

Kent Cross Country League Results - Foots Cray Meadows, Sidcup 12/10/2024**Masters Women 8000m Individual Results**

Pos	No	Name	Club	Time	
1	745	Renata McDonnell (W50)	Invicta East Kent AC	33:43	W45
2	580	Gemma Carter-Collins (W45)	Ashford AC	35:05	W45
3	648	Imogen McLennan (W40)	Blackheath and Bromley H AC	35:38	W35
4	642	Jennie Butler (W50)	Blackheath and Bromley H AC	35:40	W45
5	797	Elizabeth Owen (W45)	Tonbridge AC	35:57	W45
6	624	Heather Shannon (W35)	Beckenham Running Club	36:30	W35
7	804	Harriet Woolley (W35)	Tonbridge AC	37:15	W35
8	657	Julie Backley (W50)	Cambridge Harriers	37:23	W45
9	650	Trang Nguyen (W40)	Blackheath and Bromley H AC	37:30	W35
10	717	Nicola Goodwin (W45)	Folkestone Running and Athletics Club	37:40	W45
11	684	Elizabeth Brookes (W45)	Central Park Athletics	37:44	W45
12	623	Andrea Pickup (W55)	Beckenham Running Club	38:00	W55
13	802	Charlotte Warren (W35)	Tonbridge AC	38:23	W35
14	794	Lisa Knight (W50)	Tonbridge AC	38:26	W45
15	640	Sarah Belaon (W40)	Blackheath and Bromley H AC	38:53	W35
16	775	Zoe Fiander (W35)	Orpington Road Runners	39:06	W35
17	651	Ashley Pearson (W50)	Blackheath and Bromley H AC	39:10	W45
18	791	Rachel Fagg (W50)	Tonbridge AC	39:13	W45
19	723	Rebecca Powney	Folkestone Running and Athletics Club	39:15	W35
20	638	Kirsty Witt (W35)	Bexley AC	39:17	W35
21	600	Alison Waters (W50)	Ashford and District RRC	39:24	W45
22	621	Kate Marchant (W55)	Beckenham Running Club	39:25	W55
23	582	Lauren Aldred (W35)	Ashford and District RRC	39:29	W35
24	758	Karen Cudmore (W50)	Medway and Maidstone AC	39:37	W45
25	658	Rose Baker (W60)	Cambridge Harriers	39:45	W55
26	655	Katy Sugden (W50)	Blackheath and Bromley H AC	39:53	W45
27	685	Coralie Charles (W40)	Central Park Athletics	40:14	W35
28	812	Jillian Holford (W50)	Tunbridge Wells Harriers	40:28	W45
29	742	Nicola Vander (W35)	Harvel Hash House Harriers	40:33	W35
30	686	Anoushka Johnson (W50)	Central Park Athletics	40:39	W45
31	784	Amy Stimpson (W40)	South Kent Harriers	40:43	W35
32	630	Beata Kubala-Todd (W45)	Bexley AC	40:58	W45
33	809	Vicky Eames (W40)	Tunbridge Wells Harriers	41:02	W35
34	590	Ailis Goddard (W40)	Ashford and District RRC	41:07	W35
35	816	Sonja King (W40)	Tunbridge Wells Harriers	41:21	W35
36	584	Tracey Calnan (W50)	Ashford and District RRC	41:24	W45
37	786	Rebecca Young (W45)	South Kent Harriers	41:33	W45
38	795	Grazia Manzotti (W55)	Tonbridge AC	41:35	W55
39	687	Gemma May (W40)	Central Park Athletics	41:38	W35
40	734	Emmanuelle Navarri (W50)	Greenwich Tritons	41:39	W45
41	595	Wafaa Schiefler (W35)	Ashford and District RRC	41:43	W35
42	787	Olwen Cockell (W50)	Swale Combined AC	41:45	W45
43	800	Elise Rendall (W45)	Tonbridge AC	41:54	W45
44	801	Debbie Scott (W40)	Tonbridge AC	42:05	W35
45	660	Christine Bond (W60)	Cambridge Harriers	42:08	W55
46	766	Angela Everitt (W50)	Medway Tri	42:10	W45
47	772	Hanka Eichler-Gregory (W45)	Mote Runners	42:53	W45
48	677	Donna Martin (W40)	Cambridge Harriers	43:17	W35
49	715	Layla D'Monte (W35)	Folkestone Running and Athletics Club	43:22	W35
50	631	Kirsty McEwen (W35)	Bexley AC	43:25	W35

51	703	Stephanie Wood (W55)	Dartford Harriers AC	43:32	W55
52	689	Kelly Noble (W45)	Central Park Athletics	43:45	W45
53	826	Alexandra Wolley (W35)	Tunbridge Wells Harriers	44:09	W35
54	822	Rose Sawyer (W50)	Tunbridge Wells Harriers	44:20	W45
55	608	Gail Arnott (W60)	Beckenham Running Club	44:31	W55
56	741	Emily Plummer (W35)	Harvel Hash House Harriers	44:35	W35
57	636	Gill Stewart (W50)	Bexley AC	44:47	W45
58	820	Brenda Purse (W50)	Tunbridge Wells Harriers	44:52	W45
59	733	Lesley McCarthy (W50)	Greenwich Tritons	44:56	W45
60	819	Diane Osborn (W55)	Tunbridge Wells Harriers	44:57	W55
61	781	Amanda Bashford (W40)	South Kent Harriers	45:06	W35
62	617	Amy Harris (W40)	Beckenham Running Club	45:14	W35
63	634	Wendy Prowse (W45)	Bexley AC	45:24	W45
64	731	Katharyn Gladwell (W50)	Greenwich Tritons	45:30	W45
65	711	Christine Munday (W45)	Dartford Road Runners	45:32	W45
66	710	Amy Hutchings (W40)	Dartford Road Runners	45:33	W35
67	803	Theresa White (W55)	Tonbridge AC	45:36	W55
68	707	Lucie Compagnoni (W45)	Dartford Road Runners	45:39	W45
69	727	Marcela Arvizu (W50)	Greenwich Tritons	46:01	W45
70	691	Denise Rose (W60)	Central Park Athletics	46:06	W55
71	688	Kirsten McTeer (W45)	Central Park Athletics	46:16	W45
72	726	Gail Turbutt (W50)	Folkestone Running and Athletics Club	46:20	W45
73	765	Jill Young (W50)	Medway and Maidstone AC	46:28	W45
74	588	Kelly Gammon (W40)	Ashford and District RRC	46:34	W35
75	659	Joanne Barber (W50)	Cambridge Harriers	46:37	W45
76	720	Zoe Neale (W50)	Folkestone Running and Athletics Club	47:39	W45
77	732	Louise Johnson (W55)	Greenwich Tritons	48:15	W55
78	633	Kelli Potter (W45)	Bexley AC	48:55	W45
79	749	Lesley Archer (W50)	Istead & Ifield Harriers	49:09	W45
80	735	Chryssanthi Perpatidou (W45)	Greenwich Tritons	49:46	W45
81	728	Andrea Burtscher (W40)	Greenwich Tritons	49:49	W35
82	788	Penny Ademuyiwa (W50)	Tonbridge AC	50:11	W45
83	785	Kate Tulloch (W50)	South Kent Harriers	50:19	W45
84	604	Tamsin Ritchie (W40)	Ashford Striders Running Club	50:41	W35
85	827	Joan Woodward (W50)	Tunbridge Wells Harriers	50:57	W45
86	601	Nicola Crawley (W55)	Ashford Striders Running Club	51:30	W55
87	667	Stephanie Rose Dann (W35)	Cambridge Harriers	51:47	W35
88	730	Kate Fry (W45)	Greenwich Tritons	52:13	W45
89	738	Sue Cameron (W55)	Harvel Hash House Harriers	52:27	W55
90	780	Michele Barnes (W55)	South Kent Harriers	52:48	W55
91	637	Linda Wake (W45)	Bexley AC	52:52	W45
92	693	Brigit Brown (W55)	Crystal Palace Triathlon	53:01	W55
93	591	Lucy Johnstone (W45)	Ashford and District RRC	53:26	W45
94	768	Nicola Orford (W40)	Medway Tri	53:45	W35
95	714	Trudi Curd (W60)	Folkestone Running and Athletics Club	54:04	W55
96	612	Tanya Byrne (W55)	Beckenham Running Club	55:49	W55
97	670	Angela Ford (W55)	Cambridge Harriers	56:41	W55
98	725	Rachel Smith (W45)	Folkestone Running and Athletics Club	57:07	W45
99	603	Sharon Gardner (W45)	Ashford Striders Running Club	57:35	W45
100	628	Sarah Dodds (W45)	Bexley AC	57:38	W45
101	606	Rachel Tomsett (W50)	Ashford Striders Running Club	59:23	W45
102	695	Audrey Livingston (W60)	Crystal Palace Triathlon	65:49	W55
103	782	Kirsten Mueller (W50)	South Kent Harriers	76:37	W45