

**Kent Cross Country League Results - Swanley Park, Swanley 15/10/2022****Senior Men 7800m Individual Results**

<b>Pos</b>	<b>No</b>	<b>Name</b>	<b>Club</b>	<b>Time</b>	
1	1257	Corey De'ath	Tonbridge AC	24:28	SM
2	1270	Benjamin Murphy	Tonbridge AC	24:41	SM
3	1283	Stephen Strange	Tonbridge AC	24:52	SM
4	991	Dean Lacy (M35)	Cambridge Harriers	25:01	SM
5	944	Angus Harrington	Blackheath and Bromley H AC	25:19	SM
6	1184	Ben Tyler	Medway and Maidstone AC	25:33	SM
7	1178	Teweldebrhan Menges	Medway and Maidstone AC	25:37	SM
8	1344	Liam White	Tunbridge Wells Harriers	25:38	SM
9	577	Edward Coutts (U20M)	Tonbridge AC	25:41	U20M
10	994	Chris Loudon (M35)	Cambridge Harriers	25:52	SM
11	1165	Tom Collins (M35)	Medway and Maidstone AC	25:59	SM
12	1135	Oliver Weston	Invicta East Kent AC	26:02	SM
13	1250	Cameron Chambers	Tonbridge AC	26:02	SM
14	938	Micah Evans (M40)	Blackheath and Bromley H AC	26:06	M40
15	1185	Jamie Walsh	Medway and Maidstone AC	26:12	SM
16	904	Ted Higgins	Bexley AC	26:17	SM
17	1024	Mouctar Barry	Central Park Athletics	26:18	SM
18	551	Miles Brown (U20M)	Blackheath and Bromley H AC	26:26	U20M
19	1251	Jordan Chambers	Tonbridge AC	26:29	SM
20	903	Jack Higgins	Bexley AC	26:29	SM
21	1186	Anthony Webb (M45)	Medway and Maidstone AC	26:36	M40
22	997	James Macdonald (M40)	Cambridge Harriers	26:42	M40
23	574	Isaac Arnott (U20M)	Tonbridge AC	26:51	U20M
24	1060	Alex Cameron	Dartford Harriers AC	26:59	SM
25	852	Aiden Gorham	Ashford and District RC	27:02	SM
26	579	Angus Currie (U20M)	Tonbridge AC	27:03	U20M
27	974	Tom Brooke	Cambridge Harriers	27:07	SM
28	1341	Oliver Waymark	Tunbridge Wells Harriers	27:18	SM
29	1268	Calum Laing	Tonbridge AC	27:19	SM
30	1175	Christopher Humphreys (M35)	Medway and Maidstone AC	27:20	SM
31	910	Joseph O'Hara	Bexley AC	27:33	SM
32	971	Blair Wilson (M35)	Blackheath and Bromley H AC	27:35	SM
33	1071	James Rolls	Dartford Harriers AC	27:36	SM
34	1310	Alexander Jeffreys	Tunbridge Wells Harriers	27:36	SM
35	1182	Daniel St Martin (M35)	Medway and Maidstone AC	27:43	SM
36	1238	Jack Bradley	Thanet Roadrunners AC	27:47	SM
37	1125	James Akhurst	Invicta East Kent AC	27:50	SM
38	921	David Adams (M35)	Blackheath and Bromley H AC	27:52	SM
39	1065	Robert Jackaman (M35)	Dartford Harriers AC	27:55	SM
40	1177	Justin Lane (M45)	Medway and Maidstone AC	27:56	M40
41	1277	Julian Rendall (M45)	Tonbridge AC	28:00	M40
42	1005	John O'Mahony (M40)	Cambridge Harriers	28:04	M40
43	1028	Sam Dowler	Central Park Athletics	28:08	SM
44	556	Alessio Tutt (U20M)	Blackheath and Bromley H AC	28:10	U20M
45	960	Fintan Parkinson (M40)	Blackheath and Bromley H AC	28:11	M40
46	1094	Stephen Male (M55)	Folkestone Running Club	28:19	M50
47	970	Roger Vilardell (M40)	Blackheath and Bromley H AC	28:23	M40
48	1087	Henry Axon	Folkestone Running Club	28:27	SM
49	1189	Neill Wright (M45)	Medway and Maidstone AC	28:27	M40

50	952 Graeme Lugar	Blackheath and Bromley H AC	28:28	SM
51	1055 Alexander Barber	Dartford Harriers AC	28:31	SM
52	838 Sahil Sood	Ashford AC	28:38	SM
53	1318 Javier Montoya Montero (M35)	Tunbridge Wells Harriers	28:39	SM
54	1244 Anthony Bennett (M45)	Tonbridge AC	28:43	M40
55	1229 Richard Newsome (M45)	South Kent Harriers	28:44	M40
56	568 Cameron Featherstone (U20M)	Medway and Maidstone AC	28:49	U20M
57	1057 Chris Biddle (M40)	Dartford Harriers AC	28:51	M40
58	1103 Andrew Wright (M40)	Folkestone Running Club	28:53	M40
59	1168 Alexander Donnelly	Medway and Maidstone AC	28:57	SM
60	567 Callum Featherstone (U20M)	Medway and Maidstone AC	28:57	U20M
61	1333 Edward Steele (M40)	Tunbridge Wells Harriers	29:07	M40
62	1187 Jonathan Whittall	Medway and Maidstone AC	29:16	SM
63	1180 Alun Rodgers (M55)	Medway and Maidstone AC	29:22	M50
64	1219 Mohamed Elmi	S-Factor Academy	29:22	SM
65	875 Matt Doyle (M35)	Beckenham Running Club	29:35	SM
66	1285 James Taylor	Tonbridge AC	29:38	SM
67	985 Steven Groom (M40)	Cambridge Harriers	29:40	M40
68	982 Luke Ford	Cambridge Harriers	29:41	SM
69	1075 Stuart Waterman (M40)	Dartford Harriers AC	29:41	M40
70	1058 Connor Burford	Dartford Harriers AC	29:47	SM
71	1329 James Sarre (M45)	Tunbridge Wells Harriers	29:55	M40
72	869 Jim Addison (M50)	Beckenham Running Club	29:59	M50
73	1023 Neil Arnould (M35)	Central Park Athletics	30:03	SM
74	1059 Reuben Burford (M50)	Dartford Harriers AC	30:11	M50
75	1137 Simon Collins (M40)	Istead & Ifield Harriers	30:13	M40
76	1170 Owen Featherstone	Medway and Maidstone AC	30:14	SM
77	949 Steven Hough (M45)	Blackheath and Bromley H AC	30:15	M40
78	1022 Johnnie Arnould (M40)	Central Park Athletics	30:17	M40
79	863 Jon Pearce (M35)	Ashford and District RC	30:18	SM
80	1348 Matthew Britton (M35)	Weald Tri Club	30:19	SM
81	835 Richard Huckstepp (M40)	Ashford AC	30:19	M40
82	947 Simon Harris (M45)	Blackheath and Bromley H AC	30:19	M40
83	1217 Oloff Van Zyl (M50)	Sevenoaks AC	30:20	M50
84	927 Roger Beswick (M60)	Blackheath and Bromley H AC	30:20	M60
85	1030 Simon Johnson (M40)	Central Park Athletics	30:21	M40
86	559 Freddie Hornett (U20M)	Central Park Athletics	30:22	U20M
87	945 Bertie Harrington	Blackheath and Bromley H AC	30:22	SM
88	966 Paul Sharpe (M40)	Blackheath and Bromley H AC	30:31	M40
89	1009 David Reader (M45)	Cambridge Harriers	30:33	M40
90	1161 Lee Sander-King	Maidstone Harriers	30:35	SM
91	965 Ian Scott (M45)	Blackheath and Bromley H AC	30:37	M40
92	1288 Joseph Watts (M35)	Tonbridge AC	30:38	SM
93	1043 Michael Dowds	Crystal Palace Triathlon	30:38	SM
94	1231 Darren Scrivens (M50)	South Kent Harriers	30:38	M50
95	1169 Adam Featherstone (M50)	Medway and Maidstone AC	30:39	M50
96	1007 Christian Poulton (M55)	Cambridge Harriers	30:46	M50
97	1181 Sean Rodwell	Medway and Maidstone AC	30:49	SM
98	842 James Booth (M45)	Ashford and District RC	30:52	M40
99	1332 Mike Staddon	Tunbridge Wells Harriers	30:54	SM
100	1201 Gavin Kitchingham (M55)	Orpington Road Runners	30:55	M50
101	900 Jon Fish (M40)	Bexley AC	30:56	M40

102	1131 William Jennings	Invicta East Kent AC	30:58	SM
103	1032 Chris Reid	Central Park Athletics	31:00	SM
104	1153 Kevin Buchanan	Maidstone Harriers	31:06	SM
105	1138 Robert Conetta (M40)	Istead & Ifield Harriers	31:15	M40
106	901 Luke Francis	Bexley AC	31:18	SM
107	1234 Robert Whitworth	South Kent Harriers	31:20	SM
108	980 Daniel Easton (M35)	Cambridge Harriers	31:22	SM
109	935 Joshua Dowling	Blackheath and Bromley H AC	31:23	SM
110	1292 Richard Carter (M40)	Tunbridge Wells Harriers	31:26	M40
111	873 Simon Carter (M45)	Beckenham Running Club	31:28	M40
112	1192 Carl Shawcross (M50)	Medway Tri	31:35	M50
113	1312 Michael King (M40)	Tunbridge Wells Harriers	31:37	M40
114	1151 Jack Barden	Maidstone Harriers	31:39	SM
115	907 Martin Jenner (M35)	Bexley AC	31:40	SM
116	1303 Dave Hadaway (M55)	Tunbridge Wells Harriers	31:41	M50
117	911 Alan Perryman (M55)	Bexley AC	31:47	M50
118	1215 Andrew Mead (M50)	Sevenoaks AC	31:48	M50
119	1016 Guy Swarbreck (M40)	Cambridge Harriers	31:49	M40
120	860 Paul Moses (M55)	Ashford and District RC	31:54	M50
121	1034 Mark Smith (M40)	Central Park Athletics	31:58	M40
122	1278 Tom Richards	Tonbridge AC	32:02	SM
123	1155 Damien Gregory (M35)	Maidstone Harriers	32:03	SM
124	1038 Graeme Blair (M50)	Crystal Palace Triathlon	32:06	M50
125	1242 Jason Barton (M40)	Tonbridge AC	32:08	M40
126	865 Luke Roberts (M40)	Ashford and District RC	32:09	M40
127	1188 Gareth Williams (M55)	Medway and Maidstone AC	32:10	M50
128	1142 Austin Laver	Istead & Ifield Harriers	32:15	SM
129	1101 Nicholas Steele (M35)	Folkestone Running Club	32:17	SM
130	1037 Ben Beavers	Crystal Palace Triathlon	32:20	SM
131	1245 Tobin Bird (M50)	Tonbridge AC	32:20	M50
132	1029 Antony Hylton (M45)	Central Park Athletics	32:24	M40
133	864 Paul Ridley (M40)	Ashford and District RC	32:25	M40
134	1218 Daniel Witt (M45)	Sevenoaks AC	32:26	M40
135	1203 Billy Moss	Orpington Road Runners	32:27	SM
136	1300 Kieran Fitzpatrick (M40)	Tunbridge Wells Harriers	32:27	M40
137	939 Steve Evenden (M45)	Blackheath and Bromley H AC	32:31	M40
138	872 Ben Calascione (M50)	Beckenham Running Club	32:36	M50
139	1200 Steve Georgiadis (M55)	Orpington Road Runners	32:38	M50
140	981 Dom Fiore (M50)	Cambridge Harriers	32:39	M50
141	878 Gabriel Garcia (M40)	Beckenham Running Club	32:39	M40
142	855 Steve Hodges (M55)	Ashford and District RC	32:39	M50
143	557 Robert Barns (U20M)	Cambridge Harriers	32:48	U20M
144	1052 Matthew White (M45)	Crystal Palace Triathlon	32:48	M40
145	1195 Thomas Sweet	Mote Runners	32:49	SM
146	1006 James Pitts (M40)	Cambridge Harriers	32:50	M40
147	1133 Michael Rigden (M45)	Invicta East Kent AC	32:50	M40
148	853 Mark Harrison (M40)	Ashford and District RC	32:57	M40
149	857 Scott Lynch (M55)	Ashford and District RC	33:00	M50
150	1264 Derek Jee (M50)	Tonbridge AC	33:03	M50
151	1213 Chris Desmond (M55)	Sevenoaks AC	33:07	M50
152	1196 Dan Berry (M45)	Orpington Road Runners	33:09	M40
153	890 Tim Robinson (M40)	Beckenham Running Club	33:11	M40

154	1139 Derek George (M50)	Istead & Ifield Harriers	33:14	M50
155	953 Matthew Maddocks (M35)	Blackheath and Bromley H AC	33:19	SM
156	954 Jason Meers (M50)	Blackheath and Bromley H AC	33:19	M50
157	1083 Ian McGrath (M50)	Dartford Road Runners	33:25	M50
158	887 Neil Phillips (M55)	Beckenham Running Club	33:34	M50
159	1351 Anthony Preston (M40)	Weald Tri Club	33:36	M40
160	979 Matthew Durrant (M35)	Cambridge Harriers	33:40	SM
161	1209 Robert Caldwell (M40)	Paddock Wood AC	33:40	M40
162	1122 Toby Short (M45)	Harvel Hash House Harriers	33:41	M40
163	1096 Ian McGilloway (M45)	Folkestone Running Club	33:42	M40
164	1062 Paul Dawes (M45)	Dartford Harriers AC	33:45	M40
165	1337 Colin Timmins (M55)	Tunbridge Wells Harriers	33:49	M50
166	848 Darren Fagg (M45)	Ashford and District RC	33:56	M40
167	1230 Raymond Pearce (M60)	South Kent Harriers	33:57	M60
168	1025 Paul Cheeseman (M50)	Central Park Athletics	33:59	M50
169	1256 Daniel Crush (M45)	Tonbridge AC	34:00	M40
170	1275 Mark Raymond (M50)	Tonbridge AC	34:03	M50
171	973 Richard Bennett	Cambridge Harriers	34:14	SM
172	1304 George Harris (M45)	Tunbridge Wells Harriers	34:15	M40
173	1261 Antony Fullbrook (M55)	Tonbridge AC	34:18	M50
174	1106 Ben Guy (M40)	Greenwich Tritons	34:18	M40
175	1174 Gary Hughes (M45)	Medway and Maidstone AC	34:18	M40
176	1317 Kannan Mahalingam (M40)	Tunbridge Wells Harriers	34:23	M40
177	845 Robin Butler (M50)	Ashford and District RC	34:40	M50
178	1076 David Ballard (M55)	Dartford Road Runners	34:41	M50
179	959 Steven Pairman (M60)	Blackheath and Bromley H AC	34:44	M60
180	1323 Richard Quartermaine (M45)	Tunbridge Wells Harriers	34:48	M40
181	1036 Chris Allen (M35)	Crystal Palace Triathlon	34:52	SM
182	1141 Darren Harger (M45)	Istead & Ifield Harriers	34:57	M40
183	1336 Hayden Thirkell (M35)	Tunbridge Wells Harriers	35:03	SM
184	1258 Steven Ellison (M45)	Tonbridge AC	35:06	M40
185	889 Andy Regan (M50)	Beckenham Running Club	35:07	M50
186	1311 Andrew Joad (M55)	Tunbridge Wells Harriers	35:07	M50
187	840 Adrian Beresford (M55)	Ashford and District RC	35:13	M50
188	839 Mark Attenborough (M50)	Ashford and District RC	35:19	M50
189	1343 Simon Whitaker (M50)	Tunbridge Wells Harriers	35:22	M50
190	1111 Simon Neville (M55)	Greenwich Tritons	35:27	M50
191	1305 Saul Harris (M50)	Tunbridge Wells Harriers	35:28	M50
192	1294 Alan Collard (M55)	Tunbridge Wells Harriers	35:40	M50
193	1100 David Smyth (M65)	Folkestone Running Club	35:46	M60
194	1089 Joseph Carroll (M40)	Folkestone Running Club	35:49	M40
195	1225 John Fortuna (M55)	South Kent Harriers	35:50	M50
196	946 Rod Harrington (M55)	Blackheath and Bromley H AC	35:53	M50
197	1167 Adrian Donnelly (M50)	Medway and Maidstone AC	35:53	M50
198	871 Michael Beecher (M60)	Beckenham Running Club	35:55	M60
199	1297 Andrew Deighton (M55)	Tunbridge Wells Harriers	36:03	M50
200	964 Harry Schmidt	Blackheath and Bromley H AC	36:03	SM
201	968 Adrian Stocks (M45)	Blackheath and Bromley H AC	36:04	M40
202	1293 Neil Clark (M45)	Tunbridge Wells Harriers	36:09	M40
203	1145 Ken Phillips (M55)	Istead & Ifield Harriers	36:09	M50
204	885 David Olver	Beckenham Running Club	36:12	SM
205	1102 Neil Trett (M40)	Folkestone Running Club	36:13	M40

206	986 Martin Hawkins (M60)	Cambridge Harriers	36:14	M60
207	978 Clem Dixon (M60)	Cambridge Harriers	36:20	M60
208	1338 Geoff Turner (M60)	Tunbridge Wells Harriers	36:25	M60
209	1066 Mark Kybert (M60)	Dartford Harriers AC	36:33	M60
210	1109 Luis Mendoza (M50)	Greenwich Tritons	36:35	M50
211	1053 Naveed Akhter (M35)	Dartford Harriers AC	36:38	SM
212	1124 Neil Woolcombe (M45)	Harvel Hash House Harriers	36:42	M40
213	958 Michael Neal (M50)	Blackheath and Bromley H AC	36:43	M50
214	1041 Andrew Coley	Crystal Palace Triathlon	36:46	SM
215	1027 Paul Curd (M55)	Central Park Athletics	36:48	M50
216	1339 Chris Walmsley (M50)	Tunbridge Wells Harriers	36:52	M50
217	1054 Andrew Archer (M50)	Dartford Harriers AC	37:05	M50
218	983 Paul Ford (M55)	Cambridge Harriers	37:09	M50
219	1346 Tobyn Young (M45)	Tunbridge Wells Harriers	37:13	M40
220	1214 James Graham (M65)	Sevenoaks AC	37:14	M60
221	1154 Daren Chambers (M50)	Maidstone Harriers	37:18	M50
222	1223 Alex Day (M35)	South Kent Harriers	37:24	SM
223	1281 Alex Slack (M50)	Tonbridge AC	37:25	M50
224	915 Steve Stewart (M55)	Bexley AC	37:37	M50
225	936 Mark Ellison (M60)	Blackheath and Bromley H AC	37:39	M60
226	1309 Geoff Hurrell (M55)	Tunbridge Wells Harriers	37:41	M50
227	1328 Michael Russell (M55)	Tunbridge Wells Harriers	37:51	M50
228	1271 Alan Newman (M65)	Tonbridge AC	37:57	M60
229	1004 Nathan Moncaster	Cambridge Harriers	38:08	SM
230	1121 Simon Prestige-Jones (M50)	Harvel Hash House Harriers	38:22	M50
231	1307 Simon Holford (M50)	Tunbridge Wells Harriers	38:26	M50
232	976 James Collis (M55)	Cambridge Harriers	38:40	M50
233	862 Stuart Nunn (M45)	Ashford and District RC	38:43	M40
234	1021 Douglas Anderson (M45)	Central Park Athletics	38:47	M40
235	1044 Bernard Finerty (M60)	Crystal Palace Triathlon	38:54	M60
236	1197 Andrew Bowes (M40)	Orpington Road Runners	39:05	M40
237	1222 Lee Curd	South Kent Harriers	39:14	SM
238	881 Jeremy Hodgen (M60)	Beckenham Running Club	39:18	M60
239	1001 Ian McCarthy (M65)	Cambridge Harriers	39:19	M60
240	1033 Shiyam Sameen (M50)	Central Park Athletics	39:25	M50
241	888 David Rees (M50)	Beckenham Running Club	39:34	M50
242	1120 Andrew Plummer (M35)	Harvel Hash House Harriers	39:52	SM
243	1204 Martin Pointing (M60)	Orpington Road Runners	39:55	M60
244	1077 Thomas Bonavia (M35)	Dartford Road Runners	39:56	SM
245	849 Chris Field	Ashford and District RC	40:22	SM
246	874 John Dempster (M50)	Beckenham Running Club	40:31	M50
247	1194 Nigel Groves (M55)	Mote Runners	40:38	M50
248	1020 Andy Phillips (M55)	Canterbury Harriers	40:55	M50
249	868 Neil Woodham (M40)	Ashford and District RC	41:18	M40
250	1280 Scott Shurmer (M50)	Tonbridge AC	41:30	M50
251	1116 Ian Dickson (M65)	Harvel Hash House Harriers	42:52	M60
252	1322 Nick Pierce (M65)	Tunbridge Wells Harriers	43:16	M60
253	879 Rob Garvey (M55)	Beckenham Running Club	44:02	M50
254	1313 Paul Kromm (M65)	Tunbridge Wells Harriers	44:12	M60
255	1252 Graeme Charters (M65)	Tonbridge AC	45:21	M60
256	1117 Thomas Leach (M55)	Harvel Hash House Harriers	47:03	M50
257	918 Kevin Winch (M60)	Bexley AC	51:17	M60