

Kent Cross Country League Results - Swanley Park, Swanley 25/11/2023**Master 35 Women 8000m Individual Results**

Pos	No	Name	Club	Time	
1	574	Gemma Carter-Collins (W40)	Ashford and District RRC	32:20	W35
2	663	Katie Sanders (W40)	Cambridge Harriers	32:57	W35
3	708	Nicola Goodwin (W40)	Folkestone Running and Athletics Club	33:47	W35
4	627	Trang Nguyen (W40)	Blackheath and Bromley H AC	33:53	W35
5	666	Elizabeth Brookes (W40)	Central Park Athletics	33:55	W35
6	808	Charlotte Warren (W35)	Tonbridge AC	34:28	W35
7	815	Vicky Eames (W40)	Tunbridge Wells Harriers	34:48	W35
8	692	Sophie Price (W40)	Dartford Harriers AC	35:39	W35
9	758	Antel Muller (W35)	Medway and Maidstone AC	36:14	W35
10	619	Sarah Belaon (W40)	Blackheath and Bromley H AC	36:31	W35
11	1366	Laura Andrade (W40)	Tonbridge AC	36:33	W35
12	588	Sophie West (W40)	Ashford and District RRC	36:36	W35
13	668	Coralie Charles (W35)	Central Park Athletics	36:47	W35
14	673	Gemma May (W40)	Central Park Athletics	37:00	W35
15	813	Susan Cooper (W40)	Tunbridge Wells Harriers	37:01	W35
16	762	Vanessa Vander (W35)	Medway and Maidstone AC	37:06	W35
17	685	Anna Cleary (W40)	Dartford Harriers AC	37:23	W35
18	744	Kulwinder Thind (W40)	Istead & Ifield Harriers	37:30	W35
19	739	Sally George (W40)	Istead & Ifield Harriers	37:43	W35
20	823	Sonja King (W40)	Tunbridge Wells Harriers	38:35	W35
21	731	Emily Plummer (W35)	Harvel Hash House Harriers	38:44	W35
22	599	Amy Harris (W40)	Beckenham Running Club	39:05	W35
23	1364	Eleanor Meo (W40)	Folkestone Running and Athletics Club	39:19	W35
24	760	Catherine Rodwell (W35)	Medway and Maidstone AC	40:54	W35
25	606	Melanie Tunmore (W40)	Beckenham Running Club	41:08	W35
26	759	Hayley Palmer (W40)	Medway and Maidstone AC	41:30	W35
27	790	Jennifer Spillane (W40)	South Kent Harriers	42:06	W35
28	582	Kelly Gammon (W40)	Ashford and District RRC	42:16	W35
29	670	Amy Hutchings (W35)	Central Park Athletics	42:19	W35
30	667	Nataly Canaveral (W35)	Central Park Athletics	42:50	W35
31	600	Emma Lewis (W35)	Beckenham Running Club	43:38	W35
32	774	Anna Lerner (W40)	Orpington Road Runners	45:18	W35
33	715	Lisa Smith (W40)	Folkestone Running and Athletics Club	49:34	W35