

KCAA Relay Championships - Medway Park, Gillingham 22/09/2019

U13G 4 x 200m

Final

1	X	Bexley AC 1	Sokipreye Appolos, Heather Beet, Rosie Chandler, Miriam Adebayo	1:54.3
2	B	Blackheath & Bromley H AC 1	Daisy Snell, Alyssa Firla, Erin Simpson, Madeleine Marston	1:56.6
3	K	Invicta East Kent AC 1	Qi-Chi Ella Ukpai, Darcie Maple, Macey Sawyer, Atida Kusotera	1:58.5
4	C	Cambridge Harriers 1	Nuriah Orhurhu, Seren McKenzie, Ogechi Akabueze, Faith Assah	1:59.1
5	T	Tonbridge AC 1	Harriet Medlen, Elicia Lacey, Evie Dixon, Flora Saunders	2:00.2
6	M	Medway & Maidstone AC 1	Millie Davidson-Houston, Amber Matthews, Emily Moyle, Evie Cameron	2:00.6
7	TT	Tonbridge AC 2	Illaria Dollimore, Isabella Lord, Matilda Secker, Ella Thomas	2:00.8
8	G	Central Park AC 1	Emily Summers, Enakele Otsu, Phoebe Dachtler, Sienna Darby Lane	2:16.0

U13B 4 x 200m

Final

1	T	Tonbridge AC 1	Zac Dixon, Alfred Metcalfe, Tom Walker, Thomas Daly	1:51.5
2	B	Blackheath & Bromley H AC 1	Marley Byfield, Andrew Nikoro, James Lawson, Rayhan Mourtada	1:51.6
3	M	Medway & Maidstone AC 1	Daniel Culver, Cameron Isaac, Charlie Rouse, Daniel Shoyoye	1:55.2
4	MM	Medway & Maidstone AC 2	Jake Foster, Lennon Franklin, Benjamin Purton, Stanley Cook	2:02.9
5	J	The Judd School 1	Alexander Coutts, Kai-Zhe Cheng, Ze-Hang Chen, Fiachra Prichard	2:06.1
6	H	Tonbridge AC 3	Theo Swaby, Tatika Dicker, Eliot Ridge, George de Carle	2:09.7
7	G	Central Park AC 1	Harrison Brookes, Jake Greenwood, Samuel Ruberto, Ewan Munday	2:13.9
	TT	Tonbridge AC 2	Reggie French, Max Clark, William Tucker, Jan Lousberg	DISQ

U15B 4 x 200m

Final

1	X	Bexley AC 1	Ridwaan Ahmed, Daniel Goriola, Javan Gordon, Jason Adeogun	1:34.7
2	C	Cambridge Harriers 1	Dejaune Lingard, Shaquille Fernandez-Folkes, Mubarrak Saiih, Dante Legister	1:35.6
3	B	Blackheath & Bromley H AC 1	Oliver Robertson, Matthew Smith, Jake Anthony, Adam Islam-Medeaux	1:39.4
4	M	Medway & Maidstone AC 1	Charlie Brooker, Kieran Isaac, Benjamin Lineker, Jasper Emmanuel	1:39.8
5	J	The Judd School 1	Robin Lunt, Jon Whawell, Ronnie Burton, Will Davey	1:50.6
6	G	Central Park AC 1	Samual McShane, Adam Smail, Luca Ruberto, Henry Munt	2:01.0

U13G 3 x 800m

Final

1	R	Thanet Roadrunners AC 1	Millie Dack, Ferne Peirce, Natalia Austin	7:53.6
2	M	Medway & Maidstone AC 1	Iris Crossley, Molly Marsh, Amber Matthews	8:23.6
3	F	Folkestone RC 1	Jennifer Clayton, Emily MacKenzie, Emma Clayton	8:28.3
4	MM	Medway & Maidstone AC 2	Heidi Hughes, Elizabeth Fry, Sophie Stratford	8:38.0
5	G	Central Park AC 1	Emily Summers, Phoebe Dachtler, Sienna Darby Lane	9:05.3
6	C	Cambridge Harriers 1	Mia Harris, Arese Renata Emmanuel-Ukato, Nuriah Orhurhu	11:02.0
7	O	Medway & Maidstone AC 3	Erin Marsh, Beth Palmer, Melissa Cagan	21:08.0

U13B 3 x 800m

Final

1	R	Thanet Roadrunners AC 1	Riley Maisey, Franklin Shepherd, Alex Dack	7:36.2
2	M	Medway & Maidstone AC 1	Henry Gibson, Jay Trimmer, Ethan Rollings	7:54.6
3	G	Central Park AC 1	Harrison Brookes, Ewan Munday, Jake Greenwood	8:08.9
4	J	The Judd School 1	George Bishop, Fiachra Prichard, Alexander Coutts	8:40.3
5	Y	Swale Combined AC 1	William Jury, Ewan Strachan, Evan Gosling	9:50.4

U15G 3 x 800m

Final

1	M	Medway & Maidstone AC 1	Sarah Mitchell, Abigail Royden, Anna Palmer	7:41.1
2	R	Thanet Roadrunners AC 1	Lola Sutton, Gabriela Austin, Jenny Swandale	8:03.1
3	X	Bexley AC 1	Jessie Sargeant, Mollie Bishop, Sophia Moore	8:11.4
4	C	Cambridge Harriers 1	Evie Ravenscroft, Isabella Richards, Madeline Tynan	8:20.4
5	G	Central Park AC 1	Lucy Munday, Alannah Ringshall, Lily McShane	9:25.5

U15B 3 x 800m

Final

1	B	Blackheath & Bromley H AC 1	Jake Anthony, Nathan Firla, Matthew Smith	6:53.0
2	M	Medway & Maidstone AC 1	Callum Featherstone, Cameron Featherstone, Hayden Gear	7:00.0
3	J	The Judd School 1	Ethan Rocks, Jacob Kemmitt, Sebastien Thomson	7:50.5

U17W 3 x 800m

Final

1	K	Invicta East Kent AC 1	Maddison Sawyer, Jildou Chappell, Rebekah Goodhand	7:42.2
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U17M 3 x 800m

Final

1	B	Blackheath & Bromley H AC 1	Pablo Seema Roca, Bailey Marks-Belaon, Samuel Reardon	6:30.9
2	M	Medway & Maidstone AC 1	Ethan Gear, Finn Rodgers, Luke Stringer	6:46.9

U13G 4 x 100m**Heat 1**

1	A	Thanet AC 1	Eve Seery, Lily-Ann Showers, Harriet Edwards, Poppy Rowland-Hill	53.2
2	X	Bexley AC 1	Sokipreye Appolos, Heather Beet, Isobel Walwyn, Miriam Adebayo	53.6
3	B	Blackheath & Bromley H AC 1	Daisy Snell, Alyssa Firla, Madeleine Marston, Nina Whitter	55.8
4	TT	Tonbridge AC 2	Illaria Dollimore, Matilda Secker, Isabella Lord, Trudy Williams	58.1
5	CC	Cambridge Harriers 2	Orla Stanczyk, Arese Renata Emmanuel-Ukato, Faith Dore, Ogechi Akabueze	58.3

U13G 4 x 100m**Heat 2**

1	M	Medway & Maidstone AC 1	Millie Davidson-Houston, Rebeccah Akinsanya, Emily Moyle, Evie Cameron	54.4
2	C	Cambridge Harriers 1	Nuriah Orhurhu, Seren McKenzie, Zafirah Alebiosu, Faith Assah	55.2
3	T	Tonbridge AC 1	Harriet Medlen, Flora Saunders, Elicia Lacey, Evie Dixon	55.5
4	K	Invicta East Kent AC 1	Darcie Maple, Qi-Chi Ella Ukpai, Macey Sawyer, Atida Kusotera	56.3
5	F	Folkestone RC 1	Jennifer Clayton, Ellie Cooper, Emma Clayton, Lilly-Ella Gore	65.1

U13G 4 x 100m**Final**

1	A	Thanet AC 1	Eve Seery, Lily-Ann Showers, Harriet Edwards, Poppy Rowland-Hill	53.4
2	X	Bexley AC 1	Sokipreye Appolos, Heather Beet, Isobel Walwyn, Miriam Adebayo	54.0
3	M	Medway & Maidstone AC 1	Millie Davidson-Houston, Rebeccah Akinsanya, Emily Moyle, Evie Cameron	54.5
4	T	Tonbridge AC 1	Flora Saunders, Harriet Medlen, Elicia Lacey, Evie Dixon	56.0
5	B	Blackheath & Bromley H AC 1	Daisy Snell, Alyssa Firla, Madeleine Marston, Nina Whitter	56.2
6	C	Cambridge Harriers 1	Nuriah Orhurhu, Seren McKenzie, Zafirah Alebiosu, Faith Assah	56.3
7	K	Invicta East Kent AC 1	Qi-Chi Ella Ukpai, Darcie Maple, Macey Sawyer, Atida Kusotera	57.3
8	TT	Tonbridge AC 2	Illaria Dollimore, Isabella Lord, Matilda Secker, Trudy Williams	59.5

U13B 4 x 100m**Heat 1**

1	T	Tonbridge AC 1	Zac Dixon, Thomas Daly, Tom Walker, Alfred Metcalfe	53.0
2	B	Blackheath & Bromley H AC 1	Marley Byfield, Andrew Nikoro, James Lawson, Rayhan Mourtada	54.1
3	TT	Tonbridge AC 2	Jan Lousberg, Max Clark, William Tucker, Reggie French	56.2
4	Y	Swale Combined AC 1	William Jury, Nathan Eke, Harrison Gillespie, Ifeoluwa Fadipe	59.4
5	H	Tonbridge AC 3	Tatika Dicker, Theo Swaby, George de Carle, Eliot Ridge	60.5

U13B 4 x 100m**Heat 2**

1	M	Medway & Maidstone AC 1	Stanley Cook, Cameron Isaac, Charlie Rouse, Daniel Shoyoye	54.2
2	MM	Medway & Maidstone AC 2	Lennon Franklin, Jake Foster, Benjamin Purton, Daniel Culver	57.4
3	JJ	The Judd School 2	Alexander Coutts, Kai-Zhe Cheng, Ze-Hang Chen, George Bishop	62.5
4	YY	Swale Combined AC 2	Callum Martin, Owen Gosling, Evan Gosling, Ewan Strachan	72.2

U13B 4 x 100m**Final**

1	T	Tonbridge AC 1	Zac Dixon, Thomas Daly, Tom Walker, Alfred Metcalfe	53.2
2	B	Blackheath & Bromley H AC 1	Marley Byfield, Andrew Nikoro, James Lawson, Rayhan Mourtada	53.9
3	M	Medway & Maidstone AC 1	Stanley Cook, Cameron Isaac, Charlie Rouse, Daniel Shoyoye	54.1
4	TT	Tonbridge AC 2	Jan Lousberg, Max Clark, William Tucker, Reggie French	56.8
5	MM	Medway & Maidstone AC 2	Jake Foster, Daniel Culver, Benjamin Purton, Lennon Franklin	57.7
6	H	Tonbridge AC 3	Theo Swaby, George de Carle, Eliot Ridge, Tatika Dicker	60.0
7	JJ	The Judd School 2	Alexander Coutts, Kai-Zhe Cheng, Ze-Hang Chen, George Bishop	60.9
8	Y	Swale Combined AC 1	William Jury, Nathan Eke, Harrison Gillespie, Ewan Strachan	64.2

U15G 4 x 100m**Final**

1	C	Cambridge Harriers 1	Chichi Cooper, Amirat Mohammed-Hassan, Franchesca Iwegbu, Shawanna Williams	52.1
2	B	Blackheath & Bromley H AC 1	Sophie Kerr, Faith Mpassy, Kelsey Calladine-Smith, Emily Kerr	52.9
3	A	Thanet AC 1	Millie Vas, Keira Hulks, Sophia Baker, Grace Jakeman	53.3
4	K	Invicta East Kent AC 1	Daisy Meenan, Scarlet Thomas-Wright, Calypso Newman, Ysabella Castle	53.4
5	M	Medway & Maidstone AC 1	Mia Franklin, Annaleise Kerswill, Olivia Laws, Princess Asemota	54.6
6	X	Bexley AC 1	Evangeline Lawson, Rugi Font-Kanu, Chinachi Emmanuel-Agugua, Oluwaseun Gift Okeh	55.3
7	P	Paddock Wood AC 1	Isobel Rayner, Molly Brown, Abigail Exall, Jessica Penny	55.9

U15B 4 x 100m**Final**

1	C	Cambridge Harriers 1	Mubarrak Salih, Dejaune Lingard, Shaquille Fernandez-Folkes, Dante Legister	46.4
2	M	Medway & Maidstone AC 1	Dylan Purton, Kieran Isaac, Daniel Hardy, Jasper Emmanuel	46.6
3	P	Paddock Wood AC 1	Alex Gray, Harvey Fordham, Alex Stone, Alex Gray	48.6
4	B	Blackheath & Bromley H AC 1	Oliver Robertson, Matthew Smith, Nathan Firla, Adam Islam-Medeaux	48.9
5	X	Bexley AC 1	Ridwaan Ahmed, Daniel Goriola, Javan Gordon, Jason Adeogun	49.6
6	J	The Judd School 1	Robin Lunt, Jon Whawell, Ronnie Burton, Will Davey	53.3

U15G 4 x 200m**Heat 1**

1	B	Blackheath & Bromley H AC 1	Abigail Smith, Emily Algeo, Kelsey Calladine-Smith, Emily Kerr	1:54.6
2	M	Medway & Maidstone AC 1	Mia Franklin, Annaleise Kerswill, Ciren Campbell, Princess Asemota	1:54.9
3	XX	Bexley AC 2	Evangeline Lawson, Chinachi Emmanuel-Agugua, Rugi Font-Kanu, Oluwaseun Gift Okeh	1:55.4
4	K	Invicta East Kent AC 1	Calypso Newman, Ysabella Castle, Scarlet Thomas-Wright, Emelia Lester	1:57.9
5	CC	Cambridge Harriers 2	Abigail Babalola, Nikol Crofts, Maja Crofts, Cerys Daniels	2:01.6

U15G 4 x 200m**Heat 2**

1	C	Cambridge Harriers 1	Chichi Cooper, Amirat Mohammed-Hassan, Franchesca Iwegbu, Shawanna Williams	1:51.2
2	X	Bexley AC 1	Jessie Sargeant, Joanne Oluwaji, Emma Powell, Chloe Jardine	1:53.5
3	F	Folkestone RC 1	Caitlin Taylor, Catrina MacArthur, Grace Dixon, Maisie Riddell	1:58.0
4	MM	Medway & Maidstone AC 2	Grace O'Connell, Olivia Laws, Ciara Harrop, Ruby Towler	2:05.1

U15G 4 x 200m**Final**

1	X	Bexley AC 1	Jessie Sargeant, Joanne Oluwaji, Emma Powell, Chloe Jardine	1:53.4
2	B	Blackheath & Bromley H AC 1	Abigail Smith, Emily Algeo, Kelsey Calladine-Smith, Emily Kerr	1:54.5
3	XX	Bexley AC 2	Evangeline Lawson, Chinachi Emmanuel-Agugua, Rugi Font-Kanu, Oluwaseun Gift Okeh	1:56.7
4	M	Medway & Maidstone AC 1	Mia Franklin, Annaleise Kerswill, Ciren Campbell, Princess Asemota	1:58.9
5	F	Folkestone RC 1	Caitlin Taylor, Catrina MacArthur, Grace Dixon, Maisie Riddell	1:59.4
6	K	Invicta East Kent AC 1	Scarlet Thomas-Wright, Calypso Newman, Ysabella Castle, Katie Macey	2:00.4
7	CC	Cambridge Harriers 2	Abigail Babalola, Nikol Crofts, Maja Crofts, Cerys Daniels	2:04.4
	C	Cambridge Harriers 1	Chichi Cooper, Maria Agbalaya, Franchesca Iwegbu, Amirat Mohammed-Hassan	DISQ

U17W 4 x 200m**Final**

1	T	Tonbridge AC 1	Keira Rose, Emily Bowart, Eliz O'Donnell, Maya Marriner	1:46.1
2	B	Blackheath & Bromley H AC 1	Ofejiro Otomewo, Kelsey Pullin, Claudia Baker, Shakanya Osahon	1:46.2
3	C	Cambridge Harriers 1	Esther Jackson, Omoteniade Olisa, Marian Owusuwaah, Rebecca Maddy	1:48.4
4	X	Bexley AC 1	Joy Kelvin, Bolaji Ogunnaike, Marie-Reine Fotso, Melody Eboh	1:49.7
5	M	Medway & Maidstone AC 1	Oluwagbemisola Kasumu, Erin Hughes, Charlotte de la Porte-Godden, Abigail Walters	1:53.6

U17M 4 x 200m**Final**

1	B	Blackheath & Bromley H AC 1	Charles Nortey, Abiola Afolabi, Eniola Afolabi, Zachary Nwogwugwu	1:34.9
2	M	Medway & Maidstone AC 1	Jamie Pearce, Zach Smith, Finn Rodgers, William Heathcote	1:38.9
3	X	Bexley AC 1	Adedamola Ajayi, Olurwyiwa Odelusi, Harry Baldock, Ralph-Lowell Hallassou	1:39.6

SW 4 x 200m**Final**

1	T	Tonbridge AC 1	Jessica O'Hara (U20W), Nina Ridge (W45), Sohaila Ali (U17W), Asha Root (U20W)	1:51.0
2	X	Bexley AC 1	Faye Olszowka (U20W), Sarah Adedeji (U20W), Christal Izuchukwu (U17W), Rebecca Abegunde-Williams (U20W)	1:51.1
3	K	Invicta East Kent AC 1	Hannah Scrivens (U20W), Freya Lee (U20W), Lauren Macey (U20W), Djamilla Nkereuwem (U20W)	1:55.3
4	G	Central Park AC 1	Karolina Mykietyń (W35), Katy Munt (W40), Anoushka Johnson (W45), Katarina Summers (W40)	2:08.7
5	GG	Central Park AC 2	Elizabeth Brookes (W40), Ashley O'Brien (W50), Rebecca Bushnell-Durey (SW), Renee-Marie Young (W45)	2:30.1

SM 4 x 200m**Final**

1	T	Tonbridge AC 1	George Smith (U20M), Alexander Milligan (U17M), Anton Bachorski (U20M), Jack Lennard	1:31.0
2	M	Medway & Maidstone AC 1	Lorcan Rodgers (U20M), Reegan Archer (U20M), Nathan Isaac (U20M), Conor Murphy (U20M)	1:31.9
3	Y	Swale Combined AC 1	Mathew Beech, Marcus Simmons, Daniel Martin (M35), Andrew Scoones	1:39.0
4	G	Central Park AC 1	Richard Greenwood (M45), Jamie Bushnell, Dan Fotheringham (M45), Mark McMillan (M40)	1:41.4
5	MM	Medway & Maidstone AC 2	Mark Rothery (M40), Jack Crossley (M35), John Foster (M45), Adrian Donnelly (M50)	1:46.3
6	GG	Central Park AC 2	Adam Bernard, Johnnie Arnould (M40), Antony Hylton (M40), Jon Munt (M45)	1:56.9

U17W 4 x 100m**Final**

1	B	Blackheath & Bromley H AC 1	Achieng Oneko, Molly Savage, Eve Ward, Tianna Haynes	49.2
2	C	Cambridge Harriers 1	Rebecca Maddy, Esther Jackson, Omoteniade Olisa, Marian Owusuwaah	50.0
3	X	Bexley AC 1	Marie-Reine Fotso, Emma Adeyemi, Joy Kelvin, Bolaji Ogunnaike	50.4
4	K	Invicta East Kent AC 1	Maddison Sawyer, Jildou Chappell, Chloe Sumner, Maya Ambrosine	54.2
5	M	Medway & Maidstone AC 1	Katie Rothery, Aneka Shaw, Amy Osborne, Charlotte de la Porte-Godden	54.3
6	P	Paddock Wood AC 1	Kimberley Garcia, Rosie Elspass, Carla Large, Charlotte Whiffen	56.5

U17M 4 x 100m**Final**

1	B	Blackheath & Bromley H AC 1	Abiola Afolabi, Charles Nortey, Samuel Reardon, Zachary Nwogwugwu	44.9
2	X	Bexley AC 1	Adedamola Ajayi, Olurwyiwa Odelusi, Matthew Kinsambwe, Fortune Adah-Jahs	45.9
3	M	Medway & Maidstone AC 1	Jamie Pearce, Zach Smith, Harry Blake, William Heathcote	47.7

SW 4 x 100m**Final**

1	M	Medway & Maidstone AC 1	Zara Edeleanu, Emily Featherstone, Eleanor Wastell, Lucy Hope	51.6
2	X	Bexley AC 1	Faye Olszowska (U20W), Sarah Adedeji (U20W), Christal Izuchukwu (U17W), Rebecca Abegunde-Williams (U20W)	52.0
3	K	Invicta East Kent AC 1	Hannah Scrivens (U20W), Lauren Macey (U20W), Freya Lee (U20W), Djamilla Nkereuwem (U20W)	55.6
4	Y	Swale Combined AC 1	Freya Jury (U17W), Katie Scoones, Josephine Nye (W35), Olwen Cockell (W45)	62.8
5	G	Central Park AC 1	Karolina Mykietyń (W35), Rebecca Bushnell-Durey (SW), Kirsten McTeer (W40), Katy Munt (W40)	70.2

SM 4 x 100m**Final**

1	T	Tonbridge AC 1	George Smith (U20M), Zac Beasty (U17M), Alexander Milligan (U17M), Anton Bachorski (U20M)	44.2
2	C	Cambridge Harriers 1	Omari Markland-Montgomery, Archie Wrate (U20M), Fuad Busoir (U20M), Reuben Odulawa (U20M)	45.4
3	Y	Swale Combined AC 1	Mathew Beech, Marcus Simmons, Andrew Scoones, Daniel Martin (M35)	48.1
4	G	Central Park AC 1	Adam Bernard, Mark McMillan (M40), Richard Greenwood (M45), Jon Munt (M45)	52.8

SW 4 x 400m**Final**

1	M	Medway & Maidstone AC 1	Lucy Maunders, Liberty Kerswill, Eleanor Wastell, Lucy Hope	4:15.4
2	C	Cambridge Harriers 1	Jade Fitt (U20W), Esther Jackson (U17W), Lara Atkinson (U20W), Caroline Ford	4:16.6
3	K	Invicta East Kent AC 1	Freya Lee (U20W), Lauren Macey (U20W), Djamilla Nkereuwem (U20W), Chloe Sumner (U17W)	4:30.6
4	G	Central Park AC 1	Karolina Mykietyń (W35), Elizabeth Brookes (W40), Katarina Summers (W40), Anoushka Johnson (W45)	4:53.2
5	Y	Swale Combined AC 1	Freya Jury (U17W), Katie Scoones, Josephine Nye (W35), Olwen Cockell (W45)	5:01.2
6	GG	Central Park AC 2	Ashley O'Brien (W50), Ceira Barber (W35), Kirsten McTeer (W40), Renee-Marie Young (W45)	6:05.1

U17M 4 x 400m**Final**

1	B	Blackheath & Bromley H AC 1	Pablo Seema Roca, Eniola Afolabi, Bailey Marks-Belaon, Samuel Reardon	3:42.5
2	X	Bexley AC 1	Matthew Kinsambwe, Fortune Adah-Jahs, Ralph-Lowell Hallassou, Harry Baldock	3:49.4
3	M	Medway & Maidstone AC 1	William Heathcote, Harry Blake, Jamie Pearce, Finn Rodgers	3:57.9

SM 4 x 400m**Final**

1	M	Medway & Maidstone AC 1	Alexander Donnelly (U20M), Ben Blake (U20M), Reegan Archer (U20M), Conor Murphy (U20M)	3:27.1
2	C	Cambridge Harriers 1	Steve Tredray, Archie Wrate (U20M), Fuad Busoir (U20M), Omari Markland-Montgomery	3:40.3
3	G	Central Park AC 1	Johnnie Arnould (M40), Dan Fotheringham (M45), Antony Hylton (M40), Adam Bernard	3:59.4

U17W 4 x 300m**Final**

1	T	Tonbridge AC 1	Maya Marriner, Emily Bowart, Eliz O'Donnell, Keira Rose	2:51.1
2	B	Blackheath & Bromley H AC 1	Kelsey Pullin, Ofejiro Otomewo, Tianna Haynes, Shakanya Osahon	2:55.2
3	X	Bexley AC 1	Emma Adeyemi, Marie-Reine Fotso, Bolaji Ogunnaike, Melody Eboh	3:03.8
4	M	Medway & Maidstone AC 1	Erin Hughes, Katie Rothery, Billie Rouse, Abigail Walters	3:04.2

U15G 4 x 300m**Final**

1	X	Bexley AC 1	Jessie Sargeant, Emma Powell, Joanne Oluwaji, Chloe Jardine	3:02.4
2	M	Medway & Maidstone AC 1	Sarah Mitchell, Abigail Royden, Ciren Campbell, Princess Asemota	3:04.7
3	B	Blackheath & Bromley H AC 1	Sophie Kerr, Abigail Smith, Emily Algeo, Faith Mpassy	3:04.9
4	C	Cambridge Harriers 1	Chichi Cooper, Maria Agbalaya, Franchesca Iwegbu, Shawanna Williams	3:05.3
5	A	Thanet AC 1	Millie Vas, Sophia Baker, Grace Jakeman, Keira Hulks	3:12.8
6	F	Folkestone RC 1	Caitlin Taylor, Maisie Riddell, Grace Dixon, Catrina MacArthur	3:13.2
7	MM	Medway & Maidstone AC 2	Grace O'Connell, Lily Crossley, Amy Jukes, Anna Palmer	3:15.7
8	CC	Cambridge Harriers 2	Nikol Crofts, Inez Rice, Sara Mahfouz, Maja Crofts	3:23.9

U15B 4 x 300m**Final**

1	B	Blackheath & Bromley H AC 1	Matthew Smith, Nathan Firla, Jake Anthony, Adam Islam-Medeaux	2:39.0
2	C	Cambridge Harriers 1	Mubarrak Salih, Dejaune Lingard, Dontay Thomas, Shaquille Fernandez-Folkes	2:40.4
3	M	Medway & Maidstone AC 1	Benjamin Lineker, Charlie Brooker, Callum Featherstone, Dylan Purton	2:40.7
4	X	Bexley AC 1	Ridwaan Ahmed, Joshua Aboagye, Javan Gordon, Jason Adeogun	2:41.5
5	P	Paddock Wood AC 1	Liam Simms, Harvey Fordham, Alex Stone, Alex Gray	2:47.7
6	J	The Judd School 1	Ethan Rocks, Jacob Kemmitt, Jon Whawell, Will Davey	3:06.2
7	G	Central Park AC 1	Samual McShane, Adam Smail, Luca Ruberto, Henry Munt	3:16.2