**KCAA Masters Track & Field Championships & Open Meeting – Postal Entry Form**

**To be received by Tuesday 27th August 2019 no late entries will be accepted** (But see note 1 below)

 **(Access to online entry can be found on the Track & Field Page of the KCAA website)**

**To be held at Medway Park Gillingham on the 22nd September 2019**

**& Erith Stadium on the 14th & 15th September 2019**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Select:** | **Championship** |  |  **complete \* below as necessary** | **Open** |  |

Please indicate

|  |  |
| --- | --- |
|  | AGE GROUPS |
| Women: | W35 |  | W40 |  | W50 |  | W60 |  | W70 |  |  |  |
| Men: | M35 |  | M40 |  | M50 |  | M60 |  | M70 |  | M80 |  |

**Please complete in BLOCK CAPITALS.**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Surname** |  | **Forenames** |  |  |  |  |  |
| **Date of Birth** |  | **Club** |  |
| **Athlete Registration No** |  |
| **Address** |  |
| **Town** |  | **Post Code** |  |
| **Phone Number** |  | **Email** |  |
|  |  |  |  |
| **Town (or District / Postcode if London) of Birth** |  |
| **If a residential qualification is claimed, please complete (see Note 5 of the Terms and Conditions document)** |
| **I have continuously resided at:**  |  |
| **Postcode:** |  |
| **Since:**  |  |

**EVENTS ENTERED**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Event** | **PB within last 18 months** |  | **Event** | **PB within last 18 months** |
| **1.** |  |  | **4.** |  |  |
| **2.** |  |  | **5.** |  |  |
| **3.** |  |  | **6.** |  |  |

|  |  |
| --- | --- |
| **If entering as a disabled athlete please provide your IPC category:** |  |

**Entry Fee** £7.00 Championship & £11.00 Open per event for up to two events or £6.00 Championship and £10 Open per event for three or more events.

Please reserve an adult sized Graphite T-Shirt for me, please put number required in box below

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **S** |  | **M** |  | **L** |  | **XL** |  | **XXL** |  | I enclose an additional £9 per shirt, which I will collect on the day of competition |

I declare that I am eligible to compete either by birth or residence in the above championships, and enclose the required entry fee (including cost of T- Shirts, if required) of £

|  |
| --- |
| **Cheques made payable to Kent County AA (not KCAA please) or bank transfer sort code 20-06-72****Acct 40546445 (Please add Masters and name in ref box)** |
| Signed  |  | Date |  |

## Please submit entries to: - KCAA Entry Secretary, c/o Jesmond Dene, Seed Road, Newnham, Sittingbourne, Kent ME9 0NA Enquiries to brian@kcaa.org.uk)

**Before completing this entry form you must download & read the “Entry to Track & Field Championships Information” document on the KCAA website.**

**Information for the Masters Track & Field Open & Championships:**

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1. To seek to ensure safety & quality competition, if entry numbers need to be restricted, athletes asking to compete in the Open competition will be accepted in date order.
2. Age groups are as per age on the first day of competition.
3. Minimum Triple Jump board for W70 4m, M60 or older and W60 will be 5m and 7m for all others.
4. Medals will only be awarded if the performance is better than the SCVAC Medal Standards.

|  |  |  |
| --- | --- | --- |
| Sunday 22nd Sept | Saturday 14th Sept | Sunday 15th Sept |
| High Jump All | 200m All | 100m All |
| Pole Vault All | 800m All | 400m All |
| Triple Jump All | 5000m All | 1500m All |
| Long Jump All  | 80mH W40 - W70, M70 - M80 | 110mH M35 - M40 |
|  | 100mH W35, M50 - M60 | 300mH W50 - W60, M60 – M70 |
|  | Javelin Women | 400mH W35 - W40, M35 - M50 |
|  | Hammer Women | 2000m Walks All |
|  | Shot Women | Shot Men |
|  | Discus Women | Discus Men |
|  |  | Javelin Men |
|  |  | Hammer Men |