

Kent Cross Country League Results - Swanley Park, Swanley 12/10/2019**Under 15 Girls 4000m Individual Results**

Pos	No	Name	Club	Time
1	302	Sophie Slack	Tonbridge AC	15:23
2	261	Amy Goodhand	Invicta East Kent AC	15:50
3	218	Carys Firth	Blackheath and Bromley H AC	15:50
4	216	Hannah Clark	Blackheath and Bromley H AC	16:00
5	291	Jenny Swandale	Thanet Roadrunners AC	16:07
6	290	Lola Sutton	Thanet Roadrunners AC	16:14
7	231	Amarisa Sibley	Blackheath and Bromley H AC	16:17
8	210	Chiani-Rae Garland	Bexley AC	16:18
9	264	Teigan Sullivan	Invicta East Kent AC	16:22
10	274	Josephine Bassett	Medway Phoenix	16:23
11	227	Amelia Middleton	Blackheath and Bromley H AC	16:28
12	220	Cameron Kelly-Gordon	Blackheath and Bromley H AC	16:34
13	279	Megan Ormiston	Medway Tri	16:37
14	221	Isabella Louth	Blackheath and Bromley H AC	16:42
15	278	Hannah Mitchell	Medway Tri	16:45
16	277	Ella Webb	Medway Phoenix	16:46
17	298	Beatrice Heslop	Tonbridge AC	16:47
18	297	Annabelle Hales	Tonbridge AC	16:53
19	233	Olivia Wauters	Blackheath and Bromley H AC	16:55
20	270	Abigail Royden	Medway and Maidstone AC	16:57
21	271	Emma Ryan	Medway and Maidstone AC	16:57
22	244	Madeline Tynan	Cambridge Harriers	17:01
23	301	Ella McIntyre	Tonbridge AC	17:02
24	294	Amelia Beeston	Tonbridge AC	17:08
25	223	Sofia-Plum Maher	Blackheath and Bromley H AC	17:11
26	273	Annabel Young	Medway and Maidstone AC	17:16
27	219	Cara Gould	Blackheath and Bromley H AC	17:26
28	247	Lauren Bowen	Dartford Harriers AC	17:31
29	299	Aimee Holdstock	Tonbridge AC	17:37
30	246	Lucy Munday	Central Park Athletics	17:46
31	250	Abbe Clarke	Dartford Harriers AC	17:47
32	217	Emily de Backer	Blackheath and Bromley H AC	17:48
33	275	Florence Green-Cronin	Medway Phoenix	17:48
34	235	Amelie Willars	Blackheath and Bromley H AC	17:49
35	293	Ella Ayden	Tonbridge AC	17:49
36	215	Jessie Sargeant	Bexley AC	17:51
37	265	Lily Crossley	Medway and Maidstone AC	17:51
38	259	Isabel Wallace	Greenwich Tritons	17:56
39	206	Jessica Wilton	Ashford AC	18:07
40	268	Sarah Mitchell	Medway and Maidstone AC	18:13
41	234	Liberty Whyte	Blackheath and Bromley H AC	18:14
42	283	Rhianna Munn	Sevenoaks AC	18:22
43	292	Isobel Tyler	Thanet Roadrunners AC	18:24
44	239	Evie Ravenscroft	Cambridge Harriers	18:31
45	208	Laurel Broughton	Bexley AC	18:34
46	263	Eliza Mills	Invicta East Kent AC	18:38
47	262	Skye Jarrett	Invicta East Kent AC	18:40
48	282	Tamzin Moore	Sevenoaks AC	18:42
49	240	Inez Rice	Cambridge Harriers	18:46
50	209	Maya Broughton	Bexley AC	18:52
51	232	Abigail Smith	Blackheath and Bromley H AC	19:04
52	207	Mollie Bishop	Bexley AC	19:16
53	280	Jess Rayner	Paddock Wood AC	19:23
54	252	Emily Francis	Dartford Harriers AC	19:40
55	251	Jasmine Crossley	Dartford Harriers AC	19:44
56	267	Amy Jukes	Medway and Maidstone AC	20:22

57	296	Taliyah Dahdi	Tonbridge AC	20:32
58	214	Sophia Moore	Bexley AC	20:50
59	254	Giulia Mitroi	Dartford Harriers AC	20:58
60	266	Ciara Harrop	Medway and Maidstone AC	21:06
61	248	Amelie Cirillo	Dartford Harriers AC	21:28
62	255	Yasmin Sadique	Dartford Harriers AC	22:59
63	249	Beatrice Cirillo	Dartford Harriers AC	23:54
64	257	Isabel Daly	Greenwich Tritons	24:29