

K.C.A.A. Track Relay Championships Cenral Park, Dartford - 13th September 2009**VETERAN MEN Medley**

Final			Perf
1	A	Ashford AC	Iain Presnell, Steve Arnold, Steve Langford, Garon Heslop 4:22.0
2	C	Cambridge	Barry Ferguson, John Corcoran, Jim Collis, Paul Kent 4:32.1
3	B	Bexley AC	Jim Clench, Paul Hatfield, Kevin Winch, Jon Armstrong 4:54.6

VETERAN WOMEN Medley

Final			Perf
	D	Dartford Harriers	Teresa Eades, Gillian Skellon, Donna Brown, Pat Halstead 5:19.2

SENIOR MEN Medley

Final			Perf
1	X	Bexley AC 1	Femi Smith, Paul Slater, Jo Ago, Tom Clench 3:33.9
2	T	Tonbridge AC 1	Chris Ford, Ben Kiely, Alexander Hookway, Daniel Bradley 3:46.3
3	D	Dartford Harriers	Alex Lee, David Stewart, Steve Hickmott, Steve Caller 4:05.4

U13 BOYS 4x100m

Final			Perf
1	T	Tonbridge AC	William Whitmore, George Duggan, Alex Kidd, Harry Wendall 55.9
2	M	Med & Maid AC	Rhys Barber, Joe Clarke, Lewis James, David Carr 57.2
	A	Ashford AC	Kieran Regan, Oliver Williams, Luke Busumbru, Morgan Regardsoe disq
	C	Cambridge Harriers 1	Elijah Laidlaw, Stephen Bal, Jack Parris, Jonathan Reynolds disq

U13 GIRLS 4x100m

Heat 1			Perf
1	B	Black & Brom H AC 1	Leah McDonald, Oshuwa Ogbeta, Aina Hurlock, Vivien Olatunji 54.2 Q
2	T	Tonbridge AC	Kate Humphrey, Rose Hairs, Lucy Runggay, Kate White 54.5 Q
3	E	Invicta East Kent AC 1	Molly Howson, Giulia Harte, Lilly Coward, Pippi Randall 57.9 q
4	BB	Black & Brom H AC 2	Josaphine Ray, Grace McGrand, Amber Johnson, Shannon Cordell 58.2 q
5	C	Cambridge Harriers	Ruth Barker, Millie Brown, Iona Williams, Oleta Haffner 58.9
6	MM	Med & Maid AC 2	Charlotte Harwood, Poppy Steel, Emma Benton, Grace Steel 60.3
Heat 2			Perf
1	X	Bexley AC 1	Renique Joseph, Kemi Kaffo, Ella Shorter, Joanne Okusanya 57.2 Q
2	A	Ashford AC 1	Ememobong Umoh, Polly Abbott, Georgina Banford, Emily Hamlyn 59.7 Q
3	D	Dartford Harriers	Demi Jacobs, Aimee Johnson, Laura Hobson, Erin Ounsworth 61.0
4	EE	Invicta East Kent AC 2	Amy Old, Charlotte Nicholas, Ellen Whitehead, Anna Weston 63.2
5	XX	Bexley AC 2	Victoria Blincoe, Eleanor Winch, Charlotte Jolly, Aoife Brown 63.7
	M	Med & Maid AC 1	Jasmin Salter, Jodine Tapp, Joanne Ware, Tia Murray disq
Final			Perf
1	B	Black & Brom H AC 1	Leah McDonald, Oshuwa Ogbeta, Aina Hurlock, Vivien Olatunji 54.0
2	T	Tonbridge AC	Kate Humphrey, Rose Hairs, Lucy Runggay, Kate White 54.8
3	X	Bexley AC 1	Renique Joseph, Kemi Kaffo, Ella Shorter, Joanne Okusanya 57.0
4	E	Invicta East Kent AC 1	Molly Howson, Giulia Harte, Lilly Coward, Pippi Randall 59.2
5	A	Ashford AC 1	Ememobong Umoh, Polly Abbott, Georgina Banford, Emily Hamlyn 60.2
	BB	Black & Brom H AC 2	Josaphine Ray, Grace McGrand, Amber Johnson, Shannon Cordell disq

U15 GIRLS 4x100m

Heat 1			Perf
1	B	Black & Brom H AC 1	Georgina Middleton, Dina Asher-Smith, Rachael Dickins, Charlotte Colegate 49.7 Q
2	T	Tonbridge AC	Tilly Russell, Laura Henderson, Emily Stone, Gemma Smith 52.0 Q
3	BB	Black & Brom H AC 2	Ayoni Williams, Victoria Hunt, Frances Read, Rhiannon Jones 52.1 q
4	E	Invicta East Kent AC 1	Amber Mustafa, Annabel Carter, Emily Hunt, Laura Clark 53.2 q
5	D	Dartford Harriers	Charity Taylor, Casey Porrit, Hannah Searing, Lucy Hickmott 57.2
Heat 2			Perf
1	M	Med & Maid AC 1	Kerri Willis, Alyce Cooper, Sophie Ayre, Jane Angus 51.4 Q
2	A	Ashford AC 1	Sophie Hamlyn, Abigail Pukis, Lizzie Highwood, Hester Hill 52.5 Q
3	G	Black & Brom H AC 3	Ireene McKintosh, Rhinna Amorah Williams, Rachel Giannani, Charlotte Harris 54.1
4	MM	Med & Maid AC 2	Natalie Heptinstall, Jessica Murphy, Sasha Pay, Katie Whibley 56.3
5	X	Bexley AC 1	Leah Komolafe, Jessica Batt, Veronica Uzokwe, Derin Aderinto 57.0
FINAL			Perf
1	B	Black & Brom H AC 1	Georgina Middleton, Dina Asher-Smith, Rachael Dickins, Charlotte Colegate 49.8
2	BB	Black & Brom H AC 2	Frances Read, Jessica Moore, Rhiannon Jones, Victoria Hunt 52.2
3	M	Med & Maid AC 1	Kerri Willis, Alyce Cooper, Sophie Ayre, Jane Angus 52.3
4	T	Tonbridge AC	Tilly Russell, Laura Henderson, Emily Stone, Gemma Smith 52.9
5	A	Ashford AC 1	Sophie Hamlyn, Abigail Pukis, Lizzie Highwood, Hester Hill 52.9
6	E	Invicta East Kent AC 1	Amber Mustafa, Annabel Carter, Emily Hunt, Laura Clark 54.1

U17 WOMEN 4x100m

Heat 1				Perf
1	M	Med & Maid AC 1	Ashleigh Horton, Nicola Keegan, Megan Angus, Annie Waghorn	51.7 Q
2	X	Bexley AC 1	Tobi Oniyitan, Shanique Joseph, Abi Olaleye, Zoe Ford	53.1 Q
3	E	Invicta East Kent AC 1	Scarlett Mann, Emily Hosker-Thornhill, Gemma Hambrook, Megan Eeles	53.6 q
4	XX	Bexley AC 2	Becky Davis, Jessica Case, Hannah Greenshields, Feyi Taiwo	55.4
Heat 2				Perf
1	D	Dartford Harriers	Samantha Brown, Jodie Leslie, Grace Potthurst, Natalie Hickmott	52.4 Q
2	A	Ashford AC 1	Sam Beckett, Caroline Hatley, Lucy Holmes, Elenor Campbell	53.1 Q
3	MM	Med & Maid AC 2	Francesca Baylis, Kate McGibbon, Lucy-Jane Constable, Rebecca Cane	53.2 q
	C	Cambridge Harriers 1	Monique edwards, Gabriella Ade-Onotobi, Melissa Owusa-Ansah, Maleha Allen	disq
FINAL				Perf
1	D	Dartford Harriers	Samantha Brown, Jodie Leslie, Grace Potthurst, Natalie Hickmott	51.5
2	M	Med & Maid AC 1	Ashleigh Horton, Nicola Keegan, Megan Angus, Annie Waghorn	52.0
3	A	Ashford AC 1	Sam Beckett, Caroline Hatley, Lucy Holmes, Elenor Campbell	52.3
4	X	Bexley AC 1	Tobi Oniyitan, Shanique Joseph, Abi Olaleye, Zoe Ford	52.7
5	MM	Med & Maid AC 2	Francesca Baylis, Kate McGibbon, Lucy-Jane Constable, Rebecca Cane	54.2
6	E	Invicta East Kent AC 1	Scarlett Mann, Emily Hosker-Thornhill, Gemma Hambrook, Megan Eeles	54.5

U15 BOYS 4x100m

FINAL				Perf
1	C	Cambridge Harriers	Oscar Thurley, Eri-lfe Williams, Richard Junoy, Joe Berth-Jones	47.5
2	A	Ashford AC 1	Nathan Fatola, Stevie Walcher, James Jeacock, Tom Williams	49.9
	M	Med & Maid AC	Tom Howlett, Rory Baldwin, Jacob Lane, Francis Lammas	disq

U17 MEN 4x100m

Heat 1				Perf
1	X	Bexley AC 1	Kayode Ajibade, Joe Richardson, Semi Ayayi, Omavo Auson	46.3 Q
2	E	Invicta East Kent AC 1	Alex Tuck, Kieran Reilly, Kegan Goldsack-Marsh, Chris Chancellor	46.9 Q
	AA	Ashford AC 2	James Ogilvie, Aaron Achong, Christian Brown, Ryan Harris	diaq
	D	Dartford Harriers	Adam Chalk, Tim Billinger, George Taylor, Alex Bell	disq
Heat 2				Perf
1	C	Cambridge Harriers 1	Omari Markland Montgomery, Owale Akande, Tolu Odusanya, David Bolarinwa	44.0 Q
2	A	Ashford AC 1	Ashley Cochran, Dan Weaver, Tom Chambers, Lewis Elliott	45.5 Q
3	M	Med & Maid AC 1	Dan Gill, Mark Cryer, James Davis, Alex Caine	45.8 q
4	CC	Cambridge Harriers 2	Donomar Smith, Richard Edwards, Charlie Perry, Tobi Odusanya	46.0 q
5	MM	Med & Maid AC 2	Peter Bruce, Will Fry, Reece Dimech, Ryan Carpenter	47.9
Final				Perf
1	C	Cambridge Harriers 1	Omari Markland Montgomery, Owale Akande, Tolu Odusanya, David Bolarinwa	44.1
2	A	Ashford AC 1	Ashley Cochran, Dan Weaver, Tom Chambers, Lewis Elliott	45.5
3	X	Bexley AC 1	Kayode Ajibade, Joe Richardson, Semi Ayayi, Omavo Auson	45.8
4	M	Med & Maid AC 1	Dan Gill, Mark Cryer, James Davis, Alex Caine	46.0
5	E	Invicta East Kent AC 1	Alex Tuck, Kieran Reilly, Kegan Goldsack-Marsh, Chris Chancellor	47.2
	CC	Cambridge Harriers 2	Donomar Smith, Richard Edwards, Charlie Perry, Tobi Odusanya	DNF

U20 MEN 4x100m

Final				Perf
1	M	Med & Maid AC 1	James Alcock, Andre Wright, Stuart Hitchcock, Michael Baker	43.4
2	C	Cambridge Harriers 1	Ben Reid, Ashley George, Arthur Tanoh, Stefan Mitchell	45.0

SENIOR MEN 4x100m

Final				Perf
1	X	Bexley AC	Femi Smith, Paul Slater, Jo Ago, Jack Miller	45.3

U13 BOYS 3x800m

Final			Perf	
1	T	Tonbridge AC 1	Will Whitmore, George Duggan, Alexander Kidd	7:23.5
2	TT	Tonbridge AC 2	Luke Gunter, Stuart Brown, Timothy Faes	7:48.3
3	M	Med & Maid AC	Louis Jennings, David Carr, Stephen Jones	7:56.7

U13 GIRLS 3x800m

Heat 1			Perf	
1	T	Tonbridge AC 1	Sian Driscoll, Hannah Czarnowski, Katie Humphrey	8:05.5 Q
2	E	Invicta East Kent AC 1	Lilly Coward, Anna Weston, Ellen Whitehead	8:06.3 Q
3	C	Cambridge Harriers 1	Florence Savage, Iona Williams, Natasha Sinha	8:14.4 q
4	B	Black & Brom H AC 1	Charlotte Rhule, Lucy Sidey, Olivia Chalmers	8:28.6 q
5	BB	Black & Brom H AC 2	Sonia Woolhouse, Samantha Leighton, Louise Davison	8:40.5
Heat 2			Perf	
1	EE	Invicta East Kent AC 2	Giulia Harte, Amy Old, Charlotte Nicholas	8:36.0 Q
2	X	Bexley AC 1	Victoria Blincoe, Charlotte Jolly, Aoife Brown	8:59.9 Q
3	A	Ashford AC	Rebecca Roddy, Kate Willington, Megan Willington	9:04.3
4	P	Invicta East Kent AC 3	Pippi Randall, Molly Dawson, Molly Howson	9:12.8
5	XX	Bexley AC 2	Kemi Kaffo, Eleanor Winch, Ella Shorter	9:32.2
Final			Perf	
1	T	Tonbridge AC 1	Sian Driscoll, Hannah Czarnowski, Katie Humphrey	7:53.0
2	E	Invicta East Kent AC 1	Lilly Coward, Anna Weston, Ellen Whitehead	7:56.4
3	C	Cambridge Harriers 1	Florence Savage, Iona Williams, Natasha Sinha	8:20.2
4	B	Black & Brom H AC 1	Charlotte Rhule, Lucy Sidey, Olivia Chalmers	8:26.2
5	EE	Invicta East Kent AC 2	Giulia Harte, Amy Old, Charlotte Nicholas	8:30.1
6	X	Bexley AC 1	Victoria Blincoe, Charlotte Jolly, Aoife Brown	9:02.4

U15 GIRLS 3x800m

Heat 1			Perf	
1	B	Black & Brom H AC 1	Jessica Jones, Holly Fletcher, Safrion Salih	7:58.6 Q
2	BB	Black & Brom H AC 2	Ella Self, Hope Stenning, Amber Reed	7:59.6 Q
3	D	Dartford Harriers	Leanne Saheed, Casey Porritt, Lucy Hickmott	8:11.3 q
4	M	Med & Maid AC	Georgia Humphries, Kayleigh Williams, Rebecca Brenton	8:28.5
Heat 2			Perf	
1	A	Ashford AC	Kate Funnell, Lauren Bamford, Amelia Jones	8:12.5 Q
2	T	Tonbridge AC 1	Jane Mallyon, Alice Wood, Pandora Banbury	8:16.0 Q
3	C	Cambridge Harriers 1	Megan Williams, Charlotte Hunt, Sophie Parkes	8:20.3 q
4	X	Bexley AC 1	Ellen Newark, Eden Tanner, Rachel Blincoe	8:43.3
Final			Perf	
1	B	Black & Brom H AC 1	Jessica Jones, Holly Fletcher, Safrion Salih	7:24.6
2	T	Tonbridge AC 1	Jane Mallyon, Alice Wood, Pandora Banbury	7:33.9
3	BB	Black & Brom H AC 2	Ella Self, Hope Stenning, Amber Reed	7:44.0
4	A	Ashford AC	Kate Funnell, Lauren Bamford, Amelia Jones	7:53.2
5	D	Dartford Harriers	Leanne Saheed, Casey Porritt, Lucy Hickmott	7:58.8
6	C	Cambridge Harriers 1	Megan Williams, Charlotte Hunt, Sophie Parkes	8:23.8

U17 WOMEN 3x800m

Final			Perf	
1	T	Tonbridge AC 1	Lucy Reid, Lucy Blackstone, Maisie Farndon	7:37.6
2	E	Invicta East Kent AC 1	Beth Burnett, Rachel Burton, Emily Hosker Thornhill	ntr
3	C	Cambridge Harriers 1	Charlotte Daniel, Elle Kimberley, Katie Irving	7:52.7
4	M	Med & Maid AC	Louise Blair, Lucy Nicholson, Cerys Sanders	8:02.9
5	X	Bexley AC 1	Beth Armstrong, Becky Davis, Taylor watson	8:15.3

SENIOR WOMEN 4x100m

Final			Perf	
1	M	Med & Maid AC 1	Yasmyn Joseph, Hannah Bidts, Jodie Shaw, Charlotte Mackie	50.9
2	D	Dartford Harriers 1	Melissa Benuente, Megan Edwards, Kim Taylor, Kirsty Taylor	52.8

U15 GIRLS 4x200m

				Perf
Heat 1				
1	M	Med & Maid AC 1	Kerri Willis, Alyce Cooper, Sophie Ayre, Jane Angus	1:50.7 Q
2	E	Invicta East Kent AC 1	Annabel Carter, Emily Hunt, Amber Mustafa, Laura Clark	1:55.4 Q
3	BB	Black & Brom H AC 2	Victoria Munt, Rhiannon Jones, Ayoni Williams, Charlotte Harris	1:56.8 q
	B	Black & Brom H AC 1	Georgina Middleton, Dina Asher-Smith, Rachael Dickens, Charlotte Colegate	disq
Heat 2				
1	T	Tonbridge AC	Laura Henderson, Emily Stone, Tilly Russell, Gemma Smith	1:53.5 Q
2	MM	Med & Maid AC 2	JessicA Murphy, Katie Whibley, Sasha Pay, Natalie Heptinstall	1:58.8 Q
3	X	Bexley AC	Doyin Aderinto, Leah Komolafe, Katie Hyde, Derrin Aderinto	2:07.4 q
	A	Ashford AC 1	Caitlin Dock, Katherine Buckley, Hester Hill, Abigail Purkis	disq
Final				
1	M	Med & Maid AC 1	Kerri Willis, Alyce Cooper, Sophie Ayre, Jane Angus	1:50.9
2	E	Invicta East Kent AC 1	Annabel Carter, Emily Hunt, Amber Mustafa, Laura Clark	1:54.3
3	MM	Med & Maid AC 2	JessicA Murphy, Katie Whibley, Sasha Pay, Natalie Heptinstall	2:01.3
4	X	Bexley AC	Derin Aderinto, Leah Komolafe, Veronica Uzokwe, Doyin Aderinto	2:06.6
	T	Tonbridge AC	Laura Henderson, Emily Stone, Tilly Russell, Gemma Smith	disq
	BB	Black & Brom H AC 2	Victoria Munt, Rhiannon Jones, Ayoni Williams, Charlotte Harris	dnf

U17 WOMEN 4x200m

				Perf
Heat 1				
1	D	Dartford Harriers	Samatha Brown, Jodie Leslie, Grace Pothurst, Natalie Hickmott	1:50.0 Q
2	E	Invicta East Kent AC 1	Emily Hosker-Thornhill, Scarlett Mann, Gemma Hambrook, Megan Eeles	1:53.1 Q
3	XX	Bexley AC 2	Feyi Taiwo, Taylor Watson, Hannah Greenshields, Zoe Ford	2:01.1
	X	Bexley AC 1	Abi Olaleye, Tobi Oniyitan, Jess Case, Shanique Joseph	disq
Heat 2				
1	C	Cambridge Harriers 1	Maleka Allen, Chloe Garrett, Melissa Owusu-Ansah, Gabriella Ade-onosobi	1:46.9 Q
2	M	Med & Maid AC 1	Ashleigh Horton, Nicola Keegan, Megan Angus, Annie Waghorn	1:48.3 Q
3	A	Ashford AC 1	Laura Hanaghan, Caroline Hatley, Sam Beckett, Elenor Campbell	1:48.3 q
4	MM	Med & Maid AC 2	Francesca Baylis, Kate McGibbons, Lucy-Jane Constable, Rebecca Cane	1:53.1 q
5	CC	Cambridge Harriers 2	Charlotte Daniel, Faith Kareber, Elle Kimberley, Jamel Allen	1:57.1
Final				
1	C	Cambridge Harriers 1	Maleka Allen, Chloe Garrett, Melissa Owusu-Ansah, Gabriella Ade-Onosobi	1:47.0
2	A	Ashford AC 1	Laura Hanaghan, Caroline Hatley, Sam Beckett, Elenor Campbell	1:48.3
3	M	Med & Maid AC 1	Ashleigh Horton, Nicola Keegan, Megan Angus, Annie Waghorn	1:48.5
4	D	Dartford Harriers	Samatha Brown, Jodie Leslie, Grace Pothurst, Natalie Hickmott	1:51.1
5	E	Invicta East Kent AC 1	Emily Hosker-Thornhill, Scarlett Mann, Gemma Hambrook, Megan Eeles	1:52.6
6	MM	Med & Maid AC 2	Francesca Baylis, Kate McGibbons, Lucy-Jane Constable, Rebecca Cane	1:53.8

U15 BOYS 4x400m

				Perf
Heat				
1	C	Cambridge Harriers 1	Max Colett, Eri-lfe Williams, Sean Fairman, Joe Berth Jones	3:44.5
2	T	Tonbridge AC	Cameron Knapp, Joe Newsome, Tadge Haly, Sean Molly	3:45.1
3	M	Med & Maid AC 1	Tom Howlett, Oliver Woodham, Rory Baldin, Lloyd Miliner	3:54.5
4	MM	Med & Maid AC 2	James Williamson, Domonic Cappolla, William Stockwell, Francis Lammas	4:18.9
5	A	Ashford AC 1	Callum Burgess, Neil Daughters, Lewis Kenyon, Darrell Rand	4:27.9

U17 MEN 4x400m

				Perf
Heat 1				
1	M	Med & Maid AC 1	Ryan Carpenter, James Davis, Alex Caine, Mark Cryer	3:44.8 Q
2	MM	Med & Maid AC 2	Sam Gibbons, Reece Dimech, Jamie Arnold, Adam Gilbert	3:49.1 Q
3	XX	Bexley AC 2	Omardo Auson, Oliver O'Brien, James Peeney, Joe Richardson	3:49.5 q
4	X	Bexley AC 1	Jacob Tanner, Hari Faulkner, Shemi Ajayi, Harry Palmer	3:50.7
Heat 2				
1	C	Cambridge Harriers 1	Omari Markland-Montgomery, Charlie Perry, Richard Edwards, Donomar Smith	3:34.0 Q
2	T	Tonbridge AC	Finlay Third, Sam Button, Josh Bentham, Angus Butler	3:35.2 Q
3	E	Invicta East Kent AC 1	Alex Tuck, Kieran Reilly, Kegan Goldsack Marsh, Chris Chancellor	3:35.9 q
4	A	Ashford AC	James Ogilue, George Huxley, Ryan Harris, Christin Brown	3:50.1
5	EE	Invicta East Kent AC 2	Ben Burton, Sam Hudson, Jacob Burton, Chris Little	3:55.6
Final				
1	C	Cambridge Harriers 1	Omari Markland-Montgomery, Charlie Perry, Richard Edwards, Donomar Smith	3:32.5
2	T	Tonbridge AC	Finlay Third, Sam Button, Josh Bentham, Angus Butler	3:33.5
3	E	Invicta East Kent AC 1	Alex Tuck, Kieran Reilly, Kegan Goldsack Marsh, Chris Chancellor	3:36.8
4	M	Med & Maid AC 1	Ryan Carpenter, James Davis, Alex Caine, Mark Cryer	3:45.1
5	MM	Med & Maid AC 2	Sam Gibbons, Reece Dimech, Jamie Arnold, Adam Gilbert	3:54.3
6	XX	Bexley AC 2	Omardo Auson, Oliver O'Brien, James Peeney, Joe Richardson	3:58.7

U20 MEN 4x400m

Final

1	M	Med & Maid AC 1	James Alcock, Alex Wharfe, Sean Hannant-Smith, Michael Baker	3:30.5
2	T	Tonbridge AC	Kurt Wolfe, James Wildish, Alex Hookway, Simon Tinsley	3:31.0
3	C	Cambridge Harriers 1	Ashley George, Robert MacDonald, Alasdair MacDonald, Stefan Mitchell	3:34.6

SENIOR MEN 4x400m

Heat

1	X	Bexley AC 1	Femi Smith, Steve Carter, Tom Clench, Jo Ago	3:53.8
---	---	-------------	--	--------

SENIOR WOMEN 4x400m

Final

1	T	Tonbridge AC	Jess Owen, Victoria Bradfrd, Hannah Tolhurst, Duna Pavlovic	4:11.3
2	D	Dartford Harriers	Melissa Benavente, Megan Edwards, Kim Taylor, Kirsty Taylor	4:35.5

SENIOR WOMEN 4x200m

Final

1	M	Med & Maid AC 1	Cherene Ellis, Hannah Biddiss, Yasmyn Joseph, Charlotte Mackie	1:47.0
2	D	Dartford Harriers	Melissa Benavente, Megan Edwards, Kim Taylor, Kirsty Taylor	1:49.7