

**Kent Cross Country League Results - Somerhill School, Tonbridge 28/10/2023****Masters 45 Women 8000m Individual Results**

<b>Pos</b>	<b>No</b>	<b>Name</b>	<b>Club</b>	<b>Time</b>
1	623	Carole Coulon (W45)	Blackheath and Bromley H AC	33:55
2	737	Renata McDonnell (W45)	Invicta East Kent AC	34:06
3	635	Julie Backley (W50)	Cambridge Harriers	36:55
4	628	Ashley Pearson (W45)	Blackheath and Bromley H AC	37:29
5	803	Elizabeth Owen (W45)	Tonbridge AC	37:59
6	1368	Penny Pilbeam (W50)	Tonbridge AC	38:18
7	783	Rebecca Pickard (W45)	Sevenoaks AC	38:26
8	752	Karen Cudmore (W50)	Medway and Maidstone AC	38:50
9	602	Donna Mewis (W50)	Beckenham Running Club	38:55
10	757	Taryne McPherson (W45)	Medway and Maidstone AC	39:08
11	792	Olwen Cockell (W50)	Swale Combined AC	39:32
12	801	Lisa Knight (W50)	Tonbridge AC	40:04
13	797	Rachel Fagg (W50)	Tonbridge AC	40:11
14	816	Ali Farrall (W50)	Tunbridge Wells Harriers	40:46
15	724	Emmanuelle Navarri (W50)	Greenwich Tritons	41:01
16	802	Grazia Manzotti (W50)	Tonbridge AC	41:04
17	680	Siobhan Carroll (W45)	Crystal Palace Triathlon	41:12
18	639	Lynette Boston (W50)	Cambridge Harriers	41:14
19	573	Tracey Calnan (W50)	Ashford and District RRC	41:29
20	776	Annette Shrimpton (W45)	Orpington Road Runners	42:07
21	570	Jenny Wilton (W50)	Ashford AC	42:08
22	710	Catherine O'Connor (W50)	Folkestone Running and Athletics Club	42:10
23	747	Penny Ellison (W45)	Maidstone Harriers	42:36
24	684	Kerrie Clarke (W45)	Dartford Harriers AC	42:37
25	723	Lesley McCarthy (W50)	Greenwich Tritons	42:39
26	1371	Patricia Salamanca (W45)	Tunbridge Wells Harriers	42:46
27	734	Lucy Hale (W45)	Invicta East Kent AC	42:52
28	613	Beata Kubala-Todd (W45)	Bexley AC	43:19
29	686	Jane Crawley (W45)	Dartford Harriers AC	43:20
30	592	Melanie Burdett (W45)	Beckenham Running Club	43:25
31	767	Hanka Eichler-Gregory (W45)	Mote Runners	43:40
32	640	Sally Carr (W50)	Cambridge Harriers	43:42
33	832	Rose Sawyer (W50)	Tunbridge Wells Harriers	43:50
34	791	Rebecca Young (W45)	South Kent Harriers	44:13
35	824	Suzannah Kinsella (W50)	Tunbridge Wells Harriers	44:41
36	617	Gill Stewart (W50)	Bexley AC	44:51
37	830	Brenda Purse (W50)	Tunbridge Wells Harriers	44:52
38	733	Lisa Watson (W50)	Harvel Hash House Harriers	44:54
39	581	Jayne Fryer (W50)	Ashford and District RRC	44:58
40	591	Niamh Brooks (W45)	Beckenham Running Club	45:46
41	699	Alexandra Cooper (W50)	Dartford Road Runners	45:57
42	769	Jayne O'Sullivan (W45)	Mote Runners	45:58
43	677	Kelly Noble (W45)	Central Park Athletics	46:03
44	712	Diane Parsons (W45)	Folkestone Running and Athletics Club	46:03
45	674	Kirsten McTeer (W45)	Central Park Athletics	46:09
46	637	Joanne Barber (W50)	Cambridge Harriers	46:26
47	572	Michala Bridgland (W45)	Ashford and District RRC	46:27

48	809	Theresa White (W50)	Tonbridge AC	46:27
49	709	Zoe Neale (W45)	Folkestone Running and Athletics Club	46:41
50	741	Deborah McCarthy (W50)	Istead & Ifield Harriers	47:38
51	798	Selina Hawker (W45)	Tonbridge AC	48:11
52	804	Pearl Pearce (W45)	Tonbridge AC	49:45
53	761	Rachael Stewart (W45)	Medway and Maidstone AC	50:46
54	1372	Joan Woodward (W45)	Tunbridge Wells Harriers	51:21
55	756	Sarah Kenyon (W50)	Medway and Maidstone AC	51:25
56	611	Sarah Dodds (W45)	Bexley AC	60:13