

**Kent County Championship Results Saturday 14/05/2016**

**Senior Men**

100m		Final		w/s=1.6
No.	Athlete	Club	Perf	
1	12	Wade Thompson	Cambridge Harriers	11.12
2	6	Daniel Gill	Medway and Maidstone AC	11.14
3	11	Ishmael Smith-John	Blackheath & Bromley H AC	11.23
4	9	Andy Millen	Bexley AC	11.31
5	2	Harrie Austin-Jones	Tonbridge AC	11.38
6	10	Ben Small	Invicta East Kent AC	11.57
7	5	Aaron Broderick	Kent AC	11.76
8	3	Mathew Beech	Swale Combined AC	12.02

400m		Heat 1		
No.	Athlete	Club	Perf	
1	23	Jack Green	Kent AC	50.57
2	18	Steven Tester	Tonbridge AC	51.08
3	30	David Stewart	Dartford Harriers AC	51.10
4	21	George Clements	Medway and Maidstone AC	51.42
5	28	James Peeney	Bexley AC	52.25

Q  
Q  
Q  
q

400m		Heat 2		
No.	Athlete	Club	Perf	
1	24	Lewis Heffernan	Medway and Maidstone AC	49.74
2	22	Reece Dimech	Medway and Maidstone AC	50.91
3	26	Sean Molloy	Tonbridge AC	50.93
4	25	George Huxley	Ashford AC	52.12
5	29	Tom Richards	Tonbridge AC	53.33

Q  
Q  
Q  
q

400m		Final		
No.	Athlete	Club	Perf	
1	23	Jack Green	Kent AC	46.97
2	26	Sean Molloy	Tonbridge AC	49.51
3	22	Reece Dimech	Medway and Maidstone AC	50.51
4	18	Steven Tester	Tonbridge AC	50.56
5	24	Lewis Heffernan	Medway and Maidstone AC	51.07
6	30	David Stewart	Dartford Harriers AC	51.18
7	21	George Clements	Medway and Maidstone AC	51.85
8	25	George Huxley	Ashford AC	53.10

1500m		Final		
No.	Athlete	Club	Perf	
1	38	Corey De'Ath	Tonbridge AC	4:04.28
2	37	Thomas Cox	Tonbridge AC	4:15.99
3	40	Dominic O'Mahoney	Invicta East Kent AC	4:21.08
4	31	Sam Dowler	Dartford Harriers AC	4:27.58

5000m		Final		
No.	Athlete	Club	Perf	
1	43	Benedict Cole	Tonbridge AC	15:00.02
2	51	David Morgan	Serpentine Running Club	15:23.35
3	55	Thomas Wright	Bexley AC	15:33.48
4	53	Andrew Pickett	Dartford Harriers AC	15:45.13
5	52	Harry Paton	Tonbridge AC	15:54.73
6	44	Tom Collins	Medway and Maidstone AC	15:55.22
7	49	Teweldebhan Menges	Medway and Maidstone AC	16:01.37
8	47	Jack Keywood	Tonbridge AC	16:19.59
9	48	Alexander Lindfield	Medway and Maidstone AC	17:28.64
10	54	Gareth Williams	Medway and Maidstone AC	18:46.44

110m Hurdles		Final		w/s=1.7
No.	Athlete	Club	Perf	
1	58	Paul Slater	Bexley AC	16.57
2	56	Peter Davey	Ashford AC	16.69

Pole Vault		Final		
No.	Athlete	Club	Perf	
1	57	Matthew Harris	Ashford AC	4.10
2	70	Alexander Wharfe	Ashford AC	3.70
3	71	Allan Williams	Blackheath & Bromley H AC	3.30

3.60 o;3.70 -;3.80 xo;3.90 -;4.00 o;4.10 o;4.20 xxx  
3.50 o;3.60 -;3.70 o;3.80 -;3.90 xxx  
3.00 o;3.20 o;3.30 o;3.40 xxx

Shot		Final		
No.	Athlete	Club	Perf	
1	81	Courtney Green	Kent AC	12.61
2	79	David Coleman	Tonbridge AC	12.14
3	57	Matthew Harris	Ashford AC	11.55
4	83	Peter Wishart	Cambridge Harriers	7.83
5	80	Michael Farrell	Swale Combined AC	7.40

12.06; 11.95; 12.61; np; 12.39; 12.18  
12.05; np; 12.14; np; np; np  
11.19; 10.97; 11.25; 11.47; 11.55; 11.05  
7.79; 7.83; np; 7.59; np; 7.73  
6.25; np; 6.92; 7.29; 7.40; 6.85

<b>Seated Disability Shot</b>		<b>Final</b>		
No.	Athlete	Club	Perf	
1	84	Andrew Johnson (F57)	Medway and Maidstone AC	7.66

7.04; 7.30; 7.51; 7.66; 7.40; 7.66

<b>Discus</b>		<b>Final</b>		
No.	Athlete	Club	Perf	
1	79	David Coleman	Tonbridge AC	50.05
2	85	Andrew Kruszewski	Cambridge Harriers	39.86
3	57	Matthew Harris	Ashford AC	39.05
4	87	Andrew Rushbrook	Bexley AC	27.41
5	83	Peter Wishart	Cambridge Harriers	27.16
6	86	Benjamin Roberts	Ashford AC	26.63
7	80	Michael Farrell	Swale Combined AC	19.96

50.05; 46.00; 47.63; 45.00; 45.20; nt  
38.81; nt; nt; 36.82; 39.86; 36.68  
39.05; nt; nt; nt; 38.49; nt  
24.03; nt; 21.29; nt; 27.41; nt  
26.19; 27.16; nt; nt; 24.05; nt  
24.67; 25.84; 26.63; 25.46; 24.84; 26.06  
nt; nt; 5.67; nt; 19.96; 19.18

<b>Hammer</b>		<b>Final</b>		
No.	Athlete	Club	Perf	
1	88	Graham Holder	Bexley AC	50.06
2	89	Leon Weaving	Thanet AC	32.79
3	87	Andrew Rushbrook	Bexley AC	29.75
4	80	Michael Farrell	Swale Combined AC	23.71

46.07; nt; 49.06; 49.44; 48.33; 50.06  
28.65; 31.26; nt; 32.12; 32.35; 32.79  
23.74; 26.46; 29.75; 27.58; nt; 27.38  
22.11; 21.12; 21.83; 23.18; nt; 23.71

<b>Seated Disability Javelin</b>		<b>Final</b>		
No.	Athlete	Club	Perf	
1	84	Andrew Johnson (F57)	Medway and Maidstone AC	18.68

18.68; 18.04; 18.64; 18.51; 18.46; 18.00

<b>U20 Men</b>				
<b>100m</b>				
		<b>Heat 1</b>	<b>w/s=3.9</b>	
No.	Athlete	Club	Perf	
1	158	Camron Lyttle	Bexley AC	10.79
2	156	Maximilian Heavens	Invicta East Kent AC	11.18
3	149	Eghosa Evbosomon	Cambridge Harriers	11.26
4	161	Lewis Parsons	Thanet AC	11.78
5	166	Brandon Twycross	Dartford Harriers AC	11.98
6	163	Barnaby Skinner	Tonbridge AC	12.36
7	157	Thomas Hughes	Thanet AC	12.83

Q  
Q  
q

<b>100m</b>				
		<b>Heat 2</b>	<b>w/s=1.6</b>	
No.	Athlete	Club	Perf	
1	167	Michael Watson	Medway and Maidstone AC	11.11
2	165	Lewis Smith	Ashford AC	11.52
3	162	Matthew Rushden	Dartford Harriers AC	11.80
4	154	Callum Gordon	Cambridge Harriers	11.94
5	153	Callum Gardiner	Blackheath & Bromley H AC	12.26
6	148	Oliver Cooper	Thanet AC	12.28

Q  
Q

<b>100m</b>				
		<b>Heat 3</b>	<b>w/s=3.7</b>	
No.	Athlete	Club	Perf	
1	146	Joseph Alason	Cambridge Harriers	11.18
2	151	Rhys Francis	Cambridge Harriers	11.25
3	155	Max Harbord	Kent AC	11.28
4	150	Kevin Feyisetan	Dartford Harriers AC	11.45
5	159	Abraham Ogunmefun	Bexley AC	11.88
6	152	Joe Freeman	Blackheath & Bromley H AC	11.92

Q  
Q  
q

<b>100m</b>				
		<b>Final</b>	<b>w/s=3.0</b>	
No.	Athlete	Club	Perf	
1	167	Michael Watson	Medway and Maidstone AC	10.90
2	156	Maximilian Heavens	Invicta East Kent AC	10.96
3	151	Rhys Francis	Cambridge Harriers	11.09
4	146	Joseph Alason	Cambridge Harriers	11.14
5	155	Max Harbord	Kent AC	11.20
6	149	Eghosa Evbosomon	Cambridge Harriers	11.34
7	165	Lewis Smith	Ashford AC	11.42
158	Camron Lyttle	Bexley AC	dns	

<b>400m</b>				
		<b>Final</b>		
No.	Athlete	Club	Perf	
1	175	Henry Marshall	Tonbridge AC	49.71
2	170	William Pope	Blackheath & Bromley H AC	52.51
3	177	Zakariya Shaikh	Ashford AC	53.08
4	174	Lewis Makey	Medway and Maidstone AC	56.32

<b>1500m</b>				
		<b>Final</b>		
No.	Athlete	Club	Perf	
1	192	Alasdair Kinloch	Tonbridge AC	3:59.64
2	188	Jake Berry	Medway and Maidstone AC	4:05.75
3	186	Max Read	Medway and Maidstone AC	4:24.47
4	190	Connor Burford	Dartford Harriers AC	4:39.97

110m Hurdles		Final		w/s=2.6
No.	Athlete	Club	Perf	
1	193	Cameron Amedee	Ashford AC	14.82
2	194	Joseph Thurgood	Medway and Maidstone AC	15.23

Pole Vault		Final		
No.	Athlete	Club	Perf	
1	202	Alexander Hardy	Ashford AC	3.70
2	201	Ben Stanbury	Cambridge Harriers	3.10
3	148	Oliver Cooper	Thanet AC	2.70

3.40 o;3.50 o;3.60 xxo;3.70 xxx  
2.70 o;2.80 -;2.90 o;3.00 -;3.10 o;3.20 xxx  
2.30 o;2.60 o;2.70 o;2.80 xxx

Shot		Final		
No.	Athlete	Club	Perf	
1	207	Oliver Hussey	Dartford Harriers AC	12.73
2	206	Luc Durant	Blackheath & Bromley H AC	11.85
3	162	Matthew Rushden	Dartford Harriers AC	10.77
4	194	Joseph Thurgood	Medway and Maidstone AC	10.70
5	148	Oliver Cooper	Thanet AC	8.93

np; 12.16; 12.19; 12.73; 12.56; 12.71  
11.85; 11.49; 10.60; np; rt  
10.47; np; 10.26; 10.66; 10.77; 10.11  
9.87; 10.17; np; 10.48; 10.36; 10.70  
8.93; np; np; np; np; rt

Discus		Final		
No.	Athlete	Club	Perf	
1	162	Matthew Rushden	Dartford Harriers AC	37.75
2	163	Barnaby Skinner	Tonbridge AC	34.64

37.58; 33.29; nt; 37.75; 31.15; nt  
nt; nt; 25.70; nt; nt; 34.64

U17 Men		Heat 1		w/s=1.7
100m		Club	Perf	
1	269	Matthew Knight	Blackheath & Bromley H AC	11.37
2	273	Brandon Mingeli	Cambridge Harriers	11.44
3	263	James Back-Wilkins	Cambridge Harriers	11.51
4	274	Justin Oludemi	Dartford Harriers AC	11.66
5	268	Emmanuel Jackson	Cambridge Harriers	12.20
6	265	Konrad Farrall	Thanet AC	12.70
7	277	Joe Small	Thanet AC	12.94
	272	William Malcomson	The Judd School	dns

Q  
Q  
Q  
q

100m		Heat 2		w/s=1.0
No.	Athlete	Club	Perf	
1	264	Ethan Brown	Dartford Harriers AC	11.44
2	276	Toby Seal	Tonbridge AC	11.52
3	270	Rory Kuypers	Medway and Maidstone AC	11.58
4	267	Nathan Isaac	Medway and Maidstone AC	11.77
5	275	Harry Pitman	Ashford AC	12.06
6	279	Reece Williams	Swale Combined AC	12.68

Q  
Q  
Q  
q

100m		Final		w/s=1.1
No.	Athlete	Club	Perf	
1	269	Matthew Knight	Blackheath & Bromley H AC	11.18
2	273	Brandon Mingeli	Cambridge Harriers	11.30
3	264	Ethan Brown	Dartford Harriers AC	11.33
4	274	Justin Oludemi	Dartford Harriers AC	11.36
5	276	Toby Seal	Tonbridge AC	11.42
6	270	Rory Kuypers	Medway and Maidstone AC	11.44
7	263	James Back-Wilkins	Cambridge Harriers	11.46
8	267	Nathan Isaac	Medway and Maidstone AC	11.70

400m		Final		
No.	Athlete	Club	Perf	
1	282	Michael Fagbenle	Bexley AC	51.80
2	287	Ben Sutton	Blackheath & Bromley H AC	52.04
3	286	Cameron Roberts	Tonbridge AC	54.46
4	283	Jonathan Mann	Bexley AC	55.59
5	281	Vishnu Dhir	Blackheath & Bromley H AC	56.14
6	285	George Pope	Blackheath & Bromley H AC	57.38
7	261	Robert Abbott	Blackheath & Bromley H AC	60.03

1500m		Final		
No.	Athlete	Club	Perf	
1	311	James Puxty	Tonbridge AC	4:13.18
2	313	Daniel Seagrove	Tonbridge AC	4:13.43
3	309	Lewis Mills	Blackheath & Bromley H AC	4:14.08
4	308	Thomas Manning	Dartford Harriers AC	4:18.23
5	314	Marshall Smith	Ashford AC	4:24.24
6	304	Daniel Blades	Tonbridge AC	4:26.94
7	303	Quinn Austin	Medway and Maidstone AC	4:30.23
8	301	Joseph Webb	Medway and Maidstone AC	4:30.42
9	310	Jack Payton	Medway and Maidstone AC	4:30.71
10	312	James Rolls	Dartford Harriers AC	4:32.08
11	298	Oliver Prior	Ashford AC	4:32.65
12	305	Marcus Etheridge	Invicta East Kent AC	4:33.28
13	306	Joseph Griffiths	Invicta East Kent AC	4:34.01
14	300	Charlie Tomkins	Dartford Harriers AC	4:41.49

100m Hurdles		Final	w/s=1.5	
No.	Athlete	Club	Perf	
1	276	Toby Seal	Tonbridge AC	13.70
2	283	Jonathan Mann	Bexley AC	14.19
3	317	Hamza Shaibu	Bexley AC	15.12
4	265	Konrad Farrall	Thanet AC	15.23
	272	William Malcomson	The Judd School	dnf

High Jump		Final		
No.	Athlete	Club	Perf	
1	323	Luke Okosieme	Cambridge Harriers	1.85
2	324	Brandon Sikity	Cambridge Harriers	1.60
3	322	Samuel Masters	Bexley AC	1.55

1.65 xo;1.70 o;1.75 o;1.80 xo;1.85 o;1.88 xxx  
1.50 o;1.55 xxo;1.60 xxo;1.65 xxx  
1.50 o;1.55 o;1.60 xxx

Long Jump		Final		
No.	Athlete	Club	Perf	
1	276	Toby Seal	Tonbridge AC	6.04
2	328	Jack Smith	Bexley AC	5.67
3	324	Brandon Sikity	Cambridge Harriers	5.27
4	277	Joe Small	Thanet AC	4.85
5	279	Reece Williams	Swale Combined AC	4.31

- 6.00,-; 6.04,-; 5.98,-; 5.81,-; nj; 5.77,-  
- 5.29,-; 5.49,-; 5.67,-; 5.29,-; nj; 5.22,-  
- 5.00,-; 5.08,-; 5.21,-; 4.87,-; 5.17,-; 5.27,-  
- nj; nj; 3.86,-; 4.67,-; 4.80,-; 4.85,-  
- nj; 4.31,-; 3.82,-; 4.13,-; -

Disability Long Jump		Final		
No.	Athlete	Club	Perf	
1	280	Sebastian Brookes (F20)	Tonbridge AC	3.40

- nj; nj; 3.40; 3.-05; nj; 3.10

Triple Jump		Final		
No.	Athlete	Club	Perf	
1	329	Alex Olubusi	Bexley AC	11.77
2	324	Brandon Sikity	Cambridge Harriers	11.17
3	330	Markus Simmons	Swale Combined AC	10.54
4	322	Samuel Masters	Bexley AC	9.93

11.23,3.8; 11.43,1.7; 11.77,2.0; 11.52,1.0; -; 11.74,1.0  
10.60,1.9; 10.95,1.0; 10.80,2.0; 11.17,2.0; 10.90,3.0; 10.84,2.0  
10.54,3.2; 10.32,1.3; nj; 10.17,2.0; 10.08,1.0; 9.91,2.0  
9.88,1.7; 9.72,1.5; 9.93,1.3; 9.42,0.0; 9.89,0.0; 9.85,2.0

Javelin		Final		
No.	Athlete	Club	Perf	
1	339	Femi Sofolarin	Blackheath & Bromley H AC	48.66
2	338	David Fullbrook	Tonbridge AC	44.03
3	337	Kian Crawford	Ashford AC	35.52
4	279	Reece Williams	Swale Combined AC	34.39

48.37; 48.00; nt; 46.77; nt; 48.66  
40.98; 40.02; 42.44; 34.09; 36.43; 44.03  
31.55; 35.52; 32.74; nt; -, 34.16  
27.03; 34.39; 30.36; nt; 29.40; nt

### U15 Boys

100m		Heat 1	w/s=1.6	
No.	Athlete	Club	Perf	
1	445	Joshua Oshunrinde	Medway and Maidstone AC	11.44
2	436	Rico Cottell	Blackheath & Bromley H AC	11.85
3	452	Kareem Waithe	Cambridge Harriers	12.40
4	448	Johnel Simpson	Cambridge Harriers	12.63
5	454	Luke Williams	Invicta East Kent AC	12.72
6	435	Jacob Calvert	Bexley AC	13.12
7	438	Aston Fredericks	Thanet AC	13.42

Q  
Q  
q

100m		Heat 2	w/s=1.0	
No.	Athlete	Club	Perf	
1	440	Ernest Lake	Tonbridge AC	11.98
2	432	Anton Bachorski	Tonbridge AC	12.06
3	443	Connor Neal	Thanet AC	12.33
4	449	George Smith	Tonbridge AC	12.50
5	450	Lewis Swaby	Tonbridge AC	12.59
6	447	George Seery	Thanet AC	13.65
7	444	Sebastian Ngassa	Invicta East Kent AC	13.81

Q  
Q  
q

100m		Heat 3		w/s=0.2
No.	Athlete	Club	Perf	
1	442	Kyron Morgan	Blackheath & Bromley H AC	12.20
2	446	Alexander Rampton	Ashford AC	12.56
3	433	Samuel Belsey	Thanet AC	12.85
4	451	Evan Tinsley	Medway and Maidstone AC	12.97
5	441	Leo McCallum	Blackheath & Bromley H AC	14.24
6	431	Jonathan Abbott	Blackheath & Bromley H AC	14.65

Q  
Q

100m		Final		w/s=0.5
No.	Athlete	Club	Perf	
1	445	Joshua Oshunrinde	Medway and Maidstone AC	11.28
2	440	Ernest Lake	Tonbridge AC	11.76
3	436	Rico Cottell	Blackheath & Bromley H AC	11.80
4	442	Kyron Morgan	Blackheath & Bromley H AC	12.07
5	432	Anton Bachorski	Tonbridge AC	12.26
6	452	Kareem Waithe	Cambridge Harriers	12.28
7	443	Connor Neal	Thanet AC	12.42
8	446	Alexander Rampton	Ashford AC	12.66

300m		Heat 1		
No.	Athlete	Club	Perf	
1	443	Connor Neal	Thanet AC	41.23
2	440	Ernest Lake	Tonbridge AC	41.57
3	464	Ewan Wood	Tonbridge AC	42.35
4	435	Jacob Calvert	Bexley AC	44.09
5	460	Nathaniel Masters	Bexley AC	45.06
6	463	Oliver Weston	Invicta East Kent AC	47.20

Q  
Q  
Q

300m		Heat 2		
No.	Athlete	Club	Perf	
1	446	Alexander Rampton	Ashford AC	40.66
2	449	George Smith	Tonbridge AC	41.24
3	461	Jack Seery	Thanet AC	41.61
4	455	Aboluwari Falase	Dartford Harriers AC	41.83
5	458	Felix Brooks	Tonbridge AC	42.57
6	459	James Gregory	Blackheath & Bromley H AC	47.34

Q  
Q  
Q  
q  
q

300m		Final		
No.	Athlete	Club	Perf	
1	443	Connor Neal	Thanet AC	40.31
2	446	Alexander Rampton	Ashford AC	40.78
3	449	George Smith	Tonbridge AC	41.19
4	464	Ewan Wood	Tonbridge AC	42.01
5	461	Jack Seery	Thanet AC	42.60
6	440	Ernest Lake	Tonbridge AC	43.77
7	458	Felix Brooks	Tonbridge AC	44.33
8	455	Aboluwari Falase	Dartford Harriers AC	45.88

1500m		Final		
No.	Athlete	Club	Perf	
1	487	Matthew Francis	Cambridge Harriers	4:26.41
2	492	Archie May	Dartford Harriers AC	4:28.07
3	491	James Kingston	Tonbridge AC	4:30.06
4	489	Ted Higgins	Bexley AC	4:33.67
5	481	Matthew Stonier	Invicta East Kent AC	4:39.14
6	497	Adam Van der Plas	Tonbridge AC	4:43.86
7	495	Hamish Reilly	Medway and Maidstone AC	4:44.79
8	493	Samuel Monaco	Cambridge Harriers	4:45.63
9	486	Benjamin Tynan	Cambridge Harriers	4:49.71
10	488	Joseph Georgiadis	Blackheath & Bromley H AC	4:51.10
11	496	Cameron Sharp	Dartford Harriers AC	4:52.41
12	474	Benjamin McNally	Dartford Harriers AC	4:53.99
13	485	Cameron Swatton	Blackheath & Bromley H AC	4:59.21
	475	Sam Newson	Invicta East Kent AC	5:06.40
15	490	Harry Ives	Dartford Harriers AC	5:35.89

80m Hurdles		Final		w/s=0.5
No.	Athlete	Club	Perf	
1	500	Caelan Raju	Blackheath & Bromley H AC	12.33
2	501	Daniel Smith	Tonbridge AC	13.50
3	450	Lewis Swaby	Tonbridge AC	13.59
4	447	George Seery	Thanet AC	13.72
5	461	Jack Seery	Thanet AC	14.17
6	467	James Crawley	Tonbridge AC	14.18
7	490	Harry Ives	Dartford Harriers AC	17.15

High Jump		Final	
No.	Athlete	Club	Perf
1	436 Rico Cottell	Blackheath & Bromley H AC	1.80
2	503 Pedro Gleadall	Blackheath & Bromley H AC	1.65
3	450 Lewis Swaby	Tonbridge AC	1.35
3	501 Daniel Smith	Tonbridge AC	1.35
5	459 James Gregory	Blackheath & Bromley H AC	1.30

1.65 xo;1.70 o;1.75 xxo;1.80 o;1.85 xxx  
 1.60 o;1.65 o;1.70 xxx  
 1.35 o1.65 xxx  
 1.35 o  
 1.25 o;1.30 o;1.35 xxx

Long Jump		Final	
No.	Athlete	Club	Perf
1	456 Myles Xavier	Blackheath & Bromley H AC	5.70
2	508 Matt Hughes	The Judd School	5.53
3	446 Alexander Rampton	Ashford AC	5.35
4	443 Connor Neal	Thanet AC	5.30
5	432 Anton Bachorski	Tonbridge AC	5.22
6	440 Ernest Lake	Tonbridge AC	5.20
7	458 Felix Brooks	Tonbridge AC	4.96
8	433 Samuel Belsey	Thanet AC	4.80
9	447 George Seery	Thanet AC	4.69
10	438 Aston Fredericks	Thanet AC	4.59
11	479 Joe Pullman	Tonbridge AC	4.38
12	467 James Crawley	Tonbridge AC	4.29
13	444 Sebastian Ngassa	Invicta East Kent AC	4.25
14	507 William Butterworth	Bexley AC	4.16
15	459 James Gregory	Blackheath & Bromley H AC	4.14
16	437 Theo Daviron	Tonbridge AC	3.82

1.5 5.70,1.5; 5.47,2.3; nj; nj; 5.44,1.5; 5.47,1.3  
 1.2 nj; nj; 5.35,1.8; 5.45,0.5; nj; 5.53,1.2  
 0.8 5.10,0.7; 5.07,2.6; 4.93,2.0; 5.03,0.8; 5.19,2.5; 5.35,0.8  
 1.1 nj; 5.30,1.1; 4.80,0.3; 4.55,0.9; nj; nj  
 0.1 5.22,0.1; 4.99,0.8; 4.97,1.2; 5.06,2.0; 4.57,1.5; 5.15,1.7  
 0.5 5.00,2.0; 4.71,1.8; 3.03,1.9; 5.18,0.8; 5.20,0.5; 4.40,1.8  
 0.3 4.82,1.6; 4.91,1.3; 4.96,0.3; 4.67,0.3; 4.85,2.0; 4.84,0.6  
 1.1 4.80,1.1; nj; 4.36,1.6; nj; 4.44,2.0; nj  
 0.5 4.61,0.2; nj; 4.69,0.5  
 1.1 4.50,0.2; 4.59,1.1; 4.41,0.2  
 0.9 nj; 4.36,1.1; 4.38,0.9  
 0.3 4.29,0.3; nj; nj  
 1.0 4.05,2.6; 4.25,1.0; 4.19,1.8  
 2.2 4.14,1.2; 4.16,2.2; 2.47,0.1  
 1.5 4.14,1.5; 3.98,1.3; 3.61,1.7  
 1.2 3.72,1.7; 3.82,1.2; 3.67,2.4

Triple Jump		Final	
No.	Athlete	Club	Perf
1	461 Jack Seery	Thanet AC	9.46

2.0 9.46,2.0; rt

Javelin		Final	
No.	Athlete	Club	Perf
1	503 Pedro Gleadall	Blackheath & Bromley H AC	47.39
2	517 Eddie Brown	Cambridge Harriers	39.50
3	518 Rowan Burford	Dartford Harriers AC	31.24
4	519 Ned Naisbitt	Thanet AC	27.18
5	507 William Butterworth	Bexley AC	19.53

44.43; 40.08; 32.99; 25.26; 41.39; 47.39  
 35.96; 35.61; 38.91; 35.26; 34.19; 39.50  
 29.61; 30.95; 30.78; 30.26; 31.24; 30.18  
 21.25; nt; 22.61; nt; 27.18; nt  
 nt; 19.53; nt; nt; nt; 19.38

### Senior Women

#### 200m

		Final		w/s=1.3
No.	Athlete	Club	Perf	
1	103 Jodie Leslie	Bedford & County AC	24.58	
2	102 Samantha Brown	Dartford Harriers AC	25.68	
3	97 Claire Capon	Dartford Harriers AC	26.92	
4	100 Kate Pinnegar	Ashford AC	31.63	

#### 800m

		Final	
No.	Athlete	Club	Perf
1	106 Lilly Coward	Invicta East Kent AC	2:22.86
2	107 Jessica Jones	Blackheath & Bromley H AC	2:25.81
3	108 Rebecca Wilby	Dartford Harriers AC	2:29.48
4	109 Donelle Yapp	Blackheath & Bromley H AC	2:39.36

#### 400m Hurdles

		Final	
No.	Athlete	Club	Perf
1	102 Samantha Brown	Dartford Harriers AC	62.51

#### 5000m

		Final	
No.	Athlete	Club	Perf
1	110 Lydia Blackmore	Kent AC	19:53.54
2	120 Candy Hawkins	Ashford AC	21:28.95

#### High Jump

		Final	
No.	Athlete	Club	Perf
1	128 Deborah Martin	Ashford AC	1.55
2	127 Katherine Hamilton	Ashford AC	1.45

1.55 o;1.60 xxx  
 1.40 o;1.45 xxo;1.50 xxx

#### Long Jump

		Final	
No.	Athlete	Club	Perf
1	97 Claire Capon	Dartford Harriers AC	4.62
2	101 Hannah Sutton	Dartford Harriers AC	4.55

4.55,-; 4.62,-; nj; nj; 4.61,-; -  
 - 4.43,-; 4.10,-; 4.28,-; 4.24,-; 4.33,-; 4.55,-

Javelin		Final		
No.	Athlete	Club	Perf	
1	140	Leanne O'Donovan	Dartford Harriers AC	30.24
2	138	Elizabeth Duffin	Paddock Wood AC	22.26
3	133	Kayleigh Saward	Dartford Harriers AC	21.19
4	139	Natalie Mann	Cambridge Harriers	19.91
5	131	Christine Lynch	Swale Combined AC	12.84

nt; 26.49; 29.99; nt; 28.31; 30.24  
 22.26; 20.99; 21.55; 21.93; 21.70; 21.63  
 18.94; 19.66; nt; 20.55; 21.19; nt  
 17.93; 17.53; 17.68; 19.91; 16.47; 18.35  
 10.55; 12.79; 12.11; 12.70; 12.84; 12.48

U20 Women		200m		
No.	Athlete	Club	Perf	w/s=1.6
1	212	Parris Johnson	Blackheath & Bromley H AC	25.54
2	213	Darcey Kuypers	Medway and Maidstone AC	26.20
3	214	Isio Orogun	Blackheath & Bromley H AC	26.45
4	217	Elizabeth Ibidunni	Blackheath & Bromley H AC	26.55
5	216	Jazmin Salter	Medway and Maidstone AC	26.70

800m		Final		
No.	Athlete	Club	Perf	
1	228	Jessica Keene	Blackheath & Bromley H AC	2:18.02
2	230	Georgina Taylor	Blackheath & Bromley H AC	2:21.48
3	226	Leah Everson	Blackheath & Bromley H AC	2:22.67
4	225	Hannah Czarnowski	Tonbridge AC	2:24.26
5	231	Anna Weston	Invicta East Kent AC	2:29.38
6	227	Sarah Hall	Invicta East Kent AC	2:40.54

400m Hurdles		Final		
No.	Athlete	Club	Perf	
1	219	Harriet Day	Medway and Maidstone AC	65.96
2	236	Corinne Wakesmith	Invicta East Kent AC	68.85
3	235	Imogen Munday	Medway and Maidstone AC	68.96

1500m Steeplechase		Final		
No.	Athlete	Club	Perf	
1	220	Molly Hawkins	Cambridge Harriers	5:51.08
2	221	Bonnie Maugey	Dartford Harriers AC	6:17.41

High Jump		Final		
No.	Athlete	Club	Perf	
1	234	Joanne Ware	Tonbridge AC	1.55
2	239	Eleanor Ribbits	Tonbridge AC	1.50

1.50 o;1.55 xo;1.60 xxx  
 1.45 o;1.50 xo;1.55 xxx

Long Jump		Final		
No.	Athlete	Club	Perf	
1	211	Diana Adegoke	Thanet AC	5.73
2	242	Tamara Anderson	Thanet AC	5.67
3	243	Toyin Orelaja	Blackheath & Bromley H AC	5.37
4	244	Jamiyla Robinson-Pascal	Blackheath & Bromley H AC	5.35
5	234	Joanne Ware	Tonbridge AC	5.32
6	239	Eleanor Ribbits	Tonbridge AC	4.42

- 5.73,-; 5.28,-; 5.58,-; 5.60,-; 5.52,-; 5.50,-  
 - nj; 5.67,-; 5.63,-; nj; nj; nj  
 - nj; 5.20,-; 5.26,-; 5.02,-; 4.66,-; 5.37,-  
 - 5.35,-; 3.93,-; 5.21,-; 5.11,-; 5.33,-; 5.28,-  
 - 5.32,-; 5.07,-; nj; 5.06,-; 5.04,-; nj  
 - 4.12,-; 4.14,-; 4.09,-; 4.23,-; 4.42,-; 4.42,-

Triple Jump		Final		
No.	Athlete	Club	Perf	
1	245	Grace Sullivan	Ashford AC	11.45
2	243	Toyin Orelaja	Blackheath & Bromley H AC	11.05
3	234	Joanne Ware	Tonbridge AC	10.54

1.3 11.45,1.3; 11.25,1.6; 11.29,1.1; nj; 11.40,1.0; 11.43,1.0  
 -0.4 10.75,2.0; nj; 11.05,-0.4; nj; nj; 10.90,2.0  
 0.6 10.48,0.4; 10.54,0.6; rt

Javelin		Final		
No.	Athlete	Club	Perf	
1	252	Jasmine Harding	Invicta East Kent AC	32.57
2	253	Storm Porter	Thanet AC	22.38
3	249	Chloe Williams	Thanet AC	15.02

nt; nt; 30.59; 32.57; 28.81; 30.89  
 nt; 22.38; 20.96; 20.90; 21.28; 21.20  
 13.04; 13.50; 14.95; 14.39; 15.02; 13.57

U17 Women		200m		
No.	Athlete	Club	Perf	w/s=2.5
1	346	Vera Chinedu	Cambridge Harriers	25.27
2	360	Louise Evans	Invicta East Kent AC	26.00
3	353	Olivia Richer	Blackheath & Bromley H AC	26.21
4	345	Eleanor Callaghan-Inge	Medway and Maidstone AC	27.33
5	352	Nejma Nassman	Tonbridge AC	27.98
6	362	Monay Thomas	Cambridge Harriers	28.07

Q  
 Q  
 Q  
 q

200m		Heat 2		w/s=0.6
No.	Athlete	Club	Perf	
1	341	Immanuela Aliu	Blackheath & Bromley H AC	25.19
2	347	Magda Cienciala	Blackheath & Bromley H AC	26.07
3	355	Ellie Turner	Medway and Maidstone AC	26.45
4	354	Asha Root	Tonbridge AC	26.45
5	363	Ashleigh West	Medway and Maidstone AC	27.66
6	358	Faye Olszowka (T20)	Bexley AC	28.10
7	361	Emily Higham	Invicta East Kent AC	29.28
8	348	Gabrielle Dalsan	Blackheath & Bromley H AC	29.46

Q  
Q  
Q  
q

200m		Final		w/s=2.7
No.	Athlete	Club	Perf	
1	341	Immanuela Aliu	Blackheath & Bromley H AC	24.53
2	346	Vera Chinedu	Cambridge Harriers	25.02
3	347	Magda Cienciala	Blackheath & Bromley H AC	25.59
4	360	Louise Evans	Invicta East Kent AC	25.97
5	354	Asha Root	Tonbridge AC	26.00
6	353	Olivia Richer	Blackheath & Bromley H AC	26.05
7	355	Ellie Turner	Medway and Maidstone AC	26.33
8	345	Eleanor Callaghan-Inge	Medway and Maidstone AC	27.19

800m		Final		
No.	Athlete	Club	Perf	
1	382	Chloe Sharp	Dartford Harriers AC	2:14.20
2	374	Lara Atkinson	Cambridge Harriers	2:22.20
3	380	Annabel Field	Dartford Harriers AC	2:25.28
4	383	Millie Smith	Blackheath & Bromley H AC	2:25.84
5	372	Grace Scopes	Blackheath & Bromley H AC	2:25.86
6	384	Stephanie Taylor	Blackheath & Bromley H AC	2:26.84
7	375	Claudia Bates	Dartford Harriers AC	2:43.62
8	381	Ciara Mitchell	Cambridge Harriers	2:44.11
9	376	Karrienne Bell	Medway and Maidstone AC	2:47.31
10	371	Cary Kwaramba-Downs	Dartford Harriers AC	2:48.22

300m Hurdles		Final		
No.	Athlete	Club	Perf	
1	370	Jade Fitt	Cambridge Harriers	46.45
2	397	Alexandra Prickett	Ashford AC	50.71
3	359	Madeleine Cooper	Cambridge Harriers	51.08
4	393	Alice English	Swale Combined AC	51.33
5	399	Georgiana Crawley	Tonbridge AC	55.56

1500m Steeplechase		Final		
No.	Athlete	Club	Perf	
1	401	Yasmin Austridge	Blackheath & Bromley H AC	4:58.09
2	402	Holly Page	Dartford Harriers AC	5:02.61
3	366	Jessica Carley	Invicta East Kent AC	6:00.14

CBP

Pole Vault		Final		
No.	Athlete	Club	Perf	
1	409	Grace Thomas	Bexley AC	2.60
2	408	Leia Desseaux	Ashford AC	2.40

2.30 o;2.40 xxo;2.50 xxo;2.60 xxo;2.70 xxx  
2.10 o;2.20 xxo;2.30 xo;2.40 o;2.50 xxx

Shot		Final		
No.	Athlete	Club	Perf	
1	418	Eloise Locke	Blackheath & Bromley H AC	12.47
2	417	Jaratta Adams	Cambridge Harriers	9.60
3	361	Emily Higham	Invicta East Kent AC	9.37
4	394	Emily Giardina	Thanet AC	7.91
5	393	Alice English	Swale Combined AC	7.13

12.43; np; 12.30; 12.47; 12.08; 12.43  
8.59; 9.60; 8.86; 9.34; 8.81; 9.38  
9.37; 8.27; 8.90; 8.61; 8.43; 8.49  
6.45; 7.61; 7.91; 7.33; np; 7.15  
6.57; 6.99; 6.12; 6.39; 7.10; 7.13

Discus		Final		
No.	Athlete	Club	Perf	
1	420	Carys Marsden	Blackheath & Bromley H AC	34.58
2	419	Eve Keith	Blackheath & Bromley H AC	33.87
3	417	Jaratta Adams	Cambridge Harriers	28.46
4	421	Megan Williams	Thanet AC	15.76

34.24; nt; 33.99; 34.58; 32.17; 33.01  
32.04; 31.80; 33.87; 33.36; nt; nt  
24.39; 19.19; 27.36; nt; 27.14; 28.46  
15.76; nt; 14.70; nt; 13.32; 14.31

Hammer		Final		
No.	Athlete	Club	Perf	
1	422	Victoria Wiltshire	Blackheath & Bromley H AC	52.01
2	420	Carys Marsden	Blackheath & Bromley H AC	39.04
3	403	Jacqueline Benson	Ashford AC	25.20

CBP

nt; 49.51; 49.63; 49.89; nt; 52.01  
38.32; 39.04; 38.08; 36.30; nt; 37.05  
25.20; nt; 21.07; 22.14; 22.23; 20.13



**U15 Girls****200m****Heat 1****w/s=1.0**

No.	Athlete	Club	Perf	
1	524	Shiann Brock-Walters	Cambridge Harriers	26.30
2	554	Renay Thomas	Cambridge Harriers	27.13
3	532	Esther Jackson	Cambridge Harriers	27.30
4	550	Mary Schouvaloff	Cambridge Harriers	27.71
5	535	Sasha Kelly	Tonbridge AC	29.72
6	557	Kimberley Garcia	Paddock Wood AC	29.90
	541	Erin Moses	Thanet AC	dns

Q

Q

q

q

**200m****Heat 2****w/s=1.4**

No.	Athlete	Club	Perf	
1	549	Maisie Rixon	Medway and Maidstone AC	27.54
2	556	Kaliyah Young	Medway and Maidstone AC	27.88
3	559	Lucy Maunders	Medway and Maidstone AC	28.63
4	551	Hannah Scrivens	Invicta East Kent AC	28.71
5	547	Sally Palmer	Tonbridge AC	28.79
6	537	Lauren Macey	Invicta East Kent AC	29.02
7	561	Macy Taylor	Bexley AC	30.94

Q

Q

**200m****Heat 3****w/s=1.7**

No.	Athlete	Club	Perf	
1	544	Djamilla Nkereuwem	Invicta East Kent AC	27.31
2	526	Chanelle Cole	Dartford Harriers AC	28.12
3	560	Eva Stephanou	Blackheath & Bromley H AC	28.48
4	528	Zara Edeleanu	Medway and Maidstone AC	28.65
5	555	Abigail Walters	Medway and Maidstone AC	29.64
6	529	Greta Elliott	Blackheath & Bromley H AC	30.50

Q

Q

**200m****Final****w/s=3.9**

No.	Athlete	Club	Perf	
1	524	Shiann Brock-Walters	Cambridge Harriers	26.37
2	532	Esther Jackson	Cambridge Harriers	26.82
3	544	Djamilla Nkereuwem	Invicta East Kent AC	27.17
4	554	Renay Thomas	Cambridge Harriers	27.24
5	549	Maisie Rixon	Medway and Maidstone AC	27.32
6	550	Mary Schouvaloff	Cambridge Harriers	27.45
7	526	Chanelle Cole	Dartford Harriers AC	27.53
8	556	Kaliyah Young	Medway and Maidstone AC	29.01

**800m****Heat 1**

No.	Athlete	Club	Perf	
1	567	Rebekah O'Brien	Tonbridge AC	2:30.99
2	566	Isabel Lloyd	Medway and Maidstone AC	2:31.47
3	585	Beth Williams	Thanet Roadrunners AC	2:31.57
4	581	Maisy Rose	Dartford Harriers AC	2:32.21
5	573	Camille Cerey	Dartford Harriers AC	2:40.35
6	565	Rebecca Hales	Thanet Roadrunners AC	2:43.42
7	570	Anna Blincoe	Cambridge Harriers	2:49.22

Q

Q

Q

q

**800m****Heat 2**

No.	Athlete	Club	Perf	
1	577	Elizabeth Miller	Tonbridge AC	2:26.13
2	583	Lily Tappenden	Blackheath & Bromley H AC	2:26.85
3	572	Katie Burgess	Tonbridge AC	2:28.29
4	580	Amy Piper	Thanet Roadrunners AC	2:29.25
5	574	Louise Flynn	Invicta East Kent AC	2:33.82
6	584	Lauren Vinten	Tonbridge AC	2:40.72
7	579	Bethany Panton	Dartford Harriers AC	2:43.91
8	561	Macy Taylor	Bexley AC	3:19.36

Q

Q

Q

q

**800m****Final**

No.	Athlete	Club	Perf	
1	585	Beth Williams	Thanet Roadrunners AC	2:21.19
2	572	Katie Burgess	Tonbridge AC	2:24.91
3	577	Elizabeth Miller	Tonbridge AC	2:25.47
4	583	Lily Tappenden	Blackheath & Bromley H AC	2:26.21
5	567	Rebekah O'Brien	Tonbridge AC	2:29.21
6	580	Amy Piper	Thanet Roadrunners AC	2:34.61
7	566	Isabel Lloyd	Medway and Maidstone AC	2:38.95
	581	Maisy Rose	Dartford Harriers AC	dns

**75m Hurdles****Heat 1****w/s=1.3**

No.	Athlete	Club	Perf	
1	559	Lucy Maunders	Medway and Maidstone AC	12.73
2	598	Lauren Farley	Medway and Maidstone AC	12.93
3	569	Abigail Sayer	Thanet AC	13.10
4	599	Kirstie Hattrill	Bexley AC	13.77
5	537	Lauren Macey	Invicta East Kent AC	13.84
6	555	Abigail Walters	Medway and Maidstone AC	14.11
7	600	Katie Lacey	Folkestone Running Club	14.59

Q

Q

Q

75m Hurdles		Heat 2		w/s=1.2
No.	Athlete	Club	Perf	
1	541 Erin Moses	Thanet AC	11.90	
2	597 Jade Curtis	Ashford AC	12.77	Q
3	595 Zoe Austridge	Blackheath & Bromley H AC	12.79	Q
4	556 Kaliyah Young	Medway and Maidstone AC	13.04	q
5	567 Rebekah O'Brien	Tonbridge AC	13.66	q
6	596 Ella Brown	Blackheath & Bromley H AC	14.41	
7	601 Grace Pitman	Ashford AC	14.76	
8	602 Jessica Wood	Thanet AC	15.79	

75m Hurdles		Final		w/s=1.6
No.	Athlete	Club	Perf	
1	541 Erin Moses	Thanet AC	11.64	
2	559 Lucy Maunders	Medway and Maidstone AC	12.55	
3	595 Zoe Austridge	Blackheath & Bromley H AC	12.56	
4	597 Jade Curtis	Ashford AC	12.60	
4	598 Lauren Farley	Medway and Maidstone AC	12.60	
6	556 Kaliyah Young	Medway and Maidstone AC	12.85	
7	569 Abigail Sayer	Thanet AC	12.96	
8	567 Rebekah O'Brien	Tonbridge AC	13.77	

Pole Vault		Final		
No.	Athlete	Club	Perf	
1	611 Lois Warden	Bexley AC	3.25	2.90 xo;3.00 o;3.15 o;3.25 o;3.31 xxx
2	610 Erin Thomas	Bexley AC	2.80	2.60 xo;2.70 xxo;2.80 xo;2.90 xxx
3	607 Eleanor Barrett	Blackheath & Bromley H AC	2.70	2.50 xo;2.60 xo;2.70 xxo;2.80 xxx
4	608 Catherine Davies	Tonbridge AC	2.40	1.95 o;2.10 o;2.20 o;2.30 xxo;2.40 o;2.50 xxx
5	601 Grace Pitman	Ashford AC	2.30	1.95 o;2.10 xxo;2.20 xo;2.30 o;2.40 xxx
6	595 Zoe Austridge	Blackheath & Bromley H AC	2.10	1.80 o;1.95 o;2.10 o;2.20 xxx
7	609 Elise Swatton	Blackheath & Bromley H AC	1.95	1.80 o;1.95 o;2.10 xxx

Shot		Final		
No.	Athlete	Club	Perf	
1	615 Kirsty-Anne Ebbage	Tonbridge AC	10.15	10.15; 9.57; 10.04; 10.03; np; np
2	598 Lauren Farley	Medway and Maidstone AC	9.79	9.24; 9.32; 9.62; 9.79; np; 9.17
3	618 Abigail Stewart	Cambridge Harriers	9.43	9.43; 9.31; 8.89; 9.15; 8.68; 7.77
4	617 Hollie Newman	Medway and Maidstone AC	8.76	8.10; 8.23; 8.24; 8.76; np; 7.82
5	549 Maisie Rixon	Medway and Maidstone AC	8.25	6.97; 6.97; 7.57; 7.01; 7.23; 8.25
6	528 Zara Edeleanu	Medway and Maidstone AC	7.42	7.04; 6.95; 7.21; 6.85; 6.93; 7.42
7	602 Jessica Wood	Thanet AC	7.04	np; 7.04; 6.75
8	616 Lexie Hammon	Swale Combined AC	6.83	6.83; 6.24; 5.54; 6.22; 6.04; 6.07
9	614 Cameron Davison	Swale Combined AC	6.35	5.70; 6.35; 6.19

Discus		Final		
No.	Athlete	Club	Perf	
1	615 Kirsty-Anne Ebbage	Tonbridge AC	30.22	29.10; 23.40; 28.37; nt; 30.22; 28.83
2	570 Anna Blincoe	Cambridge Harriers	21.17	nt; 19.49; nt; nt; 19.12; 21.17
3	620 Amy Willard	Swanley and District AC	18.02	18.02; nt; 15.10; 17.52; nt; 14.40
4	600 Katie Lacey	Folkestone Running Club	16.49	13.62; 15.00; 14.80; 14.59; 14.61; 16.49
5	616 Lexie Hammon	Swale Combined AC	15.95	15.95; 15.30; 14.95; 15.51; 14.99; nt

Hammer		Final		
No.	Athlete	Club	Perf	
1	615 Kirsty-Anne Ebbage	Tonbridge AC	38.41	29.92; 33.72; nt; 37.33; 31.61; 38.41
2	621 Katherine Donnelly	Medway and Maidstone AC	26.90	25.96; 26.90; 22.56; nt; nt; nt
3	614 Cameron Davison	Swale Combined AC	24.04	24.04; nt; 15.95; 18.97; nt; 17.26

**Kent County Championship Results Sunday 15/05/2016**

**Senior Men**

**Disability 100m**

**w/s= 0.0**

No.	Athlete	Club	Perf	
1	14	Conrad Davis T20	Bexley AC	13.87
1	13	Danny Compton T 42	Thanet AC	19.48

**200m**

**Final**

**w/s=-1.6**

No.	Athlete	Club	Perf	
1	6	Daniel Gill	Medway and Maidstone AC	22.76
2	9	Andy Millen	Bexley AC	23.21
3	15	Anthony Bryan	Tonbridge AC	23.26
4	11	Ishmael Smith-John	Blackheath & Bromley H AC	23.52
5	5	Aaron Broderick	Kent AC	24.22
6	14	Conrad Davis	Bexley AC	26.46

**800m**

**Final**

No.	Athlete	Club	Perf	
1	35	Georges Vacharopoulos	Blackheath & Bromley H AC	1:57.57
2	33	Andrejs Safars	Medway and Maidstone AC	2:00.80
3	31	Sam Dowler	Dartford Harriers AC	2:03.67
4	34	Andrew Scoones	Swale Combined AC	2:08.19

**400m Hurdles**

**Final**

No.	Athlete	Club	Perf	
1	23	Jack Green	Kent AC	50.12
2	24	Lewis Heffernan	Medway and Maidstone AC	56.04

CBP

**2000m Steeplechase**

**Final**

No.	Athlete	Club	Perf	
1	37	Thomas Cox	Tonbridge AC	6:11.89
2	60	Michael Ellis	Tonbridge AC	6:24.15
3	44	Tom Collins	Medway and Maidstone AC	6:33.04
4	61	James Griffin	Medway and Maidstone AC	6:34.85
5	31	Sam Dowler	Dartford Harriers AC	6:38.09
6	63	Thomas Muddiman	Kent AC	7:05.15
7	62	Jonathan Hobbs	Ashford AC	7:36.99

**3000m Walk**

**Final**

No.	Athlete	Club	Perf	
1	62	Jonathan Hobbs	Ashford AC	14:02.38

CBP

**High Jump**

**Final**

No.	Athlete	Club	Perf	
1	68	Thomas Howlett	Dartford Harriers AC	1.89
2	67	Mason Doyle	Paddock Wood AC	1.75

1.89 xo;1.92 -;1.95 xxx

1.75 xxo;1.80 xxx

**Long Jump**

**Final**

No.	Athlete	Club	Perf	
1	75	Lawrence Harvey	Trafford AC	6.81
2	73	Jacob Burton	City of Sheffield	6.41
3	72	Samual Bobb	Metropolitan Police AC	6.41
4	76	Alexander Lee	Dartford Harriers AC	5.90
5	58	Paul Slater	Bexley AC	5.87

- 6.53,-; 6.81,-; 6.77,-; nj; nj; 1.50,-

- 6.41,-; nj; nj; 6.36,-; nj

- 5.92,-; 5.81,-; 5.92,-; 6.35,-; 6.41,-; nj

- 5.77,-; nj; 5.67,-; 5.88,-; 5.86,-; 5.90,-

- nj; 5.85,-; 4.09,-; 5.12,-; 5.87,-; 5.67,-

**Triple Jump**

**Final**

No.	Athlete	Club	Perf	
1	75	Lawrence Harvey	Trafford AC	14.50
2	72	Samual Bobb	Metropolitan Police AC	13.80
3	77	Jack Fox	Dartford Harriers AC	12.58
4	58	Paul Slater	Bexley AC	12.36
5	78	Stephen Lake	Ashford AC	11.21

1.3 14.15,0.2; 14.50,1.3; nj; nj; -; nj

1.2 13.64,0.2; 13.60,1.7; 13.80,1.2; 13.32,1.3; -; -

1.4 nj; nj; 12.17,1.3; 12.58,1.4; 12.57,1.1; 12.56,1.0

1.1 11.60,0.7; 11.99,1.2; 11.88,0.1; 12.10,1.4; 12.36,1.1; nj

1.0 11.21,1.0; nj; nj; 11.11,1.2; -; nj

**Javelin**

**Final**

No.	Athlete	Club	Perf	
1	57	Matthew Harris	Ashford AC	53.69
2	80	Michael Farrell	Swale Combined AC	22.05
3	14	Conrad Davis	Bexley AC	21.37

53.69; 50.16; 51.33; 51.11; 51.06; 51.96

21.19; nt; 18.81; 19.67; 22.05; nt

21.37; 17.24; nt; 20.69; 17.62; 18.24

**U20M**

<b>200m</b>		<b>Heat 1</b>		<b>w/s=0.4</b>
No.	Athlete	Club	Perf	
1	156 Maximilian Heavens	Invicta East Kent AC	23.02	
2	146 Joseph Alason	Cambridge Harriers	23.04	
3	168 Ryan Campbell	Dartford Harriers AC	23.31	
4	167 Michael Watson	Medway and Maidstone AC	24.14	
5	161 Lewis Parsons	Thanet AC	24.32	

<b>200m</b>		<b>Heat 2</b>		<b>w/s=1.1</b>
No.	Athlete	Club	Perf	
1	164 Alex Skipp	Blackheath & Bromley H AC	22.9	
2	149 Eghosa Evbosomon	Cambridge Harriers	23.07	
3	165 Lewis Smith	Ashford AC	23.12	
4	155 Max Harbord	Kent AC	23.39	
5	166 Brandon Twycross	Dartford Harriers AC	24.25	

<b>200m</b>		<b>Final</b>		<b>w/s=1.6</b>
No.	Athlete	Club	Perf	
1	164 Alex Skipp	Blackheath & Bromley H AC	22.43	
2	156 Maximilian Heavens	Invicta East Kent AC	22.55	
3	168 Ryan Campbell	Dartford Harriers AC	22.79	
4	149 Eghosa Evbosomon	Cambridge Harriers	22.79	
5	165 Lewis Smith	Ashford AC	23.14	
6	155 Max Harbord	Kent AC	23.29	
	167 Michael Watson	Medway and Maidstone AC	dns	
	146 Joseph Alason	Cambridge Harriers	dns	

<b>800m</b>		<b>Final</b>		
No.	Athlete	Club	Perf	
1	185 Toby Ralph	Tonbridge AC	1:54.35	
2	183 Benjamin Murphy	Tonbridge AC	1:57.30	
3	184 Cameron Payas	Medway and Maidstone AC	1:57.90	
4	186 Max Read	Medway and Maidstone AC	2:04.30	
5	181 Jamie Carley	Invicta East Kent AC	2:07.20	
6	179 Samuel Avis	Tonbridge AC	2:10.34	
7	180 Callum Brooks	Medway and Maidstone AC	2:11.62	

<b>400m Hurdles</b>		<b>Final</b>		
No.	Athlete	Club	Perf	
1	195 Bailey Stickings	Blackheath & Bromley H AC	57.17	
2	193 Cameron Amedee	Ashford AC	57.92	

<b>2000m Steeplechase</b>		<b>Final</b>		
No.	Athlete	Club	Perf	
1	197 Euan Nicholls	Tonbridge AC	6:23.53	
2	196 Marley Godden	Medway and Maidstone AC	7:28.65	

<b>3000m Walk</b>		<b>Final</b>		
No.	Athlete	Club	Perf	
1	209 Cameron Corbishley	Medway & Maidstone	11:53.08	
2	198 Luc Legon	Bexley AC	14:53.17	

CBP

<b>High Jump</b>		<b>Final</b>		
No.	Athlete	Club	Perf	
1	199 Richard Essien	Bexley AC	1.89	
2	201 Ben Stanbury	Cambridge Harriers	1.80	
3	194 Joseph Thurgood	Medway and Maidstone AC	1.70	
4	148 Oliver Cooper	Thanet AC	1.50	
	200 Christopher Everett	Tonbridge AC	nhr	

1.80 o;1.83 -;1.86 xo;1.89 o;1.92 xxx  
 1.65 xo;1.70 o;1.75 xxo;1.80 o;1.83 xxx  
 1.70 o;1.75 xxx  
 1.50 o;1.55 xxx  
 1.65 xxx

<b>Long Jump</b>		<b>Final</b>		
No.	Athlete	Club	Perf	
1	150 Kevin Feyisetan	Dartford Harriers AC	6.01	
2	203 Ashley Buckman	Ashford AC	5.95	
3	148 Oliver Cooper	Thanet AC	5.44	
4	194 Joseph Thurgood	Medway and Maidstone AC	5.41	
5	204 Ryan Davis	Ashford AC	5.28	

- 6.01,-; 6.01,-; 5.98,-; 5.71,-; 5.84,-; 5.86,-  
 - 5.80,-; 5.78,-; nj; 5.95,-; 5.94,-; 5.94,-  
 - 5.44,-; 5.31,-; 5.06,-; 5.24,-; 5.23,-; 5.43,-  
 - 5.17,-; 5.23,-; 5.13,-; 3.72,-; 5.17,-; 5.41,-  
 - nj; 5.03,-; 5.06,-; 5.12,-; 5.00,-; 5.28,-

<b>Triple Jump</b>		<b>Final</b>		
No.	Athlete	Club	Perf	
1	203 Ashley Buckman	Ashford AC	12.72	
2	205 Benjamin Isaac	Ashford AC	12.04	

0.4 12.71,1.2; nj; nj; 12.72,0.4; nj; 12.44,0.4  
 0.2 nj; nj; 11.94,1.1; 12.04,0.2; nj; -

<b>Javelin</b>		<b>Final</b>		
No.	Athlete	Club	Perf	
1	208	Sonny Nash	Medway and Maidstone AC	52.91
2	207	Oliver Hussey	Dartford Harriers AC	43.40
3	147	James Butler	Swale Combined AC	41.75
4	169	Joshua Maiklem	The Judd School	40.49
5	163	Barnaby Skinner	Tonbridge AC	38.75

49.75; 45.83; 48.78; 51.63; 50.53; 52.91  
 43.40; 43.11; 42.40; 41.60; 40.27; 40.12  
 41.75; 40.75; 38.40; 40.67; 39.20; nt  
 40.49; 37.74; 31.95; 39.22; 35.62; 39.97  
 38.75; 34.32; 32.55; 30.68; 36.12; 32.60

<b>U17M</b>				
<b>Disability 100m</b>		<b>w/s= 0.0</b>		
No.	Athlete	Club	Perf	
1	280	Sebastian Brooks T20	Tonbridge AC	15.82

<b>200m</b>		<b>Final</b>		<b>w/s=0.0</b>
No.	Athlete	Club	Perf	
1	269	Matthew Knight	Blackheath & Bromley H AC	22.75
2	264	Ethan Brown	Dartford Harriers AC	22.99
3	270	Rory Kuypers	Medway and Maidstone AC	23.33
4	274	Justin Oludemi	Dartford Harriers AC	23.59
5	267	Nathan Isaac	Medway and Maidstone AC	23.95
6	275	Harry Pitman	Ashford AC	24.04
7	265	Konrad Farrall	Thanet AC	25.60
8	268	Emmanuel Jackson	Cambridge Harriers	25.73

<b>800m</b>		<b>Heat 1</b>		
No.	Athlete	Club	Perf	
1	290	Simon Coppard	Tonbridge AC	2:04.61
2	288	Reegan Archer	Medway and Maidstone AC	2:04.76
3	292	Jacques Cunningham-Marsh	Medway and Maidstone AC	2:05.10
4	289	Harry Brown	Tonbridge AC	2:05.25
5	302	Joseph Whitby	Invicta East Kent AC	2:07.93
6	298	Oliver Prior	Ashford AC	2:12.95
7	295	Samuel Hallett	Medway and Maidstone AC	2:26.96

Q  
Q  
Q  
q

<b>800m</b>		<b>Heat 2</b>		
No.	Athlete	Club	Perf	
1	296	Angus Harrington	Blackheath & Bromley H AC	2:03.88
2	299	Lucas Taylor-Costin	Dartford Harriers AC	2:03.97
3	286	Cameron Roberts	Tonbridge AC	2:04.66
4	294	Cole Gibbens	Invicta East Kent AC	2:05.07
5	297	Reece Miles	Cambridge Harriers	2:06.93
6	300	Charlie Tomkins	Dartford Harriers AC	2:10.92
7	293	Carl Eldred	Medway and Maidstone AC	2:17.21

Q  
Q  
Q  
q

<b>800m</b>		<b>Final</b>		
No.	Athlete	Club	Perf	
1	290	Simon Coppard	Tonbridge AC	2:01.35
2	288	Reegan Archer	Medway and Maidstone AC	2:01.89
3	292	Jacques Cunningham-Marsh	Medway and Maidstone AC	2:02.13
4	296	Angus Harrington	Blackheath & Bromley H AC	2:02.45
5	289	Harry Brown	Tonbridge AC	2:05.41
6	299	Lucas Taylor-Costin	Dartford Harriers AC	2:05.52
7	294	Cole Gibbens	Invicta East Kent AC	2:08.47
8	286	Cameron Roberts	Tonbridge AC	2:12.57

<b>400m Hurdles</b>		<b>Final</b>		
No.	Athlete	Club	Perf	
1	320	Isaac Milham	Medway and Maidstone AC	58.51
2	318	George Blake	Medway and Maidstone AC	59.51
3	319	Coleman Corry	Blackheath & Bromley H AC	59.61

<b>1500m Steeplechase</b>		<b>Final</b>		
No.	Athlete	Club	Perf	
1	321	Samuel Crick	Tonbridge AC	4:22.32

<b>3000m Walk</b>		<b>Final</b>		
No.	Athlete	Club	Perf	
1	314	Marshall Smith	Ashford AC	15:49.72

<b>Pole Vault</b>		<b>Final</b>		
No.	Athlete	Club	Perf	
1	325	George Maher	Ashford AC	3.40
2	285	George Pope	Blackheath & Bromley H AC	3.15
3	326	Frankie Scrivener	Blackheath & Bromley H AC	3.00

3.30 xxo;3.40 xo;3.50 xxx  
 2.60 o;2.70 o;2.80 xo;2.90 o;3.00 xo;3.10 xo;3.15 o;3.20 xxx  
 2.60 o;2.70 o;2.80 o;2.90 o;3.00 o;3.10 xxx

Shot		Final		
No.	Athlete	Club	Perf	
1	333	Alfie Scopes	Tonbridge AC	15.25
2	332	Jack Royden	Medway and Maidstone AC	13.29
3	331	James O'Gorman	Paddock Wood AC	9.08
4	271	Khuwayne Linton	S Factor Academy	8.79

14.67; np; 14.60; np; 15.01; 15.25  
12.35; np; np; 12.51; 13.09; 13.29  
9.08; 8.44; 8.73; 8.75; 8.85; 8.62  
8.21; 8.65; 8.79; 7.92; np; 8.63

Discus		Final		
No.	Athlete	Club	Perf	
1	333	Alfie Scopes	Tonbridge AC	52.54
2	331	James O'Gorman	Paddock Wood AC	32.61
3	336	Nathan Sureshkumar	Blackheath & Bromley H AC	32.12

46.34; 51.97; nt; 50.44; 52.54; nt  
32.28; nt; 32.61; 31.77; 32.22; nt  
31.92; 28.87; nt; 30.33; 32.03; 32.12

Hammer		Final		
No.	Athlete	Club	Perf	
1	337	Kian Crawford	Ashford AC	37.66

33.43; nt; 31.34; 34.51; 36.08; 37.66

### U15B

200m		Final		w/s=-1.0
No.	Athlete	Club	Perf	
1	440	Ernest Lake	Tonbridge AC	24.89
2	456	Myles Xavier	Blackheath & Bromley H AC	25.00
3	442	Kyron Morgan	Blackheath & Bromley H AC	25.18
4	432	Anton Bachorski	Tonbridge AC	25.34
5	452	Kareem Waithe	Cambridge Harriers	25.71
6	454	Luke Williams	Invicta East Kent AC	26.19

800m		Heat 1		
No.	Athlete	Club	Perf	
1	484	Robert Suckling	Blackheath & Bromley H AC	2:16.24
2	481	Matthew Stonier	Invicta East Kent AC	2:16.96
3	464	Ewan Wood	Tonbridge AC	2:17.83
4	467	James Crawley	Tonbridge AC	2:19.94
5	473	Daniel McGlynn	Medway and Maidstone AC	2:23.86
6	483	Luke Stringer	Medway and Maidstone AC	2:28.07

Q  
Q  
q

800m		Heat 2		
No.	Athlete	Club	Perf	
1	472	Jack Higgins	Bexley AC	2:14.85
2	480	Bashiri Ryan	Medway and Maidstone AC	2:16.12
3	477	Oscar Parrick	Invicta East Kent AC	2:16.78
4	476	Joshua O'Brien	Tonbridge AC	2:26.35
5	479	Joe Pullman	Tonbridge AC	2:27.38
6	475	Sam Newson	Invicta East Kent AC	2:31.44
	485	Cameron Swatton	Blackheath & Bromley H AC	dns

Q  
Q  
q

800m		Heat 3		
No.	Athlete	Club	Perf	
1	470	Rowan Fuss	Blackheath & Bromley H AC	2:14.90
2	465	Benjamin Blake	Medway and Maidstone AC	2:16.16
3	482	Ronnie Stowell	Bexley AC	2:18.79
4	468	Alexander Donnelly	Medway and Maidstone AC	2:24.33
5	478	Reece Perkins	Medway and Maidstone AC	2:25.04
6	474	Benjamin McNally	Dartford Harriers AC	2:26.79
7	466	Matthew Crane	Bexley AC	2:26.89

Q  
Q

800m		Final		
No.	Athlete	Club	Perf	
1	484	Robert Suckling	Blackheath & Bromley H AC	2:11.51
2	472	Jack Higgins	Bexley AC	2:13.14
3	470	Rowan Fuss	Blackheath & Bromley H AC	2:14.41
4	465	Benjamin Blake	Medway and Maidstone AC	2:16.43
5	480	Bashiri Ryan	Medway and Maidstone AC	2:18.94
6	464	Ewan Wood	Tonbridge AC	2:19.93
	481	Matthew Stonier	Invicta East Kent AC	disq
	477	Oscar Parrick	Invicta East Kent AC	dnf

3000m Walk		Final		
No.	Athlete	Club	Perf	
1	502	Jack Childs	Medway and Maidstone AC	16:51.14
2	466	Matthew Crane	Bexley AC	19:34.42

Pole Vault		Final		
No.	Athlete	Club	Perf	
1	503	Pedro Gleadall	Blackheath & Bromley H AC	3.10
2	458	Felix Brooks	Tonbridge AC	2.50
3	501	Daniel Smith	Tonbridge AC	2.40
4	504	Samuel Baker	Cambridge Harriers	2.20
5	505	Ethan Kitteridge	Blackheath & Bromley H AC	2.10

2.60 o;2.70 o;2.80 xo;2.90 o;3.00 o;3.10 xo;3.15 xxx  
2.10 o;2.20 o;2.30 o;2.40 o;2.50 o;2.60 xxx  
2.30 o;2.40 xxo;2.50 xxx  
2.00 o;2.10 o;2.20 o;2.30 xxx  
2.00 xo;2.10 o;2.20 xxx

Shot		Final		
No.	Athlete	Club	Perf	
1	509	Michael Burfoot	Blackheath & Bromley H AC	11.30
2	513	Christopher Scrivens	Ashford AC	11.04
3	510	Arjun Ghosh	Tonbridge AC	10.72
4	511	Freddie Marshall	Tonbridge AC	10.25
5	503	Pedro Gleadall	Blackheath & Bromley H AC	9.66
6	512	Luke Mellor	Invicta East Kent AC	8.45

10.44; 10.73; 10.81; 11.19; 10.85; 11.30  
 10.18; 11.04; 10.68; 10.87; 10.79; np  
 9.81; 10.27; 10.72; np; np; np  
 np; 10.25; 9.54; 8.69; 8.91; 9.25  
 9.07; 9.00; 9.66; 9.30; 8.53; 9.02  
 8.29; 8.34; 8.31; 8.27; 8.45; 8.29

Discus		Final		
No.	Athlete	Club	Perf	
1	510	Arjun Ghosh	Tonbridge AC	34.24
2	509	Michael Burfoot	Blackheath & Bromley H AC	32.87
3	513	Christopher Scrivens	Ashford AC	29.79
4	512	Luke Mellor	Invicta East Kent AC	22.14

31.81; 27.98; 34.24; 30.76; 33.89; 30.41  
 30.36; 29.84; 32.11; 31.58; 32.73; 32.87  
 29.37; 27.37; nt; nt; nt; 29.79  
 19.14; nt; 20.43; 22.14; 21.11; 20.86

Hammer		Final		
No.	Athlete	Club	Perf	
1	513	Christopher Scrivens	Ashford AC	38.64
2	515	Rotimi Adewale	Dartford Grammar School	36.44
3	510	Arjun Ghosh	Tonbridge AC	25.04
4	516	Jordan Oludemi	Dartford Harriers AC	22.49

nt; nt; 31.92; nt; 38.64; nt  
 36.04; nt; 36.44; nt; nt; nt  
 24.53; 23.87; 22.93; 19.37; nt; 25.04  
 nt; 22.49; 19.85; 17.81; 19.25; nt

Senior Women		Final		
100m		w/s=1.6		
No.	Athlete	Club	Perf	
1	101	Hannah Sutton	Dartford Harriers AC	12.86
2	99	Emma Giles	Medway and Maidstone AC	12.92
3	97	Claire Capon	Dartford Harriers AC	12.94
4	96	Simone Baxter	Tonbridge AC	13.20

400m		Final		
No.	Athlete	Club	Perf	
1	103	Jodie Leslie	Bedford & County AC	54.64
2	105	Kathryn Sutton	Dartford Harriers AC	55.87
3	102	Samantha Brown	Dartford Harriers AC	57.84

1500m		Final		
No.	Athlete	Club	Perf	
1	112	Ashley Gibson	Tonbridge AC	4:34.45
2	111	Isabel Bradley	Kent AC	4:55.75
3	114	Lucy Marlow	Cambridge Harriers	5:01.50
4	108	Rebecca Wilby	Dartford Harriers AC	5:10.27
5	113	Kim Howes	Swale Combined AC	5:51.88

100m Hurdles		Final		
No.	Athlete	Club	Perf	
1	96	Simone Baxter	Tonbridge AC	16.29
2	97	Claire Capon	Dartford Harriers AC	16.37
3	123	Bobbie Cornelius	Swale Combined AC	21.49

3000m Walk		Final		
No.	Athlete	Club	Perf	
1	125	Geraldine Legon	Bexley AC	20:21.80

Pole Vault		Final		
No.	Athlete	Club	Perf	
1	129	Jacqueline Montgomery	Blackheath & Bromley H AC	2.60

2.40 xo;2.50 xxo;2.60 xxo;2.70 xxx

Shot		Final		
No.	Athlete	Club	Perf	
1	132	Lucy Underdown	Shaftesbury Barnet Harriers	12.74
2	130	Nicola Gregory	Bexley AC	8.59
3	131	Christine Lynch	Swale Combined AC	5.02

12.74; 12.54; np; np; np; np  
 8.11; 8.58; 8.14; 8.25; 8.23; 8.59  
 4.81; 4.61; 4.75; 4.92; 5.02; 4.84

Discus		Final		
No.	Athlete	Club	Perf	
1	132	Lucy Underdown	Shaftesbury Barnet Harriers	44.27
2	134	Jennifer Stevens (U20W)	Tonbridge AC	34.89
3	130	Nicola Gregory	Bexley AC	30.14
4	133	Kayleigh Saward	Dartford Harriers AC	18.09
5	131	Christine Lynch	Swale Combined AC	13.98

44.17; 44.27; 43.49; nt; nt; 43.15  
 34.89; 33.22; 31.29; nt; 34.80; 31.15  
 30.14; 28.36; 27.38; 28.90; 30.01; 26.66  
 18.09; 17.56; 17.15; 17.11; 15.26; 16.42  
 13.98; 13.18; 12.63; 13.73; 11.84; 13.72

<b>Hammer</b>		<b>Final</b>	
No.	Athlete	Club	Perf
1	136 Donna Kent	Bexley AC	41.77
2	137 Hannah Owen (U20W)	Ashford AC	40.25
3	97 Claire Capon	Dartford Harriers AC	37.90
4	134 Jennifer Stevens (U20W)	Tonbridge AC	35.80
5	135 Jodie Dunford	Bexley AC	23.20
6	131 Christine Lynch	Swale Combined AC	14.27

41.41; 37.37; 38.74; nt; 41.77; 39.77  
 37.28; 40.25; 35.88; nt; -; 33.95  
 35.80; 35.33; nt; 36.78; 37.88; 37.90  
 35.80; 33.64; 34.80; 32.06; nt; 32.49  
 22.40; 23.20; 20.40; 19.62; 19.27; 18.75  
 14.27; 14.15; 14.21; 13.28; 12.45; 13.08

<b>U20W</b>		<b>Final</b>		<b>w/s=-0.7</b>	
<b>100m</b>		No.	Athlete	Club	Perf
1	212 Parris Johnson			Blackheath & Bromley H AC	12.47
2	213 Darcey Kuypers			Medway and Maidstone AC	12.62
3	214 Isio Orogun			Blackheath & Bromley H AC	12.92
4	216 Jazmin Salter			Medway and Maidstone AC	13.13
5	215 Mia Rodney			Cambridge Harriers	13.28

<b>400m</b>		<b>Final</b>	
No.	Athlete	Club	Perf
1	222 Rebecca O'Hara	Tonbridge AC	57.30
2	219 Harriet Day	Medway and Maidstone AC	60.06
3	221 Bonnie Maugey	Dartford Harriers AC	65.20
4	218 Lucy Daniel	Cambridge Harriers	65.38
5	220 Molly Hawkins	Cambridge Harriers	67.49
6	223 Katie Scoones	Swale Combined AC	73.96

<b>1500m</b>		<b>Final</b>	
No.	Athlete	Club	Perf
1	224 Niamh Bridson-Hubbard	Blackheath & Bromley H AC	4:31.07
2	228 Jessica Keene	Blackheath & Bromley H AC	4:47.91
3	231 Anna Weston	Invicta East Kent AC	5:04.10

<b>100m Hurdles</b>		<b>Final</b>		<b>w/s=0.3</b>
No.	Athlete	Club	Perf	
1	234 Joanne Ware	Tonbridge AC	15.93	
2	233 Laura Baliman	Tonbridge AC	17.21	

<b>3000m Walk</b>		<b>Final</b>	
No.	Athlete	Club	Perf
1	238 Sophie Lewis Ward	Cambridge Harriers	14:54.69

CBP

<b>Pole Vault</b>		<b>Final</b>	
No.	Athlete	Club	Perf
1	241 Una Laqueretabua	Tonbridge AC	2.90
2	240 Sian Keegan	Medway and Maidstone AC	2.50

2.60 o;2.70 o;2.80 o;2.90 xo;3.00 xxx  
 2.20 xxo;2.30 xo;2.40 xo;2.50 xo;2.60 xxx

<b>Shot</b>		<b>Final</b>	
No.	Athlete	Club	Perf
1	247 Divine Oladipo	Blackheath & Bromley H AC	13.70
2	248 Anika Olalere	Cambridge Harriers	10.17
3	137 Hannah Owen	Ashford AC	9.39
4	249 Chloe Williams	Thanet AC	7.09
5	246 Rebecca Cock	Ashford AC	6.34
6	223 Katie Scoones	Swale Combined AC	6.33

13.25; 13.70; 13.45; 13.02; 13.56; np  
 10.17; 9.81; 9.54; np; 8.44; 9.09  
 8.32; 9.17; 9.26; 9.23; 8.35; 9.39  
 6.85; 6.44; 6.77; 7.09; 6.79; 6.86  
 6.34; 6.32; 6.26; 6.02; 5.74; 5.79  
 6.24; 6.33; np; 6.19; 5.99; 6.04

<b>Discus</b>		<b>Final</b>	
No.	Athlete	Club	Perf
1	247 Divine Oladipo	Blackheath & Bromley H AC	47.01
2	250 Anna Barnett	Blackheath & Bromley H AC	33.55
3	134 Jennifer Stevens	Tonbridge AC	33.20
4	246 Rebecca Cock	Ashford AC	24.37
5	249 Chloe Williams	Thanet AC	20.50

32.33; 39.70; 43.36; 47.01; 43.63; 44.84  
 33.55; 32.44; 33.36; 32.19; 31.08; 33.36  
 33.20; 32.72; nt; 32.74; 32.47; 32.81  
 nt; 24.37; 23.57; 23.89; 24.34; 23.57  
 15.39; 17.01; 18.48; 18.77; 16.35; 20.50

<b>Hammer</b>		<b>Final</b>	
No.	Athlete	Club	Perf
1	137 Hannah Owen	Ashford AC	38.49
2	134 Jennifer Stevens	Tonbridge AC	33.60
3	251 Sophie Fenner	Cambridge Harriers	26.59
4	249 Chloe Williams	Thanet AC	18.70

38.14; 38.49; 35.19; 35.74; 34.88; nt  
 32.19; nt; 33.60; nt; nt; nt  
 23.99; nt; 25.11; nt; nt; 26.59  
 nt; 18.05; nt; 17.99; 16.93; 18.70



**U17W****100m****Heat 1****w/s=0.8**

No.	Athlete	Club	Perf
1	346 Vera Chinedu	Cambridge Harriers	12.37
2	356 Katie Woolcott	Blackheath & Bromley H AC	12.85
3	343 Mhairi Brooks	Blackheath & Bromley H AC	12.99
4	357 Emily Worsfold	Cambridge Harriers	13.29
5	349 Taiwo Eyiowuawi	Bexley AC	13.30
6	350 Sophia Harper	Blackheath & Bromley H AC	13.79
7	348 Gabrielle Dalsan	Blackheath & Bromley H AC	13.80

Q  
Q  
Q  
q  
q**100m****Heat 2****w/s=-0.5**

No.	Athlete	Club	Perf
1	341 Immanuela Aliu	Blackheath & Bromley H AC	12.23
2	347 Magda Cienciala	Blackheath & Bromley H AC	12.66
3	354 Asha Root	Tonbridge AC	13.07
4	345 Eleanor Callaghan-Inge	Medway and Maidstone AC	13.38
5	351 Lucy Hope	Medway and Maidstone AC	13.74
6	352 Nejma Nassman	Tonbridge AC	13.86
7	344 Keeley Burdge	Swale Combined AC	14.70

Q  
Q  
Q**100m****Final****w/s=0.9**

No.	Athlete	Club	Perf
1	341 Immanuela Aliu	Blackheath & Bromley H AC	12.02
2	347 Magda Cienciala	Blackheath & Bromley H AC	12.52
3	356 Katie Woolcott	Blackheath & Bromley H AC	12.92
4	343 Mhairi Brooks	Blackheath & Bromley H AC	13.02
5	349 Taiwo Eyiowuawi	Bexley AC	13.12
6	357 Emily Worsfold	Cambridge Harriers	13.39
	346 Vera Chinedu	Cambridge Harriers	dnf
	354 Asha Root	Tonbridge AC	dns

**Disability 100m****w/s=0.0**

No.	Athlete	Club	Perf
1	358 Faye Olszowka T20	Bexley AC	13.92

**300m****Heat 1**

No.	Athlete	Club	Perf
1	360 Louise Evans	Invicta East Kent AC	41.89
2	354 Asha Root	Tonbridge AC	42.86
3	370 Jade Fitt	Cambridge Harriers	43.28
4	358 Faye Olszowka (T20)	Bexley AC	45.21
5	371 Cary Kwaramba-Downs	Dartford Harriers AC	47.30

Q  
Q  
Q  
q**300m****Heat 2**

No.	Athlete	Club	Perf
1	367 Kehinde Eyiowuawi	Bexley AC	42.23
2	362 Monay Thomas	Cambridge Harriers	45.07
3	365 Katie Bennett	Bexley AC	45.41
4	373 Harriet Wilder	Medway and Maidstone AC	45.74
5	366 Jessica Carley	Invicta East Kent AC	49.17
6	368 Jasmine Fairman	Dartford Harriers AC	51.62

Q  
Q  
Q  
q**300m****Final**

No.	Athlete	Club	Perf
1	360 Louise Evans	Invicta East Kent AC	41.28
2	354 Asha Root	Tonbridge AC	41.68
3	367 Kehinde Eyiowuawi	Bexley AC	42.10
4	370 Jade Fitt	Cambridge Harriers	42.11
5	362 Monay Thomas	Cambridge Harriers	45.91
6	365 Katie Bennett	Bexley AC	46.01
7	373 Harriet Wilder	Medway and Maidstone AC	47.54
	358 Faye Olszowka (T20)	Bexley AC	dns

**1500m****Final**

No.	Athlete	Club	Perf
1	382 Chloe Sharp	Dartford Harriers AC	4:31.78
2	387 Phoebe Barker	Tonbridge AC	4:35.28
3	385 Lola Wheeler	Medway and Maidstone AC	4:49.24
4	378 Kelsi Cornish	Blackheath & Bromley H AC	4:50.22
5	392 Clara Tyler	Tonbridge AC	4:57.04
6	383 Millie Smith	Blackheath & Bromley H AC	4:59.01
7	380 Annabel Field	Dartford Harriers AC	4:59.97
8	390 Amy Leach	Blackheath & Bromley H AC	5:01.58
9	386 Genevieve Allan	Blackheath & Bromley H AC	5:04.29
10	391 Alice Mount	Invicta East Kent AC	5:15.55

80m Hurdles		Final		w/s=0.0
No.	Athlete	Club	Perf	
1	363	Ashleigh West	Medway and Maidstone AC	12.45
2	395	Rachael Gilby	Tonbridge AC	12.52
3	397	Alexandra Prickett	Ashford AC	12.97
4	361	Emily Higham	Invicta East Kent AC	13.60
5	393	Alice English	Swale Combined AC	14.22
6	344	Keeley Burdge	Swale Combined AC	15.45

3000m Walk		Final		
No.	Athlete	Club	Perf	
1	404	Evelyn Butcher	Cambridge Harriers	16:50.76
2	403	Jacqueline Benson	Ashford AC	19:18.52

High Jump		Final		
No.	Athlete	Club	Perf	
1	405	Rebecca Hawkins	Bexley AC	1.63
2	363	Ashleigh West	Medway and Maidstone AC	1.60
3	407	Jade Oni	Medway and Maidstone AC	1.55
4	406	Angel Nwoha	Cambridge Harriers	1.35

1.55 o;1.60 o;1.63 o;1.68 xxx  
 1.50 o;1.55 o;1.60 xo;1.63 xxx  
 1.50 o;1.55 xxo;1.60 xxx  
 1.35 xo;1.40 xxx

Long Jump		Final		
No.	Athlete	Club	Perf	
1	412	Eloise Harvey	Dartford Harriers AC	4.99
2	395	Rachael Gilby	Tonbridge AC	4.93
3	411	Jasmine Anderson	Dartford Harriers AC	4.54
4	410	Frinee Akuma	Bexley AC	4.54
5	393	Alice English	Swale Combined AC	4.49
6	361	Emily Higham	Invicta East Kent AC	4.49
7	350	Sophia Harper	Blackheath & Bromley H AC	4.40
8	394	Emily Giardina	Thanet AC	4.28
9	406	Angel Nwoha	Cambridge Harriers	4.17
10	351	Lucy Hope	Medway and Maidstone AC	3.85
11	399	Georgiana Crawley	Tonbridge AC	3.74

- 4.64,-; nj; 4.92,-; 4.99,-; nj  
 - 4.70,-; 4.79,-; nj; 4.93,-; nj; 4.72,-  
 - 4.23,-; 4.43,-; nj; 4.54,-; 4.53,-; 4.27,-  
 - 4.54,-; 4.40,-; 4.44,-; 4.27,-; 4.42,-; 4.40,-  
 - 4.49,-; 4.38,-; 4.28,-; 4.12,-; 4.46,-; 4.11,-  
 - 4.34,-; nj; 4.44,-; nj; 4.49,-  
 - 4.38,-; 4.30,-; 4.32,-; 4.28,-; 4.40,-; 4.40,-  
 - 4.28,-; nj; nj; 2.21,-; nj; 3.51,-  
 - 3.95,-; 4.17,-; 4.11,-  
 - 3.85,-; 2.65,-; 1.39,-  
 - 3.74,-; 3.74,-; 3.66,-

Triple Jump		Final		
No.	Athlete	Club	Perf	
1	412	Eloise Harvey	Dartford Harriers AC	11.17
2	416	Karina Harris	Blackheath & Bromley H AC	10.90
3	415	Nicole Farmer	Blackheath & Bromley H AC	10.38
4	411	Jasmine Anderson	Dartford Harriers AC	9.79
5	414	Lauren Campbell	Dartford Harriers AC	9.65
6	352	Nejma Nassman	Tonbridge AC	9.36

- 10.35,-; 10.96,-; 10.52,-; 11.17,-; 10.85,-; nj  
 - 10.27,-; 10.31,-; 10.69,-; 10.90,-; 10.75,-; 10.72,-  
 - 9.93,-; 10.22,-; nj; 9.92,-; 10.38,-; nj  
 - 9.62,-; 9.74,-; 9.78,-; 9.73,-; 9.79,-; 9.66,-  
 - 9.62,-; 9.46,-; 9.46,-; 9.65,-; nj; nj  
 - 7.48,-; nj; 7.44,-; 9.36,-; 8.93,-; 8.77,-

Javelin		Final		
No.	Athlete	Club	Perf	
1	418	Eloise Locke	Blackheath & Bromley H AC	44.08
2	424	Paige Macheath	Cambridge Harriers	39.66
3	423	Emilie Knights-Toomer	Ashford AC	36.09
4	425	Katie Masters	Swale Combined AC	27.18
5	394	Emily Giardina	Thanet AC	25.88
6	421	Megan Williams	Thanet AC	21.35
7	363	Ashleigh West	Medway and Maidstone AC	15.89

CBP  
 42.67; 44.08; 42.27; 42.46; 39.66; 37.35  
 35.91; 29.60; 37.21; 35.17; 39.66; 35.76  
 -; 36.09; 35.41; nt; 32.81; 35.74  
 26.24; 25.45; nt; 22.75; 27.18; 24.87  
 23.43; 23.96; 22.76; nt; 25.88; 23.17  
 -; -; 18.97; 19.60; 19.41; 21.35  
 -; nt; nt; nt; 15.89; nt

U15G		Heat 1		w/s=0.2
100m				
No.	Athlete	Club	Perf	
1	524	Shiann Brock-Walters	Cambridge Harriers	12.78
2	554	Renay Thomas	Cambridge Harriers	13.30
3	525	Katia Cienciala	Blackheath & Bromley H AC	13.36
4	540	Chloe Morford	Dartford Harriers AC	13.62
5	551	Hannah Scrivens	Invicta East Kent AC	13.95
6	547	Sally Palmer	Tonbridge AC	14.27
7	537	Lauren Macey	Invicta East Kent AC	14.33

Q  
 Q  
 Q  
 q

100m		Heat 2		w/s=0.8
No.	Athlete	Club	Perf	
1	550	Mary Schouvaloff	Cambridge Harriers	13.34
2	542	Holly Mpassy	Blackheath & Bromley H AC	13.42
3	528	Zara Edeleanu	Medway and Maidstone AC	13.73
4	546	Rahmat Ottun	Blackheath & Bromley H AC	13.93
5	552	Carys Shipton	Thanet AC	14.31
6	535	Sasha Kelly	Tonbridge AC	14.39
	536	Connie Lamplugh	Medway and Maidstone AC	dns

Q  
 Q  
 Q

100m		Heat 3		w/s=0.8	
No.	Athlete	Club	Perf		
1	549	Maisie Rixon	Medway and Maidstone AC	13.50	Q
2	543	Nika Najjar	Medway and Maidstone AC	13.51	Q
3	526	Chanelle Cole	Dartford Harriers AC	13.71	Q
4	548	Sofia Podesta	Cambridge Harriers	13.75	q
5	545	Esther Oniwinde	Blackheath & Bromley H AC	14.07	
6	521	Lani Bakewell	Blackheath & Bromley H AC	14.26	
7	523	Katrina Booth	Thanet AC	14.98	

100m		Heat 4		w/s=0.8	
No.	Athlete	Club	Perf		
1	556	Kaliyah Young	Medway and Maidstone AC	13.43	Q
2	541	Erin Moses	Thanet AC	13.48	Q
3	532	Esther Jackson	Cambridge Harriers	13.58	Q
4	538	Zoe Martial	Blackheath & Bromley H AC	13.63	q
5	544	Djamilla Nkereuwem	Invicta East Kent AC	13.65	q
6	522	Madeleine Bonner	Blackheath & Bromley H AC	14.08	
7	555	Abigail Walters	Medway and Maidstone AC	14.15	
8	530	Skye Ferris	Blackheath & Bromley H AC	15.60	

100m		S/F 1		w/s=0.9	
No.	Athlete	Club	Perf		
1	550	Mary Schouvaloff	Cambridge Harriers	13.30	Q
2	532	Esther Jackson	Cambridge Harriers	13.41	Q
3	542	Holly Mpassy	Blackheath & Bromley H AC	13.48	Q
4	556	Kaliyah Young	Medway and Maidstone AC	13.49	Q
5	544	Djamilla Nkereuwem	Invicta East Kent AC	13.61	
6	541	Erin Moses	Thanet AC	13.78	
7	526	Chanelle Cole	Dartford Harriers AC	13.84	
8	538	Zoe Martial	Blackheath & Bromley H AC	13.85	

100m		S/F 2		w/s=1.6	
No.	Athlete	Club	Perf		
1	524	Shiann Brock-Walters	Cambridge Harriers	12.92	Q
2	554	Renay Thomas	Cambridge Harriers	13.11	Q
3	540	Chloe Morford	Dartford Harriers AC	13.26	Q
4	549	Maisie Rixon	Medway and Maidstone AC	13.33	Q
5	525	Katia Cienciala	Blackheath & Bromley H AC	13.46	
6	543	Nika Najjar	Medway and Maidstone AC	13.46	
7	548	Sofia Podesta	Cambridge Harriers	13.87	
8	528	Zara Edeleanu	Medway and Maidstone AC	14.19	

100m		Final		w/s=1.7	
No.	Athlete	Club	Perf		
1	524	Shiann Brock-Walters	Cambridge Harriers	12.66	
2	550	Mary Schouvaloff	Cambridge Harriers	12.92	
3	540	Chloe Morford	Dartford Harriers AC	13.08	
4	532	Esther Jackson	Cambridge Harriers	13.18	
5	554	Renay Thomas	Cambridge Harriers	13.19	
6	542	Holly Mpassy	Blackheath & Bromley H AC	13.23	
7	549	Maisie Rixon	Medway and Maidstone AC	13.26	
8	556	Kaliyah Young	Medway and Maidstone AC	13.49	

300m		Heat 1			
No.	Athlete	Club	Perf		
1	558	Mia Hillyard	Thanet AC	45.06	Q
2	566	Isabel Lloyd	Medway and Maidstone AC	45.31	Q
3	564	Lauren Goddard	Blackheath & Bromley H AC	46.01	Q
4	569	Abigail Sayer	Thanet AC	48.45	q
5	562	Kendaa Cameron-Chavannes	Blackheath & Bromley H AC	49.55	

300m		Heat 2			
No.	Athlete	Club	Perf		
1	568	Jessica O'Hara	Tonbridge AC	43.64	Q
2	541	Erin Moses	Thanet AC	44.19	Q
3	567	Rebekah O'Brien	Tonbridge AC	44.56	Q
4	565	Rebecca Hales	Thanet Roadrunners AC	48.16	q

300m		Final			
No.	Athlete	Club	Perf		
1	568	Jessica O'Hara	Tonbridge AC	43.24	
2	558	Mia Hillyard	Thanet AC	43.64	
3	541	Erin Moses	Thanet AC	43.69	
4	567	Rebekah O'Brien	Tonbridge AC	43.81	
5	564	Lauren Goddard	Blackheath & Bromley H AC	45.32	
6	566	Isabel Lloyd	Medway and Maidstone AC	45.78	
7	569	Abigail Sayer	Thanet AC	47.98	
8	565	Rebecca Hales	Thanet Roadrunners AC	49.39	

1500m		Final		
No.	Athlete	Club	Perf	
1	576	Alexandra Millard	Invicta East Kent AC	4:52.57
2	582	Morgan Squibb	Blackheath & Bromley H AC	4:53.88
3	589	Katie Goodge	Tonbridge AC	4:55.73
4	592	Jessica Neal	Blackheath & Bromley H AC	4:58.50
5	594	Charlotte Young	Medway and Maidstone AC	5:11.10
6	591	Vita Milana	Tonbridge AC	5:15.55
7	574	Louise Flynn	Invicta East Kent AC	5:19.33
8	578	Brooke O'Hare	Thanet Roadrunners AC	5:23.23
9	573	Camille Cerely	Dartford Harriers AC	5:25.54
10	593	Stephanie Puxty	Tonbridge AC	5:25.70
11	586	Rosanna Allan	Blackheath & Bromley H AC	5:27.17
	588	Emily Davis	Blackheath & Bromley H AC	5:36.60
13	579	Bethany Panton	Dartford Harriers AC	5:37.82

3000m Walk		Final		
No.	Athlete	Club	Perf	
1	603	Beatrice Fury	Medway and Maidstone AC	18:10.99
2	571	Isabelle Bridge	Blackheath & Bromley H AC	18:23.94

High Jump		Final		
No.	Athlete	Club	Perf	
1	597	Jade Curtis	Ashford AC	1.50
1	567	Rebekah O'Brien	Tonbridge AC	1.50
3	605	Alice Prentice	Blackheath & Bromley H AC	1.50
4	556	Kaliyah Young	Medway and Maidstone AC	1.50
5	598	Lauren Farley	Medway and Maidstone AC	1.45
6	549	Maisie Rixon	Medway and Maidstone AC	1.40
7	555	Abigail Walters	Medway and Maidstone AC	1.35
8	593	Stephanie Puxty	Tonbridge AC	1.35
9	535	Sasha Kelly	Tonbridge AC	1.35
10	604	Ayanna Henry	Cambridge Harriers	1.30

1.45 o;1.50 o;1.55 xxx  
1.40 o;1.45 o;1.50 o;1.55 xxx  
1.35 o;1.40 xo;1.45 o;1.50 xo;1.55 xxx  
1.35 o;1.40 o;1.45 o;1.50 xxo;1.55 xxx  
1.35 o;1.40 o;1.45 o;1.50 xo;1.55 xxx  
1.25 o;1.30 o;1.35 xo;1.40 o;1.45 xxx  
1.20 o;1.25 o;1.30 o;1.35 xo;1.40 xxx  
1.25 xo;1.30 o;1.35 xo;1.40 xxx  
1.25 xo;1.30 o;1.35 xxo;1.40 xxx  
1.25 o;1.30 xxo;1.35 xxx

Long Jump		Final		
No.	Athlete	Club	Perf	
1	553	Mayong Tabe	Medway and Maidstone AC	5.48
2	598	Lauren Farley	Medway and Maidstone AC	4.98
3	597	Jade Curtis	Ashford AC	4.89
4	528	Zara Edeleanu	Medway and Maidstone AC	4.72
5	558	Mia Hillyard	Thanet AC	4.60
6	549	Maisie Rixon	Medway and Maidstone AC	4.59
7	566	Isabel Lloyd	Medway and Maidstone AC	4.52
8	556	Kaliyah Young	Medway and Maidstone AC	4.40
9	555	Abigail Walters	Medway and Maidstone AC	4.32
10	538	Zoe Martial	Blackheath & Bromley H AC	4.30
11	569	Abigail Sayer	Thanet AC	4.20
12	537	Lauren Macey	Invicta East Kent AC	4.18
13	531	Megan Groombridge	Dartford Harriers AC	4.17
14	540	Chloe Morford	Dartford Harriers AC	4.16
15	595	Zoe Austridge	Blackheath & Bromley H AC	4.16
16	523	Katrina Booth	Thanet AC	4.08
17	612	Amalie Richards	Invicta East Kent AC	4.03
18	552	Carys Shipton	Thanet AC	3.55

1.6 5.22,0.0; 5.48,1.6; 5.39,0.4; nj; 5.45,0.0; nj  
1.5 3.59,-1.3; 4.69,0.0; 4.87,0.0; 4.89,1.8; 4.98,1.5; 4.63,1.0  
1.8 nj; 4.71,0.0; 4.61,0.9; 4.89,1.8; 4.79,0.0; 4.61,1.1  
1.1 4.44,1.1; 4.58,0.0; 4.53,0.3; 1.83,1.8; 4.72,1.1; 4.51,0.5  
0.8 4.44,0.0; 4.29,0.0; 4.47,0.3; 4.60,0.8; 4.14,0.0; 3.86,0.1  
1.7 4.26,0.1; 4.31,0.0; 4.07,0.0; -; 4.53,0.9; 4.59,1.7  
1.0 4.32,0.0; 4.52,1.0; nj; 4.26,1.6; nj; 4.50,2.3  
0.0 4.25,0.0; 4.40,0.0; 4.06,0.0; -; 4.35,0.0; 3.97,1.2  
0.9 4.13,1.4; 4.31,0.0; 4.26,1.2; 4.26,1.0; 4.15,0.1; 4.32,0.9  
0.8 4.24,2.2; 4.12,0.0; 4.30,0.8  
0.0 3.80,0.8; 4.05,0.0; 4.20,0.0  
- 4.18,0.0; 3.68,0.0; nj  
1.1 nj; nj; 4.17,1.1  
0.8 2.02,0.0; 4.04,0.6; 4.16,0.8  
0.0 nj; 4.16,0.0; nj  
0.0 nj; 4.08,0.0; 4.04,0.3  
0.0 3.82,1.8; 4.03,0.0; 3.90,0.0  
- 3.55,0.0; 3.45,0.0; 3.32,0.0

Triple Jump		Final		
No.	Athlete	Club	Perf	
1	528	Zara Edeleanu	Medway and Maidstone AC	9.45
2	540	Chloe Morford	Dartford Harriers AC	9.30
3	531	Megan Groombridge	Dartford Harriers AC	9.20

- 9.25,-; 9.45,-; 9.18,-; 9.22,-; 9.21,-; 9.36,-  
- 9.30,-; 9.29,-; 8.65,-; 9.28,-; 9.00,-; 9.28,-  
- nj; nj; 9.18,-; 9.02,-; 9.20,-; nj

Javelin		Final		
No.	Athlete	Club	Perf	
1	622	Daisy Dowling	Blackheath & Bromley H AC	30.99
2	598	Lauren Farley	Medway and Maidstone AC	30.43
3	615	Kirsty-Anne Ebbage	Tonbridge AC	29.72
4	619	Ashley Ward	Ashford AC	27.42

28.07; 30.99; 27.80; 27.79; 26.56; 25.22  
27.97; 29.50; 26.13; 27.06; 28.78; 30.43  
28.04; 29.72; 25.52; 24.08; 25.95; 28.34  
nt; 27.42; nt; 26.67; 24.62; nt