

Kent Cross Country League Results - Somerhill School, Tonbridge 29/10/2022**Senior Men 8000m Individual Results**

Pos	No	Name	Club	Time
1	1267	James Kingston	Tonbridge AC	25:32
2	1253	Ben Cole (M35)	Tonbridge AC	26:13
3	1178	Teweldebrhan Menges	Medway and Maidstone AC	26:42
4	920	Thomas Wright	Bexley AC	27:10
5	928	Ross Braden	Blackheath and Bromley H AC	27:11
6	1035	Joshua Teece (M35)	Central Park Athletics	27:36
7	1283	Stephen Strange	Tonbridge AC	27:43
8	1024	Mouctar Barry	Central Park Athletics	27:45
9	1344	Liam White	Tunbridge Wells Harriers	27:46
10	1249	Jamie Bryant	Tonbridge AC	27:52
11	1219	Mohamed Elmi	S-Factor Academy	28:01
12	994	Chris Loudon (M35)	Cambridge Harriers	28:02
13	1272	Harry Paton	Tonbridge AC	28:03
14	1135	Oliver Weston	Invicta East Kent AC	28:07
15	1165	Tom Collins (M35)	Medway and Maidstone AC	28:15
16	551	Miles Brown (U20M)	Blackheath and Bromley H AC	28:19
17	1126	Christopher Fullerton	Invicta East Kent AC	28:21
18	974	Thomas Brooke	Cambridge Harriers	28:22
19	1184	Ben Tyler	Medway and Maidstone AC	28:24
20	1073	Barry Stephenson (M40)	Dartford Harriers AC	28:25
21	1268	Calum Laing	Tonbridge AC	28:32
22	1186	Anthony Webb (M45)	Medway and Maidstone AC	28:40
23	1060	Alex Cameron	Dartford Harriers AC	28:48
24	1310	Alexander Jeffreys	Tunbridge Wells Harriers	29:05
25	997	James Macdonald (M40)	Cambridge Harriers	29:07
26	1251	Jordan Chambers	Tonbridge AC	29:28
27	1166	Jacques Cunningham-Marsh	Medway and Maidstone AC	29:34
28	1177	Justin Lane (M45)	Medway and Maidstone AC	29:49
29	1341	Oliver Waymark	Tunbridge Wells Harriers	29:53
30	1003	Babaker Mohammed	Cambridge Harriers	29:59
31	1173	Jordan Howes	Medway and Maidstone AC	30:03
32	1175	Christopher Humphreys (M35)	Medway and Maidstone AC	30:06
33	556	Alessio Tutt (U20M)	Blackheath and Bromley H AC	30:09
34	1238	Jack Bradley	Thanet Roadrunners AC	30:15
35	940	Kevin Fini	Blackheath and Bromley H AC	30:19
36	1055	Alexander Barber	Dartford Harriers AC	30:27
37	1277	Julian Rendall (M45)	Tonbridge AC	30:29
38	1094	Stephen Male (M55)	Folkestone Running Club	30:30
39	1183	Richard Tomlinson (M50)	Medway and Maidstone AC	30:31
40	568	Cameron Featherstone (U20M)	Medway and Maidstone AC	30:46
41	938	Micah Evans (M40)	Blackheath and Bromley H AC	31:00
42	1189	Neill Wright (M45)	Medway and Maidstone AC	31:03
43	952	Graeme Lugar	Blackheath and Bromley H AC	31:06
44	1134	Thomas Storer	Invicta East Kent AC	31:06
45	1244	Anthony Bennett (M45)	Tonbridge AC	31:06
46	1057	Chris Biddle (M40)	Dartford Harriers AC	31:09
47	1010	Ben Rew (M40)	Cambridge Harriers	31:19
48	554	George Shaw (U20M)	Blackheath and Bromley H AC	31:25
49	1250	Cameron Chambers	Tonbridge AC	31:26

50	1093 Krzysztof Klidzia (M55)	Folkestone Running Club	31:26
51	1110 Andrew Moulden (M35)	Greenwich Tritons	31:30
52	1067 Thomas Manning	Dartford Harriers AC	31:32
53	932 Darren Corneille (M40)	Blackheath and Bromley H AC	31:34
54	1028 Sam Dowler	Central Park Athletics	31:37
55	1103 Andrew Wright (M40)	Folkestone Running Club	31:38
56	1333 Edward Steele (M40)	Tunbridge Wells Harriers	31:38
57	1389 Geoffrey Smith (M40)	Cambridge Harriers	31:44
58	941 Gregory Firth (M45)	Blackheath and Bromley H AC	31:50
59	1290 Patrick Bareham (M35)	Tunbridge Wells Harriers	31:57
60	549 Kieran Hodges (U20M)	Ashford and District RC	31:57
61	1348 Matthew Britton (M35)	Weald Tri Club	32:02
62	869 Jim Addison (M50)	Beckenham Running Club	32:03
63	1168 Alexander Donnelly	Medway and Maidstone AC	32:05
64	1286 Adam Tibbals (M45)	Tonbridge AC	32:07
65	548 Jack Hodges (U20M)	Ashford and District RC	32:07
66	1391 Sam Rigby (M45)	South Kent Harriers	32:08
67	1058 Connor Burford	Dartford Harriers AC	32:11
68	1164 Harry Collins	Medway and Maidstone AC	32:15
69	847 Paul Crisp (M45)	Ashford and District RC	32:23
70	567 Callum Featherstone (U20M)	Medway and Maidstone AC	32:28
71	1009 David Reader (M50)	Cambridge Harriers	32:29
72	927 Roger Beswick (M60)	Blackheath and Bromley H AC	32:31
73	1131 William Jennings	Invicta East Kent AC	32:33
74	1059 Reuben Burford (M50)	Dartford Harriers AC	32:33
75	999 Ross May	Cambridge Harriers	32:36
76	947 Simon Harris (M45)	Blackheath and Bromley H AC	32:41
77	841 Richard Boakes	Ashford and District RC	32:44
78	1347 Tim Allen	Weald Tri Club	32:47
79	1090 Robert Collier (M50)	Folkestone Running Club	32:48
80	1169 Adam Featherstone (M50)	Medway and Maidstone AC	32:48
81	1393 Tom Rule (M40)	Tonbridge AC	32:50
82	875 Matt Doyle (M35)	Beckenham Running Club	32:53
83	1266 Jack Keywood	Tonbridge AC	32:57
84	1155 Damien Gregory (M35)	Maidstone Harriers	32:57
85	1137 Simon Collins (M40)	Istead & Ifield Harriers	33:00
86	966 Paul Sharpe (M40)	Blackheath and Bromley H AC	33:06
87	1394 Alex Holmes (M45)	Tunbridge Wells Harriers	33:07
88	1332 Michael Staddon	Tunbridge Wells Harriers	33:10
89	1078 Matt Davison (M40)	Dartford Road Runners	33:13
90	1217 Oloff Van Zyl (M50)	Sevenoaks AC	33:15
91	985 Steven Groom (M40)	Cambridge Harriers	33:15
92	1006 James Pitts (M40)	Cambridge Harriers	33:15
93	1170 Owen Featherstone	Medway and Maidstone AC	33:17
94	1130 Chris Hill	Invicta East Kent AC	33:19
95	1007 Christian Poulton (M55)	Cambridge Harriers	33:20
96	1303 Dave Hadaway (M55)	Tunbridge Wells Harriers	33:23
97	1125 James Akhurst	Invicta East Kent AC	33:25
98	1231 Darren Scrivens (M50)	South Kent Harriers	33:26
99	951 David Lilley	Blackheath and Bromley H AC	33:28
100	865 Luke Roberts (M40)	Ashford and District RC	33:28
101	1301 Jason Gough (M35)	Tunbridge Wells Harriers	33:31

102	1190 Nigel Lynch (M45)	Medway Tri	33:44
103	1181 Sean Rodwell	Medway and Maidstone AC	33:44
104	1312 Michael King (M40)	Tunbridge Wells Harriers	33:45
105	917 Simon Wells (M45)	Bexley AC	33:49
106	1298 Andy Eames (M35)	Tunbridge Wells Harriers	33:50
107	873 Simon Carter (M45)	Beckenham Running Club	33:52
108	1263 Tom James (M40)	Tonbridge AC	33:55
109	1192 Carl Shawcross (M50)	Medway Tri	33:56
110	1138 Robert Conetta (M40)	Istead & Ifield Harriers	33:59
111	1161 Lee Sander-King	Maidstone Harriers	34:02
112	901 Luke Francis	Bexley AC	34:03
113	1390 Tristan Bruce (M50)	Folkestone Running Club	34:06
114	1201 Gavin Kitchingham (M55)	Orpington Road Runners	34:08
115	860 Paul Moses (M55)	Ashford and District RC	34:10
116	1243 James Beeston (M50)	Tonbridge AC	34:10
117	1288 Joseph Watts (M35)	Tonbridge AC	34:11
118	1082 Steve Jarvis (M50)	Dartford Road Runners	34:20
119	900 Jon Fish (M40)	Bexley AC	34:23
120	1240 Nick Arnott (M50)	Tonbridge AC	34:28
121	1160 Adrian Perkins (M50)	Maidstone Harriers	34:32
122	878 Gabriel Garcia (M40)	Beckenham Running Club	34:33
123	1265 Lewis Jones	Tonbridge AC	34:34
124	907 Martin Jenner (M35)	Bexley AC	34:35
125	1292 Richard Carter (M40)	Tunbridge Wells Harriers	34:41
126	1151 Jack Barden	Maidstone Harriers	34:46
127	1202 Alistair Love (M35)	Orpington Road Runners	34:46
128	1104 James Bentley	Greenwich Tritons	34:50
129	1255 Anthony Crush (M45)	Tonbridge AC	34:53
130	1048 Martin Leat (M60)	Crystal Palace Triathlon	34:56
131	884 Steven Moss (M60)	Beckenham Running Club	34:58
132	1207 James Willingham (M45)	Orpington Road Runners	35:01
133	981 Dom Fiore (M50)	Cambridge Harriers	35:01
134	1245 Tobin Bird (M50)	Tonbridge AC	35:08
135	1242 Jason Barton (M40)	Tonbridge AC	35:08
136	1034 Mark Smith (M40)	Central Park Athletics	35:09
137	1196 Dan Berry (M45)	Orpington Road Runners	35:13
138	911 Alan Perryman (M55)	Bexley AC	35:17
139	1215 Andrew Mead (M50)	Sevenoaks AC	35:20
140	1203 William Moss	Orpington Road Runners	35:21
141	1188 Gareth Williams (M55)	Medway and Maidstone AC	35:23
142	1091 Darren Crew (M50)	Folkestone Running Club	35:32
143	872 Ben Calascione (M50)	Beckenham Running Club	35:38
144	842 James Booth (M45)	Ashford and District RC	35:40
145	1220 Gareth Lewis (M55)	Sittingbourne Striders	35:43
146	1029 Antony Hylton (M45)	Central Park Athletics	35:47
147	1195 Thomas Sweet	Mote Runners	35:50
148	887 Neil Phillips (M55)	Beckenham Running Club	35:54
149	855 Steve Hodges (M55)	Ashford and District RC	35:55
150	1284 Peter Sutton (M40)	Tonbridge AC	35:58
151	1209 Robert Caldwell (M40)	Paddock Wood AC	35:59
152	1291 Alex Blackall	Tunbridge Wells Harriers	35:59
153	989 Chris Hovenden (M35)	Cambridge Harriers	36:12

154	1133 Michael Rigden (M45)	Invicta East Kent AC	36:13
155	1142 Austin Laver	Istead & Ifield Harriers	36:13
156	1101 Nicholas Steele (M35)	Folkestone Running Club	36:15
157	1264 Derek Jee (M50)	Tonbridge AC	36:16
158	1316 Ken MacSporran (M45)	Tunbridge Wells Harriers	36:18
159	926 Francois Berrier (M40)	Blackheath and Bromley H AC	36:21
160	853 Mark Harrison (M40)	Ashford and District RC	36:22
161	557 Robert Barns (U20M)	Cambridge Harriers	36:23
162	1038 Graeme Blair (M50)	Crystal Palace Triathlon	36:26
163	1139 Derek George (M50)	Istead & Ifield Harriers	36:28
164	886 Ed Osborne (M45)	Beckenham Running Club	36:30
165	1386 Nicholas Coogan	Beckenham Running Club	36:38
166	939 Steve Evenden (M45)	Blackheath and Bromley H AC	36:41
167	1304 George Harris (M45)	Tunbridge Wells Harriers	36:51
168	1113 Martin Tynan (M45)	Greenwich Tritons	36:54
169	1046 Isaac Griffiths (M35)	Crystal Palace Triathlon	36:57
170	1218 Daniel Witt (M45)	Sevenoaks AC	36:58
171	1213 Chris Desmond (M55)	Sevenoaks AC	37:03
172	953 Matthew Maddocks (M35)	Blackheath and Bromley H AC	37:09
173	1261 Antony Fullbrook (M55)	Tonbridge AC	37:11
174	1351 Anthony Preston (M40)	Weald Tri Club	37:11
175	1171 Robert Fursey (M55)	Medway and Maidstone AC	37:13
176	1106 Ben Guy (M40)	Greenwich Tritons	37:14
177	851 Cris Francis (M45)	Ashford and District RC	37:14
178	1150 Paul Ahsunollah (M55)	Maidstone Harriers	37:16
179	1025 Paul Cheeseman (M50)	Central Park Athletics	37:16
180	973 Richard Bennett	Cambridge Harriers	37:17
181	1052 Matthew White (M45)	Crystal Palace Triathlon	37:20
182	1230 Raymond Pearce (M60)	South Kent Harriers	37:25
183	1163 Ryan Worsley	Maidstone Harriers	37:28
184	1254 Philip Coleman (M55)	Tonbridge AC	37:32
185	954 Jason Meers (M50)	Blackheath and Bromley H AC	37:33
186	905 Jonathan Hunter (M55)	Bexley AC	37:37
187	1275 Mark Raymond (M50)	Tonbridge AC	37:39
188	959 Steven Pairman (M60)	Blackheath and Bromley H AC	37:45
189	1305 Saul Harris (M50)	Tunbridge Wells Harriers	37:49
190	1345 Robert Winter (M40)	Tunbridge Wells Harriers	37:56
191	1144 Peter Moore (M55)	Istead & Ifield Harriers	38:04
192	1000 Graham Maynard (M55)	Cambridge Harriers	38:08
193	1343 Simon Whitaker (M50)	Tunbridge Wells Harriers	38:16
194	1319 Matthew Newman (M40)	Tunbridge Wells Harriers	38:17
195	1338 Geoff Turner (M60)	Tunbridge Wells Harriers	38:22
196	1387 Karol Dorniak (M40)	Beckenham Running Club	38:32
197	848 Darren Fagg (M45)	Ashford and District RC	38:35
198	889 Andy Regan (M50)	Beckenham Running Club	38:41
199	1111 Simon Neville (M55)	Greenwich Tritons	38:54
200	1225 John Fortuna (M55)	South Kent Harriers	38:56
201	978 Clem Dixon (M60)	Cambridge Harriers	39:01
202	850 Alex Francis	Ashford and District RC	39:03
203	840 Adrian Beresford (M55)	Ashford and District RC	39:04
204	1337 Colin Timmins (M55)	Tunbridge Wells Harriers	39:14
205	1076 David Ballard (M55)	Dartford Road Runners	39:24

206	1109 Luis Mendoza (M50)	Greenwich Tritons	39:27
207	1293 Neil Clark (M45)	Tunbridge Wells Harriers	39:29
208	1295 Philip Connor	Tunbridge Wells Harriers	39:30
209	871 Michael Beecher (M60)	Beckenham Running Club	39:33
210	1145 Ken Phillips (M55)	Istead & Ifield Harriers	39:36
211	964 Harry Schmidt	Blackheath and Bromley H AC	39:47
212	558 Liam Carr (U20M)	Cambridge Harriers	39:59
213	1256 Daniel Crush (M45)	Tonbridge AC	40:05
214	1100 David Smyth (M65)	Folkestone Running Club	40:09
215	1066 Mark Kybert (M60)	Dartford Harriers AC	40:11
216	1334 Simon Swinnerton (M45)	Tunbridge Wells Harriers	40:14
217	1068 Cullen O'Donnell (M55)	Dartford Harriers AC	40:15
218	1262 Mark Grange (M55)	Tonbridge AC	40:16
219	839 Mark Attenborough (M50)	Ashford and District RC	40:18
220	1271 Alan Newman (M65)	Tonbridge AC	40:23
221	1054 Andrew Archer (M50)	Dartford Harriers AC	40:32
222	891 Richard Stokes (M50)	Beckenham Running Club	40:38
223	1214 James Graham (M65)	Sevenoaks AC	40:49
224	1233 Kevin Southen (M45)	South Kent Harriers	40:59
225	1392 Christopher Leach (M50)	Tonbridge AC	41:11
226	1027 Paul Curd (M55)	Central Park Athletics	41:14
227	1221 Lee Brewer (M45)	South Kent Harriers	41:18
228	1121 Simon Prestige-Jones (M50)	Harvel Hash House Harriers	41:19
229	885 David Olver	Beckenham Running Club	41:25
230	983 Paul Ford (M55)	Cambridge Harriers	41:45
231	1309 Geoff Hurrell (M55)	Tunbridge Wells Harriers	41:59
232	1014 Stephen Smythe (M60)	Cambridge Harriers	42:07
233	922 Luigi Arcuri (M65)	Blackheath and Bromley H AC	42:15
234	1021 Douglas Anderson (M45)	Central Park Athletics	42:24
235	1222 Lee Curd	South Kent Harriers	42:32
236	1098 Alan Randall (M60)	Folkestone Running Club	42:39
237	1328 Michael Russell (M55)	Tunbridge Wells Harriers	42:49
238	881 Jeremy Hodgen (M60)	Beckenham Running Club	43:09
239	1340 Philip Watkins (M50)	Tunbridge Wells Harriers	43:16
240	1246 Cain Bradley (M60)	Tonbridge AC	43:27
241	899 Jim Faulkner (M55)	Bexley AC	43:30
242	1077 Thomas Bonavia (M35)	Dartford Road Runners	43:31
243	1044 Bernard Finerty (M60)	Crystal Palace Triathlon	43:36
244	888 David Rees (M50)	Beckenham Running Club	44:01
245	1204 Martin Pointing (M60)	Orpington Road Runners	44:15
246	1033 Shiyam Sameen (M50)	Central Park Athletics	44:23
247	1228 Ian McMahon (M55)	South Kent Harriers	44:24
248	849 Chris Field	Ashford and District RC	44:32
249	862 Stuart Nunn (M45)	Ashford and District RC	44:33
250	1020 Andy Phillips (M55)	Canterbury Harriers	44:33
251	1001 Ian McCarthy (M65)	Cambridge Harriers	44:34
252	1324 Duncan Ralph (M55)	Tunbridge Wells Harriers	44:35
253	868 Neil Woodham (M40)	Ashford and District RC	44:59
254	1224 Andrew Fogg (M60)	South Kent Harriers	45:31
255	1280 Scott Shurmer (M50)	Tonbridge AC	45:40
256	1322 Nick Pierce (M65)	Tunbridge Wells Harriers	46:01
257	883 Grant McNeill (M45)	Beckenham Running Club	46:16

258	1320 Gary Oreilly (M60)	Tunbridge Wells Harriers	46:34
259	902 Chris Gosden (M55)	Bexley AC	46:36
260	1396 Mel Taylor (M55)	Tunbridge Wells Harriers	46:50
261	1085 Darren Rickard (M50)	Dartford Road Runners	46:59
262	1199 Kevin George (M60)	Orpington Road Runners	47:09
263	870 Ken Baksh (M65)	Beckenham Running Club	47:35
264	874 John Dempster (M50)	Beckenham Running Club	47:38
265	1017 Paul Warricker (M60)	Cambridge Harriers	48:37
266	1116 Ian Dickson (M65)	Harvel Hash House Harriers	50:02