

KCAA Veterans/Masters Championships - Erith Stadium, Erith 14th-15th September 2019

M35

| 800m (a) |   |      |               |          | Final   |
|----------|---|------|---------------|----------|---------|
| No.      |   | Name | Club          | Perf     |         |
| 1        | G | 28   | Terry Hawkey  | Dartford | 2:07.00 |
| 2        | S | 29   | Daniel Martin | Swale    | 2:16.60 |

| 1500m (b) |   |      |                  |              | Final   |
|-----------|---|------|------------------|--------------|---------|
| No.       |   | Name | Club             | Perf         |         |
| 1         | G | 27   | Darren Corneille | Black & Brom | 4:45.11 |

| Shot (b) |   |      |              |        | Final |
|----------|---|------|--------------|--------|-------|
| No.      |   | Name | Club         | Perf   |       |
| 1        | - | 46   | Shaun Medlen | Bexley | 8.28  |

8.27, 8.27, x, 8.28, x, x

| Discus (b) |   |      |               |              | Final |
|------------|---|------|---------------|--------------|-------|
| No.        |   | Name | Club          | Perf         |       |
| 1          | - | 47   | Charles Flynn | Med and Maid | 26.22 |
| 2          | - | 46   | Shaun Medlen  | Bexley       | 23.80 |

24.01, 24.90, 26.22, 23.96, 23.51, x  
23.46, 23.66, 22.71, x, x, 23.80

| Hammer (b) |   |      |                     |                  | Final |
|------------|---|------|---------------------|------------------|-------|
| No.        |   | Name | Club                | Perf             |       |
| 1          | - | 47   | Charles Flynn       | Med and Maid     | 31.32 |
| 2          | - | 46   | Shaun Medlen        | Bexley           | 28.80 |
| 3          | - | 48   | Harley Clark-Hurren | Central Park Ath | 28.31 |

29.35, 30.95, 30.84, 31.32, 29.82, 30.37  
28.12, x, 28.80, 28.44, x, 28.38  
26.13, 27.60, 26.85, 25.45, 25.72, 28.31

M40

| 100m (b) |   |      |                      |              | Final | w/s-0.2 |
|----------|---|------|----------------------|--------------|-------|---------|
| No.      |   | Name | Club                 | Perf         |       |         |
| 1        | G | 2    | Richard Brooks (M45) | Dartford     | 12.65 |         |
| 2        | S | 1    | John Foster (M45)    | Med and Maid | 13.29 |         |
| 3        | B | 3    | Michael Pape (M45)   | Cambridge H  | 13.35 |         |

| 200m (a) |   |      |                       |           | Final | w/s+1.9 |
|----------|---|------|-----------------------|-----------|-------|---------|
| No.      |   | Name | Club                  | Perf      |       |         |
| 1        | G | 4    | Mark McAllister (M45) | Tonbridge | 25.14 |         |
| 2        | S | 2    | Richard Brooks (M45)  | Dartford  | 25.48 |         |

| 400m (b) |   |      |                      |             | Final |
|----------|---|------|----------------------|-------------|-------|
| No.      |   | Name | Club                 | Perf        |       |
| 1        | G | 2    | Richard Brooks (M45) | Dartford    | 59.28 |
| 2        | S | 23   | David Robinson       | Serpentine  | 61.85 |
| 3        | B | 3    | Michael Pape (M45)   | Cambridge H | 66.99 |

| 800m (a) |   |      |                |          | Final   |
|----------|---|------|----------------|----------|---------|
| No.      |   | Name | Club           | Perf     |         |
| 1        | G | 33   | Stuart McNally | Dartford | 2:08.06 |

| 1500m (b) |   |      |                       |             | Final   |
|-----------|---|------|-----------------------|-------------|---------|
| No.       |   | Name | Club                  | Perf        |         |
| 1         | G | 32   | Matthew Preston (M45) | Cambridge H | 4:42.13 |
| 2         | S | 38   | Gavin Whitlock (M45)  | Invicta EK  | 4:57.20 |

| 5000m (a) |   |      |                      |            | Final    |
|-----------|---|------|----------------------|------------|----------|
| No.       |   | Name | Club                 | Perf       |          |
| 1         | G | 38   | Gavin Whitlock (M45) | Invicta EK | 18:43.23 |

| 400m Hurdles (b) |   |      |                |            | Final |
|------------------|---|------|----------------|------------|-------|
| No.              |   | Name | Club           | Perf       |       |
| 1                | G | 23   | David Robinson | Serpentine | 67.82 |

| Shot (b) |   |      |                     |        | Final |
|----------|---|------|---------------------|--------|-------|
| No.      |   | Name | Club                | Perf   |       |
| 1        | G | 49   | Graham Holder (M45) | Bexley | 10.64 |
| 2        | - | 50   | Kevin Still (M45)   | Bexley | 6.14  |

10.00, 10.64, 10.54, 10.36, 10.30, 10.09  
6.14, x, 4.76, 5.65, x, 5.43

**Discus (b)****Final**

| No. | Name | Club                | Perf   |       |
|-----|------|---------------------|--------|-------|
| 1   | G 49 | Graham Holder (M45) | Bexley | 32.90 |
| 2   | - 50 | Kevin Still (M45)   | Bexley | 17.53 |

32.90, x, x, x, 31.23, x  
14.55, 16.86, 16.68, 17.53, 16.44, 16.90

**Hammer (b)****Final**

| No. | Name | Club                    | Perf             |       |
|-----|------|-------------------------|------------------|-------|
| 1   | G 49 | Graham Holder (M45)     | Bexley           | 49.39 |
| 2   | - 51 | Richard Greenwood (M45) | Central Park Ath | 23.22 |

48.41, 49.39, 48.83, x, 49.28, x  
19.32, 20.64, 20.39, 20.47, 19.52, 23.22

**Javelin (b)****Final**

| No. | Name | Club              | Perf   |       |
|-----|------|-------------------|--------|-------|
| 1   | - 50 | Kevin Still (M45) | Bexley | 23.89 |

23.89, x, x, x, x, x

**M50****100m (b)****Final**

w/s+3.1

| No. | Name | Club                 | Perf         |       |
|-----|------|----------------------|--------------|-------|
| 1   | G 9  | Wole Odele           | Cambridge H  | 12.67 |
| 2   | S 5  | Leroy Richards (M55) | Kent AC      | 13.22 |
| 3   | B 8  | Adrian Donnelly      | Med and Maid | 13.30 |
| 4   | 13   | Mark Woods (M55)     | Paddock W    | 13.85 |
| 5   | 10   | Zachary Ramsden      | Sevenoaks    | 13.95 |
| 6   | 12   | Trevor Crysell       | Paddock W    | 14.51 |
| 7   | 7    | Terry Gibbs (M55)    | Dartford     | 14.53 |

**200m (a)****Final**

w/s+1.9

| No. | Name | Club                 | Perf         |       |
|-----|------|----------------------|--------------|-------|
| 1   | G 9  | Wole Odele           | Cambridge H  | 25.74 |
| 2   | S 13 | Mark Woods (M55)     | Paddock W    | 27.00 |
| 3   | B 5  | Leroy Richards (M55) | Kent AC      | 27.05 |
| 4   | 8    | Adrian Donnelly      | Med and Maid | 27.16 |

**400m (b)****Final**

| No. | Name | Club            | Perf         |       |
|-----|------|-----------------|--------------|-------|
| 1   | G 9  | Wole Odele      | Cambridge H  | 61.32 |
| 2   | S 8  | Adrian Donnelly | Med and Maid | 62.48 |
| 3   | B 10 | Zachary Ramsden | Sevenoaks    | 63.75 |
| 4   | 12   | Trevor Crysell  | Paddock W    | 67.00 |

**800m (a)****Final**

| No. | Name | Club                 | Perf         |         |
|-----|------|----------------------|--------------|---------|
| 1   | G 9  | Wole Odele           | Cambridge H  | 2:17.08 |
| 2   | S 35 | Philip Coleman (M55) | Tonbridge    | 2:18.86 |
| 3   | B 34 | Heath Anthony        | Black & Brom | 2:20.10 |

**1500m (b)****Final**

| No. | Name | Club                 | Perf         |         |
|-----|------|----------------------|--------------|---------|
| 1   | G 40 | Tony Tuohy (M55)     | Dulwich R    | 4:39.66 |
| 2   | S 35 | Philip Coleman (M55) | Tonbridge    | 4:43.59 |
| 3   | B 34 | Heath Anthony        | Black & Brom | 4:46.89 |
| 4   | 10   | Zachary Ramsden      | Sevenoaks    | 5:13.83 |

**5000m (a)****Final**

| No. | Name | Club                | Perf         |          |
|-----|------|---------------------|--------------|----------|
| 1   | G 40 | Tony Tuohy (M55)    | Dulwich R    | 17:14.49 |
| 2   | S 42 | Alun Rodgers        | Med and Maid | 18:57.73 |
| 3   | B 39 | Robert Fursey (M55) | Med and Maid | 20:13.51 |

**400m Hurdles (b)****Final**

| No. | Name | Club       | Perf        |       |
|-----|------|------------|-------------|-------|
| 1   | G 9  | Wole Odele | Cambridge H | 71.82 |

**Shot (b)****Final**

| No. | Name | Club                  | Perf        |      |
|-----|------|-----------------------|-------------|------|
| 1   | G 52 | Peter Wishart (M55)   | Cambridge H | 9.83 |
| 2   | S 6  | Michael Farrell (M55) | Swale       | 8.41 |
| 3   | B 53 | Richard Scoones (M55) | Swale       | 7.91 |

9.28, 9.62, 9.32, 9.17, 9.83, 9.20  
7.75, 7.34, 8.27, 7.78, 8.41, 8.21  
7.34, 7.77, x, 7.65, x, 7.91

**Discus (b)**

|     |   |      |                        |             | Final |
|-----|---|------|------------------------|-------------|-------|
| No. |   | Name | Club                   | Perf        |       |
| 1   | G | 54   | Andrew Rushbrook (M55) | Bexley      | 32.02 |
| 2   | S | 52   | Peter Wishart (M55)    | Cambridge H | 31.06 |
| 3   | B | 6    | Michael Farrell (M55)  | Swale       | 28.62 |
| 4   |   | 56   | Stephen Talbot         | Dartford    | 27.23 |
| 5   |   | 55   | Paris Hunt (M55)       | Cambridge H | 27.10 |
| 6   |   | 53   | Richard Scoones (M55)  | Swale       | 24.25 |

31.20, x, 29.20, x, x, 32.02  
 25.28, 31.06, x, 30.91, 30.77, 30.13  
 28.62, 26.62, x, x, 23.18, 27.81  
 25.16, 27.23, 25.46, 26.66, 25.63, 25.48  
 21.71, 25.72, x, 27.10, 26.47, x  
 21.70, x, 24.25, x, 23.76, 24.19

**Hammer (b)**

|     |   |      |                        |          | Final |
|-----|---|------|------------------------|----------|-------|
| No. |   | Name | Club                   | Perf     |       |
| 1   | G | 54   | Andrew Rushbrook (M55) | Bexley   | 32.93 |
| 2   | S | 56   | Stephen Talbot         | Dartford | 32.84 |
| 3   | B | 6    | Michael Farrell (M55)  | Swale    | 27.46 |
| 4   |   | 53   | Richard Scoones (M55)  | Swale    | 27.05 |

31.98, x, 32.26, 29.77, 32.93, 32.31  
 x, 32.76, 32.14, 29.92, 31.70, 32.84  
 25.77, x, 25.52, 25.79, 27.46, x  
 23.61, x, x, x, 27.05, x

**Javelin (b)**

|     |   |      |                        |             | Final |
|-----|---|------|------------------------|-------------|-------|
| No. |   | Name | Club                   | Perf        |       |
| 1   | G | 55   | Paris Hunt (M55)       | Cambridge H | 32.63 |
| 2   | S | 54   | Andrew Rushbrook (M55) | Bexley      | 27.36 |
| 3   | - | 6    | Michael Farrell (M55)  | Swale       | 22.72 |
| 4   |   | 12   | Trevor Crysell         | Paddock W   | nm    |

32.62, 31.26, 31.63, 32.63, 31.44, 31.86  
 23.99, 26.76, 27.13, x, x, 27.36  
 19.95, 19.10, 21.33, 22.17, x, 22.72  
 x, x, x, x, x, x

**M60****100m (b)**

|     |   |      |                      |             | Final | w/s-0.2 |
|-----|---|------|----------------------|-------------|-------|---------|
| No. |   | Name | Club                 | Perf        |       |         |
| 1   | G | 14   | Timothy Carter (M65) | Cambridge H | 14.53 |         |

**400m (b)**

|     |   |      |                      |             | Final |
|-----|---|------|----------------------|-------------|-------|
| No. |   | Name | Club                 | Perf        |       |
| 1   | G | 14   | Timothy Carter (M65) | Cambridge H | 66.42 |

**800m (a)**

|     |   |      |              |             | Final   |
|-----|---|------|--------------|-------------|---------|
| No. |   | Name | Club         | Perf        |         |
| 1   | G | 36   | Ian McCarthy | Cambridge H | 2:49.02 |

**300m Hurdles (b)**

|     |  |      |                 |         | Final |
|-----|--|------|-----------------|---------|-------|
| No. |  | Name | Club            | Perf    |       |
| 1   |  | 45   | Ian Statter (G) | Croydon | 59.25 |

**Shot (b)**

|     |   |      |                    |             | Final |
|-----|---|------|--------------------|-------------|-------|
| No. |   | Name | Club               | Perf        |       |
| 1   | G | 57   | John Stevens       | Bexley      | 9.83  |
| 2   | S | 58   | Peter Hawney (M65) | Cambridge H | 8.58  |
| 3   | - | 59   | David Perman (M65) | Paddock W   | 5.24  |

9.38, 9.36, 9.80, 9.39, 9.56, 9.83  
 8.23, 8.58, 8.39, -, -, -  
 5.21, 4.90, 4.78, 4.63, 5.24, 4.75

**Discus (b)**

|     |   |      |                    |             | Final |
|-----|---|------|--------------------|-------------|-------|
| No. |   | Name | Club               | Perf        |       |
| 1   | G | 58   | Peter Hawney (M65) | Cambridge H | 29.10 |
| 2   | - | 59   | David Perman (M65) | Paddock W   | 14.17 |

26.62, 29.10, 28.36, 29.05, 27.94, x  
 13.19, 13.33, 12.90, 13.70, x, 14.17

**Hammer (b)**

|     |   |      |                    |             | Final |
|-----|---|------|--------------------|-------------|-------|
| No. |   | Name | Club               | Perf        |       |
| 1   | G | 57   | John Stevens       | Bexley      | 30.42 |
| 2   | S | 58   | Peter Hawney (M65) | Cambridge H | 25.25 |
| 3   | - | 59   | David Perman (M65) | Paddock W   | 17.88 |

28.68, x, x, 29.26, 30.41, 30.42  
 23.21, 24.29, 23.67, 25.25, 23.03, x  
 17.02, 17.47, 17.88, 16.88, x, 17.62

**Javelin (b)**

|     |   |      |                    |             | Final |
|-----|---|------|--------------------|-------------|-------|
| No. |   | Name | Club               | Perf        |       |
| 1   | - | 58   | Peter Hawney (M65) | Cambridge H | 21.83 |

20.45, 21.83, x, 21.69, 21.73, x

**M70****800m (a)**

|     |   |      |                |              | Final   |
|-----|---|------|----------------|--------------|---------|
| No. |   | Name | Club           | Perf         |         |
| 1   | G | 37   | Peter Hamilton | Black & Brom | 3:11.57 |

**1500m (b)**

|     |   |      |                |              | Final   |
|-----|---|------|----------------|--------------|---------|
| No. |   | Name | Club           | Perf         |         |
| 1   | G | 37   | Peter Hamilton | Black & Brom | 6:19.93 |

**5000m (a)****Final**

| No. | Name | Club           | Perf         |          |
|-----|------|----------------|--------------|----------|
| 1   | G 37 | Peter Hamilton | Black & Brom | 23:03.15 |

CBP

**Shot (b)****Final**

| No. | Name | Club                 | Perf       |       |
|-----|------|----------------------|------------|-------|
| 1   | 61   | Anthony Richards (G) | Highgate H | 12.07 |
| 2   | G 63 | David Chambers       | Ashford    | 10.89 |
| 3   | S 62 | John Gilbert (M75)   | Invicta EK | 7.57  |

12.07, 11.60, x, x, -, -  
 10.54, 10.51, 9.91, 9.96, 10.89, 10.32  
 x, x, 7.39, 7.34, x, 7.57

**Discus (b)****Final**

| No. | Name | Club                 | Perf       |       |
|-----|------|----------------------|------------|-------|
| 1   | 61   | Anthony Richards (G) | Highgate H | 32.36 |
| 2   | G 63 | David Chambers       | Ashford    | 30.44 |
| 3   | S 62 | John Gilbert (M75)   | Invicta EK | 24.37 |
| 4   | - 64 | Michael Duffin (M75) | Paddock W  | 13.55 |

x, x, 32.36, x, x, x  
 27.54, 29.32, 30.44, 26.88, 28.48, x  
 23.93, 22.15, 23.52, x, 24.37, x  
 x, 13.55, x, x, -, -

**Hammer (b)****Final**

| No. | Name | Club                 | Perf       |       |
|-----|------|----------------------|------------|-------|
| 1   | 61   | Anthony Richards (G) | Highgate H | 35.14 |
| 2   | G 65 | Robert Bridges       | Belgrave   | 32.07 |
| 3   | S 62 | John Gilbert (M75)   | Invicta EK | 29.37 |
| 4   | B 64 | Michael Duffin (M75) | Paddock W  | 22.45 |

32.39, 32.70, x, 33.87, 34.23, 35.14  
 26.98, 27.63, 29.85, 32.07, 31.10, 32.07  
 29.19, 28.81, 29.37, x, x, x  
 21.73, 22.45, 21.02, x, 21.26, 21.13

**Javelin (b)****Final**

| No. | Name | Club                 | Perf      |       |
|-----|------|----------------------|-----------|-------|
| 1   | G 63 | David Chambers       | Ashford   | 25.56 |
| 2   | S 64 | Michael Duffin (M75) | Paddock W | 19.17 |

23.08, x, x, 25.56, 24.25, x  
 19.17, 18.18, 17.55, 17.86, x, 15.72

**M80****100m (b)****Final**

w/s-0.2

| No. | Name | Club                     | Perf      |       |
|-----|------|--------------------------|-----------|-------|
| 1   | - 15 | Richard Pitcairn-Knowles | Sevenoaks | 24.01 |

**400m (b)****Final**

| No. | Name | Club                     | Perf      |        |
|-----|------|--------------------------|-----------|--------|
| 1   | - 15 | Richard Pitcairn-Knowles | Sevenoaks | 125.45 |
| 2   | - 24 | Ronald Denney            | Sevenoaks | 127.53 |

**800m (a)****Final**

| No. | Name | Club          | Perf      |         |
|-----|------|---------------|-----------|---------|
| 1   | - 24 | Ronald Denney | Sevenoaks | 4:33.94 |

**1500m (b)****Final**

| No. | Name | Club                     | Perf      |         |
|-----|------|--------------------------|-----------|---------|
| 1   | G 24 | Ronald Denney            | Sevenoaks | 9:38.93 |
| 2   | S 15 | Richard Pitcairn-Knowles | Sevenoaks | 9:39.30 |

**Shot (b)****Final**

| No. | Name | Club          | Perf      |      |
|-----|------|---------------|-----------|------|
| 1   | G 24 | Ronald Denney | Sevenoaks | 5.07 |

5.03, -, -, 5.07, 4.27, 4.72

**Discus (b)****Final**

| No. | Name | Club          | Perf      |       |
|-----|------|---------------|-----------|-------|
| 1   | - 24 | Ronald Denney | Sevenoaks | 14.21 |

13.19, x, 14.07, 12.55, 14.21, 13.11

**Javelin (b)****Final**

| No. | Name | Club          | Perf      |       |
|-----|------|---------------|-----------|-------|
| 1   | G 66 | David Simpson | Sevenoaks | 18.22 |

15.11, 15.67, 14.04, 18.22, 16.47, 14.13

**W35****Shot (a)****Final**

| No. | Name | Club         | Perf        |      |
|-----|------|--------------|-------------|------|
| 1   | - 67 | Natalie Mann | Cambridge H | 8.01 |

7.49, 8.01, 7.11, 7.80, 7.32, 7.46

**Hammer (a)****Final**

|   | No. | Name | Club         | Perf        |       |
|---|-----|------|--------------|-------------|-------|
| 1 | G   | 67   | Natalie Mann | Cambridge H | 29.44 |
| 2 | -   | 68   | Stacy Taylor | Dartford    | 24.49 |

27.60, 27.92, 28.81, 29.44, 28.68, 29.16  
24.49, x, 22.84, x, 23.44, 24.38

**Javelin (a)****Final**

|   | No. | Name | Club         | Perf        |       |
|---|-----|------|--------------|-------------|-------|
| 1 | -   | 67   | Natalie Mann | Cambridge H | 20.11 |

18.56, 20.11, 18.43, 17.57, x, 19.02

**W40****200m (a)****Final**

w/s+1.1

|   | No. | Name | Club          | Perf      |       |
|---|-----|------|---------------|-----------|-------|
| 1 | G   | 16   | Sarah Westrap | Tonbridge | 30.08 |

**400m (b)****Final**

|   | No. | Name | Club              | Perf      |       |
|---|-----|------|-------------------|-----------|-------|
| 1 | G   | 25   | Nina Ridge (W45)  | Tonbridge | 66.92 |
| 2 | S   | 26   | Lisa Knight (W45) | Tonbridge | 69.07 |

**800m (a)****Final**

|   | No. | Name | Club             | Perf      |         |
|---|-----|------|------------------|-----------|---------|
| 1 | G   | 25   | Nina Ridge (W45) | Tonbridge | 2:39.57 |

**5000m (a)****Final**

|   | No. | Name | Club                | Perf  |          |
|---|-----|------|---------------------|-------|----------|
| 1 | G   | 41   | Olwen Cockell (W45) | Swale | 21:36.75 |

**1500m (b)****Final**

|   | No. | Name | Club                | Perf      |         |
|---|-----|------|---------------------|-----------|---------|
| 1 | G   | 26   | Lisa Knight (W45)   | Tonbridge | 5:22.51 |
| 2 | S   | 41   | Olwen Cockell (W45) | Swale     | 5:48.53 |

**80m Hurdles (a)****Final**

w/s+0.5

|   | No. | Name | Club             | Perf      |       |
|---|-----|------|------------------|-----------|-------|
| 1 | G   | 44   | Elizabeth Duffin | Paddock W | 18.04 |

**Shot (a)****Final**

|   | No. | Name | Club                 | Perf         |       |
|---|-----|------|----------------------|--------------|-------|
| 1 | G   | 69   | Vanessa Hannam (W45) | Med and Maid | 10.71 |
| 2 | S   | 70   | Marianne Berndt      | Bexley       | 10.26 |
| 3 | -   | 44   | Elizabeth Duffin     | Paddock W    | 6.39  |

10.41, 10.51, 10.12, 9.89, 10.71, 10.14  
10.26, 9.52, -, -, -, -  
6.04, 6.14, 6.28, 6.39, x, x

**Discus (a)****Final**

|   | No. | Name | Club                 | Perf         |       |
|---|-----|------|----------------------|--------------|-------|
| 1 | G   | 69   | Vanessa Hannam (W45) | Med and Maid | 35.66 |
| 2 | S   | 70   | Marianne Berndt      | Bexley       | 32.10 |
| 3 | B   | 25   | Nina Ridge (W45)     | Tonbridge    | 24.34 |
| 4 |     | 44   | Elizabeth Duffin     | Paddock W    | 14.13 |

34.44, x, 34.74, 34.99, x, 35.66  
x, 31.07, 31.67, x, 32.10, x  
24.34, 23.78, 23.27, x, 20.48, 21.25  
x, 13.29, 12.53, 12.69, 14.13, 13.91

**Hammer (a)****Final**

|   | No. | Name | Club                | Perf      |       |
|---|-----|------|---------------------|-----------|-------|
| 1 | G   | 25   | Nina Ridge (W45)    | Tonbridge | 25.87 |
| 2 | S   | 71   | Amanda Holder (W45) | Bexley    | 23.86 |
| 3 | B   | 44   | Elizabeth Duffin    | Paddock W | 23.69 |

22.74, 23.83, x, 25.87, x, x  
23.28, 23.73, 23.05, 21.56, 21.92, 23.86  
x, 23.07, 21.61, 23.69, 21.78, 23.67

**Javelin (a)****Final**

|   | No. | Name | Club                 | Perf         |       |
|---|-----|------|----------------------|--------------|-------|
| 1 | G   | 69   | Vanessa Hannam (W45) | Med and Maid | 30.78 |
| 2 | S   | 44   | Elizabeth Duffin     | Paddock W    | 22.52 |

x, 29.84, 29.18, 30.40, 30.78, 29.47  
21.43, 20.94, x, x, 22.52, 22.47

**W50****100m (b)****Final**

w/s-1.7

|   | No. | Name | Club           | Perf      |       |
|---|-----|------|----------------|-----------|-------|
| 1 | G   | 20   | Wendy Masters  | Bexley    | 14.62 |
| 2 | S   | 17   | Helen Bond     | Tonbridge | 15.92 |
| 3 | B   | 19   | Lyn Sole (W55) | Thanet AC | 16.51 |

CBP

| 200m (a) |      |      |                |           | Final | w/s+1.1 |
|----------|------|------|----------------|-----------|-------|---------|
| No.      | Name | Club |                |           | Perf  |         |
| 1        | G    | 20   | Wendy Masters  | Bexley    | 30.07 | CBP     |
| 2        | S    | 19   | Lyn Sole (W55) | Thanet AC | 36.07 |         |

| 400m (b) |      |      |               |        | Final |
|----------|------|------|---------------|--------|-------|
| No.      | Name | Club |               |        | Perf  |
| 1        | G    | 20   | Wendy Masters | Bexley | 73.54 |

| 80m Hurdles (a) |      |      |                     |           | Final | w/s+0.5 |
|-----------------|------|------|---------------------|-----------|-------|---------|
| No.             | Name | Club |                     |           | Perf  |         |
| 1               | G    | 18   | Teresa Hinton (W55) | Paddock W | 17.38 |         |

| Shot (a) |      |      |                       |             | Final |  |
|----------|------|------|-----------------------|-------------|-------|--|
| No.      | Name | Club |                       |             | Perf  |  |
| 1        | G    | 73   | Jennifer Agyepong     | Cambridge H | 8.98  | 8.56, 8.98, 8.63, 8.63, 8.18, 8.62<br>6.88, 6.55, 6.66, 6.88, 6.89, 7.04<br>x, 6.60, 6.52, 5.60, x, 6.88 |
| 2        | S    | 18   | Teresa Hinton (W55)   | Paddock W   | 7.04  |  |
| 3        | B    | 72   | Christine Pates (W55) | Bexley      | 6.88  |  |

| Discus (a) |      |      |                       |           | Final |  |
|------------|------|------|-----------------------|-----------|-------|--|
| No.        | Name | Club |                       |           | Perf  |  |
| 1          | G    | 74   | Diane Bradley (W55)   | Tonbridge | 22.81 | 18.22, 21.84, 20.67, 20.94, 22.81, 21.35<br>20.98, x, 19.56, x, x, x<br>14.10, 13.91, 14.96, 13.94, 14.31, 14.48<br>14.58, x, x, 14.83, 12.13, 13.94 |
| 2          | S    | 19   | Lyn Sole (W55)        | Thanet AC | 20.98 |  |
| 3          | -    | 72   | Christine Pates (W55) | Bexley    | 14.96 |  |
| 4          |      | 18   | Teresa Hinton (W55)   | Paddock W | 14.83 |  |

| Hammer (a) |      |      |                     |             | Final |  |
|------------|------|------|---------------------|-------------|-------|--|
| No.        | Name | Club |                     |             | Perf  |  |
| 1          | G    | 73   | Jennifer Agyepong   | Cambridge H | 31.64 | x, 27.54, 31.64, 31.52, x, 30.25<br>x, x, x, 19.16, 20.04, 20.94 |
| 2          | S    | 74   | Diane Bradley (W55) | Tonbridge   | 20.94 |  |

| Javelin (a) |      |      |                       |           | Final |   |
|-------------|------|------|-----------------------|-----------|-------|---|
| No.         | Name | Club |                       |           | Perf  |   |
| 1           | -    | 72   | Christine Pates (W55) | Bexley    | 16.41 | 16.41, x, 15.06, x, 16.09, 15.90<br>13.68, x, x, x, 14.17 |
| 2           | -    | 18   | Teresa Hinton (W55)   | Paddock W | 14.17 |   |

## W60

| 200m (a) |      |      |                 |           | Final | w/s+1.1 |
|----------|------|------|-----------------|-----------|-------|---------|
| No.      | Name | Club |                 |           | Perf  |         |
| 1        | G    | 22   | Nicola Buckwell | Tonbridge | 33.72 | CBP     |

| Shot (a) |      |      |                       |              | Final |  |
|----------|------|------|-----------------------|--------------|-------|--|
| No.      | Name | Club |                       |              | Perf  |  |
| 1        | G    | 22   | Nicola Buckwell       | Tonbridge    | 6.90  | 6.58, 6.72, 6.90, 6.85, 6.69, 6.42<br>6.29, 5.91, x, x, 6.72, 6.58<br>6.41, 6.19, 6.09, 5.87, 6.66, 6.23 |
| 2        | S    | 75   | Barbara Macanas (W65) | Herne Hill H | 6.72  |  |
| 3        | B    | 76   | Liz Slater            | Bexley       | 6.66  |  |

| Discus (a) |      |      |                       |              | Final |  |
|------------|------|------|-----------------------|--------------|-------|--|
| No.        | Name | Club |                       |              | Perf  |  |
| 1          | G    | 75   | Barbara Macanas (W65) | Herne Hill H | 17.15 | 15.37, x, 14.61, 17.15, 16.22, 16.03<br>12.84, 14.68, x, 14.97, 14.80, 14.25 |
| 2          | S    | 76   | Liz Slater            | Bexley       | 14.97 |  |

| Hammer (a) |      |      |                       |              | Final |  |
|------------|------|------|-----------------------|--------------|-------|--|
| No.        | Name | Club |                       |              | Perf  |  |
| 1          | G    | 75   | Barbara Macanas (W65) | Herne Hill H | 23.16 | 23.16, 22.81, 20.67, 21.06, 21.56, 22.81<br>20.09, 19.36, 19.93, 19.63, 18.85, 21.24<br>18.47, 17.92, 18.13, 17.19, 17.45, 16.74 |
| 2          | S    | 76   | Liz Slater            | Bexley       | 21.24 |  |
| 3          | B    | 77   | Christine Lynch       | Swale        | 18.47 |  |

| Javelin (a) |      |      |                       |              | Final |  |
|-------------|------|------|-----------------------|--------------|-------|--|
| No.         | Name | Club |                       |              | Perf  |  |
| 1           | -    | 22   | Nicola Buckwell       | Tonbridge    | 14.06 | 11.10, 12.37, 12.78, 13.62, 14.00, 14.06<br>12.79, x, 11.83, 11.42, 12.59, x |
| 2           | -    | 75   | Barbara Macanas (W65) | Herne Hill H | 12.79 |  |