

Kent Cross Country League – Sparrows Den - 12th November 2016

“Blackheath and Bromley welcome you to Sparrows Den. The course (see map on website) will be the same as last year, but the order of the laps for the Senior Men will change to make runners run around the field at the end of the race before the run in to the finish. This will avoid front runners crossing with back markers.

Parking

Please do not park in the car park at the foot of Corkscrew Hill or along the coned side of the road outside. Parking is indicated on the map plus there will be plenty of places along Woodland Way at the top of the course, just a few hundred metres from the start.

Toilets

Toilets will be provided at the Car Park on Corkscrew Hill. Please do not use the Rugby Club facilities. These are private.

We look forward to seeing you on Saturday for a great afternoon's racing.

Regards,

Bob Cliff
Chief Trail Layer
B&BHAC"