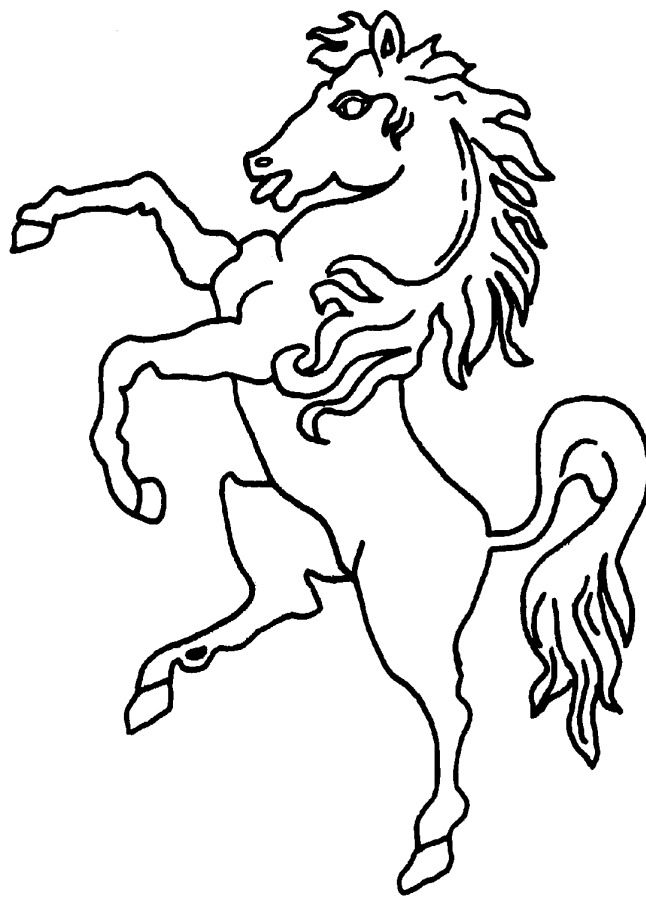


**KENT COUNTY ATHLETIC ASSOCIATION  
MASTERS CHAMPIONSHIPS  
(not including Jumps events)  
COMBINED EVENTS CHAMPIONSHIPS  
and  
UNDER 13s CHAMPIONSHIPS  
(not including High Jump events)**



**( UNDER UKA RULES )**

**16<sup>th</sup> and 17<sup>th</sup> September 2023**

**Medway Park, Gillingham**

**Souvenir Programme**

**Kent Combined Events, U13's and Masters Championships Medway Park, Gillingham  
Saturday 16th September and Sunday 17th September 2023**

Chief Starter:	Sat: Gurpreet Jandu	Sun: David Ralph
Starters:	Sat: David Winfield	Sun: David Winfield
Chief Marksman:	Sat: Phil Pape	Sun: Phil Pape
Marksmen:	Sat: David Ralph, Anoushka Johnson	Sun: David Ralph, Anoushka Johnson
Track Referee:	Sat: Lewis Makey	Sun: Dave Walach
Track Judges (Sat):	Dave Walach, Gill Freeman, Rhiannon Rowe, Julie Roe, Martin Pickering, Mahesh Sankla, James	
(Sun):	Gill Freeman, Dawn Hookway, Sarah Holliday, Martin Pickering, Shareen Miller, Mahesh Sankla, Zarina	
Walks Judges	Organised by Noel Carmody	
Clerk of Course:	Sat: -	Sun: -
Photofinish	Sat: Sara Fletcher	Sun: Luke Smallwood
Seeding	Sat: Luke Smallwood	Sun: Luke Smallwood
Chief Timekeeper:	Sat: Barry Ferguson	Sun: Miriam Dorrity
Timekeepers (Sat):	Lyndsey Whitlock, Emily Beet, Steve Langford	
Timekeepers (Sun):	Barry Ferguson, Lyndsey Whitlock	
Field Referees:	Sat: Amanda Edgley-Pearce, John Askew	Sat: Amanda Edgley-Pearce, John Askew
Technical Manager:	Sat: Marion Osborn	Sun: Marion Osborn
Clerk of Course:	Sat: Tim Williams	Sun: Steve Hall, Robert Fursey
Field Judges (Sat):	Gary Capon, Sian Thomas, Chris Hogwood, Liz Parsons, Chris Head-Rapson, Mike Botha, Dick Sharp, Sally Emm, Robert Hammond, Michelle Cheyne, Lesley Hall, Stacy Taylor, Mike Davies, Ashley Pearson, Olivia Gratwick, Stephen Hesketh, Liz Parsons, Sarah Charles, Steve Hall, Claire Capon, Peter Ebbage	
(Sun):	Gary Capon, Sian Thomas, Liz Parsons, Chris Head-Rapson, Tim Williams, Mike Botha, Dick Sharp, Sally Emm, Robert Hammond, Michelle Cheyne, Lesley Hall, Stacy Taylor, Mike Davies, Ashley Pearson, Olivia Gratwick, Stephen Hesketh, Kalina Detko, Liz Parsons, Sarah Charles, Claire Capon, Peter Ebbage	
Presentation:	Andrew Scoones, Lee Capon	
Athlete Registration:	Diane Capon, Lee Capon	
Results:	Brian Charlton and Lin Neeves	
Announcer:		
Entry Secretaries	Barry Ferguson (Masters), Gary Capon (CE), Iain Presnell (U13s)	

**Kent County Athletics Association.**  
**Masters, Combined Events & U13's Championships**  
**16th September 2023. Medway Park, Gillingham**

Track Saturday						Field Saturday				
T1	10.00	100m	U20M/ SM Dec	2/12	2 Races	F1	10.00	Shot	U13 Boys	2
T2	10.15	100mH	SW/U20W Hept	2/1	1 Race	F2	10.00	Shot	U13 Girls	7
T3	10.25	80mH	U15B Pent	8	1 Race	F3	10.00	Hammer	Women 35,40,50,60	4,1,1,4
T4	10.30	80mH	U17W Hept	10	2 Races	F4	10.40	Long Jump	U17 Men Oct	3
T5	10.45	80mH	M70/W40	1/2	Finals	F5	10.40	Long Jump	U20 & Sen Men Dec	2,12
T6	11.00	70mH	U13G	16	2 Heats	F6	11.25	Hammer	U13 Boys & Girls	3,1
T7	11.15	800m	U13B	20	3 TT races	F7	11.45	High Jump	U17 Women Hept	10
T8	11.30	800m	M35/M40/M50	2/4/2	Finals	F8	11.45	High Jump	U20 & Sen Women Hept	1,2
T9	11.35	800m	M60/70	6/1	Finals	F9	12.00	Long Jump	U15 Boys Pent	8
T10	11.45	800m	W35/W40	1/3	Finals	F10	12.15	Shot	U20 & Sen Men Dec	2,12
T11	11.50	1200m	U13G	14	Final	F11	12.30	Discus	U17 Men Oct	3
T12	12.00	100m	U13B	15	2 Heats	F12	12.45	Discus	Women 35,50,60	4,1,4
T13	12.15	150m	U13G	20	3 Heats	F13	13.15	Shot	U15 Boys Pent	8
			Break			F14	13.20	Shot	U17 Women Hept	10
T14	13.10	70mH	U13G		Final	F15	13.20	Shot	U20 & Sen Women Hept	1,2
T15	13.20	100m	U13B		Final	F16	13.40	High Jump	U15 Boys Pent	8
T16	13.30	150m	U13G		Final	F17	14.45	High Jump	U17 Men Oct	3
T17	13.40	200m	M35/M40	3/3	Final	F18	14.45	High Jump	U20 & Sen Men Dec	2,12
T18	13.50	200m	M50	5	Final	F19	14.45	Shot	Women 35,50, 60	4,1,5
T19	14.00	200m	M60/M70	1/4	Final	F20	15.00	Discus	U13 Boys	3
T20	14.10	200m	W35/W40/W50	1/1/2	Finals	F21	15.10	Long Jump	U13 Boys	24
T21	14.20	5000	M35/40/50/60/70	1/2/6/4/1	Finals	F22	15.20	Javelin	U13 Girls	6
T22	14.50	5000	W35/40/50	1/3/3	Finals	F23	15.40	Javelin	Women 35,40,60	3,1,4
T23	15.25	200m	SW/U20W Hept		1 Race					
T24	15.30	200m	U17W Hept		2 Races					
T25	15.45	800m	U15B Pent		Final					
T26	15.55	400m	U17M Oct	3	1 Race					
T27	16.05	400m	U20/SM Dec	2/12	2 Races					

**Notes**

All ATHLETES COMPETING IN EACH CHAMPIONSHIP MUST report to registration 45 min before your first event starts. That applies to both days. Please retain your bib numbers to use on the second day.

Master and Under 13 athletes. Please note that if heats and semi-finals are not required, the finals will take place at the first heat or semi-final times that are shown.

Club (school) colours MUST be worn, or clothing acceptable under UKA Rule T5

TRACK:- Report to event 15 minutes before start time

FIELD:- 20 minutes before start time.

Kent County reserve the right to alter or adjust the times of this programme on the day but the integrity of each championship will be maintained. Please listen for any announcements.

**Kent County Athletics Association.**  
**Masters, Combined Events & U13's Championships**  
**17th September 2023. Medway Park, Gillingham**

Track Sunday					
T28	10.00	110mH	U20/SM Dec	2/12	2 Races
T29	10.10	110mH	M35/M40	2/1	Finals
T30	10.20	100mH	U17M Oct	3	1 Race
T31	10.30	100mH	M60	2	Final
T32	10.40	75mH	U13B	7	Final
T33	10.45	75mH	U15G Pent	10	2 Races
T34	11.00	75m	U13G	28	4 Heats
T35	11.20	100m	M35/40	3/3	Finals
T36	11.25	100m	M/50	6	Final
T37	11.30	100m	M60/70/80	2/3/1	Finals
T38	11.35	100m	W40/50/60	3/2/1	Finals
T39	11.45	1500m	U13B	16	2 TT Races
T40	12.00	1500m	M35/40/50	2/7/4	Finals
T41	12.10	1500m	M60/70/W40/50	4/1/5/2	Finals
T42	12.25	200m	U13B	12	2 Heats
T43	12.40	75m	U13G		2 S/F
T44	12.55	800m	U13G	20	3 TT Races
			Break		
T45	14.00	75m	U13G		Final
T46	14.10	200m	U13B		Final
T47	14.20	2KWlk	U13G	2	Finals
T48	14.20	2KWlk	M40/50/W40/50/60	1/1/1/1	Finals
T49	15.00	300mH	M60	1	Final
T50	15.15	400mH	M35/M50/W35	2/1/1	Finals
T51	15.30	400m	W35/50	1/3	Finals
T52	15.35	400m	M50	5	Final
T53	15.40	400m	M60/M70	3/3	Finals
T54	15.45	400m	M35/M40	2/2	Finals
T55	15.55	800m	U15G Pent		Final
T56	16.05	800m	U17W Hept		Final
T57	16.30	800m	SW/U20W Hept		Final
T58	16.45	1500m	U17M Oct		Finals
T59	17.00	1500m	U20M/SM Dec		Finals

Field Sunday				
F24	10.00	Discus	U13 Girls	5
F25	10.15	Shot	Men 60	7
F26	11.00	Discus	U20 & Sen Men Dec	2,12
F27	11.25	Shot	U17 Men Oct	3
F28	11.40	Long Jump	U15 Girls Pent	10
F29	12.00	Discus	Masters 60	8
F30	12.20	Long Jump	U17 Women Hept	10
F31	12.20	Long Jump	U20 & Sen Women Hept	1,3
F32	13.00	Shot	U15 Girls Pent	10
F33	13.10	Discus	Men 35,40,50,70,80	1,1,3,4,1
F34	13.10	Pole Vault	Sen Men Dec	2.11
F35	14.00	Long Jump	U13 Girls	26
F36	14.00	Javelin	U13 Boys	13
F37	14.10	Hammer	Men 50,60,70,80	2,5,4,1
F38	14.15	High Jump	U15 Girls Pent	10
F39	14.40	Shot	Men 35,50,70,80	2,3,3,1
F40	15.10	Javelin	U17 Women Hept	10
F41	15.10	Javelin	U20 & Sen Women Hept	1,3
F42	15.55	Javelin	U17 Men Oct	3
F43	15.55	Javelin	U20 & Sen Men Dec	2,11
F44	17.00	Javelin	Men 50,60,70,80	3,7,2,1

Notes

All ATHLETES COMPETING IN EACH CHAMPIONSHIP MUST report to registration 45 min before your first event starts.

Master and Under 13 athletes. Please note that if heats and semi-finals are not required, the finals will take place at the first heat or semi-final times that are shown.

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TRACK:- Report to event 15 minutes before start time

FIELD:- 20 minutes before start time.

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**KCAA Veterans/Masters Championships****Medway Park, Gillingham 2023****100m****M35 CBP: Alexander Lee Dartford Harriers AC 12.03 2017  
2022 Winner: Adam Bernard Dartford H AC 12.16**

1 B Ahmet	Kingston & Poly
2 A Bernard	Dartford
4 S Foy	Dartford

**M40 CBP: Alistair Noel Cambridge H 11.2 2004  
2022 Winner: Steven Tester Tonbridge AC 11.62**

10 D Ofosu	Ashford
13 S Jones	Central Park Ath
14 T Ossai (G)	Be Fit Today TA

**M50 CBP: Mark McAllister Tonbridge AC 12.12 2022  
2022 Winner: Mark McAllister Tonbridge AC 12.12**

27 T Crysell	Paddock W
29 W Odele	Cambridge H
30 R Brooks	Met.Police
31 J Foster	Med and Maid
32 M McAllister	Tonbridge
33 L Azodoh	Bexley

**M60 CBP: Mark Woods Paddock Wood AC 13.09 2022  
2022 Winner: Mark Woods Padd Wood AC 13.09**

48 I Crawley	Tonbridge
52 C Bates	Dartford

**M70 CBP: Douglas Lucas Cambridge H 14.20 2022  
2022 Winner: Douglas Lucas Cambridge H 14.20**

70 T Carter	Cambridge H
71 D Lucas	Cambridge H
72 L Percival	Paddock W

**M80 CBP: Richard Pitcairn-Knowles Sev AC 19.9 2013  
2022 Winner: No Competition**

81 B Ferguson	Cambridge H
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**W35 CBP: Kay Kilgallon Cambridge H 12.9 1993  
2022 Winner: Claire Capon Dartford H AC 13.96**

No Competition

**W40 CBP: Louisa Vallins B & B H AC 13.46 2021  
2022 Winner: Kirstie Cooper Dartford H AC 14.22**

94 H Mitroi	Dartford
95 K Detko	Dartford
96 K Cooper	Dartford
97 D Sage	Black & Brom

**W50 CBP: Diane Wright Tonbridge AC 14.45 2021  
2022 Winner: Helen Bond Tonbridge AC 15.81**

108 B Harrop	Med and Maid
109 D Wright	Tonbridge

**W60 CBP: Teresa Eades Dartford H AC 15.71 2021  
2022 Winner: No Competition**

120 T Hinton	Paddock W
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**W70 CBP: Patricia Oakes Ashford AC 19.50 2017  
2022 Winner: No Competition**

No Competition

**200m****M35 CBP: Adam Bernard Dartford H AC 24.32 2022  
2022 Winner: Adam Bernard Dartford H AC 24.32**

1 B Ahmet	Kingston & Poly
2 A Bernard	Dartford
4 S Foy	Dartford

**M40 CBP: David E Kemp Dartford H 23.9 2005  
2022 Winner: Richard Brooks Met Police 24.68**

10 D Ofosu	Ashford
15 J Fish	Bexley
16 D Wright	Med and Maid

**M50 CBP: Doug Lucas Cambridge H 24.8 2001  
2022 Winner: Mark McAllister Ton AC 24.81**

30 R Brooks	Met.Police
31 J Foster	Med and Maid
32 M McAllister	Tonbridge
33 L Azodoh	Bexley
34 D Parkinson	Med and Maid

**M60 CBP: Mark Woods Paddock Wood AC 26.90 2022  
2022 Winner: Mark Woods Padd Wood AC 26.29**

52 C Bates	Dartford
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**KCAA Veterans/Masters Championships****Medway Park, Gillingham 2023**

**M70 CBP: Douglas Lucas Cambridge H 29.53 2021**  
**2022 Winner: Douglas Lucas Cambridge H 29.82**

70 T Carter	Cambridge H
71 D Lucas	Cambridge H
72 L Percival	Paddock W
73 G Kitchener	Sev

**M80 CBP: Richard Pitcairn-Knowles Sev AC 43.17 2013**  
**2022 Winner: No Competition**

No Competition

**W35 CBP: Katherine Reeves Met Police 26.5 2009**  
**2022 Winner: Rachel Hicks Belgrave Harriers 30.33**

85 R Hicks	Belgrave
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**W40 CBP: Imeta Barauskiene Bexley AC 27.4 2005**  
**2022 Winner: Karolina Mykietyt Central PA 28.52**

95 K Detko	Dartford
96 K Cooper	Dartford

**W50 CBP: Wendy Masters Bexley AC 30.07 2019**  
**2022 Winner: No Competition**

108 B Harrop	Med and Maid
110 C Curtis	Folkestone RC

**W60 CBP: Nicola Buckwell Tonbridge AC 33.72 2019**  
**2022 Winner: No Competition**

No Competition

**W70 CBP: Anne Brenchley Tonbridge AC 43.38 2016**  
**2022 Winner: No Competition**

No Competition

**400m**

**M35 CBP: Adam Bernard Dartford H AC 54.03 2021**  
**2022 Winner: Adam Bernard Dartford H AC 55.89**

2 A Bernard	Dartford
5 C Loudon	Cambridge H

**M40 CBP: David E Kemp Dartford H 52.8 2004**  
**2022 Winner: Steven Tester Tonbridge AC 53.73**

16 D Wright	Med and Maid
17 S Waterman	Dartford

**M50 CBP: Doug Lucas Cambridge H 54.9 2001**  
**2022 Winner: Mark Jessup Holland Sp AC 59.92**

27 T Crysell	Paddock W
29 W Odele	Cambridge H
30 R Brooks	Met.Police
32 M McAllister	Tonbridge
35 G Walsh	Sev

**M60 CBP: Les Percival Paddock Wood AC 62.21 2013**  
**2022 Winner: Colin Bates Dartford H AC 62.48**

50 S Moss	Beck RC
52 C Bates	Dartford
53 M Kybert	Dartford

**M70 CBP: David Hamilton Kent AC 74.9 2003**  
**2022 Winner: No Competition**

70 T Carter	Cambridge H
71 D Lucas	Cambridge H
72 L Percival	Paddock W

**M80 CBP: Ronald Denney Sev AC 104.58 2017**  
**2022 Winner: No Competition**

No Competition

**W35 CBP: C Thomas Ashford AC 65.2 1993**  
**2022 Winner: Rebecca Miah SCVAC 69.90**

86 R Miah	Dartford
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**W40 CBP: Emma Wood Tonbridge AC 60.06 2017**  
**2022 Winner: Bernadette Harrop M&M AC 75.81**

No Competition

**W50 CBP: J Hulls Bromley Vets 70.35 1998**  
**2022 Winner: No Competition**

108 B Harrop	Med and Maid
111 K Cudmore	Med and Maid
112 L Knight	Tonbridge

**W60 CBP: Fiona Argent M&M AC 85.12 2014**  
**2022 Winner: No Competition**

No Competition

**KCAA Veterans/Masters Championships****Medway Park, Gillingham 2023****W70 CBP: Anne Brenchley Tonbridge AC 97.22 2016****2022 Winner: No Competition**

No Competition

**800m****M35 CBP: Samuel Coombes Dartford H AC 2:03.79 2016****2022 Winner: Terry Hawkey Dartford H AC 2:07.15**6 T Ayres Black & Brom  
7 S Rodwell Med and Maid**M40 CBP: Edmund Adigwe Cambridge H 1:59.91 2021****2022 Winner: Edmund Adigwe Cambridge H 2:06.14**16 D Wright Med and Maid  
17 S Waterman Dartford  
18 E Adigwe Cambridge H  
19 S McNally Dartford**M50 CBP: Andrew Howey Tunbridge WH 2:09.58 2014****2022 Winner: Oloff Van Zyl Sev AC 2:18.21**35 G Walsh Sev  
36 P Coleman Tonbridge**M60 CBP: Peter Hamilton B & B H AC 2:31.0 2008****2022 Winner: Mark Ashby Cambridge H 2:37.04**48 I Crawley Tonbridge  
53 M Kybert Dartford  
54 R Fursey Med and Maid  
55 M Leat Cambridge H  
56 G Saker Tonbridge  
57 R Chapman SLH**M70 CBP: Arthur Kimber Dartford 2:52.6 2009****2022 Winner: John McGlashan Vet AC 3:12.17**

74 C Read Bromley Vets AC

**M80 CBP: Richard Pitcairn-Knowles Sev AC 4:03.58 2013****2022 Winner: No Competition**

No Competition

**W35 CBP: Cara Oliver Dartford Harriers 2:22.2 2008****2022 Winner: No Competition**

86 R Miah Dartford

**W40 CBP: Anoushka Johnson Dartford H AC 2:32.13 2015****2022 Winner: Chloe Hammond M&M AC 2:35.64**98 T McPherson Med and Maid  
99 A Pearson Black & Brom  
100 R Pickard Sev**W50 CBP: Clare Elms Kent AC 2:32.21 2022****2022 Winner: Clare Elms Kent AC 2:32.21**

No Competition

**W60 CBP: Pat Halstead Dartford Harriers 3:02.87 2012****2022 Winner: No Competition**

No Competition

**1500m****M35 CBP: Simon Fraser Tonbridge AC 4:21.12 2015****2022 Winner: No Competition**5 C Loudon Cambridge H  
7 S Rodwell Med and Maid**M40 CBP: G Saker Med & Maid AC 4:12.8 2005****2022 Winner: Darren Corneille B&B H AC 4:52.20**16 D Wright Med and Maid  
17 S Waterman Dartford  
19 S McNally Dartford  
20 D Corneille Black & Brom  
21 N Wright Med and Maid  
22 N Jovanovic Cambridge H  
23 A Pickett Dartford**M50 CBP: Andrew Howey Tunbridge WH 4:25.33 2014****2022 Winner: Alun Rodgers M&M AC 5:00.25**26 O Van Zyl Sev  
36 P Coleman Tonbridge  
37 N Arnott Tonbridge  
38 A Rodgers Med and Maid**M60 CBP: Tony Tuohy Dulwich Runners 4:59.11 2022****2022 Winner: Tony Tuohy Dulwich R 4:59.11**53 M Kybert Dartford  
54 R Fursey Med and Maid  
58 J Saynor S Kent Harr  
59 T Tuohy Dulwich R

**KCAA Veterans/Masters Championships****Medway Park, Gillingham 2023****M70 CBP: Julian Spencer-Wood Kent AC 5:47.04 2021****2022 Winner: No Competition**

74 C Read Bromley Vets AC

**M80 CBP: Richard Pitcairn-Knowles Sev AC 8:16.08 2013****2022 Winner: No Competition**

No Competition

**W35 CBP: Cara Oliver Dartford Harriers 4:51.7 2008****2022 Winner: Lucy Marlow Cambridge H 5:15.10**

No Competition

**W40 CBP: Clare R Elms Cambridge H 4:42.4 2008****2022 Winner: Chloe Hammond M&M AC 5:19.97**

98 T McPherson	Med and Maid
99 A Pearson	Black & Brom
100 R Pickard	Sev
101 G Carter-Collins	Ash & Dist RR
102 C Hammond	Med and Maid

**W50 CBP: M Garrett Bexley AC 5:26.9 1995****2022 Winner: Julie Backley Cambridge H 5:34.80**

112 L Knight	Tonbridge
113 O Cockell	Swale

**W60 CBP: Pat Halstead Dartford Harriers 6:06.64 2012****2022 Winner: No Competition**

No Competition

**5000m****M35 CBP: Jay Smith Tonbridge AC 16:19.11 2021****2022 Winner: No Competition**

7 S Rodwell Med and Maid

**M40 CBP: Len Reilly Kent AC 15:34.07 2002****2022 Winner: James MacDonald Cambridge H 16:38.92**

21 N Wright	Med and Maid
24 A Webb	Med and Maid

**M50 CBP: S Birkin Cambridge H 16:24.7 1996****2022 Winner: Richard Tomlinson M&M AC 17:20.44**

26 O Van Zyl	Sev
38 A Rodgers	Med and Maid
39 R Burford	Dartford
40 A Durey	Central Park Ath
41 R Tomlinson	Med and Maid
42 G Williams	Med and Maid

**M60 CBP: Alan Camp B&B HAC 17:29.92 2017****2022 Winner: Tony Tuohy Dulwich R 18:17.15**

54 R Furse	Med and Maid
56 G Saker	Tonbridge
58 J Saynor	S Kent Harr
59 T Tuohy	Dulwich R

**M70 CBP: Peter Hamilton B&B H AC 23:03.15 2019****2022 Winner: Richard Seabrook Beck RC 24:18.62**

75 A Newman Tonbridge

**M80 CBP: Richard Pitcairn-Knowles Sev AC 30:22.76 2016****2022 Winner: No Competition**

No Competition

**W35 CBP: Alison Fletcher Cambridge H 17:21.0 2002****2022 Winner: Lucy Marlow Cambridge H 19:17.40**

87 A Muller Med and Maid

**W40 CBP: Clare Elms Cambridge H 17:06.3****2022 Winner: Clare Norris Dulwich Run 21:18.38**

101 G Carter-Collins	Ash & Dist RR
102 C Hammond	Med and Maid
103 C Coulon	Black & Brom

**W50 CBP: Denise Farnham M & M AC 18:28.10 2006****2022 Winner: Clare Elms Kent AC 18:50.27**

110 C Curtis	Folkestone RC
113 O Cockell	Swale
114 J Wren	Folkestone RC

**80m Hurdles****M70 CBP: Barry Ferguson Cambridge H 14.12 2012****2022 Winner: No Competition**

No Competition



**KCAA Veterans/Masters Championships****Medway Park, Gillingham 2023****W40 CBP: Imeta Barauskiene Bexley AC 13.1 2005****2022 Winner: Elizabeth Bignell Paddock Wood AC 17.83**

91 E Bignell (G)	Paddock W
93 S Westrap	Tonbridge
95 K Detko	Dartford

**W50 CBP: Nannette Cross Bromley Vets 14.9 1993****2022 Winner: No Competition**

No Competition

**W60 CBP: Christine Clements Dartford Harriers AC 17.28 2013****2022 Winner: No Competition**

No Competition

**W70 CBP: Patricia Oakes Ashford AC 19.81 2017****2022 Winner: No Competition**

No Competition

**100m Hurdles****M50 CBP: Barry Ferguson Cambridge H 15.8 1996****2022 Winner: Oloff Van Zyl Sev AC 18.65**

No Competition

**M60 CBP: Barry Ferguson Cambridge H 16.7 2005****2022 Winner: No Competition**

48 I Crawley	Tonbridge
60 T Gibbs	Dartford

**W35 CBP: Rachel Hicks Belgrave Harriers 17.17 2022****2022 Winner: Rachel Hicks Belgrave Harr 17.17**

No Competition

**110m Hurdles****M35 CBP: Joe Appiah Kent AC 15.56 2010****2022 Winner: No Competition**

1 B Ahmet	Kingston & Poly
3 L Williams	Hav Msbk

**M40 CBP: Peter Davey Ashford AC 16.20 2014****2022 Winner: Miguel Stucchi Kent AC 21.60**

No Competition

**300m Hurdles****M60 CBP: R Field Dartford H 48.8 1993****2022 Winner: Raymond Daniel Cambridge H 54.95**

60 T Gibbs	Dartford
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**M70 CBP: Barry Ferguson Cambridge H 53.57 2012****2022 Winner: No Competition**

No Competition

**W50 CBP: Teresa Eades Dartford 61.7 2009****2022 Winner: No Competition**

No Competition

**W60 CBP: Fiona Argent Med and Maid AC 64.07 2013****2022 Winner: No Competition**

No Competition

**400m Hurdles****M35 CBP: Peter Davey Ashford AC 62.81 2013****2022 Winner: No Competition**

1 B Ahmet	Kingston & Poly
2 A Bernard	Dartford

**M40 CBP: Paul Sutherland Cambridge H 59.1 2005****2022 Winner: No Competition**

No Competition

**M50 CBP: Ray Daniel Cambridge H 66.94 2010****2022 Winner: Oloff Van Zyl Sev AC 67.99**

43 D Christie	Dartford
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**W35 CBP: Rachel Hicks Belgrave Harriers 76.34 2022****2022 Winner: Rachel Hicks Belgrave H 76.34**

85 R Hicks	Belgrave
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**2000m Walks****M40 CBP: No Previous Competition****2022 Winner: Matthew Ellerton B&B H AC 12:13.31**

25 M Ellerton	Black & Brom
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**M50 CBP: Christopher Hobbs Ashford AC 9:40.01 2013****2022 Winner: No Competition**

31 J Foster	Med and Maid
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**KCAA Veterans/Masters Championships****Medway Park, Gillingham 2023**

**M60 CBP: Mark Ashby Cambridge H 11:17.76 2022**  
**2022 Winner: Mark Ashby Cambridge H 11:17.76**

No Competition

**M70 CBP: Douglas Hopkins Med and Maid AC 15:07.04 2013**  
**2022 Winner: No Competition**

No Competition

**W40 CBP: Angela Martin Paddock Wood AC 12:52.39 2013**  
**2022 Winner: No Competition**

104 K McTeer Central Park Ath

**W50 CBP: Grazia Manzotti Tonbridge AC 10:35.32 2022**  
**2022 Winner: Grazia Manzotti Ton AC 10:35.32**

115 G Manzotti Tonbridge

**W60 CBP: No Previous Competition**  
**2022 Winner: No Competition**

122 L Hall Ashford

**Shot**

**M35 CBP: Stephen Timmins B&B H AC 14.19 2014**  
**2022 Winner: Aaron Mckeown Thanet AC 10.47**

1 B Ahmet Kingston & Poly  
 8 A Mckeown Thanet AC

**M40 CBP: Albert Johnson Kent AC 13.27 2004**  
**2022 Winner: No Competition**

No Competition

**M50 CBP: Anthony Tipping Cambridge H 12.97 2013**  
**2022 Winner: Graham Holder Bexley AC 10.11**

32 M McAllister Tonbridge  
 44 G Holder Bexley  
 45 S Rodwell Med and Maid

**M60 CBP: Gordon Hickey Blackheath H 12.66 1994**  
**2022 Winner: John Fenton Dartford H AC 11.13**

48 I Crawley Tonbridge  
 61 K Baker (G) Brighton & Hove  
 62 N Barton (G) SLH  
 63 P Buxton Tonbridge  
 64 A Rushbrook Bexley  
 65 P Wishart Cambridge H  
 66 J Fenton Dartford  
 67 W Howe SCVAC

**M70 CBP: Gordon Hickey B&B H AC 12.28 2004**  
**2022 Winner: John Gilbert Veterans AC 7.51**

76 P Hawney Bexley  
 77 A Richards (G) Highgate H  
 78 D Chambers Invicta EK

**M80 CBP: Warwick Dixon Cambridge H 7.88 2015**  
**2022 Winner: No Competition**

82 J Gilbert SCVAC

**W35 CBP: Esther Augée Woodford Grn & E L 11.09 2002**  
**2022 Winner: Natalie Mann Cambridge H 7.12**

85 R Hicks Belgrave  
 86 R Miah Dartford  
 88 N Mann Cambridge H  
 89 C Nicholls Tonbridge

**W40 CBP: Esther Augée Woodford Grn & E L 11.09 2004**  
**2022 Winner: Marianne Berndt M&M AC 10.52**

No Competition

**W50 CBP: Vanessa Hannam M&M AC 10.80 2022**  
**2022 Winner: Vanessa Hannam M&M AC 10.80**

116 J Agyepong Cambridge H

**W60 CBP: Barbara Terry Black & Brom H AC 9.24 2006**  
**2022 Winner: Lyn Sole Thanet AC 6.83**

119 C Pates Bexley  
 120 T Hinton Paddock W  
 121 L Slater Bexley  
 123 A Gent (G) Dartford  
 124 B Macanas Herne Hill H

**KCAA Veterans/Masters Championships****Medway Park, Gillingham 2023****W70 CBP: Barbara Terry B&B H AC 7.31 2017****2022 Winner: No Competition**

No Competition

**Discus****M35 CBP: Steve Timmins Black & Brom H AC 38.63 2011****2022 Winner: Aaron Mckeown Thanet AC 29.93**

8 A Mckeown Thanet AC

**M40 CBP: Graham Holder Bexley AC 36.71 2012****2022 Winner: Paul Lowry Invicta EK 23.06**

10 D Ofosu Ashford

**M50 CBP: Cab Ellis Blackheath H 42.58 2000****2022 Winner: Graham Holder Bexley AC 34.67**26 O Van Zyl Sev  
44 G Holder Bexley  
46 S Talbot Dartford**M60 CBP: Paul Oakes Med and Maid AC 41.09 2013****2022 Winner: Peter Wishart Cambridge H 36.20**48 I Crawley Tonbridge  
61 K Baker (G) Brighton & Hove  
62 N Barton (G) SLH  
63 P Buxton Tonbridge  
64 A Rushbrook Bexley  
65 P Wishart Cambridge H  
67 W Howe SCVAC  
68 P Hunt Cambridge H**M70 CBP: Colin Brand Black & Brom H AC 36.09 2006****2022 Winner: Trevor Bent Dartford H AC 18.65**76 P Hawney Bexley  
77 A Richards (G) Highgate H  
78 D Chambers Invicta EK  
79 T Bent Dartford**M80 CBP: Peter Barber Cambridge H 20.84 2014****2022 Winner: No Competition**

82 J Gilbert SCVAC

**W35 CBP: Esther Augee Woodford Grn & E L 35.83 2002****2022 Winner: Natalie Mann Cambridge H 24.85**86 R Miah Dartford  
88 N Mann Cambridge H  
89 C Nicholls Tonbridge  
90 C Capon Dartford**W40 CBP: Esther Augee Woodford Grn & E L 36.60 2004****2022 Winner: Marianne Berndt M&M AC 31.34**

No Competition

**W50 CBP: Vanessa Hannam M&M AC 35.13 2022****2022 Winner: Vanessa Hannam M&M AC 35.13**

117 S Ansell Bexley

**W60 CBP: Barbara Terry Black & Brom H AC 23.49 2007****2022 Winner: Lyn Sole Thanet AC 20.06**119 C Pates Bexley  
121 L Slater Bexley  
123 A Gent (G) Dartford  
124 B Macanas Herne Hill H**W70 CBP: Barbara Terry B&B H AC 15.92 2017****2022 Winner: No Competition**

No Competition

**Hammer****M35 CBP: Graham Holder Bexley AC 54.65 2011****2022 Winner: No Competition**

No Competition

**M40 CBP: Graham Holder Bexley AC 53.70 2012****2022 Winner: Paul Lowry Invicta EK 30.80**

No Competition

**M50 CBP: Graham Holder Bexley AC 53.30 2022****2022 Winner: Graham Holder Bexley AC 53.30**44 G Holder Bexley  
46 S Talbot Dartford

**KCAA Veterans/Masters Championships****Medway Park, Gillingham 2023**

**M60 CBP: Peter Barber Cambridge H 41.02 1998**  
**2022 Winner: Andrew Rushbrook Bexley AC 37.19**

62 N Barton (G)	SLH
63 P Buxton	Tonbridge
64 A Rushbrook	Bexley
65 P Wishart	Cambridge H
67 W Howe	SCVAC
68 P Hunt	Cambridge H

**M70 CBP: Peter Barber Cambridge H 44.31 2003**  
**2022 Winner: Robert Bridges Belgrave H 30.07**

76 P Hawney	Bexley
77 A Richards (G)	Highgate H
79 T Bent	Dartford
80 R Bridges	Belgrave

**M80 CBP: Peter Barber Cambridge H 31.09 2014**  
**2022 Winner: No Competition**

82 J Gilbert	SCVAC
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**W35 CBP: Esther Augee Woodford Grn & E L 51.07 2000**  
**2022 Winner: Claire Capon Dartford H AC 34.54**

84 C Rodwell	Med and Maid
88 N Mann	Cambridge H
89 C Nicholls	Tonbridge
90 C Capon	Dartford

**W40 CBP: Esther Augee Woodford Grn & E L 46.00 2004**  
**2022 Winner: Stacy Taylor Dartford H AC 25.57**

91 E Bignell (G)	Paddock W
105 S Taylor	Dartford

**W50 CBP: Beatrice Simpson B&B H AC 36.04 2006**  
**2022 Winner: Amanda Holder Bexley AC 25.35**

116 J Agyepong	Cambridge H
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**W60 CBP: Barbara Terry Black & Brom H AC 28.63 2008**  
**2022 Winner: Barbara Macanas Herne HH 20.56**

120 T Hinton	Paddock W
121 L Slater	Bexley
124 B Macanas	Herne Hill H
125 C Lynch	Swale

**W70 CBP: Marlow Hadler Cambridge H 20.06 2012**  
**2022 Winner: No Competition**

No Competition

**Javelin**

**M35 CBP: Stephen Timmins B&B H AC 41.08 2014**  
**2022 Winner: No Competition**

No Competition

**M40 CBP: Daryl Brand Black & Brom H AC 57.11 2007**  
**2022 Winner: No Competition**

No Competition

**M50 CBP: Paul Oakes Med & Maid AC 44.30 2005**  
**2022 Winner: Steve Rodwell M&M AC 33.66**

26 O Van Zyl	Sev
32 M McAllister	Tonbridge
45 S Rodwell	Med and Maid

**M60 CBP: Stephen Lansdon B&B H AC 42.10 2021**  
**2022 Winner: Paris Hunt Cambridge H 34.00**

48 I Crawley	Tonbridge
61 K Baker (G)	Brighton & Hove
62 N Barton (G)	SLH
63 P Buxton	Tonbridge
66 J Fenton	Dartford
67 W Howe	SCVAC
68 P Hunt	Cambridge H

**M70 CBP: Colin Brand Black & Brom H AC 38.87 2007**  
**2022 Winner: John Gilbert Veterans AC 17.27**

77 A Richards (G)	Highgate H
78 D Chambers	Invicta EK

**M80 CBP: Warwick Dixon Cambridge H 17.28 2015**  
**2022 Winner: No Competition**

82 J Gilbert	SCVAC
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**W35 CBP: Chris Pates Bexley AC 26.34 1999**  
**2022 Winner: Natalie Mann Cambridge H 21.63**

88 N Mann	Cambridge H
89 C Nicholls	Tonbridge
90 C Capon	Dartford

## KCAA Veterans/Masters Championships

Medway Park, Gillingham 2023

**W40 CBP: Anne Goad Dartford H 28.05 2004**

**2022 Winner: Elizabeth Bignell Paddock Wood AC 18.13**

91 E Bignell (G)	Paddock W
93 S Westrap	Tonbridge

**W50 CBP: Beatrice Simpson Black & Brom H AC 26.49 2005**

**2022 Winner: Vanessa Hannam M&M AC 26.20**

No Competition

**W60 CBP: Barbara Terry Black & Brom H AC 20.42 2007**

**2022 Winner: Christine Lynch Swale Combined AC 16.40**

119 C Pates	Bexley
123 A Gent (G)	Dartford
124 B Macanas	Herne Hill H
125 C Lynch	Swale

**W70 CBP: Barbara Terry B&B H AC 14.43 2016**

**2022 Winner: No Competition**

No Competition

U13 Championships - Saturday

**TRACK EVENTS**

<b>T6</b>	<b>11.00</b>	<b>U13G 70m Hurdles</b>	<b>Heats</b>	
	<b>Winner 2022:</b>	<b>Miss H V Fossey Trophy</b>		
	<b>CBP:</b>	Tess Hepple Kent AC 11.89		
		Rosie Anderson Dartford Harriers 11.4 1989		
4	Talia Junaid-Evans	Dartford Harriers AC	39 Matilda Murray	Sevenoaks AC
6	Alessia Scala	Blackheath & Bromley H AC	41 Ka'liyah Smith	S Factor Academy
7	Natasha Stevens	Ashford AC	42 Leela Bhadeshia	Blackheath & Bromley H AC
8	Gwennan Thomas	Medway and Maidstone AC	49 Purdey Hutchings	Tonbridge AC
25	Tiffany Oyewale	Tonbridge AC	53 Freya Pearson	Blackheath & Bromley H AC
28	Millie Rumley	Swale Combined AC	62 Joyce Akindeji	Medway and Maidstone AC
29	Francesca Signorini	Folkestone Running Club	64 Isabelle Rider	Dartford Harriers AC
34	Harper Williams	Sevenoaks AC	65 Ellen Simmons	Paddock Wood AC
1.....2.....3.....				
1.....2.....3.....				

<b>T7</b>	<b>11.15</b>	<b>U13B 800m</b>	<b>Time Trial</b>	
	<b>Winner 2022:</b>	<b>Tom Gordon Trophy</b>		
	<b>CBP:</b>	Charlie Warren Tonbridge AC 2:19.90		
		Peter Guy Blackheath & Bromley H AC 2:13.22 2014		
75	Kaiser Muga	Tonbridge AC	104 Senuth Gomes	Dartford Grammar School
78	Victor Watling	Tonbridge AC	105 Kesinachi Ikegwu	Dartford Grammar School
93	Jack Gregory	Medway and Maidstone AC	106 Johnny Lee	Blackheath & Bromley H AC
97	Oscar Barker	Ashford AC	107 Jake Martin	Blackheath & Bromley H AC
98	Jack Barlow	Blackheath & Bromley H AC	108 Ethan Miles	Medway and Maidstone AC
99	Kian Brodie-Rendon	Dartford Grammar School	109 Elliot Morris	Blackheath & Bromley H AC
100	Monty Brown	Cambridge Harriers	110 Sebastian Mottram	The Judd School
101	Patrick Doyle	The Judd School	111 Thomas Parker	Tonbridge AC
102	Andrei Dragulin	Dartford Grammar School	112 Aiden Tomsett	Ashford AC
103	Aathinarth Gananathan	Dartford Grammar School	113 Sam Voyle	Folkestone Running Club
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<b>T11</b>	<b>11.50</b>	<b>U13G 1200m</b>	<b>Final</b>	
	<b>Winner 2022:</b>	<b>Britannia Trophy</b>		
	<b>CBP:</b>	Kara Bryan Blackheath & Bromley H AC 3:58.83		
		Megan Warner Medway & Maidstone AC 3:44.43 2012		
8	Gwennan Thomas	Medway and Maidstone AC	51 Milena Nahornaya	Blackheath & Bromley H AC
20	Eva John	Blackheath & Bromley H AC	52 Miller Payne	Invicta East Kent AC
36	Kara Bryan	Blackheath & Bromley H AC	56 Seren Yeatman	Cambridge Harriers
43	Sophia-Rose Bonnar	Cambridge Harriers	57 Evie de Bruyn	Blackheath & Bromley H AC
46	Matilda Holliday	Dartford Harriers AC	58 Arianne Launders	Tonbridge AC
47	Alba Homans-Yau	Blackheath & Bromley H AC	59 Hana Maeda	Tonbridge AC
49	Purdey Hutchings	Tonbridge AC	60 Ava Malone	Medway Triathlon Club
1.....2.....3.....				

U13 Championships - Saturday

<b>T12</b>	<b>12.00</b>	<b>U13B 100m</b>	<b>Heats</b>	
		<b>Tom Gordon Trophy</b>		
	<b>Winner 2022:</b>	Olufikayo Lana Dartford Grammar School 12.31		
	<b>CBP:</b>	Ernest Lake Tonbridge AC 12.25 2014		
70	Oritsemilaju Atsenuwa	Dartford Grammar School	85 Zachary Ferraz	Blackheath & Bromley H AC
71	Story Bundy	Invicta East Kent AC	86 Harrison Luck	Blackheath & Bromley H AC
79	Samad Akinrinade	Dartford Grammar School	87 Jacob McGeachy	Tonbridge AC
80	Leo Amartey	Dartford Harriers AC	88 Philip Milhailov	The Judd School
81	Rudi Charles	Medway and Maidstone AC	89 Ryan Pokharel	Dartford Grammar School
82	Gregory Ejiofor	Tonbridge AC	90 Maximillian Rein	Paddock Wood AC
83	Thomas Fairbanks	Blackheath & Bromley H AC	91 Tristan Suberu	Folkestone Running Club
84	Jonah Fernandes	Paddock Wood AC		

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<b>T13</b>	<b>12.15</b>	<b>U13G 150m</b>	<b>Heats</b>	
		<b>K C W A A A Trophy</b>		
	<b>Winner 2022:</b>	Ismae Abomeli Thanet AC 20.12		
	<b>CBP:</b>	Dina Asher-Smith Black & Brom H AC 19.5 2008		
3	Manroop Jandu	Dartford Harriers AC	25 Tiffany Oyewale	Tonbridge AC
4	Talia Junaid-Evans	Dartford Harriers AC	32 Mattea Stanley	Invicta East Kent AC
5	Amanda Onwuasoanya	Bexley AC	34 Harper Williams	Sevenoaks AC
11	Martha Adkins	Invicta East Kent AC	35 Ella Brooker	Blackheath & Bromley H AC
12	Ayanfeoluwa Afolabi	Tonbridge AC	36 Kara Bryan	Blackheath & Bromley H AC
13	Chloe Ashton	Dartford Harriers AC	37 Noelle Carr	Blackheath & Bromley H AC
14	Janelle Boakye	Swale Combined AC	38 Ava Irwin	Sevenoaks AC
16	Zamaia Dixon	Blackheath & Bromley H AC	39 Matilda Murray	Sevenoaks AC
22	Kathleen Knight Misson	Paddock Wood AC	40 Hermione Rees	Ashford AC
24	Trinity Oladimeji	Medway and Maidstone AC	41 Ka'liyah Smith	S Factor Academy

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<b>T14</b>	<b>13.10</b>	<b>U13G 70m Hurdles</b>	<b>Final</b>
		<b>Miss H V Fossey Trophy</b>	
	<b>Winner 2022:</b>	Tess Hepple Kent AC 11.89	
	<b>CBP:</b>	Rosie Anderson Dartford Harriers 11.4 1989	

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<b>T15</b>	<b>13.2</b>	<b>U13B 100m</b>	<b>Final</b>
		<b>Tom Gordon Trophy</b>	
	<b>Winner 2022:</b>	Olufikayo Lana Dartford Grammar School 12.31	
	<b>CBP:</b>	Ernest Lake Tonbridge AC 12.25 2014	

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<b>T16</b>	<b>13.30</b>	<b>U13G 150m</b>	<b>Final</b>
		<b>K C W A A A Trophy</b>	
	<b>Winner 2022:</b>	Ismae Abomeli Thanet AC 20.12	
	<b>CBP:</b>	Dina Asher-Smith Black & Brom H AC 19.5 2008	

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U13 Championships - Saturday

**FIELD EVENTS**

**F1 10.00 U13B Shot Final**  
**Winner 2022:** Kierath Dhillon Dartford Grammar School 12.19  
**CBP:** Kierath Dhillon Dartford Grammar School 12.19 2022

71 Story Bundy Invicta East Kent AC 77 Jack Ruby Blackheath & Bromley H AC

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**F2 10.00 U13G Shot Final**  
**Winner 2022:** Tilly Ryan Paddock Wood AC 6.95  
**CBP:** Eloise Locke Black & Brom H AC 10.23 2013

12 Ayanfeoluwa Afolabi Tonbridge AC 49 Purdey Hutchings Tonbridge AC  
 15 Lucy Burrows-Cloude Paddock Wood AC 64 Isabelle Rider Dartford Harriers AC  
 22 Kathleen Knight Misson Paddock Wood AC 66 Olwyn Mtungwazi Sevenoaks AC  
 41 Ka'liyah Smith S Factor Academy

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**F6A 11.25 U13B Hammer Final**  
**Winner 2022:** Kierath Dhillon Dartford Grammar School 35.78  
**CBP:** Olamide Adebisi Dartford Grammar School 40.23 2019

73 William Connop Medway and Maidstone AC 98 Jack Barlow Blackheath & Bromley H AC  
 76 Sebastian North Blackheath & Bromley H AC

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**F6B 11.25 U13G Hammer Final**  
**Winner 2022:** Amelia Cannon Tonbridge AC 21.13  
**CBP:** Lily Murray Thanet AC 45.34 2017

12 Ayanfeoluwa Afolabi Tonbridge AC

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**F20 15.00 U13B Discus Final**  
**Winner 2022:** Teddy Hatch Dartford Harriers AC 27.05  
**CBP:** Ben Barnes Bexley Borough 38.84 1992

72 Thomas Connop Medway and Maidstone AC 128 Andrij Znetyniak Sevenoaks AC  
 103 Athinarth Gananathan Dartford Grammar School

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U13 Championships - Saturday

<b>F21</b>	<b>15.10</b>	<b>U13B Long Jump</b>	<b>Final</b>	
	<b>Winner 2022:</b>	Kai Rogan Dartford Harriers AC 5.09		
	<b>CBP:</b>	Reon Gowan-Wade Black & Brom H AC 5.44 2008		
70	Oritsemilaju Atsenuwa	Dartford Grammar School	89 Ryan Pokharel	Dartford Grammar School
71	Story Bundy	Invicta East Kent AC	90 Maximillian Rein	Paddock Wood AC
75	Kaiser Muga	Tonbridge AC	91 Tristan Suberu	Folkestone Running Club
78	Victor Watling	Tonbridge AC	94 Luca Hunstone	Blackheath & Bromley H AC
79	Samad Akinrinade	Dartford Grammar School	103 Aathinarth Gananathan	Dartford Grammar School
80	Leo Amartey	Dartford Harriers AC	108 Ethan Miles	Medway and Maidstone AC
81	Rudi Charles	Medway and Maidstone AC	110 Sebastian Mottram	The Judd School
82	Gregory Ejiofor	Tonbridge AC	111 Thomas Parker	Tonbridge AC
84	Jonah Fernandes	Paddock Wood AC	112 Aiden Tomsett	Ashford AC
85	Zachary Ferraz	Blackheath & Bromley H AC	124 Milan Vadasz	Bexley AC
86	Harrison Luck	Blackheath & Bromley H AC	125 Jake Phillips	Ashford AC
88	Philip Milhailov	The Judd School	127 Nicholas Waldock	Sevenoaks AC
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<b>F22</b>	<b>15.20</b>	<b>U13G Javelin</b>	<b>Final</b>	
	<b>Winner 2022:</b>	Abigail Smith Folkestone Running Club 24.48		
	<b>CBP:</b>	Lucinda White Tonbridge AC 34.81 2017		
15	Lucy Burrows-Cloude	Paddock Wood AC	67 Seren Field	Tonbridge AC
42	Leela Bhadeshia	Blackheath & Bromley H AC	68 Miya Cook	Cambridge Harriers
64	Isabelle Rider	Dartford Harriers AC	69 Tabitha Rogers	Sevenoaks AC
1.....2.....3.....				

U13 Championships - Sunday

**TRACK EVENTS**

<b>T32</b>	<b>10.40</b>	<b>U13B 75m Hurdles</b>	<b>Final</b>
		<b>Bob &amp; Betty White Trophy</b>	
	<b>Winner 2022:</b>	Kai Rogan Dartford Harriers AC 11.54	
	<b>CBP:</b>	Kai Rogan Dartford Harriers AC 11.54 2022	
77	Jack Ruby	Blackheath & Bromley H AC	124 Milan Vadasz
78	Victor Watling	Tonbridge AC	125 Jake Phillips
88	Philip Milhailov	The Judd School	126 James Trenter
93	Jack Gregory	Medway and Maidstone AC	

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<b>T34</b>	<b>11.00</b>	<b>U13G 75m</b>	<b>Heats</b>
		<b>Mrs D M Reed Trophy</b>	
	<b>Winner 2022:</b>	Emilia Adese Blackheath & Bromley H AC 10.05	
	<b>CBP:</b>	Dina Asher-Smith Black & Brom H AC 9.8 2008	
2	Allegra Hopkinson	Folkestone Running Club	21 Lily Kenyon
3	Manroop Jandu	Dartford Harriers AC	22 Kathleen Knight Misson
4	Talia Junaid-Evans	Dartford Harriers AC	23 Haleema Okejimi
10	Leah Abisi	Blackheath & Bromley H AC	24 Trinity Oladimeji
11	Martha Adkins	Invicta East Kent AC	25 Tiffany Oyewale
12	Ayanfeoluwa Afolabi	Tonbridge AC	26 Janice Pepple
13	Chloe Ashton	Dartford Harriers AC	27 Sophie Robinson
14	Janelle Boakye	Swale Combined AC	28 Millie Rumley
15	Lucy Burrows-Cloude	Paddock Wood AC	29 Francesca Signorini
16	Zamaia Dixon	Blackheath & Bromley H AC	30 Heidi Smith
17	Kayla Fanoiki	Bexley AC	31 Nielle Springer
18	Jola Fasakin	Paddock Wood AC	32 Mattea Stanley
19	Zoya Gabryelow	Dartford Harriers AC	33 Tia Wiggins
20	Eva John	Blackheath & Bromley H AC	34 Harper Williams

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<b>T39</b>	<b>11.45</b>	<b>U13B 1500m</b>	<b>Time Trial</b>
		<b>Tom Gordon Trophy</b>	
	<b>Winner 2022:</b>	Charlie Warren Tonbridge AC 4:46.09	
	<b>CBP:</b>	Rowan Fuss Blackheath & Bromley H AC 4:32.71 2015	
75	Kaiser Muga	Tonbridge AC	117 Aaron Crossan
79	Samad Akinrinade	Dartford Grammar School	118 Nathan Crossan
92	Flynn Garrett	Invicta East Kent AC	119 Zachary Ives
101	Patrick Doyle	The Judd School	120 Finley Paton
112	Aiden Tomsett	Ashford AC	121 James Ross
114	Ayrton Alemao	Bexley AC	122 Luca Szumilewicz
115	Zack Beckett	Sevenoaks AC	123 Matthew Tootell
116	James Bunn	Blackheath & Bromley H AC	124 Milan Vadasz

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U13 Championships - Sunday

<b>T42</b>	<b>12.25</b>	<b>U13B 200m</b> <b>Tom Gordon Trophy</b>	<b>Heats</b>		
	<b>Winner 2022:</b>	Kai Rogan Dartford Harriers AC 25.33			
	<b>CBP:</b>	Victor Redman Folkestone Running Club 25.01 2021			
70	Oritsemilaju Atsenuwa	Dartford Grammar School	91	Tristan Suberu	Folkestone Running Club
78	Victor Watling	Tonbridge AC	92	Flynn Garrett	Invicta East Kent AC
79	Samad Akinrinade	Dartford Grammar School	93	Jack Gregory	Medway and Maidstone AC
81	Rudi Charles	Medway and Maidstone AC	94	Luca Hunstone	Blackheath & Bromley H AC
87	Jacob McGeachy	Tonbridge AC	95	Levi Mgbedike	Bexley AC
88	Philip Milhailov	The Judd School	96	Ted Spender	Tonbridge AC

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<b>T43</b>	<b>12.40</b>	<b>U13G 75m</b> <b>Mrs D M Reed Trophy</b>	<b>S/F</b>
	<b>Winner 2022:</b>	Emilia Adese Blackheath & Bromley H AC 10.05	
	<b>CBP:</b>	Dina Asher-Smith Black & Brom H AC 9.8 2008	

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<b>T44</b>	<b>12.55</b>	<b>U13G 800m</b> <b>Mrs P F Marshall Trophy</b>	<b>Time Trial</b>
	<b>Winner 2022:</b>	Kara Bryan Blackheath & Bromley H AC 2:26.29	
	<b>CBP:</b>	Elena Oliphant S Factor Academy 2:19.90 2021	

7	Natasha Stevens	Ashford AC	47	Alba Homans-Yau	Blackheath & Bromley H AC
20	Eva John	Blackheath & Bromley H AC	48	Harriet Hughes	Blackheath & Bromley H AC
33	Tia Wiggins	Invicta East Kent AC	49	Purdey Hutchings	Tonbridge AC
36	Kara Bryan	Blackheath & Bromley H AC	50	Chloe Morez	Blackheath & Bromley H AC
40	Hermione Rees	Ashford AC	51	Milena Nahornaya	Blackheath & Bromley H AC
42	Leela Bhadeshia	Blackheath & Bromley H AC	52	Miller Payne	Invicta East Kent AC
43	Sophia-Rose Bonnar	Cambridge Harriers	53	Freya Pearson	Blackheath & Bromley H AC
44	Lauren Copp	Sevenoaks AC	54	Amelie Ramdeen	Blackheath & Bromley H AC
45	Charlotte Daniells	Sevenoaks AC	55	Aoife Stanley	Blackheath & Bromley H AC
46	Matilda Holliday	Dartford Harriers AC	56	Seren Yeatman	Cambridge Harriers

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<b>T45</b>	<b>14.00</b>	<b>U13G 75m</b> <b>Mrs D M Reed Trophy</b>	<b>Final</b>
	<b>Winner 2022:</b>	Emilia Adese Blackheath & Bromley H AC 10.05	
	<b>CBP:</b>	Dina Asher-Smith Black & Brom H AC 9.8 2008	

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<b>T46</b>	<b>14.10</b>	<b>U13B 200m</b> <b>Tom Gordon Trophy</b>	<b>Final</b>
	<b>Winner 2022:</b>	Kai Rogan Dartford Harriers AC 25.33	
	<b>CBP:</b>	Victor Redman Folkestone Running Club 25.01 2021	

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U13 Championships - Sunday

**T47 14.20 U13G 2000m Walk Final**  
**The Walker Cup**  
**Winner 2022:** Ava Chappell Ashford AC 11:04.32  
**CBP:** Suki Ly Cambridge Harriers 10:46.42 2015

9 Ellin Wilson Ashford AC 61 Millicent Steele Ashford AC

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**FIELD EVENTS**

**F24 10.00 U13G Discus Final**  
**Winner 2018:** Mia Jessup Holland Sports AC 26.23  
**CBP:** Gemma Brown Dartford Harriers 31.64 2008

12 Ayanfeoluwa Afolabi Tonbridge AC 64 Isabelle Rider Dartford Harriers AC  
 49 Purdey Hutchings Tonbridge AC 67 Seren Field Tonbridge AC  
 63 Sienna Morris Ashford AC

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**F35 14.00 U13G Long Jump Final**  
**Winner 2018:** Ismae Abomeli Thanet AC 4.73  
**CBP:** Daisy Snell Blackheath & Bromley H AC 4.78 2019

2 Allegra Hopkinson Folkestone Running Club	29 Francesca Signorini Folkestone Running Club
3 Manroop Jandu Dartford Harriers AC	30 Heidi Smith Ashford AC
4 Talia Junaid-Evans Dartford Harriers AC	32 Mattea Stanley Invicta East Kent AC
5 Amanda Onwuasoanya Bexley AC	33 Tia Wiggins Invicta East Kent AC
6 Alessia Scala Blackheath & Bromley H AC	39 Matilda Murray Sevenoaks AC
17 Kayla Fanoiki Bexley AC	40 Hermione Rees Ashford AC
18 Jola Fasakin Paddock Wood AC	51 Milena Nahornaya Blackheath & Bromley H AC
19 Zoya Gabryelow Dartford Harriers AC	53 Freya Pearson Blackheath & Bromley H AC
21 Lily Kenyon Invicta East Kent AC	54 Amelie Ramdeen Blackheath & Bromley H AC
22 Kathleen Knight Misson Paddock Wood AC	61 Millicent Steele Ashford AC
25 Tiffany Oyewale Tonbridge AC	62 Joyce Akindeji Medway and Maidstone AC
27 Sophie Robinson Sevenoaks AC	63 Sienna Morris Ashford AC
28 Millie Rumley Swale Combined AC	64 Isabelle Rider Dartford Harriers AC

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**F36 14.00 U13B Javelin Final**  
**Winner 2018:** Toby Gwinnell Tonbridge AC 39.69  
**CBP:** Matthew Blandford Ashford AC 43.40 2008

70 Oritsemilaju Atsenuwa Dartford Grammar School	97 Oscar Barker Ashford AC
71 Story Bundy Invicta East Kent AC	98 Jack Barlow Blackheath & Bromley H AC
72 Thomas Connop Medway and Maidstone AC	103 Aathinarth Gananathan Dartford Grammar School
73 William Connop Medway and Maidstone AC	107 Jake Martin Blackheath & Bromley H AC
76 Sebastian North Blackheath & Bromley H AC	124 Milan Vadasz Bexley AC
79 Samad Akinrinade Dartford Grammar School	126 James Trenter Sevenoaks AC
81 Rudi Charles Medway and Maidstone AC	129 Jake Davison Folkestone Running Club

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## KCAA COMBINED EVENTS CHAMPIONSHIPS 2023

### Under 15 Girls Pentathlon

**CBP:** Elizabeth Gibbons Invicta East Kent AC - 2732pts 1981 (3.25kg Shot and 600gm Javelin)  
Kaliyah Young Dartford Harriers AC - 2954pts 2017 (3.00kg Shot and 500gm Javelin)  
**Winner 2022:** Hannah St Clare Folkestone RC 2535pts

39	Heidi Coulson	Blackheath & Bromley H C	44	Aimee Price	Bexley AC
40	Evie Fish	Bexley AC	45	Abigail Smith	Folkestone AC
41	Tess Hepple	Kent AC	46	Emilia Stevens	Swale Combined AC
42	Arabella Johnson	Tonbridge AC	47	Araba Taylor	Tonbridge AC
43	Elsa Pawson	Tonbridge AC	48	Rebecca Turner	Dartford Harriers AC

### Under 15 Boys Pentathlon

**CBP:** Alex Al-Ameen Blackheath & Bromley Harriers AC - 2960pts 2003  
**Winner 2022:** Oliver Downs Invicta East Kent AC AC 2413pts

1	Connor Cousins	Medway & Maidstone AC	5	Toby Gwinell	Tonbridge AC
2	Jacob Earle (G)	City of Salisbury	6	Elijah Olaleye	Cambridge Harriers
3	Bukunmi Edun	Medway & Maidstone AC	7	Alfie Walach	Swale Combined AC
4	Alexander Giles (G)	Blackheath & Bromley H AC	8	Thomas Webb	Folkestone AC

### Under 17 Womens Heptathlon

**CBP:** Teresa Springate Medway AC - 4418pts 1985 (4.00kg Shot and 600gm Javelin)  
Una Laqeretabua Tonbridge AC - 3903pts 2015 (3.00kg Shot and 500gm Javelin)  
**Winner 2022:** Millie Vas Thanet AC 3795pts

9	Lola Brett	Thanet AC	14	Hannah St Clare	Folkestone AC
10	Harriet Court	Paddock Wood AC	15	Ella Thomas	Tonbridge AC
11	Gabrella Noyce	Cambridge Harriers	16	Nia Thomas	Medway & Maidstone AC
12	Matilda Shilland	Blackheath & Bromley	17	Qi-chi Ukpai	Blackheath & Bromley H AC
13	Bethany Shimmen-Smith	Thanet AC	18	Maddison Vietz	Reading AC (G)

### Under 17 Mens Octathlon

**CBP:** Jason Manze Cambridge Harriers - 5000pts 2006  
**Winner 2022:** Edward Little Medway and Maidstone AC 2780pts

22	Edward Little	Medway & Maidstone AC	24	Joe Stone	Tonbridge AC
23	Harrison Postles (G)	Tipton Harriers			

### Under 20 Womens Heptathlon

**CBP:** Grace Clements Dartford Harriers - 4623pts 2003  
**Winner 2022:** Jessie Sargeant Bexley AC 4093pts

19	Jessie Walker (G)	Tipton Harriers
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### Under 20 Mens Decathlon

**CBP:** Darren Hatton Medway AC - 5884pts 1996  
**Winner 2022:** Stephen Simmons (G) Bedford and County AC 6614pts

25	Kieran Bouwmeester-Reid (G)	St Mary Richmond	26	Orin Vitalis	Cambridge Harriers
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### Senior Womens Heptathlon

**CBP:** Jenny Brown Ashford AC - 4797pts 1979  
**Winner 2022:** No Competition

20 Laura Darcey (G) Basingstoke & Mid Hants 21 Imogen Davis Thanet AC

### Senior Womens Decathlon

**CBP:** Holly Platt Blackheath and Bromley H AC 2766pts 2022  
**Winner 2022:** Holly Platt Blackheath and Bromley H AC 2766pts

No Competition

### Senior Mens Decathlon

**CBP:** Lewis Church Tonbridge AC 7721pts 2022  
**Winner 2022:** Lewis Church Tonbridge AC 7721pts

27 Bilen Ahmet (M35)	Kingston & Poly AC	33 Gareth Lewis (M35)	Winchester & District AC
28 Kristian Brown (G)	Chelmsford AC	34 Douglas Noel	Invicta East Kent AC
29 Lewis Church	Tonbridge AC	35 Brandon Sikity	Cambridge Harriers
30 Joe Frew (G)	Reading AC	36 Stephen Simmons	Bedford & County AC
31 Will Goodbourn (G)	Charnwood AC	37 Matthew Smith (G)	Brighton & Hove City AC
32 Alex Hookway	Tonbridge AC	38 Luke Williams (M35)	Haverling Mayesbrook AC