

Kent XC League - Danson Park

Saturday 9 November, 2024

Bexley Athletic Club welcomes competitors, officials and spectators to Danson Park for the Kent Cross Country League

EVENT TIMETABLE

		Distance	Start time	Course
Race 1	Girls U13	3k	1200	See course map 3k
Race 2	Boys U13	3k	1220	See course map 3k
Race 3	Girls U15	4k	1240	See course map 4k
Race 4	Boys U15	4k	1300	See course map 4k
Race 5	Women U17	5k	1320	See course map 5k
	Women U20	5k	1320	
	Vet women 65+	5k	1320	
	Vet men 70+	5k	1320	
Race 6	Men U17	5k	1350	See course map 5k
	Men U20	5k	1350	
Race 7	Senior men	8k	1410	See course map 8k

Please note: there is no senior women's race





Location and parking

The start and finish area is on the south side of Danson Park.

What3words for the start/finish area: waddle.banana.terms

Cycle and car parking is in the **main car park near Danson Stables pub, DA6 8HL** (w3w: awards.input.settle). Access is from Danson Rd, opposite Bean Rd.

Some street parking is available on nearby roads. If parking on public streets, please park considerately.

Please DO NOT use Lakeside Close for parking or to drop off competitors. Access is extremely limited and it causes gridlock.

Bus B14 stops on Danson Rd; B13 at Danson underpass; 96, 89 and B16 at Crook Log.

Nearest rail stations: Bexleyheath (2.1k); Albany Park (2.1k)

For club tent drop-off ONLY, please use Lakeside Close entrance. Limited parking is available for officials and tent carriers only.

Danson Park is in a ULEZ area.

Toilets and Changing Facilities

Portable toilets will be available close to Race HQ. There are no changing facilities at the site.

First Aid

First Aid will be provided by Southern Medical Services, who will be near the finish area.

Refreshments

Hot and cold drinks and snacks are available at the Boathouse kiosk on the north side of Danson lake (see map).

Enjoy Danson Park

We do not have exclusive use of Danson Park for the XC races, so please be aware of other users, walkers and dogs. Please take all your litter home.

Acknowledgments

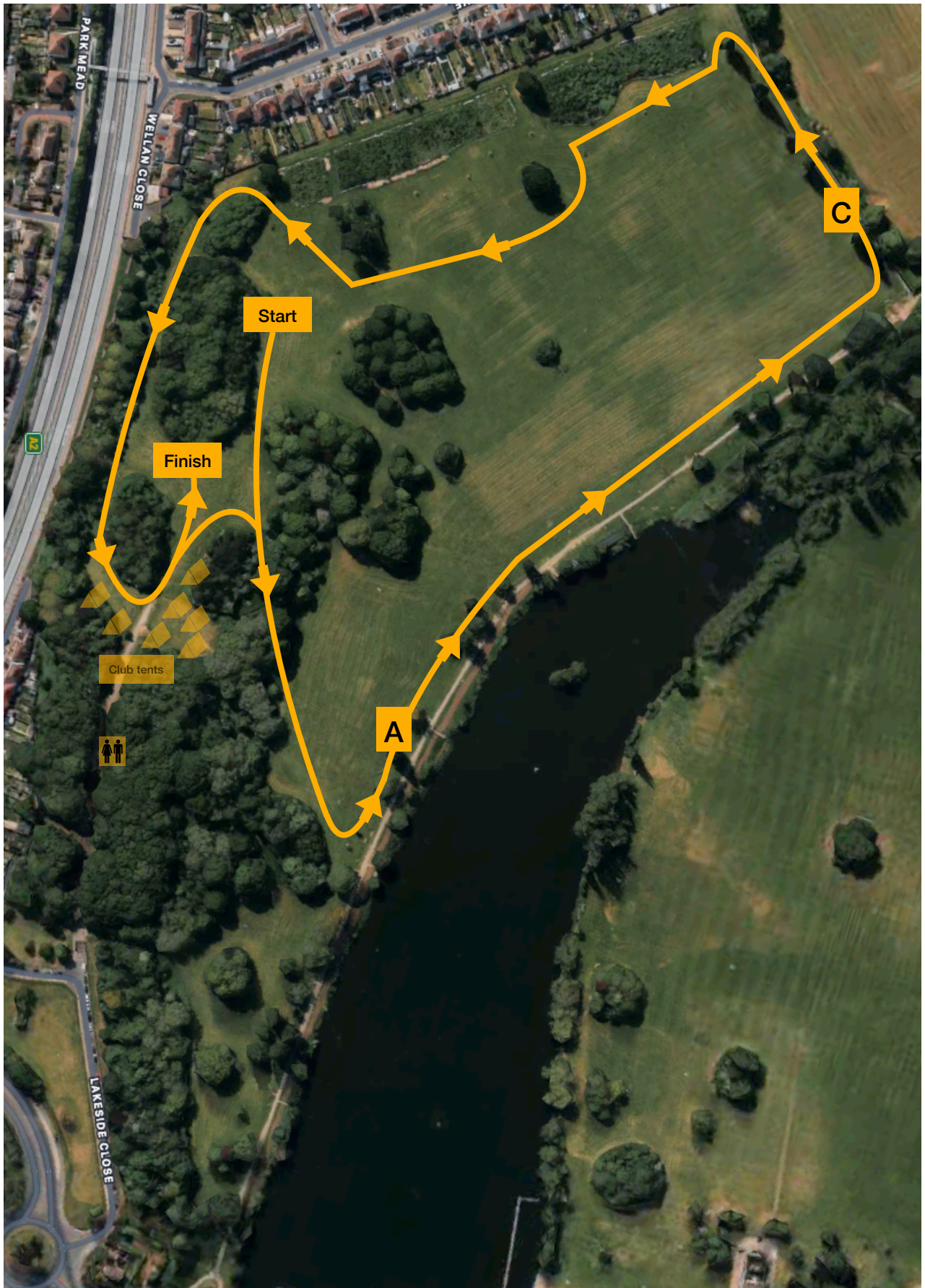
Bexley AC would like to thank the London Borough of Bexley for use of the park, Southern Medical Services, and all the volunteers and officials who make this event possible.

Girls U13 and Boys U13

Course map 3k

Start
AC AC
Finish

(3100m)

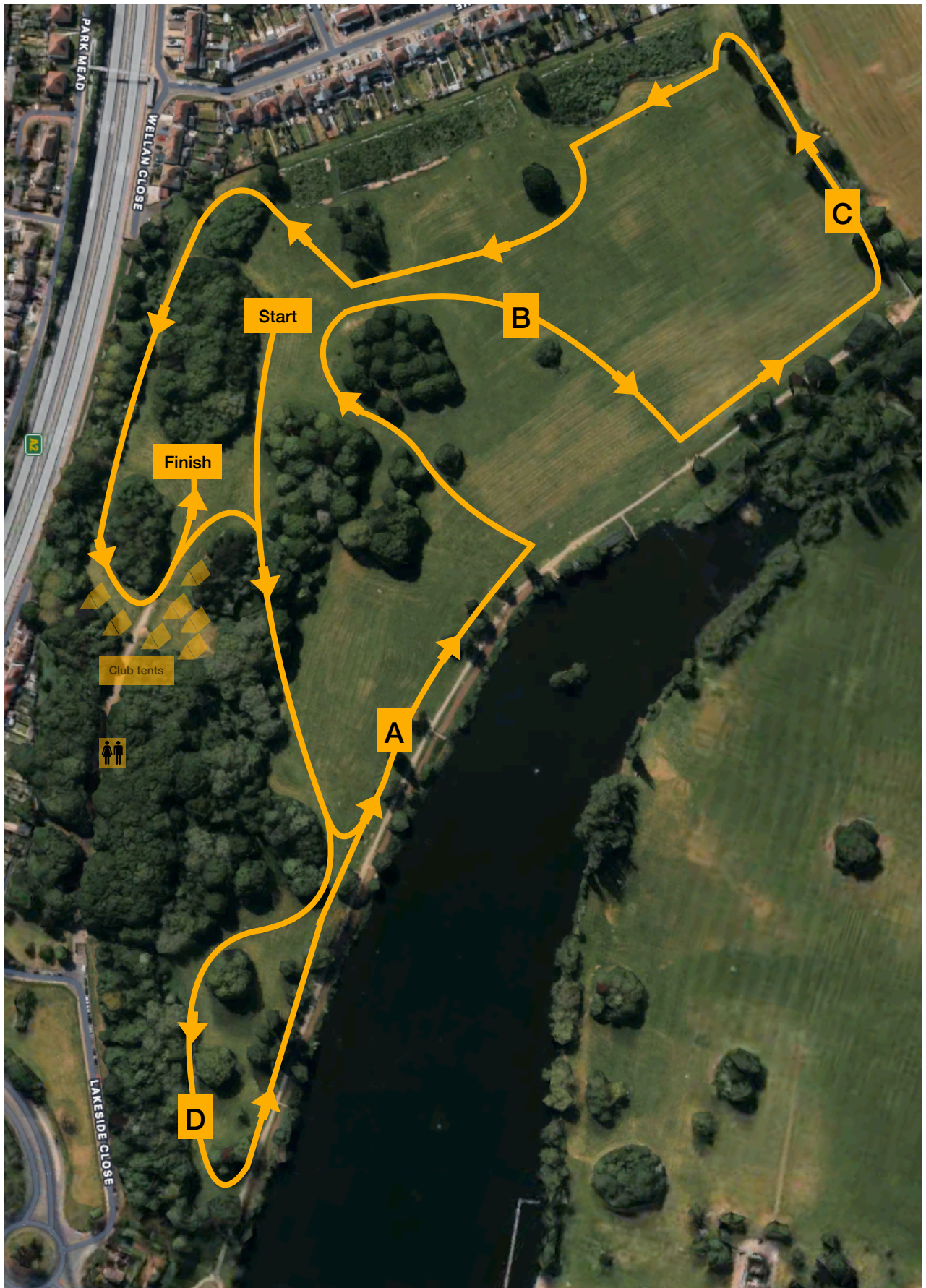


Girls U15 and Boys U15

Course map 4k

Start
ABC DABC
Finish

(4200m)

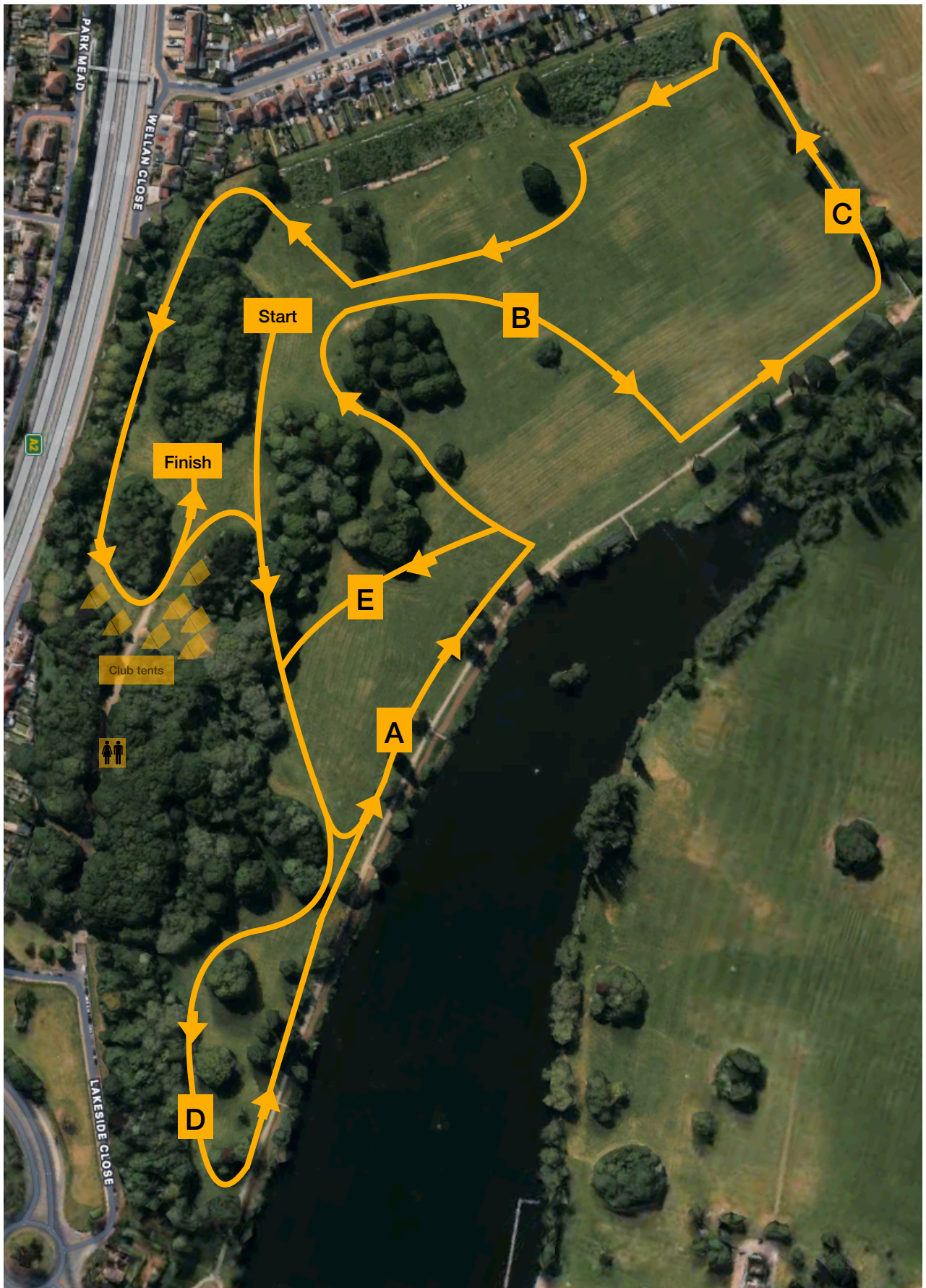


Women/men U17/U20
Vet women 65+/vet men 70+

Course map 5k

Start - AE DABC DABC - Finish

(5250m)



Senior men

Start
DAE DABC DABC DABC
Finish

Course map 8k

(8200m)

