

Kent Cross Country League Results - Foots Cray Meadows, Sidcup 14/10/2023**Masters 50 Men8000m Individual Results**

Pos	No	Name	Club	Time
1	1200	Allan Lee (M50)	Sevenoaks AC	30:43
2	1172	Richard Tomlinson (M55)	Medway and Maidstone AC	31:44
3	1131	Gavin Whitlock (M50)	Invicta East Kent AC	33:26
4	930	Luca Ercolani (M50)	Blackheath and Bromley H AC	33:35
5	1152	Adam Featherstone (M50)	Medway and Maidstone AC	34:18
6	1214	Darren Scrivens (M50)	South Kent Harriers	34:24
7	839	Ian King (M50)	Ashford AC	34:28
8	1189	Gavin Kitchingham (M55)	Orpington Road Runners	34:40
9	1203	Oloff Van Zyl (M50)	Sevenoaks AC	34:43
10	1256	Richard Preston (M50)	Tonbridge AC	34:49
11	1093	Tristan Bruce (M50)	Folkestone Running and Athletics Club	34:56
12	1040	Mark Brown (M55)	Crystal Palace Triathlon	35:04
13	1254	Mark Pitcairn-Knowles (M55)	Tonbridge AC	35:19
14	1003	Christian Poulton (M55)	Cambridge Harriers	35:25
15	1004	David Reader (M50)	Cambridge Harriers	35:48
16	1039	Graeme Blair (M50)	Crystal Palace Triathlon	36:11
17	865	Julius Samson (M50)	Ashford and District RRC	36:25
18	1282	Stuart Corke (M55)	Tunbridge Wells Harriers	36:28
19	1178	Gareth Williams (M55)	Medway and Maidstone AC	36:36
20	1166	Alun Rodgers (M55)	Medway and Maidstone AC	36:48
21	860	Scott Lynch (M55)	Ashford and District RRC	37:06
22	922	Matthew Bullen (M55)	Blackheath and Bromley H AC	37:15
23	885	Neil Phillips (M55)	Beckenham Running Club	37:30
24	1202	Darrell Smith (M55)	Sevenoaks AC	37:30
25	1276	Robin Barwick (M50)	Tunbridge Wells Harriers	37:36
26	950	Jason Meers (M50)	Blackheath and Bromley H AC	37:38
27	886	Andy Regan (M50)	Beckenham Running Club	37:40
28	1054	Paul Dawes (M50)	Dartford Harriers AC	38:02
29	1168	Barry Royden (M55)	Medway and Maidstone AC	38:03
30	1238	Antony Fullbrook (M55)	Tonbridge AC	38:34
31	1283	Richard Craig-McFeely (M55)	Tunbridge Wells Harriers	38:37
32	1133	Derek George (M50)	Istead & Ifield Harriers	38:38
33	1022	James Carney (M50)	Central Park Athletics	38:42
34	1289	Mark Godsolve (M50)	Tunbridge Wells Harriers	38:43
35	1081	Steve Jarvis (M50)	Dartford Road Runners	38:48
36	943	George Kleanthous (M55)	Blackheath and Bromley H AC	38:57
37	1195	Joe Precious (M50)	Orpington Road Runners	38:59
38	1293	Simon Holford (M50)	Tunbridge Wells Harriers	39:06
39	919	William Brindley (M50)	Blackheath and Bromley H AC	39:08
40	1134	Darren Harger (M50)	Istead & Ifield Harriers	39:15
41	1292	Saul Harris (M50)	Tunbridge Wells Harriers	39:27
42	953	Sheridan Morris (M55)	Blackheath and Bromley H AC	39:30
43	1297	Andrew Joad (M55)	Tunbridge Wells Harriers	39:37
44	1308	Richard Quartermaine (M50)	Tunbridge Wells Harriers	39:38
45	1074	Jay Browne (M50)	Dartford Road Runners	39:40
46	964	Barry Slattery (M55)	Blackheath and Bromley H AC	39:40
47	1144	Martin Jones (M50)	Maidstone Harriers	39:44

48	1104	David Weekes (M55)	Folkestone Running and Athletics Club	40:15
49	1047	Andrew Archer (M50)	Dartford Harriers AC	40:16
50	1216	Kevin Southen (M50)	South Kent Harriers	40:22
51	949	Chris Martin (M50)	Blackheath and Bromley H AC	40:30
52	888	Richard Stokes (M50)	Beckenham Running Club	40:42
53	1326	Christopher Walmsley (M50)	Tunbridge Wells Harriers	40:46
54	1324	Colin Timmins (M55)	Tunbridge Wells Harriers	40:57
55	1208	John Fortuna (M55)	South Kent Harriers	41:09
56	1284	Andrew Deighton (M55)	Tunbridge Wells Harriers	41:11
57	1288	Dan Foster (M50)	Tunbridge Wells Harriers	41:15
58	1045	Chris O'Gorman (M55)	Crystal Palace Triathlon	41:33
59	1314	David Salmons (M50)	Tunbridge Wells Harriers	41:57
60	845	Robin Butler (M50)	Ashford and District RRC	41:58
61	1064	Cullen O'Donnell (M55)	Dartford Harriers AC	41:59
62	1143	Daren Chambers (M55)	Maidstone Harriers	42:01
63	1023	Alan Clisby (M55)	Central Park Athletics	42:06
64	968	Patrick Austin (M55)	Cambridge Harriers	42:08
65	859	Steve Hodges (M55)	Ashford and District RRC	42:30
66	1083	Tony Piper (M55)	Dartford Road Runners	42:54
67	1319	Neil Simmonds (M55)	Tunbridge Wells Harriers	43:11
68	1242	Mark Grange (M55)	Tonbridge AC	43:22
69	879	Richard Harper (M55)	Beckenham Running Club	43:37
70	1215	Lee Sentenacq (M55)	South Kent Harriers	43:39
71	981	Paul Ford (M55)	Cambridge Harriers	43:55
72	1218	Philip Larter (M50)	Swale Combined AC	44:09
73	1307	Michael Purse (M55)	Tunbridge Wells Harriers	44:24
74	1262	Richard Sargent (M50)	Tonbridge AC	44:30
75	1313	Michael Russell (M55)	Tunbridge Wells Harriers	44:35
76	1265	Alex Slack (M50)	Tonbridge AC	44:58
77	1182	Nigel Groves (M55)	Mote Runners	45:09
78	1309	Duncan Ralph (M55)	Tunbridge Wells Harriers	45:11
79	897	Jim Faulkner (M55)	Bexley AC	45:24
80	1327	Philip Watkins (M50)	Tunbridge Wells Harriers	46:57
81	1085	Darren Rickard (M50)	Dartford Road Runners	47:05
82	1025	Brian Downton (M55)	Central Park Athletics	49:43