blackheath & Bromley Harriers AC	25.24
4	205	Cameron Isaac	Medway and Maidstone AC	25.30
5	214	Joshua Thomas-Wright	Invicta East Kent AC	25.34
6	211	Cheyne West	Medway and Maidstone AC	25.75
7	201	Marley Byfield	Blackheath & Bromley Harriers AC	26.13
8	210	Daniel Shoyoye	Medway and Maidstone AC	26.70

800m		Heat 1		
No.	Athlete	Club	Perf	
1	224	Lewis Jessup	Holland Sports AC	2:17.06
2	227	Adam Whitlock	Invicta East Kent AC	2:17.60
3	225	Riley Maisey	Medway and Maidstone AC	2:17.69
4	222	Harry Fage	Blackheath & Bromley Harriers AC	2:22.88
5	207	Brandon Nathan	Dartford Grammar School	2:36.72

Q
Q
Q
q

800m		Heat 2		
No.	Athlete	Club	Perf	
1	221	Alex Dack	Medway and Maidstone AC	2:28.63
2	220	Jasper Brooks	Blackheath & Bromley Harriers AC	2:29.82
3	226	Franklin Shepherd	Medway and Maidstone AC	2:30.03
4	219	Harrison Brookes	Central Park Athletics	2:33.48
5	218	George Bishop	Sevenoaks AC	2:33.76
6	217	Ryan Alford-Smith	Sevenoaks AC	2:36.80

Q
Q
Q
q

800m		Final		
No.	Athlete	Club	Perf	
1	221	Alex Dack	Medway and Maidstone AC	2:11.17
2	224	Lewis Jessup	Holland Sports AC	2:14.25
3	220	Jasper Brooks	Blackheath & Bromley Harriers AC	2:17.02
4	225	Riley Maisey	Medway and Maidstone AC	2:18.45
5	227	Adam Whitlock	Invicta East Kent AC	2:23.94
6	219	Harrison Brookes	Central Park Athletics	2:25.00
7	226	Franklin Shepherd	Medway and Maidstone AC	2:27.08
8	222	Harry Fage	Blackheath & Bromley Harriers AC	2:27.92

Shot		Final		
No.	Athlete	Club	Perf	
1	244	Damien Osei-Bonsu	Dartford Grammar School	11.69
2	202	Daniel Culver	Medway and Maidstone AC	9.88
3	242	Max Kennedy	Blackheath & Bromley Harriers AC	9.23
4	243	Jack Rider	Dartford Harriers AC	7.72
5	241	Tom Calvert	Tonbridge AC	4.74

10.97; 11.15; 10.80; 10.28; 10.30; 11.69
9.22; 9.26; 9.88; 9.49; 8.02; 8.54
9.21; 8.96; 8.68; 9.23; 9.02; 8.65
7.33; 7.52; 7.36; x; 7.59; 7.72
4.33; x; 4.44; 3.95; 4.74; 4.66

Discus		Final		
No.	Athlete	Club	Perf	
1	245	Olamide Adebisi	Dartford Grammar School	32.15
2	249	Max Thorne	Medway and Maidstone AC	32.04
3	247	Arun Menon	Dartford Grammar School	30.48
4	242	Max Kennedy	Blackheath & Bromley Harriers AC	22.67
5	243	Jack Rider	Dartford Harriers AC	22.43
6	246	Alexander Evans-Wilson	Sevenoaks AC	19.86

x; 26.86; 32.15; 30.58; 26.13; 27.63
24.15; 29.38; 32.04; 30.52; 28.26; 29.53
25.82; x; x; 27.56; x; 30.48
17.22; 17.62; 17.66; 19.58; 20.40; 22.67
x; 20.56; 22.42; 22.43; 20.29; 22.36
x; 16.83; 18.27; 19.86; 17.50; x

Hammer		Final		
No.	Athlete	Club	Perf	
1	249	Max Thorne	Medway and Maidstone AC	39.66
2	245	Olamide Adebisi	Dartford Grammar School	34.54
3	207	Brandon Nathan	Dartford Grammar School	30.86
4	242	Max Kennedy	Blackheath & Bromley Harriers AC	19.52
5	241	Tom Calvert	Tonbridge AC	11.85

x; x; 34.35; 38.69; x; 39.66
33.28; x; 34.54; x; 34.11; 33.27
x; x; x; 30.86; 23.77; 21.96
19.52; x; 14.27; 13.55; 16.15; x
10.84; 11.03; 11.85; x; 10.57; 7.71

Senior Women		Final		w/s= -0.8
No.	Athlete	Club	Perf	
1	255	Doyin Aderinto	Cambridge Harriers	13.09
2	254	Derin Aderinto	Cambridge Harriers	13.53
3	256	Zara Edeleanu	Medway and Maidstone AC	13.83
4	257	Shamariah Notice	Kent AC	14.46
5	258	Helen Nyberg-Mitroi	Dartford Harriers AC	14.77
6	259	Annabel Preston	Weald Tri Club	16.38

400m		Final		
No.	Athlete	Club	Perf	
1	262	Lucy Hope	Medway and Maidstone AC	61.34
2	265	Leah Everson	Blackheath & Bromley Harriers AC	63.18
3	259	Annabel Preston	Weald Tri Club	74.54

1500m		Final		
No.	Athlete	Club	Perf	
1	268	Holly Dixon	Cambridge Harriers	4:30.48
2	269	Chloe Sharp	Central Park Athletics	4:32.15
3	272	Lucy Elms	Dulwich Runners AC	4:45.83
4	267	Annabel Carter	Tonbridge AC	4:46.15
5	271	Clare Elms	Dulwich Runners AC	5:01.24
6	276	Briony Walsh	Ashford AC	5:10.68
7	273	Sophie Johnson	Cambridge Harriers	5:25.62
8	259	Annabel Preston	Weald Tri Club	5:39.33
9	274	Rebecca Miah	Bexley AC	5:41.33
10	275	Vanessa Vander	Medway and Maidstone AC	5:58.25

100m Hurdles		Final		w/s= -1.5
No.	Athlete	Club	Perf	
1	277	Anastasia Davies	Blackheath & Bromley Harriers AC	13.90

CBP

Pole Vault		Final		
No.	Athlete	Club	Perf	
1	283	Elizabeth Hughes (W40)	Blackheath & Bromley Harriers AC	2.90
2	286	Grace Thomas	Dartford Harriers AC	2.80
3	285	Jennifer Sheasby	Herne Hill Harriers	2.70
4	284	Holly Platt	Blackheath & Bromley Harriers AC	2.60
5	282	Teresa Eades (W60)	Dartford Harriers AC	2.40
6	281	Angie Crush (W45)	Tonbridge AC	2.10

2.40 o;2.50 -;2.60 o;2.70 -;2.80 o;2.90 xo;3.00 xxx
 2.60 o;2.70 o;2.80 xo;2.90 xxx
 2.40 o;2.50 o;2.60 xo;2.70 xo;2.80 xxx
 2.50 o;2.60 xo;2.70 xxx
 2.10 o;2.20 o;2.30 o;2.40 o;2.50 xxx
 1.85 o;2.00 o;2.10 xxo;2.20 xxx

Shot		Final		
No.	Athlete	Club	Perf	
1	290	Nicola Gregory	Bexley AC	8.13
2	293	Natalie Mann (W35)	Cambridge Harriers	7.17
3	294	Chloe Williams	Thanet AC	7.02
4	289	Charlotte Button	Ashford AC	5.98
5	291	Christine Lynch (W60)	Swale Combined AC	4.51

8.13; 7.98; 7.67; 7.84; 7.75; 7.81
 7.12; 7.17; 6.75; x; 6.56; 7.06
 6.66; 6.18; 6.69; 6.91; 7.02; 6.96
 x; 5.87; 5.90; 5.08; 5.49; 5.98
 4.48; 4.46; 4.43; 4.47; 4.45; 4.51

Discus		Final		
No.	Athlete	Club	Perf	
1	290	Nicola Gregory	Bexley AC	28.78
2	295	Rebecca Cock	Ashford AC	20.46
3	294	Chloe Williams	Thanet AC	18.85
4	292	Barbara Macanas (W65)	Herne Hill Harriers	15.99
5	291	Christine Lynch (W60)	Swale Combined AC	14.02

23.98; x; 26.51; 26.86; 27.18; 28.78
 x; 20.44; 19.76; 18.90; 20.35; 20.46
 x; 17.33; 18.85; 18.67; x; x
 14.49; 13.93; x; x; 15.99; 15.65
 12.70; 13.52; 13.13; 13.75; 13.62; 14.02

Hammer		Final		
No.	Athlete	Club	Perf	
1	302	Molly Walsh	Blackheath & Bromley Harriers AC	46.20
2	297	Grace Adeleye	Medway and Maidstone AC	43.12
3	301	Sophie Fenner	Cambridge Harriers	34.51
4	300	Claire Capon (W35)	Dartford Harriers AC	34.04
5	293	Natalie Mann (W35)	Cambridge Harriers	31.51
6	294	Chloe Williams	Thanet AC	24.93
7	291	Christine Lynch (W60)	Swale Combined AC	14.17

44.92; 45.39; 45.60; 45.05; 46.20; 44.11
 x; x; 38.00; 43.12; 42.09; 39.88
 30.50; 33.05; x; 34.51; x; 33.02
 34.04; 27.12; x; 31.93; x; x
 28.10; 29.37; x; 28.81; 30.23; 31.51
 21.73; 21.98; 21.89; 24.93; 22.85; 21.47
 13.42; 13.20; 14.05; 12.72; 14.17; 13.85

U20W		Final		
100m		w/s= -3.7		
No.	Athlete	Club	Perf	
1	312	Kaliyah Young	Blackheath & Bromley Harriers AC	12.44
2	308	Sileena Farrell	Dartford Harriers AC	12.47
3	311	Abigail Walters	Medway and Maidstone AC	13.01
4	310	Ella Saxby	Ashford AC	13.28
5	309	Gabrielle Oguntuga	Ashford AC	13.93
6	307	Maya Ambrosine	Invicta East Kent AC	15.44

400m		Final		
No.	Athlete	Club	Perf	
1	322	Maddison Sawyer	Medway and Maidstone AC	58.27
2	317	Emily Bowart	Tonbridge AC	58.54
3	316	Isabella Fassnidge	Tonbridge AC	59.29
4	323	Chloe Sumner	Invicta East Kent AC	59.64
5	321	Rebekah O'Brien	Tonbridge AC	60.56
6	319	Erin Hughes	Medway and Maidstone AC	63.10
7	320	Freya Jury	Swale Combined AC	67.02
8	318	Jildou Chappell	Invicta East Kent AC	68.26

1500m		Final		
No.	Athlete	Club	Perf	
1	329	Charlotte Young	Medway and Maidstone AC	4:41.83
2	328	Morgan Squibb	Blackheath & Bromley Harriers AC	4:47.02
3	330	Ailbhe Barnes	Blackheath & Bromley Harriers AC	4:57.53
4	335	Maisy Rose	Dartford Harriers AC	5:05.64
5	336	Isabelle Stoneham	Blackheath & Bromley Harriers AC	5:10.91
6	333	Katie Painter	Medway Triathlon Club	5:16.82
7	334	Sophie Painter	Medway Triathlon Club	5:24.19
8	331	Rebekah Goodhand	Invicta East Kent AC	5:29.40

100m Hurdles		Final		w/s= -1.5
No.	Athlete	Club	Perf	
1	342	Samantha Stubbs	Tonbridge AC	15.35
2	338	Zoe Austridge	Blackheath & Bromley Harriers AC	15.53
3	341	Shakanya Osahon	Blackheath & Bromley Harriers AC	15.63
4	343	Sarris Teale	Ashford AC	16.76
5	340	Isabelle Harding	Invicta East Kent AC	17.75

Pole Vault		Final		
No.	Athlete	Club	Perf	
1	347	Lily Smith	Dartford Harriers AC	2.90
2	348	Bronwyn Yeandle	Ashford AC	2.60

2.60 o;2.70 xo;2.80 o;2.90 xo;3.00 xxx

2.40 xo;2.50 o;2.60 o;2.70 xxx

Shot		Final		
No.	Athlete	Club	Perf	
1	352	Nana Gyedu	Blackheath & Bromley Harriers AC	13.38
2	314	Imogen Davis	Ashford AC	9.94
3	342	Samantha Stubbs	Tonbridge AC	9.81
4	351	Kirsty-Anne Ebbage	Tonbridge AC	9.50
5	343	Sarris Teale	Ashford AC	8.92
6	340	Isabelle Harding	Invicta East Kent AC	8.53
7	353	Sophia Richardson	Thanet AC	5.88

12.22; x; 12.33; 13.38; 13.12; x

9.47; 9.72; 9.63; 9.71; 9.81; 9.94

9.03; 8.68; 9.73; 8.94; 9.81; x

9.48; 9.50; x; 9.14; x; x

7.85; 8.92; 8.71; 8.71; 8.90; 8.37

8.14; 8.53; 6.52; 8.05; 7.02; 8.40

4.89; x; 5.79; 5.27; 5.68; 5.88

Discus		Final		
No.	Athlete	Club	Perf	
1	354	Zara Obamakinwa	Blackheath & Bromley Harriers AC	45.55
2	351	Kirsty-Anne Ebbage	Tonbridge AC	34.94
3	353	Sophia Richardson	Thanet AC	24.62
4	318	Jildou Chappell	Invicta East Kent AC	21.84

x; 44.98; 41.26; 44.74; 40.71; 45.55

x; 34.46; x; x; 34.94; 34.64

19.88; 21.86; 21.83; 23.00; x; 24.62

17.11; 18.49; 18.74; 19.28; 21.84; -

Hammer		Final		
No.	Athlete	Club	Perf	
1	351	Kirsty-Anne Ebbage	Tonbridge AC	38.32
2	353	Sophia Richardson	Thanet AC	20.46

x; x; x; x; 38.32; x

16.65; x; 17.28; 20.46; x; x

U17W		Heat 1			w/s= -4.0
No.	Athlete	Club	Perf		
1	357	Faith Akinbileje	Blackheath & Bromley Harriers AC	12.58	Q
2	373	Scarlet Thomas-Wright	Invicta East Kent AC	13.21	Q
3	362	Amirat Mohammed-Hassan	Cambridge Harriers	14.00	Q
4	366	Isobel Thorn	Tonbridge AC	14.07	q
5	364	Amelie Rabbidge	Tonbridge AC	14.12	
6	359	Isabelle Bridgeman	Tonbridge AC	14.17	
7	360	Evangelina Lawson	Bexley AC	14.77	

100m		Heat 2		w/s= -3.7	
No.	Athlete	Club	Perf		
1	365	Lucy Tallon	Tonbridge AC	12.81	Q
2	358	Princess Asemota	Medway and Maidstone AC	13.41	Q
3	367	Erin Vallance	Sevenoaks AC	13.53	Q
4	361	Jessica Lewis	Sevenoaks AC	13.85	q
5	368	Millie Vas	Thanet AC	14.17	
6	363	Naomi Parrott	Ashford AC	14.22	

100m		Final			w/s= -2.9
No.	Athlete	Club	Perf		
1	357	Faith Akinbileje	Blackheath & Bromley Harriers AC	12.31	
2	365	Lucy Tallon	Tonbridge AC	12.74	
3	373	Scarlet Thomas-Wright	Invicta East Kent AC	13.08	
4	358	Princess Asemota	Medway and Maidstone AC	13.22	
5	367	Erin Vallance	Sevenoaks AC	13.56	
6	361	Jessica Lewis	Sevenoaks AC	13.82	
7	366	Isobel Thorn	Tonbridge AC	13.93	
8	362	Amirat Mohammed-Hassan	Cambridge Harriers	14.07	

300m Heat 1

No.	Athlete	Club	Perf
1	380 Lily Stewart	Tonbridge AC	47.17
2	378 Cameron Kelly-Gordon	Blackheath & Bromley Harriers AC	47.41
3	382 Jessica Wilton	Ashford AC	48.42
4	377 Chinachi Emmanuel-Agugua	Bexley AC	49.60
5	376 Jasmine Crossley	Dartford Harriers AC	49.88

Q
Q
Q**300m Heat 2**

No.	Athlete	Club	Perf
1	369 Charlotte Henrich	Invicta East Kent AC	40.80
2	381 Jennifer Swandale	Medway and Maidstone AC	44.28
3	361 Jessica Lewis	Sevenoaks AC	44.67
4	379 Emma Powell	Bexley AC	46.81
5	374 Ciren Campbell	Medway and Maidstone AC	47.99

Q
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Q
q
q**300m Final**

No.	Athlete	Club	Perf
1	369 Charlotte Henrich	Invicta East Kent AC	40.99
2	380 Lily Stewart	Tonbridge AC	42.58
3	378 Cameron Kelly-Gordon	Blackheath & Bromley Harriers AC	42.81
4	381 Jennifer Swandale	Medway and Maidstone AC	44.37
5	361 Jessica Lewis	Sevenoaks AC	44.51
6	379 Emma Powell	Bexley AC	46.96
7	374 Ciren Campbell	Medway and Maidstone AC	48.91
8	382 Jessica Wilton	Ashford AC	50.32

1500m Final

No.	Athlete	Club	Perf
1	389 Amy-Jayne Goodhand	Invicta East Kent AC	4:46.20
2	384 Hannah Clark	Blackheath & Bromley Harriers AC	4:51.71
3	404 Anna Palmer	Medway and Maidstone AC	4:52.76
4	411 Ella Webb	Medway and Maidstone AC	4:56.53
5	407 Abigail Royden	Medway and Maidstone AC	5:00.55
6	413 Annabel Young	Medway and Maidstone AC	5:12.53
7	409 Teigan Sullivan	Invicta East Kent AC	5:14.32
8	399 Ella Ayden	Tonbridge AC	5:16.98
9	412 Liberty Whyte	Blackheath & Bromley Harriers AC	5:25.15
10	402 Millie Knightley	Invicta East Kent AC	5:30.40
11	401 Carys Firth	Blackheath & Bromley Harriers AC	5:32.89
12	398 Eva Armitage-Woods	Cambridge Harriers	5:38.85
13	406 Isabella Richards	Cambridge Harriers	5:39.32
14	382 Jessica Wilton	Ashford AC	5:46.41
15	403 Ella McIntyre	Tonbridge AC	5:49.63
16	400 Lauren Bowen	Central Park Athletics	5:50.90
17	385 Millie Clisby	Central Park Athletics	5:50.98
18	394 Mia Phillips	Ashford AC	6:09.52

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R1**80m Hurdles Heat 1 w/s= -1.7**

No.	Athlete	Club	Perf
1	370 Chloe Jardine	Bexley AC	12.03
2	419 Jessie Sargeant	Bexley AC	12.88
3	417 Saskia Lean	Tonbridge AC	13.22
4	416 Cerys Daniels	Cambridge Harriers	13.79
5	359 Isabelle Bridgeman	Tonbridge AC	DNF

Q
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Q**80m Hurdles Heat 2 w/s= -1.8**

No.	Athlete	Club	Perf
1	415 Georgia Baker	Tonbridge AC	12.44
2	364 Amelie Rabbidge	Tonbridge AC	12.74
3	414 Emily Algeo	Blackheath & Bromley Harriers AC	12.90
4	418 Joanne Oluwaji	Bexley AC	13.37
5	363 Naomi Parrott	Ashford AC	13.77

Q
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q
q**80m Hurdles Final w/s= -2.1**

No.	Athlete	Club	Perf
1	370 Chloe Jardine	Bexley AC	11.96
2	415 Georgia Baker	Tonbridge AC	12.48
3	419 Jessie Sargeant	Bexley AC	12.64
4	414 Emily Algeo	Blackheath & Bromley Harriers AC	12.83
5	364 Amelie Rabbidge	Tonbridge AC	12.84
6	417 Saskia Lean	Tonbridge AC	13.13
7	418 Joanne Oluwaji	Bexley AC	13.15
8	363 Naomi Parrott	Ashford AC	13.80

High Jump Final

No.	Athlete	Club	Perf
1	423 Kacey Walters	Shaftesbury Barnet Harriers	1.60
2	417 Saskia Lean	Tonbridge AC	1.50
3	421 Rugi Fonti-Kanu	Bexley AC	1.45
4	422 Grace O'Connell	Medway and Maidstone AC	1.35

1.50 o;1.55 o;1.60 xo;1.65 xxx
1.50 xo;1.55 xxx
1.30 o;1.35 o;1.40 o;1.45 o;1.50 xxx
1.30 o;1.35 xo;1.40 xxx

Pole Vault		Final		
No.	Athlete	Club	Perf	
1	424	Lucinda White	Tonbridge AC	2.60

2.60 o;2.90 x;3.10 xx

Long Jump		Final		
No.	Athlete	Club	Perf	
1	414	Emily Algeo	Blackheath & Bromley Harriers AC	5.24
2	415	Georgia Baker	Tonbridge AC	5.17
3	419	Jessie Sargeant	Bexley AC	5.15
4	424	Lucinda White	Tonbridge AC	4.98
5	371	Nadia Sadler-Reeves	Ashford AC	4.75
6	361	Jessica Lewis	Sevenoaks AC	4.63
7	425	Anyiache Nonjang	Bexley AC	4.58

- 5.04,-; 5.14,-; 5.24,-; 4.86,-; 5.13,-; 5.08,-
 - x; 4.71,-; 5.00,-; 4.82,-; 5.17,-; x
 - x; 5.15,-; x; x; x; 5.07,-
 - 4.94,-; x; x; 4.91,-; x; 4.98,-
 - 4.48,-; 4.37,-; 4.49,-; 4.38,-; 4.61,-; 4.75,-
 - 4.63,-; -; -; x; 4.54,-; 4.54,-
 - 4.58,-; 4.31,-; 4.45,-; 4.29,-; 4.33,-; 4.36,-

Triple Jump		Final		
No.	Athlete	Club	Perf	
1	379	Emma Powell	Bexley AC	9.61

- 9.41,-; 9.49,-; 9.61,-; 9.23,-; 9.50,-; 9.07,-

Javelin		Final		
No.	Athlete	Club	Perf	
1	431	Katie Marsh	Cambridge Harriers	40.44
2	419	Jessie Sargeant	Bexley AC	37.60
3	424	Lucinda White	Tonbridge AC	35.69
4	371	Nadia Sadler-Reeves	Ashford AC	28.32
5	415	Georgia Baker	Tonbridge AC	23.40
6	417	Saskia Lean	Tonbridge AC	21.31

37.09; 37.24; 33.22; 40.44; x; 39.38
 30.62; 35.50; 34.05; 35.13; 35.45; 37.60
 32.19; 34.40; 31.60; 35.69; 33.10; x
 26.84; 28.32; x; x; x; x
 22.79; 23.40; 20.88; 20.55; 16.36; 20.13
 18.60; x; x; x; 21.31; x

U15G

100m		Heat 1		w/s= -4.5
No.	Athlete	Club	Perf	
1	432	Rebeccah Akinsanya	Medway and Maidstone AC	13.21
2	440	Darcie Maple	Invicta East Kent AC	13.40
3	443	Zara Okoroafor	Dartford Harriers AC	14.01
4	444	Nuriah Orhurhu	Cambridge Harriers	14.02
5	439	Elicia Lacey	Tonbridge AC	14.05
6	433	Isabella Amartey	Dartford Harriers AC	14.18
7	436	Emily-Rose Evans	Deal Triathlon	14.59

Q
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100m		Heat 2		w/s= -2.0
No.	Athlete	Club	Perf	
1	446	Nina Whitter	Blackheath & Bromley Harriers AC	13.18
2	434	Faith Assah	Cambridge Harriers	13.49
3	441	Harriet Medlen	Tonbridge AC	13.52
4	442	Emily Moyle	Medway and Maidstone AC	13.55
5	435	Evangeline Dixon	Tonbridge AC	14.40
6	438	Lilly-Ella Gore	Folkestone Running Club	14.85

Q
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q

100m		Final		w/s= -2.6
No.	Athlete	Club	Perf	
1	432	Rebeccah Akinsanya	Medway and Maidstone AC	12.74
2	446	Nina Whitter	Blackheath & Bromley Harriers AC	13.19
3	440	Darcie Maple	Invicta East Kent AC	13.25
4	441	Harriet Medlen	Tonbridge AC	13.27
5	443	Zara Okoroafor	Dartford Harriers AC	13.48
6	442	Emily Moyle	Medway and Maidstone AC	13.58
7	444	Nuriah Orhurhu	Cambridge Harriers	13.68
8	434	Faith Assah	Cambridge Harriers	13.76

300m		Final		
No.	Athlete	Club	Perf	
1	454	Poppy Rowland-Hill	Thanet AC	42.71
2	453	Tallulah Ndiakanwu	Blackheath & Bromley Harriers AC	43.76
3	452	Alyssa Firla	Blackheath & Bromley Harriers AC	43.90
4	447	Miriam Adebayo	Bexley AC	44.78
5	455	Alexia Scotiniadis	Sevenoaks AC	45.17
6	448	Evie Cameron	Medway and Maidstone AC	45.24

1500m		Final			
No.	Athlete	Club	Perf		
1	484	Lily Slack	Tonbridge AC	4:50.98	R2
2	485	Megan Slattery	Blackheath & Bromley Harriers AC	4:56.35	R2
3	471	Megan Barlow	Blackheath & Bromley Harriers AC	4:58.03	R2
4	465	Abigail Richards	Cambridge Harriers	5:04.09	R2
5	478	Amelia Lawrence	Cambridge Harriers	5:10.39	R2
6	470	Ella Baker	Sevenoaks AC	5:10.72	R2
7	476	Gabriella Horne	Medway Triathlon Club	5:12.01	R2
8	481	Francesca Middleton	Blackheath & Bromley Harriers AC	5:14.72	R2
9	475	Iris Crossley	Medway and Maidstone AC	5:15.62	R2
10	469	Natalia Austin	Medway and Maidstone AC	5:17.76	R1
11	457	Millie Dack	Medway and Maidstone AC	5:18.57	R2
12	483	Beth Palmer	Medway and Maidstone AC	5:26.54	R1
13	480	Mercedes McGivern	Medway and Maidstone AC	5:34.90	R1
14	486	Isla Spink	Blackheath & Bromley Harriers AC	5:37.00	R1
15	479	Lucy Malpass	Medway and Maidstone AC	5:37.53	R1
16	473	Sylvie Browr	Folkestone Running Club	5:37.85	R1
17	474	Emma Clayton	Folkestone Running Club	5:38.29	R1
18	477	Heidi Hughes	Medway and Maidstone AC	5:40.07	R1
19	482	Polly Moses	Tonbridge AC	5:44.62	R1
20	472	Imogen Bowen	Central Park Athletics	6:24.30	R1

High Jump		Final			
No.	Athlete	Club	Perf		
1	492	Qi-Chi Ukpai	Invicta East Kent AC	1.58	1.35 o;1.40 o;1.45 o;1.50 xo;1.55 o;1.58 xo;1.60 xxx
2	490	Daisy Snell	Blackheath & Bromley Harriers AC	1.55	1.45 o;1.50 o;1.55 o;1.58 xxx
3	454	Poppy Rowland-Hill	Thanet AC	1.50	1.35 xo;1.40 o;1.45 o;1.50 xxo;1.55 xxx
4	489	Eve Seery	Thanet AC	1.35	1.25 o;1.30 o;1.35 o;1.40 xxx
4	445	Matilda Secker	Tonbridge AC	1.35	1.25 o;1.30 o;1.35 o;1.40 xxx
6	491	Nia Thomas	Medway and Maidstone AC	1.30	1.25 xo;1.30 xo;1.35 xxx
7	471	Megan Barlow	Blackheath & Bromley Harriers AC	1.30	1.25 xo;1.30 xxo;1.35 xxx

Long Jump		Final			
No.	Athlete	Club	Perf		
1	490	Daisy Snell	Blackheath & Bromley Harriers AC	5.43	CBP - 5.39,-; 5.43,-; 5.07,-; 4.89,-; 4.95,-; 5.18,-
2	492	Qi-Chi Ukpai	Invicta East Kent AC	5.04	- 5.04,-; x; 4.85,-; 4.80,-; 4.92,-; 4.90,-
3	489	Eve Seery	Thanet AC	4.85	- 4.76,-; x; x; 4.85,-; 4.70,-; x
4	433	Isabella Amartey	Dartford Harriers AC	4.18	- 4.13,-; 4.18,-; 3.96,-; 3.34,-; 3.90,-; 3.99,-
5	443	Zara Okoroafor	Dartford Harriers AC	3.88	- 3.42,-; 3.88,-; 3.55,-; 3.47,-; x; x
6	493	Phoebe Dachtler	Central Park Athletics	3.27	- 3.03,-; 2.45,-; 3.22,-; 3.19,-; 3.27,-; 3.26,-

Triple Jump		Final			
No.	Athlete	Club	Perf		
1	433	Isabella Amartey	Dartford Harriers AC	9.79	- 9.05,-; 9.79,-; 9.05,-; 8.93,-; 9.25,-; 9.60,-

Javelin		Final			
No.	Athlete	Club	Perf		
1	498	Eleanor Russell	Bexley AC	29.22	28.69; 27.21; 29.22; 28.34; 24.56; 29.09
2	497	Amelia Lawton	Invicta East Kent AC	25.94	23.19; 25.94; x; 22.40; 22.95; 21.70
3	501	Erin Simpson	Blackheath & Bromley Harriers AC	20.73	19.46; 20.20; 20.27; 20.73; 20.59; 18.52
4	495	Rae Hancock	Folkestone Running Club	14.59	x; x; 14.59; x; x; x
5	437	Olivia Evans	Deal Triathlon	12.78	x; x; 12.78; 11.31; x; x