

**KCAA Veterans/Masters Championships - Medway Park, Gillingham 14-15/09/2024**

**M35**

**100m** (b) **Final** w/s+0.9

No.	Name	Club	Perf
1	G 3 Adam Bernard	Dartford	12.66
2	S 1 Bilen Ahmet	Kingston & Poly	12.76

**200m** (a) **Final** w/s+0.9

No.	Name	Club	Perf
1	G 3 Adam Bernard	Dartford	25.42
2	S 1 Bilen Ahmet	Kingston & Poly	26.63

**400m** (b) **Final**

No.	Name	Club	Perf
1	G 3 Adam Bernard	Dartford	55.03

**800m** (a) **Final**

No.	Name	Club	Perf
1	G 45 Chris Loudon	Cambridge H	1:59.38

CBP

**110m Hurdles** (b) **Final** w/s+0.8

No.	Name	Club	Perf
1	G 1 Bilen Ahmet	Kingston & Poly	18.56

**400m Hurdles** (b) **Final**

No.	Name	Club	Perf
1	G 1 Bilen Ahmet	Kingston & Poly	68.92

**Shot** (b) **Final**

No.	Name	Club	Perf
1	- 1 Bilen Ahmet	Kingston & Poly	9.83

9.83, x, 9.69, 9.66, 9.40, 9.36

**M40**

**100m** (b) **Final** w/s+0.9

No.	Name	Club	Perf
1	G 7 Steven Tester	Tonbridge	11.68
2	S 8 Daniel Oforu (M45)	Ashford	12.60
3	B 6 Michael Yankson (M45)	Ashford	12.94

**200m** (a) **Final** w/s+0.9

No.	Name	Club	Perf
1	G 5 Steven Foy	Dartford	25.20
2	S 32 Darren Wright (M45)	Med and Maid	25.88
3	B 8 Daniel Oforu (M45)	Ashford	25.89

**400m** (b) **Final**

No.	Name	Club	Perf
1	G 7 Steven Tester	Tonbridge	52.32
2	S 38 Glen Davison (M45)	Invicta EK	55.29
3	B 32 Darren Wright (M45)	Med and Maid	55.42
4	39 Stuart McNally (M45)	Dartford	56.20

CBP

**800m** (a) **Final**

No.	Name	Club	Perf
1	G 46 Stuart Waterman (M45)	Dartford	2:07.97
2	S 39 Stuart McNally (M45)	Dartford	2:08.57
3	B 32 Darren Wright (M45)	Med and Maid	2:10.09

**1500m** (b) **Final**

No.	Name	Club	Perf
1	G 56 Anthony Webb (M45)	Med and Maid	4:24.64
2	S 46 Stuart Waterman (M45)	Dartford	4:30.39
	37 Shane Whiten	Med and Maid	dnf

**5000m** (a) **Final**

No.	Name	Club	Perf
1	G 56 Anthony Webb (M45)	Med and Maid	15:49.00

Javelin		(b)		Final	
No.		Name	Club		Perf
1	-	37	Shane Whiten	Med and Maid	20.15

20.15, 18.48, 18.93, 13.76, 17.63, 15.66

### M50

100m		(b)		Final		w/s+0.0
No.		Name	Club		Perf	
1	G	9	Mark McAllister	Tonbridge	12.38	
2	S	12	Wilford Floyd Wilks (M55)	Tonbridge	12.66	
3	B	13	Stephen Daly	Tonbridge	13.16	
4		11	Gary Walsh (M55)	Sevenoaks	15.75	

200m		(a)		Final		w/s+0.9
No.		Name	Club		Perf	
1	G	9	Mark McAllister	Tonbridge	25.10	
2	S	12	Wilford Floyd Wilks (M55)	Tonbridge	25.56	
3	B	13	Stephen Daly	Tonbridge	26.28	

400m		(b)		Final		
No.		Name	Club		Perf	
1	G	9	Mark McAllister	Tonbridge	58.44	
2	S	11	Gary Walsh (M55)	Sevenoaks	71.54	

800m		(a)		Final		
No.		Name	Club		Perf	
1	G	48	Nicholas Arnott	Tonbridge	2:24.69	
2	S	11	Gary Walsh (M55)	Sevenoaks	2:41.80	

1500m		(b)		Final		
No.		Name	Club		Perf	
1	G	48	Nicholas Arnott	Tonbridge	4:43.64	
2	S	58	Stephen Starvis	Striders of Croy	5:06.71	
3	B	57	Alun Rodgers (M55)	Med and Maid	5:08.49	

5000m		(a)		Final		
No.		Name	Club		Perf	
1	G	65	Richard Tomlinson (M55)	Med and Maid	17:35.19	
2	S	57	Alun Rodgers (M55)	Med and Maid	18:22.14	

100m Hurdles		(a)		Final		w/s+1.5
No.		Name	Club		Perf	
1	G	69	Peter Davey	Ashford	14.99	
2	S	12	Wilford Floyd Wilks (M55)	Tonbridge	16.67	

CBP

2000m Walk		(b)		Final		
No.		Name	Club		Perf	
1	G	71	Matthew Ellerton	Black & Brom	11:55.46	

Shot		(b)		Final		
No.		Name	Club		Perf	
1	G	91	Graham Holder	Bexley	11.55	
2	S	9	Mark McAllister	Tonbridge	10.65	
3	B	90	Mark Jessup (M55)	Tonbridge	10.29	
4		10	Leo-Kennedy Azodoh (M55)	Bexley	8.97	
5		89	Stephen Talbot (M55)	Dartford	7.92	
6		11	Gary Walsh (M55)	Sevenoaks	6.74	

10.42, 11.12, 11.26, 11.41, 11.55, 11.17  
 10.37, 10.31, 9.90, 10.22, x, 10.65  
 9.64, 10.29, 9.78, 9.63, 9.90, 9.57  
 8.64, 8.97, 8.34, 8.68, 8.02, 8.62  
 6.97, 7.54, 7.86, 7.56, 7.81, 7.92  
 6.12, 5.36, 6.74, 5.59, 6.62, 5.68

Discus		(b)		Final		
No.		Name	Club		Perf	
1	G	91	Graham Holder	Bexley	38.94	
2	S	89	Stephen Talbot (M55)	Dartford	30.03	

x, 34.98, 34.56, 38.00, 38.94, 37.36  
 26.25, 28.71, 25.24, 30.03, 28.02, 29.09

Hammer		(b)		Final		
No.		Name	Club		Perf	
1	G	91	Graham Holder	Bexley	53.93	
2	S	89	Stephen Talbot (M55)	Dartford	33.53	

51.03, x, 52.79, 53.35, x, 53.93  
 x, x, 33.53, 32.16, x, 33.20

Javelin		(b)		Final	
		No.	Name	Club	Perf
1	G	9	Mark McAllister	Tonbridge	33.52
2	S	90	Mark Jessup (M55)	Tonbridge	32.41

33.10, x, x, 33.52, 32.60, 32.24  
x, 29.12, 32.41, x, x, 32.05

## M60

100m		(b)		Final		w/s-1.0
		No.	Name	Club	Perf	
1	G	103	Paris Hunt	Cambridge H	13.79	
2	S	20	Mark Woods	Paddock W	13.80	
3	B	19	Colin Bates	Dartford	14.15	
4		17	Robert Knight	Veterans AC	14.43	
5		21	Antony Fullbrook	Tonbridge	14.80	

200m		(a)		Final		w/s+1.0
		No.	Name	Club	Perf	
1	G	20	Mark Woods	Paddock W	27.67	
2	S	19	Colin Bates	Dartford	27.95	
3	B	34	Mark Kybert	Dartford	29.21	

400m		(b)		Final		Perf
		No.	Name	Club	Perf	
1	G	19	Colin Bates	Dartford	61.60	
2	S	103	Paris Hunt	Cambridge H	65.97	
3	B	34	Mark Kybert	Dartford	68.87	
4	-	41	Ian Mackett	Ashford	87.42	

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800m		(a)		Final		Perf
		No.	Name	Club	Perf	
1	G	34	Mark Kybert	Dartford	2:29.86	
2	S	50	Philip Coleman	Tonbridge	2:30.46	
3	B	51	Don Lawless	Med and Maid	2:45.46	

1500m		(b)		Final		Perf
		No.	Name	Club	Perf	
1	G	59	Peter Johnson	Striders of Croy	5:16.81	
2	S	34	Mark Kybert	Dartford	5:25.79	
3	B	21	Antony Fullbrook	Tonbridge	5:26.93	
4		51	Don Lawless	Med and Maid	5:40.02	

5000m		(a)		Final		Perf
		No.	Name	Club	Perf	
1	G	59	Peter Johnson	Striders of Croy	19:29.49	
2	S	51	Don Lawless	Med and Maid	20:48.48	

2000m Walk		(b)		Final		Perf
		No.	Name	Club	Perf	
1	G	72	Mark Ashby	Cambridge H	11:36.00	

Shot		(b)		Final		Perf
		No.	Name	Club	Perf	
1		94	Nick Barton (M65) (G)	SLH	11.19	
2	G	93	Peter Wishart	Cambridge H	10.54	
3		95	Kevin Baker (G)	Brighton & Hove	10.43	
4	S	92	Andrew Rushbrook	Bexley	9.99	
5	B	77	Gary Capon	Dartford	8.53	

10.84, 11.15, 11.04, 11.19, 11.15, x  
10.03, 10.54, 10.44, 10.14, x, 10.11  
9.81, 10.43, 10.33, x, 9.85, x  
9.83, 9.22, 9.58, 9.32, 9.58, 9.99  
8.42, 8.53, 8.27, 8.33, 8.35, x

Discus		(b)		Final		Perf
		No.	Name	Club	Perf	
1		101	Christopher Privett (G)	Belgrave	41.75	
2		94	Nick Barton (M65) (G)	SLH	39.06	
3		95	Kevin Baker (G)	Brighton & Hove	36.45	
4	G	92	Andrew Rushbrook	Bexley	35.45	
5	S	93	Peter Wishart	Cambridge H	35.35	
6	B	103	Paris Hunt	Cambridge H	33.31	

37.03, 39.07, x, x, 39.59, 41.75  
37.47, 38.21, 39.02, 39.06, 38.70, 37.32  
x, 29.46, 36.45, x, 34.90, 36.05  
31.39, 35.45, 34.79, 30.71, x, 32.20  
35.35, 35.19, x, x, x, 33.77  
, 31.20, 32.02, 33.31, 30.32

<b>Hammer</b>		(b)		<b>Final</b>	
	No.	Name	Club		Perf
1		101	Christopher Privett (G)	Belgrave	40.59
2		94	Nick Barton (M65) (G)	SLH	39.85
3	G	92	Andrew Rushbrook	Bexley	35.21
4	S	93	Peter Wishart	Cambridge H	27.75
5	B	103	Paris Hunt	Cambridge H	27.02

x, 35.78, x, 40.59, 39.73, x  
 38.13, 36.03, x, 35.91, 39.22, 39.85  
 35.21, 34.93, 30.96, x, x, x  
 23.92, 25.64, 27.75, 26.63, 25.34, 26.62  
 25.61, 25.38, 24.42, 24.69, 27.02, 26.53

<b>Javelin</b>		(b)		<b>Final</b>	
	No.	Name	Club		Perf
1		95	Kevin Baker (G)	Brighton & Hove	35.59
2	G	103	Paris Hunt	Cambridge H	33.32
3	S	108	Christopher Hobbs (M65)	Ashford	30.69
4	B	107	Leslie Fernandez (M65)	Dartford	28.77

34.80, x, 35.05, 35.59, 34.43, 33.42  
 32.85, 31.90, 31.53, 31.93, 33.32, 32.69  
 27.88, 29.26, 28.81, 28.05, 30.69, 27.31  
 28.64, 27.71, 25.21, 26.08, 26.80, 28.77

## M70

<b>100m</b>		(b)		<b>Final</b>		w/s-1.0
	No.	Name	Club		Perf	
1	G	23	Timothy Carter	Cambridge H	14.99	

<b>200m</b>		(a)		<b>Final</b>		w/s+1.0
	No.	Name	Club		Perf	
1	G	23	Timothy Carter	Cambridge H	30.31	
2	S	35	Geoffrey Kitchener	Sevenoaks	34.44	

<b>400m</b>		(b)		<b>Final</b>		
	No.	Name	Club		Perf	
1	G	23	Timothy Carter	Cambridge H	69.26	

<b>800m</b>		(a)		<b>Final</b>		
	No.	Name	Club		Perf	
1	G	52	John Tolhurst	Paddock W	3:08.15	

<b>1500m</b>		(b)		<b>Final</b>		
	No.	Name	Club		Perf	
1	-	60	Robert Coombes	Dartford	8:01.73	

<b>5000m</b>		(a)		<b>Final</b>		
	No.	Name	Club		Perf	
1	G	52	John Tolhurst	Paddock W	22:27.63	

CBP

<b>80m Hurdles</b>		(a)		<b>Final</b>		w/s+0.8
	No.	Name	Club		Perf	
1	G	70	Robert Sibley	Med and Maid	15.16	

<b>Shot</b>		(b)		<b>Final</b>		
	No.	Name	Club		Perf	
1	G	96	Peter Hawney	Bexley	9.22	

9.03, 9.02, 9.16, 9.22, 9.10, 9.07

<b>Discus</b>		(b)		<b>Final</b>		
	No.	Name	Club		Perf	
1	G	96	Peter Hawney	Bexley	25.63	

24.82, 25.52, 24.65, x, 25.63, 24.73

<b>Hammer</b>		(b)		<b>Final</b>		
	No.	Name	Club		Perf	
1	G	96	Peter Hawney	Bexley	27.76	

27.54, 24.84, 25.64, x, x, 27.76

## M80

<b>100m</b>		(b)		<b>Final</b>		w/s-1.0
	No.	Name	Club		Perf	
1	G	24	Anthony Garrett	Bexley	20.26	

<b>200m</b>		(a)		<b>Final</b>		w/s+1.5
	No.	Name	Club		Perf	
1	G	24	Anthony Garrett	Bexley	41.10	

CBP

**W35**

		(b)		<b>Final</b>		w/s+1.4
		No.	Name	Club		Perf
1	G	25	Hannah Carson	Dartford		13.80

		(b)		<b>Final</b>		
		No.	Name	Club		Perf
1	G	42	Kathryn Sutton	Dartford		58.02

CBP

		(a)		<b>Final</b>		
		No.	Name	Club		Perf
1	G	66	Harriet Woolley	Tonbridge		20:01.06

		(b)		<b>Final</b>		
		No.	Name	Club		Perf
1	G	73	Stephanie Rose Dann	Cambridge H		13:07.38

		(a)		<b>Final</b>		
		No.	Name	Club		Perf
1	-	97	Rebecca Miah	Dartford		18.38

18.38, 18.07, 17.65, x, x, 17.15

		(a)		<b>Final</b>		
		No.	Name	Club		Perf
1	G	104	Catherine Rodwell	Med and Maid		25.89
2	-	97	Rebecca Miah	Dartford		22.48

x, x, 25.89, x, 20.47, x

18.39, 18.93, 21.03, 22.48, x, x

**W40**

		(b)		<b>Final</b>		w/s+1.4
		No.	Name	Club		Perf
1	G	27	Karolina Mykietyn	Central Park Ath		14.12
2	S	26	Sarah Westrap (W45)	Tonbridge		14.50

		(a)		<b>Final</b>		w/s+1.5
		No.	Name	Club		Perf
1	G	27	Karolina Mykietyn	Central Park Ath		29.07
2	S	26	Sarah Westrap (W45)	Tonbridge		30.34
3	B	36	Jane Crawley (W45)	Dartford		31.98

		(b)		<b>Final</b>		
		No.	Name	Club		Perf
1	G	43	Rebecca Pickard (W45)	Sevenoaks		67.64
2	S	36	Jane Crawley (W45)	Dartford		71.93

		(a)		<b>Final</b>		
		No.	Name	Club		Perf
1	G	54	Chloe Hammond	Med and Maid		2:33.11
2	S	43	Rebecca Pickard (W45)	Sevenoaks		2:34.51
3	B	36	Jane Crawley (W45)	Dartford		2:46.47

		(b)		<b>Final</b>		
		No.	Name	Club		Perf
1	G	54	Chloe Hammond	Med and Maid		5:17.63

		(a)		<b>Final</b>		w/s+0.8
		No.	Name	Club		Perf
1	G	26	Sarah Westrap (W45)	Tonbridge		15.40

		(b)		<b>Final</b>		
		No.	Name	Club		Perf
1	G	74	Selina Hawker (W45)	Tonbridge		14:05.76

		(a)		<b>Final</b>		
		No.	Name	Club		Perf
1	G	98	Natalie Mann	Cambridge H		7.94

7.50, 7.45, 6.39, 7.94, 6.49, 6.68

		(a)		<b>Final</b>		
		No.	Name	Club		Perf
1	G	98	Natalie Mann	Cambridge H		24.59

x, 20.28, x, 23.40, 24.59, 22.56

<b>Hammer</b>		(a)		<b>Final</b>	
		No.	Name	Club	Perf
1	G	98	Natalie Mann	Cambridge H	32.84
2	S	105	Stacy Taylor	Dartford	27.88
3	B	68	Elizabeth Bignell (W45)	Paddock W	22.44

30.26, 32.84, x, x, 29.82, 30.14  
x, 27.88, 27.69, 27.67, x, x  
20.79, 22.28, 22.44, 22.13, x, x

<b>Javelin</b>		(a)		<b>Final</b>	
		No.	Name	Club	Perf
1	G	68	Elizabeth Bignell (W45)	Paddock W	21.57
2	S	98	Natalie Mann	Cambridge H	21.54

21.57, 21.52, x, x, 19.97, 21.53  
21.54, 19.15, 20.89, 20.88, 20.07, 21.04

### W50

<b>100m</b>		(b)		<b>Final</b>		
		No.	Name	Club	Perf	w/s+1.4
1	G	31	Diane Wright (W55)	Tonbridge	14.25	
2	S	28	Kate Maryon	Paddock W	15.09	
3	B	29	Bernadette Harrop	Med and Maid	15.30	
		30	Patience Agbabi (W55)	Dartford	DNF	

CBP

<b>200m</b>		(a)		<b>Final</b>		
		No.	Name	Club	Perf	w/s+1.5
1	G	31	Diane Wright (W55)	Tonbridge	29.30	
2	S	28	Kate Maryon	Paddock W	31.30	
3	B	29	Bernadette Harrop	Med and Maid	31.58	

CBP

<b>400m</b>		(b)		<b>Final</b>	
		No.	Name	Club	Perf
1	G	29	Bernadette Harrop	Med and Maid	73.09

<b>1500m</b>		(b)		<b>Final</b>	
		No.	Name	Club	Perf
1	G	61	Olwen Cockell	Swale	5:42.58

<b>5000m</b>		(a)		<b>Final</b>	
		No.	Name	Club	Perf
1	G	61	Olwen Cockell	Swale	20:19.76
2	S	67	Caroline Curtis (W55)	Folkestone R AC	22:28.35

<b>Discus</b>		(a)		<b>Final</b>	
		No.	Name	Club	Perf
1	G	102	Sam Ansell	Bexley	18.40

18.40, 18.14, 18.02, 17.35, 17.65, 18.40

### W60

<b>800m</b>		(a)		<b>Final</b>	
		No.	Name	Club	Perf
1	G	55	Rose Baker	Cambridge H	3:08.85

<b>5000m</b>		(a)		<b>Final</b>	
		No.	Name	Club	Perf
1	G	55	Rose Baker	Cambridge H	21:48.84

<b>2000m Walk</b>		(b)		<b>Final</b>	
		No.	Name	Club	Perf
1	G	75	Lesley Hall (W65)	Ashford	14:36.38

<b>Shot</b>		(a)		<b>Final</b>	
		No.	Name	Club	Perf
1	G	99	Teresa Hinton	Paddock W	7.55
2	S	79	Christine Pates	Bexley	6.86
3	B	88	Liz Slater (W65)	Bexley	6.23

7.23, 7.55, 7.47, 7.23, 6.95, 6.82  
6.50, 6.66, 6.32, 6.75, 6.86, 6.63  
5.92, 6.02, 6.23, 6.19, 5.88, 5.47

<b>Discus</b>		(a)		<b>Final</b>	
		No.	Name	Club	Perf
1	G	79	Christine Pates	Bexley	15.66
2	S	88	Liz Slater (W65)	Bexley	13.67

15.41, 15.66, 14.58, x, 14.61, 13.51  
10.29, 13.67, x, 12.79, x, 12.69

<b>Hammer</b>		<b>(a)</b>		<b>Final</b>	
		No.	Name	Club	Perf
1	G	99	Teresa Hinton	Paddock W	22.42
2	S	88	Liz Slater (W65)	Bexley	19.18
3	B	106	Christine Lynch (W65)	Swale	18.49

21.14, 20.34, 22.23, x, 22.42, x  
 17.33, 19.18, 19.13, 18.85, x, x  
 16.36, x, 16.39, 17.51, 17.02, 18.49

<b>Javelin</b>		<b>(a)</b>		<b>Final</b>	
		No.	Name	Club	Perf
1	G	106	Christine Lynch (W65)	Swale	16.86
2	S	79	Christine Pates	Bexley	15.47
3	-	99	Teresa Hinton	Paddock W	13.68

15.90, 16.47, 16.86, 15.85, 15.88, 16.54  
 x, 14.26, 15.42, 15.47, 14.32, 14.28  
 11.42, 12.71, 13.34, 13.06, 12.12, 13.68