

KCAA Veterans/Masters Championships - Erith Stadium, Erith 22nd-23rd September 2018

M40

					Final	w/s+0.7
		No.	Name	Club	Perf	
1	G	43	Richard Brooks	Metropolitan Police AC	26.04	
2	S	23	Adrian Donnelly	Medway and Maidstone AC	27.94	

					Final	
		No.	Name	Club	Perf	
1	G	55	Craig Sharp	Central Park Athletics	2:04.32	
2	S	53	Stuart McNally	Dartford Harriers AC	2:05.80	
3	B	54	Matthew Preston	Cambridge Harriers	2:14.41	
4		56	Darren Wright	Medway and Maidstone AC	2:20.08	

					Final	
		No.	Name	Club	Perf	
1	G	62	Daniel Madams	Tonbridge AC	16:40.13	
2	S	69	Neill Wright	Medway and Maidstone AC	17:12.06	

M50

					Final	w/s+0.2
		No.	Name	Club	Perf	
1	G	31	Mark Woods	Paddock Wood AC	26.41	
2	S	28	Jason Cannon	Tonbridge AC	28.06	
3	B	30	Leroy Richards	Kent AC	28.34	
4		12	Trevor Crysell	Paddock Wood AC	28.38	
5		44	Kemal Gediz	Bexley AC	29.68	

					Final	
		No.	Name	Club	Perf	
1	G	58	Andrew Howey	Tunbridge Wells Harriers	2:15.19	
2	S	13	Wole Odele	Cambridge Harriers	2:16.76	
3	B	49	Colin Bates	Dartford Harriers AC	2:18.87	
4		57	Philip Coleman	Tonbridge AC	2:20.03	
5		50	Gavin Kitchingham	Orpington Road Runners	2:22.89	

					Final	
		No.	Name	Club	Perf	
1	G	72	Richard Tomlinson	Medway and Maidstone AC	16:44.80	
2	S	73	Tony Tuohy	Dulwich Runners AC	17:10.83	
3	B	71	Noel Lyons	Larkfield AC	17:54.48	
4		74	Gareth Williams	Medway and Maidstone AC	18:29.03	
5		64	Don Lawless	Maidstone Harriers	19:16.58	
		50	Gavin Kitchingham	Orpington Road Runners	dnf	

					Final	w/s+0.1
		No.	Name	Club	Perf	
1	G	31	Mark Woods	Paddock Wood AC	20.66	

M60

					Final	w/s+0.7
		No.	Name	Club	Perf	
1	G	33	Les Percival	Paddock Wood AC	29.19	
		15	Timothy Carter	Cambridge Harriers	dns	

					Final	
		No.	Name	Club	Perf	
1	G	15	Timothy Carter	Cambridge Harriers	2:41.76	

					Final	w/s+0.1
		No.	Name	Club	Perf	
1	G	21	Robert Sibley	Medway and Maidstone AC	18.57	

M70

200m		Final			w/s-0.5
No.	Name	Club		Perf	
1		36	Gerald Lustig (G)	Brighton Hove City AC	33.83
2	G	16	Anthony Garrett	Bexley AC	37.27

M80

200m		Final			w/s-0.5
No.	Name	Club		Perf	
1	-	38	Richard Pitcairn-Knowles	Sevenoaks AC	51.07
2	-	37	Robert Carter	Swanley and District AC	52.43

800m

800m		Final			Perf
No.	Name	Club		Perf	
1	-	51	Ronald Denney	Sevenoaks AC	4:29.02
		37	Robert Carter	Swanley and District AC	dnf

W35**Shot**

Shot		Final			Perf
No.	Name	Club		Perf	
1	G	98	Marianne Berndt	Bexley AC	9.75
2	-	100	Bianca Schuster	Thanet AC	7.21
3	-	99	Elizabeth Duffin	Paddock Wood AC	5.75

9.65, 9.64, 9.71, 9.19, 9.75, x
6.91, 7.00, 7.21, 7.01, 7.03, 6.77
5.60, 5.75, 5.74, 5.61, 5.59, 5.18

Discus

Discus		Final			Perf
No.	Name	Club		Perf	
1	G	98	Marianne Berndt	Bexley AC	28.18
2	-	100	Bianca Schuster	Thanet AC	18.88
3	-	99	Elizabeth Duffin	Paddock Wood AC	14.92

28.02, 28.18, x, x, x, -
x, 18.73, x, 18.36, 16.66, 18.88
13.71, 14.09, 14.18, 14.92, 13.52, 13.26

Hammer

Hammer		Final			Perf
No.	Name	Club		Perf	
1	G	100	Bianca Schuster	Thanet AC	26.32
2	-	99	Elizabeth Duffin	Paddock Wood AC	22.85

24.30, 25.67, 25.45, 25.35, 26.32, x
21.46, 22.78, 22.85, 22.17, 21.62, 21.27

Javelin

Javelin		Final			Perf
No.	Name	Club		Perf	
1	-	100	Bianca Schuster	Thanet AC	22.68
2	-	99	Elizabeth Duffin	Paddock Wood AC	21.56

20.13, 22.48, 22.68, 16.18, 19.85, 18.98
18.64, 20.13, 19.33, 21.56, 20.98, x

W40

200m		Final			w/s-0.3
No.	Name	Club		Perf	
1	G	40	Kirstie Taylor	Dartford Harriers AC	29.99

800m

800m		Final			Perf
No.	Name	Club		Perf	
1	G	60	Sally Carr	Cambridge Harriers	3:00.65

5000m

5000m		Final			Perf
No.	Name	Club		Perf	
1	G	67	Anoushka Johnson	Central Park Athletics	19:58.39
2	S	77	Olwen Cockell	Swale Combined AC	21:26.23
3	B	76	Lisa Berkman	Swale Combined AC	22:05.86
4		78	Stacey Crocker	Swanley and District AC	23:35.39

Shot

Shot		Final			Perf
No.	Name	Club		Perf	
1	G	101	Vanessa Hannam	Medway and Maidstone AC	9.49
2	-	17	Nina Ridge	Tonbridge AC	7.48

CBP 9.33, x, 9.12, x, 9.49, 9.38
7.29, 7.09, x, 7.01, 7.20, 7.48

Discus

Discus		Final			Perf
No.	Name	Club		Perf	
1	G	101	Vanessa Hannam	Medway and Maidstone AC	34.22
2	S	17	Nina Ridge	Tonbridge AC	22.23
3	-	78	Stacey Crocker	Swanley and District AC	19.29

CBP 34.22, 32.66, 33.89, 33.29, x, x
22.08, 20.58, 22.23, 20.77, 18.58, x
16.10, 17.14, 18.69, 18.89, 16.81, 19.29

Hammer**Final**

	No.	Name	Club	Perf	
1	G	17	Nina Ridge	Tonbridge AC	24.24
2	S	113	Amanda Holder	Bexley AC	21.82

CBP 24.24, 22.80, 22.05, 20.09, 21.13, 22.43
x, 20.32, 20.48, 21.82, 21.09, x

Javelin**Final**

	No.	Name	Club	Perf	
1	G	101	Vanessa Hannam	Medway and Maidstone AC	26.04

24.33, 25.42, 26.04, 25.65, 24.83, 24.84

W50**200m****Final**

w/s-0.3

	No.	Name	Club	Perf	
1	G	41	Susan Dixon	Cambridge Harriers	32.14

800m**Final**

	No.	Name	Club	Perf	
1	G	41	Susan Dixon	Cambridge Harriers	2:44.59

5000m**Final**

	No.	Name	Club	Perf	
1	G	80	Kim Howes	Swale Combined AC	21:44.72
2		79	Camilla Allwood (G)	Serpentine Running Club	26:59.75

Shot**Final**

	No.	Name	Club	Perf	
1	G	102	Jennifer Agyepong	Cambridge Harriers	9.61
2	S	3	Christine Pates	Bexley AC	7.05
3	-	104	Nicola Whiffen	Paddock Wood AC	6.41
4		103	Diane Bradley	Tonbridge AC	6.10

9.20, 8.50, 9.61, x, 9.00, 8.78
7.02, 7.05, x, 7.02, 7.03, 6.71
6.22, 6.19, x, 5.79, 6.24, 6.41
5.76, 6.10, 5.84, 5.90, 5.65, 6.09

Discus**Final**

	No.	Name	Club	Perf	
1	G	103	Diane Bradley	Tonbridge AC	19.08
2	S	3	Christine Pates	Bexley AC	16.25

x, x, x, 19.08, x, 18.57
13.58, x, 16.11, 13.54, 16.25, 15.70

Hammer**Final**

	No.	Name	Club	Perf	
1	G	102	Jennifer Agyepong	Cambridge Harriers	28.36
2	S	104	Nicola Whiffen	Paddock Wood AC	26.47
3	B	103	Diane Bradley	Tonbridge AC	20.28

CBP 27.44, 27.40, 27.07, x, 28.36, 27.44
25.17, 23.78, 24.43, 24.52, 26.47, 24.68
20.24, 19.83, 19.82, 20.28, 19.11, x

Javelin**Final**

	No.	Name	Club	Perf	
1	-	3	Christine Pates	Bexley AC	15.42

15.42, x, 14.77, x, 13.58, x

W60**200m****Final**

w/s-0.3

	No.	Name	Club	Perf	
1	G	20	Nicola Buckwell	Tonbridge AC	34.51

CBP

Shot**Final**

	No.	Name	Club	Perf	
1	G	4	Liz Slater	Bexley AC	6.66
2	S	105	Fiona Argent	Medway and Maidstone AC	6.01

6.49, 6.48, 6.66, 6.33, x, 5.60
5.65, 5.47, 5.51, 5.91, 5.63, 6.01

Discus**Final**

	No.	Name	Club	Perf	
1	G	4	Liz Slater	Bexley AC	15.61
2	S	110	Christine Lynch	Swale Combined AC	13.73
3	B	105	Fiona Argent	Medway and Maidstone AC	12.16

x, 10.75, 13.43, 12.67, 13.17, 15.61
11.93, 13.38, 13.12, 10.74, 12.97, 13.73
11.30, 11.24, 12.16, 11.65, x, x

Hammer**Final**

	No.	Name	Club	Perf	
1	G	4	Liz Slater	Bexley AC	20.04
2	S	110	Christine Lynch	Swale Combined AC	17.67

18.11, 20.04, 17.81, x, 15.78, -
17.34, 17.67, 17.53, 17.30, x, 17.55

Javelin**Final**

No.	Name	Club	Perf
1	-	105 Fiona Argent	Medway and Maidstone AC 10.17

8.89, 10.17, x, x, 9.97, x

W70**200m****Final**

w/s-0.3

No.	Name	Club	Perf
1	-	47 Anne Brenchley	Tonbridge AC 47.10

800m**Final**

No.	Name	Club	Perf
1	-	47 Anne Brenchley	Tonbridge AC 4:15.31

Discus**Final**

No.	Name	Club	Perf
1	G	47 Anne Brenchley	Tonbridge AC 13.69

12.04, 12.50, 13.69, 11.66, 12.51, x