

KCAA Relay Championships - Norman Park, Bromley - 08/09/2024

Mixed Medley

Final

1	X	Bexley AC 1	Kendra Uche (U17W), Sophie Ansell (U17W), Jonathan Mann (SM), Joseph O'Hara (SM)	3:47.2
2	B	Blackheath & Bromley H AC 1	Jennie Butler (SW), Joyce Nzekwe (U20W), Chinedu Ndukwu (U20M), Thomas Sugden (SM)	3:52.4
3	R	Swale Combined AC	Milly Jessup (U17W), Jonathan Cork (M40), Jonathan Cork (M40), Andrew Scoones (SM)	4:13.0
4	U	Thanet AC 1	Leah Wearing-Channing (SW), Bethany Shimmen-Smith (U17W), Aston Fredericks (SM), Lewis Parsons (SM)	4:14.3
	E	Invicta East Kent AC 1	Dakota Wilson (U17W), Georgina Kyte (U20W), James Gill (U20M), Roddy Ostle (U17M)	disq

SM Medley

Final

1	M	Medway & Maidstone AC 1	Franklin Shepherd (U20M), Dillon Gregory (U17M), Tomass Kalve (U20M), Edward Little (U20M)	3:44.3
2	D	Dartford Harriers AC 1	Trey McPherson (SM), Abass Jah (SM), Adam Bernard (M35), Terry Hawkey (M40)	3:55.6
3	DD	Dartford Harriers AC 2	Oscar Mitroi (U17M), Joshua Arojo (SM), Jacob Da Costa (U20M), Samuel Coombs (M40)	4:09.2

SW Medley

Final

1	C	Cambridge Harriers 1	Danielle Agyemang-Tolbert (U17W), Nirah Valinejad (U20W), Keziah Olaleye (U20W), Amelia Lawrence (U20W)	4:22.4
2	D	Dartford Harriers AC 1	Candy Okeoma (U17W), Imogen Smith (U20W), Jasmine Crossley (U20W), Freya Perry (U20W)	4:42.5

U15G 3 x 800m

Final

1	T	Tonbridge AC 1	Aoife Foley, Isabel Gowing, Purdey Hutchings	7:20.5
2	B	Blackheath & Bromley H AC 1	Evie De Bruyn, Aoife McDonagh, Alba Homans-Yau	7:28.3
3	C	Cambridge Harriers 1	Sophia-Rose Bonnar, Meredith Cummins, Celia Allen	7:37.9
4	CC	Cambridge Harriers 2	Isabel Brand, Sophie Floyd, Celia Yeatman	7:44.7
5	BB	Blackheath & Bromley H AC 2	Chloe Morez, Charlotte Stevens, Aoife Stanley	7:51.4
6	D	Dartford Harriers AC 1	Matilda Holliday, Shevia Ryan, Sonika Thwaites-Ramaiya	7:54.7
7	X	Bexley AC 1	Evie Fish, Adaora Okafor, Katie Wake	8:12.8
8	TT	Tonbridge AC 2	Maya Ping, Zara Greeves, Hana Maeda	8:15.2
9	M	Medway & Maidstone AC 1	Matilda Moisan, Rosa Truong, Gwennan Thomas	8:26.0
10	E	Invicta East Kent AC 1	Daisy Stone, Eva Hiney, Abigail Harris	9:13.8

U13B 3 x 800m

Final

1	B	Blackheath & Bromley H AC 1	Emery Aldridge, Zachary Evans, Harry Beeraje	7:22.6
2	T	Tonbridge AC 1	Zachary Ward, Mika Pit, Victor Watling	7:25.5
3	BB	Blackheath & Bromley H AC 2	Zach Poulter, Jesse Williams, Dexter Mein	7:48.4
4	C	Cambridge Harriers 1	Rupert Scott, Oto Weir, Herbie Tobin	7:52.8
5	TT	Tonbridge AC 2	Oliver White, Henry McClements, Jack Levett	8:04.0
6	G	Blackheath & Bromley H AC 3	Billy Pharoah, Oscar King, Luke Eperon	8:05.9
7	M	Medway & Maidstone AC 1	Luca Del Guercio, Jack Gregory, Joseph Danson	8:51.2

U13G 3 x 800m

Final

1	C	Cambridge Harriers 1	Esther Yeatman, Lizzie Sanders, Seren Yeatman	8:00.8
2	E	Invicta East Kent AC 1	Tia Wiggins, Lois Coleman, Miller Payne	8:24.2
3	B	Blackheath & Bromley H AC 1	Harriet Hughes, Isabella Jenkins, Holly Alford-Smith	8:28.2
4	BB	Blackheath & Bromley H AC 2	Olivia King, Leela Bhadeshia, Jasmine Stephens	8:51.0
5	D	Dartford Harriers AC 1	Isla Kennedy, Orla Luckhurst, Tyla-Jade Thomas	8:56.0
6	G	Blackheath & Bromley H AC 3	Imogen Jenner-Heard, Beatrice Morez, Alice Bunn	9:03.9

U15B 3 x 800m

Time Trials

1	T	Tonbridge AC 1	Harry Wrigley, Oliver Lester, Steven Galliard	6:39.5
2	B	Blackheath & Bromley H AC 1	Daniel Horgan, James Bunn, Zacchaeus Kelman	6:45.0
3	A	Ashford AC 1	Oscar Barker, Finley Paton, William Reed	6:57.6
4	BB	Blackheath & Bromley H AC 2	Finn Gotkine, Jack Barlow, Jake Martin	7:00.2
5	TT	Tonbridge AC 2	Theo Ackerman, Ben Rider, Ethan Brooks	7:04.1
6	GG	Blackheath & Bromley H AC 4	Matias Caceres, Liam Hough, Aaron Sebuwufu	7:08.8
7	G	Blackheath & Bromley H AC 3	Matthew Tootell, Alex Smith, Johnny Lee	7:17.9
8	C	Cambridge Harriers 1	Alex Van Den Berg-Hows, Joe White, Daniel Whitehouse	7:19.3
9	AA	Ashford AC 2	Aiden Tomsett, William Glasgow, Dylan Davidson-Daniel	7:40.3
10	K	Kent AC 1	George Searle, Barnaby Hayter, Matteo Watson	7:47.9

U17W 3 x 800m

Final

1	X	Bexley AC 1	Sophie Ansell, Madeleine Dunsmore, Aimee Price	8:06.7
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U17M 3 x 800m

Final

1	C	Cambridge Harriers 1	Samuel Scrase-Field, Oliver Cook, Olly Buck	6:17.1
2	K	Kent AC 1	Jasper Jones, Dylan Sandhu, Louis Holley	6:33.5
3	CC	Cambridge Harriers 2	Fawaz Orebiyi, Thomas Ellis, Joshua Wellings	6:44.3

U15G 4 x 200m**Heat 1**

1	B	Blackheath & Bromley H AC 1	Matilda Murray, Freya Pearson, Isobel Rae, Noelle Carr	1:50.4	Q
2	M	Medway & Maidstone AC 1	Amiyah Spencer, Ayomide Yemi-Sofumade, Olivia Baker, Mylan Mighty	1:50.7	Q
3	E	Invicta East Kent AC 1	Lily Kenyon, Laila Humphrey, Bethany Clayton, Martha Adkins	1:54.7	Q
4	R	Swale Combined AC	Océane Argivier, Janelle Boakye, Lilly-Grace Gillam, Millie Rumley	2:00.2	q
5	A	Ashford AC 1	Zoe Enakimio, Lacie Coker, Ellin Wilson, Sienna Morris	2:00.6	
6	TT	Tonbridge AC 2	Natalia Lynn, Tevy Cerrini, Scarlett Fletcher, Felicity Edwards	2:09.2	
7	EE	Invicta East Kent AC 2	Florence Hayes, Daisy Stone, Eva Hiney, Minerva Navarro-Pollott	2:11.6	

U15G 4 x 200m**Heat 2**

1	C	Cambridge Harriers 1	Nia Thomas, Uchenna Adigwe, Jayda Renae McKenzie, Victoria Erinfolami	1:50.5	Q
2	D	Dartford Harriers AC 1	Hannah Odelade , Rebecca Turner, Freya Goodayle, Manroop Jandu	1:51.0	Q
3	T	Tonbridge AC 1	Brianna Raymond, Sienna Cates, Arabella Johnston, Annie Dinnis	1:55.3	Q
4	X	Bexley AC 1	Kayla Fanoiki, Melissa Ameyaw, Haleema Okejimi, Katie Wake	1:55.8	q
5	DD	Dartford Harriers AC 2	Shevia Ryan, Dara Akinyele, Matilda Holliday , Sarah Thompson	2:01.4	
6	MM	Medway & Maidstone AC 2	Lily Juan, Michaela Sodunke, Emily Malherbe, Josephine Hamilton-Rennhack	2:01.6	

U15G 4 x 200m**Final**

1	D	Dartford Harriers AC 1	Hannah Odelade , Rebecca Turner, Freya Goodayle, Manroop Jandu	1:49.8	
2	B	Blackheath & Bromley H AC 1	Noelle Carr, Isobel Rae, Freya Pearson, Matilda Murray	1:50.7	
3	M	Medway & Maidstone AC 1	Amiyah Spencer, Ayomide Yemi-Sofumade, Olivia Baker, Mylan Mighty	1:50.7	
4	C	Cambridge Harriers 1	Nia Thomas, Uchenna Adigwe, Jayda Renae McKenzie, Victoria Erinfolami	1:51.9	
5	E	Invicta East Kent AC 1	Lily Kenyon, Laila Humphrey, Bethany Clayton, Martha Adkins	1:52.9	
6	X	Bexley AC 1	Kayla Fanoiki, Melissa Ameyaw, Haleema Okejimi, Katie Wake	1:56.3	
7	R	Swale Combined AC	Océane Argivier, Janelle Boakye, Lilly-Grace Gillam, Millie Rumley	1:58.6	
8	T	Tonbridge AC 1	Brianna Raymond, Arabella Johnston, Sienna Cates, Annie Dinnis	2:04.8	

U13B 4 x 200m**Heat 1**

1	D	Dartford Harriers AC 1	Caleb Faleye, Oscar Moore, Josiah-Joed Balogun, Jeffery Alabi	1:54.9	Q
2	T	Tonbridge AC 1	Theo Adkin, Etienne Menardi-Jones, Zachary Ward, Freddie Keem	1:55.4	Q
3	E	Invicta East Kent AC 1	Jacob Clark Jones, James Ellul, Teddy Webb, Kyron Okeke	2:02.4	Q
4	BB	Blackheath & Bromley H AC 2	Oscar King, Billy Pharoah, Lewis Crick, Zachary Evans	2:07.5	q

U13B 4 x 200m**Heat 2**

1	B	Blackheath & Bromley H AC 1	Luca Hunstone, Ashley Michelli, Nicodemus Senior, Zach Poulter	1:53.1	Q
2	C	Cambridge Harriers 1	Zion Odele, William Obiorah, Aran Shipley, Phoenix London	2:01.4	Q
3	TT	Tonbridge AC 2	Nate Harper, George Coxon, Aaron Green, Thomas Parker	2:03.1	Q
4	M	Medway & Maidstone AC 1	Ethan Miles, Jack Gregory, Oscar Giles, Joseph Danson	2:06.7	q
5	H	Tonbridge AC 3	Sebbie Smith, Diogo Dinis, Rudy Osher, Charlie Green	2:12.1	

U13B 4 x 200m**Final**

1	B	Blackheath & Bromley H AC 1	Luca Hunstone, Ashley Michelli, Nicodemus Senior, Zach Poulter	1:50.7	
2	T	Tonbridge AC 1	Theo Adkin, Etienne Menardi-Jones, Zachary Ward, Freddie Keem	1:52.8	
3	E	Invicta East Kent AC 1	Jacob Clark Jones, James Ellul, Teddy Webb, Kyron Okeke	2:00.5	
4	C	Cambridge Harriers 1	Zion Odele, William Obiorah, Aran Shipley, Phoenix London	2:02.1	
5	BB	Blackheath & Bromley H AC 2	Oscar King, Billy Pharoah, Lewis Crick, Zachary Evans	2:07.2	
6	M	Medway & Maidstone AC 1	Ethan Miles, Jack Gregory, Oscar Giles, Joseph Danson	2:07.8	
	D	Dartford Harriers AC 1	Caleb Faleye, Oscar Moore, Josiah-Joed Balogun, Jeffery Alabi	disq	
	TT	Tonbridge AC 2	Nate Harper, George Coxon, Aaron Green, Thomas Parker	disq	

U13G 4 x 200m**Heat 1**

1	X	Bexley AC 1	Amelia Emmett, Kerienah Bailey, Diana Obersterescu, Amanda Onwuasoanya	1:59.8	Q
2	D	Dartford Harriers AC 1	Isla Kennedy, Chloe Ashton, Keona Odulawa, Megan Goodayle	2:02.2	Q
3	A	Ashford AC 1	Lily Catt, Jessica Phillips, Sereniti Rankin, Emma Smith	2:03.5	Q
4	AA	Ashford AC 2	Poppy Harris, Sienna Davies, Amelia Curley, Ella Pearson	2:15.8	q
5	DD	Dartford Harriers AC 2	Star-Monroe Phillips, Sophie Ross, Honey Southin, Tyla-Jade Thomas	2:24.7	

U13G 4 x 200m**Heat 2**

1	B	Blackheath & Bromley H AC 1	Faye Yeomans, Etse Okoro, Ella Rae, Zamaia Dixon	1:58.9	Q
2	M	Medway & Maidstone AC 1	Paige Becconsall, Joyce Akindeji, Isabelle Routley, Abigail Igwe	2:01.3	Q
3	C	Cambridge Harriers 1	Miya Cook, Seren Yeatman, Redeemed Nworah, Redemption Nworah	2:03.6	Q
4	T	Tonbridge AC 1	Lili-Elle Addy, Shellyann Heho, Aria Miles, Tayla Galliard	2:03.7	q
5	R	Swale Combined AC	Connie Kemp, Emma Duplock, Megan Fulton, Lyla Cork	2:16.4	

U13G 4 x 200m**Final**

1	X	Bexley AC 1	Amelia Emmett, Kerienah Bailey, Diana Obersterescu, Amanda Onwuasoanya	1:59.5	
2	B	Blackheath & Bromley H AC 1	Faye Yeomans, Etse Okoro, Ella Rae, Zamaia Dixon	1:59.6	
3	D	Dartford Harriers AC 1	Isla Kennedy, Chloe Ashton, Keona Odulawa, Megan Goodayle	2:00.7	
4	A	Ashford AC 1	Lily Catt, Jessica Phillips, Sereniti Rankin, Emma Smith	2:01.2	
5	C	Cambridge Harriers 1	Redemption Nworah, Seren Yeatman, Redeemed Nworah, Miya Cook	2:02.3	
6	M	Medway & Maidstone AC 1	Paige Becconsall, Joyce Akindeji, Isabelle Routley, Abigail Igwe	2:03.4	
7	T	Tonbridge AC 1	Lili-Elle Addy, Shellyann Heho, Aria Miles, Tayla Galliard	2:04.5	
8	AA	Ashford AC 2	Poppy Harris, Sienna Davies, Amelia Curley, Ella Pearson	2:19.3	

U15G 4 x 300m**Heat 1**

1	B	Blackheath & Bromley H AC 1	Ariana Jenner-Heard, Freya Pearson, Aoife McDonagh, Alice Witherspoon	3:00.0	Q
2	T	Tonbridge AC 1	Tiffany Oyewale, Scarlett Fletcher, Elizabeth George, Purdey Hutchings	3:07.4	Q
3	TT	Tonbridge AC 2	Aoife Foley, Maya Ping, Zara Greeves, Isabel Gowing	3:09.9	Q
4	A	Ashford AC 1	Natasha Stevens, Jazmine Newick, Ellin Wilson, Aki Manciani	3:10.6	q
5	X	Bexley AC 1	Evie Fish, Adaora Okafor, Elodie Vivian, Katie Wake	3:23.7	

U15G 4 x 300m**Heat 2**

1	D	Dartford Harriers AC 1	Matilda Holliday , Freya Goodayle, Shevia Ryan, Manroop Jandu	3:06.6	Q
2	BB	Blackheath & Bromley H AC 2	Alba Homans-Yau, Amelie Ramdeen, Isobel Rae, Aoife Stanley	3:08.6	Q
3	E	Invicta East Kent AC 1	Lois Baisley, Lela Dombai-Walters, Abigail Harris, Lucy Steer	3:09.9	Q
4	C	Cambridge Harriers 1	Sophie Floyd, Uchenna Adigwe, Celia Allen, Isabel Brand	3:10.6	q
5	M	Medway & Maidstone AC 1	Matilda Moisan, Olivia Baker, Lily Juan, Josephine Hamilton-Rennhack	3:22.5	

U15G 4 x 300m**Final**

1	B	Blackheath & Bromley H AC 1	Freya Pearson, Aoife McDonagh, Ariana Jenner-Heard, Alice Witherspoon	2:57.9	
2	T	Tonbridge AC 1	Tiffany Oyewale, Elizabeth George, Scarlett Fletcher, Purdey Hutchings	3:01.3	
3	D	Dartford Harriers AC 1	Matilda Holliday , Freya Goodayle, Shevia Ryan, Manroop Jandu	3:06.7	
4	BB	Blackheath & Bromley H AC 2	Amelie Ramdeen, Alba Homans-Yau, Aoife Stanley, Isobel Rae	3:07.4	
5	TT	Tonbridge AC 2	Aoife Foley, Maya Ping, Zara Greeves, Isabel Gowing	3:12.3	
6	A	Ashford AC 1	Natasha Stevens, Jazmine Newick, Ellin Wilson, Aki Manciani	3:12.8	
7	E	Invicta East Kent AC 1	Lois Baisley, Lela Dombai-Walters, Abigail Harris, Lucy Steer	3:13.0	
8	C	Cambridge Harriers 1	Sophie Floyd, Uchenna Adigwe, Victoria Simi Akinlolu, Celia Allen	3:13.5	

SM 4 x 200m**Final**

1	C	Cambridge Harriers 1	Shaquille Fernandez-Folkes (SM), Dayne Douglas (U20M), Moshood Erinfolami (U20M), Daniel Nyong (U20M)	1:30.4	
2	M	Medway & Maidstone AC 1	Harry Osborne (SM), Ethan Rollings (U20M), Nathan Isaac (SM), Aidan Karamira (SM)	1:30.7	
3	MM	Medway & Maidstone AC 2	Joshua Osaretin (U20M), Cameron Isaac (U20M), Cheyne West (U20M), Daniel Shoyoye (U20M)	1:31.7	
4	B	Blackheath & Bromley H AC 1	Chinedu Ndukwu (U20M), Ronari Lynch (U20M), Marley Byfield (U20M), Oliver Driscoll (U20M)	1:32.7	
5	X	Bexley AC 1	Adam Lawal (SM), Pelumi Oguntunde (SM), Tobechi Azodoh (U17M), Chaka-Tau Sankofa (U17M)	1:33.7	
6	D	Dartford Harriers AC 1	Daniel Chigbu (U20M), Abass Jah (SM), Joshua Arojo (SM), Trey McPherson (SM)	1:34.1	
7	E	Invicta East Kent AC 1	Joshua Thomas-Wright (U20M), Brandon Twycross (SM), Christian Gayle (U17), Nickoy Robinson (SM)	1:40.9	

SW 4 x 200m**Final**

1	T	Tonbridge AC 1	Harriet Medlen (U20W), Evie Dixon (U17W), Isabelle Bridgeman (U20W), Lucy Tallon (U20W)	1:42.6	
2	M	Medway & Maidstone AC 1	Amber Matthews (U17W), Lucy Hope (SW), Abigail Walters (SW), Ellie Turner (SW)	1:42.9	
3	B	Blackheath & Bromley H AC 1	Nina Whitter (U20W), Olivia Magee-Brown (U20W), Samantha Williams (W40), Joyce Nzekwe (U20W)	1:49.7	
4	U	Thanet AC 1	Leah Wearing-Channing (SW), Millie Vas (U20W), Rebecca Sommerville (W35), Bethany Shimmen-Smith (U17W)	1:55.6	

U17M 4 x 200m**Final**

1	C	Cambridge Harriers 1	Ephraim Akinlolu, Daniel Obike, Luca Glyde-Jones, Rhys Joyeux	1:34.4	
2	M	Medway & Maidstone AC 1	Lucas Cameron, Daniel Famojuro, Riley Deverell Heathcote, Maxime Foissy	1:36.1	
3	B	Blackheath & Bromley H AC 1	Theodore Osobu, Daniel Olatunji, Tane Chambers, Ebube Madubata	1:39.3	
4	A	Ashford AC 1	Chamberlain Ofosu, Tyler Coppins, Jensen Wright, Leo Norris	1:40.4	
	D	Dartford Harriers AC 1	Ethan Barton, Israel Faleye , Oscar Mitroi, Keon Oulawa	dnf	

U17W 4 x 200m**Final**

1	M	Medway & Maidstone AC 1	Grace Durrant, Sienna Gratwick, Azaria Makinde, Oluwadamitan Showemimo	1:45.1	
2	A	Ashford AC 1	Mia Pearson, Hannah Areeson, Alison Ofosu, Violet Maxted	1:50.8	
3	X	Bexley AC 1	Nana-Aisha Giwa, Renee Itugbu, Kendra Uche, Keriema Bailey	1:52.6	
4	D	Dartford Harriers AC 1	Candy Okeoma, Rhiannon Holliday, Laetitia Tene, Akua Roberts	1:57.1	
5	E	Invicta East Kent AC 1	Niamh Gavin, Gabriella Cappelletti, Kimora Okeke, Dakota Wilson	1:58.6	
6	XX	Bexley AC 2	Temi Imole, Mia Whitwell, Esther Kunrunmi, Anastasha Osayanomo Ogieriakhi Osaigbovo	2:00.4	
7	R	Swale Combined AC	Skye Watts, Kaitlin Mead, Emilia Stevens, Milly Jessup	2:00.4	
	B	Blackheath & Bromley H AC 1	Sienna Williams, Faith Sogoye, Chizam Boniface, Cheyanne Nketia	disq	

U15B 4 x 200m**Final**

1	C	Cambridge Harriers 1	Ilyas Shah, Lucas Colley, Joshua-Raphael Chukwu-Ike, Zavier Brathwaite	1:38.8	
2	T	Tonbridge AC 1	Rufus Read, Matthew Buttery, Samuel Donald, Jaaziel Obi	1:39.3	
3	B	Blackheath & Bromley H AC 1	Thomas Vallins, Nicholas Marquez, Jericho Senior, Jack Ruby	1:39.8	
4	M	Medway & Maidstone AC 1	Gabriel Amamoo, Asher Maudhub, Cameron Davis, Toni Ogunjimi	1:45.4	
5	TT	Tonbridge AC 2	Fedhel Amin Shanavas, Joshua Stanley, Rupert Lott, Harry Osborn	1:45.5	
6	E	Invicta East Kent AC 1	Logan Hassell, Josh Coleman, Marley Freudenfeld, Leyton Byrne	1:47.7	
7	A	Ashford AC 1	William Reed, Nathan Wood, Samuel Beaumont, Andrii Loish	1:56.5	

U15B 4 x 300m**Final**

1	C	Cambridge Harriers 1	Zavier Brathwaite, Theo Bonell, Joshua-Raphael Chukwu-Ike, Ilyas Shah	2:38.3	
2	A	Ashford AC 1	Jack Warner, Andrii Loish, Jake Phillips, Jayden Naiker	2:41.8	
3	T	Tonbridge AC 1	Sam Foster, Steven Galliard, Archimedes Mathie, Harry Wrigley	2:42.3	
4	B	Blackheath & Bromley H AC 1	Daniel Horgan, Zacchaeus Kelman, Finn Gotkine, Jericho Senior	2:47.9	
5	TT	Tonbridge AC 2	Alexander Sharp, Finley Telfer, Ben Rider, Theo Ackerman	2:57.0	
6	CC	Cambridge Harriers 2	Monty Brown, Alex Van Den Berg-Hows, Daniel Whitehouse, Joe White	3:00.0	

U17W 4 x 300m**Final**

1	B	Blackheath & Bromley H AC 1	Beth Regan, Megan Barlow, Matilda Shilland, Leah Kyriacou	2:58.2
2	BB	Blackheath & Bromley H AC 2	Charlotte Bloodworth, Caitlin Hough, Abigail Williams, Faith Sogoye	3:07.4
3	M	Medway & Maidstone AC 1	Chanya-Asa Haastrup, Sienna Gratwick, Eva Prevett-Hogg, Eve Morgan	3:08.5
4	D	Dartford Harriers AC 1	Niamh O'Farrell, Laetitia Tene, Rhiannon Holliday, Candy Okeoma	3:18.4
5	X	Bexley AC 1	Madeleine Dunsmore, Aimee Price, Sophie Ansell, Mia Whitwell	3:22.3

U13B 4 x 100m**Heat 1**

1	A	Ashford AC 1	Dillon Warner, Finlay Mathieson, Alexander Bull, Harry Lusher	52.2
2	B	Blackheath & Bromley H AC 1	Calum Bryan, Luca Hunstone, Nicodemus Senior, Zach Poulier	54.3
3	D	Dartford Harriers AC 1	Caleb Faleye, Agbaraolorun Akinsiku, Josiah-Joed Balogun, Jeffery Alabi	54.4
4	C	Cambridge Harriers 1	Zakai Attram, Phoenix London, William Obiorah, Zion Odele	56.3
5	E	Invicta East Kent AC 1	Austin Gray, Jacob Clark Jones, Teddy Webb, Kyron Okeke	56.6
6	HH	Tonbridge AC 4	Ralph Cooper, Rudy Osher, Diogo Dinis, Gregory Ejiofor	61.8

Q

Q

Q

q

q

U13B 4 x 100m**Heat 2**

1	T	Tonbridge AC 1	Theo Adkin, Freddie Keem, Thomas Parker, Victor Watling	55.0
2	BB	Blackheath & Bromley H AC 2	Emery Aldridge, Zachary Evans, Oscar King, Ashley Michelli	56.7
3	TT	Tonbridge AC 2	Aaron Green, George Coxon, Jacob Sarjeant, Etienne Menardi-Jones	57.8
4	M	Medway & Maidstone AC 1	Ethan Miles, David Shoyoye, Oscar Giles, Rudi Charles	58.1
5	K	Kent AC 1	Zacharias Murray, Syon Pringle, Matteus Hamoda, Timothy Edwards	59.6
6	HH	Tonbridge AC 4	Nate Harper, Mika Pit, Bastian Patel-Inskip, Charlie Green	60.6

Q

Q

Q

U13B 4 x 100m**Final**

1	A	Ashford AC 1	Dillon Warner, Finlay Mathieson, Alexander Bull, Harry Lusher	51.8
2	D	Dartford Harriers AC 1	Caleb Faleye, Agbaraolorun Akinsiku, Josiah-Joed Balogun, Jeffery Alabi	54.3
3	T	Tonbridge AC 1	Theo Adkin, Freddie Keem, Thomas Parker, Victor Watling	54.9
4	B	Blackheath & Bromley H AC 1	Calum Bryan, Luca Hunstone, Nicodemus Senior, Zach Poulier	55.1
5	E	Invicta East Kent AC 1	Austin Gray, Kyron Okeke, Teddy Webb, Jacob Clark Jones	56.6
6	C	Cambridge Harriers 1	Zion Odele, Phoenix London, William Obiorah, Zakai Attram	56.7
7	BB	Blackheath & Bromley H AC 2	Emery Aldridge, Zachary Evans, Oscar King, Ashley Michelli	56.9
8	TT	Tonbridge AC 2	Aaron Green, George Coxon, Jacob Sarjeant, Etienne Menardi-Jones	57.9

SM 4 x 100m**Final**

1	M	Medway & Maidstone AC 1	Joseph Sobanjo (U20M), Harry Osborne (SM), Jamie Kent-Smith (U20M), Nathan Isaac (SM)	43.0
2	X	Bexley AC 1	Adam Lawal (SM), Jonathan Mann (SM), Tobechi Azodoh (U17M), Chaka-Tau Sankofa (U17M)	43.0
3	MM	Medway & Maidstone AC 2	Joshua Osaretin (U20M), Cheyne West (U20M), Cameron Isaac (U20M), Daniel Shoyoye (U20M)	43.1
4	D	Dartford Harriers AC 1	Daniel Chigbu (U20M), Abass Jah (SM), Joshua Arojo (SM), Trey McPherson (SM)	44.3
5	E	Invicta East Kent AC 1	Joshua Thomas-Wright (U20M), James Gill (U20M), Brandon Twycross (SM), Nickoy Robinson (SM)	44.4
6	B	Blackheath & Bromley H AC 1	Ronari Lynch (U20M), Maurizio Corrodus (SM), Chinedu Ndukwu (U20M), Oliver Driscoll (U20M)	44.4

U15G 4 x 100m**Heat 1**

1	B	Blackheath & Bromley H AC 1	Noelle Carr, Emilia Adese, Sienna Thompson, Isabella Campbell-Andou	49.7
2	M	Medway & Maidstone AC 1	Emily Malherbe, Ayomide Yemi-Sofumade, Mylan Mighty, Amiyah Spencer	52.5
3	E	Invicta East Kent AC 1	Laila Humphrey, Lucy Steer, Bethany Clayton, Martha Adkins	52.8
4	X	Bexley AC 1	Sofia Summers, Kayla Fanoiki, Haleema Okejimi, Melissa Ameyaw	55.1
5	TT	Tonbridge AC 2	Lilian Ashley, Arabella Johnston, Brianna Raymond, Georgia Stafford-Brown	56.9
6	H	Tonbridge AC 3	Natalia Lynn, Sienna Cates, Tevy Cerrini, Felicity Edwards	60.2
7	AA	Ashford AC 2	Millicent Steele, Jessica Harrington, Emilia Vella, Isabelle Webb	60.7

Q

Q

Q

U15G 4 x 100m**Heat 2**

1	D	Dartford Harriers AC 1	Manroop Jandu, Rebecca Turner, Dara Akinyele, Talia Junaid-Evans	52.0
2	T	Tonbridge AC 1	Elizabeth George, Tiffany Oyewale, Rachel Ferry, Tiffany Oyewale	53.1
3	A	Ashford AC 1	Aki Manciani, Zoe Enakimio, Jazmine Newick, Sienna Morris	54.5
4	P	Paddock Wood AC 1	Alathaea Jenkins, Kathleen Knight Misson, Lucy Burrows-Cloude, Abi Seal	54.5
5	K	Kent AC 1	Phoebe Folarin, Jesutobi Adesanya, Claudia Rigby, Tess Hepple	54.6
6	R	Swale Combined AC	Océane Argviev, Janelle Boakye, Lilly-Grace Gillam, Millie Rumley	56.6
7	MM	Medway & Maidstone AC 2	Angel Oahimi, Michaela Sodunke, Lily Juan, Olivia Baker	57.7
	C	Cambridge Harriers 1	Victoria Erinfolami, Jayda Renae McKenzie, Taraoluwa Adeeso, Nia Thomas	disq

Q

Q

Q

q

q

U15G 4 x 100m**Final**

1	B	Blackheath & Bromley H AC 1	Noelle Carr, Emilia Adese, Sienna Thompson, Isabella Campbell-Andou	49.3
2	D	Dartford Harriers AC 1	Dara Akinyele, Rebecca Turner, Manroop Jandu, Talia Junaid-Evans	51.8
3	E	Invicta East Kent AC 1	Laila Humphrey, Lucy Steer, Bethany Clayton, Martha Adkins	52.4
4	T	Tonbridge AC 1	Elizabeth George, Tiffany Oyewale, Rachel Ferry, Annie Dinnis	53.4
5	K	Kent AC 1	Phoebe Folarin, Jesutobi Adesanya, Claudia Rigby, Tess Hepple	53.9
6	M	Medway & Maidstone AC 1	Amiyah Spencer, Emily Malherbe, Mylan Mighty, Ayomide Yemi-Sofumade	54.2
7	A	Ashford AC 1	Aki Manciani, Zoe Enakimio, Jazmine Newick, Sienna Morris	54.4
8	P	Paddock Wood AC 1	Alathaea Jenkins, Kathleen Knight Misson, Lucy Burrows-Cloude, Abi Seal	55.2

U15B 4 x 100m**Heat 1**

1	T	Tonbridge AC 1	Matthew Buttery, Rufus Read, Samuel Donald, Jaaziel Obi	46.3	Q
2	A	Ashford AC 1	Dylan Davidson-Daniel, Jack Warner, Jake Phillips, Jayden Naiker	49.3	Q
3	E	Invicta East Kent AC 1	Cassius Preston, Logan Hassell, Ben Coleman, Leyton Byrne	50.3	Q
4	K	Kent AC 1	Harvey-Maleek Francis-Deriggs, Ruben Richardson, Amaury Harnais, Derek Olewunne	51.0	q
5	H	Tonbridge AC 3	Joshua Stanley, Alexander Sharp, Rupert Lott, Finley Telfer	52.5	
6	BB	Blackheath & Bromley H AC 2	Daniel Horgan, Kesinachi Ikegwu, Jake Martin, Zacchaeus Kelman	55.4	

U15B 4 x 100m**Heat 2**

1	B	Blackheath & Bromley H AC 1	Jamie Ellerton, Nicholas Marquez, Jack Ruby, Luca Gok	45.9	Q
2	C	Cambridge Harriers 1	Ilyas Shah, Joshua-Raphael Chukwu-Ike, Lucas Colley, Zavier Brathwaite	48.1	Q
3	TT	Tonbridge AC 2	Sam Foster, Fedhel Amin Shanavas, Harry Osborn, Archimedes Mathie	49.0	Q
4	M	Medway & Maidstone AC 1	Gabriel Amamoo, Asher Maudhub, Cameron Davis, Toni Ogunjimi	50.3	q
5	AA	Ashford AC 2	Aiden Tomsett, Nathan Wood, Samuel Beaumont, Oscar Barker	56.7	

U15B 4 x 100m**Final**

1	B	Blackheath & Bromley H AC 1	Jamie Ellerton, Nicholas Marquez, Jack Ruby, Luca Gok	46.0	
2	T	Tonbridge AC 1	Matthew Buttery, Rufus Read, Samuel Donald, Jaaziel Obi	46.4	
3	C	Cambridge Harriers 1	Joshua-Raphael Chukwu-Ike, Ilyas Shah, Lucas Colley, Zavier Brathwaite	46.9	
4	A	Ashford AC 1	Dylan Davidson-Daniel, Jack Warner, Jake Phillips, Jayden Naiker	50.1	
5	K	Kent AC 1	Harvey-Maleek Francis-Deriggs, Ruben Richardson, Amaury Harnais, Derek Olewunne	50.4	
6	E	Invicta East Kent AC 1	Cassius Preston, Logan Hassell, Ben Coleman, Leyton Byrne	50.4	
7	M	Medway & Maidstone AC 1	Gabriel Amamoo, Asher Maudhub, Cameron Davis, Toni Ogunjimi	50.9	
8	TT	Tonbridge AC 2	Sam Foster, Archimedes Mathie, Harry Osborn, Fedhel Amin Shanavas	56.4	

U13G 4 x 100m**Heat 1**

1	E	Invicta East Kent AC 1	Tia Wiggins, Miller Payne, Mia Fontanelli, Mattea Stanley	56.3	Q
2	X	Bexley AC 1	Amelia Emmett, Kerienah Bailey, Diana Obersterescu, Amanda Onwuasoanya	57.0	Q
3	S	Sevenoaks AC	Bluebell Smith, Sophie Robinson, Annelie Earl, Harper Williams	57.1	Q
4	D	Dartford Harriers AC 1	Megan Goodayle, Chloe Ashton, Jessica Turner, Keona Odulawa	57.9	q
5	A	Ashford AC 1	Emma Smith, Jessica Phillips, Ella Pearson, Sereniti Rankin	58.3	
6	TT	Tonbridge AC 2	Aria Miles, Shellyann Heho, Georgie Nicholson, Amelie Gardiner	62.5	
7	DD	Dartford Harriers AC 2	Star-Monroe Phillips, Sophie Ross, Esther Idemudia, Nela Zieba	67.5	

U13G 4 x 100m**Heat 2**

1	M	Medway & Maidstone AC 1	Joyce Akindeji, Abigail Igwe, Oluwamumidara Showemimo, Zuriel Obamakinwa	55.6	Q
2	B	Blackheath & Bromley H AC 1	Faye Yeomans, Etse Okoro, Lauren Griffin, Zamaia Dixon	56.2	Q
3	C	Cambridge Harriers 1	Miya Cook, Redemption Nworah, Redeemed Nworah, Amaiah Lopez-Teape	56.3	Q
4	T	Tonbridge AC 1	Tayla Galliard, Lili-Elle Addy, Nhyira Osew, Seren Field	57.6	q
5	R	Swale Combined AC	Megan Fulton, Emma Duplock, Amelia Wheeler, Connie Kemp	61.6	
6	AA	Ashford AC 2	Lily Catt, Poppy Harris, Amelia Curley, Sienna Davies	66.0	

U13G 4 x 100m**Final**

1	M	Medway & Maidstone AC 1	Joyce Akindeji, Abigail Igwe, Oluwamumidara Showemimo, Zuriel Obamakinwa	55.0	
2	B	Blackheath & Bromley H AC 1	Faye Yeomans, Etse Okoro, Lauren Griffin, Zamaia Dixon	55.5	
3	E	Invicta East Kent AC 1	Tia Wiggins, Miller Payne, Mia Fontanelli, Mattea Stanley	56.1	
4	X	Bexley AC 1	Amelia Emmett, Kerienah Bailey, Diana Obersterescu, Amanda Onwuasoanya	56.9	
5	C	Cambridge Harriers 1	Miya Cook, Redeemed Nworah, Redemption Nworah, Amaiah Lopez-Teape	57.1	
6	S	Sevenoaks AC	Bluebell Smith, Sophie Robinson, Annelie Earl, Harper Williams	57.4	
7	T	Tonbridge AC 1	Tayla Galliard, Lili-Elle Addy, Nhyira Osew, Seren Field	57.7	
8	D	Dartford Harriers AC 1	Keona Odulawa, Megan Goodayle, Jessica Turner, Chloe Ashton	58.9	

U17W 4 x 100m**Final**

1	B	Blackheath & Bromley H AC 1	Chizam Boniface, Cheyanne Nketia, Sienna Williams, Christine Ukah	49.1	
2	M	Medway & Maidstone AC 1	Ifeoluwa Alabi, Oluwadamitan Showemimo, Azaria Makinde, Grace Durrant	49.1	
3	A	Ashford AC 1	Unimuyami Agweye, Hannah Areeson, Mia Pearson, Violet Maxted	50.8	
4	X	Bexley AC 1	Nana-Aisha Giwa, Renee Itugbu, Jayah Gaskin, Keriema Bailey	51.5	
5	D	Dartford Harriers AC 1	Candy Okeoma, Niamh O'Farrell, Laetitia Tene, Emmanuella Igwe	54.4	
6	R	Swale Combined AC	Skye Watts, Kaitlin Mead, Nifemi Juyitan, Milly Jessup	56.4	
7	E	Invicta East Kent AC 1	Niamh Gavin, Gabriella Cappelletti, Uma Dawson, Kimora Okeke	58.5	
	XX	Bexley AC 2	Temi Imole, Mary Modi, Esther Kunrunmi, Anastasha Osayanomo Ogieriakhi Osaigbovo	disq	

U17M 4 x 400m**Final**

1	B	Blackheath & Bromley H AC 1	Hendri Verster, Ryan Alford-Smith, Joseph Scanes, Jed Starvis	3:33.5	
2	M	Medway & Maidstone AC 1	Lucas Cameron, Dillon Gregory, Maxime Foissy, Richard Akunebu	3:40.0	
3	D	Dartford Harriers AC 1	Ethan Barton, Israel Faleye, Oscar Mitroi, Keon Odulawa	3:55.9	
4	A	Ashford AC 1	Edward Brown, Samuel Parrott, Jensen Wright, Issac Wood	4:03.7	
	C	Cambridge Harriers 1	Samuel Scrase-Field, Joshua Wellings, Rhys Joyeux, Elijah Olaleye	disq	

SM 4 x 400m**Final**

1	M	Medway & Maidstone AC 1	Dylan Purton (U20M), Joseph Burton (SM), Aidan Karamira (SM), Ethan Rollings (U20M)	3:21.5	
2	B	Blackheath & Bromley H AC 1	Harry Fage (U20M), Marley Byfield (U20M), Franco Hillier (U20M), Thomas Sugden (SM)	3:33.1	

SW 4 x 400m**Final**

1	M	Medway & Maidstone AC 1	Nia Thomas (U20W), Evie Cameron (U20W), Deborah Ogunade (U20W), Eva Prevett-Hogg (U17W)	4:46.1	
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Mixed 4 x 400m**Final**

1	X	Bexley AC 1	Jonathan Mann (SM), Sophia Moore (SW), Joseph O'Hara (SM), Faye Olszowka (SW)	3:51.6
2	DD	Dartford Harriers AC 2	Stuart Waterman (M45), Hannah Carson (W35), Kat Sutton (W35), Stuart McNally (M45)	3:54.9
3	D	Dartford Harriers AC 1	Edward Best (SM), Imogen Smith (U20W), Jasmine Crossley (U20W), Rhys Rudkin (U20M)	3:58.3
4	J	Dartford Harriers AC 3	Adam Bernard (M35), Anna Cleary (W40), Freya Perry (U20W), Jacob Da Costa (U20M)	4:15.2
5	R	Swale Combined AC	Andrew Scoones (SM), Milly Jessup (U17W), Rocco Harris (U17M), Olwen Cockell	4:35.1

U17M 4 x 100m**Final**

1	C	Cambridge Harriers 1	Luca Glyde-Jones, Emmanuel Akanni, Ephraim Akinlolu, Owen Emuze	44.4
2	M	Medway & Maidstone AC 1	Lucas Cameron, Riley Deverell Heathcote, Daniel Famojuro, Richard Akunebu	45.4
3	A	Ashford AC 1	Tyler Coppins, Alfie Newick, Dylan Leadbeater, Leo Norris	45.6
4	B	Blackheath & Bromley H AC 1	Daniel Olatunji, Ebube Madubata, Theodore Osobu, Charlie Platt	45.9
5	CC	Cambridge Harriers 2	Ekene Ogbonna, Oliver Cook, Emmanuel Onyekperem, Daniel Obike	46.7
6	AA	Ashford AC 2	Samuel Parrott, Chamberlain Ofosu, Issac Wood,	50.6

SW 4 x 100m**Final**

1	T	Tonbridge AC 1	Isabelle Bridgeman (U20W), Harriet Medlen (U20W), Amelie Rabbidge (U20W), Lucy Tallon (U20W)	47.7
2	C	Cambridge Harriers 1	Christal Izuchukwu (SW), Ciara McGinty (U20W), Danielle Agyemang-Tolbert (U17W), Nirah Valinejad (U20W)	49.0
3	M	Medway & Maidstone AC 1	Ellie Turner (SW), Zara Edeleanu (SW), Amber Matthews (U17W), Lucy Hope (SW)	49.5
4	B	Blackheath & Bromley H AC 1	Nina Whitter (U20W), Joyce Nzekwe (U20W), Olivia Magee-Brown (U20W), Daisy Snell (U20W)	51.0
5	X	Bexley AC 1	Sokipreye Appolos (U20W), Kendra Uche (U17W), Yemisi Folagbade (U20W), Keziah Ikeamaeze (U20W)	52.2
6	U	Thanet AC 1	Millie Vas (U20W), Bethany Shimmen-Smith (U17W), Rebecca Sommerville (W35), Leah Wearing-Channing (SW)	55.2