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PB AWARDS

THROWS

Male Award Standards

SHOT PUT	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7	Level 8	Level 9
U13 (3kg)	6.20m	6.60m	7.00m	7.40m	8.00m	8.60m	9.20m	9.80m	10.40m
U15 (4kg)	7.40m	8.00m	8.60m	9.20m	9.80m	10.40m	11.20m	12.00m	12.80m
U17 (5kg)	8.00m	8.60m	9.20m	9.80m	10.40m	11.20m	12.00m	12.80m	13.60m
U20 (Junior) (6kg)	9.20m	9.80m	10.40m	11.20m	12.00m	12.80m	13.60m	14.40m	15.20m
Senior (7.26kg)	10.40m	11.20m	12.00m	12.80m	13.60m	14.40m	15.20m	16.00m	16.50m
DISCUS	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7	Level 8	Level 9
U13 (1kg)	10.00m	12.00m	14.00m	16.00m	18.00m	20.00m	22.00m	24.00m	26.00m
U15 (1.25kg)	16.00m	18.00m	20.00m	22.00m	24.00m	26.00m	29.00m	32.00m	35.00m
U17 (1.5kg)	20.00m	22.00m	24.00m	26.00m	29.00m	32.00m	35.00m	38.00m	41.00m
U20 (Junior) (1.75kg)	22.00m	24.00m	26.00m	29.00m	32.00m	35.00m	38.00m	41.00m	44.00m
Senior (2kg)	29.00m	32.00m	35.00m	38.00m	41.00m	44.00m	47.00m	50.00m	52.00m
HAMMER	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7	Level 8	Level 9
U15 (4kg)	18.00m	21.00m	24.00m	27.00m	30.00m	33.00m	36.00m	39.00m	42.00m
U17 (5kg)	27.00m	30.00m	33.00m	36.00m	39.00m	42.00m	45.00m	48.00m	51.00m
U20 (Junior) (6kg)	30.00m	33.00m	36.00m	39.00m	42.00m	45.00m	48.00m	51.00m	54.00m
Senior (7.26kg)	39.00m	42.00m	45.00m	48.00m	51.00m	54.00m	57.00m	60.00m	62.00m
JAVELIN	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7	Level 8	Level 9
U13 (400g)	12.00m	14.00m	17.00m	20.00m	23.00m	26.00m	29.00m	32.00m	35.00m
U15 (600g)	20.00m	23.00m	26.00m	29.00m	32.00m	35.00m	38.00m	41.00m	44.00m
U17 (700g)	26.00m	29.00m	32.00m	35.00m	38.00m	41.00m	44.00m	47.00m	50.00m
U20 (Junior) (800g)	32.00m	35.00m	38.00m	41.00m	44.00m	47.00m	50.00m	53.00m	56.00m
Senior (800g)	44.00m	47.00m	50.00m	53.00m	56.00m	59.00m	62.00m	65.00m	67.00m

Female Award Standards

SHOT PUT	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7	Level 8	Level 9
U13 (2.72kg)	5.00m	5.50m	6.00m	6.50m	7.00m	7.60m	8.20m	8.80m	9.40m
U15 (3kg)	6.00m	6.50m	7.00m	7.60m	8.20m	8.80m	9.40m	10.00m	10.80m
U17 (3kg)	7.00m	7.60m	8.20m	8.80m	9.40m	10.00m	10.80m	11.60m	12.40m
U20 (Junior) (4kg)	7.60m	8.20m	8.80m	9.40m	10.00m	10.80m	11.60m	12.40m	13.20m
Senior (4kg)	8.80m	9.60m	10.20m	11.00m	11.80m	12.60m	13.20m	14.00m	14.80m
DISCUS	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7	Level 8	Level 9
U13 (0.75kg)	10.00m	12.00m	14.00m	16.00m	18.00m	20.00m	22.00m	24.00m	26.00m
U15 (1kg)	14.00m	16.00m	18.00m	20.00m	22.00m	24.00m	26.00m	29.00m	32.00m
U17 (1kg)	18.00m	20.00m	22.00m	24.00m	26.00m	29.00m	32.00m	35.00m	38.00m
U20 (Junior) (1kg)	22.00m	24.00m	26.00m	29.00m	32.00m	35.00m	38.00m	41.00m	44.00m
Senior (1kg)	29.00m	32.00m	35.00m	38.00m	41.00m	44.00m	47.00m	50.00m	52.00m
HAMMER	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7	Level 8	Level 9
U15 (3kg)	15.00m	18.00m	21.00m	24.00m	27.00m	30.00m	33.00m	36.00m	39.00m
U17 (3kg)	21.00m	24.00m	27.00m	30.00m	33.00m	36.00m	39.00m	42.00m	45.00m
U20 (Junior) (4kg)	24.00m	27.00m	30.00m	33.00m	36.00m	39.00m	42.00m	45.00m	48.00m
Senior (4kg)	36.00m	39.00m	42.00m	45.00m	48.00m	51.00m	54.00m	57.00m	59.00m
JAVELIN	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7	Level 8	Level 9
U13 (400g)	9.00m	11.50m	14.00m	16.50m	19.00m	21.50m	24.00m	26.50m	29.00m
U15 (500g)	16.50m	19.00m	21.50m	24.00m	26.50m	29.00m	31.50m	34.00m	36.50m
U17 (500g)	24.00m	26.50m	29.00m	31.50m	34.00m	36.50m	39.00m	41.50m	44.00m
U20 (Junior) (600g)	26.50m	29.00m	31.50m	34.00m	36.50m	39.00m	41.50m	44.00m	46.50m
Senior (600g)	31.50m	34.00m	36.50m	39.00m	41.50m	44.00m	46.50m	49.00m	51.00m

JUMPS

Male Award Standards

LONG JUMP	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7	Level 8	Level 9
U13	3.00m	3.25m	3.50m	3.75m	4.00m	4.25m	4.50m	4.75m	5.00m
U15	3.75m	4.00m	4.25m	4.50m	4.75m	5.00m	5.25m	5.50m	5.75m
U17	4.50m	4.75m	5.00m	5.25m	5.50m	5.75m	6.00m	6.20m	6.40m
U20 (Junior)	5.00m	5.25m	5.50m	5.75m	6.00m	6.20m	6.40m	6.60m	6.80m
Senior	5.25m	5.50m	5.75m	6.00m	6.20m	6.40m	6.60m	6.80m	7.00m
TRIPLE JUMP	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7	Level 8	Level 9
U15	8.75m	9.00m	9.25m	9.50m	10.00m	10.60m	11.20m	11.80m	12.30m
U17	9.25m	9.50m	10.00m	10.60m	11.20m	11.80m	12.30m	12.80m	13.30m
U20 (Junior)	10.00m	10.60m	11.20m	11.80m	12.30m	12.80m	13.30m	13.75m	14.20m
Senior	11.20m	11.80m	12.30m	12.80m	13.30m	13.75m	14.20m	14.60m	14.80m
HIGH JUMP	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7	Level 8	Level 9
U13	1.10m	1.15m	1.20m	1.25m	1.30m	1.35m	1.40m	1.45m	1.50m
U15	1.25m	1.30m	1.35m	1.40m	1.45m	1.50m	1.55m	1.61m	1.67m
U17	1.40m	1.45m	1.50m	1.55m	1.61m	1.67m	1.73m	1.79m	1.85m
U20 (Junior)	1.50m	1.55m	1.61m	1.67m	1.73m	1.79m	1.85m	1.90m	1.95m
Senior	1.55m	1.61m	1.67m	1.73m	1.79m	1.85m	1.90m	1.95m	2.00m
POLE VAULT	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7	Level 8	Level 9
U15	2.00m	2.20m	2.40m	2.60m	2.80m	3.00m	3.20m	3.40m	3.60m
U17	2.40m	2.60m	2.80m	3.00m	3.20m	3.40m	3.60m	3.80m	4.00m
U20 (Junior)	2.80m	3.00m	3.20m	3.40m	3.60m	3.80m	4.00m	4.20m	4.40m
Senior	3.20m	3.40m	3.60m	3.80m	4.00m	4.20m	4.40m	4.55m	4.70m

Female Award Standards

LONG JUMP	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7	Level 8	Level 9
U13	2.50m	2.75m	3.00m	3.25m	3.50m	3.75m	4.00m	4.25m	4.50m
U15	3.25m	3.50m	3.75m	4.00m	4.25m	4.50m	4.75m	4.95m	5.10m
U17	3.75m	4.00m	4.25m	4.50m	4.75m	4.95m	5.10m	5.25m	5.40m
U20 (Junior)	4.00m	4.25m	4.50m	4.75m	4.95m	5.10m	5.25m	5.40m	5.50m
Senior	4.50m	4.75m	4.95m	5.10m	5.25m	5.40m	5.50m	5.60m	5.70m
TRIPLE JUMP	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7	Level 8	Level 9
U15	7.50m	7.75m	8.00m	8.25m	8.50m	8.75m	9.00m	9.50m	10.00m
U17	8.25m	8.50m	8.75m	9.00m	9.50m	10.00m	10.40m	10.80m	11.00m
U20 (Junior)	9.00m	9.50m	10.00m	10.40m	10.80m	11.00m	11.20m	11.40m	11.60m
Senior	10.40m	10.80m	11.00m	11.20m	11.40m	11.60m	11.80m	11.90m	12.00m
HIGH JUMP	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7	Level 8	Level 9
U13	1.00m	1.05m	1.10m	1.15m	1.20m	1.25m	1.30m	1.35m	1.40m
U15	1.15m	1.20m	1.25m	1.30m	1.35m	1.40m	1.45m	1.50m	1.55m
U17	1.20m	1.25m	1.30m	1.35m	1.40m	1.45m	1.50m	1.55m	1.60m
U20 (Junior)	1.25m	1.30m	1.35m	1.40m	1.45m	1.50m	1.55m	1.60m	1.65m
Senior	1.30m	1.35m	1.40m	1.45m	1.50m	1.55m	1.60m	1.65m	1.70m
POLE VAULT	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7	Level 8	Level 9
U15	1.00m	1.20m	1.40m	1.60m	1.80m	2.00m	2.25m	2.50m	2.75m
U17	1.40m	1.60m	1.80m	2.00m	2.25m	2.50m	2.75m	3.00m	3.25m
U20 (Junior)	1.60m	1.80m	2.00m	2.25m	2.50m	2.75m	3.00m	3.25m	3.50m
Senior	1.80m	2.00m	2.25m	2.50m	2.75m	3.00m	3.25m	3.50m	3.75m

COMBINED EVENTS

Male Award Standards

PENTATHLON (indoor)	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7	Level 8	Level 9
U13	600	800	1000	1200	1400	1600	1800	1900	2000
U15	1000	1200	1400	1600	1800	2000	2200	2400	2600
HEPTATHLON (indoor)	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7	Level 8	Level 9
U17	2000	2250	2500	2750	3000	3250	3500	3750	4000
U20 (Junior)	2500	2750	3000	3250	3500	3750	4000	4250	4500
Senior	3000	3250	3500	3750	4000	4250	4500	4750	5000
PENTATHLON (outdoor)	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7	Level 8	Level 9
U13	600	800	1000	1200	1400	1			