

Kent Cross Country League Results - Foots Cray Meadows, Sidcup 12/10/2024**Masters 50 Men 8000m Individual Results**

Pos	No	Name	Club	Time
1	1216	Allan Lee (M50)	Sevenoaks AC	29:35
2	1224	Richard Newsome (M50)	South Kent Harriers	31:02
3	1123	Stephen Male (M55)	Folkestone Running and Athletics Club	31:05
4	1185	Richard Tomlinson (M55)	Medway and Maidstone AC	31:27
5	942	Luca Ercolani (M50)	Blackheath and Bromley H AC	31:46
6	981	Douglas Varney (M50)	Blackheath and Bromley H AC	32:05
7	1182	Alun Rodgers (M55)	Medway and Maidstone AC	32:40
8	872	Jim Addison (M50)	Beckenham Running Club	32:50
9	1233	Kevin McQuaid (M50)	Thanet Roadrunners AC	32:53
10	1074	Reuben Burford (M50)	Dartford Harriers AC	33:03
11	1157	Darren Scrivens (M50)	Invicta East Kent AC	33:22
12	1219	Oloff Van Zyl (M55)	Sevenoaks AC	33:46
13	1020	David Reader (M50)	Cambridge Harriers	34:00
14	1207	Gavin Kitchingham (M55)	Orpington Road Runners	34:11
15	1172	Adam Featherstone (M50)	Medway and Maidstone AC	34:18
16	1058	Mark Brown (M55)	Crystal Palace Triathlon	34:27
17	916	Alan Perryman (M55)	Bexley AC	34:33
18	1283	Robin Barwick (M50)	Tunbridge Wells Harriers	35:22
19	832	Ian King	Ashford AC	35:33
20	1236	Tobin Bird (M55)	Tonbridge AC	35:37
21	967	Jason Meers (M55)	Blackheath and Bromley H AC	35:42
22	855	Scott Lynch (M55)	Ashford and District RRC	35:47
23	1276	Michael Thomson (M55)	Tonbridge AC	35:50
24	1195	Paul Mason (M50)	Medway Tri	35:58
25	960	George Kleanthous (M55)	Blackheath and Bromley H AC	36:00
26	1243	Anthony Crush (M50)	Tonbridge AC	36:04
27	1142	Martin Tynan (M50)	Greenwich Tritons	36:22
28	1127	David Weekes (M55)	Folkestone Running and Athletics Club	36:29
29	1088	Nicholas Varley (M55)	Dartford Harriers AC	36:31
30	994	Steven Cummins (M50)	Cambridge Harriers	36:53
31	1125	Darren Philip (M50)	Folkestone Running and Athletics Club	36:57
32	1180	Jerome Moisan (M50)	Medway and Maidstone AC	37:11
33	1160	Derek George (M50)	Istead & Ifield Harriers	37:14
34	861	David Tomlinson (M50)	Ashford and District RRC	37:15
35	1039	James Carney (M50)	Central Park Athletics	37:17
36	924	Alan Wright (M50)	Bexley AC	37:27
37	1101	Ian McGrath (M50)	Dartford Road Runners	37:29
38	991	Russell Buchanan (M50)	Cambridge Harriers	37:29
39	1302	Saul Harris (M50)	Tunbridge Wells Harriers	37:44
40	965	Christopher Martin (M50)	Blackheath and Bromley H AC	38:00
41	888	Andy Regan (M50)	Beckenham Running Club	38:31
42	1033	Jon Wilson (M50)	Cambridge Harriers	38:48
43	854	Jim Loftus (M55)	Ashford and District RRC	38:53
44	1092	Jay Browne (M50)	Dartford Road Runners	38:53
45	974	Colin Pearson (M55)	Blackheath and Bromley H AC	38:54
46	1298	Dan Foster (M50)	Tunbridge Wells Harriers	38:56
47	1040	Alan Clisby (M55)	Central Park Athletics	39:05

48	1105	Lee Rolls (M50)	Dartford Road Runners	39:51
49	1003	David Hunter (M55)	Cambridge Harriers	40:29
50	1293	Andrew Deighton (M55)	Tunbridge Wells Harriers	40:39
51	1136	Luis Mendoza (M50)	Greenwich Tritons	41:13
52	1069	Andrew Archer (M50)	Dartford Harriers AC	41:34
53	1035	Barry Angell (M50)	Central Park Athletics	41:59
54	1227	Lee Sentenacq (M55)	South Kent Harriers	41:59
55	1230	Philip Larter (M50)	Swale Combined AC	42:15
56	1147	Matthew Fairclough (M50)	Harvel Hash House Harriers	42:48
57	868	Jason Kennedy (M50)	Ashford Striders Running Club	42:55
58	955	Barry Horgan (M50)	Blackheath and Bromley H AC	43:11
59	903	Jim Faulkner (M55)	Bexley AC	43:35
60	1269	Richard Sargent (M50)	Tonbridge AC	43:40
61	1082	Cullen O'Donnell (M55)	Dartford Harriers AC	43:47
62	999	Paul Ford (M55)	Cambridge Harriers	44:16
63	1325	Michael Purse (M55)	Tunbridge Wells Harriers	44:46
64	904	Neil Ferebee (M55)	Bexley AC	44:52
65	1328	Duncan Ralph (M55)	Tunbridge Wells Harriers	46:25
66	1333	Mark Scott (M50)	Tunbridge Wells Harriers	49:23
67	1042	Brian Downton (M55)	Central Park Athletics	56:13