

KENT YOUNG ATHLETES LEAGUE 2019 **TRACK TIMETABLE**

MATCH 1

To be run on a 6 Lane Track
No Non-Scoring Runners on 6 Lane Track

10.30	70m hurdles	u13 girls A/B
10.45	75m hurdles	u13 boys A/B
10.55	75m hurdles	u15 girls A/B
11.05	80m hurdles	u15 boys A/B
11.15	2k walk	u15 girls/boys A/B
11.35	75m	u13 girls A/B
11.55	100m	u13 boys A/B
12.15	100m	u15 girls A/B
12.35	100m	u15 boys A/B
12.55	1k walk	u13 girls/boys A/B
13.40	200m	u13 boys A/B
14.00	200m	u15 girls A/B
14.15	200m	u15 boys A/B
14.30	150m	u13 girls A/B
14.50	800m	u13 girls A/B
	800m	u13 boys A/B
15.50	800m	u15 girls A/B
	800m	u15 boys A/B
15.45	4 x 100m	u15 girls A string only
16.00	4 x 100m	u15 boys A string only
16.15	4 x 100m	u13 girls A string only
16.30	4 x 100m	u13 boys A string only
16.45	4 x 300m	u15 girls A string only
17.00	4 x 300m	u15 boys A string only

MATCHES 2 and 3

These 2 meetings require an 8 Lane Track
Only One Non-Scoring Runner Per Team

10.30	70m hurdles	u13 girls A/B + NS
10.45	75m hurdles	u13 boys A/B + NS
10.55	75m hurdles	u15 girls A/B + NS
11.05	80m hurdles	u15 boys A/B +NS
11.15	75m	u13 girls A/B +NS
11.35	100m	u13 boys A/B + NS
11.55	100m	u15 girls A/B + NS
12.15	100m	u15 boys A/B +NS
12.35	1200m	u13 girls A/B + NS
12.55	1500m	u13 boys A/B + NS
13.05	1500m	u15 girls A/B + NS
13.20	1500m	u15 boys A/B + NS
14.10	300m	u15 girls A/B + NS
14.25	300m	u15 boys A/B + NS
14.45	200m	u13 boys A/B + NS
15.05	150m	u13 girls A/B + NS
15.40	4 x 100m	u15 girls A string + NS
15.55	4 x 100m	u15 boys A string + NS
16.10	4 x 100m	u13 girls A string + NS
16.25	4 x 100m	u13 boys A string + NS
16.45	4 x 300m	u15 girls A string only
17.00	4 x 300m	u15 boys A string only

Notes to KYAL 2019 Timetable

1. Division 2 may have up to 10 Teams in it, but with an expectation that less athletes than that will register. Therefore, for division 2 there will be no lane draw; athletes shown on the "expected" list will be put in lanes as convenient. (Except relays - see note 8) NB: This means that Photo finish should not be used at the meetings. (See also note 4)
2. On 8 Lane tracks; with a 10 lane straight Officials should consider using all 10 lanes to aim to remove "time trial" scoring.
3. Each team may enter up to 1 non-scoring athlete per event and one non-scoring relay team.
4. When it is thought we may be short of Timekeepers; a Photo finish system may be used to provide electronic timing; used with in conjunction with the Timekeepers to provide times on the result taken by the Track Judges.
5. Starters Assistants will maximize competition by combining races when numbers permit
6. Where safe to do so non-scoring 1200m & 1500m athletes will be run with the A/B string races
7. Where 800m are being run on a 6-lane track; times require a curved line start to be used & races combined if safe to do so
8. On a 6 lane track a block of time is allocated for each age group for the 800m; athletes should warm up ready to race from that time
9. One hour before the 4 x 100m relays are run; seeding sheets will be produced & distributed; once that has taken place no further teams will be allowed to compete.

Reminder of UKA competition rules for these age groups:

1. U13 & U15 athletes are limited to 4 events in which case 1 of MUST be a relay
2. Athletes in a relay races must all wear the same design of vest; so combined teams must decide which club vest to wear.