

Kent Cross Country League Results - Swanley Park, Swanley 23/11/2024**Senior Women 8000m Individual Results**

Pos	No	AthleteName	Club	Time	
1	652	Chloe Sharp	Blackheath and Bromley H AC	30:56	SW
2	653	Millie Smith	Blackheath and Bromley H AC	31:46	SW
3	1374	Emily Nash	Tunbridge Wells Harriers	32:49	SW
4	747	Amy Seager	Invicta East Kent AC	32:57	SW
5	814	Amelie Karlsson	Tunbridge Wells Harriers	33:08	SW
6	646	Jessica Keene	Blackheath and Bromley H AC	33:13	SW
7	753	Charlotte Johnston	Maidstone Harriers	33:26	SW
8	760	Emily Hale	Medway and Maidstone AC	33:56	SW
9	648	Imogen McLennan (W40)	Blackheath and Bromley H AC	34:03	W35
10	642	Jennie Butler (W50)	Blackheath and Bromley H AC	34:04	W45
11	797	Elizabeth Owen (W45)	Tonbridge AC	34:20	W45
12	705	Hazel Behagg (W45)	Dartford Road Runners	34:51	W45
13	624	Heather Shannon (W35)	Beckenham Running Club	35:12	W35
14	756	Holly Pan	Maidstone Harriers	35:31	SW
15	789	Sarah Cronin	Tonbridge AC	35:58	SW
16	684	Elizabeth Brookes (W45)	Central Park Athletics	36:13	W45
17	651	Ashley Pearson (W50)	Blackheath and Bromley H AC	36:25	W45
18	717	Nicola Goodwin (W45)	Folkestone Running and Athletics Club	36:41	W45
19	650	Trang Nguyen (W40)	Blackheath and Bromley H AC	36:43	W35
20	810	Ali Farrall (W50)	Tunbridge Wells Harriers	36:49	W45
21	769	Sophie Painter	Medway Tri	37:24	SW
22	823	Tara Taylor (W60)	Tunbridge Wells Harriers	37:28	W55
23	762	Taryne McPherson (W45)	Medway and Maidstone AC	37:40	W45
24	669	Susan Dixon (W55)	Cambridge Harriers	37:43	W55
25	597	Victoria Stone	Ashford and District RRC	37:53	SW
26	794	Lisa Knight (W50)	Tonbridge AC	38:11	W45
27	582	Lauren Aldred (W35)	Ashford and District RRC	38:13	W35
28	638	Kirsty Witt (W35)	Bexley AC	38:18	W35
29	658	Rose Baker (W60)	Cambridge Harriers	38:36	W55
30	621	Kate Marchant (W55)	Beckenham Running Club	38:41	W55
31	787	Olwen Cockell (W50)	Swale Combined AC	38:42	W45
32	809	Vicky Eames (W40)	Tunbridge Wells Harriers	38:42	W35
33	685	Coralie Charles (W40)	Central Park Athletics	38:42	W35
34	590	Ailis Goddard (W40)	Ashford and District RRC	39:13	W35
35	585	Alice Cook	Ashford and District RRC	39:13	SW
36	660	Christine Bond (W60)	Cambridge Harriers	39:26	W55
37	600	Alison Waters (W50)	Ashford and District RRC	39:36	W45
38	800	Elise Rendall (W45)	Tonbridge AC	39:39	W45
39	812	Jillian Holford (W50)	Tunbridge Wells Harriers	39:45	W45
40	655	Katy Sugden (W50)	Blackheath and Bromley H AC	40:04	W45
41	721	Catherine O'Connor (W55)	Folkestone Running and Athletics Club	40:12	W55
42	750	Sally George (W40)	Istead & Ifield Harriers	40:16	W35
43	1368	Vanessa Vander (W40)	Medway and Maidstone AC	40:17	W35
44	584	Tracey Calnan (W55)	Ashford and District RRC	40:18	W45
45	786	Rebecca Young (W45)	South Kent Harriers	40:22	W45
46	816	Sonja King (W40)	Tunbridge Wells Harriers	40:27	W35
47	665	Sally Carr (W50)	Cambridge Harriers	40:36	W45
48	718	Karla Larnder (W50)	Folkestone Running and Athletics Club	40:55	W45
49	630	Beata Kubala-Todd (W45)	Bexley AC	40:56	W45

50	674	Maggie Illingworth (W45)	Cambridge Harriers	41:03	W45
51	795	Grazia Manzotti (W55)	Tonbridge AC	41:07	W55
52	595	Wafaa Schiefler (W35)	Ashford and District RRC	41:19	W35
53	619	Ciara Kiely	Beckenham Running Club	41:28	SW
54	631	Kirsty McEwen (W35)	Bexley AC	41:42	W35
55	703	Stephanie Wood (W55)	Dartford Harriers AC	42:20	W55
56	818	Julie McPherson (W45)	Tunbridge Wells Harriers	42:27	W45
57	759	Jenny Fowler (W45)	Medway and Maidstone AC	42:28	W45
58	1433	Kate Evans (W55)	Folkestone Running and Athletics Club	42:30	W55
59	1366	Sophie Morris	Cambridge Harriers	42:40	SW
60	817	Suzannah Kinsella (W50)	Tunbridge Wells Harriers	42:43	W45
61	822	Rose Sawyer (W50)	Tunbridge Wells Harriers	42:48	W45
62	803	Theresa White (W55)	Tonbridge AC	42:49	W55
63	1365	Taylor Carter	Cambridge Harriers	42:58	SW
64	672	Marian Hine (W55)	Cambridge Harriers	43:03	W55
65	636	Gill Stewart (W50)	Bexley AC	43:08	W45
66	819	Diane Osborn (W55)	Tunbridge Wells Harriers	43:17	W55
67	741	Emily Plummer (W35)	Harvel Hash House Harriers	43:18	W35
68	608	Gail Arnott (W60)	Beckenham Running Club	43:29	W55
69	707	Lucie Compagnoni (W45)	Dartford Road Runners	43:38	W45
70	710	Amy Hutchings (W40)	Dartford Road Runners	43:47	W35
71	617	Amy Harris (W40)	Beckenham Running Club	43:47	W35
72	740	Emma Fletcher	Harvel Hash House Harriers	44:07	SW
73	607	Eleanor Weekes	Ashford Striders Running Club	44:08	SW
74	691	Denise Rose (W60)	Central Park Athletics	44:10	W55
75	610	Melanie Burdett (W50)	Beckenham Running Club	44:30	W45
76	711	Christine Munday (W45)	Dartford Road Runners	44:50	W45
77	708	Alexandra Cooper (W50)	Dartford Road Runners	45:26	W45
78	1414	Donna Turner (W45)	Dartford Harriers AC	45:31	W45
79	688	Kirsten McTeer (W45)	Central Park Athletics	45:50	W45
80	719	Victoria McGilloway (W45)	Folkestone Running and Athletics Club	46:02	W45
81	771	Tracey Dennis (W55)	Mote Runners	46:02	W55
82	614	Natasha Dowds (W35)	Beckenham Running Club	46:14	W35
83	765	Jill Young (W50)	Medway and Maidstone AC	46:20	W45
84	726	Gail Turbutt (W50)	Folkestone Running and Athletics Club	46:24	W45
85	805	Alison Beard (W55)	Tunbridge Wells Harriers	46:26	W55
86	588	Kelly Gammon (W40)	Ashford and District RRC	46:44	W35
87	681	Joanna Parke (W45)	Cambridge Harriers	46:55	W45
88	667	Stephanie Rose Dann (W35)	Cambridge Harriers	47:27	W35
89	620	Emma Lewis (W35)	Beckenham Running Club	47:28	W35
90	659	Joanne Barber (W50)	Cambridge Harriers	48:13	W45
91	609	Niamh Brooks (W45)	Beckenham Running Club	48:15	W45
92	670	Angela Ford (W55)	Cambridge Harriers	48:23	W55
93	776	Anna Larner (W45)	Orpington Road Runners	48:53	W45
94	615	Jessica Edwards	Beckenham Running Club	49:12	SW
95	586	Massah Cooper (W45)	Ashford and District RRC	49:20	W45
96	605	Victoria Shrubsole (W50)	Ashford Striders Running Club	49:34	W45
97	709	Anna-Marina Dearsley (W50)	Dartford Road Runners	51:03	W45
98	663	Emma Brown (W45)	Cambridge Harriers	51:10	W45
99	601	Nicola Crawley (W55)	Ashford Striders Running Club	51:44	W55
100	714	Trudi Curd (W60)	Folkestone Running and Athletics Club	53:16	W55
101	716	Maria Felicetti (W55)	Folkestone Running and Athletics Club	53:26	W55

102	637	Linda Wake (W45)	Bexley AC	53:31	W45
103	606	Rachel Tomsett (W50)	Ashford Striders Running Club	55:00	W45
104	628	Sarah Dodds (W45)	Bexley AC	55:01	W45
105	612	Tanya Byrne (W55)	Beckenham Running Club	57:04	W55