

Kent Cross Country League Results - Somerhill School, Tonbridge 28/10/2023**Masters 40 Men 8000m Individual Results**

Pos	No	Name	Club	Time
1	931	Micah Evans (M40)	Blackheath and Bromley H AC	29:10
2	1008	Ben Shearer (M45)	Cambridge Harriers	29:23
3	1176	Anthony Webb (M45)	Medway and Maidstone AC	29:31
4	1266	Jay Smith (M40)	Tonbridge AC	30:26
5	1258	Julian Rendall (M45)	Tonbridge AC	30:51
6	1320	Edward Steele (M40)	Tunbridge Wells Harriers	31:00
7	924	Christian Clement (M40)	Blackheath and Bromley H AC	31:26
8	957	Fintan Parkinson (M45)	Blackheath and Bromley H AC	31:37
9	1275	Tom Woolley (M40)	Tonbridge AC	31:47
10	1376	William Senbanjo (M40)	Blackheath and Bromley H AC	31:59
11	1160	Justin Lane (M45)	Medway and Maidstone AC	32:10
12	1210	Richard Newsome (M45)	South Kent Harriers	32:12
13	1012	Geoffrey Smith (M45)	Cambridge Harriers	32:21
14	1222	Anthony Bennett (M45)	Tonbridge AC	32:26
15	1034	Craig Sharp (M45)	Central Park Athletics	32:31
16	984	Duncan Hope (M40)	Cambridge Harriers	32:41
17	1180	Neill Wright (M45)	Medway and Maidstone AC	32:46
18	1038	Daniel Bentley-Gouldstone (M40)	Crystal Palace Triathlon	32:50
19	1128	Glen Davison (M40)	Invicta East Kent AC	32:56
20	912	Simon Wells (M45)	Bexley AC	32:59
21	1005	Ben Rew (M40)	Cambridge Harriers	33:01
22	1071	Stuart Waterman (M45)	Dartford Harriers AC	33:03
23	1001	Mark Penny (M40)	Cambridge Harriers	33:34
24	1157	Tristan Hodges (M45)	Medway and Maidstone AC	33:43
25	1294	Alexander Holmes (M45)	Tunbridge Wells Harriers	33:51
26	1286	Andy Eames (M40)	Tunbridge Wells Harriers	33:56
27	1105	Andrew Wright (M45)	Folkestone Running and Athletics Clu	33:57
28	963	Paul Sharpe (M40)	Blackheath and Bromley H AC	34:10
29	1316	James Sarre (M45)	Tunbridge Wells Harriers	34:11
30	846	Paul Crisp (M45)	Ashford and District RRC	34:24
31	1273	Joseph Watts (M40)	Tonbridge AC	34:28
32	1002	James Pitts (M40)	Cambridge Harriers	34:30
33	1009	Rob Shearer (M45)	Cambridge Harriers	34:46
34	934	Gregory Firth (M45)	Blackheath and Bromley H AC	34:58
35	898	Jon Fish (M45)	Bexley AC	35:01
36	864	Luke Roberts (M40)	Ashford and District RRC	35:01
37	1268	Peter Sutton (M40)	Tonbridge AC	35:02
38	1179	Darren Wright (M45)	Medway and Maidstone AC	35:12
39	962	Ian Scott (M45)	Blackheath and Bromley H AC	35:53
40	959	Martin Parkinson (M40)	Blackheath and Bromley H AC	35:55
41	1119	Martin Tynan (M45)	Greenwich Tritons	35:58
42	1299	Michael King (M40)	Tunbridge Wells Harriers	36:06
43	1301	Ken MacSporrán (M45)	Tunbridge Wells Harriers	36:14
44	867	Dave Vinton (M40)	Ashford and District RRC	36:19
45	1197	James Willingham (M45)	Orpington Road Runners	36:23
46	1141	Kevin Buchanan (M40)	Maidstone Harriers	36:35
47	1036	Mark Smith (M40)	Central Park Athletics	36:38

48	1046	Matthew White (M45)	Crystal Palace Triathlon	37:13
49	1279	Richard Bysouth (M45)	Tunbridge Wells Harriers	37:18
50	1386	Charlie Richardson (M40)	Tonbridge AC	37:24
51	1334	Anthony Preston (M40)	Weald Tri Club	38:38
52	1164	Jerome Moisan (M45)	Medway and Maidstone AC	38:56
53	1330	Robert Winter (M40)	Tunbridge Wells Harriers	39:18
54	1187	Richard Hassall (M40)	Orpington Road Runners	39:25
55	1183	Chris Parks (M45)	Mote Runners	39:33
56	979	James Floyd (M45)	Cambridge Harriers	39:37
57	863	Stuart Nunn (M45)	Ashford and District RRC	39:55
58	1394	Chris Bosworth (M40)	Paddock Wood AC	40:00
59	1291	George Harris (M45)	Tunbridge Wells Harriers	40:05
60	878	Ian Galbraith (M40)	Beckenham Running Club	40:58
61	847	Robert Davis (M40)	Ashford and District RRC	41:02
62	1095	Simon Coffey (M40)	Folkestone Running and Athletics Clu	41:31
63	1162	James Milne (M45)	Medway and Maidstone AC	41:37
64	875	Karol Dorniak (M40)	Beckenham Running Club	41:56
65	1235	Steven Ellison (M45)	Tonbridge AC	41:58
66	1311	Alistair Reid (M45)	Tunbridge Wells Harriers	42:32
67	1126	Neil Woolcombe (M45)	Harvel Hash House Harriers	42:51
68	1281	Neil Clark (M45)	Tunbridge Wells Harriers	43:26
69	1205	Lee Brewer (M45)	South Kent Harriers	43:47
70	1287	Terry Everest (M40)	Tunbridge Wells Harriers	44:31
71	841	Peter Tomsett (M45)	Ashford AC	44:50
72	868	Neil Woodham (M40)	Ashford and District RRC	45:25
73	1028	Chris May (M40)	Central Park Athletics	46:49