

Kent Cross Country League Results - Foots Cray Meadows, Sidcup 12/10/2024**Masters Men 8000m Individual Results**

| Pos | No | Name | Club | Time | |
|------------|-----------|--------------------------|---------------------------------------|-------------|-----|
| 1 | 1188 | Anthony Webb (M45) | Medway and Maidstone AC | 28:28 | M40 |
| 2 | 1005 | Danny Kendall (M45) | Cambridge Harriers | 28:47 | M40 |
| 3 | 1022 | Ben Shearer (M45) | Cambridge Harriers | 28:57 | M40 |
| 4 | 1272 | Jay Smith (M40) | Tonbridge AC | 29:28 | M40 |
| 5 | 1216 | Allan Lee (M50) | Sevenoaks AC | 29:35 | M50 |
| 6 | 1176 | Justin Lane (M45) | Medway and Maidstone AC | 29:45 | M40 |
| 7 | 1009 | James MacDonald (M40) | Cambridge Harriers | 30:20 | M40 |
| 8 | 1337 | Edward Steele (M40) | Tunbridge Wells Harriers | 30:52 | M40 |
| 9 | 1224 | Richard Newsome (M50) | South Kent Harriers | 31:02 | M50 |
| 10 | 1123 | Stephen Male (M55) | Folkestone Running and Athletics Club | 31:05 | M50 |
| 11 | 944 | Micah Evans (M40) | Blackheath and Bromley H AC | 31:09 | M40 |
| 12 | 1280 | Tom Woolley (M45) | Tonbridge AC | 31:11 | M40 |
| 13 | 939 | Leonardus De Bruyn (M40) | Blackheath and Bromley H AC | 31:13 | M40 |
| 14 | 1185 | Richard Tomlinson (M55) | Medway and Maidstone AC | 31:27 | M50 |
| 15 | 1037 | Johnnie Arnould (M45) | Central Park Athletics | 31:29 | M40 |
| 16 | 1045 | Simon Johnson (M45) | Central Park Athletics | 31:42 | M40 |
| 17 | 942 | Luca Ercolani (M50) | Blackheath and Bromley H AC | 31:46 | M50 |
| 18 | 1191 | Neill Wright (M45) | Medway and Maidstone AC | 31:48 | M40 |
| 19 | 1021 | Ben Rew (M40) | Cambridge Harriers | 31:54 | M40 |
| 20 | 1267 | Tom Rule (M40) | Tonbridge AC | 31:54 | M40 |
| 21 | 1320 | Keith Mitchell (M45) | Tunbridge Wells Harriers | 31:56 | M40 |
| 22 | 1190 | Darren Wright (M45) | Medway and Maidstone AC | 31:58 | M40 |
| 23 | 1072 | Chris Biddle (M40) | Dartford Harriers AC | 31:59 | M40 |
| 24 | 981 | Douglas Varney (M50) | Blackheath and Bromley H AC | 32:05 | M50 |
| 25 | 1023 | Rob Shearer (M45) | Cambridge Harriers | 32:07 | M40 |
| 26 | 943 | Gareth Evans (M45) | Blackheath and Bromley H AC | 32:15 | M40 |
| 27 | 1235 | Anthony Bennett (M45) | Tonbridge AC | 32:19 | M40 |
| 28 | 1017 | Mark Penny (M40) | Cambridge Harriers | 32:20 | M40 |
| 29 | 1015 | John O'Mahony (M45) | Cambridge Harriers | 32:25 | M40 |
| 30 | 1117 | Jon Eaton (M40) | Folkestone Running and Athletics Club | 32:24 | M40 |
| 31 | 1018 | James Pitts (M45) | Cambridge Harriers | 32:39 | M40 |
| 32 | 1182 | Alun Rodgers (M55) | Medway and Maidstone AC | 32:40 | M50 |
| 33 | 872 | Jim Addison (M50) | Beckenham Running Club | 32:50 | M50 |
| 34 | 921 | Simon Wells (M45) | Bexley AC | 32:52 | M40 |
| 35 | 1233 | Kevin McQuaid (M50) | Thanet Roadrunners AC | 32:53 | M50 |
| 36 | 1126 | Nicholas Steele (M40) | Folkestone Running and Athletics Club | 32:55 | M40 |
| 37 | 1194 | Nigel Lynch (M45) | Medway Tri | 32:58 | M40 |
| 38 | 831 | Richard Huckstepp (M40) | Ashford AC | 33:01 | M40 |
| 39 | 1295 | Andy Eames (M40) | Tunbridge Wells Harriers | 33:02 | M40 |
| 40 | 1074 | Reuben Burford (M50) | Dartford Harriers AC | 33:03 | M50 |
| 41 | 1007 | Will Longhurst (M40) | Cambridge Harriers | 33:06 | M40 |
| 42 | 1157 | Darren Scrivens (M50) | Invicta East Kent AC | 33:22 | M50 |
| 43 | 1268 | Graeme Saker (M60) | Tonbridge AC | 33:30 | M60 |
| 44 | 979 | Paul Sharpe (M40) | Blackheath and Bromley H AC | 33:38 | M40 |
| 45 | 1219 | Oloff Van Zyl (M55) | Sevenoaks AC | 33:46 | M50 |
| 46 | 1306 | Alex Holmes (M45) | Tunbridge Wells Harriers | 33:50 | M40 |
| 47 | 1273 | Peter Sutton (M40) | Tonbridge AC | 33:53 | M40 |
| 48 | 1332 | James Sarre (M45) | Tunbridge Wells Harriers | 33:58 | M40 |
| 49 | 1020 | David Reader (M50) | Cambridge Harriers | 34:00 | M50 |

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| 50 | 947 | Gregory Firth (M45) | Blackheath and Bromley H AC | 34:03 | M40 |
| 51 | 934 | Philip Bunn (M45) | Blackheath and Bromley H AC | 34:06 | M40 |
| 52 | 1207 | Gavin Kitchingham (M55) | Orpington Road Runners | 34:11 | M50 |
| 53 | 1278 | Joseph Watts (M40) | Tonbridge AC | 34:12 | M40 |
| 54 | 1288 | Richard Carter (M40) | Tunbridge Wells Harriers | 34:14 | M40 |
| 55 | 1172 | Adam Featherstone (M50) | Medway and Maidstone AC | 34:18 | M50 |
| 56 | 1058 | Mark Brown (M55) | Crystal Palace Triathlon | 34:27 | M50 |
| 57 | 1229 | Jonathan Cork (M40) | Swale Combined AC | 34:30 | M40 |
| 58 | 885 | Steven Moss (M60) | Beckenham Running Club | 34:32 | M60 |
| 59 | 916 | Alan Perryman (M55) | Bexley AC | 34:33 | M50 |
| 60 | 1030 | Stephen Thompson (M45) | Cambridge Harriers | 34:34 | M40 |
| 61 | 905 | Jon Fish (M45) | Bexley AC | 34:41 | M40 |
| 62 | 1351 | Jonathan Wood (M45) | White Cliffs Running & Athletics Club | 34:49 | M40 |
| 63 | 1210 | James Willingham (M45) | Orpington Road Runners | 35:02 | M40 |
| 64 | 1283 | Robin Barwick (M50) | Tunbridge Wells Harriers | 35:22 | M50 |
| 65 | 832 | Ian King | Ashford AC | 35:33 | M50 |
| 66 | 1236 | Tobin Bird (M55) | Tonbridge AC | 35:37 | M50 |
| 67 | 1311 | Mike King (M40) | Tunbridge Wells Harriers | 35:38 | M40 |
| 68 | 967 | Jason Meers (M55) | Blackheath and Bromley H AC | 35:42 | M50 |
| 69 | 855 | Scott Lynch (M55) | Ashford and District RRC | 35:47 | M50 |
| 70 | 1276 | Michael Thomson (M55) | Tonbridge AC | 35:50 | M50 |
| 71 | 978 | Ian Scott (M45) | Blackheath and Bromley H AC | 35:55 | M40 |
| 72 | 1195 | Paul Mason (M50) | Medway Tri | 35:58 | M50 |
| 73 | 960 | George Kleanthous (M55) | Blackheath and Bromley H AC | 36:00 | M50 |
| 74 | 1243 | Anthony Crush (M50) | Tonbridge AC | 36:04 | M50 |
| 75 | 1044 | Antony Hylton (M45) | Central Park Athletics | 36:11 | M40 |
| 76 | 1142 | Martin Tynan (M50) | Greenwich Tritons | 36:22 | M50 |
| 77 | 1127 | David Weekes (M55) | Folkestone Running and Athletics Club | 36:29 | M50 |
| 78 | 1088 | Nicholas Varley (M55) | Dartford Harriers AC | 36:31 | M50 |
| 79 | 879 | Karol Dorniak (M40) | Beckenham Running Club | 36:44 | M40 |
| 80 | 994 | Steven Cummins (M50) | Cambridge Harriers | 36:53 | M50 |
| 81 | 1125 | Darren Philip (M50) | Folkestone Running and Athletics Club | 36:57 | M50 |
| 82 | 857 | Adrian Moody (M60) | Ashford and District RRC | 37:00 | M60 |
| 83 | 845 | Mark Harrison (M45) | Ashford and District RRC | 37:02 | M40 |
| 84 | 1347 | Robert Winter (M45) | Tunbridge Wells Harriers | 37:03 | M40 |
| 85 | 890 | Tim Robinson (M40) | Beckenham Running Club | 37:07 | M40 |
| 86 | 1180 | Jerome Moisan (M50) | Medway and Maidstone AC | 37:11 | M50 |
| 87 | 1160 | Derek George (M50) | Istead & Ifield Harriers | 37:14 | M50 |
| 88 | 861 | David Tomlinson (M50) | Ashford and District RRC | 37:15 | M50 |
| 89 | 1039 | James Carney (M50) | Central Park Athletics | 37:17 | M50 |
| 90 | 841 | Eddie Crofton-Martin (M45) | Ashford and District RRC | 37:25 | M40 |
| 91 | 924 | Alan Wright (M50) | Bexley AC | 37:27 | M50 |
| 92 | 1101 | Ian McGrath (M50) | Dartford Road Runners | 37:29 | M50 |
| 93 | 991 | Russell Buchanan (M50) | Cambridge Harriers | 37:29 | M50 |
| 94 | 893 | Craig Williamson (M60) | Beckenham Running Club | 37:35 | M60 |
| 95 | 897 | Paul Bowen (M40) | Bexley AC | 37:38 | M40 |
| 96 | 1032 | Andy Weir (M45) | Cambridge Harriers | 37:42 | M40 |
| 97 | 1302 | Saul Harris (M50) | Tunbridge Wells Harriers | 37:44 | M50 |
| 98 | 1137 | Simon Neville (M60) | Greenwich Tritons | 37:46 | M60 |
| 99 | 1340 | Geoff Turner (M60) | Tunbridge Wells Harriers | 37:51 | M60 |
| 100 | 850 | Steve Hodges (M60) | Ashford and District RRC | 37:55 | M60 |
| 101 | 965 | Christopher Martin (M50) | Blackheath and Bromley H AC | 38:00 | M50 |

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| 102 | 1214 | Chris Desmond (M60) | Sevenoaks AC | 38:06 | M60 |
| 103 | 1193 | Kevin Linehan (M60) | Medway Tri | 38:09 | M60 |
| 104 | 1089 | Stuart Waterman (M45) | Dartford Harriers AC | 38:12 | M40 |
| 105 | 1222 | Cris Francis (M45) | South Kent Harriers | 38:19 | M40 |
| 106 | 1297 | Kieran Fitzpatrick (M40) | Tunbridge Wells Harriers | 38:20 | M40 |
| 107 | 889 | Mike Reich (M40) | Beckenham Running Club | 38:22 | M40 |
| 108 | 1026 | Stephen Smythe (M65) | Cambridge Harriers | 38:24 | M60 |
| 109 | 1076 | Samuel Coombes (M40) | Dartford Harriers AC | 38:25 | M40 |
| 110 | 888 | Andy Regan (M50) | Beckenham Running Club | 38:31 | M50 |
| 111 | 1146 | Daniel Fairclough (M45) | Harvel Hash House Harriers | 38:31 | M40 |
| 112 | 1307 | Pete Holmes (M40) | Tunbridge Wells Harriers | 38:35 | M40 |
| 113 | 971 | Steven Pairman (M60) | Blackheath and Bromley H AC | 38:37 | M60 |
| 114 | 1248 | Antony Fullbrook (M60) | Tonbridge AC | 38:39 | M60 |
| 115 | 1033 | Jon Wilson (M50) | Cambridge Harriers | 38:48 | M50 |
| 116 | 1046 | Robert Lenihan (M40) | Central Park Athletics | 38:50 | M40 |
| 117 | 854 | Jim Loftus (M55) | Ashford and District RRC | 38:53 | M50 |
| 118 | 1092 | Jay Browne (M50) | Dartford Road Runners | 38:53 | M50 |
| 119 | 837 | Adrian Beresford (M60) | Ashford and District RRC | 38:54 | M60 |
| 120 | 974 | Colin Pearson (M55) | Blackheath and Bromley H AC | 38:54 | M50 |
| 121 | 1298 | Dan Foster (M50) | Tunbridge Wells Harriers | 38:56 | M50 |
| 122 | 1040 | Alan Clisby (M55) | Central Park Athletics | 39:05 | M50 |
| 123 | 997 | James Floyd (M45) | Cambridge Harriers | 39:09 | M40 |
| 124 | 1141 | Kyriakos Tsirigotis (M40) | Greenwich Tritons | 39:18 | M40 |
| 125 | 1152 | Neil Woolcombe (M45) | Harvel Hash House Harriers | 39:18 | M40 |
| 126 | 1010 | Graham Maynard (M60) | Cambridge Harriers | 39:19 | M60 |
| 127 | 1090 | David Ballard (M60) | Dartford Road Runners | 39:24 | M60 |
| 128 | 1105 | Lee Rolls (M50) | Dartford Road Runners | 39:51 | M50 |
| 129 | 1149 | Andrew Plummer (M40) | Harvel Hash House Harriers | 40:06 | M40 |
| 130 | 1225 | Raymond Pearce (M65) | South Kent Harriers | 40:15 | M60 |
| 131 | 1174 | Robert Fursey (M60) | Medway and Maidstone AC | 40:26 | M60 |
| 132 | 1003 | David Hunter (M55) | Cambridge Harriers | 40:29 | M50 |
| 133 | 1217 | Yon Marsh (M60) | Sevenoaks AC | 40:30 | M60 |
| 134 | 1114 | Simon Coffey (M40) | Folkestone Running and Athletics Club | 40:30 | M40 |
| 135 | 1293 | Andrew Deighton (M55) | Tunbridge Wells Harriers | 40:39 | M50 |
| 136 | 863 | Neil Woodham (M40) | Ashford and District RRC | 40:42 | M40 |
| 137 | 1136 | Luis Mendoza (M50) | Greenwich Tritons | 41:13 | M50 |
| 138 | 1221 | Lee Brewer (M45) | South Kent Harriers | 41:31 | M40 |
| 139 | 1069 | Andrew Archer (M50) | Dartford Harriers AC | 41:34 | M50 |
| 140 | 882 | Richard Harper (M60) | Beckenham Running Club | 41:46 | M60 |
| 141 | 1035 | Barry Angell (M50) | Central Park Athletics | 41:59 | M50 |
| 142 | 1227 | Lee Sentenacq (M55) | South Kent Harriers | 41:59 | M50 |
| 143 | 1143 | Gavin Braithwaite (M40) | Harvel Hash House Harriers | 42:12 | M40 |
| 144 | 1230 | Philip Larter (M50) | Swale Combined AC | 42:15 | M50 |
| 145 | 995 | Clem Dixon (M60) | Cambridge Harriers | 42:29 | M60 |
| 146 | 1147 | Matthew Fairclough (M50) | Harvel Hash House Harriers | 42:48 | M50 |
| 147 | 868 | Jason Kennedy (M50) | Ashford Striders Running Club | 42:55 | M50 |
| 148 | 1291 | Alan Collard (M60) | Tunbridge Wells Harriers | 42:57 | M60 |
| 149 | 835 | Peter Tomsett (M45) | Ashford AC | 43:00 | M40 |
| 150 | 955 | Barry Horgan (M50) | Blackheath and Bromley H AC | 43:11 | M50 |
| 151 | 903 | Jim Faulkner (M55) | Bexley AC | 43:35 | M50 |
| 152 | 1269 | Richard Sargent (M50) | Tonbridge AC | 43:40 | M50 |
| 153 | 1144 | James Buchan (M45) | Harvel Hash House Harriers | 43:44 | M40 |

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| 154 | 1082 | Cullen O'Donnell (M55) | Dartford Harriers AC | 43:47 | M50 |
| 155 | 987 | John Barron (M65) | Cambridge Harriers | 43:53 | M60 |
| 156 | 1228 | Leigh Woods (M60) | South Kent Harriers | 43:55 | M60 |
| 157 | 874 | Michael Beecher (M65) | Beckenham Running Club | 44:12 | M60 |
| 158 | 999 | Paul Ford (M55) | Cambridge Harriers | 44:16 | M50 |
| 159 | 1133 | Mark Hayes (M45) | Greenwich Tritons | 44:20 | M40 |
| 160 | 1325 | Michael Purse (M55) | Tunbridge Wells Harriers | 44:46 | M50 |
| 161 | 904 | Neil Ferebee (M55) | Bexley AC | 44:52 | M50 |
| 162 | 1296 | Terry Everest (M40) | Tunbridge Wells Harriers | 46:00 | M40 |
| 163 | 1145 | Ian Dickson (M65) | Harvel Hash House Harriers | 46:06 | M60 |
| 164 | 923 | Gary Witt (M60) | Bexley AC | 46:22 | M60 |
| 165 | 1328 | Duncan Ralph (M55) | Tunbridge Wells Harriers | 46:25 | M50 |
| 166 | 1031 | Paul Warricker (M60) | Cambridge Harriers | 46:46 | M60 |
| 167 | 873 | Ken Baksh (M65) | Beckenham Running Club | 46:55 | M60 |
| 168 | 1011 | Ian McCarthy (M65) | Cambridge Harriers | 46:56 | M60 |
| 169 | 1200 | Andy Haynes (M40) | Mote Runners | 46:59 | M40 |
| 170 | 919 | Stephen Stewart (M60) | Bexley AC | 47:27 | M60 |
| 171 | 1312 | Paul Kromm (M65) | Tunbridge Wells Harriers | 47:39 | M60 |
| 172 | 1333 | Mark Scott (M50) | Tunbridge Wells Harriers | 49:23 | M50 |
| 173 | 1120 | Adam Hughes (M60) | Folkestone Running and Athletics Club | 54:50 | M60 |
| 174 | 1042 | Brian Downton (M55) | Central Park Athletics | 56:13 | M50 |