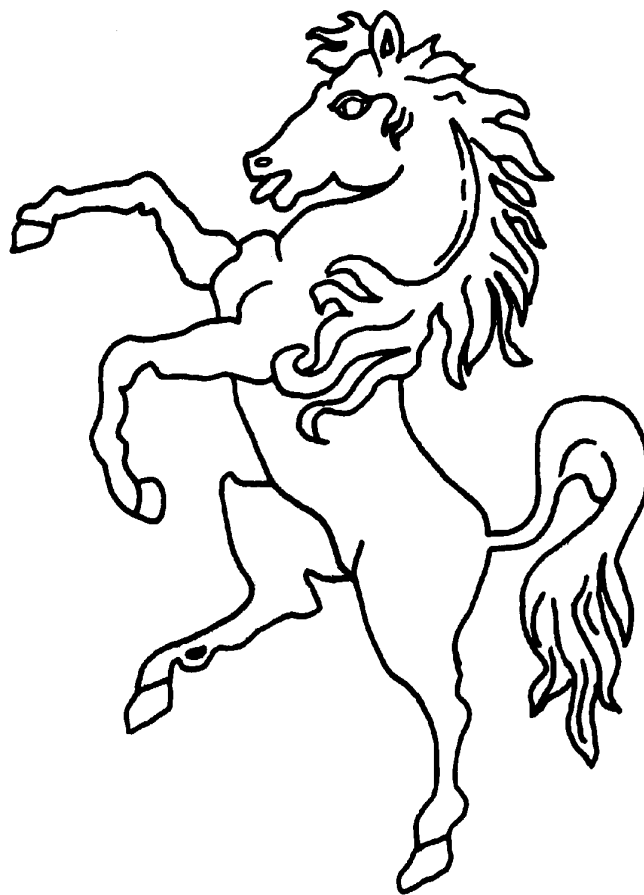


**KENT COUNTY ATHLETIC ASSOCIATION
RELAY CHAMPIONSHIPS
MASTERS JUMP CHAMPIONSHIPS
and
UNDER 13s HIGH JUMP CHAMPIONSHIPS**



(UNDER UKA RULES)

10th September 2023

Julie Rose Stadium, Ashford

Souvenir Programme

Kent County Relay, Masters Jumps and Under 13s High Jump Championships
Sunday 10th September 2023 at Julie Rose Stadium, Ashford

Chief Starter	Gurpreet Jandu
Starters	David Winfield
Chief Starters Assistant	David Ralph
Starters Assistants	John Freeman, Jan Clifford, Claire Capon
Track Referee	Martin Pickering
Track Judges	Barry Dorrity, Dave Walach, Maureen Fletcher, Lewis Makey, Sarah Holliday, Mahesh Sankla, James Adams, Julie Roe, Gill Freeman, Sarah Regan
Seeding	Brian Charlton
Chief Timekeeper	Emily Beet
Timekeepers	Miriam Dorrity
Field Referees	Tim Williams
Technical Manager	Dick Sharp
Clerks of Course	Marion Osborn, Sian Thomas
Field Judges	Rob Turner, Chris Head-Rapson, Mike Botha, Sally Emm, Amanda Edgley-Pearce, Michelle Cheyne, Lesley Hall, Louise Edeleanu, Steve Hall, Ashley Pearson, Mark Desborough, Liz Parsons, Sarah Charles, Chris Gregory, Martyn Morgan-Brown, Emily Griffiths
Athletes Registration	Di Capon
Result Recorders	Lin Neaves, Brian Charlton
Presentation	Andrew Scoones, Lee Capon

Kent County Relay Championship Timetable
Julie Rose Stadium, Ashford - 10th September 2023

	TIME		EVENT	ENTRIES	HEATS
T1	10.30	SM	MEDLEY	4	Final
T2	10.40	SW	MEDLEY	5	Final
T3	10.50	MIXED	MEDLEY	5	Final
T4	11.00	U13B	3 x 800	13	2 Time trials
T5	11.20	U15B	3 x 800	11	2 Heats
T6	11.45	U17M	4 x 100	4	Final
T7	11.50	U17W	4 x 100	10	2 Heats
T8	12.00	U15G	4 x 100	14	2 Heats
T9	12.10	U15B	4 x 100	11	2 Heats
T10	12.20	U13B	4 x 100	13	2 Heats
T11	12.30	U13G	4 x 100	13	2 Heats
T12	12.40	SM	4 x 100	10	2 Heats
T13	12.50	SW	4 x 100	9	2 Heats
T14	13.00	U15G	4 x 300	9	2 Heats
T15	13.10	U17M/SM	4 x 400	3/4	Final
T16	13.20	SW/MIXED	4 x 400	3/2	Final
T17	13.30	U13B	4 x 200	11	2 Heats
T18	13.40	U15G	4 x 200	11	2 Heats

BREAK

T19	14.10	SM	4 x 200	9	2 Heats
T20	14.20	U17W	3 x 800	5	Final
T21	14.30	U17M	3 x 800	5	Final
T22	14.40	U15G	3 x 800	4	Final
T23	14.50	U13G	3 x 800	8	Final
T24	15.00	U15B	3 x 800		Final
T25	15.15	U13G	4 x 100		Final
T26	15.20	U13B	4 x 100		Final
T27	15.25	U15G	4 x 100		Final
T28	15.30	U15B	4 x 100		Final
T29	15.35	U17W	4 x 100		Final
T30	15.40	SW	4 x 100		Final
T31	15.45	SM	4 x 100		Final
T32	15.50	U13G	4 x 200	8	Final
T33	16.00	U13B	4 x 200		Final
T34	16.10	U15G	4 x 200		Final
T35	16.20	U15B	4 x 200	8	Final
T36	16.30	U17M	4 x 200	5	Final
T37	16.40	U17W	4 x 200	7	Final
T38	16.50	SW	4 x 200	5	Final
T39	17.00	SM	4 x 200		Final
T40	17.10	U17W	4 x 300	7	Final
T41	17.20	U15B	4 x 300	8	Final
T42	17.30	U15G	4 x 300		Final

KENT MASTERS JUMPS and U13 HIGH JUMP CHAMPIONSHIPS TIMETABLE

Sunday 10th September 2023 Julie Rose Stadium Ashford

EVENT (Site)	START TIME	GENDER	NUMBERS
Long Jump (1)	9.40 for 10.00am	Men	13
High Jump	9.40 for 10.00am	Women	3
High Jump (2)	10.40 for 11.00am	Girls	9
Pole Vault	10.50 for 11.30am	Women & Men	3 & 7
High Jump (1)	1.00 for 1.20pm	Men	7
High Jump (2)	1.00 for 1.20 pm	Boys	9
Long Jump (1)	1.00 for 1.20pm	Women	8
Triple Jump (1)	3.00 for 3.20 pm	Women	6
Triple Jump (2)	3.00 for 3.20pm	Men	11

Pick up numbers at least 40 minutes before event start time.

High Jump & Pole Vault lowest height requested.

Up in 10 cm for P.V Up in 5cm for H.J. (3 left can request smaller increments)

L.J & T.J All take 3 trials, then top 8 further 3

Go straight to event site at time stated

*If you are competing the following week in the master's & U13 Championships, you **MUST** keep your Bib numbers.*

Clubs Vest must be worn.

Have a good competition.

KCAA Masters Jumps Championships

Julie Rose, Ashford 2023

High Jump

M35 CBP: Martin Lloyd Bexley AC 2.02 2019

2022 Winner: Bilen Ahmet Kingston & Poly 1.45

1 B Ahmet Kingston & Poly
2 A Bernard Dartford

M40 CBP: Martin Lloyd Bexley 2.00 2022

2022 Winner: Martin Lloyd Bexley 2.00

9 M Lloyd Bexley
10 D Ofosu Ashford

M50 CBP: Gary Capon Dartford Harriers AC 1.60 2013

2022 Winner: Dan Eliassen Kent AC 1.40

26 O Van Zyl Sevenoaks

M60 CBP: Gary Capon Dartford Harriers AC 1.50 2022

2022 Winner: Gary Capon Dartford 1.45

47 G Capon Dartford
48 I Crawley Tonbridge

M70 CBP: John Robinson Sevenoaks AC 1.30 2000

2022 Winner: Anthony Garrett Bexley 1.05

No Competition

W35 CBP: Jenny Brown Ashford AC 1.65 1996

2022 Winner: Stevie Langford Ashford 1.55

83 S Langford Ashford

W40 CBP: Imeta Barauskiene Bexley AC 1.55 2007

2022 Winner: No Competition

No Competition

W50 CBP: Christine A Clements Dartford H 1.33 2008

2022 Winner: Christine Pates Bexley 1.26

No Competition

W60 CBP: Teresa Eades Dartford Harriers AC 1.33 2019

2022 Winner: Teresa Eades Dartford 1.21

118 T Eades Dartford
119 C Pates Bexley

W70 CBP: Patricia Oakes Ashford AC 1.00 2017

2022 Winner: No Competition

No Competition

Pole Vault

M35 CBP: Bilen Ahmet Kingston & Poly AC 3.80 2021

2022 Winner: Bilen Ahmet Kingston & Poly 3.20

1 B Ahmet Kingston & Poly
3 L Williams Hav Msbk

M40 CBP: Allan Williams Blackheath Harriers 4.15 2002

2022 Winner: No Competition

No Competition

M50 CBP: Allan Williams Black & Brom H AC 4.05 2004

2022 Winner: Roger Platt Black & Brom 3.20

26 O Van Zyl Sevenoaks
27 T Crysell Paddock W

M60 CBP: Allan Williams Black & Brom H AC 3.50 2013

2022 Winner: Gary Capon Dartford 2.20

47 G Capon Dartford
48 I Crawley Tonbridge

M70 CBP: Jim Day Black & Brom H AC 2.63 2003

2022 Winner: No Competition

69 M Goodall Ashford

W35 CBP: Maria Newton Med & Maid 3.00 2001

2022 Winner: No Competition

No Competition

W40 CBP: Anne Goad Dartford H 2.60 2001

2022 Winner: No Competition

91 E Bignell (G) Paddock W
92 A Crush Tonbridge

W50 CBP: Jackie Montgomery B&B H AC 2.60 2014

2022 Winner: No Competition

106 J Montgomery Black & Brom

KCAA Masters Jumps Championships**Julie Rose, Ashford 2023****W60 CBP: Teresa Eades Dartford Harriers AC 2.50 2019**
2022 Winner: Teresa Eades Dartford 2.20

118 T Eades Dartford

Long Jump**M35 CBP: Alexander Lee Dartford Harriers AC 5.84 2017**
2022 Winner: No Competition1 B Ahmet Kingston & Poly
3 L Williams Hav Msbk**M40 CBP: Paul Oakes Dartford H 6.12 1998**
2022 Winner: No Competition10 D Ofosu Ashford
11 P Davey Ashford**M50 CBP: Stephen Langford Ashford AC 5.30 2009**
2022 Winner: Oloff Van Zyl Sevenoaks 5.2427 T Crysell Paddock W
28 S Lake Ashford
29 W Odele Cambridge H**M60 CBP: Gary Capon Dartford Harriers AC 4.59 2022**
2022 Winner: Gary Capon Dartford 4.5947 G Capon Dartford
48 I Crawley Tonbridge
49 S Langford Ashford
50 S Moss Beck RC**M70 CBP: John Robinson Sevenoaks AC 3.68 2000**
2022 Winner: Anthony Garrett Bexley 2.75

No Competition

W35 CBP: A Day Bromley Ladies 4.81 1993
2022 Winner: No Competition

84 C Rodwell Med and Maid

W40 CBP: Imeta Barauskiene Bexley AC 5.38 2004
2022 Winner: Helen Nyberg-Mitroi Dartford 3.9593 S Westrap Tonbridge
94 H Mitroi Dartford**W50 CBP: Wendy Masters Bexley AC 4.30 2019**
2022 Winner: Helen Bond Tonbridge 3.73106 J Montgomery Black & Brom
107 W Masters Bexley**W60 CBP: Teresa Eades Dartford Harr AC 4.03 2019**
2022 Winner: Teresa Eades Dartford 3.60118 T Eades Dartford
119 C Pates Bexley
120 T Hinton Paddock W**W70 CBP: Patricia Oakes Ashford AC 2.88 2017**
2022 Winner: No Competition

No Competition

Triple Jump**M35 CBP: Stephen Lake Ashford AC 11.72 2012**
2022 Winner: Bilen Ahmet Kingston & Poly 10.09

1 B Ahmet Kingston & Poly

M40 CBP: Gary Gallagher GEC 13.28 1998
2022 Winner: Stephen Lake Ashford 10.1310 D Ofosu Ashford
11 P Davey Ashford
12 M Vrijmoed Dartford**M50 CBP: Paul Ralph Med & Maid AC 11.17 2019**
2022 Winner: Dan Eliassen Kent AC 10.5527 T Crysell Paddock W
28 S Lake Ashford
29 W Odele Cambridge H**M60 CBP: Gary Capon Dartford Harriers AC 9.92 2021**
2022 Winner: Gary Capon Dartford 9.4247 G Capon Dartford
49 S Langford Ashford
51 R Sibley Med and Maid**M70 CBP: John Robinson Sevenoaks AC 8.13 2001**
2022 Winner: No Competition

No Competition

KCAA Masters Jumps Championships

Julie Rose, Ashford 2023

W35 CBP: Jenny Brown Ashford AC 10.58 1996

2022 Winner: No Competition

84 C Rodwell

Med and Maid

W40 CBP: Imeta Barauskiene Bexley AC 11.11 2007

2022 Winner: Helen Nyberg-Mitroi Dartford 8.48

94 H Mitroi

Dartford

W50 CBP: Teresa Eades Dartford Harriers AC 9.35 2016

2022 Winner: Helen Bond Tonbridge 7.04

107 W Masters

Bexley

W60 CBP: Teresa Eades Dartford Harriers AC 9.09 2019

2022 Winner: Teresa Eades Dartford 7.72

118 T Eades

Dartford

120 T Hinton

Paddock W

121 L Slater

Bexley

W70 CBP: Patricia Oakes Ashford AC 6.13 2017

2022 Winner: No Competition

No Competition

UNDER 13s HIGH JUMP CHAMPIONSHIPS

11.00
Winner 2022:
CBP:

U13G High Jump
Heidi Coulson Blackheath & Bromley H AC 1.33
Janice Anderson Medway AC 1.52 1985

Final

1	Emma Bowler	Dartford Harriers AC	6	Alessia Scala	Blackheath & Bromley H AC
2	Allegra Hopkinson	Folkestone Running Club	7	Natasha Stevens	Ashford AC
3	Manroop Jandu	Dartford Harriers AC	8	Gwennan Thomas	Medway and Maidstone AC
4	Talia Junaid-Evans	Dartford Harriers AC	9	Ellin Wilson	Ashford AC
5	Amanda Onwuasoanya	Bexley AC			

1.....2.....3.....

1.20
Winner 2022:
CBP:

U13B High Jump
Matthew Akintolu Dartford Grammar School 1.58
Luke Cressey Thanet AC 1.60 2014

Final

70	Oritsemilaju Atsenuwa	Dartford Grammar School	75	Kaiser Muga	Tonbridge AC
71	Story Bundy	Invicta East Kent AC	76	Sebastian North	Blackheath & Bromley H AC
72	Thomas Connop	Medway and Maidstone AC	77	Jack Ruby	Blackheath & Bromley H AC
73	William Connop	Medway and Maidstone AC	78	Victor Watling	Tonbridge AC
74	Jude Lowe	Dartford Harriers AC			

1.....2.....3.....