

Kent Cross Country League Results - Foots Cray Meadows, Sidcup 12/10/2024**Under 20 Women 5000m Individual Results**

Pos	No	Name	Club	Time
1	417	Eliza Nicholson	Blackheath and Bromley H AC	19:26
2	434	Ella Webb	Medway and Maidstone AC	20:12
3	414	Carys Firth	Blackheath and Bromley H AC	20:21
4	433	Lola Sutton	Medway and Maidstone AC	20:29
5	432	Abigail Royden	Medway and Maidstone AC	20:50
6	422	Amelia Lawrence	Cambridge Harriers	20:54
7	429	Abigail Hawkes	Medway and Maidstone AC	22:28
8	419	Megan Slattery	Blackheath and Bromley H AC	22:32
9	412	Sophia Moore	Bexley AC	23:14
10	423	Lexie Johnson	Central Park Athletics	23:24
11	418	Islay Pearson	Blackheath and Bromley H AC	24:49