

**Kent Cross Country League Results - Foots Cray Meadows, Sidcup 12/10/2024****Senior Women 8000m Individual Results**

<b>Pos</b>	<b>No</b>	<b>AthleteName</b>	<b>Club</b>	<b>Time</b>	
1	652	Chloe Sharp	Blackheath and Bromley H AC	31:19	SW
2	653	Millie Smith	Blackheath and Bromley H AC	32:15	SW
3	654	Morgan Squibb	Blackheath and Bromley H AC	33:16	SW
4	745	Renata McDonnell (W50)	Invicta East Kent AC	33:43	W45
5	697	Sarah Brushett	Dartford Harriers AC	34:03	SW
6	814	Amelie Karlsson	Tunbridge Wells Harriers	34:19	SW
7	747	Amy Seager	Invicta East Kent AC	34:29	SW
8	753	Charlotte Johnston	Maidstone Harriers	34:47	SW
9	627	Alice Burnhope	Bexley AC	35:02	SW
10	580	Gemma Carter-Collins (W45)	Ashford AC	35:05	W45
11	648	Imogen McLennan (W40)	Blackheath and Bromley H AC	35:38	W35
12	642	Jennie Butler (W50)	Blackheath and Bromley H AC	35:40	W45
13	797	Elizabeth Owen (W45)	Tonbridge AC	35:57	W45
14	611	Siobhan Burne	Beckenham Running Club	36:17	SW
15	756	Holly Pan	Maidstone Harriers	36:17	SW
16	760	Emily Hale	Medway and Maidstone AC	36:23	SW
17	624	Heather Shannon (W35)	Beckenham Running Club	36:30	W35
18	701	Eve Goodhart	Dartford Harriers AC	36:40	SW
19	666	Phoebe Cooper	Cambridge Harriers	36:54	SW
20	789	Sarah Cronin	Tonbridge AC	37:08	SW
21	804	Harriet Woolley (W35)	Tonbridge AC	37:15	W35
22	657	Julie Backley (W50)	Cambridge Harriers	37:23	W45
23	650	Trang Nguyen (W40)	Blackheath and Bromley H AC	37:30	W35
24	717	Nicola Goodwin (W45)	Folkestone Running and Athletics Club	37:40	W45
25	684	Elizabeth Brookes (W45)	Central Park Athletics	37:44	W45
26	623	Andrea Pickup (W55)	Beckenham Running Club	38:00	W55
27	802	Charlotte Warren (W35)	Tonbridge AC	38:23	W35
28	794	Lisa Knight (W50)	Tonbridge AC	38:26	W45
29	597	Victoria Stone	Ashford and District RRC	38:43	SW
30	640	Sarah Belaon (W40)	Blackheath and Bromley H AC	38:53	W35
31	775	Zoe Fiander (W35)	Orpington Road Runners	39:06	W35
32	651	Ashley Pearson (W50)	Blackheath and Bromley H AC	39:10	W45
33	791	Rachel Fagg (W50)	Tonbridge AC	39:13	W45
34	723	Rebecca Powney	Folkestone Running and Athletics Club	39:15	W35
35	694	Emma Griffiths	Crystal Palace Triathlon	39:16	SW
36	638	Kirsty Witt (W35)	Bexley AC	39:17	W35
37	600	Alison Waters (W50)	Ashford and District RRC	39:24	W45
38	621	Kate Marchant (W55)	Beckenham Running Club	39:25	W55
39	680	Hayley Newman	Cambridge Harriers	39:26	SW
40	582	Lauren Aldred (W35)	Ashford and District RRC	39:29	W35
41	758	Karen Cudmore (W50)	Medway and Maidstone AC	39:37	W45
42	658	Rose Baker (W60)	Cambridge Harriers	39:45	W55
43	655	Katy Sugden (W50)	Blackheath and Bromley H AC	39:53	W45
44	599	Eleanor Warnick	Ashford and District RRC	39:57	SW
45	1130	Hannah Capey	Greenwich Tritons	40:04	SW
46	685	Coralie Charles (W40)	Central Park Athletics	40:14	W35
47	812	Jillian Holford (W50)	Tunbridge Wells Harriers	40:28	W45

48	742	Nicola Vander (W35)	Harvel Hash House Harriers	40:33	W35
49	686	Anoushka Johnson (W50)	Central Park Athletics	40:39	W45
50	784	Amy Stimpson (W40)	South Kent Harriers	40:43	W35
51	630	Beata Kubala-Todd (W45)	Bexley AC	40:58	W45
52	809	Vicky Eames (W40)	Tunbridge Wells Harriers	41:02	W35
53	590	Ailis Goddard (W40)	Ashford and District RRC	41:07	W35
54	619	Ciara Kiely	Beckenham Running Club	41:15	SW
55	816	Sonja King (W40)	Tunbridge Wells Harriers	41:21	W35
56	584	Tracey Calnan (W50)	Ashford and District RRC	41:24	W45
57	786	Rebecca Young (W45)	South Kent Harriers	41:33	W45
58	795	Grazia Manzotti (W55)	Tonbridge AC	41:35	W55
59	687	Gemma May (W40)	Central Park Athletics	41:38	W35
60	734	Emmanuelle Navarri (W50)	Greenwich Tritons	41:39	W45
61	595	Wafaa Schiefler (W35)	Ashford and District RRC	41:43	W35
62	787	Olwen Cockell (W50)	Swale Combined AC	41:45	W45
63	800	Elise Rendall (W45)	Tonbridge AC	41:54	W45
64	801	Debbie Scott (W40)	Tonbridge AC	42:05	W35
65	660	Christine Bond (W60)	Cambridge Harriers	42:08	W55
66	769	Sophie Painter	Medway Tri	42:09	SW
67	766	Angela Everitt (W50)	Medway Tri	42:10	W45
68	626	Beth Armstrong	Bexley AC	42:48	SW
69	772	Hanka Eichler-Gregory (W45)	Mote Runners	42:53	W45
70	677	Donna Martin (W40)	Cambridge Harriers	43:17	W35
71	715	Layla D'Monte (W35)	Folkestone Running and Athletics Club	43:22	W35
72	631	Kirsty McEwen (W35)	Bexley AC	43:25	W35
73	703	Stephanie Wood (W55)	Dartford Harriers AC	43:32	W55
74	689	Kelly Noble (W45)	Central Park Athletics	43:45	W45
75	632	Ellen Newark	Bexley AC	44:01	SW
76	826	Alexandra Wolley (W35)	Tunbridge Wells Harriers	44:09	W35
77	822	Rose Sawyer (W50)	Tunbridge Wells Harriers	44:20	W45
78	608	Gail Arnott (W60)	Beckenham Running Club	44:31	W55
79	741	Emily Plummer (W35)	Harvel Hash House Harriers	44:35	W35
80	636	Gill Stewart (W50)	Bexley AC	44:47	W45
81	820	Brenda Purse (W50)	Tunbridge Wells Harriers	44:52	W45
82	733	Lesley McCarthy (W50)	Greenwich Tritons	44:56	W45
83	819	Diane Osborn (W55)	Tunbridge Wells Harriers	44:57	W55
84	781	Amanda Bashford (W40)	South Kent Harriers	45:06	W35
85	617	Amy Harris (W40)	Beckenham Running Club	45:14	W35
86	634	Wendy Prowse (W45)	Bexley AC	45:24	W45
87	731	Katharyn Gladwell (W50)	Greenwich Tritons	45:30	W45
88	711	Christine Munday (W45)	Dartford Road Runners	45:32	W45
89	710	Amy Hutchings (W40)	Dartford Road Runners	45:33	W35
90	803	Theresa White (W55)	Tonbridge AC	45:36	W55
91	707	Lucie Compagnoni (W45)	Dartford Road Runners	45:39	W45
92	740	Emma Fletcher	Harvel Hash House Harriers	45:49	SW
93	727	Marcela Arvizu (W50)	Greenwich Tritons	46:01	W45
94	737	Lisa Stafford	Greenwich Tritons	46:05	SW
95	691	Denise Rose (W60)	Central Park Athletics	46:06	W55
96	688	Kirsten McTeer (W45)	Central Park Athletics	46:16	W45
97	828	Lucy Wright	Tunbridge Wells Harriers	46:16	SW

98	726	Gail Turbutt (W50)	Folkestone Running and Athletics Club	46:20	W45
99	765	Jill Young (W50)	Medway and Maidstone AC	46:28	W45
100	755	Sara Palin	Maidstone Harriers	46:29	SW
101	588	Kelly Gammon (W40)	Ashford and District RRC	46:34	W35
102	659	Joanne Barber (W50)	Cambridge Harriers	46:37	W45
103	720	Zoe Neale (W50)	Folkestone Running and Athletics Club	47:39	W45
104	732	Louise Johnson (W55)	Greenwich Tritons	48:15	W55
105	633	Kelli Potter (W45)	Bexley AC	48:55	W45
106	615	Jessica Edwards	Beckenham Running Club	49:02	SW
107	749	Lesley Archer (W50)	Istead & Ifield Harriers	49:09	W45
108	735	Chryssanthi Perpatidou (W45)	Greenwich Tritons	49:46	W45
109	728	Andrea Burtscher (W40)	Greenwich Tritons	49:49	W35
110	788	Penny Ademuyiwa (W50)	Tonbridge AC	50:11	W45
111	785	Kate Tulloch (W50)	South Kent Harriers	50:19	W45
112	604	Tamsin Ritchie (W40)	Ashford Striders Running Club	50:41	W35
113	827	Joan Woodward (W50)	Tunbridge Wells Harriers	50:57	W45
114	601	Nicola Crawley (W55)	Ashford Striders Running Club	51:30	W55
115	667	Stephanie Rose Dann (W35)	Cambridge Harriers	51:47	W35
116	730	Kate Fry (W45)	Greenwich Tritons	52:13	W45
117	738	Sue Cameron (W55)	Harvel Hash House Harriers	52:27	W55
118	780	Michele Barnes (W55)	South Kent Harriers	52:48	W55
119	637	Linda Wake (W45)	Bexley AC	52:52	W45
120	693	Brigit Brown (W55)	Crystal Palace Triathlon	53:01	W55
121	591	Lucy Johnstone (W45)	Ashford and District RRC	53:26	W45
122	768	Nicola Orford (W40)	Medway Tri	53:45	W35
123	714	Trudi Curd (W60)	Folkestone Running and Athletics Club	54:04	W55
124	612	Tanya Byrne (W55)	Beckenham Running Club	55:49	W55
125	670	Angela Ford (W55)	Cambridge Harriers	56:41	W55
126	725	Rachel Smith (W45)	Folkestone Running and Athletics Club	57:07	W45
127	603	Sharon Gardner (W45)	Ashford Striders Running Club	57:35	W45
128	628	Sarah Dodds (W45)	Bexley AC	57:38	W45
129	606	Rachel Tomsett (W50)	Ashford Striders Running Club	59:23	W45
130	695	Audrey Livingston (W60)	Crystal Palace Triathlon	65:49	W55
131	782	Kirsten Mueller (W50)	South Kent Harriers	76:37	W45