

**Kent Cross Country League Results - Swanley Park, Swanley 15/10/2022****Masters Men 7800m Individual Results**

<b>Pos</b>	<b>No</b>	<b>Name</b>	<b>Club</b>	<b>Time</b>	
1	938	Micah Evans (M40)	Blackheath and Bromley H AC	26:06	M40
2	1186	Anthony Webb (M45)	Medway and Maidstone AC	26:36	M40
3	997	James Macdonald (M40)	Cambridge Harriers	26:42	M40
4	1177	Justin Lane (M45)	Medway and Maidstone AC	27:56	M40
5	1277	Julian Rendall (M45)	Tonbridge AC	28:00	M40
6	1005	John O'Mahony (M40)	Cambridge Harriers	28:04	M40
7	960	Fintan Parkinson (M40)	Blackheath and Bromley H AC	28:11	M40
8	1094	Stephen Male (M55)	Folkestone Running Club	28:19	M50
9	970	Roger Vilardell (M40)	Blackheath and Bromley H AC	28:23	M40
10	1189	Neill Wright (M45)	Medway and Maidstone AC	28:27	M40
11	1244	Anthony Bennett (M45)	Tonbridge AC	28:43	M40
12	1229	Richard Newsome (M45)	South Kent Harriers	28:44	M40
13	1057	Chris Biddle (M40)	Dartford Harriers AC	28:51	M40
14	1103	Andrew Wright (M40)	Folkestone Running Club	28:53	M40
15	1333	Edward Steele (M40)	Tunbridge Wells Harriers	29:07	M40
16	1180	Alun Rodgers (M55)	Medway and Maidstone AC	29:22	M50
17	985	Steven Groom (M40)	Cambridge Harriers	29:40	M40
18	1075	Stuart Waterman (M40)	Dartford Harriers AC	29:41	M40
19	1329	James Sarre (M45)	Tunbridge Wells Harriers	29:55	M40
20	869	Jim Addison (M50)	Beckenham Running Club	29:59	M50
21	1059	Reuben Burford (M50)	Dartford Harriers AC	30:11	M50
22	1137	Simon Collins (M40)	Istead & Ifield Harriers	30:13	M40
23	949	Steven Hough (M45)	Blackheath and Bromley H AC	30:15	M40
24	1022	Johnnie Arnould (M40)	Central Park Athletics	30:17	M40
25	835	Richard Huckstepp (M40)	Ashford AC	30:19	M40
26	947	Simon Harris (M45)	Blackheath and Bromley H AC	30:19	M40
27	1217	Oloff Van Zyl (M50)	Sevenoaks AC	30:20	M50
28	927	Roger Beswick (M60)	Blackheath and Bromley H AC	30:20	M60
29	1030	Simon Johnson (M40)	Central Park Athletics	30:21	M40
30	966	Paul Sharpe (M40)	Blackheath and Bromley H AC	30:31	M40
31	1009	David Reader (M45)	Cambridge Harriers	30:33	M40
32	965	Ian Scott (M45)	Blackheath and Bromley H AC	30:37	M40
33	1231	Darren Scrivens (M50)	South Kent Harriers	30:38	M50
34	1169	Adam Featherstone (M50)	Medway and Maidstone AC	30:39	M50
35	1007	Christian Poulton (M55)	Cambridge Harriers	30:46	M50
36	842	James Booth (M45)	Ashford and District RC	30:52	M40
37	1201	Gavin Kitchingham (M55)	Orpington Road Runners	30:55	M50
38	900	Jon Fish (M40)	Bexley AC	30:56	M40
39	1138	Robert Conetta (M40)	Istead & Ifield Harriers	31:15	M40
40	1292	Richard Carter (M40)	Tunbridge Wells Harriers	31:26	M40
41	873	Simon Carter (M45)	Beckenham Running Club	31:28	M40
42	1192	Carl Shawcross (M50)	Medway Tri	31:35	M50
43	1312	Michael King (M40)	Tunbridge Wells Harriers	31:37	M40
44	1303	Dave Hadaway (M55)	Tunbridge Wells Harriers	31:41	M50
45	911	Alan Perryman (M55)	Bexley AC	31:47	M50
46	1215	Andrew Mead (M50)	Sevenoaks AC	31:48	M50
47	1016	Guy Swarbreck (M40)	Cambridge Harriers	31:49	M40
48	860	Paul Moses (M55)	Ashford and District RC	31:54	M50
49	1034	Mark Smith (M40)	Central Park Athletics	31:58	M40

50	1038	Graeme Blair (M50)	Crystal Palace Triathlon	32:06	M50
51	1242	Jason Barton (M40)	Tonbridge AC	32:08	M40
52	865	Luke Roberts (M40)	Ashford and District RC	32:09	M40
53	1188	Gareth Williams (M55)	Medway and Maidstone AC	32:10	M50
54	1245	Tobin Bird (M50)	Tonbridge AC	32:20	M50
55	1029	Antony Hylton (M45)	Central Park Athletics	32:24	M40
56	864	Paul Ridley (M40)	Ashford and District RC	32:25	M40
57	1218	Daniel Witt (M45)	Sevenoaks AC	32:26	M40
58	1300	Kieran Fitzpatrick (M40)	Tunbridge Wells Harriers	32:27	M40
59	939	Steve Evenden (M45)	Blackheath and Bromley H AC	32:31	M40
60	872	Ben Calascione (M50)	Beckenham Running Club	32:36	M50
61	1200	Steve Georgiadis (M55)	Orpington Road Runners	32:38	M50
62	981	Dom Fiore (M50)	Cambridge Harriers	32:39	M50
63	878	Gabriel Garcia (M40)	Beckenham Running Club	32:39	M40
64	855	Steve Hodges (M55)	Ashford and District RC	32:39	M50
65	1052	Matthew White (M45)	Crystal Palace Triathlon	32:48	M40
66	1006	James Pitts (M40)	Cambridge Harriers	32:50	M40
67	1133	Michael Rigden (M45)	Invicta East Kent AC	32:50	M40
68	853	Mark Harrison (M40)	Ashford and District RC	32:57	M40
69	857	Scott Lynch (M55)	Ashford and District RC	33:00	M50
70	1264	Derek Jee (M50)	Tonbridge AC	33:03	M50
71	1213	Chris Desmond (M55)	Sevenoaks AC	33:07	M50
72	1196	Dan Berry (M45)	Orpington Road Runners	33:09	M40
73	890	Tim Robinson (M40)	Beckenham Running Club	33:11	M40
74	1139	Derek George (M50)	Istead & Ifield Harriers	33:14	M50
75	954	Jason Meers (M50)	Blackheath and Bromley H AC	33:19	M50
76	1083	Ian McGrath (M50)	Dartford Road Runners	33:25	M50
77	887	Neil Phillips (M55)	Beckenham Running Club	33:34	M50
78	1351	Anthony Preston (M40)	Weald Tri Club	33:36	M40
79	1209	Robert Caldwell (M40)	Paddock Wood AC	33:40	M40
80	1122	Toby Short (M45)	Harvel Hash House Harriers	33:41	M40
81	1096	Ian McGilloway (M45)	Folkestone Running Club	33:42	M40
82	1062	Paul Dawes (M45)	Dartford Harriers AC	33:45	M40
83	1337	Colin Timmins (M55)	Tunbridge Wells Harriers	33:49	M50
84	848	Darren Fagg (M45)	Ashford and District RC	33:56	M40
85	1230	Raymond Pearce (M60)	South Kent Harriers	33:57	M60
86	1025	Paul Cheeseman (M50)	Central Park Athletics	33:59	M50
87	1256	Daniel Crush (M45)	Tonbridge AC	34:00	M40
88	1275	Mark Raymond (M50)	Tonbridge AC	34:03	M50
89	1304	George Harris (M45)	Tunbridge Wells Harriers	34:15	M40
90	1261	Antony Fullbrook (M55)	Tonbridge AC	34:18	M50
91	1106	Ben Guy (M40)	Greenwich Tritons	34:18	M40
92	1174	Gary Hughes (M45)	Medway and Maidstone AC	34:18	M40
93	1317	Kannan Mahalingam (M40)	Tunbridge Wells Harriers	34:23	M40
94	845	Robin Butler (M50)	Ashford and District RC	34:40	M50
95	1076	David Ballard (M55)	Dartford Road Runners	34:41	M50
96	959	Steven Pairman (M60)	Blackheath and Bromley H AC	34:44	M60
97	1323	Richard Quartermaine (M45)	Tunbridge Wells Harriers	34:48	M40
98	1141	Darren Harger (M45)	Istead & Ifield Harriers	34:57	M40
99	1258	Steven Ellison (M45)	Tonbridge AC	35:06	M40
100	889	Andy Regan (M50)	Beckenham Running Club	35:07	M50
101	1311	Andrew Joad (M55)	Tunbridge Wells Harriers	35:07	M50

102	840	Adrian Beresford (M55)	Ashford and District RC	35:13	M50
103	839	Mark Attenborough (M50)	Ashford and District RC	35:19	M50
104	1343	Simon Whitaker (M50)	Tunbridge Wells Harriers	35:22	M50
105	1111	Simon Neville (M55)	Greenwich Tritons	35:27	M50
106	1305	Saul Harris (M50)	Tunbridge Wells Harriers	35:28	M50
107	1294	Alan Collard (M55)	Tunbridge Wells Harriers	35:40	M50
108	1100	David Smyth (M65)	Folkestone Running Club	35:46	M60
109	1089	Joseph Carroll (M40)	Folkestone Running Club	35:49	M40
110	1225	John Fortuna (M55)	South Kent Harriers	35:50	M50
111	946	Rod Harrington (M55)	Blackheath and Bromley H AC	35:53	M50
112	1167	Adrian Donnelly (M50)	Medway and Maidstone AC	35:53	M50
113	871	Michael Beecher (M60)	Beckenham Running Club	35:55	M60
114	1297	Andrew Deighton (M55)	Tunbridge Wells Harriers	36:03	M50
115	968	Adrian Stocks (M45)	Blackheath and Bromley H AC	36:04	M40
116	1293	Neil Clark (M45)	Tunbridge Wells Harriers	36:09	M40
117	1145	Ken Phillips (M55)	Istead & Ifield Harriers	36:09	M50
118	1102	Neil Trett (M40)	Folkestone Running Club	36:13	M40
119	986	Martin Hawkins (M60)	Cambridge Harriers	36:14	M60
120	978	Clem Dixon (M60)	Cambridge Harriers	36:20	M60
121	1338	Geoff Turner (M60)	Tunbridge Wells Harriers	36:25	M60
122	1066	Mark Kybert (M60)	Dartford Harriers AC	36:33	M60
123	1109	Luis Mendoza (M50)	Greenwich Tritons	36:35	M50
124	1124	Neil Woolcombe (M45)	Harvel Hash House Harriers	36:42	M40
125	958	Michael Neal (M50)	Blackheath and Bromley H AC	36:43	M50
126	1027	Paul Curd (M55)	Central Park Athletics	36:48	M50
127	1339	Chris Walmsley (M50)	Tunbridge Wells Harriers	36:52	M50
128	1054	Andrew Archer (M50)	Dartford Harriers AC	37:05	M50
129	983	Paul Ford (M55)	Cambridge Harriers	37:09	M50
130	1346	Tobyn Young (M45)	Tunbridge Wells Harriers	37:13	M40
131	1214	James Graham (M65)	Sevenoaks AC	37:14	M60
132	1154	Daren Chambers (M50)	Maidstone Harriers	37:18	M50
133	1281	Alex Slack (M50)	Tonbridge AC	37:25	M50
134	915	Steve Stewart (M55)	Bexley AC	37:37	M50
135	936	Mark Ellison (M60)	Blackheath and Bromley H AC	37:39	M60
136	1309	Geoff Hurrell (M55)	Tunbridge Wells Harriers	37:41	M50
137	1328	Michael Russell (M55)	Tunbridge Wells Harriers	37:51	M50
138	1271	Alan Newman (M65)	Tonbridge AC	37:57	M60
139	1121	Simon Prestige-Jones (M50)	Harvel Hash House Harriers	38:22	M50
140	1307	Simon Holford (M50)	Tunbridge Wells Harriers	38:26	M50
141	976	James Collis (M55)	Cambridge Harriers	38:40	M50
142	862	Stuart Nunn (M45)	Ashford and District RC	38:43	M40
143	1021	Douglas Anderson (M45)	Central Park Athletics	38:47	M40
144	1044	Bernard Finerty (M60)	Crystal Palace Triathlon	38:54	M60
145	1197	Andrew Bowes (M40)	Orpington Road Runners	39:05	M40
146	881	Jeremy Hodgen (M60)	Beckenham Running Club	39:18	M60
147	1001	Ian McCarthy (M65)	Cambridge Harriers	39:19	M60
148	1033	Shiyam Sameen (M50)	Central Park Athletics	39:25	M50
149	888	David Rees (M50)	Beckenham Running Club	39:34	M50
150	1204	Martin Pointing (M60)	Orpington Road Runners	39:55	M60
151	874	John Dempster (M50)	Beckenham Running Club	40:31	M50
152	1194	Nigel Groves (M55)	Mote Runners	40:38	M50
153	1020	Andy Phillips (M55)	Canterbury Harriers	40:55	M50

154	868	Neil Woodham (M40)	Ashford and District RC	41:18	M40
155	1280	Scott Shurmer (M50)	Tonbridge AC	41:30	M50
156	1116	Ian Dickson (M65)	Harvel Hash House Harriers	42:52	M60
157	1322	Nick Pierce (M65)	Tunbridge Wells Harriers	43:16	M60
158	879	Rob Garvey (M55)	Beckenham Running Club	44:02	M50
159	1313	Paul Kromm (M65)	Tunbridge Wells Harriers	44:12	M60
160	1252	Graeme Charters (M65)	Tonbridge AC	45:21	M60
161	1117	Thomas Leach (M55)	Harvel Hash House Harriers	47:03	M50
162	918	Kevin Winch (M60)	Bexley AC	51:17	M60