



KCAA



# Kent under 11 Sportshall Athletics Decathlon & County Trials

## Sunday 15<sup>th</sup> January 2017 (School Years 5 & 6 only)

Hosted and organised by Ashford Leisure Trust on behalf of the Kent County Sportshall Association. For the fifth year the trials will involve a sportshall athletics decathlon competition involving events for the regional fun in athletics event in February. The top performers from the decathlon competition and the KCAA championships on Sunday 11<sup>th</sup> December 2016 will be selected and invited to represent Kent at the South East Regional Fun in Athletics event to be held in February.

### Sportshall Athletics Decathlon

Sunday 15<sup>th</sup> January 2017

10.00 - 1330

£5 entry fee (£13.00 including event t-shirt)

At the Stour Centre, Ashford TN23 1ET

### **Events (athletes will do all 10)**

|                    |                      |
|--------------------|----------------------|
| Balance Test       | Chest Push           |
| Standing Long Jump | Vertical Jump        |
| Speed Bounce       | 10 x 10m Shuttle Run |
| Target Throw       | Soft Javelin         |
| Hi-Stepper         | Standing Triple Jump |

Following the decathlon events a series of 1 lap sprint and hurdle races will take place. Results from these races will be used to assist the selection of the final Kent Squad.

Medals awarded to top three Boys and Girls  
Certificates for all Participants

### **How to enter...**

Complete the form on page 2 and send along with entry fee (£5 or £13.00 with event t-shirt) to:

Community Development Team, Ashford Leisure Trust, the Stour Centre,  
Station Approach, Ashford, Kent TN23 1ET

**Closing date for entries is Friday 6<sup>th</sup> January 2017**

Note to parents - please be aware that this is not a club/team competition so we ask that a parent/responsible adult are present to supervise your child.



# Kent under 11 Sportshall Athletics Trials

## (School Years 5 & 6 only)

### Entry Form

|              |              |
|--------------|--------------|
| Name:        | School Year: |
| School/Club: | Boy/Girl:    |
| Email:       | Contact no:  |

### Event Entry Information

The competition costs £5 to enter please tick to confirm you are attending the competition and if you are available if selected to represent Kent at the Fun in Athletics Finals and squad training day.

Young athletes can also purchase an event t-shirt for an additional £8.00 if you wish to purchase one of these please tick below and state size below  
(To guarantee your t-shirt please return the form & payment by Wednesday 4<sup>th</sup> January 2017)

| Event   | Entry (Please tick if available) |                          |                                   |
|---|----------------------------------|--------------------------|-----------------------------------|
| Sunday 15 <sup>th</sup> January 2017 – U11 Sportshall Decathlon   | <input type="checkbox"/>         | <input type="checkbox"/> | <input type="checkbox"/>          |
| Sunday 29 <sup>th</sup> January 2017 – Kent Squad Training Day<br>(Only for selected athletes)                                  | <input type="checkbox"/>         | <input type="checkbox"/> | <input type="checkbox"/>          |
| Saturday 11 <sup>th</sup> February 2017 – South East Fun in Athletics<br>Festival, Burgess Hill<br>(Only for selected athletes) | <input type="checkbox"/>         | <input type="checkbox"/> | <input type="checkbox"/>          |
| Event T-shirt Request (please circle)   | Yes                              | No                       | <b>Size</b><br>7-8 / 9-11 / 12-13 |

**Parental Consent** - I give permission for the above named child to take part in the Kent U11 Sportshall Athletics Trials and I am aware that my child must be accompanied by myself (or another responsible adult) at the event.

I have enclosed an entry fee of £5.00/£13.00  
(Cheques made payable to Ashford Leisure Trust).

**PHOTOGRAPHY/FILMING** - There may be filming and photography at the event which may be used in publicity materials e.g. leaflets, newsletters or on official websites. Sport England advises all activity providers to ensure that images are not accompanied by names or details that could identify individuals. **I DO / DO NOT** give permission for the young person named above to be filmed or photographed during the event as described above (Please delete as appropriate).

Print name:..... Signature:.....

*Please note that the final Kent Squad will be selected following review of results from the U11 Sportshall Decathlon and the KCAA County Championships held on Sunday 11<sup>th</sup> December.  
The Kent selection panel's decision is final.*

**Please send the completed entry form and payment to:**

Community Development Team, Ashford Leisure Trust, the Stour Centre, Station Approach,  
Ashford, Kent TN23 1ET