

Ramsgate Leisure Centre, Ramsgate 28th February 2010

Under 13 Boys		VJ	SP	SLJ	SBn	4 Lap	Total	Pos'n
No	Name							
174	Lewis Church	54	7.76	2.19	85	53		
	Sevenoaks AC	133	141	140	197	132	743	1
168	Ben Phillips	54	7.01	2.03	76	55.5		
	Ashford AC	133	134	124	179	119	689	2
169	Ben Isaac	49	5.08	2.22	76	53.6		
	Ashford AC	123	111	143	179	128	684	3
167	Kieran Reagan	44	5.93	2.12	77	56.8		
	Ashford AC	113	125	133	181	113	665	4
170	Daniel Steadman	44	6.55	1.82	76	56.6		
	Ashford AC	113	130	103	179	113	638	5
175	Connor Sheahan	36	5.87	1.73	64	55.6		
	Paddock Wood AC	97	124	94	155	118	588	6
173	Kieran Hawkins	49	6.92	1.94	74	0		
	Invicta East Kent AC	123	133	115	175	0	546	7
171	Zac Shaikh	35	3.54	1.73	65	62.6		
	Ashford AC	95	62	94	157	72	480	8

Team Result

Ashford AC	2676	1
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Vertical Jump 4 Best Performances

Name	Club	Perf
Ben Phillips	Ashford AC	54
Lewis Church	Sevenoaks AC	54
Ben Isaac	Ashford AC	49
Kieran Hawkins	Invicta East Kent AC	49

Shot Putt 3 Best Performances

Name	Club	Perf
Lewis Church	Sevenoaks AC	7.76
Ben Phillips	Ashford AC	7.01
Kieran Hawkins	Invicta East Kent AC	6.92

Standing Long Jump 3 Best Performances

Name	Club	Perf
Ben Isaac	Ashford AC	2.22
Lewis Church	Sevenoaks AC	2.19
Kieran Reagan	Ashford AC	2.12

Speed Bounce 5 Best Performances

Name	Club	Perf
Lewis Church	Sevenoaks AC	85
Kieran Reagan	Ashford AC	77
Ben Phillips	Ashford AC	76
Ben Isaac	Ashford AC	76
Daniel Steadman	Ashford AC	76

4 Lap 3 Best Performances

Name	Club	Perf
Lewis Church	Sevenoaks AC	53.0
Ben Isaac	Ashford AC	53.6
Ben Phillips	Ashford AC	55.5

Under 13 Girls		VJ	SP	SLJ	SBn	4 Lap	Total	Pos'n
No	Name							
177	Rhiannon Wallwork	54	7.41	2.21	80	54.6		
	Swale Combined AC	133	148	142	187	123	733	1
193	Rachel Laqeretabua	59	8.25	2.08	73	57.1		
	Paddock Wood AC	143	157	129	173	111	713	2
179	Amber Currie	49	5.41	2.08	76	53.5		
	Ashford AC	123	126	129	179	129	686	3
180	Emily Hamlyn	49	5.89	1.88	71	55.2		
	Ashford AC	123	131	109	169	120	652	4
189	Lydia Gallyer-Barnett	47	6.45	1.95	68	57.8		
	Invicta East Kent AC	119	137	116	163	107	642	5
178	Polly Abbott	46	6.45	1.88	66	56.8		
	Ashford AC	117	137	109	159	113	635	6
181	Mary Coleman	40	6.10	1.83	76	58.4		
	Ashford AC	105	133	104	179	102	623	7
184	Charlotte Tappenden	38	5.90	1.62	77	57.9		
	Ashford AC	101	131	83	181	106	602	8
185	Ciara Ewart	45	4.35	1.76	81	58.9		
	Ashford AC	115	99	97	189	98	598	9
188	Lauren Fielder	47	4.92	1.79	73	60.6		
	Invicta East Kent AC	119	121	100	173	83	596	10
183	Georgia Bamford	44	4.92	1.65	74	59.3		
	Ashford AC	113	121	86	175	95	590	11
143	Olivia Tomlin	39	3.89	1.85	69	58.7		
	Invicta East Kent AC	103	77	106	165	99	550	12
182	Rebecca Cock	40	5.06	1.54	65	62.4		
	Ashford AC	105	122	75	157	73	532	13

Team Result

Ashford AC	2596	1
Ashford AC	2322	2
Invicta EK/Swale Comb.	1971	3

Vertical Jump 4 Best Performances

Name	Club	Perf
Rachel Laqueretabua	Paddock Wood AC	59
Rhiannon Wallwork	Swale Combined AC	54
Amber Currie	Ashford AC	49
Emily Hamlyn	Ashford AC	49

Shot Putt 4 Best Performances

Name	Club	Perf
Rachel Laqueretabua	Paddock Wood AC	8.25
Rhiannon Wallwork	Swale Combined AC	7.41
Polly Abbott	Ashford AC	6.45
Lydia Gallyer-Barnett	Invicta East Kent AC	6.45

Standing Long Jump 3 Best Performances

Name	Club	Perf
Rhiannon Wallwork	Swale Combined AC	2.21
Amber Currie	Ashford AC	2.08
Rachel Laqueretabua	Paddock Wood AC	2.08

Speed Bounce 3 Best Performances

Name	Club	Perf
Ciara Ewart	Ashford AC	81
Rhiannon Wallwork	Swale Combined AC	80
Charlotte Tappenden	Ashford AC	77

4 Lap 3 Best Performances

Name	Club	Perf
Amber Currie	Ashford AC	53.5
Rhiannon Wallwork	Swale Combined AC	54.6
Emily Hamlyn	Ashford AC	55.2

Under 15 Girls		VJ	SP	SLJ	SBn	4 Lap	Total	Pos'n
No	Name							
142	Anna Alvarez	54	9.55	2.23	75	56.2		
	Invicta East Kent AC	133	157	144	177	115	726	1