

Kent Cross Country League Results - Foots Cray Meadows, Sidcup 12/10/2024**Masters 45 Women 8000m Individual Results**

Pos	No	Name	Club	Time
1	745	Renata McDonnell (W50)	Invicta East Kent AC	33:43
2	580	Gemma Carter-Collins (W45)	Ashford AC	35:05
3	642	Jennie Butler (W50)	Blackheath and Bromley H AC	35:40
4	797	Elizabeth Owen (W45)	Tonbridge AC	35:57
5	657	Julie Backley (W50)	Cambridge Harriers	37:23
6	717	Nicola Goodwin (W45)	Folkestone Running and Athletics Club	37:40
7	684	Elizabeth Brookes (W45)	Central Park Athletics	37:44
8	794	Lisa Knight (W50)	Tonbridge AC	38:26
9	651	Ashley Pearson (W50)	Blackheath and Bromley H AC	39:10
10	791	Rachel Fagg (W50)	Tonbridge AC	39:13
11	600	Alison Waters (W50)	Ashford and District RRC	39:24
12	758	Karen Cudmore (W50)	Medway and Maidstone AC	39:37
13	655	Katy Sugden (W50)	Blackheath and Bromley H AC	39:53
14	812	Jillian Holford (W50)	Tunbridge Wells Harriers	40:28
15	686	Anoushka Johnson (W50)	Central Park Athletics	40:39
16	630	Beata Kubala-Todd (W45)	Bexley AC	40:58
17	584	Tracey Calnan (W50)	Ashford and District RRC	41:24
18	786	Rebecca Young (W45)	South Kent Harriers	41:33
19	734	Emmanuelle Navarri (W50)	Greenwich Tritons	41:39
20	787	Olwen Cockell (W50)	Swale Combined AC	41:45
21	800	Elise Rendall (W45)	Tonbridge AC	41:54
22	766	Angela Everitt (W50)	Medway Tri	42:10
23	772	Hanka Eichler-Gregory (W45)	Mote Runners	42:53
24	689	Kelly Noble (W45)	Central Park Athletics	43:45
25	822	Rose Sawyer (W50)	Tunbridge Wells Harriers	44:20
26	636	Gill Stewart (W50)	Bexley AC	44:47
27	820	Brenda Purse (W50)	Tunbridge Wells Harriers	44:52
28	733	Lesley McCarthy (W50)	Greenwich Tritons	44:56
29	634	Wendy Prowse (W45)	Bexley AC	45:24
30	731	Katharyn Gladwell (W50)	Greenwich Tritons	45:30
31	711	Christine Munday (W45)	Dartford Road Runners	45:32
32	707	Lucie Compagnoni (W45)	Dartford Road Runners	45:39
33	727	Marcela Arvizu (W50)	Greenwich Tritons	46:01
34	688	Kirsten McTeer (W45)	Central Park Athletics	46:16
35	726	Gail Turbutt (W50)	Folkestone Running and Athletics Club	46:20
36	765	Jill Young (W50)	Medway and Maidstone AC	46:28
37	659	Joanne Barber (W50)	Cambridge Harriers	46:37
38	720	Zoe Neale (W50)	Folkestone Running and Athletics Club	47:39
39	633	Kelli Potter (W45)	Bexley AC	48:55
40	749	Lesley Archer (W50)	Istead & Ifield Harriers	49:09
41	735	Chryssanthi Perpatidou (W45)	Greenwich Tritons	49:46
42	788	Penny Ademuyiwa (W50)	Tonbridge AC	50:11
43	785	Kate Tulloch (W50)	South Kent Harriers	50:19
44	827	Joan Woodward (W50)	Tunbridge Wells Harriers	50:57
45	730	Kate Fry (W45)	Greenwich Tritons	52:13
46	637	Linda Wake (W45)	Bexley AC	52:52
47	591	Lucy Johnstone (W45)	Ashford and District RRC	53:26
48	725	Rachel Smith (W45)	Folkestone Running and Athletics Club	57:07
49	603	Sharon Gardner (W45)	Ashford Striders Running Club	57:35

50	628	Sarah Dodds (W45)	Bexley AC	57:38
51	606	Rachel Tomsett (W50)	Ashford Striders Running Club	59:23
52	782	Kirsten Mueller (W50)	South Kent Harriers	76:37