

Kent Cross Country League Results - Foots Cray Meadows, Sidcup 14/12/2019**Under 13 Girls 3000m Individual Results**

Pos	No	Name	Club	Time
1	94	Lily Slack	Tonbridge AC	12:27
2	27	Abigail Richards	Cambridge Harriers	12:38
3	87	Penny Horne	Tonbridge AC	12:50
4	72	Natalia Austin	Thanet Roadrunners AC	12:54
5	16	Molly-May Mooney-Clarke	Blackheath and Bromley H AC	12:57
6	90	Gracie MacAuley	Tonbridge AC	12:58
7	20	Megan Slattery	Blackheath and Bromley H AC	13:02
8	38	Emer Tynan	Greenwich Tritons	13:04
9	74	Millie Dack	Thanet Roadrunners AC	13:19
10	71	Elena Oliphant	S-Factor Academy	13:22
11	1504	Lara Tunali-Flynn	Blackheath and Bromley H AC	13:27
12	17	Tallulah Ndikanwu	Blackheath and Bromley H AC	13:30
13	89	Lara Jee	Tonbridge AC	13:32
14	83	Georgia Conroy	Tonbridge AC	13:37
15	1421	India Blakey	Blackheath and Bromley H AC	13:42
16	18	Maria Salamanca	Blackheath and Bromley H AC	13:48
17	37	Isla Taylor	Greenwich Tritons	13:48
18	45	Iris Crossley	Medway and Maidstone AC	13:59
19	76	Mercedes McGivern	Thanet Roadrunners AC	14:03
20	69	Alexia Scotiniadis	Sevenoaks AC	14:04
21	85	Emily Geake	Tonbridge AC	14:07
22	66	Ella Baker	Sevenoaks AC	14:11
23	32	Lexie Johnson	Central Park Athletics	14:13
24	46	Sofia Cudmore-Smith	Medway and Maidstone AC	14:14
25	95	Niamh Tarry	Tonbridge AC	14:15
26	93	Harriet Raven	Tonbridge AC	14:18
27	10	Alyssa Firla	Blackheath and Bromley H AC	14:28
28	63	Alice Stawowska	Medway Tri	14:37
29	1523	Isla Spink	Blackheath and Bromley H AC	14:52
30	13	Lydia Marston	Blackheath and Bromley H AC	15:04
31	1505	Mia Harris	Cambridge Harriers	15:08
32	25	Amelia Lawrence	Cambridge Harriers	15:09
33	23	Scarlett Bennett	Cambridge Harriers	15:15
34	8	Amber Cockburn	Blackheath and Bromley H AC	15:22
35	54	Beth Palmer	Medway and Maidstone AC	15:23
36	1522	Hannah Nott	Blackheath and Bromley H AC	15:30
37	39	Elizabeth Wallace	Greenwich Tritons	15:33
38	84	Tilly Cunliffe	Tonbridge AC	15:40
39	77	Ferne Peirce	Thanet Roadrunners AC	15:42
40	40	Layla Forrest	Invicta East Kent AC	15:44
41	1521	Isla Griffin	Blackheath and Bromley H AC	15:50
42	96	Ella Thomas	Tonbridge AC	16:00
43	49	Heidi Hughes	Medway and Maidstone AC	16:01
44	5	Madeleine Dunsmore	Bexley AC	16:07
45	35	Tabitha Bullock	Greenwich Tritons	16:17
46	3	Heather Beet	Bexley AC	16:40
47	31	Sienna Darby Lane	Central Park Athletics	17:16
48	67	Lucy Edwards	Sevenoaks AC	17:16
49	14	Madeleine Marston	Blackheath and Bromley H AC	17:21

50	57	Nia Thomas	Medway Phoenix	17:26
51	64	Lucy Stawowska	Medway Tri	17:27
52	1525	Evie Cameron	Medway and Maidstone AC	18:23
53	1519	Aimee Price	Bexley AC	19:20