

**Kent Cross Country League Results - Foots Cray Meadows, Sidcup 12/10/2024****Under 20 Men 5000m Individual Results**

<b>Pos</b>	<b>No</b>	<b>Name</b>	<b>Club</b>	<b>Time</b>
1	552	Mark Constable	Blackheath and Bromley H AC	17:16
2	554	Harry Fage	Blackheath and Bromley H AC	17:54
3	550	Alexander Taylor	Bexley AC	18:16
4	578	Toby James	Tonbridge AC	18:18
5	525	Louis Eldred	Thanet Roadrunners AC	18:39
6	566	Adrian Hristov	Greenwich Tritons	18:56
7	563	Matthew Quogan	Central Park Athletics	21:09
8	571	Dominic Wright	Medway and Maidstone AC	21:33
9	572	Cyrus Young	Medway and Maidstone AC	25:18