

Kent Cross Country League Results - Norman Park, Bromley 08/02/2020**Senior Women 5000m Individual Results**

Pos	No	AthleteName	Club	Time
1	785	Rebecca Weston	Invicta East Kent AC	20:52
2	1558	Joanne Hickman Dunne	Blackheath and Bromley H AC	21:33
3	1565	Harriet Woolley	Tonbridge AC	22:08
4	618	Imogen Amos (U20W)	Invicta East Kent AC	22:14
5	724	Cas Jackson	Dartford Harriers AC	22:15
6	861	Becky Morrish	Tonbridge AC	22:39
7	1463	Alice Burnhope	Bexley AC	22:57
8	740	Renata McDonnell (W45)	Deal Tri	23:03
9	853	Maria Heslop (W50)	Tonbridge AC	23:12
10	822	Nicola Lilley (W35)	Medway Tri	23:24
11	628	India Nicholson (U20W)	Tonbridge AC	23:33
12	848	Alexandra Crockford	Tonbridge AC	23:35
13	1557	Beth Armstrong	Bexley AC	23:44
14	847	Annabel Carter	Tonbridge AC	23:54
15	862	Tina Oldershaw (W50)	Tonbridge AC	23:56
16	623	Elena Jury (U20W)	Swale Combined AC	23:57
17	877	Cathy Gill	Tunbridge Wells Harriers	24:05
18	660	Donna Mewis (W50)	Beckenham Running Club	24:07
19	643	Becky Macey (W35)	Ashford & District RRC	24:09
20	694	Hayley Newman	Cambridge Harriers	24:12
21	814	Taryne McPherson (W40)	Medway and Maidstone AC	24:18
22	609	Amy Leach (U20W)	Blackheath and Bromley H AC	24:28
23	810	Jenny Fowler (W40)	Medway and Maidstone AC	24:42
24	659	Kate Marchant (W50)	Beckenham Running Club	24:48
25	866	Nina Ridge (W45)	Tonbridge AC	24:50
26	865	Elise Rendall (W40)	Tonbridge AC	25:05
27	870	Charlotte Warren	Tonbridge AC	25:13
28	825	Mandy Barker (W45)	Paddock Wood AC	25:16
29	626	Elizabeth Heslop (U20W)	Tonbridge AC	25:27
30	881	Jillian Holford (W45)	Tunbridge Wells Harriers	25:31
31	661	Aurelia Osborne (W40)	Beckenham Running Club	25:37
32	684	Susan Dixon (W50)	Cambridge Harriers	25:47
33	706	Sally Kyle (W45)	Central Park Athletics	25:49
34	839	Natalie Long	Swale Combined AC	25:51
35	830	Suzy Claridge (W45)	Sevenoaks AC	25:54
36	671	Kirsty McEwen	Bexley AC	25:59
37	624	Aeryn Stretton (U20W)	Thanet Roadrunners AC	26:02
38	637	Christine Costiff (W55)	Ashford & District RRC	26:13
39	1461	Essen Larsen	Ashford & District RRC	26:20
40	702	Elizabeth Brookes (W40)	Central Park Athletics	26:27
41	662	Fay Storie (W35)	Beckenham Running Club	26:28
42	838	Olwen Cockell (W45)	Swale Combined AC	26:32
43	755	Marcela Arvizu (W45)	Greenwich Tritons	26:42
44	627	Lucy Kingston (U20W)	Tonbridge AC	26:51
45	635	Tracey Calnan (W50)	Ashford & District RRC	26:54
46	648	Rhian Shrimplin	Ashford & District RRC	27:02
47	792	Jacqueline King (W45)	Istead & Ifield Harriers	27:11
48	831	Jessica Phillips	South Kent Harriers	27:13
49	638	Jill Crofton-Martin (W45)	Ashford & District RRC	27:18
50	842	Wendy Walach (W40)	Swale Combined AC	27:20
51	653	Katie Calascione (W45)	Beckenham Running Club	27:21

52	834	Marie Watson (W50)	South Kent Harriers	27:22
53	743	Caroline Curtis (W50)	Folkestone Running Club	27:27
54	749	Zoe Neale (W45)	Folkestone Running Club	27:40
55	1561	Emma McCabe (W35)	Canterbury Harriers	27:43
56	837	Lisa Berkman (W45)	Swale Combined AC	27:44
57	652	Melanie Burdett (W45)	Beckenham Running Club	27:47
58	1559	Donna Martin (W35)	Cambridge Harriers	27:48
59	812	Bernadette Harrop (W45)	Medway and Maidstone AC	27:48
60	646	Gill O'Connor (W55)	Ashford & District RRC	27:49
61	766	Lesley McCarthy (W45)	Greenwich Tritons	27:55
62	665	Victoria Butterworth	Bexley AC	28:11
63	864	Pearl Pearce (W40)	Tonbridge AC	28:13
64	682	Sally Carr (W45)	Cambridge Harriers	28:18
65	656	Isobel Finnie (W40)	Beckenham Running Club	28:19
66	1517	Vanessa Vander (W35)	Medway and Maidstone AC	28:22
67	1556	Alice Baverstock (W45)	Beckenham Running Club	28:31
68	636	Massah Cooper (W40)	Ashford & District RRC	28:33
69	719	Natasha Dowds (Raggett)	Crystal Palace Triathlon	28:38
70	1464	Angela Duffy Smart (W45)	Bexley AC	28:47
71	639	Ailis Goddard (W35)	Ashford & District RRC	28:55
72	687	Marian Hine (W50)	Cambridge Harriers	28:57
73	752	Gail Turbutt (W45)	Folkestone Running Club	28:59
74	753	Kirsty Wilson	Folkestone Running Club	29:00
75	672	Rebecca Miah	Bexley AC	29:11
76	750	Catherine O'Connor (W50)	Folkestone Running Club	29:12
77	873	Clare Andrew (W45)	Tunbridge Wells Harriers	29:14
78	859	Grazia Manzotti (W50)	Tonbridge AC	29:31
79	783	Nicola Vincent (W40)	Harvel Hash House Harriers	29:36
80	835	Collette Windsor (W40)	South Kent Harriers	29:42
81	794	Janet Murray (W45)	Istead & Ifield Harriers	29:49
82	700	Elisabeth Batty (W60)	Canterbury Harriers	29:55
83	731	Emma Brown (W40)	Dartford Road Runners	30:16
84	733	Alexandra Cooper (W45)	Dartford Road Runners	30:23
85	651	Louise Black (W40)	Beckenham Running Club	30:29
86	1562	Faith Cowell (W45)	Folkestone Running Club	30:50
87	801	Janice Moorekite (W60)	Larkfield AC	31:10
88	875	Lynne Bristow (W50)	Tunbridge Wells Harriers	31:19
89	787	Sally Dawodu-Talabi (W55)	Istead & Ifield Harriers	31:25
90	1468	Sonia Hanna (W40)	Central Park Athletics	31:26
91	716	Brigit Brown (W50)	Crystal Palace Triathlon	31:52
92	699	Monica Whitefield (W50)	Cambridge Harriers	32:02
93	725	Gillian Manning (W55)	Dartford Harriers AC	32:16
94	795	Barbara Ockendon (W65)	Istead & Ifield Harriers	32:26
95	760	Louise Johnson (W50)	Greenwich Tritons	32:29
96	701	Tracy Balfe (W40)	Central Park Athletics	32:30
97	816	Catherine Rodwell	Medway and Maidstone AC	32:42
98	778	Veronika Lothian (W50)	Harvel Hash House Harriers	32:46
99	693	Frances Nestor (W55)	Cambridge Harriers	32:47
100	689	Maria MacDonald (W65)	Cambridge Harriers	33:01
101	737	Caroline Judge (W45)	Dartford Road Runners	33:13
102	1564	Trudi Curd (W55)	Folkestone Running Club	33:15
103	745	Julie Gibbs (W60)	Folkestone Running Club	33:54
104	666	Paula Cooper (W50)	Bexley AC	33:56
105	1560	Anna Rowland (W55)	Cambridge Harriers	34:23

106	655	Jane Ellis (W60)	Beckenham Running Club	34:38
107	1466	Christine Pates (W55)	Bexley AC	35:36
108	809	Kat Ford	Medway and Maidstone AC	35:44
109	828	Diana Tilston (W45)	Paddock Wood AC	36:09
110	705	Ann Komzolik (W60)	Central Park Athletics	36:20
111	841	Katie Scoones	Swale Combined AC	36:33
112	771	Lauren Porter (W45)	Greenwich Tritons	36:50
113	709	Janice Munday (W45)	Central Park Athletics	36:53
114	670	Geraldine Legon (W60)	Bexley AC	39:28
115	1566	Smaranda Dranga (W45)	Tunbridge Wells Harriers	41:06
116	893	Carol Tsang (W40)	Tunbridge Wells Harriers	41:07
117	1563	Kayleigh Cumber	Folkestone Running Club	48:48