

Kent County Athletic Association Kent Veteran's Cross Country Championship Saturday 4th December 2021

These Championships will be run under UKA and KCAA Veterans Cross Country Championship Rules.

This year's event will be held on the 4th December 2021 at Central Park, Dartford, Kent DA1 1JP kindly hosted by Central Park Athletics/Dartford Harriers AC. The race headquarters and presentations will be in the Dartford Harriers club house. Parking at the clubhouse will be restricted to Officials **only**. Competitors parking is recommended in the Acacia Car Park, Overy Liberty DA1 1DJ public pay and display car park as shown on the course maps and is convenient to the course. (The Central Car Park, Market Street is limited to a maximum stay of 2hrs) www.dartford.gov.uk/by-category/transport-and-streets/parking/pay-and-display-car-parks-and-on-street-pay-and-display-bays/town-centre-car-parks-map

As both clubs have kindly offered to host both this meeting and the main championship in January we strongly request offers of Course Marshalls from all clubs. Please submit names and contact details to me so that I can forward them on.

The course is very similar to previous courses at this venue, as was slightly amended and adjusted following safety concerns. It is mainly run on flat plateaus linked with relatively short steep inclines and descents. As the course location is some distance from the club house it will not be convenient to take and erect club tents.

Provisional Championship Timetable:

11.30 M50 – M59 – approx 8.7km

12.30 M60 – M69, M70+, W35 – W44, W45 – W54, W55 – W64 and W65 – approx. 5.4km

13.20 M40 – M49 – approx 8.7km

Depending on entry numbers start times may have to be modified to avoid congestion in the finish funnels.

Athletes must be either first claim or second claim members as per Rule 21 S 6 (viii) of UKA Rules for Competition and have the correct Kent County qualifications.

Trophies will only be presented to Clubs which are affiliated to the County Association.

Medals will be awarded to the first three placed competitors in each age group and the scoring team members of the first three placed teams in each age group as shown below.

M40 age group – 4 to score

M50 age group – 4 to score

M60 age group – 3 to score

W35 age group – 3 to score

W45 age group – 3 to score

W55 age group – 3 to score

Athletes may be entered as individuals or as part of a team in their own age group, **or/as well as** in a younger age group, if appropriate. They may **only** compete in one selected age group at the Championships. Competition numbers will be issued for each athlete in

each age group. This will result in an athlete being given two competition numbers if they are entered in two different age groups. Team Managers must ensure that the correct single competition number is worn by the athlete for their competition age group. The individual and team results will be determined by the athlete competition number and finish order.

Race timing for these Championships will be by Race Director using chipped bib numbers.

Entry qualification details must be provided: in column Qual:

B – Born within the KCAA administration and qualification area

C – Continuous County Qualification – not born in the KCAA qualification area but has competed in previous Kent County Championships

R – Residential Qualification - not born in the KCAA qualification area and not previously competed in a Kent County Championship but has obtained a minimum 9 month continuous residence in the County. If R is entered in the Qual column then the Place of Birth and Residential Date must be provided.

For completeness of our County records some additional information may be requested for first time competing athletes.

Further details of the KCAA Administrative and Qualification Area and Kent County qualification requirements can be found on the T&F page of the KCAA website

www.kcaa.org.uk .

Entries and payment can be made online via the online entry form. Alternatively entry can be made by downloading an entry form from our website, submitting it electronically to brian@kcaa.org.uk and paying by BACS transfer, as detailed on the entry form.

Entry closing date Friday 19th November 2021.

Any queries should be sent to brian@kcaa.org.uk

Brian Charlton - Championship Secretary.