

Kent Cross Country League Results - Danson Park, Bexleyheath 09/11/2024**Under 15 Girls 4000m Individual Results**

Pos	No	Name	Club	Time
1	252	Sophie Richmond	Weald Tri Club	16:02
2	196	Sofia Mossi	Blackheath and Bromley H AC	16:37
3	189	Evie De Bruyn	Blackheath and Bromley H AC	16:45
4	245	Isabel Gowing	Tonbridge AC	17:02
5	244	Aoife Foley	Tonbridge AC	17:19
6	208	Celia Yeatman	Cambridge Harriers	17:31
7	1402	Hannah Carter	Blackheath and Bromley H AC	17:45
8	203	Sophia-Rose Bonnar	Cambridge Harriers	17:48
9	235	Rosa Truong	Medway and Maidstone AC	17:52
10	205	Meredith Cummins	Cambridge Harriers	17:55
11	191	Alba Homans-Yau	Blackheath and Bromley H AC	17:57
12	250	Jemima Wellesley	Tonbridge AC	17:59
13	220	Shevia Ryan	Dartford Harriers AC	18:05
14	223	Abbie White	Dartford Harriers AC	18:12
15	207	Delilah Lester	Cambridge Harriers	18:16
16	195	Chloe Morez	Blackheath and Bromley H AC	18:17
17	217	Matilda Holliday	Dartford Harriers AC	18:20
18	204	Isabel Brand	Cambridge Harriers	18:26
19	201	Charlotte Stevens	Blackheath and Bromley H AC	18:49
20	199	Amelie Ramdeen	Blackheath and Bromley H AC	18:55
21	241	Naomi Wright	Thanet Roadrunners AC	19:00
22	202	Celia Allen	Cambridge Harriers	19:17
23	212	Ellie Owens	Central Park Athletics	19:26
24	198	Rowan Pearson	Blackheath and Bromley H AC	19:26
25	222	Sonika Thwaites-Ramaiya	Dartford Harriers AC	19:35
26	186	Katie Wake	Bexley AC	19:50
27	246	Zara Greeves	Tonbridge AC	19:54
28	221	Gwennan Thomas	Dartford Harriers AC	19:57
29	224	Lily Day	Greenwich Tritons	19:57
30	243	Imogen Else	Tonbridge AC	19:57
31	233	Matilda Moisan	Medway and Maidstone AC	20:12
32	226	Abigail Harris	Invicta East Kent AC	20:28
33	183	Evie Fish	Bexley AC	20:38
34	231	Ava Graham	Medway and Maidstone AC	20:39
35	206	Sophie Floyd	Cambridge Harriers	20:48
36	239	Eva Rannard	Sittingbourne Striders	21:01
37	227	Eva Hiney	Invicta East Kent AC	21:15
38	209	Neve Arnould	Central Park Athletics	21:21
39	236	Ava Malone	Medway and Maidstone AC	21:35
40	211	Elizabeth May	Central Park Athletics	21:45
41	237	Keira Barnard	Sittingbourne Striders	21:58
42	188	Nancie Cox	Blackheath and Bromley H AC	22:05
43	225	Lois Baisley	Invicta East Kent AC	22:17
44	234	Amelia Reed	Medway and Maidstone AC	22:46
45	215	Isla Austin	Dartford Harriers AC	22:59
46	218	Alice Horner	Dartford Harriers AC	23:02
47	210	Scarlett Briggs	Central Park Athletics	23:07
48	230	Thandiwe Haven Fesshaie	Medway and Maidstone AC	23:07
49	1404	Isla Harrison	Invicta East Kent AC	23:41

50	184	Adaora Okafor	Bexley AC	24:53
51	185	Elodie Vivian	Bexley AC	26:26
52	238	Emilia Kay	Sittingbourne Striders	29:37