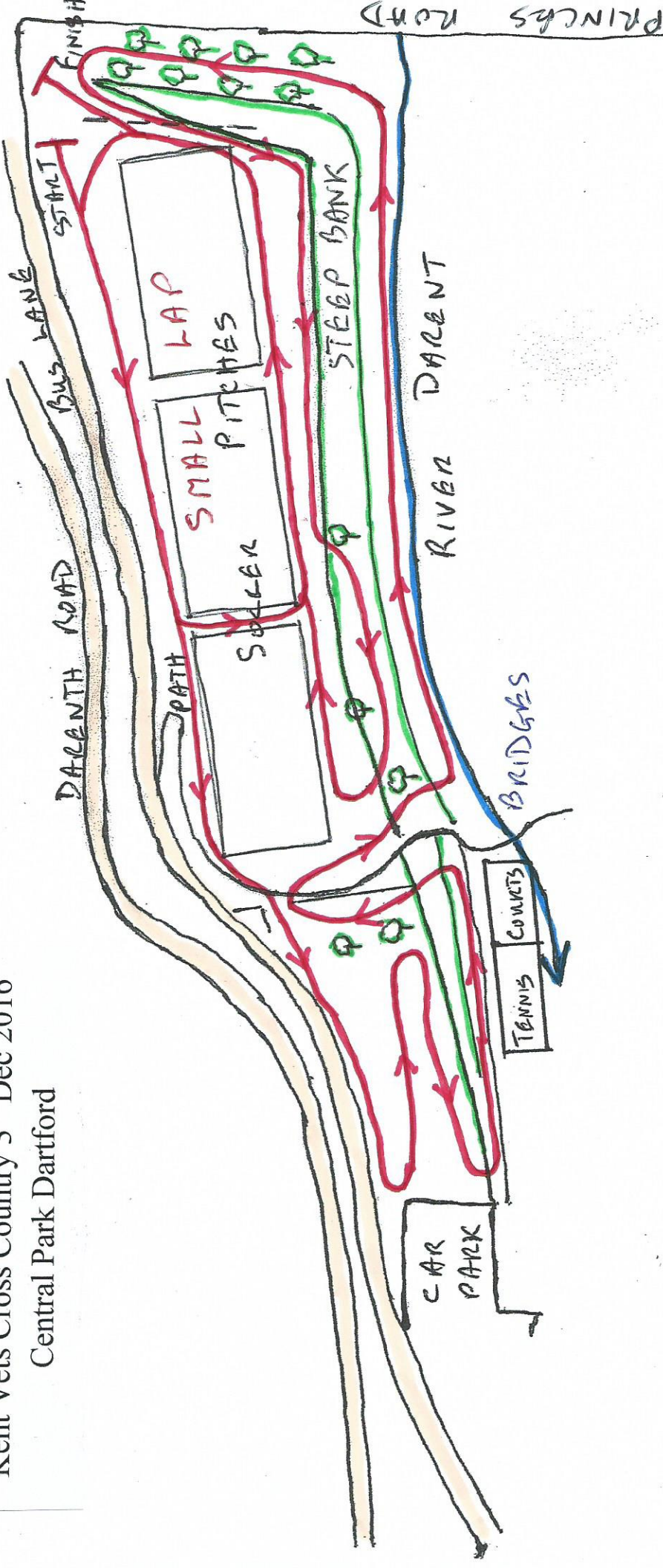


Kent Vets Cross Country 3rd Dec 2016
Central Park Dartford



Courses

11.00 MV 50-59 One small lap, followed by 4 long laps – approx. 9k

12.00 MV 60-69, M70+ and all the Women Vets races.
One small lap, followed by 2 long laps – approx. 5k

12.45 MV 40-49 One small lap, followed by 4 long laps – approx. 9k

SKATE
PARK.

ATHLETICS
TRACK.