

KENT COUNTY ATHLETIC ASSOCIATION
2023 TRACK and FIELD Championships
Norman Park , Bromley May 13th & 14th 2023

SATURDAY PROGRAMME OF EVENTS

TRACK

Entries

T1	10.00	300mH	U17W	2 Heats	9
T2	10.15	400mH	U20W	Final	3
T3	10.15	400mH	SW	Final	3
T4	10.25	300m	U15B	2 Heats	11
T5	10.35	1500m	SM	Final	9
T6	10.45	1500m	U20M	Final	7
T7	10.55	1500m	U17M	Time trial	18
T8	11.10	1500m	U15B	Time trial	19
T9	11.25	300mH	U17W	Final	
T10	11.40	300m	U15B	Final	
T11	11.50	800m	U15G	3 Heats	23
T12	12.05	800m	U17W	2 Heats	17
T13	12.15	800m	U20W	2 Heats	13
T14	12.25	800m	SW	Final	6
T15	12.35	110mH	SM	Final	4
T16	12.40	110mH	U20M	Final	4
T17	12.50	100mH	U17M	Final	6
T18	13.00	80mH	U15B	2 Heats	13
T19	13.15	75mH	U15G	2 Heats	12
T20	13.25	100m	SM	2 Heats	16
T21	13.35	100m	U20M	2 Heats	12
T22	13.45	100m	U17M	2 Heats	16
T23	13.55	100m	U15B	3 Heats	22
T24	14.10	400m	SM	3 Heats	17
T25	14.20	400m	U20M	Final	8
T26	14.25	400m	U17M	2 Heats	10
T27	14.40	1500m S/C	SW/U20W/U17W	Final	2/3/2
T28	14.50	5000m	SM/SW	Final	12/2
T29	15.20	200m	U15G	3 Heats	21
T30	15.35	200m	U17W	2 Heats	14
T31	15.45	200m	SW	2 Heats	9
T32	15.55	200m	U20W	Final	6
T33	16.10	75mH	U15G	Final	21
T34	16.20	80mH	U15B	Final	14
T35	16.30	800m	U15G	Final	9
T36	16.35	800m	U17W	Final	6
T37	16.40	800m	U20W	Final	
T38	16.50	100m	SM	Final	
T39	16.55	100m	U20M	Final	
T40	17.00	100m	U17M	Final	
T41	17.05	100m	U15B	Final	
T42	17.15	400m	SM	Final	
T43	17.20	400m	U17M	Final	
T44	17.30	200m	U15G	Final	
T45	17.35	200m	U17W	Final	
T46	17.40	200m	SW	Final	

FIELD

Entries

F1	10.00	Shot	SM	7
F2	10.00	Shot	U20M	3
F3	10.00	Long Jump	U17M	7
F4	10.00	Hammer	U17W	4
F5	10.00	Hammer	U15G	6
F6	10.30	High Jump	SW	4
F7	10.30	High Jump	U20W	5
F8	10.30	High Jump	U17M	3
F9	10.30	Pole Vault	SM	4
F10	10.30	Pole Vault	U20M	3
F11	11.15	Hammer	SM	5
F12	11.15	Hammer	U20M	2
F13	11.15	Long Jump	U15B	16
F14	11.30	Shot	U17W	6
F15	11.30	Shot	U15G	11
F16	12.10	Discus	SM	5
F17	12.10	Discus	U20M	4
F18	12.45	High Jump	U15B	14
F19	13.00	Long Jump	SW	6
F20	13.00	Long Jump	U20W	8
F21	13.20	Discus	U17W	2
F22	13.20	Discus	U15G	7
F23	14.40	Javelin	SW	4
F24	14.40	Javelin	U20W	4
F25	14.55	Triple Jump	U17M	2
F26	14.55	Triple Jump	U15B	9
F27	15.00	Pole Vault	U17W	2
F28	15.00	Pole Vault	U15G	3
F29	16.10	Triple Jump	SW	4
F30	16.10	Triple Jump	U20W	2
F31	15.50	Javelin	U17M	2
F32	15.50	Javelin	U15B	12

Numbers must be worn back and front in all events except jump events, and are to be retained and used each day.

If you are competing in a TRACK event you **MUST** report to Registration at least **ONE HOUR** before the scheduled start of each track event, and **MUST** report to the Marksman **15 minutes** before the event.

For TRACK events, if insufficient athletes report for the heats the Final will be run at the heat time. Similarly if the number of heats does not warrant a second round the Final will be run at time of the second round.

Club (school) colours **MUST** be worn, or clothing acceptable under UKA Rule T5.

If, after qualifying for a second round or Final, you have need to withdraw, you **MUST** inform the referee for that event. You will be allowed to withdraw but will not be allowed to compete again during the course of the 2 days. So if you withdraw on the Saturday you cannot compete on the Sunday.

Athletes competing in FIELD events **MUST** report directly to that event 15 minutes before the event is due to start and **MUST** be alert to any announcements regarding their event

In the throws and horizontal jumps each competitor will be allowed **THREE** trials. Competitors as qualified under Rule T25 S2 will be allowed **THREE** further trials and compete in reverse ranking order determined from the first 3 rounds.

Competitors and Coaches should be aware of the rules regarding **ASSISTANCE**; UKA rule T6

Unsporting or improper behaviour during competition or to officials shall render the athlete liable to disqualification by the Referee from participation in all further events

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SUNDAY PROGRAMME OF EVENTS

TRACK					FIELD						
					Entries						Entries
T47	10.00	400mH	SM	Final	4	F33	10.00	Shot	SW	6	
T48	10.10	400mH	U17M	Final	4	F34	10.00	Shot	U20W	2	
T49	10.25	300m	U15G	2 Heats	15	F35	10.00	Long Jump	U17W	6	
T50	10.35	300m	U17W	Final	8	F36	10.00	Long Jump	U15G	19	
T51	10.40	1500m	SW	Final	8	F37	10.00	Hammer	U17M	3	
T52	10.50	1500m	U20W	Final	13	F38	10.00	Hammer	U15B	10	
T53	11.00	1500m	U17W	Final	12	F39	10.15	High Jump	SM	3	
T54	11.10	1500m	U15G	Final	14	F40	10.15	High Jump	U20M	3	
T55	11.25	100mH	SW	Final	4	F41	10.30	Pole Vault	SW	2	
T56	11.30	100mH	U20W	Final	6	F42	10.30	Pole Vault	U20W	2	
T57	11.40	80mH	U17W	2 Heats	9	F43	11.30	Hammer	SW	7	
T58	11.55	100m	U15G	5 Heats	37	F44	11.30	Hammer	U20W	1	
T59	12.20	800m	U15B	3 Heats	33	F45	11.30	Shot	U17M	5	
T60	12.35	800m	U17M	2 Heats	17	F46	11.30	Shot	U15B	11	
T61	12.45	800m	U20M	Final	8	F47	12.40	Discus	SW	6	
T62	12.50	800m	SM	2 Heats	13	F48	12.40	Discus	U20W	2	
T63	13.05	200m	U15B	4 Heats	25	F49	12.45	Long Jump	SM	4	
T64	13.30	80mH	U17W	Final		F50	12.45	Long Jump	U20M	2	
T65	13.40	2000m S/C	SM/U20M	Final	2/1	F51	12.30	High Jump	U17W	6	
T66	14.00	1500m S/C	U17M	Final	2	F52	12.30	High Jump	U15G	5	
T67	14.10	300m	U15G	Final		F53	13.00	Pole Vault	U17M	3	
T68	14.20	3000mW	All	Final		F54	13.00	Pole Vault	U15B	10	
T69	14.45	100m	U15G	S/F		F55	13.50	Discus	U17M	6	
T70	14.50	100m	U17W	2 Heats	16	F56	13.50	Discus	U15B	9	
T71	15.00	100m	U20W	Final	3	F57	14.15	Triple Jump	SM	3	
T72	15.05	100m	SW	2 Heats	10	F58	14.15	Triple Jump	U20M	3	
T73	15.20	200m	SM	3 Heats	20	F59	15.30	Triple Jump	U17W	4	
T74	15.35	200m	U20M	3 Heats	18	F60	15.30	Triple Jump	U15G	3	
T75	15.50	200m	U17M	2 Heats	15	F61	15.15	Javelin	SM	3	
T76	16.00	200m	U15B	S/F		F62	15.15	Javelin	U20M	3	
T77	16.15	400m	U20W	Final	7	F63	16.10	Javelin	U17W	4	
T78	16.20	400m	SW	Final	7	F64	16.10	Javelin	U15G	9	
T79	16.30	100m	15G	Final							
T80	16.35	100m	U17W	Final							
T81	16.40	100m	SW	Final							
T82	16.50	800m	U15B	Final							
T83	16.55	800m	U17M	Final							
T84	17.00	800m	SM	Final							
T85	17.10	200m	SM	Final							
T86	17.15	200m	U20M	Final							
T87	17.20	200m	U17M	Final							
T88	17.25	200m	U15B	Final							

All Athletes who have not competed on the Saturday and Athletes competing in track events on Sunday **MUST** report to Registration at least **ONE HOUR** before the scheduled start of their first event.

Athletes competing in **TRACK** events **MUST** report to the Marksman **15 minutes** before the event.

Athletes competing in **FIELD** events **MUST** report directly to that event **15 minutes** before the start and **MUST** be alert to any announcement regarding that event.

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