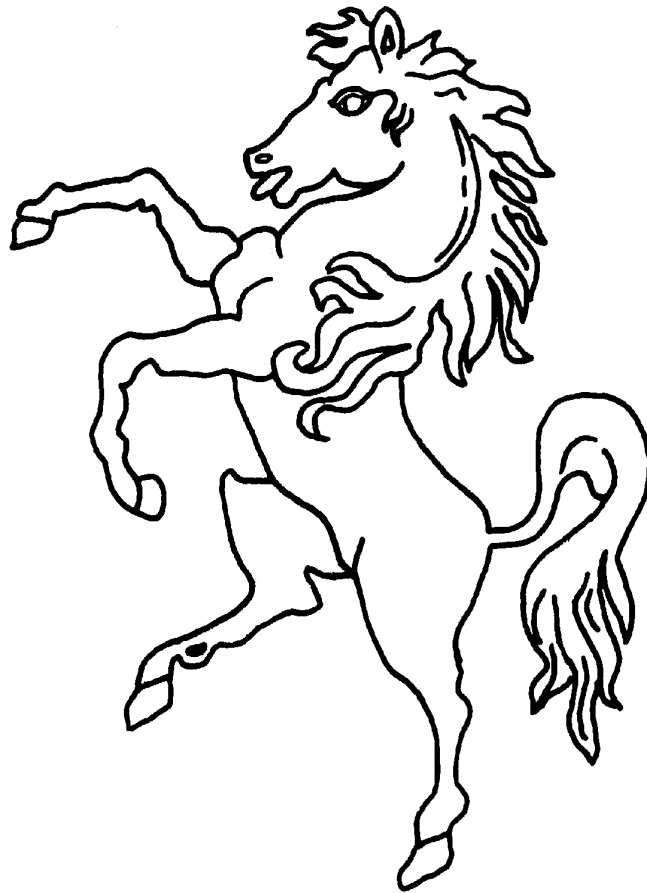


**KENT COUNTY ATHLETIC ASSOCIATION
MAIN CHAMPIONSHIPS**



(UNDER UKA RULES)

11th – 12th May 2024

Julie Rose Stadium, Ashford

Souvenir Programme

PRESIDENTS WELCOME

I'm pleased to welcome you to the Main Kent County Championships 2024 and to see them return to the Julie Rose Stadium, Ashford this year.

The Julie Rose Stadium is a track that has a lot of memories for me. It's one of the tracks where I started to really feel like a "proper" athlete. Those of you that know me well know that I've been training and racing since I was an under 11, back in 1998. Those people will also know that I wasn't much of a young athlete, as I often trailed in last, but I enjoyed competing, so I stuck at it.

By the time I felt good enough to finally enter the Kent Championships, I was a second year Under 20, in 2008! Over the 10 years between my first race and my first Kent championships I'd been to a lot of different tracks, as far away as Basingstoke (which seemed forever away at the time) but had never raced at Ashford.

I remember arriving at the Julie Rose Stadium in 2008, it being my first championship was scary enough but the spectacle of the track made it even more unnerving. I'd never seen a track with as big of a grandstand, nor an indoor straight behind the seating area. The four long jump pits and pole vault being outside of the eight-lane track, made it feel enormous. It made it feel like a real Championship venue, where the big-time athletes would be found.

I warmed up, gave it my best shot and came away with 2 PBs; I was 8th in the 400m final. Sure, I finished last, but I had raced a Championship final, and run a PB at what felt like the biggest venue in the South of England. I was a "proper" athlete at last.

At that time, the Main County Championships was always held at The Julie Rose Stadium and I entered every year after that, to mixed success. For me, this track has always felt like the home of the biggest Athletics event in Kent, the County Championships, it's where I got my first buzz of Championship racing.

As much as I enjoy being at this track, I hope that athletes and officials alike, are excited to see the Championships return to the Julie Rose this year. I'm sure you've all had many great memories here. To the athletes making their first Championship, I hope the venue only adds to your experience and that you have a fantastic weekend.

I'm sure you all share my thanks to all the officials and volunteers that work hard both on the day and behind the scenes to make these Championships as fantastic as they are, thank you to you all!

I look forward to seeing you all at the medals podium. Good Luck to you all!

Andrew Scoones

KCAA President 2024

KCAA president Kent County Athletics Association

Thanks

On behalf of KCAA I would like to acknowledge the support from the Track & Field Committee (remember all of whom are volunteers) took on the big task of making today work. Thanks also to all Technical Officials & other volunteers who enable these championships to take place by giving up their time, skills & effort. We also acknowledge the time and effort spent by Justiming and Team 500 who make such a valuable contribution to the smooth running of these Championships.

David Ralph
Chair Kent County Athletics Association
chairman@kcaa.org.uk

WARM UP ARRANGEMENTS

- The Indoor Area will be available for warm up. You are asked to access it by the doors rear of the stands and not via the Registration and Results Area. You are asked to keep it clean tidy.

The maximum length of spikes that may be used in all track and field events must be 6mm, with the exception of High Jump and Javelin where maximum 9mm spikes may be used for safety in wet weather conditions.

GENERAL INFORMATION ATHLETE REGISTRATION

Athletes must register & collect their numbers from the registration desk as signposted not more than 1.5 hours before, but by at least 1 hour before the start (or warm up) time for your events. For the Track & Field you must then report to the start area at least 15 minutes before your event, or warm up time. If appropriate finals will be run at heats or second round time. If you wish to withdraw from an event prior to competing, please let the athlete registration team know. You must be wearing a club or school vest & the bib numbers issued back & front on the Track & on the front only in Field events.

FIRST AID First Aid is being provided by EMATS Event Medical and Training Services Group.

MEDALS Medals will be awarded to the first 3 placed athletes in each event and will be presented at the presentation area. For Field events winners they will be taken directly there after their event. For track, as soon as the result is announced please make your way to the presentation area. Athletes must collect, or arrange for someone else to, KCAA does not deliver to those who do not collect them. Trophies will again be issued this year. If you have any questions please contact trophies@kcaa.org.uk

PERSONAL IMPLEMENTS If you wish to use personal implements they must be taken to the Technical Team in the equipment room, which is located near the 100m start line, at least an 90 minutes before your event (or warm up) is due to take place.

As Start Information System is in use; all athletes in sprint starts for races up to 400m (unless exempt) **all** athletes must use stadium blocks under UKA competition rules.

PHOTOGRAPHY POLICY KCAA does not require camera users to register the use their cameras as the prolific use of personal tablets & smartphones make this impractical to police. Should one of these photographs appear on a club website or in social media you need to contact them direct should you wish it removed. At some meetings we have press reporters and official championship photographers from whom you can purchase photographs of athletes in competition. Those photographers are easily identified wearing brightly coloured bibs. Also within the competition and medal presentation areas people authorized by KCAA may take photos for publicity & promotional purposes, especially for our Website or Facebook page. When entering these areas you need to be aware that it is assumed that you are giving permission for such photographs to be taken. Should a photo appear on our Website or Facebook page which you would like removed; please contact the track & field committee secretary on trackandfield@kcaa.org.uk.

QUALIFYING FOR NEXT ROUND Track results & seeding for next round will be published electronically at <https://justiming.co.uk/liveresults/liveresults.html?meeting=directory> To access them you will need to have a device with mobile data. If after qualifying for a second round or final, you have need to withdraw you **MUST** inform the Referee for that event. You will be allowed to withdraw but you will not be allowed to compete again during the course of the 2 days.

RESULTS Field results will be given to athletes before they leave the competition area. Track results will be published electronically at <https://justiming.co.uk/liveresults/liveresults.html?meeting=directory> to access them you will need to have device with mobile data. Full results are published on the KCAA website early next week and be submitted to Powerof10

TEAM SELECTORS Details of the KCAA county team selection policy, travel policy & dates of Inter-county matches can be found on the County Teams page of the KCAA website at <http://www.kcaa.org.uk/county%20teams.htm>.

The Under 17 & Under 15 Intercounties T&F is to be held at Horspath, Oxford, Sun 8th September 2024. The Lead Selector is Darrell Smith. The Selection criteria:- First 2 (eligible) athletes at the Kent Champs in events actually on the Timetable of the Southern Intercounties (tba). Must have achieved a Pb Awards level 7 or better prior the Southern Counties Entry date (tba)

The Senior and Under 20 Intercounties is to be held at Horspath Oxford, Sat 7th September 2024. The Selection Policy will be published on the KAA website. The Lead Selector is Alex Pope.

Kate from Podplus will be at the Championships for the purchase of Kent Kit as well as other athletics clothing etc.

A number of masseurs will be available at the stadium for athlete massages. Appointments can be booked in the Podplus Sports Shop beneath the Colin Jackson Suite.

FINALLY THESE CHAMPIONSHIPS DO NOT RUN THEMSELVES.... KCAA is an association of registered clubs within the historic county of Kent and is run entirely by volunteers; without whom athletes would not be trained & competition events would not take place. We are managed by an Executive committee & various event committees who organise and run our yearly programme of events along with our Coaches, Technical Officials & Volunteer helpers. Without more volunteers we will need to reduce what we do and please would you consider if you could help; If you think you may be interested email our Secretary on secretary@kcaa.org.uk who will be able to provide you more information.

AWARDS NOMINATIONS AND DINNER

The Annual President Awards Dinner will again be held on Friday 8th November 2024 at The Weald Of Kent Golf Club, Maidstone Road, Headcorn, Ashford, Kent, TN27 9PT. The application and nomination form is available from <http://www.kcaa.org.uk/social>.

KCAA 2024 CHAMPIONSHIPS & VENUES

Full details & entry information can be found on the KCAA website www.kcaa.org.uk & event details & reminders are published via the "Kent county athletic association" Facebook page.

10K & 3K Track Championships	26th June 2024	Central Park, Dartford
U13 Pentathlon	26th August 2024	Tonbridge School
Masters Jumps & Relay Championships	8th September 2024	Norman Park, Bromley
Combined Events, Masters Track & Throws & U13 Championships	14th & 15th September 2024	Medway Park, Gillingham

KCAA AWARDS CHAMPIONSHIPS

K.C.W.A.A. DONALD FYSON AND ROGER FYSON TROPHIES 1946 & 1964

These trophies are awarded for the Women's individual performance at these Championships.

TRACK TROPHY

2020	No Championship	
2021	A. Davies	Black & Brom H AC
2022	E. Turner	Med & Maid AC
2023	H. Hooper	Cambridge H

FIELD TROPHY

2020	No Championship	
2021	D. Martin	Ashford AC
2022	L. Farley	Black & Brom H AC
2023	L. Farley	Black & Brom H AC

LEONARD ARMSTRONG TROPHY

Awarded by the referee for the best Individual U15 Girl performance at the Championships

2020	No Championship	
2021	R. Akinsanya	Med & Maid AC
2022	Q. Ukpai	Black & Brom H AC
2023	E. Cadman	Cambridge H

GEORGE STRATFORD MEMORIAL TROPHY

Awarded by the referee for the best Hurdles performance at the championships

2020	No Championship	
2021	A. Davies	Black & Brom H AC
2022	E. Lacey	Tonbridge AC
2023	D. Snell	Black & Brom H AC

Championship Minimum Takeoff & Heights

as published on the Track and Field Website page

High Jump	SM	U20M	U17M	U15B	SW	U20W	U17W	U15G
minimum starting height	1.50m	1.50m	1.40m	1.25m	1.35m	1.35m	1.30m	1.20m

Progression will be in accordance with UKA Rules for Competition

Pole Vault	SM	U20M	U17M	U15B	SW	U20W	U17W	U15G
minimum starting height	2.00m*	2.00m*	1.85m**	1.70m**	1.85m**	1.85m**	1.70m**	1.55m**

* Progression will be 15cm to a height of 2.60m and then 10cm until 3 athletes in the competing age remain and then 5cm on request

** Progression will be 15cm to a height of 2.00m and then 10cm until 3 athletes in the competing age remain and then 5cm on request

Triple Jump	SM	U20M	U17M	U15B	SW	U20W	U17W	U15G
minimum take off board	9m	9m	7m	7m	7m	7m	7m	7m

**Kent County Athletic Association Track and Field Championships
Julie Roe Stadium, Ashford 11th and 12th May 2024**

Meeting Managers	David Ralph, Barry Dorrity	Barry Dorrity
Chief Starter	Sat: Gurpreet Jandu	Sun: Gurpreet Jandu
Starters	Sat: Teresa Hinton , David Winfield, John Freeman	Sun: Lyndsey Whitlock , David Winfield , John Freeman
Chief Starters Assistant	Sat: Phil Pape	Sun: Sara Fletcher
Starters Assistants	Sat: Mahesh Sankla, Jan Clifford, Lyndsey Whitlock, Claire Capon	Sun: Phil Pape, Sian Thomas, David Ralph
Track Referee	Sat: Martin Pickering	Sun: David Walach
Track Judges (Sat)	Julie Roe (CJ), Claire Brown, Annette Hope , Neville Hope , James Adams , Dawn Hookway, Lewis Makey, Hilary Morgan, Pamela Venning, Gill Freeman	
Track Judges (Sun)	Gill Freeman (CJ), Sarah Regan, Laura Stephens, Dawn Hookway, Laura Moisan, Hilary Morgan, Pamela Venning, Jan Clifford, Julie Roe , Zarina Camal, Martin Pickering	
Race Walk Judges	Sun: Noel Carmody (Chief), Christopher Hobbs, Mark Culshaw, Shaun Lightman, Elizabeth Benson, Simon Benson	
Photofinish (Sat)	Sat: Luke Smallwood (Chief), Dave Walach	Sun: Maureen Fletcher (Chief), Luke Smallwood
Timekeepers (Sat)	Miriam Dorrity (Chief), John Sanders, Barry Ferguson, Stephen Hollingdale, Emily Beet	
Timekeepers (Sun)	Miriam Dorrity (Chief), John Sanders, Barry Ferguson	
Field Referees	Sat: Sally Emm, Dick Sharp	Sun: Tony Fullbrook, Dick Sharp
Technical Manager	Sat: John Askew	Sun: John Askew
Clerk of Course	Sat: Amanda Edgely-Pearce, Tim Williams, Josh Masters	Sun: Frank Czarnowski, Marion Osborn, Lewis Makey
Field Judges (Sat)	Liz Parsons, Lesley Hall, Stacy Taylor, Steve Hall, Chloe Williams, Simon Benson, Stuart Earl, Marion Osborn, Sian Thomas, Elizabeth Benson, Ashley Pearson, Gary Capon, Vicki Curling, Wendy Masters, Bob Hammond, Chris Hogwood, Chris Head-Rapson, Mike Botha, Ken Burkett, John Paton, Simon Jackson, James Floyd, Nia Thomas	
Field Judges (Sun)	Ken Burkett, Lesley Hall, Stacy Taylor, Steve Hall, Liz Parsons, Tim Williams, Claire Capon, Rob Turner, Chloe Williams, Elizabeth Benson, Ashley Pearson, Amanda Edgely-Pearc , Gary Capon, Bob Hammond, Emily Griffiths, Phil Coleman, Chris Head-Rapson, Mike Botha, Sally Emm, Paul Hatfield, Nia Thomas, Kassim Evans	
Non Technical Officials		
Track Assistants	Sat: Team 500	Sun: Team 500
Presentations	Andrew Scoones (President), Lee Capon	
Athlete Registration	Diane Capon	
Recorders	Brian Charlton, Gloria Clements	
Announcers	Richard Mann	
Photofinish Technician	Luke Smallwood	
KCAA Team Selection:	Refer to KCAA.org.uk website	

KENT COUNTY ATHLETIC ASSOCIATION
2024 TRACK and FIELD Championships
Julie Rose Stadium, Ashford May 11th & 14th 2024

SATURDAY PROGRAMME OF EVENTS

TRACK

FIELD

					Entries						Entries
T1	10.00	400mH	U20W	Final	7	F1	10.00	SP	SM	4	
T2	10.05	400mH	SW	Final	3	F2	10.00	LJ	U17M	9	
T3	10.15	300mH	U17W	2 Heats	9	F3	10.00	HT	U17W	3	
T4	10.25	300m	U15B	2 Heats	15	F4	10.00	HT	U15G	4	
T5	10.35	1500m	SM	Final	15	F5	10.15	HJ	SW	4	
T6	10.45	1500m	U20M	Final	7	F6	10.15	HJ	U20W	4	
T7	10.50	1500m	U17M	Final	16	F7	10.15	HJ	U17M	6	
T8	11.05	800m	U15B	3 Heats	24	F8	10.30	PV	SM	4	
T9	11.20	800m	U15G	3 Heats	25	F9	10.30	PV	U20M	3	
T10	11.35	800m	U17W	3 Heats	19	F10	11.10	HT	SM	5	
T11	11.50	800m	U20W	2 Heats	11	F11	11.10	HT	U20M	1	
T12	12.05	300mH	U17W	Final		F12	11.20	LJ	U15B	11	
T13	12.15	300m	U15B	Final		F13	11.20	SP	U17W	4	
T14	12.25	400m	SM	2 Heats	12	F14	11.20	SP	U15G	11	
T15	12.35	400m	U20M	2 Heats	9	F15	12.05	DT	U17W	5	
T16	12.45	400m	U17M	2 Heats	13	F16	12.05	DT	U15G	10	
T17	1.00	5000m	SM/SW	Final	6/5	F17	12.30	HJ	U15B	12	
T18	1.30	75mH	U15G	2 Heats	11	F18	1.00	LJ	SW	7	
T19	1.40	80mH	U15B	2 Heats	13	F19	1.00	LJ	U20W	5	
T20	1.50	100mH	U17M	2 Heats	9	F20	2.00	DT	SM	5	
T21	2.00	110mH	U20M	Final	2	F21	2.00	DT	U20M	1	
T22	2.00	110mH	SM	Final	2	F22	2.50	TJ	U17M	3	
T23	2.10	100m	U15B	2 Heats	14	F23	2.50	TJ	U15B	6	
T24	2.20	100m	U17M	3 Heats	18	F24	2.55	JT	SW	6	
T25	2.35	100m	U20M	2 Heats	10	F25	2.55	JT	U20W	5	
T26	2.45	100m	SM	3 Heats	18	F26	3.00	PV	U17W	1	
T27	3.00	800m	SW	Final	6	F27	3.00	PV	U15G	4	
T28	3.05	800m	U20W	Final		F28	3.30	TJ	SW	5	
T29	3.10	800m	U17W	Final		F29	3.30	TJ	U20W	2	
T30	3.20	75mH	U15G	Final		F30	4.15	JT	U17M	6	
T31	3.30	80mH	U15B	Final		F31	4.15	JT	U15B	14	
T32	3.40	100mH	U17M	Final							
T33	3.50	200m	U15G	3 Heats	24						
T34	4.05	200m	U17W	3 Heats	18						
T35	4.20	200m	U20W	Final	8						
T36	4.25	200m	SW	2 Heats	13						
T37	4.40	100m	U15B	Final							
T38	4.45	100m	U17M	Final							
T39	4.50	100m	U20M	Final							
T40	4.55	100m	SM	Final							
T41	5.05	1500mSC	SW/U20W/U17W	Final	2/1/1						
T42	5.20	400m	SM	Final							
T43	5.25	400m	U20M	Final							
T44	5.30	400m	U17M	Final							
T45	5.40	200m	U15G	Final							
T46	5.45	200m	U17W	Final							
T47	5.55	200m	SW	Final							

Numbers must be worn back and front in all events except jump events, and are to be retained and used each day.

If you are competing in a TRACK event you MUST report to Track Registration at least 1 hour before the scheduled start of each track event, and MUST report to the Marksman 15 minutes before the event.

For TRACK events, if insufficient athletes report for the heats the Final will be run at the heat time. Similarly if the number of heats does not warrant a second round the Final will be run at time of the second round.

Club (school) colours MUST be worn, or clothing acceptable under UKA Rule T5.

If, after qualifying for a second round or Final, you have need to withdraw, you MUST inform the referee for that event. You will be allowed to withdraw but will not be allowed to compete again during the course of the 2 days. So if you withdraw on the Saturday you cannot compete on the Sunday.

Athletes competing in FIELD events MUST report directly to that event 15 minutes before the event is due to start and MUST be alert to any announcements regarding their event

In the throws and horizontal jumps each competitor will be allowed THREE trials. Competitors as qualified under Rule T25 S2 will be allowed THREE further trials and compete in reverse ranking order determined from the first 3 rounds.

Competitors and Coaches should be aware of the rules regarding ASSISTANCE; UKA rule T6

Unsporting or improper behaviour during competition or to officials shall render the athlete liable to disqualification by the Referee from partition in all further events

The maximum length of spikes that may be used in all track and field events must be 6mm, with the exception of High Jump and Javelin where maximum 9mm spikes may be used for safety in wet weather conditions.

TRACK EVENTS

Event T1	400 METRES HURDLES UNDER 20 WOMEN			Final	10.00
	CBP: 62.57s K Cosby Black & Brom 2009				
	2023 Jasmine Crossley Dartford Harriers AC 80.69				
407 Keziah Olaleye	Cambridge Harriers	414 Georgina Kyte	Invicta East Kent AC		
411 Neve Bachelor	Tonbridge AC	415 Faith Mpassy	Blackheath & Bromley H AC		
412 Isabelle Bridgeman	Tonbridge AC	416 Tallulah Ndikanwu	Blackheath & Bromley H AC		
413 Jasmine Crossley	Dartford Harriers AC				

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Event T2	400 METRES HURDLES SENIOR WOMEN			Final	10.05
	Mrs G.Tearle Shield				
	CBP: 58.2s J.Pearson Ashford AC 1986 & 1988				
	2023 Zoe Austridge Blackheath & Bromley H AC 65.78				

345 Zoe Austridge	Blackheath & Bromley H AC	349 Holly Platt	Blackheath & Bromley H AC		
348 Rachel Hicks	Medway and Maidstone AC				

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Event T3	300 METRES HURDLES UNDER 17 WOMEN			2 Heats	10.15
	P.J.Reed Trophy				
	CBP: 43.91s Emily Newnham Dartford Harriers AC 2019				
	2023 Keziah Olaleye Cambridge Harriers 45.52				

479 Madeleine Dunsmore	Bexley AC	498 Aimee Hagger	Ashford AC		
483 Aimee Price	Bexley AC	499 Beth Regan	Blackheath & Bromley H AC		
495 Gabriella Noyce	Cambridge Harriers	500 Matilda Shilland	Blackheath & Bromley H AC		
496 Araba Taylor	Tonbridge AC	501 Abigail Williams	Blackheath & Bromley H AC		
497 Charlotte Bloodworth	Blackheath & Bromley H AC				

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Event T4	300 METRES UNDER 15 BOYS			2 Heats	10.25
	Tom Gordon Trophy				
	CBP: 36.77 Oliver Briars Blackheath & Bromley H AC 2017				
	2023 Joshua Wellings Cambridge Harriers 38.22				

223 Jake Conyers	White Cliffs Athletics and RC	237 Jake Phillips	Ashford AC		
230 Jonathan Adegbola	Blackheath & Bromley H AC	238 Alikhan Rahimberganov	Dartford Grammar School		
231 Jasper Carroll	Folkestone Running and AC	239 Oscar Sadowski	Blackheath & Bromley H AC		
232 Trejan Checheku-Boamah	Blackheath & Bromley H AC	240 Madalitso Valema-Mwanza	Dartford Harriers AC		
233 Connor Cousins	Medway and Maidstone AC	241 Samuel Voyle	Folkestone Running and AC		
234 Lucas Drake	Bexley AC	242 Jack Warner	Ashford AC		
235 Aathinarth Gananathan	Dartford Harriers AC	243 Harry Wrigley	Tonbridge AC		
236 Freddie Gibson	Medway and Maidstone AC				

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Event T5	1500 METRES SENIOR MEN		Final	10.35	
	J.Metcalf Cup				
	CBP: 3m 45.7s B.Royden Medway AC 1991				
	2023 Jamie Walsh Medway and Maidstone AC 4:07.94				
35	Martin Leat	Cambridge Harriers	43	Chris Loudon	Cambridge Harriers
36	Joseph O'Hara	Bexley AC	44	Teweldebrhan Menges	Medway and Maidstone AC
37	Jamie Walsh	Medway and Maidstone AC	45	Daniel Moulton	Dartford Harriers AC
38	Oliver Weston	Invicta East Kent AC	46	Andrew Pickett	Dartford Harriers AC
39	Sean Barwick	Medway and Maidstone AC	47	Matthew Preston	Cambridge Harriers
40	Cameron Chambers	Tonbridge AC	48	Lucas Taylor-Costin	Dartford Harriers AC
41	Samuel Coombes	Dartford Harriers AC	49	Oliver White	Tonbridge AC
42	Jacques Cunningham-Marsh	Medway and Maidstone AC			
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1..... 2..... 3.....					

Event T6	1500 METRES UNDER 20 MEN		Final	10.45	
	Kentish Express Shield				
	CBP: 3m 52.6s M.Skelton Tonbridge AC 1991				
	2023 Jack Small Ashford AC 4:03.10				
103	Aidan Newton	Cambridge Harriers	109	Alexander Middleton	Blackheath & Bromley H AC
105	Franklin Shepherd	Medway and Maidstone AC	110	David Pougui	Cambridge Harriers
107	Luke Bullen	Bexley AC	111	Alexander Taylor	Bexley AC
108	Harry Fage	Blackheath & Bromley H AC			
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Event T7	1500 METRES UNDER 17 MEN		Final	10.50	
	Kent Evening Post Shield				
	CBP: 4m 0.3s R Farish Blackheath H 1981				
	2023 Samuel Scrase-Field Cambridge Harriers 4:10.12				
157	Oliver Cook	Cambridge Harriers	172	Samuel Jarrett	Central Park Athletics
158	Henry Gibson	Medway and Maidstone AC	173	Connor Lynch	Central Park Athletics
163	Sebastian Sanz-Kozyra	Invicta East Kent AC	174	Alex Martin	Blackheath & Bromley H AC
165	Declan Tighe	Medway and Maidstone AC	175	Alfred Parker	Invicta East Kent AC
168	Nathan Clark	Blackheath & Bromley H AC	176	Arthur Patten	Sevenoaks AC
169	Lucas Elmqvist	Blackheath & Bromley H AC	177	Joseph Scanes	Blackheath & Bromley H AC
170	Joseph Hill	Blackheath & Bromley H AC	178	Samuel Scrase-Field	Cambridge Harriers
171	Aniket Iyengar	Cambridge Harriers	179	Jed Starvis	Blackheath & Bromley H AC
1..... 2..... 3.....					
1..... 2..... 3.....					

Event T8	800 METRES UNDER 15 BOYS	3 Heats	11.05
	Tom Gordon Trophy		
	CBP: 1:59.75 Joseph Scanes Blackheath & Bromley H AC 2023		
	2023 Joseph Scanes Blackheath & Bromley H AC 1:59.75		
228 Chidubem Ugoji	Dartford Harriers AC	249 Andrei Dragulin	Dartford Grammar School
231 Jasper Carroll	Folkestone Running and AC	250 Kian Farrell	Blackheath & Bromley H AC
233 Connor Cousins	Medway and Maidstone AC	251 Steven Galliard	Tonbridge AC
234 Lucas Drake	Bexley AC	252 Senuth Gomes	Bexley AC
240 Madalitso Valema-Mwanza	Dartford Harriers AC	253 Daniel Horgan	Blackheath & Bromley H AC
241 Samuel Voyle	Folkestone Running and AC	254 Liam Hough	Blackheath & Bromley H AC
243 Harry Wrigley	Tonbridge AC	255 Zacchaeus Kelman	Blackheath & Bromley H AC
244 Joel Ampong	Dartford Grammar School	256 Victor Lambov	Ashford AC
245 Oscar Barker	Ashford AC	257 Johnny Lee	Blackheath & Bromley H AC
246 Jack Barlow	Blackheath & Bromley H AC	258 Austin Richards	Cambridge Harriers
247 Matias Caceres	Blackheath & Bromley H AC	259 Matthew Tootell	Blackheath & Bromley H AC
248 Dylan Davidson-Daniel	Ashford AC	260 Daniel Whitehouse	Cambridge Harriers
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1.....	2.....	3.....	

Event T9	800 METRES UNDER 15 GIRLS	3 Heats	11.20
	Major A.W.Kinally Cup		
	CBP: 2m 10.8s E.Langston Folkestone 1986		
	2023 Luciana Smith Blackheath & Bromley H AC 2:18.98		
547 Celia Allen	Cambridge Harriers	572 Isabel Brand	Cambridge Harriers
556 Olivia Baker	Medway and Maidstone AC	573 Freya Dinwiddy	Blackheath & Bromley H AC
557 Kara Bryan	Blackheath & Bromley H AC	574 Alice Hales	Kent AC
559 Evie Fish	Bexley AC	575 Purdey Hutchings	Tonbridge AC
560 Alba Homans-Yau	Blackheath & Bromley H AC	576 Matilda Moisan	Medway and Maidstone AC
561 Ariana Jenner-Heard	Blackheath & Bromley H AC	577 Isla Murray	Holland Sports AC
562 Amily Morgan	Dartford Harriers AC	578 Shevia Ryan	Dartford Harriers AC
564 Freya Pearson	Blackheath & Bromley H AC	579 Millicent Steele	Ashford AC
565 Amelie Ramdeen	Blackheath & Bromley H AC	580 Lucy Steer	Invicta East Kent AC
567 Aoife Stanley	Blackheath & Bromley H AC	581 Natasha Stevens	Ashford AC
568 Sophie Tran	Blackheath & Bromley H AC	582 Elodie Vivian	Bexley AC
570 Katie Wake	Bexley AC	583 Celia Yeatman	Cambridge Harriers
571 Sophia-Rose Bonnar	Cambridge Harriers		
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Event T10	800 METRES UNDER 17 WOMEN		3 Heats	11.35
	W R Lewis Silver Salver			
	CBP: 2:09.89 Sabrina Sinha Cambridge Harriers 2015			
	2023 Amber Matthews Medway and Maidstone AC 2:15.10			
467 Leah Kyriacou	Blackheath & Bromley H AC	478 Jacqueline Drew	Invicta East Kent AC	
468 Elena Oliphant	S Factor Academy	479 Madeleine Dunsmore	Bexley AC	
470 Sophie Ansell	Bexley AC	480 Heidi Hughes	Medway and Maidstone AC	
471 Megan Barlow	Blackheath & Bromley H AC	481 Lydia Marston	Blackheath & Bromley H AC	
472 Jennifer Clayton	Medway and Maidstone AC	482 Amber Matthews	Medway and Maidstone AC	
473 Iris Crossley	Medway and Maidstone AC	483 Aimee Price	Bexley AC	
474 Sofia Cudmore Smith	Medway and Maidstone AC	484 Neve Raymond	Tonbridge AC	
475 Eva Denbow	Blackheath & Bromley H AC	485 Luciana Smith	Blackheath & Bromley H AC	
476 Lily Divine	Invicta East Kent AC	486 Zoë Vallis	Invicta East Kent AC	
477 Cecile Drew	Invicta East Kent AC			
1.....	2.....	3.....		
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Event T11	800 METRES UNDER 20 WOMEN		2 Heats	11.50
	Barrett Shield			
	CBP: 2:07.08 Bobby Clay Invicta East Kent AC 2015			
	2023 Cameron Kelly-Gordon Blackheath & Bromley H AC 2:15.00			
386 Cameron Kelly-Gordon	Blackheath & Bromley H AC	393 Olivia Magee-Brown	Blackheath & Bromley H AC	
388 Lola Bischoff	Blackheath & Bromley H AC	394 Beth Palmer	Medway and Maidstone AC	
389 Hannah Clark	Blackheath & Bromley H AC	395 Megan Slattery	Blackheath & Bromley H AC	
390 Abbe Clarke	Dartford Harriers AC	396 Lola Sutton	Medway and Maidstone AC	
391 Amy-Jayne Goodhand	Invicta East Kent AC	397 Annabel Young	Medway and Maidstone AC	
392 Abigail Hawkes	Medway and Maidstone AC			
1.....	2.....	3.....		
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Event T12	300 METRES HURDLES UNDER 17 WOMEN		Final	12.05
	P.J.Reed Trophy			
	CBP: 43.91s Emily Newnham Dartford Harriers AC 2019			
	2023 Keziah Olaleye Cambridge Harriers 45.52			
Qualifiers				
1.....	2.....	3.....		
Event T13	300 METRES UNDER 15 BOYS		Final	12.15
	Tom Gordon Trophy			
	CBP: 36.77 Oliver Briars Blackheath & Bromley H AC 2017			
	2023 Joshua Wellings Cambridge Harriers 38.22			
Qualifiers				
1.....	2.....	3.....		

Event T14	400 METRES SENIOR MEN	2 Heats	12.25
	J.J.Astor Cup		
	CBP: 46.97 Jack Green Kent AC 2016		
	2023 Samuel Reardon Blackheath & Bromley H AC 47.18		
2	Richard Brooks	Dartford Harriers AC	26 Kieran Eland
18	Steven Tester	Tonbridge AC	27 Ian Firla
20	Joseph Burton	Medway and Maidstone AC	28 Henry Marshall
21	Lewis Collins	Tonbridge AC	29 Brandon Sikity
22	Samuel Day	Tonbridge AC	30 Bailey Stickings
23	Connor Neal	Harrow AC	31 Ewan Wood
			Tonbridge AC
			Blackheath & Bromley H AC
			Tonbridge AC
			Cambridge Harriers
			Blackheath & Bromley H AC
			Tonbridge AC
1.....	2.....	3.....	
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Event T15	400 METRES UNDER 20 MEN	2 Heats	12.35
	Barclays Bank Challenge Cup		
	CBP: 47.4s S.Heard W'hampton & Bilston 1980		
	2023 Dylan Purton Medway and Maidstone AC 48.69		
90	Joshua Aboagye	Medway and Maidstone AC	96 Nathan Firla
91	James Gill	Invicta East Kent AC	97 James Lawson
92	Dylan Purton	Medway and Maidstone AC	98 Daniel Nyong
93	Joe Stone	Tonbridge AC	99 Jay Sanders
95	Thomas Daly	Tonbridge AC	
			Blackheath & Bromley H AC
			Blackheath & Bromley H AC
			Cambridge Harriers
			Invicta East Kent AC
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Event T16	400 METRES UNDER 17 MEN	2 Heats	12.45
	Rochester Upon Medway Trophy		
	CBP: 49.3s S.Garrett Bexley 1981		
	2023 Jay Sanders Invicta East Kent AC 50.12		
130	Luca Glyde-Jones	Cambridge Harriers	150 Tom Ravenscroft
141	George Robinson	Central Park Athletics	151 Theo Ronchetti
144	Rhys Joyeux	Cambridge Harriers	152 Harrison Vallins
146	Roddy Ostle	Invicta East Kent AC	153 Joshua Wellings
147	Maxime Foissy	Medway and Maidstone AC	154 Isaac Wood
148	Dillon Gregory	Medway and Maidstone AC	155 George Worthy
149	Elijah Olaleye	Cambridge Harriers	
			Cambridge Harriers
			Medway and Maidstone AC
			Blackheath & Bromley H AC
			Cambridge Harriers
			Ashford AC
			Harvey Grammar School
1.....	2.....	3.....	
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Event T17	5000 METRES SENIOR MEN	Final	1.00
	Kent Constabulary Challenge Cup		
	CBP: 13m 57.63s S Barden GEC Avionics 1995		
	2023 Teweldebrhan Menges Medway and Maidstone AC 14:38.07		
37	Jamie Walsh	Medway and Maidstone AC	51 Brett Baker
46	Andrew Pickett	Dartford Harriers AC	52 Alexander Donnelly
50	Bobby Babaker	Cambridge Harriers	53 Wegahta Zerom
			Cambridge Harriers
			Medway and Maidstone AC
			Ashford AC
1.....	2.....	3.....	

Event T17	5000 METRES SENIOR WOMEN		Final	1.00
	CBP: 15m 45.86s C Dale Invicta EK 2005			
	2023 Emily Hale Medway and Maidstone AC 20:44.30			
340 Olwen Cockell	Swale Combined AC	343 Madeleine Rogers	Ashford AC	
341 Emily Hale	Medway and Maidstone AC	344 Harriet Woolley	Tonbridge AC	
342 Naomi Kingston	Blackheath & Bromley H AC			
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Event T18	75 METRES HURDLES UNDER 15 GIRLS		2 Heats	1.30
	Edward Sharp & Sons Ltd Cup			
	CBP: 11.33s S Solomon Black & Brom H AC 2004			
	2023 Tess Hepple Kent AC 12.21			
529 Talia Junaid-Evans	Dartford Harriers AC	565 Amelie Ramdeen	Blackheath & Bromley H AC	
538 Millie Rumley	Swale Combined AC	566 Lily Rockall	Folkestone Running and AC	
542 Nia Thomas	Cambridge Harriers	581 Natasha Stevens	Ashford AC	
551 Bethany Clayton	Invicta East Kent AC	596 Sophie Floyd	Cambridge Harriers	
554 Matilda Murray	Blackheath & Bromley H AC	597 Tess Hepple	Kent AC	
555 Ka'liyiah Smith	S Factor Academy			
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Event T19	80 METRES HURDLES UNDER 15 BOYS		2 Heats	1.40
	Tom Gordon Trophy			
	CBP: 11.02 Hans Nmaju Central Park Athletics 2023			
	2023 Hans Nmaju Central Park Athletics 11.02			
210 Kesinachi Ikegwu	Blackheath & Bromley H AC	282 Jamie Ellerton	Blackheath & Bromley H AC	
226 Kai Rogan	Dartford Harriers AC	283 Ify Obodoh	Dartford Grammar School	
227 Jack Ruby	Blackheath & Bromley H AC	284 George Savvas	The Judd School	
237 Jake Phillips	Ashford AC	285 James Trenter	Sevenoaks AC	
279 Dylan Case	Dartford Grammar School	286 Alfie Walach	Swale Combined AC	
280 Jadon Durotoye	S Factor Academy	287 Thomas Webb	Folkestone Running and AC	
281 Bukunmi Edun	Medway and Maidstone AC			
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Event T20	100 METRES HURDLES UNDER 17 MEN		2 Heats	1.50
	Lord Mayor's Cup City of Canterbury			
	CBP: 12.99 Rayhan Mourtada Blackheath & Bromley Harriers AC 2023			
	2023 Rayhan Mourtada Blackheath & Bromley H AC 12.99			
135 Hans Nmaju	Cambridge Harriers	183 Rahman Odugbayi	Dartford Harriers AC	
149 Elijah Olaleye	Cambridge Harriers	184 Ekene Ogbonna	Cambridge Harriers	
180 Tobechei Azodoh	Bexley AC	185 Josiah Payne	Cambridge Harriers	
181 Alexander Morrell	Blackheath & Bromley H AC	186 Alex Powirski	Bexley AC	
182 Samuel Newton	Tonbridge AC			
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Event T21 **110 METRES HURDLES UNDER 20 MEN** **Final** **2.00**
Harry Argent Trophy
 CBP: 14.13s Ethan Akanni Bexley AC 2018
 2023 Daniel Goriola Bexley AC 13.78

94 Cheyne West Medway and Maidstone AC 112 Reuben Chandler Cambridge Harriers

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Event T22 **110 METRES HURDLES SENIOR MEN** **Final** **2.00**
Kent Reliance Building Society Trophy
 CBP: 14.5s G.J.Gower Blackheath H 1975
 2023 Benjamin Richardson Tonbridge AC 15.55

29 Brandon Sikity Cambridge Harriers 54 Stephen Simmons Bedford & County AC

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Event T23 **100 METRES UNDER 15 BOYS** **2 Heats** **2.10**
Tom Gordon Trophy
 CBP: 11.16 Victor Redman Folkestone Running Club 2023
 2023 Victor Redman Folkestone Running Club 11.16

207 Sylvester Amo-Konadu Jr Blackheath & Bromley H AC	214 Asher Maudhub Medway and Maidstone AC
208 Zavier Brathwaite Cambridge Harriers	215 Jacob McGeachy Tonbridge AC
209 Zachary Ferraz Blackheath & Bromley H AC	216 Jayden Naiker Ashford AC
210 Kesinachi Ikegwu Blackheath & Bromley H AC	217 Jaedon-Leo Palmer Dartford Harriers AC
211 Olufikayo Lana Blackheath & Bromley H AC	218 Tristan Suberu Folkestone Running and AC
212 Jovani Lindsey Cambridge Harriers	219 Morgan Wakefield Thanet AC
213 Nicholas Marquez Blackheath & Bromley H AC	220 Caleb Warnke Cambridge Harriers

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Event T24 **100 METRES UNDER 17 MEN** **3 Heats** **2.20**
City Sports Shield
 CBP: 10.7s S.Green Kent AC 1972
 2023 Reo McCausland Blackheath & Bromley H AC 11.03

126 James Beecroft Blackheath & Bromley H AC	135 Hans Nmaju Cambridge Harriers
127 Max Clark Blackheath & Bromley H AC	136 Leo Norris Ashford AC
128 Tyler Coppins Ashford AC	137 Keon Odulawa Dartford Harriers AC
129 Israel Faley Dartford Harriers AC	138 Oji Okoro Blackheath & Bromley H AC
130 Luca Glyde-Jones Cambridge Harriers	139 Daniel Olatunji Blackheath & Bromley H AC
131 Alfie Hughes Swale Combined AC	140 Victor Redman Folkestone Running and AC
132 Luke Martin Invicta East Kent AC	141 George Robinson Central Park Athletics
133 Oscar Mitroi Dartford Harriers AC	142 Chaka-Tau Sankofa Bexley AC
134 Alfie Newick Ashford AC	143 Toby Vagg Sevenoaks AC

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Event T25 **100 METRES UNDER 20 MEN** **2 Heats** **2.35**
R.A.Askew Trophy
 CBP: 10.57s D Grant Blackheath H2000
 2023 Leo Godfrey Ashford AC 10.90

80	Divine Akinlolu	Cambridge Harriers	85	Javan Gordon	Cambridge Harriers
81	Max Baldry	Bexley AC	86	Jamie Kent-Smith	Medway and Maidstone AC
82	Dayne Douglas	Cambridge Harriers	87	Hassan Malador	Herne Hill Harriers
83	Oliver Driscoll	Blackheath & Bromley H AC	88	Moses Odigbo	Cambridge Harriers
84	Moshood Erinfolami	Cambridge Harriers	89	Michael Somade-Makinde	Cambridge Harriers

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Event T26 **100 METRES SENIOR MEN** **3 Heats** **2.45**
H. Dutton Cup
 CBP: 10.4s M.McIntyre Cro'90
 2023 Michael Damoah Blackheath & Bromley H AC 10.60

1	Justin Bailey	Dartford Harriers AC	10	Caspar Lumley	Ashford AC
2	Richard Brooks	Dartford Harriers AC	11	Omari Markland-Montgomery	Cambridge Harriers
3	Anthony Bryan	Tonbridge AC	12	Trey McPherson	Dartford Harriers AC
4	Michael Damoah	Blackheath & Bromley H AC	13	Walter Michelli	Central Park Athletics
5	Nathan Isaac	Medway and Maidstone AC	14	Nkwazi Ndila	Blackheath & Bromley H AC
6	Mofifoluwa Jaiyebo	Kent AC	15	Lewis Parsons	Thanet AC
7	Rory Kuypers	Medway and Maidstone AC	16	Nickoy Robinson	Invicta East Kent AC
8	Leslie Lartey	Kent AC	17	Kristian Samwell-Nash	Thames Valley Harriers
9	Adam Lawal	Bexley AC	18	Steven Tester	Tonbridge AC

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Event T27 **800 METRES SENIOR WOMEN** **Final** **3.00**
Kentish Express Cup
 CBP: 2m 4.0s J.Allison Cambridge 1971
 2023 Morgan Squibb Blackheath & Bromley H AC 2:12.02

333	Clare Elms	Kent AC	336	Anna Palmer	Tonbridge AC
334	Lucy Elms	Kent AC	337	Chloe Sharp	Blackheath & Bromley H AC
335	Sophia Moore	Bexley AC	338	Morgan Squibb	Blackheath & Bromley H AC

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Event T28 **800 METRES UNDER 20 WOMEN** **Final** **3.05**
Barrett Shield
 CBP: 2:07.08 Bobby Clay Invicta East Kent AC 2015
 2023 Cameron Kelly-Gordon Blackheath & Bromley H AC 2:15.00

Qualifiers

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Event T29 **800 METRES UNDER 17 WOMEN** **Final** **3.10**
W R Lewis Silver Salver
 CBP: 2:09.89 Sabrina Sinha Cambridge Harriers 2015
 2023 Amber Matthews Medway and Maidstone AC 2:15.10

Qualifiers

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Event T34	200 METRES UNDER 17 WOMEN	3 Heats	4.05
	Horace Denton Cup		
	CBP: 23.93s Kaliyah Young Dartford Harriers AC 2019		
	2023 Harriet Medlen Tonbridge AC 25.20		
434 Danielle Agyemang-Tolbert	Cambridge Harriers	452 Cheyanne Nketia	Blackheath & Bromley H AC
435 Hannah Areeson	Ashford AC	453 Cecilia Odesanya	Bexley AC
437 Chizam Boniface	Blackheath & Bromley H AC	454 Clio Parkes	Kent AC
438 Emily Cadman	Cambridge Harriers	456 Oluwadamitan Showemimo	Medway and Maidstone AC
440 Grace Durrant	Medway and Maidstone AC	459 Carys Bowling	Blackheath & Bromley H AC
442 Jayah Gaskin	Bexley AC	460 Evangeline Dixon	Tonbridge AC
446 Genevieve Harper	Tonbridge AC	461 Sienna Gratwick	Medway and Maidstone AC
447 Fayth Imafidon	Cambridge Harriers	462 Renee Itugbu	Bexley AC
448 Esther Kunrunmi	Bexley AC	463 Violet Maxted	Ashford AC
1.....	2.....	3.....	
1.....	2.....	3.....	
1.....	2.....	3.....	

Event T35	200 METRES UNDER 20 WOMEN	Final	4.20
	CBP: 24.44 Charlotte Henrich Invicta East Kent AC 2023		
	2023 Charlotte Henrich Invicta East Kent AC 24.44		
376 Rebeccah Akinsanya	Medway and Maidstone AC	382 Faith Assah	Cambridge Harriers
377 Harriet Medlen	Tonbridge AC	383 Charlotte Henrich	Invicta East Kent AC
379 Lucy Tallon	Tonbridge AC	384 Deborah Ogunade	Medway and Maidstone AC
381 Nina Whitter	Blackheath & Bromley H AC	385 Alexia Scotiniadis	Tonbridge AC
1.....	2.....	3.....	
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Event T36	200 METRES SENIOR WOMEN	2 Heats	4.25
	1965 Vice Presidents Trophy		
	CBP: 23.6s S.Joseph Brom '85 & J.Stoute Brom'87		
	2023 Lucy Hope Medway and Maidstone AC 25.25		
316 Rebecca Abegunde-Williams	Blackheath & Bromley H AC	326 Chanelle Cole	Blackheath & Bromley H AC
320 Shamariah Notice	Kent AC	327 Lucy Hope	Medway and Maidstone AC
321 Faye Olszowka	Bexley AC	328 Bonnie Maugey	Central Park Athletics
323 Scarlet Thomas-Wright	Invicta East Kent AC	329 Asha Root	Tonbridge AC
324 Ellie Turner	Medway and Maidstone AC	330 Rebecca Sommerville	Thanet AC
325 Abigail Walters	Medway and Maidstone AC	331 Leah Wearing-Channing	Thanet AC
1.....	2.....	3.....	
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Event T37	100 METRES UNDER 15 BOYS	Final	4.40
	Tom Gordon Trophy		
	CBP: 11.16 Victor Redman Folkestone Running Club 2023		
	2023 Victor Redman Folkestone Running Club 11.16		
Qualifiers			
1.....	2.....	3.....	

Event T38 **100 METRES UNDER 17 MEN** **Final** **4.45**
City Sports Shield
 CBP: 10.7s S.Green Kent AC 1972
 2023 Reo McCausland Blackheath & Bromley H AC 11.03

Qualifiers

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Event T39 **100 METRES UNDER 20 MEN** **Final** **4.50**
R.A.Askew Trophy
 CBP: 10.57s D Grant Blackheath H2000
 2023 Leo Godfrey Ashford AC 10.90

Qualifiers

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Event T40 **100 METRES SENIOR MEN** **Final** **4.55**
H. Dutton Cup
 CBP: 10.4s M.McIntyre Cro'90
 2023 Michael Damoah Blackheath & Bromley H AC 10.60

Qualifiers

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Event T41 **1500 METRES STEEPLECHASE SENIOR WOMEN** **Final** **5.05**
 CBP: 5:10.32 Morgan Squibb Blackheath & Bromley H AC 2023
 2023 Morgan Squibb Blackheath & Bromley H AC 5:10.32

338 Morgan Squibb Blackheath & Bromley H AC 340 Olwen Cockell Swale Combined AC

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Event T41 **1500 METRES STEEPLECHASE UNDER 20 WOMEN** **Final** **5.05**
 CBP: 4:55.30 Holly Page Dartford Harriers AC 2017
 2023 Carys Firth Blackheath & Bromley H AC 5:35.00

417 Isla Spink Blackheath & Bromley H AC

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Event T41 **1500 METRES STEEPLECHASE UNDER 17 WOMEN** **Final** **5.05**
Hana Cordell Memorial Trophy
 CBP: 4:58.09 Yasmin Austridge Blackheath & Bromley H AC 2016
 2023 Lexie Johnson Dartford Harriers AC 6:08.73

502 Angelina Mernaka Blackheath & Bromley H AC

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Event T42 **400 METRES SENIOR MEN** **Final** **5.20**
J.J.Astor Cup
 CBP: 46.97Jack Green Kent AC 2016
 2023 Samuel Reardon Blackheath & Bromley H AC 47.18

Qualifiers

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Event F2	LONG JUMP UNDER 17 MEN			FINAL	10.00
	CBP: 6.88m E.Wood City of Rochester 1960				
	2023 Joe Stone Tonbridge AC 6.23				
131 Alfie Hughes	Swale Combined AC	186 Alex Powirski	Bexley AC		
135 Hans Nmaju	Cambridge Harriers	189 Dylan Leadbeater	Ashford AC		
136 Leo Norris	Ashford AC	191 Harry Wickers	Medway and Maidstone AC		
155 George Worthy	Harvey Grammar School	195 Joshua Dako	Blackheath & Bromley H AC		
183 Rahman Odugbayi	Dartford Harriers AC				
1.....	2.....	3.....			
Event F3	HAMMER UNDER 17 WOMEN			FINAL	10.00
	Sarah Etherton Cup				
	CBP: 50.41 Lily Murray Swale Combined AC 2021				
	2023 Hope Still Dartford Harriers AC 46.00				
497 Charlotte Bloodworth	Blackheath & Bromley H AC	515 Maddison Lopez	Bexley AC		
514 Lacey Webb	Blackheath & Bromley H AC				
1.....	2.....	3.....			
Event F4	HAMMER UNDER 15 GIRLS			FINAL	10.00
	The David Etherton Cup				
	CBP: 51.68m Lily Murray Swale Combined AC 2019				
	2023 Maddison Lopez Bexley AC 30.65				
608 Abigail Smith	Folkestone Running and AC	611 Amelia Cannon	Tonbridge AC		
610 Tilly Ryan	Medway and Maidstone AC	613 Adriana Pepin	Thanet AC		
1.....	2.....	3.....			
Event F5	HIGH JUMP SENIOR WOMEN			FINAL	10.15
	Lady Marjorie Reed Cup				
	CBP: 1.78m D.Hinton W'hampton & Bils '80 &'82				
	2023 Deborah Martin Ashford AC 1.55				
346 Faith Cox	Ashford AC	354 Imogen Davis	Thanet AC		
353 Emma Cowell	Tonbridge AC	355 Deborah Martin	Ashford AC		
1.....	2.....	3.....			
Event F6	HIGH JUMP UNDER 20 WOMEN			FINAL	10.15
	Lady Marjorie Reed Cup				
	CBP: 1.73m Rebecca Hawkins Bexley AC 2018				
	2023 Jessie Sargeant Blackheath & Bromley H AC 1.55				
409 Jessie Sargeant	Blackheath & Bromley H AC	419 Heather Beet	Bexley AC		
410 Matilda Secker	Tonbridge AC	420 Cerys Daniels	Cambridge Harriers		
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Event F7	HIGH JUMP UNDER 17 MEN			FINAL	10.15
	CBP: 2.03m M Lloyd Bexley Borough 1996				
	2023 Samuel Newton Tonbridge AC 1.75				
131 Alfie Hughes	Swale Combined AC	189 Dylan Leadbeater	Ashford AC		
182 Samuel Newton	Tonbridge AC	190 Daniel Obike	Cambridge Harriers		
186 Alex Powirski	Bexley AC	191 Harry Wickers	Medway and Maidstone AC		
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Event F8 **POLE VAULT SENIOR MEN** **FINAL** **10.30**
J.Morrison Challenge Cup
 CBP: 5.26m Scott Huggins Blackheath & Bromley H AC 2017
 2023 Alexander Hookway Tonbridge AC 3.60

62	Bilen Ahmet	Kingston AC & Polytechnic Harrier	64	Roger Platt	Blackheath & Bromley H AC
63	Ethan Kitteridge	Blackheath & Bromley H AC	65	Luke Williams	Havering Mayesbrook AC

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Event F9 **POLE VAULT UNDER 20 MEN** **FINAL** **10.30**
J.A.Wakeman Trophy
 CBP: 5.00m S Huggins Black & Brom H AC 2008
 2023 Oluwafemi Segun Dartford Harriers AC 4.36

117	Finn Kitteridge	Blackheath & Bromley H AC	119	Oscar Witcombe	Blackheath & Bromley H AC
118	Tom Walker	Dartford Harriers AC			

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Event F10 **HAMMER SENIOR MEN** **FINAL** **11.10**
 CBP: 66.62m Amir Williamson NEB 2010
 2023 Graham Holder Bexley AC 46.20

73	Mark Ryan	Medway and Maidstone AC	76	Andrew Rushbrook	Bexley AC
74	Graham Holder	Bexley AC	77	Stephen Talbot	Dartford Harriers AC
75	Harry Blake	Medway and Maidstone AC			

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Event F11 **HAMMER UNDER 20 MEN** **FINAL** **11.10**
 CBP: 66.35 Amir Williamson Black & Brom H AC 2006
 2023 Kai Barham Dartford Harriers AC 66.12

123	Max Thorne	Medway and Maidstone AC
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Event F12 **LONG JUMP UNDER 15 BOYS** **FINAL** **11.20**
Tom Gordon Trophy
 CBP: 6.18 Hans Nmaju Central Park Athletics 2023
 2023 Hans Nmaju Central Park Athletics 6.18

209	Zachary Ferraz	Blackheath & Bromley H AC	237	Jake Phillips	Ashford AC
214	Asher Maudhub	Medway and Maidstone AC	248	Dylan Davidson-Daniel	Ashford AC
218	Tristan Suberu	Folkestone Running and AC	261	Monty Brown	Cambridge Harriers
220	Caleb Warnke	Cambridge Harriers	281	Bukunmi Edun	Medway and Maidstone AC
226	Kai Rogan	Dartford Harriers AC	297	Alan Powirski	Bexley AC
229	Nathan Wood	Ashford AC			

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Event F13 **SHOT UNDER 17 WOMEN** **FINAL** **11.20**
Megafoam Limited Cup
 CBP: 15.63m Nana Gyedu Blackheath & Bromley H AC 2019
 2023 Tallulah Ndikanwu Blackheath & Bromley H AC 11.05

442	Jayah Gaskin	Bexley AC	507	Isabella Amartey	Dartford Harriers AC
495	Gabriella Noyce	Cambridge Harriers	511	Layomi Edun	Medway and Maidstone AC

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Event F14	SHOT UNDER 15 GIRLS		FINAL	11.20
	Ted Hawkins Shield			
	CBP: 13.05 Nana Gyedu Cambridge Harriers 2017 (3.00kg)			
	2023 Emilia Adese Blackheath & Bromley H AC 10.52			
522 Emilia Adese	Blackheath & Bromley H AC	606 Lily Juan	Medway and Maidstone AC	
531 Kathleen Knight Misson	Paddock Wood AC	607 Olwyn Mtungwazi	Sevenoaks AC	
548 Hayley-Caprice Beaumont	S Factor Academy	608 Abigail Smith	Folkestone Running and AC	
555 Ka'liyah Smith	S Factor Academy	609 Brianna Kuranga	Sevenoaks AC	
596 Sophie Floyd	Cambridge Harriers	610 Tilly Ryan	Medway and Maidstone AC	
604 Isabelle Rider	Dartford Harriers AC			

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Event F15	DISCUS UNDER 17 WOMEN		FINAL	12.05
	North Kent Cycling & Athletic Club Cup			
	CBP: 41.72 S Brown Black & Brom H AC 2006			
	2023 Erin Simpson Blackheath & Bromley H AC 32.18			
459 Carys Bowling	Blackheath & Bromley H AC	513 Erin Simpson	Blackheath & Bromley H AC	
497 Charlotte Bloodworth	Blackheath & Bromley H AC	514 Lacey Webb	Blackheath & Bromley H AC	
512 Gracie Lawton	Invicta East Kent AC			

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Event F16	DISCUS UNDER 15 GIRLS		FINAL	12.05
	Major J.A.Mansi Cup			
	CBP: 34.53m L Fox Ashford AC 1999			
	2023 Charlotte Bloodworth Blackheath & Bromley H AC 21.95			
596 Sophie Floyd	Cambridge Harriers	611 Amelia Cannon	Tonbridge AC	
598 Sienna Morris	Ashford AC	612 Mia Jessup	Holland Sports AC	
604 Isabelle Rider	Dartford Harriers AC	613 Adriana Pepin	Thanet AC	
608 Abigail Smith	Folkestone Running and AC	614 Harriet Smith	Swale Combined AC	
610 Tilly Ryan	Medway and Maidstone AC	615 Isla Wilson	Blackheath & Bromley H AC	

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Event F17	HIGH JUMP UNDER 15 BOYS		FINAL	12.30
	Tom Gordon Trophy			
	CBP: 1.93m N.Brewer Blackheath H 1991			
	2023 Daniel Obike Dartford Grammar School 1.77			
221 Samuel Beaumont	Ashford AC	289 Ikenna Azodoh	Bexley AC	
242 Jack Warner	Ashford AC	290 Story Bundy	Invicta East Kent AC	
258 Austin Richards	Cambridge Harriers	291 Thomas Connop	Medway and Maidstone AC	
285 James Trenter	Sevenoaks AC	292 William Connop	Medway and Maidstone AC	
286 Alfie Walach	Swale Combined AC	293 Toby Gwinnell	Tonbridge AC	
288 Matthew Akintolu	Bexley AC	294 William Jones	Ashford AC	

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Event F18	LONG JUMP SENIOR WOMEN		FINAL	1.00
	Ellis & Walker Cup			
	CBP: 6.24m J Hephher Bromley L 2000			
	2023 Eloise Harvey Dartford Harriers AC 5.74			
346 Faith Cox	Ashford AC	358 Claudia Baker	Blackheath & Bromley H AC	
353 Emma Cowell	Tonbridge AC	359 Eloise Harvey	Dartford Harriers AC	
354 Imogen Davis	Thanet AC	360 Helen Mitroi	Dartford Harriers AC	

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Event F25	JAVELIN UNDER 20 WOMEN			FINAL	2.55
	CBP: 44.10m Lauren Farley Blackheath & Bromley H AC 2019				
	2023 Katie Marsh Cambridge Harriers 35.90				
409 Jessie Sargeant	Blackheath & Bromley H AC	431 Katie Marsh	Cambridge Harriers		
410 Matilda Secker	Tonbridge AC	432 Eleanor Russell	Bexley AC		
416 Tallulah Ndikanwu	Blackheath & Bromley H AC				
1.....	2.....	3.....			
Event F26	POLE VAULT UNDER 17 WOMEN			FINAL	3.00
	CBP: 3.60m H Olson Ashford AC 2003				
	2023 Lydia Witcombe Blackheath & Bromley H AC 2.40				
506 Elsa Pawson	Blackheath & Bromley H AC				
1.....	2.....	3.....			
Event F27	POLE VAULT UNDER 15 GIRLS			FINAL	3.00
	CBP: 3.40m H Olson Ashford AC 2001				
	2023 Elsa Pawson Tonbridge AC 2.90				
601 Ella Brooker	Blackheath & Bromley H AC	603 Zoya Gabryelow	Dartford Harriers AC		
602 Luna Corry	Blackheath & Bromley H AC	604 Isabelle Rider	Dartford Harriers AC		
1.....	2.....	3.....			
Event F28	TRIPLE JUMP SENIOR WOMEN			FINAL	3.30
	KCAA Senior Women's Triple Jump Trophy				
	CBP: 12.89m K.Hambrook Ashford AC 1992				
	2023 Eloise Harvey Dartford Harriers AC 11.41				
359 Eloise Harvey	Dartford Harriers AC	362 Jade Oni	Blackheath & Bromley H AC		
360 Helen Mitroi	Dartford Harriers AC	363 Grace Sullivan	Ashford AC		
361 Rachael Ilori	Blackheath & Bromley H AC				
1.....	2.....	3.....			
Event F29	TRIPLE JUMP UNDER 20 WOMEN			FINAL	3.30
	CBP: 12.48m Eloise Harvey Dartford Harriers AC 2019				
	2023 Anyiache Nonjang Bexley AC 10.64				
419 Heather Beet	Bexley AC	422 Ellie Hepple	Kent AC		
1.....	2.....	3.....			
Event F30	JAVELIN UNDER 17 MEN			FINAL	4.15
	Kent Schools Trophy				
	CBP: 72.59m James Whiteaker The Judd School 2014				
	2023 Ellis Ibrahim Blackheath & Bromley H AC 47.85				
156 Finley Adkins	Invicta East Kent AC	204 Ellis Ibrahim	Blackheath & Bromley H AC		
191 Harry Wickers	Medway and Maidstone AC	205 Frederick Lockett	Dartford Harriers AC		
203 George Blackwell	Blackheath & Bromley H AC	206 Harry Smith	Cambridge Harriers		
1.....	2.....	3.....			

KENT COUNTY ATHLETIC ASSOCIATION
2024 TRACK and FIELD Championships
Julie Rose Stadium, Ashford May 11th & 12th 2024

SUNDAY PROGRAMME OF EVENTS

TRACK						FIELD						
						Entries						Entries
T48	10.00	400mH	SM	Final	2	F32	10.00	SP	SW	4		
T49	10.00	400mH	U20M	Final	2	F33	10.00	SP	U20W	3		
T50	10.10	400mH	U17M	Final	3	F34	10.00	LJ	U17W	10		
T51	10.20	300m	U15G	3 Heats	19	F35	10.00	HT	U17M	2		
T52	10.35	300m	U17W	2 Heats	9	F36	10.00	HT	U15B	11		
T53	10.45	1500m	SW/U17W	Finals	3/11	F37	10.15	HJ	SM	2		
T54	10.55	1500m	U20W	Final	15	F38	10.15	HJ	U20M	1		
T55	11.05	1500m	U15G	Final	12	F39	10.30	PV	SW	3		
T56	11.15	1500m	U15B	2 TT	21	F40	10.30	PV	U20W	1		
T57	11.35	100mH	SW	Final	3	F41	11.15	LJ	U15G	24		
T58	11.35	100mH	U20W	Final	4	F42	11.30	SP	U17M	4		
T59	11.45	80mH	U17W	Final	7	F43	11.30	SP	U15B	9		
T60	11.55	800m	U17M	2 Heats	13	F44	11.35	HT	SW	7		
T61	12.05	800m	U20M	Final	7	F45	11.35	HT	U20W	5		
T62	12.10	800m	SM	Final	7	F46	12.30	HJ	U17W	5		
T63	12.20	3000mW	M & W	Finals	7/6	F47	12.30	HJ	U15G	8		
T64	12.45	300m	U15G	Final		F48	1.00	PV	U17M	5		
T65	12.50	300m	U17W	Final		F49	1.00	PV	U15B	5		
T66	1.00	100m	U15G	4 Heats	28	F50	1.10	DT	SW	7		
T67	1.20	100m	U17W	4 Heats	26	F51	1.10	DT	U20W	2		
T68	1.35	100m	U20W	Final	6	F52	1.10	LJ	SM	3		
T69	1.40	100m	SW	2 Heats	10	F53	1.10	LJ	U20M	2		
T70	1.55	400m	U20W	Final	3	F54	2.00	TJ	U17W	3		
T71	2.00	400m	SW	Final	6	F55	2.00	TJ	U15G	6		
T72	2.10	200m	SM	2 Heats	16	F56	2.20	DT	U17M	5		
T73	2.20	200m	U20M	2 Heats	11	F57	2.20	DT	U15B	9		
T74	2.30	200m	U17M	2 Heats	15	F58	3.15	TJ	SM	3		
T75	2.40	200m	U15B	3 Heats	18	F59	3.15	TJ	U20M	2		
T76	3.00	100m	U15G	2 S/F		F60	4.15	JT	U17W	4		
T77	3.10	100m	U17W	2 S/F		F61	4.15	JT	U15G	5		
T78	3.20	100m	SW	Final		F62	4.15	JT	SM	2		
T79	3.35	2000mSC	U20M	Final	2	F63	4.15	JT	U20M	3		
T80	3.50	1500mSC	U17M	Final	2							
T81	4.05	800m	U15G	Final								
T82	4.10	800m	U15B	Final								
T83	4.15	800m	U17M	Final								
T84	4.25	200m	SM	Final								
T85	4.30	200m	U20M	Final								
T86	4.35	200m	U17M	Final								
T87	4.40	200m	U15B	Final								
T88	4.55	100m	U15G	Final								
T89	5.00	100m	U17W	Final								

Numbers must be worn back and front in all events except jump events, and are to be retained and used each day.

If you are competing in a TRACK event you MUST report to Track Registration at least 1 hour before the scheduled start of each track event, and MUST report to the Marksman 15 minutes before the event.

For TRACK events, if insufficient athletes report for the heats the Final will be run at the heat time. Similarly if the number of heats does not warrant a second round the Final will be run at time of the second round.

Club (school) colours MUST be worn, or clothing acceptable under UKA Rule T5.

If, after qualifying for a second round or Final, you have need to withdraw, you MUST inform the referee for that event. You will be allowed to withdraw but will not be allowed to compete again during the course of the 2 days. So if you withdraw on the Saturday you cannot compete on the Sunday.

Athletes competing in FIELD events MUST report directly to that event 15 minutes before the event is due to start and MUST be alert to any announcements regarding their event

In the throws and horizontal jumps each competitor will be allowed THREE trials. Competitors as qualified under Rule T25 S2 will be allowed THREE further trials and compete in reverse ranking order determined from the first 3 rounds.

Competitors and Coaches should be aware of the rules regarding ASSISTANCE; UKA rule T6

Unsporting or improper behaviour during competition or to officials shall render the athlete liable to disqualification by the Referee from partition in all further events

The maximum length of spikes that may be used in all track and field events must be 6mm, with the exception of High Jump and Javelin where maximum 9mm spikes may be used for safety in wet weather conditions.

TRACK EVENTS

Event T48 **400 METRES HURDLES SENIOR MEN** **Final** **10.00**
ITT Business Challenge Cup
 CBP: 49.54 Jack Green Kent AC 2017
 2023 George Seery Blackheath & Bromley H AC 50.85

19 George Blake Tonbridge AC 30 Bailey Stickings Blackheath & Bromley H AC
 1..... 2..... 3.....

Event T49 **400 METRES HURDLES UNDER 20 MEN** **Final** **10.00**
Metal Box Challenge Shield
 CBP: George Seery Thanet AC 52.42 2022
 2022 George Seery Thanet AC 52.42

94 Cheyne West Medway and Maidstone AC 113 Edward Little Medway and Maidstone AC
 1..... 2..... 3.....

Event T50 **400 METRES HURDLES UNDER 17 MEN** **Final** **10.10**
Royal Navy Presentation Cup
 CBP: 54.64s J Green Ashford AC 2008
 2023 Rayhan Mourtada Blackheath & Bromley H AC 54.69

149 Elijah Olaley Cambridge Harriers 185 Josiah Payne Cambridge Harriers
 181 Alexander Morrell Blackheath & Bromley H AC
 1..... 2..... 3.....

Event T51 **300 METRES UNDER 15 GIRLS** **3 Heats** **10.20**
 CBP: 41.75s Emily Newnham Medway Phoenix 2018
 2023 Leah Kyriacou Blackheath & Bromley H AC 42.04

541 Lily Stephenson	Sevenoaks AC	562 Amily Morgan	Dartford Harriers AC
547 Celia Allen	Cambridge Harriers	563 Jordyn Ofori-Awuah	Medway and Maidstone AC
551 Bethany Clayton	Invicta East Kent AC	564 Freya Pearson	Blackheath & Bromley H AC
553 Manroop Jandu	Dartford Harriers AC	565 Amelie Ramdeen	Blackheath & Bromley H AC
556 Olivia Baker	Medway and Maidstone AC	566 Lily Rockall	Folkestone Running and AC
557 Kara Bryan	Blackheath & Bromley H AC	567 Aoife Stanley	Blackheath & Bromley H AC
558 Ella Crimp	Dartford Harriers AC	568 Sophie Tran	Blackheath & Bromley H AC
559 Evie Fish	Bexley AC	569 Eloise Volant	Sevenoaks AC
560 Alba Homans-Yau	Blackheath & Bromley H AC	570 Katie Wake	Bexley AC
561 Ariana Jenner-Heard	Blackheath & Bromley H AC		

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Event T52 **300 METRES UNDER 17 WOMEN** **2 Heats** **10.35**
Conlan Franklin Trophy
 CBP: 2013 Cheriece Hylton Black & Brom 37.59
 2023 Alyssa Firla Blackheath & Bromley H AC 40.98

438 Emily Cadman	Cambridge Harriers	466 Caitlin Hough	Blackheath & Bromley H AC
445 Lilly-Ella Gore	Folkestone Running and AC	467 Leah Kyriacou	Blackheath & Bromley H AC
463 Violet Maxted	Ashford AC	468 Elena Oliphant	S Factor Academy
464 Alyssa Firla	Blackheath & Bromley H AC	469 Eva Prevett-Hogg	Medway and Maidstone AC
465 Amelie Guthrie	Medway and Maidstone AC		

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Event T53 **1500 METRES SENIOR WOMEN** **Final** **10.45**
Sir Ralph Reed Cup
 CBP: 4:18.88 L Dobriskey Ashford AC 2004
 2023 Morgan Squibb Blackheath & Bromley H AC 4:36.30

335	Sophia Moore	Bexley AC	339	Briony Walsh	Ashford AC
336	Anna Palmer	Tonbridge AC			

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Event T53 **1500 METRES UNDER 17 WOMEN** **Final** **10.45**
Mr & Mrs P.W.Davies Cup
 CBP: 4m 28.10s L Dobriskey Ashford AC 2000
 2023 Amber Matthews Medway and Maidstone AC 4:48.59

470	Sophie Ansell	Bexley AC	487	Ella Baker	Sevenoaks AC
471	Megan Barlow	Blackheath & Bromley H AC	488	Emma Clayton	Medway and Maidstone AC
474	Sofia Cudmore Smith	Medway and Maidstone AC	489	Gracie-May Cooper-Legg	Bexley AC
476	Lily Divine	Invicta East Kent AC	490	Rose Crossley	Medway and Maidstone AC
480	Heidi Hughes	Medway and Maidstone AC	491	Holly Diprose	Sevenoaks AC
482	Amber Matthews	Medway and Maidstone AC			

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Event T54 **1500 METRES UNDER 20 WOMEN** **Final** **10.55**
Julie Rose Memorial Cup
 CBP: 4m 22.6s L Dobriskey Ashford AC 2002
 2023 Amy-Jayne Goodhand Invicta East Kent AC 4:41.53

389	Hannah Clark	Blackheath & Bromley H AC	400	Amelia Lawrence	Cambridge Harriers
391	Amy-Jayne Goodhand	Invicta East Kent AC	401	Juliette Mauduit	Sevenoaks AC
393	Olivia Magee-Brown	Blackheath & Bromley H AC	402	Polly Moses	Tonbridge AC
394	Beth Palmer	Medway and Maidstone AC	403	Eliza Nicholson	Blackheath & Bromley H AC
396	Lola Sutton	Medway and Maidstone AC	404	Abigail Royden	Medway and Maidstone AC
397	Annabel Young	Medway and Maidstone AC	405	Ella Webb	Medway and Maidstone AC
398	Lily Crossley	Medway and Maidstone AC	406	Liberty Whyte	Blackheath & Bromley H AC
399	Emily Geake	Tonbridge AC			

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Event T55 **1500 METRES UNDER 15 GIRLS** **Final** **11.05**
J.W.Oliver Shield
 CBP: 4:32.77 Sabrina Sinha Cambridge H 2013
 2023 Iris Williams Cambridge Harriers 4:47.98

584	Ava Chappell	Ashford AC	590	Hana Maeda	Tonbridge AC
585	Meredith Cummins	Cambridge Harriers	591	Aoife McDonagh	Blackheath & Bromley H AC
586	Evie de Bruyn	Blackheath & Bromley H AC	592	Annabelle Poon	Invicta East Kent AC
587	Aoife Foley	Tonbridge AC	593	Sophie Richmond	Weald Tri Club
588	Matilda Holliday	Dartford Harriers AC	594	Charlotte Stevens	Blackheath & Bromley H AC
589	Delilah Lester	Cambridge Harriers	595	Sonika Thwaites-Ramaiya	Dartford Harriers AC

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Event T56 **1500 METRES UNDER 15 BOYS** **Time Trial Final** **11.15**

Tom Gordon Trophy

CBP: 4:15.33 Joseph Scanes Blackheath & Bromley H AC 2023
 2023 Joseph Scanes Blackheath & Bromley H AC 4:15.33

236	Freddie Gibson	Medway and Maidstone AC	269	Luca Moloney-Pedro	Blackheath & Bromley H AC
255	Zacchaeus Kelman	Blackheath & Bromley H AC	270	Finley Paton	Ashford AC
260	Daniel Whitehouse	Cambridge Harriers	271	Miles Potter	Bexley AC
261	Monty Brown	Cambridge Harriers	272	William Reed	Ashford AC
262	James Bunn	Blackheath & Bromley H AC	273	James Ross	Sevenoaks AC
263	Louie Gear	Medway and Maidstone AC	274	George Searle	Kent AC
264	Finn Gotkine	Blackheath & Bromley H AC	275	James Shaw	Blackheath & Bromley H AC
265	Teddy Hughes	Blackheath & Bromley H AC	276	Alexander Smith	Blackheath & Bromley H AC
266	Zachary Ives	Dartford Harriers AC	277	Aiden Tomsett	Ashford AC
267	Daniel Kershaw	Medway and Maidstone AC	278	James Willcox	Ashford AC
268	Jake Martin	Blackheath & Bromley H AC			

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Event T57 **100 METRES HURDLES SENIOR WOMEN** **Final** **11.35**

Miss H.V.Fossey Cup

CBP: 13.90 Anastasia Davies Blackheath & Bromley H AC 2021
 2023 Simone Baxter Tonbridge AC 16.99

345	Zoe Austridge	Blackheath & Bromley H AC	347	Victory Ogbah	Cambridge Harriers
346	Faith Cox	Ashford AC			

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Event T58 **100 METRES HURDLES UNDER 20 WOMEN** **Final** **11.35**

Mick Paul Cup

CBP: 14.26 Anastasia Davies Blackheath & Bromley H AC 2017
 2023 Amelie Rabbidge Tonbridge AC 15.63

407	Keziah Olaley	Cambridge Harriers	409	Jessie Sargeant	Blackheath & Bromley H AC
408	Amelie Rabbidge	Tonbridge AC	410	Matilda Secker	Tonbridge AC

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Event T59 **80 METRES HURDLES UNDER 17 WOMEN** **Final** **11.45**

Miss H.V.Fossey Trophy

CBP: 11.37s S Solomon Black & Brom H AC 2005
 2023 Daisy Snell Blackheath & Bromley H AC 11.44

443	Lily Gayle	Cambridge Harriers	494	Elicia Lacey	Tonbridge AC
492	Tofunmi Edun	Medway and Maidstone AC	495	Gabriella Noyce	Cambridge Harriers
493	Kaia Greener	Bexley AC	496	Araba Taylor	Tonbridge AC

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Event T60	800 METRES UNDER 17 MEN	2 Heats	11.55
	Astral Cup presented by Astral Sports		
	CBP: 1m 54.53s N Kirk GEC Avionics 1995		
	2023 Franklin Shepherd Medway and Maidstone AC 1:57.60		
153 Joshua Wellings	Cambridge Harriers	162 Dylan Sandhu	Kent AC
156 Finley Adkins	Invicta East Kent AC	163 Sebastian Sanz-Kozyra	Invicta East Kent AC
157 Oliver Cook	Cambridge Harriers	164 Samuel Smialowski	Tonbridge AC
158 Henry Gibson	Medway and Maidstone AC	165 Declan Tighe	Medway and Maidstone AC
159 Hayden Kelk	Invicta East Kent AC	166 Hendri Verster	Blackheath & Bromley H AC
160 Benjamin O'Grady	Blackheath & Bromley H AC	167 Alfie Whitelock	Blackheath & Bromley H AC
161 Adam Parrett	Ashford AC		
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Event T61	800 METRES UNDER 20 MEN	Final	12.05
	The Bromley Sports Centre Trophy		
	CBP: 1m 52.04 N Kirk GEC Avionics 1996		
	2023 Thomas Sugden Blackheath & Bromley H AC 1:56.78		
100 Jasper Brooks	Blackheath & Bromley H AC	104 Luke Overett Somnier	Kent AC
101 Mark Constable	Blackheath & Bromley H AC	105 Franklin Shepherd	Medway and Maidstone AC
102 Franco Hillier	Blackheath & Bromley H AC	106 Liam Woodham	Ashford AC
103 Aidan Newton	Cambridge Harriers		
1.....	2.....	3.....	

Event T62	800 METRES SENIOR MEN	Final	12.10
	J.A.Cottrell Challenge Cup		
	CBP: 1m 48.5s S.Heard W'hampton & Bils 1990		
	2023 Joseph O'Hara Bexley AC 1:58.34		
32 Edmund Adigwe	Cambridge Harriers	36 Joseph O'Hara	Bexley AC
33 Connor Burford	Dartford Harriers AC	37 Jamie Walsh	Medway and Maidstone AC
34 Terry Hawkey	Dartford Harriers AC	38 Oliver Weston	Invicta East Kent AC
35 Martin Leat	Cambridge Harriers		
1.....	2.....	3.....	

Event T63	3000 METRES WALK SENIOR MEN	Final	12.20
	Sir A Ralph Reed Cup		
	CBP: 11m 46.59s T Bosworth Tonbridge AC 2010		
	2023 Luc Legon Bexley AC 13:14.29		
55 Mark Ashby	Cambridge Harriers	58 Jonathan Hobbs	Ashford AC
56 Matthew Crane	Bexley AC	59 Luc Legon	Bexley AC
57 Matthew Ellerton	Blackheath & Bromley H AC		
1.....	2.....	3.....	

Event T63	3000 METRES WALK UNDER 20 MEN	Final	12.20
	CBP: 11:53.08 Cameron Corbishley Medway & Maidstone 2016		
	2023 Jonathan Ellerton Blackheath & Bromley H AC 15:45.36		
115 Jonathan Ellerton	Blackheath & Bromley H AC		
1.....	2.....	3.....	

Event T63 **3000 METRES WALK UNDER 15 BOYS** **Final** **12.20**
 CBP: 14m 16.8s Cameron Corbishley Med and Maid 2011
 2023 Trejan Checheku-Boamah Blackheath & Bromley H AC 24:15.20

232 Trejan Checheku-Boamah Blackheath & Bromley H AC

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Event T63 **3000 METRES WALK SENIOR WOMEN** **Final** **12.20**
Ron Pantling Cup
 CBP: 14:17.17 Hannah Hopper Cambridge Harriers 2023
 2023 Hannah Hopper Cambridge Harriers 14:17.17

350 Emily Ghose Tonbridge AC 352 Grazia Manzotti Tonbridge AC
 351 Hannah Hopper Cambridge Harriers

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Event T63 **3000 METRES WALK UNDER 20 WOMEN** **Final** **12.20**
 CBP: 14:28.24 Sophie Lewis Ward Cambridge Harriers 2017
 2023 Jessica Wilton Ashford AC 15:25.38

418 Jessica Wilton Ashford AC

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Event T63 **3000 METRES WALK UNDER 15 GIRLS** **Final** **12.20**
 CBP: 15m 36.6s Heather Butcher Cambridge H 2011
 2023 Ava Chappell Ashford AC 16:45.25

598 Sienna Morris Ashford AC 599 Ellin Wilson Ashford AC

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Event T64 **300 METRES UNDER 15 GIRLS** **Final** **12.45**
 CBP: 41.75s Emily Newnham Medway Phoenix 2018
 2023 Leah Kyriacou Blackheath & Bromley H AC 42.04

Qualifiers

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Event T65 **300 METRES UNDER 17 WOMEN** **Final** **12.50**
Conlan Franklin Trophy
 CBP: 2013 Cheriece Hylton Black & Brom 37.59
 2023 Alyssa Firla Blackheath & Bromley H AC 40.98

Qualifiers

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Event T66 **100 METRES UNDER 15 GIRLS** **4 Heats** **1.00**

Borough of Woolwich Cup

CBP: 12.25 Emily Cadman Cambridge Harriers 2023
2023 Emily Cadman Cambridge Harriers 12.32

517 Leah Abisi	Blackheath & Bromley H AC	531 Kathleen Knight Misson	Paddock Wood AC
518 Ismae Abomeli	Thanet AC	532 Elizabeth McKen	Cambridge Harriers
519 Faith Adedeji	Kent AC	533 Jayda Renae Mckenzie	Cambridge Harriers
520 Taraoluwa Adeeso	Cambridge Harriers	534 Hannah Odelade	Dartford Harriers AC
521 Jesutobi Adesanya	Kent AC	535 Fayo Olatunde	Blackheath & Bromley H AC
522 Emilia Adese	Blackheath & Bromley H AC	536 Olivia-Daisy Prosser	Thanet AC
523 Martha Adkins	Invicta East Kent AC	537 Poppy Rogers	Medway and Maidstone AC
524 Isabella Campbell-Andou	Blackheath & Bromley H AC	538 Millie Rumley	Swale Combined AC
525 Imogen Carter	Thanet AC	539 Angel Salako	Dartford Harriers AC
526 Victoria Erinfolami	Cambridge Harriers	540 Alessia Scala	Blackheath & Bromley H AC
527 Olivia Griffiths	S Factor Academy	541 Lily Stephenson	Sevenoaks AC
528 Laila Humphrey	Invicta East Kent AC	542 Nia Thomas	Cambridge Harriers
529 Talia Junaid-Evans	Dartford Harriers AC	543 Sienna Thompson	Blackheath & Bromley H AC
530 Lily Kenyon	Invicta East Kent AC	544 Rebecca Turner	Dartford Harriers AC

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1.....	2.....	3.....
1.....	2.....	3.....
1.....	2.....	3.....

Event T67 **100 METRES UNDER 17 Women** **4 Heats** **1.20**

Kent Messenger Cup

CBP: 11.64 Shannon Hylton Black & Brom 2013
2023 Harriet Medlen Tonbridge AC 12.27

433 Unimuyami Agweye	Ashford AC	446 Genevieve Harper	Tonbridge AC
434 Danielle Agyemang-Tolbert	Cambridge Harriers	447 Fayth Imafidon	Cambridge Harriers
435 Hannah Areeson	Ashford AC	448 Esther Kunrunmi	Bexley AC
436 Keriena Bailey	Bexley AC	449 Azaria Makinde	Medway and Maidstone AC
437 Chizam Boniface	Blackheath & Bromley H AC	450 Olivia Mtungwazi	Sevenoaks AC
438 Emily Cadman	Cambridge Harriers	451 Isla Munoz-Wood	Thanet AC
439 Ariana Clarke	Cambridge Harriers	452 Cheyanne Nketia	Blackheath & Bromley H AC
440 Grace Durrant	Medway and Maidstone AC	453 Cecilia Odesanya	Bexley AC
441 Amariah Ekperigin	Sevenoaks AC	454 Clio Parkes	Kent AC
442 Jayah Gaskin	Bexley AC	455 Mia Pearson	Ashford AC
443 Lily Gayle	Cambridge Harriers	456 Oluwadamitan Showemimo	Medway and Maidstone AC
444 Nana-Aisha Giwa	Bexley AC	457 Sophia Stewart	Sevenoaks AC
445 Lilly-Ella Gore	Folkestone Running and AC	458 Chikamso Ugoji	Dartford Harriers AC

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1.....	2.....	3.....
1.....	2.....	3.....
1.....	2.....	3.....

Event T68 **100 METRES UNDER 20 WOMEN** **Final** **1.35**

CBP: 11.8s G.Oladapo Hounslow 1984
2023 Lucy Tallon Tonbridge AC 12.21

376 Rebeccah Akinsanya	Medway and Maidstone AC	379 Lucy Tallon	Tonbridge AC
377 Harriet Medlen	Tonbridge AC	380 Nirah Valinejad	Cambridge Harriers
378 Zara Okoroafor	Blackheath & Bromley H AC	381 Nina Whitter	Blackheath & Bromley H AC

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Event T69	100 METRES SENIOR WOMEN	2 Heats	1.40
	Lt.Col. Sheldon Cup		
	CBP: 11.6s R.Wilson Wigmore 1980		
	2023 Doyin Aderinto Cambridge Harriers 12.16		
316	Rebecca Abegunde-Williams	Blackheath & Bromley H AC	321 Faye Olszowka Bexley AC
317	Zara Edeleanu	Medway and Maidstone AC	322 Mary Schouvaloff Cambridge Harriers
318	Christal Izuchukwu	Cambridge Harriers	323 Scarlet Thomas-Wright Invicta East Kent AC
319	Mara Kalnina	Medway and Maidstone AC	324 Ellie Turner Medway and Maidstone AC
320	Shamariah Notice	Kent AC	325 Abigail Walters Medway and Maidstone AC
1.....	2.....	3.....	
1.....	2.....	3.....	

Event T70	400 METRES UNDER 20 WOMEN	Final	1.55
	CBP: 55.15s Cheriece Hylton Blackheath & Bromley H AC 2014		
	2023 Charlotte Henrich Invicta East Kent AC 55.83		
385	Alexia Scotiniadis	Tonbridge AC	387 Imogen Smith Dartford Harriers AC
386	Cameron Kelly-Gordon	Blackheath & Bromley H AC	
1.....	2.....	3.....	

Event T71	400 METRES SENIOR WOMEN	Final	2.00
	AB Howard Cup		
	CBP: 53.7s H.Burkart Croydon H 1987		
	2023 Lucy Hope Medway and Maidstone AC 58.10		
321	Faye Olszowka	Bexley AC	328 Bonnie Maugey Central Park Athletics
326	Chanelle Cole	Blackheath & Bromley H AC	329 Asha Root Tonbridge AC
327	Lucy Hope	Medway and Maidstone AC	332 Erin Hughes Medway and Maidstone AC
1.....	2.....	3.....	

Event T72	200 METRES SENIOR MEN	2 Heats	2.10
	Viscount Wakefield Challenge Cup		
	CBP: 21.01s J Alaka Black & Brom 2009		
	2023 Connor Neal Harrow AC 21.61		
5	Nathan Isaac	Medway and Maidstone AC	17 Kristian Samwell-Nash Thames Valley Harriers
7	Rory Kuypers	Medway and Maidstone AC	19 George Blake Tonbridge AC
8	Leslie Lartey	Kent AC	20 Joseph Burton Medway and Maidstone AC
10	Caspar Lumley	Ashford AC	21 Lewis Collins Tonbridge AC
11	Omari Markland-Montgomery	Cambridge Harriers	22 Samuel Day Tonbridge AC
12	Trey McPherson	Dartford Harriers AC	23 Connor Neal Harrow AC
13	Walter Michelli	Central Park Athletics	24 Tommy Owler Folkestone Running and AC
15	Lewis Parsons	Thanet AC	25 William Vilpoix-Phillips Central Park Athletics
1.....	2.....	3.....	
1.....	2.....	3.....	
1.....	2.....	3.....	

Event T73	200 METRES UNDER 20 MEN	2 Heats	2.20
	W.G.Spencer Challenge Cup		
	CBP: 21.2s N.Stickings GEC Avionics 1990		
	2023 Dylan Purton Medway and Maidstone AC 21.67		
80 Divine Akinlolu	Cambridge Harriers	90 Joshua Aboagye	Medway and Maidstone AC
81 Max Baldry	Bexley AC	91 James Gill	Invicta East Kent AC
83 Oliver Driscoll	Blackheath & Bromley H AC	92 Dylan Purton	Medway and Maidstone AC
84 Moshood Erinfolami	Cambridge Harriers	93 Joe Stone	Tonbridge AC
87 Hassan Malador	Herne Hill Harriers	94 Cheyne West	Medway and Maidstone AC
89 Michael Somade-Makinde	Cambridge Harriers		
1.....	2.....	3.....	
1.....	2.....	3.....	

Event T74	200 METRES UNDER 17 MEN	2 Heats	2.30
	Presidents Trophy presented by Mr PR Stedall		
	CBP: 21.65s Gavin Comber Dartford H 2004		
	2023 Joe Stone Tonbridge AC 22.47		
126 James Beecroft	Blackheath & Bromley H AC	138 Oji Okoro	Blackheath & Bromley H AC
127 Max Clark	Blackheath & Bromley H AC	139 Daniel Olatunji	Blackheath & Bromley H AC
128 Tyler Coppins	Ashford AC	140 Victor Redman	Folkestone Running and AC
129 Israel Faleye	Dartford Harriers AC	141 George Robinson	Central Park Athletics
130 Luca Glyde-Jones	Cambridge Harriers	142 Chaka-Tau Sankofa	Bexley AC
132 Luke Martin	Invicta East Kent AC	144 Rhys Joyeux	Cambridge Harriers
133 Oscar Mitroi	Dartford Harriers AC	145 Chisom Mokwenye	Cambridge Harriers
137 Keon Odulawa	Dartford Harriers AC	146 Roddy Ostle	Invicta East Kent AC
1.....	2.....	3.....	
1.....	2.....	3.....	
1.....	2.....	3.....	

Event T75	200 METRES UNDER 15 BOYS	3 Heats	2.40
	Tom Gordon Trophy		
	CBP: 22.88 Victor Redman Folkestone Running Club 2023		
	2023 Victor Redman Folkestone Running Club 22.88		
208 Zavier Brathwaite	Cambridge Harriers	221 Samuel Beaumont	Ashford AC
211 Olufikayo Lana	Blackheath & Bromley H AC	222 Alexander Cheyne	Medway and Maidstone AC
212 Jovani Lindsey	Cambridge Harriers	223 Jake Conyers	White Cliffs Athletics and RC
213 Nicholas Marquez	Blackheath & Bromley H AC	224 Troy Ogedengbe	Blackheath & Bromley H AC
214 Asher Maudhub	Medway and Maidstone AC	225 Ben Rider	The Judd School
215 Jacob McGeachy	Tonbridge AC	226 Kai Rogan	Dartford Harriers AC
216 Jayden Naiker	Ashford AC	227 Jack Ruby	Blackheath & Bromley H AC
218 Tristan Suberu	Folkestone Running and AC	228 Chidubem Ugoji	Dartford Harriers AC
219 Morgan Wakefield	Thanet AC	229 Nathan Wood	Ashford AC
1.....	2.....	3.....	
1.....	2.....	3.....	
1.....	2.....	3.....	

Event T76	100 METRES UNDER 15 GIRLS	2 S/F	3.00
	Borough of Woolwich Cup		
	CBP: 12.25 Emily Cadman Cambridge Harriers 2023		
	2023 Emily Cadman Cambridge Harriers 12.32		

Event T83 **800 METRES UNDER 17 MEN** **Final** **4.15**
Astral Cup presented by Astral Sports
 CBP: 1m 54.53s N Kirk GEC Avionics 1995
 2023 Franklin Shepherd Medway and Maidstone AC 1:57.60

Qualifiers

1..... 2..... 3.....

Event T84 **200 METRES SENIOR MEN** **Final** **4.25**
Viscount Wakefield Challenge Cup
 CBP: 21.01s J Alaka Black & Brom 2009
 2023 Connor Neal Harrow AC 21.61

Qualifiers

1..... 2..... 3.....

Event T85 **200 METRES UNDER 20 MEN** **Final** **4.30**
W.G.Spencer Challenge Cup
 CBP: 21.2s N.Stickings GEC Avionics 1990
 2023 Dylan Purton Medway and Maidstone AC 21.67

Qualifiers

1..... 2..... 3.....

Event T86 **200 METRES UNDER 17 MEN** **Final** **4.35**
Presidents Trophy presented by Mr PR Stedall
 CBP: 21.65s Gavin Comber Dartford H 2004
 2023 Joe Stone Tonbridge AC 22.47

Qualifiers

1..... 2..... 3.....

Event T87 **200 METRES UNDER 15 BOYS** **Final** **4.40**
Tom Gordon Trophy
 CBP: 22.88 Victor Redman Folkestone Running Club 2023
 2023 Victor Redman Folkestone Running Club 22.88

Qualifiers

1..... 2..... 3.....

Event T88 **100 METRES UNDER 15 GIRLS** **Final** **4.55**
Borough of Woolwich Cup
 CBP: 12.25 Emily Cadman Cambridge Harriers 2023
 2023 Emily Cadman Cambridge Harriers 12.32

Qualifiers

1..... 2..... 3.....

Event T89 **100 METRES UNDER 17 Women** **Final** **5.00**
Kent Messenger Cup
 CBP: 11.64 Shannon Hylton Black & Brom 2013
 2023 Harriet Medlen Tonbridge AC 12.27

Qualifiers

1..... 2..... 3.....

Event F37	HIGH JUMP SENIOR MEN		FINAL	10.15
	Sir Ralph Reed Challenge Cup			
	CBP: 2.28m G.Parsons London AC 1986			
	2023 James Nightingale Blackheath & Bromley H AC 1.65			
60 Harvey Fordham	Paddock Wood AC	61 James Nightingale	Blackheath & Bromley H AC	
1.....	2.....	3.....		
Event F38	HIGH JUMP UNDER 20 MEN		FINAL	10.15
	Radio Medway Helen Broad Cup			
	CBP: 2.08m H McKinson Cambridge H 1998			
	2023 Harvey Fordham Paddock Wood AC 1.80			
116 Ellis Spedding	Ashford AC			
1.....	2.....	3.....		
Event F39	POLE VAULT SENIOR WOMEN		FINAL	10.30
	KCAA Senior Women's Pole Vault Trophy			
	CBP: 4.00m L Hughes Bromley AC 2004			
	2023 Eleanor Barrett Blackheath & Bromley H AC 3.10			
349 Holly Platt	Blackheath & Bromley H AC	357 Hannah Lewis	Blackheath & Bromley H AC	
356 Teresa Eades	Dartford Harriers AC			
1.....	2.....	3.....		
Event F40	POLE VAULT UNDER 20 WOMEN		FINAL	10.30
	Jim Day Trophy			
	CBP: 3.70 Ailis McGovern Bexley AC 2015			
	2022 Lucinda White Tonbridge AC 3.30			
421 Lucinda White	Tonbridge AC			
1.....	2.....	3.....		
Event F41	LONG JUMP UNDER 15 GIRLS		FINAL	11.15
	Mrs D. Higley Cup			
	CBP: 5.43m Daisy Snell Blackheath & Bromley H AC 2021			
	2023 Chizam Boniface Blackheath & Bromley H AC 4.86			
518 Ismae Abomeli	Thanet AC	553 Manroop Jandu	Dartford Harriers AC	
521 Jesutobi Adesanya	Kent AC	554 Matilda Murray	Blackheath & Bromley H AC	
528 Laila Humphrey	Invicta East Kent AC	562 Amily Morgan	Dartford Harriers AC	
529 Talia Junaid-Evans	Dartford Harriers AC	565 Amelie Ramdeen	Blackheath & Bromley H AC	
530 Lily Kenyon	Invicta East Kent AC	566 Lily Rockall	Folkestone Running and AC	
531 Kathleen Knight Misson	Paddock Wood AC	579 Millicent Steele	Ashford AC	
532 Elizabeth McKen	Cambridge Harriers	580 Lucy Steer	Invicta East Kent AC	
537 Poppy Rogers	Medway and Maidstone AC	597 Tess Hepple	Kent AC	
539 Angel Salako	Dartford Harriers AC	598 Sienna Morris	Ashford AC	
540 Alessia Scala	Blackheath & Bromley H AC	605 Mia Blaber	Medway and Maidstone AC	
544 Rebecca Turner	Dartford Harriers AC	606 Lily Juan	Medway and Maidstone AC	
551 Bethany Clayton	Invicta East Kent AC	607 Olwyn Mtungwazi	Sevenoaks AC	
1.....	2.....	3.....		

Event F42	SHOT UNDER 17 MEN		FINAL	11.30
	The Blandford Trophy			
	CBP: 18.93m C Griffith-Parker Cambridge H 2007			
	2023 Debare Alade Dartford Harriers AC 14.76			
197 Nkemka Agulana	Cambridge Harriers	199 Sonny Hatch	Dartford Harriers AC	
198 Michael Bridge	Cambridge Harriers	200 Jack Rider	Dartford Harriers AC	
1.....	2.....	3.....		

Event F43	SHOT UNDER 15 BOYS		FINAL	11.30
	Tom Gordon Trophy			
	CBP: 17.22m C Griffith-Parker Cambridge H 2005			
	2023 Michael Bridge Cambridge Harriers 13.44			
227 Jack Ruby	Blackheath & Bromley H AC	290 Story Bundy	Invicta East Kent AC	
256 Victor Lambov	Ashford AC	301 Obinna Aniebo	Dartford Grammar School	
266 Zachary Ives	Dartford Harriers AC	302 Kierath Dhillon	Dartford Harriers AC	
286 Alfie Walach	Swale Combined AC	303 Joseph Zdunek	The Judd School	
287 Thomas Webb	Folkestone Running and AC			
1.....	2.....	3.....		

Event F44	HAMMER SENIOR WOMEN		FINAL	11.35
	KCAA Ladies Hammer Shield			
	CBP: 61.36 Shaunagh Brown Blackheath & Bromley H AC 2015			
	2023 Kirsty-Anne Ebbage Tonbridge AC 49.43			
364 Kirsty-Anne Ebbage	Tonbridge AC	371 Claire Capon	Dartford Harriers AC	
365 Natalie Mann	Cambridge Harriers	372 Sophie Fenner	Cambridge Harriers	
366 Nina Ridge	Tonbridge AC	373 Stacy Taylor	Dartford Harriers AC	
370 Chloe Williams	Thanet AC			
1.....	2.....	3.....		

Event F45	HAMMER UNDER 20 WOMEN		FINAL	11.35
	KCAA Under 20 Women's Hammer Trophy			
	CBP: 52.59m R Blackie Black & Brom H AC 2006			
	2023 Lily Murray Swale Combined AC 52.49			
407 Keziah Olaleye	Cambridge Harriers	429 Amelia Lawton	Invicta East Kent AC	
426 Hope Still	Dartford Harriers AC	430 Isabella Wilson	Invicta East Kent AC	
428 Sapphire Houston-Ball	Blackheath & Bromley H AC			
1.....	2.....	3.....		

Event F46	HIGH JUMP UNDER 17 WOMEN		FINAL	12.30
	Sir Ralph Reed Cup			
	CBP: 1.78m S.Vickers Kent AC 1973			
	2023 Matilda Secker Tonbridge AC 1.65			
436 Keriema Bailey	Bexley AC	504 Ella Thomas	Tonbridge AC	
495 Gabriella Noyce	Cambridge Harriers	505 Qi-Chi Ukpai	Blackheath & Bromley H AC	
503 Hannah St Clare	Ashford AC			
1.....	2.....	3.....		

Event F47 HIGH JUMP UNDER 15 GIRLS FINAL 12.30
Lady Margaret Reed Cup
 CBP: 1.69m Amber Durrant Medway & Maidstone AC 2014
 2023 Heidi Coulson Blackheath & Bromley H AC 1.40

529 Talia Junaid-Evans	Dartford Harriers AC	580 Lucy Steer	Invicta East Kent AC
535 Fayo Olatunde	Blackheath & Bromley H AC	597 Tess Hepple	Kent AC
540 Alessia Scala	Blackheath & Bromley H AC	599 Ellin Wilson	Ashford AC
553 Manroop Jandu	Dartford Harriers AC	600 Gwennan Thomas	Medway and Maidstone AC

1..... 2..... 3.....

Event F48 POLE VAULT UNDER 17 MEN FINAL 1.00
Jim Day Trophy
 CBP: 4.10m Pedro Gleadall Blackheath & Bromley H AC 2018
 2023 Tom Walker Dartford Harriers AC 3.80

161 Adam Parrett	Ashford AC	193 Michael Oyetti	Dartford Harriers AC
183 Rahman Odugbayi	Dartford Harriers AC	194 Charlie Platt	Blackheath & Bromley H AC
192 Harry Owen	Tonbridge AC		

1..... 2..... 3.....

Event F49 POLE VAULT UNDER 15 BOYS FINAL 1.00
Tom Gordon Trophy
 CBP: 4.01 Charlie Platt Blackheath & Bromley H AC 2023
 2023 Charlie Platt Blackheath & Bromley H AC 4.01

221 Samuel Beaumont	Ashford AC	295 David Odeyemi	Dartford Harriers AC
230 Jonathan Adegbola	Blackheath & Bromley H AC	296 Alistair Sosu	Dartford Grammar School
249 Andrei Dragulin	Dartford Grammar School		

1..... 2..... 3.....

Event F50 DISCUS SENIOR WOMEN FINAL 1.10
Medway Silver Salver
 CBP: 52.28m E.Mulvihill Greenwich Borough AC 1987
 2023 Kirsty-Anne Ebbage Tonbridge AC 46.27

364 Kirsty-Anne Ebbage	Tonbridge AC	368 Zara Obamakinwa	Blackheath & Bromley H AC
365 Natalie Mann	Cambridge Harriers	369 Zsuzsanna Racz	Bexley AC
366 Nina Ridge	Tonbridge AC	370 Chloe Williams	Thanet AC
367 Sam Ansell	Bexley AC		

1..... 2..... 3.....

Event F51 DISCUS UNDER 20 WOMEN FINAL 1.10
 CBP: 51.18m S Brown Black & Brom H AC 2007
 2023 Zara Obamakinwa Blackheath & Bromley H AC 49.05

409 Jessie Sargeant	Blackheath & Bromley H AC	425 Hannah Bridge	Cambridge Harriers
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1..... 2..... 3.....

Event F52	LONG JUMP SENIOR MEN	FINAL	1.10
	Lt.Col. Sheldon Challenge Cup		
	CBP: 7.82m J King W'hampton & Bilston 1984		
	2023 Brandon Sikity Cambridge Harriers 6.45		
29 Brandon Sikity	Cambridge Harriers	67 Ben Sutton	Blackheath & Bromley H AC
66 Stephen Lake	Ashford AC		
1.....	2.....	3.....	
Event F53	LONG JUMP UNDER 20 MEN	FINAL	1.10
	Lt.Col. Sheldon Challenge Cup		
	CBP: 7.45m B Nevison Tonbridge AC 1986		
	2023 Augustine Kodji Dartford Harriers AC 6.43		
93 Joe Stone	Tonbridge AC	120 Oghenetega Gbagi	Thanet AC
1.....	2.....	3.....	
Event F54	TRIPLE JUMP UNDER 17 WOMEN	FINAL	2.00
	CBP: 12.10 Eloise Harvey Dartford Harriers AC 2017		
	2023 Qi-Chi Ukpai Blackheath & Bromley H AC 12.10		
458 Chikamso Ugoji	Dartford Harriers AC	509 Siv Leila Eliassen	Kent AC
489 Gracie-May Cooper-Legg	Bexley AC		
1.....	2.....	3.....	
Event F55	TRIPLE JUMP UNDER 15 GIRLS	FINAL	2.00
	CBP: 11.10 Qi-Chi Ukpai Blackheath & Bromley Harriers AC 2022		
	2023 Araba Taylor Tonbridge AC 9.86		
532 Elizabeth McKen	Cambridge Harriers	597 Tess Hepple	Kent AC
539 Angel Salako	Dartford Harriers AC	606 Lily Juan	Medway and Maidstone AC
544 Rebecca Turner	Dartford Harriers AC	608 Abigail Smith	Folkestone Running and AC
1.....	2.....	3.....	
Event F56	DISCUS UNDER 17 MEN	FINAL	2.20
	The Blandford Trophy		
	CBP: 57.92m C Griffith-Parker Cambridge H 2007		
	2023 Debare Alade Dartford Harriers AC 46.23		
197 Nkemka Agulana	Cambridge Harriers	201 Blake Gates	Swale Combined AC
198 Michael Bridge	Cambridge Harriers	202 George Henderson	Blackheath & Bromley H AC
200 Jack Rider	Dartford Harriers AC		
1.....	2.....	3.....	
Event F57	DISCUS UNDER 15 BOYS	FINAL	2.20
	Tom Gordon Trophy		
	CBP: 50.17m C Griffith-Parker Cambridge H 2005		
	2023 George Henderson Blackheath & Bromley H AC 35.46		
211 Olufikayo Lana	Blackheath & Bromley H AC	290 Story Bundy	Invicta East Kent AC
221 Samuel Beaumont	Ashford AC	291 Thomas Connop	Medway and Maidstone AC
235 Aathinarth Gananathan	Dartford Harriers AC	293 Toby Gwinnell	Tonbridge AC
244 Joel Ampong	Dartford Grammar School	304 Andrij Znetyniak	Sevenoaks AC
270 Finley Paton	Ashford AC		
1.....	2.....	3.....	

Event F58	TRIPLE JUMP SENIOR MEN		FINAL	3.15
	Kentish Times Challenge Shield			
	CBP: 15.88m T Oke Woodford Green & Essex Ladies 2003			
	2023 Okiki Olugunna Bexley AC 12.90			
66 Stephen Lake	Ashford AC	69 Alex Stone	Tonbridge AC	
68 Kieran Isaac	Medway and Maidstone AC			
1.....	2.....	3.....		
Event F59	TRIPLE JUMP UNDER 20 MEN		FINAL	3.15
	The Norman Page Trophy			
	CBP: 14.85m E.Clark Blackheath H 1993			
	2023 Augustine Kodji Dartford Harriers AC 12.56			
113 Edward Little	Medway and Maidstone AC	121 David Ola	Dartford Harriers AC	
1.....	2.....	3.....		
Event F60	JAVELIN UNDER 17 WOMEN		FINAL	4.15
	Miss H.V.Fossey Cup			
	CBP: 44.08 Eloise Locke Blackheath & Bromley H AC 2016 (500gm)			
	2023 Eleanor Russell Bexley AC 35.19			
508 Esme Aye-Kumi	S Factor Academy	515 Maddison Lopez	Bexley AC	
512 Gracie Lawton	Invicta East Kent AC	516 Harriet Court	Paddock Wood AC	
1.....	2.....	3.....		
Event F61	JAVELIN UNDER 15 GIRLS		FINAL	4.15
	Avril Bowring Cup			
	CBP: 38.33m Lucinda White Tonbridge AC 2019			
	2023 Maddison Lopez Bexley AC 26.57			
522 Emilia Adese	Blackheath & Bromley H AC	608 Abigail Smith	Folkestone Running and AC	
579 Millicent Steele	Ashford AC	613 Adriana Pepin	Thanet AC	
605 Mia Blaber	Medway and Maidstone AC			
1.....	2.....	3.....		
Event F62	JAVELIN SENIOR MEN		FINAL	4.15
	Kentish Times Challenge Trophy			
	CBP: 80.72m S.Backley Cambridge AC 1992			
	2023 Joseph Gunton Bexley AC 47.03			
78 Wynn Howe	Swansea Harriers	79 Sean Rodwell	Medway and Maidstone AC	
1.....	2.....	3.....		
Event F63	JAVELIN UNDER 20 MEN		FINAL	4.15
	Leisure Services Shield by Maidstone Bor			
	CBP: 77.00m S.Backley Cambridge H 1988			
	2023 Felix Mcardle Hodge Blackheath & Bromley H AC 54.99			
95 Thomas Daly	Tonbridge AC	125 Felix Mcardle Hodge	Tonbridge AC	
124 Joshua Baker	Cambridge Harriers			
1.....	2.....	3.....		