

**Kent Cross Country League Results - Somerhill School, Tonbridge 29/10/2022****Under 20 Women 5000m Individual Results**

<b>Pos</b>	<b>No</b>	<b>Name</b>	<b>Club</b>	<b>Time</b>
1	438	Lara Mannes	Blackheath and Bromley H AC	20:21
2	444	Zoe White	Blackheath and Bromley H AC	20:52
3	435	Hannah Clark	Blackheath and Bromley H AC	20:54
4	451	Ella Webb	Medway and Maidstone AC	21:04
5	447	Teigan Sullivan	Invicta East Kent AC	21:15
6	436	Cameron Kelly-Gordon	Blackheath and Bromley H AC	22:18
7	463	Annabelle Hales	Tonbridge AC	22:52
8	446	Millie Knightley	Invicta East Kent AC	23:10
9	464	Lydia Hawker	Tonbridge AC	23:34
10	459	Natalie Nicoll	Thanet Roadrunners AC	23:36
11	461	Ella Ayden	Tonbridge AC	23:47
12	439	Lily Meers	Blackheath and Bromley H AC	23:49
13	462	Amelia Beeston	Tonbridge AC	24:18
14	452	Annabel Young	Medway and Maidstone AC	24:40
15	460	Isobel Tyler	Thanet Roadrunners AC	25:42
16	465	Aimee Holdstock	Tonbridge AC	26:36
17	449	Ciara Harrop	Medway and Maidstone AC	26:45
18	457	Lucy Hulm	Thanet Roadrunners AC	27:28
19	458	Maddison Morters	Thanet Roadrunners AC	28:00
20	448	Sharne Elphick	Medway and Maidstone AC	30:11