

Kent Cross Country League Results - Danson Park, Bexleyheath 09/11/2024**Masters 40 Men 8000m Individual Results**

Pos	No	Name	Club	Time
1	1188	Anthony Webb (M45)	Medway and Maidstone AC	27:31
2	1022	Ben Shearer (M45)	Cambridge Harriers	27:44
3	1005	Danny Kendall (M45)	Cambridge Harriers	27:44
4	840	Nick Collins (M45)	Ashford and District RRC	28:21
5	944	Micah Evans (M40)	Blackheath and Bromley H AC	28:41
6	1009	James MacDonald (M40)	Cambridge Harriers	29:19
7	1384	Zekeriya Adem (M40)	Central Park Athletics	29:32
8	939	Leonardus De Bruyn (M40)	Blackheath and Bromley H AC	29:43
9	926	Sam Aldridge (M40)	Blackheath and Bromley H AC	29:53
10	1421	Julian Rendall (M45)	Tonbridge AC	30:14
11	1337	Edward Steele (M40)	Tunbridge Wells Harriers	30:22
12	1015	John O'Mahony (M45)	Cambridge Harriers	30:24
13	1089	Stuart Waterman (M45)	Dartford Harriers AC	30:30
14	1072	Chris Biddle (M40)	Dartford Harriers AC	30:37
15	1191	Neill Wright (M45)	Medway and Maidstone AC	30:39
16	957	Sebastian Jones (M40)	Blackheath and Bromley H AC	30:40
17	1037	Johnnie Arnould (M45)	Central Park Athletics	30:41
18	1313	John Law (M45)	Tunbridge Wells Harriers	30:42
19	1021	Ben Rew (M45)	Cambridge Harriers	30:55
20	1190	Darren Wright (M45)	Medway and Maidstone AC	30:59
21	1025	Geoffrey Smith (M45)	Cambridge Harriers	31:17
22	1023	Rob Shearer (M45)	Cambridge Harriers	31:28
23	1320	Keith Mitchell (M45)	Tunbridge Wells Harriers	31:30
24	1235	Anthony Bennett (M45)	Tonbridge AC	31:32
25	921	Simon Wells (M45)	Bexley AC	31:33
26	1007	Will Longhurst (M40)	Cambridge Harriers	31:38
27	1017	Mark Penny (M40)	Cambridge Harriers	31:54
28	979	Paul Sharpe (M40)	Blackheath and Bromley H AC	32:08
29	1387	Stephen Apps (M45)	Sittingbourne Striders	32:15
30	1056	Daniel Bentley-Gouldstone (M40)	Crystal Palace Triathlon	32:22
31	947	Gregory Firth (M45)	Blackheath and Bromley H AC	32:23
32	1295	Andy Eames (M40)	Tunbridge Wells Harriers	32:25
33	1278	Joseph Watts (M40)	Tonbridge AC	32:27
34	1106	Barrie Seal (M45)	Dartford Road Runners	32:30
35	1332	James Sarre (M45)	Tunbridge Wells Harriers	32:36
36	934	Philip Bunn (M45)	Blackheath and Bromley H AC	32:37
37	1304	Gareth Hiron (M40)	Tunbridge Wells Harriers	32:46
38	1288	Richard Carter (M40)	Tunbridge Wells Harriers	32:48
39	1229	Jonathan Cork (M40)	Swale Combined AC	33:00
40	1306	Alex Holmes (M45)	Tunbridge Wells Harriers	33:03
41	905	Jon Fish (M45)	Bexley AC	33:08
42	1210	James Willingham (M45)	Orpington Road Runners	33:21
43	1030	Stephen Thompson (M45)	Cambridge Harriers	33:32
44	1311	Mike King (M40)	Tunbridge Wells Harriers	33:37
45	1351	Jonathan Wood (M45)	White Cliffs Running & Athletics Club	33:41
46	1128	Andrew Wright (M45)	Folkestone Running and Athletics Club	33:45
47	1044	Antony Hylton (M50)	Central Park Athletics	34:24

48	1164	Kevin Buchanan (M40)	Maidstone Harriers	34:36
49	1189	Clive Woolven (M40)	Medway and Maidstone AC	34:44
50	1132	Ben Guy (M45)	Greenwich Tritons	34:48
51	1027	Peter St Amour (M45)	Cambridge Harriers	34:59
52	920	Kevin Taylor (M40)	Bexley AC	35:12
53	845	Mark Harrison (M45)	Ashford and District RRC	35:18
54	1029	Benjamin Thompson (M40)	Cambridge Harriers	35:23
55	867	Keith Haynes (M45)	Ashford Striders Running Club	35:26
56	978	Ian Scott (M45)	Blackheath and Bromley H AC	35:36
57	1032	Andy Weir (M45)	Cambridge Harriers	35:36
58	1347	Robert Winter (M45)	Tunbridge Wells Harriers	36:05
59	997	James Floyd (M45)	Cambridge Harriers	36:06
60	1222	Cris Francis (M45)	South Kent Harriers	36:13
61	1287	Richard Bysouth (M45)	Tunbridge Wells Harriers	36:20
62	897	Paul Bowen (M40)	Bexley AC	36:39
63	889	Mike Reich (M40)	Beckenham Running Club	36:50
64	1046	Robert Lenihan (M40)	Central Park Athletics	37:12
65	1307	Pete Holmes (M40)	Tunbridge Wells Harriers	38:02
66	1350	Neil Coleman (M40)	White Cliffs Running & Athletics Club	38:07
67	1146	Daniel Fairclough (M45)	Harvel Hash House Harriers	38:07
68	1013	Hakim Mendjeli (M45)	Cambridge Harriers	38:14
69	1152	Neil Woolcombe (M45)	Harvel Hash House Harriers	38:28
70	1149	Andrew Plummer (M40)	Harvel Hash House Harriers	39:07
71	863	Neil Woodham (M40)	Ashford and District RRC	39:29
72	1114	Simon Coffey (M40)	Folkestone Running and Athletics Club	39:43
73	1043	Tema Hassan (M45)	Central Park Athletics	40:14
74	1016	Sebastian Onorati (M40)	Cambridge Harriers	40:19
75	1308	Elliott Hughes (M45)	Tunbridge Wells Harriers	40:51
76	1133	Mark Hayes (M45)	Greenwich Tritons	40:55
77	1221	Lee Brewer (M45)	South Kent Harriers	41:33
78	1390	Marcus Bird (M40)	Tunbridge Wells Harriers	41:33
79	1200	Andy Haynes (M40)	Mote Runners	44:13
80	851	Andrew Johnstone (M45)	Ashford and District RRC	46:06
	1270	Tim Sherman-Samuels (M40)	Tonbridge AC	DIS