

Kent County Championship Results Sunday 14/05/2017
Senior Men

100m Disability		Final		w/s= -2.9
No.	Athlete	Club	Perf	
1	23	Conrad Davis (T20)	Bexley AC	14.16
1	20	Danny Champion (T42)	Thanet AC	19.08

200m		Heat 1		w/s= 0.4
No.	Athlete	Club	Perf	
1	4	Nathan Brown	Kent AC	22.00
2	25	George Huxley	Ashford AC	22.98
3	1	Justin Bailey	Dartford Harriers AC	23.35
4	9	Casey Johnson	Dartford Harriers AC	23.80
5	22	Matthew Coward	Ashford AC	24.56
6	24	Callum Gardiner	Blackheath & Bromley H AC	25.29
7	20	Danny Champion (T42)	Thanet AC	40.35

Q
Q
Q
q
q

200m		Heat 2		w/s= -2.0
No.	Athlete	Club	Perf	
1	26	Alex Skipp	Blackheath & Bromley H AC	23.15
2	13	Ishmael Smith-John	Blackheath & Bromley H AC	23.15
3	12	Lewis Parsons	Thanet AC	24.19
4	3	Mathew Beech	Swale Combined AC	25.26
5	23	Conrad Davis	Bexley AC	26.55
6	14	Stanley Thomas	Cambridge Harriers	27.63

Q
Q
Q

200m		Final		w/s= -3.4
No.	Athlete	Club	Perf	
1	4	Nathan Brown	Kent AC	22.53
2	13	Ishmael Smith-John	Blackheath & Bromley H AC	23.27
3	26	Alex Skipp	Blackheath & Bromley H AC	23.36
4	1	Justin Bailey	Dartford Harriers AC	24.00
5	12	Lewis Parsons	Thanet AC	24.70
6	22	Matthew Coward	Ashford AC	25.42
	25	George Huxley	Ashford AC	DNS
	9	Casey Johnson	Dartford Harriers AC	DNS

800m		Final		
No.	Athlete	Club	Perf	
1	41	Joseph O'Hara	Bexley AC	1:57.38
2	37	Kieran Eland	Tonbridge AC	1:58.34
3	47	Steven Tester	Tonbridge AC	2:01.58
4	43	Andrew Scoones	Swale Combined AC	2:03.23
5	46	Henry Taylor-Costin	Dartford Harriers AC	2:06.18
6	40	Graeme Lugar	Orpington Road Runners	2:17.50
	36	Sam Dowler	Dartford Harriers AC	DNF
	38	Alexander Hookway	Tonbridge AC	DNS

400m Hurdles		Final		
No.	Athlete	Club	Perf	
1	29	Jack Green	Kent AC	49.54
2	30	Lewis Heffernan	Medway and Maidstone AC	59.10

CBP

2000m Steeplechase		Final		
No.	Athlete	Club	Perf	
1	36	Sam Dowler	Dartford Harriers AC	6:58.93

3000m Walk		Final		
No.	Athlete	Club	Perf	
1	74	Luc Legon	Bexley AC	13:22.66
2	73	Jonathan Hobbs	Ashford AC	14:02.61
3	72	Christopher Hobbs	Ashford AC	16:36.50

High Jump		Final		
No.	Athlete	Club	Perf	
1	77	Ben Stanbury	Cambridge Harriers	1.80
2	76	Matthew Smiley	Ashford AC	1.80

1.70 o;1.75 o;1.80 xo;1.85 xxx
 1.70 o;1.75 xo;1.80 xo;1.85 xxx

Long Jump		Final		
No.	Athlete	Club	Perf	
1	9	Casey Johnson	Dartford Harriers AC	6.58
2	84	Ashley Buckman	Ashford AC	6.37
3	2	Claudian Bancila	Bexley AC	6.32
4	83	Olaitan Awodesu	Bexley AC	6.29
5	71	Paul Slater	Bexley AC	6.28
6	87	Alexander Lee (M35)	Dartford Harriers AC	6.12
7	24	Callum Gardiner	Blackheath & Bromley H AC	6.09

- 6.57,-; 6.39,-; 6.58,-; -; -;
 - 6.26,-; 4.68,-; 6.11,-; 6.16,-; 6.27,-; 6.37,-
 - 6.19,-; 6.32,-; 6.03,-; 6.30,-; x; 6.10,-
 - 6.10,-; 5.96,-; 6.04,-; 6.18,-; x; 6.29,-
 - 5.84,-; 6.11,-; 6.00,-; x; 6.25,-; 6.28,-
 - 6.12,-; 4.37,-; 5.94,-; 5.73,-; 5.73,-; x
 - 5.78,-; 5.89,-; 6.09,-; -; -;

Triple Jump		Final		
No.	Athlete	Club	Perf	
1	86	Lawrence Harvey (M35)	Trafford AC	14.61
2	84	Ashley Buckman	Ashford AC	13.74
3	33	Lewis Smith	Ashford AC	13.46
4	85	Jack Fox	Dartford Harriers AC	12.89
5	71	Paul Slater	Bexley AC	12.69
6	89	Rawlston Morian	Kent AC	12.35
7	88	Stephen Lake (M40)	Ashford AC	11.03

- 13.99,-; 14.24,-; x; 14.61,-; 14.59,-; x
 - 13.32,-; 11.73,-; 12.97,-; 13.11,-; 13.65,-; 13.74,-
 - x; 12.91,-; 13.46,-; 13.33,-; 13.20,-; 13.03,-
 - 12.68,-; 12.73,-; 12.35,-; 12.81,-; 12.89,-; 12.84,-
 - 12.45,-; 12.53,-; 12.19,-; 12.63,-; 12.46,-; 12.69,-
 - 11.70,-; 12.35,-; 12.07,-; 12.20,-; 11.82,-; -
 - 11.03,-; 10.77,-; x; -; -;

Javelin		Final		
No.	Athlete	Club	Perf	
1	70	Matthew Harris	Ashford AC	50.67

48.60; 47.39; 50.67; 46.62; -; 48.38

U20M

Disability 100m		Final		w/s= -2.9
No.	Athlete	Club	Perf	
1	163	Sebastian Brooks (T20)	Tonbridge AC	16.67

200m		Final		w/s= -2.1
No.	Athlete	Club	Perf	
1	156	Camron Lyttle	Blackheath & Bromley H AC	22.51
2	155	Matthew Knight	Blackheath & Bromley H AC	22.59
3	148	Korede Awe	Invicta East Kent AC	22.68
4	157	Alex Marshall	Medway and Maidstone AC	22.96
5	165	Luke Moore	Cambridge Harriers	23.36
6	164	Ryan Campbell	Dartford Harriers AC	23.48
7	147	Moses Aregbesola	Bexley AC	23.57
8	158	Abraham Ogunmefun	Bexley AC	24.38

800m		Final		
No.	Athlete	Club	Perf	
1	183	Daniel Seagrove	Tonbridge AC	1:58.93
2	178	Thomas Manning	Dartford Harriers AC	2:00.04
3	177	Christian Lee	Tonbridge AC	2:00.59
4	181	Cameron Payas	Medway and Maidstone AC	2:01.23
5	175	Jacques Cunningham-Marsh	Medway and Maidstone AC	2:01.42
6	185	James Wilton	Ashford AC	2:03.74
7	180	Reece Miles	Cambridge Harriers	2:04.66
8	179	Ryan Maunders	Medway and Maidstone AC	2:08.89
9	176	Samuel Hallett	Medway and Maidstone AC	2:19.58
	184	Lucas Taylor-Costin	Dartford Harriers AC	DNS

400m Hurdles		Final		
No.	Athlete	Club	Perf	
1	212	Joe Fuggle (Guest)	Tonbridge AC	53.04
2	198	George Blake	Medway and Maidstone AC	62.04

2000m Steeplechase		Final		
No.	Athlete	Club	Perf	
1	186	Joss Barber	Blackheath & Bromley H AC	6:27.86
2	200	Bayley Massey	Cambridge Harriers	6:29.42
3	193	James Rolls	Dartford Harriers AC	7:25.13

3000m Walk		Final		
No.	Athlete	Club	Perf	
1	194	Marshall Smith	Ashford AC	14:40.02

High Jump		Final		
No.	Athlete	Club	Perf	
1	167	Tyler Adams	Ashford AC	1.85
2	197	Joseph Thurgood	Medway and Maidstone AC	1.75

1.70 o;1.75 o;1.80 o;1.85 o;1.90 xxx
 1.70 o;1.75 o;1.80 xxx

Long Jump		Final		
No.	Athlete	Club	Perf	
1	161	Zachary Skinner	Tonbridge AC	6.54
2	204	Okiki Olugunna	Bexley AC	5.86
3	203	Bolu Aluko	Bexley AC	5.55
4	150	Samuel Dawson-Dale	Ashford AC	5.15

- 6.54,-; 6.44,-; 6.46,-; 6.27,-; -;
 - 5.73,-; 5.32,-; 5.71,-; 5.64,-; 5.39,-; 5.86,-
 - 5.32,-; 5.28,-; 5.55,-; 4.97,-; 2.16,-; 5.18,-
 - 5.15,-; 4.93,-; x; x; 4.83,-; 4.89,-

Triple Jump		Final		
No.	Athlete	Club	Perf	
1	203	Bolu Aluko	Bexley AC	13.06
2	204	Okiki Olugunna	Bexley AC	12.70
3	151	Kevin Feyisetan	Dartford Harriers AC	12.42

- 11.95,-; x; 13.06,-; 12.80,-; x; 12.95,-
 - 12.49,-; 12.54,-; 12.69,-; 11.84,-; 12.06,-; 12.70,-
 - 12.21,-; 12.42,-; 12.42,-; -; -;

Javelin		Final		
No.	Athlete	Club	Perf	
1	210	Sonny Nash	Medway and Maidstone AC	56.18
2	167	Tyler Adams	Ashford AC	48.61

51.80; 56.18; 51.83; 54.46; x; x
48.61; 45.83; 46.88; 47.52; 46.67; x

U17M

200m		Heat 1		w/s= 0.1	
No.	Athlete	Club	Perf		
1	305	Ethan Brown	Dartford Harriers AC	22.20	Q
2	284	Matthew Elliott	Ashford AC	22.91	Q
3	282	Rico Cottell	Blackheath & Bromley H AC	22.94	Q
4	287	Nathan Isaac	Medway and Maidstone AC	23.17	q
5	306	Joshua Gbagbo	Blackheath & Bromley H AC	23.77	q
6	299	Kareem Waithe	Cambridge Harriers	24.22	
7	286	Jonathan Fletcher	Kent AC	25.63	

200m		Heat 2		w/s= -2.0	
No.	Athlete	Club	Perf		
1	288	Rory Kuypers	Medway and Maidstone AC	22.89	Q
2	292	Harry Osborne	Medway and Maidstone AC	23.26	Q
3	290	Conor Murphy	Medway and Maidstone AC	23.78	Q
4	281	Anton Bachorski	Tonbridge AC	24.17	
5	300	Harvey Weed	Medway and Maidstone AC	24.65	
6	285	Konrad Farrall	Thanet AC	25.11	
7	304	Felix Brooks	Tonbridge AC	25.22	
8	307	Harry Mills	Paddock Wood AC	25.45	

200m		Final		w/s= -1.6	
No.	Athlete	Club	Perf		
1	305	Ethan Brown	Dartford Harriers AC	23.08	
2	284	Matthew Elliott	Ashford AC	23.26	
3	288	Rory Kuypers	Medway and Maidstone AC	23.30	
4	292	Harry Osborne	Medway and Maidstone AC	23.53	
5	282	Rico Cottell	Blackheath & Bromley H AC	23.62	
6	287	Nathan Isaac	Medway and Maidstone AC	23.85	
7	290	Conor Murphy	Medway and Maidstone AC	24.62	
8	306	Joshua Gbagbo	Blackheath & Bromley H AC	25.00	

800m		Heat 1			
No.	Athlete	Club	Perf		
1	321	Reegan Archer	Medway and Maidstone AC	2:03.05	Q
2	324	Charles Crick	Tonbridge AC	2:03.46	Q
3	334	Matthew Stonier	Invicta East Kent AC	2:03.80	Q
4	326	Cole Gibbens	Invicta East Kent AC	2:04.37	q
5	332	Cameron MacRae	Thanet Roadrunners AC	2:06.95	q
6	327	Joseph Griffiths	Invicta East Kent AC	2:07.66	

800m		Heat 2			
No.	Athlete	Club	Perf		
1	330	Jack Higgins	Bexley AC	2:08.25	Q
2	335	Robert Suckling	Blackheath & Bromley H AC	2:08.42	Q
3	336	Regan Thomas	Bexley AC	2:09.11	Q
4	325	Toby Emm	Tonbridge AC	2:09.48	
5	338	Thomas Wilton	Ashford AC	2:13.33	
6	323	Matthew Crane	Bexley AC	2:17.36	

800m		Final			
No.	Athlete	Club	Perf		
1	324	Charles Crick	Tonbridge AC	1:59.14	
2	330	Jack Higgins	Bexley AC	1:59.80	
3	321	Reegan Archer	Medway and Maidstone AC	2:02.89	
4	326	Cole Gibbens	Invicta East Kent AC	2:06.27	
5	334	Matthew Stonier	Invicta East Kent AC	2:08.22	
6	335	Robert Suckling	Blackheath & Bromley H AC	2:08.56	
7	332	Cameron MacRae	Thanet Roadrunners AC	2:09.49	
8	336	Regan Thomas	Bexley AC	2:13.80	

400m Hurdles		Final			
No.	Athlete	Club	Perf		
1	357	Isaac Milham	Medway and Maidstone AC	57.22	
2	356	Coleman Corry	Blackheath & Bromley H AC	57.38	
3	355	Benjamin Blake	Medway and Maidstone AC	60.97	
4	354	Caelan Raju	Blackheath & Bromley H AC	62.67	

1500m Steeplechase		Final			
No.	Athlete	Club	Perf		
1	359	Archie May	Dartford Harriers AC	4:39.70	
2	349	Cameron Swatton	Blackheath & Bromley H AC	5:02.83	
3	342	Benjamin Gardiner	Blackheath & Bromley H AC	5:19.96	
4	358	Alexander Donnelly	Medway and Maidstone AC	5:30.45	

3000m Walk		Final		
No.	Athlete	Club	Perf	
1	323	Matthew Crane	Bexley AC	16:51.79

Pole Vault		Final		
No.	Athlete	Club	Perf	
1	361	Pedro Gleadall	Blackheath & Bromley H AC	3.70
2	364	Alfie Gilby	Ashford AC	3.35
3	304	Felix Brooks	Tonbridge AC	3.25

3.35 o;3.45 o;3.70 o;3.85 xxx
2.95 o;3.05 o;3.15 o;3.25 o;3.35 xo;3.45 xxx
2.55 o;2.65 o;2.75 o;2.85 o;2.95 o;3.05 o;3.15 xxo;3.25 xo;3.35 xxx

Shot		Final		
No.	Athlete	Club	Perf	
1	376	Jack Royden	Medway and Maidstone AC	13.35
2	374	Freddie Marshall	Tonbridge AC	11.50
3	377	Christopher Scrivens	Ashford AC	10.77
4	373	Arjun Ghosh	Tonbridge AC	9.63
5	361	Pedro Gleadall	Blackheath & Bromley H AC	9.36
6	375	James O'Gorman	Paddock Wood AC	8.88

12.94; x; 13.35; x; 13.16; 13.05
11.48; x; 11.50; x; 10.99; 10.87
10.45; 10.46; 10.76; 10.77; x; x
x; 9.63; x; 9.61; 9.39; x
8.47; 9.36; -; -; 9.17; x
8.88; 8.78; 8.76; 8.77; x; x

Discus		Final		
No.	Athlete	Club	Perf	
1	370	Douglas Noel	Invicta East Kent AC	41.58
2	375	James O'Gorman	Paddock Wood AC	32.74
3	373	Arjun Ghosh	Tonbridge AC	32.50
4	377	Christopher Scrivens	Ashford AC	28.23

35.93; 34.12; x; 37.02; 38.46; 41.58
32.74; 28.87; 26.77; x; 31.46; 31.77
29.29; 31.44; x; x; x; 32.50
27.27; 28.23; 26.83; x; x

Hammer		Final		
No.	Athlete	Club	Perf	
1	377	Christopher Scrivens	Ashford AC	47.47
2	378	Charlie Short	Blackheath & Bromley H AC	33.59
3	373	Arjun Ghosh	Tonbridge AC	32.45
4	333	Reece Perkins	Medway and Maidstone AC	30.03

47.47; x; 46.86; x; x; x
32.12; 33.59; 32.39; 32.90; 33.25; 33.51
x; x; 27.93; x; 27.74; 32.45
x; 25.32; 28.30; 27.50; 28.58; 30.03

U15B

200m		Heat 1		w/s= -2.4	
No.	Athlete	Club	Perf		
1	471	David Adeleye	Medway and Maidstone AC	24.34	Q
2	487	Oliver Briars	Blackheath & Bromley H AC	24.40	Q
3	486	Michael Uozie	Medway and Maidstone AC	25.75	Q
4	474	Henry-James Finch	Invicta East Kent AC	27.57	q
5	489	Nathaniel Masters	Bexley AC	27.62	q

200m		Heat 2		w/s= -1.5	
No.	Athlete	Club	Perf		
1	479	Kyron Morgan	Blackheath & Bromley H AC	24.45	Q
2	482	Daniel Rajis	Cambridge Harriers	25.33	Q
3	481	Spike Purdie	Ashford AC	26.22	Q
4	473	Luke Christie	Cambridge Harriers	27.90	

200m		Final		w/s= -1.5
No.	Athlete	Club	Perf	
1	471	David Adeleye	Medway and Maidstone AC	24.03
2	487	Oliver Briars	Blackheath & Bromley H AC	24.22
3	479	Kyron Morgan	Blackheath & Bromley H AC	24.59
4	486	Michael Uozie	Medway and Maidstone AC	25.61
5	481	Spike Purdie	Ashford AC	25.83
6	474	Henry-James Finch	Invicta East Kent AC	26.74
7	489	Nathaniel Masters	Bexley AC	27.79
	482	Daniel Rajis	Cambridge Harriers	DNS

800m		Final		
No.	Athlete	Club	Perf	
1	502	Oscar Parrick	Invicta East Kent AC	2:05.61
2	504	Bashiri Ryan	Medway and Maidstone AC	2:08.31
3	492	Samuel Reardon	Blackheath & Bromley H AC	2:09.13
4	495	Tom Brash	Blackheath & Bromley H AC	2:12.48
5	503	Hamish Reilly	Medway and Maidstone AC	2:14.55
6	496	Finlay Croll	Tonbridge AC	2:15.52
7	499	Daniel McGlynn	Medway and Maidstone AC	2:16.66

3000m Walk		Final		
No.	Athlete	Club	Perf	
1	513	Alex Macheath	Cambridge Harriers	15:27.33
2	522	Jack Childs	Medway and Maidstone AC	15:41.51
3	523	Benjamin Howe	Swanley and District AC	21:10.46

Pole Vault		Final			
No.	Athlete	Club	Perf		
1	525	Ethan Kitteridge	Blackheath & Bromley H AC	2.85	2.35 o;2.45 o;2.55 o;2.65 o;2.75 xxo;2.85 xo;2.95 xxx
2	519	Charles Costello	Tonbridge AC	2.45	1.95 o;2.05 o;2.15 o;2.25 o;2.35 o;2.45 o;2.55 xxx
3	488	Theo Daviron	Tonbridge AC	2.45	1.95 o;2.05 -;2.15 o;2.25 o;2.35 xo;2.45 o;2.55 xxx
4	518	Barnaby Corry	Blackheath & Bromley H AC	2.15	1.95 o;2.05 o;2.15 xo;2.25 xxx
	526	Jamie Pearce	Medway and Maidstone AC	nm	1.70 xxx

Shot		Final			
No.	Athlete	Club	Perf		
1	531	Michael Burfoot	Blackheath & Bromley H AC	13.47	13.22; 13.47; 12.79; 12.77; wd
2	529	Neil Akinoyemi	Dartford Grammar School	12.01	11.47; 12.01; 11.96; 11.52; 11.05; 10.86
3	536	Levi Onipede	Dartford Grammar School	10.54	x; 10.54; 10.54; 9.87; 10.28; x
4	532	Satvik Chaganti	The Judd School	8.66	8.49; x; 7.90; 7.72; 8.31; 8.66
5	533	Joshua-James Clarke	Swale Combined AC	7.77	7.77; 7.40; 7.71; 7.13; 7.39; 7.75

Discus		Final			
No.	Athlete	Club	Perf		
1	529	Neil Akinoyemi	Dartford Grammar School	33.67	x; 25.61; 33.67; 32.31; x; x
2	534	Dillon Claydon	The Judd School	33.42	22.86; 29.65; 28.38; 33.42; x; 27.13
3	535	Samuel Hunt	Cambridge Harriers	33.12	31.51; 33.12; 29.30; x; 31.78; 32.35
4	536	Levi Onipede	Dartford Grammar School	28.36	28.36; 22.58; 28.09; 22.42; 28.33; 21.01
5	532	Satvik Chaganti	The Judd School	24.28	17.10; 23.18; 24.28; 21.60; 18.89; 21.46
6	530	Harry Blake	Medway and Maidstone AC	22.84	20.66; 17.78; 22.84; 21.36; 20.70; 20.11
7	533	Joshua-James Clarke	Swale Combined AC	17.56	x; 17.56; 17.56

Hammer		Final			
No.	Athlete	Club	Perf		
1	536	Levi Onipede	Dartford Grammar School	31.53	x; x; 31.53; 26.37; 28.45; 27.33
2	535	Samuel Hunt	Cambridge Harriers	26.65	x; 21.40; 26.65; 25.15; 24.58; x
3	523	Benjamin Howe	Swanley and District AC	22.95	20.33; 18.71; 22.95; 20.60; 7.27; x

Senior Women		Final		w/s= -3.6	
100m		No.	Athlete	Club	Perf
1	105	Ruth Onyekwe	Cambridge Harriers	12.69	
2	104	Rebecca McLinden	Blackheath & Bromley H AC	12.80	
3	102	Hannah Carson	Dartford Harriers AC	13.50	
4	108	Louisa Vallins	Blackheath & Bromley H AC	14.21	
	107	Kirstie Taylor	Dartford Harriers AC	DIS	

400m		Final			
No.	Athlete	Club	Perf		
1	118	Kathryn Sutton	Dartford Harriers AC	56.28	
2	120	Emma Wood	Tonbridge AC	59.27	
3	119	Briony Walsh	Ashford AC	60.39	
4	114	Danielle Critchley	Blackheath & Bromley H AC	61.01	
5	112	Emma-Louise Wagstaff	Kent AC	61.32	
6	116	Bonnie Maugey	Dartford Harriers AC	66.86	
7	115	Lisa Knight (W40)	Ashford AC	71.81	
8	117	Katie Scoones	Swale Combined AC	72.18	

1500m		Final			
No.	Athlete	Club	Perf		
1	123	Gabija Rasiukeviciute	Invicta East Kent AC	5:08.02	

100m Hurdles		Final		w/s= -1.2	
No.	Athlete	Club	Perf		
1	105	Ruth Onyekwe	Cambridge Harriers	15.57	
2	126	Joanne Ware	Tonbridge AC	15.93	

3000m Walk		Final			
No.	Athlete	Club	Perf		
1	127	Lesley Hall	Ashford AC	19:34.46	
2	128	Geraldine Legon	Bexley AC	20:59.71	

Pole Vault		Final			
No.	Athlete	Club	Perf		
1	133	Jacqueline Montgomery (W50)	Blackheath & Bromley H AC	2.45	2.35 o;2.45 o;2.55 xxx
	132	Laura-Ann Henderson	Ashford AC	nm	2.85 xxx

Shot		Final			
No.	Athlete	Club	Perf		
1	136	Nicola Gregory	Bexley AC	9.05	8.35; 9.05; 8.83; 8.83; 8.77; 8.92
2	135	Rebecca Cock	Ashford AC	6.70	6.23; 6.70; 6.49; 5.81; 6.43; 6.24
3	117	Katie Scoones	Swale Combined AC	6.06	5.79; 5.19; x; 5.70; 5.92; 6.06
4	137	Christine Lynch (W55)	Swale Combined AC	5.35	4.91; 4.89; 5.35; 4.96; 4.94; 4.97

Discus		Final	
No.	Athlete	Club	Perf
1	136 Nicola Gregory	Bexley AC	33.32
2	135 Rebecca Cock	Ashford AC	24.93
3	137 Christine Lynch (W55)	Swale Combined AC	14.78

30.25; 31.04; 30.05; 33.32; 32.39; 33.07
x; 23.05; 24.08; 22.20; x; 24.93
12.38; 12.70; 13.94; 14.50; 14.15; 14.78

Hammer		Final	
No.	Athlete	Club	Perf
1	139 Donna Kent	Bexley AC	41.01
2	140 Hannah Owen (U20W)	Ashford AC	38.83
3	101 Claire Capon	Dartford Harriers AC	37.89
4	137 Christine Lynch (W55)	Swale Combined AC	15.23

40.46; 40.53; 41.01; 40.36; 40.41; x
x; 27.61; 31.25; 33.52; 38.83; 33.98
34.93; 36.00; 35.98; x; 37.51; 37.89
12.89; 14.65; 12.76; 14.47; 15.23; 14.29

U20W 100m		Final		w/s= -2.1
No.	Athlete	Club	Perf	
1	218 Vera Chinedu	Cambridge Harriers	12.23	
2	222 Darcey Kuypers	Medway and Maidstone AC	12.34	
3	224 Ellie Turner	Medway and Maidstone AC	12.35	
4	221 Parris Johnson	Blackheath & Bromley H AC	12.82	
5	220 Kera Jean-Francois	Cambridge Harriers	12.84	
6	219 Magda Cieniala	Blackheath & Bromley H AC	13.07	

Disability 100m		Final		w/s= -2.9
No.	Athlete	Club	Perf	
1	225 Faye Olszowka	Bexley AC	14.19	

400m		Final	
No.	Athlete	Club	Perf
1	229 Megan Walsh	Blackheath & Bromley H AC	57.34
2	235 Rebecca O'Hara	Tonbridge AC	57.64
3	231 Poppy Collins	Invicta East Kent AC	58.46
4	230 Yasmin Austridge	Blackheath & Bromley H AC	60.52
5	232 Kehinde Eyiowuawi	Bexley AC	61.50
6	227 Holly Fielder	Invicta East Kent AC	62.43
7	234 Lucy Hope	Medway and Maidstone AC	64.32
8	225 Faye Olszowka	Bexley AC	66.97

1500m		Final	
No.	Athlete	Club	Perf
1	237 Phoebe Barker	Tonbridge AC	4:33.79
2	239 Jessica Keene	Blackheath & Bromley H AC	4:45.87
3	242 Lola Wheeler	Medway and Maidstone AC	4:59.69
4	243 Grace Fleming	Tonbridge AC	5:01.32
5	236 Genevieve Allan	Blackheath & Bromley H AC	5:13.04
6	245 Amy Leach	Blackheath & Bromley H AC	5:16.26
7	244 Emily Hale	Medway and Maidstone AC	5:45.33

100m Hurdles		Final		w/s= -1.2
No.	Athlete	Club	Perf	
1	247 Anastasia Davies	Blackheath & Bromley H AC	14.26	
2	248 Alice English	Swale Combined AC	16.37	

CBP

3000m Walk		Final	
No.	Athlete	Club	Perf
1	259 Sophie Lewis Ward	Cambridge Harriers	14:28.24
2	258 Emily Ghose	Tonbridge AC	15:59.28

CBP

Pole Vault		Final	
No.	Athlete	Club	Perf
1	261 Grace Thomas	Bexley AC	2.65

2.65 o; 2.75 xxx

Disability Long Jump		Final	
No.	Athlete	Club	Perf
1	225 Faye Olszowka	Bexley AC	3.59

- 3.59,-; 2.45,-; 3.52,-

Shot		Final	
No.	Athlete	Club	Perf
1	267 Anika Olalere	Blackheath & Bromley H AC	10.17
2	140 Hannah Owen	Ashford AC	8.85
3	268 Chloe Williams	Thanet AC	7.43
4	248 Alice English	Swale Combined AC	7.03

9.70; x; 8.63; 9.13; 9.86; 10.17
8.57; 8.57; 8.30; 8.61; 8.68; 8.85
7.19; 7.40; 7.05; 7.43; 7.00; 7.27
6.19; 6.89; 6.60; 6.76; 6.83; 7.03

Discus		Final		
No.	Athlete	Club	Perf	
1	270	Carys Marsden	Blackheath & Bromley H AC	36.86
2	269	Anna Barnett	Blackheath & Bromley H AC	31.70
3	267	Anika Olalere	Blackheath & Bromley H AC	27.43
4	268	Chloe Williams	Thanet AC	21.38

33.53; 33.95; 31.02; x; 36.86; x
31.70; 31.44; 29.37; 28.88; 29.09; 27.55
24.46; 25.43; x; 21.47; 25.98; 27.43
x; 21.38; 18.18; 19.67; 17.03; x

Hammer		Final		
No.	Athlete	Club	Perf	
1	273	Victoria Wiltshire	Blackheath & Bromley H AC	45.55
2	140	Hannah Owen	Ashford AC	37.52
3	271	Grace Adeleye	Medway and Maidstone AC	36.09
4	268	Chloe Williams	Thanet AC	27.75
5	272	Sophie Fenner	Cambridge Harriers	25.23

x; 43.95; 45.55; 43.12; 43.12; 44.77
x; x; 33.35; 34.77; 35.55; 37.52
31.10; 29.71; x; x; 36.09; x
26.19; 27.75; 26.19; 26.34; 21.79; 25.18
23.70; 25.23; 24.01; x; x; 24.35

U17W				
100m		Heat 1	w/s= -2.4	
No.	Athlete	Club	Perf	
1	387	Shiann Brock-Walters	Cambridge Harriers	12.79
2	388	Eleanor Callaghan-Inge	Medway and Maidstone AC	13.24
3	397	Kamiyla Robinson-Pascal	Blackheath & Bromley H AC	13.68
4	396	Djamilla Nkereuwem	Invicta East Kent AC	13.86
5	393	Samantha Hockey	Paddock Wood AC	14.20
6	391	Lilly Ebsworth	Paddock Wood AC	14.46
7	386	Katrina Booth	Thanet AC	14.65

Q
Q
Q

100m		Heat 2	w/s= -3.5	
No.	Athlete	Club	Perf	
1	395	Yetunde Mongo	Ashford AC	13.36
2	389	Katia Cienciala	Blackheath & Bromley H AC	13.52
3	392	Sophia Harper	Blackheath & Bromley H AC	13.58
4	402	Emily Worsfold	Cambridge Harriers	13.77
5	399	Hannah Scrivens	Invicta East Kent AC	13.84
6	398	Abigail Sayer	Thanet AC	14.21
7	400	Courtney Sinclair	Cambridge Harriers	14.58

Q
Q
Q
q
q

100m		Final	w/s= -3.7	
No.	Athlete	Club	Perf	
1	387	Shiann Brock-Walters	Cambridge Harriers	12.83
2	388	Eleanor Callaghan-Inge	Medway and Maidstone AC	13.26
3	395	Yetunde Mongo	Ashford AC	13.56
4	389	Katia Cienciala	Blackheath & Bromley H AC	13.61
5	392	Sophia Harper	Blackheath & Bromley H AC	13.70
6	399	Hannah Scrivens	Invicta East Kent AC	13.84
7	402	Emily Worsfold	Cambridge Harriers	13.94
	397	Kamiyla Robinson-Pascal	Blackheath & Bromley H AC	DNS

300m		Heat 1		
No.	Athlete	Club	Perf	
1	406	Louise Evans	Invicta East Kent AC	42.71
2	405	Chanelle Cole	Dartford Harriers AC	43.85
3	409	Renay Thomas	Cambridge Harriers	45.38
4	410	Zara Edeleanu	Medway and Maidstone AC	46.17
5	411	Alexandra Kelsey	Blackheath & Bromley H AC	46.76

Q
Q
Q

300m		Heat 2		
No.	Athlete	Club	Perf	
1	408	Asha Root	Tonbridge AC	41.72
2	414	Lucy Maunders	Medway and Maidstone AC	43.95
3	416	Amberley Odysseas	Ashford AC	45.09
4	413	Amardeep Mann	Bexley AC	45.99
5	412	Isabel Lloyd	Dartford Harriers AC	46.00
	417	Jessica O'Hara	Tonbridge AC	DNS

Q
Q
Q
q
q

300m		Final		
No.	Athlete	Club	Perf	
1	408	Asha Root	Tonbridge AC	40.50
2	406	Louise Evans	Invicta East Kent AC	40.58
3	414	Lucy Maunders	Medway and Maidstone AC	42.58
4	405	Chanelle Cole	Dartford Harriers AC	42.99
5	416	Amberley Odysseas	Ashford AC	45.62
6	409	Renay Thomas	Cambridge Harriers	45.77
7	413	Amardeep Mann	Bexley AC	46.14
8	412	Isabel Lloyd	Dartford Harriers AC	46.47

1500m		Final		
No.	Athlete	Club	Perf	
1	420	Lara Atkinson	Cambridge Harriers	4:52.72
2	426	Alexandra Millard	Invicta East Kent AC	4:57.52
3	416	Amberley Odysseas	Ashford AC	5:23.24
4	428	Amy Piper	Thanet Roadrunners AC	5:25.55

80m Hurdles		Final		w/s= 0.4
No.	Athlete	Club	Perf	
1	438 Lauren Macey	Invicta East Kent AC	12.38	
2	435 Zoe Austridge	Blackheath & Bromley H AC	12.41	
3	437 Lauren Farley	Blackheath & Bromley H AC	12.57	
4	436 Jade Curtis	Ashford AC	13.78	
5	424 Elena Jury	Swale Combined AC	14.33	

3000m Walk		Final	
No.	Athlete	Club	Perf
1	443 Isabelle Bridge	Blackheath & Bromley H AC	17:27.85
2	444 Beatrice Fury	Medway and Maidstone AC	18:56.90
3	442 Jacqueline Benson	Ashford AC	20:16.12

High Jump		Final	
No.	Athlete	Club	Perf
1	445 Ashleigh West	Medway and Maidstone AC	1.68
2	436 Jade Curtis	Ashford AC	1.50
3	437 Lauren Farley	Blackheath & Bromley H AC	1.45

1.55 o;1.60 xxo;1.65 o;1.68 o;1.71 xxx
1.40 o;1.45 o;1.50 o;1.55 xxx
1.40 xxo;1.45 o;1.50 xxx

Long Jump		Final	
No.	Athlete	Club	Perf
1	455 Eloise Harvey	Dartford Harriers AC	5.57
2	457 Jade Oni	Medway and Maidstone AC	5.39
3	445 Ashleigh West	Medway and Maidstone AC	5.18
4	392 Sophia Harper	Blackheath & Bromley H AC	4.97
5	436 Jade Curtis	Ashford AC	4.73
6	453 Greta Elliott	Blackheath & Bromley H AC	4.43
7	451 Lauren Campbell	Dartford Harriers AC	4.39
8	398 Abigail Sayer	Thanet AC	4.38
9	454 Emily Giardina	Thanet AC	4.28
10	452 Charlotte Crockford	Dartford Harriers AC	4.22
11	413 Amardeep Mann	Bexley AC	4.16
12	386 Katrina Booth	Thanet AC	4.12
13	391 Lilly Ebsworth	Paddock Wood AC	3.96

- 5.38,-; 5.57,-; 5.53,-; 5.43,-; 5.45,-; 5.52,-
- 5.32,-; x; 5.27,-; 5.25,-; 5.39,-; x
- 5.12,-; 5.18,-; 5.09,-; 4.93,-; 5.09,-; 5.18,-
- 4.97,-; 4.70,-; 4.85,-; 4.55,-; 4.87,-; 4.81,-
- 4.52,-; x; 4.50,-; 4.68,-; 4.61,-; 4.73,-
- x; 4.43,-; 4.26,-; 4.34,-; 4.21,-; x
- x; 4.25,-; 4.39,-
- 4.26,-; 4.05,-; 4.38,-
- 4.28,-; 4.16,-; 4.17,-
- x; 4.07,-; 4.22,-
- 4.10,-; 4.16,-; 3.71,-
- 4.12,-; 3.96,-; 3.79,-
- 3.96,-; 3.82,-; 3.79,-

Triple Jump		Final	
No.	Athlete	Club	Perf
1	455 Eloise Harvey	Dartford Harriers AC	12.10
2	458 Karina Harris	Blackheath & Bromley H AC	11.20
3	451 Lauren Campbell	Dartford Harriers AC	10.46
4	397 Kamiyla Robinson-Pascal	Blackheath & Bromley H AC	10.07
5	452 Charlotte Crockford	Dartford Harriers AC	9.91

CBP
- 11.56,-; 11.98,-; 12.10,-; 11.91,-; 11.97,-; 10.32,-
- 11.20,-; x; 10.91,-; 11.18,-; 11.10,-; 11.07,-
- 10.28,-; 10.04,-; 10.26,-; 10.22,-; x; 10.46,-
- x; x; 9.79,-; 10.07,-; -
- x; 9.75,-; 9.68,-; 9.72,-; x; 9.91,-

Javelin		Final	
No.	Athlete	Club	Perf
1	462 Eloise Locke	Blackheath & Bromley H AC	38.69
2	437 Lauren Farley	Blackheath & Bromley H AC	37.85
3	465 Daisy Dowling	Blackheath & Bromley H AC	34.19
4	466 Ashley Ward	Ashford AC	30.08
5	459 Kirsty-Anne Ebbage	Tonbridge AC	29.34
6	454 Emily Giardina	Thanet AC	27.57
7	467 Megan Williams	Thanet AC	21.51

x; 38.00; 38.69; x; x; 38.06
x; 33.10; 31.22; 37.85; 31.19; 35.69
x; x; 32.10; 34.19; 32.73; x
30.08; 28.37; 29.63; 29.18; 28.86; x
27.64; 29.11; 27.93; 29.34; 26.33; 27.28
26.65; 27.57; x; x; x; x
21.51; x; x

U15G		Heat 1		w/s= -2.8
100m				
No.	Athlete	Club	Perf	
1	564 Holly Mpassy	Blackheath & Bromley H AC	13.22	
2	572 Sarris Teale	Ashford AC	13.50	
3	569 Akeiyala Robinson-Pascal	Blackheath & Bromley H AC	14.15	
4	554 Libby Johnson	Folkestone Running Club	14.63	
5	546 Rashidah Ayinbode	Blackheath & Bromley H AC	14.63	
6	562 Leah McDonald	Thanet AC	14.97	
7	549 Luiza Bonomally	Cambridge Harriers	15.51	

Q
Q
Q

100m		Heat 2		w/s= -3.1
No.	Athlete	Club	Perf	
1	575 Kaliyah Young	Dartford Harriers AC	12.96	
2	573 Zsiriah Thomas	Blackheath & Bromley H AC	13.54	
3	557 Bryanna Kacou	Cambridge Harriers	14.04	
4	547 Lani Bakewell	Blackheath & Bromley H AC	14.22	
5	560 Kaliyah Lacey	Ashford AC	14.34	
6	566 Lydia Owen	Ashford AC	14.49	
7	559 Grace King	Paddock Wood AC	14.81	

Q
Q
Q
q

100m		Heat 3		w/s= -3.4	
No.	Athlete	Club	Perf		
1	568	Maisie Rixon	Tonbridge AC	13.36	Q
2	570	Keira Rose	Medway and Maidstone AC	13.66	Q
3	563	Chloe Morford	Dartford Harriers AC	13.81	Q
4	548	Madeleine Bonner	Blackheath & Bromley H AC	14.06	q
5	552	Kimberley Garcia	Paddock Wood AC	14.26	q
6	565	Zoe Obamakinwa	Medway and Maidstone AC	14.80	

100m		Heat 4		w/s= -1.7	
No.	Athlete	Club	Perf		
1	553	Esther Jackson	Cambridge Harriers	13.23	Q
2	567	Marian Owusuwaah	Cambridge Harriers	13.28	Q
3	550	Imogen Davis	Invicta East Kent AC	13.86	Q
4	561	Abigail Linney	Blackheath & Bromley H AC	14.27	q
5	555	Freya Jury	Swale Combined AC	14.40	
6	551	Annabel Duncombe	Blackheath & Bromley H AC	14.65	

100m		S/F 1		w/s= -2.8	
No.	Athlete	Club	Perf		
1	564	Holly Mpassy	Blackheath & Bromley H AC	13.17	Q
2	573	Zsiriah Thomas	Blackheath & Bromley H AC	13.36	Q
3	553	Esther Jackson	Cambridge Harriers	13.38	Q
4	572	Sarris Teale	Ashford AC	13.47	q
5	557	Bryanna Kacou	Cambridge Harriers	13.95	
6	550	Imogen Davis	Invicta East Kent AC	14.07	
7	547	Lani Bakewell	Blackheath & Bromley H AC	14.33	
8	552	Kimberley Garcia	Paddock Wood AC	14.42	

100m		S/F 2		w/s= -3.1	
No.	Athlete	Club	Perf		
1	575	Kaliyah Young	Dartford Harriers AC	12.94	Q
2	567	Marian Owusuwaah	Cambridge Harriers	13.29	Q
3	568	Maisie Rixon	Tonbridge AC	13.32	Q
4	570	Keira Rose	Medway and Maidstone AC	13.58	q
5	563	Chloe Morford	Dartford Harriers AC	13.83	
6	561	Abigail Linney	Blackheath & Bromley H AC	13.91	
7	548	Madeleine Bonner	Blackheath & Bromley H AC	14.17	
8	569	Akeiyla Robinson-Pascal	Blackheath & Bromley H AC	14.22	

100m		Final		w/s= -0.9	
No.	Athlete	Club	Perf		
1	564	Holly Mpassy	Blackheath & Bromley H AC	12.84	
2	575	Kaliyah Young	Dartford Harriers AC	12.86	
3	568	Maisie Rixon	Tonbridge AC	13.11	
4	553	Esther Jackson	Cambridge Harriers	13.13	
5	572	Sarris Teale	Ashford AC	13.36	
6	573	Zsiriah Thomas	Blackheath & Bromley H AC	13.37	
7	567	Marian Owusuwaah	Cambridge Harriers	13.44	
8	570	Keira Rose	Medway and Maidstone AC	13.62	

300m		Heat 1			
No.	Athlete	Club	Perf		
1	564	Holly Mpassy	Blackheath & Bromley H AC	41.33	Q CBP
2	590	Eliz O'Donnell	Tonbridge AC	44.31	Q
3	592	Maddison Sawyer	Invicta East Kent AC	44.66	Q
4	586	Daniella Harper	Blackheath & Bromley H AC	44.68	q
5	588	Emily Newnham	Medway Park Phoenix	46.54	q
6	585	Kendaa Cameron-Chavannes	Blackheath & Bromley H AC	47.44	
7	584	Isobelle Brooman	Invicta East Kent AC	50.95	

300m		Heat 2			
No.	Athlete	Club	Perf		
1	589	Rebekah O'Brien	Tonbridge AC	43.79	Q
2	571	Ella Saxby	Ashford AC	46.25	Q
3	587	Erin Hughes	Medway and Maidstone AC	46.72	Q
4	591	Kelsey Pullin	Blackheath & Bromley H AC	47.26	
5	583	Amelia Bates	Dartford Harriers AC	47.36	
6	593	Chloe Skipp	Blackheath & Bromley H AC	48.22	
7	594	Bethany Waite	Invicta East Kent AC	49.48	
8	595	Charlotte Waters	Dartford Harriers AC	50.47	

300m		Final			
No.	Athlete	Club	Perf		
1	564	Holly Mpassy	Blackheath & Bromley H AC	41.85	
2	589	Rebekah O'Brien	Tonbridge AC	42.76	
3	590	Eliz O'Donnell	Tonbridge AC	44.29	
4	588	Emily Newnham	Medway Park Phoenix	44.81	
5	586	Daniella Harper	Blackheath & Bromley H AC	45.07	
6	592	Maddison Sawyer	Invicta East Kent AC	45.32	
7	571	Ella Saxby	Ashford AC	46.63	
8	587	Erin Hughes	Medway and Maidstone AC	47.33	

1500m		Final			
No.	Athlete	Club	Perf		
1	609	Morgan Squibb	Blackheath & Bromley H AC	4:46.59	R2
2	603	Ellie Dolby	Blackheath & Bromley H AC	4:53.38	R2
3	614	Katie Goodge	Tonbridge AC	4:58.87	R2
4	597	Ailbhe Barnes	Cambridge Harriers	5:05.86	R2
5	619	Zoe White	Blackheath & Bromley H AC	5:10.73	R2
6	625	Olivia Berry	Blackheath & Bromley H AC	5:14.63	R2
7	612	Alexandria Baker-Jones	Medway and Maidstone AC	5:17.37	R2
8	615	Emma Hillier	Dartford Harriers AC	5:17.60	R1
9	580	Isabelle Harding	Invicta East Kent AC	5:17.92	R1
10	600	Jildou Chappell	Invicta East Kent AC	5:19.17	R2
11	611	Luciana Anderson	Tonbridge AC	5:30.04	R2
12	616	Niamh Milmo	Blackheath & Bromley H AC	5:32.53	R1
13	613	Heidi Forsyth	Blackheath & Bromley H AC	5:33.53	R1
14	607	Bethany Panton	Blackheath & Bromley H AC	5:35.17	R1
15	596	Rosanna Allan	Blackheath & Bromley H AC	5:39.46	R1
16	617	Emily Page	Dartford Harriers AC	5:50.74	R1
17	598	Rachel Bradley	Dartford Harriers AC	5:55.71	R1
	594	Bethany Waite	Invicta East Kent AC	DNF	R1

3000m Walk		Final			
No.	Athlete	Club	Perf		
1	626	Hannah Hopper	Cambridge Harriers	19:05.15	

High Jump		Final			
No.	Athlete	Club	Perf		
1	589	Rebekah O'Brien	Tonbridge AC	1.55	1.45 o; 1.50 xo; 1.55 o; 1.60 xxx
2	624	Samantha Stubbs	Tonbridge AC	1.55	1.40 o; 1.45 o; 1.50 o; 1.55 xo; 1.60 xxx
3	575	Kaliyah Young	Dartford Harriers AC	1.55	1.35 xo; 1.40 o; 1.45 xo; 1.50 o; 1.55 xxo; 1.60 xxx
4	580	Isabelle Harding	Invicta East Kent AC	1.50	1.30 o; 1.35 o; 1.40 xo; 1.45 o; 1.50 xo; 1.55 xxx
5	569	Akeiyila Robinson-Pascal	Blackheath & Bromley H AC	1.45	1.35 o; 1.40 o; 1.45 o; 1.50 xxx
6	578	Emily Frimpong	Bexley AC	1.40	1.30 o; 1.35 o; 1.40 o; 1.45 xxx
7	623	Emily Russell	Thanet AC	1.30	1.20 o; 1.25 o; 1.30 xxo; 1.35 xxx
8	583	Amelia Bates	Dartford Harriers AC	1.25	1.20 o; 1.25 o; 1.30 xxx
9	595	Charlotte Waters	Dartford Harriers AC	1.25	1.20 o; 1.25 xo; 1.30 xxx

Long Jump		Final			
No.	Athlete	Club	Perf		
1	575	Kaliyah Young	Dartford Harriers AC	5.16	- 4.00,-; 4.72,-; 4.63,-; 4.89,-; 4.59,-; 5.16,-
2	569	Akeiyila Robinson-Pascal	Blackheath & Bromley H AC	5.00	- x; 4.96,-; 5.00,-; 4.88,-; 4.93,-; x
3	572	Sarris Teale	Ashford AC	4.88	- 4.69,-; 4.46,-; 4.69,-; 4.57,-; 4.88,-; 4.76,-
4	624	Samantha Stubbs	Tonbridge AC	4.70	- 2.70,-; 4.42,-; 4.28,-; 4.59,-; 4.66,-; 4.70,-
5	563	Chloe Morford	Dartford Harriers AC	4.46	- 4.22,-; 4.46,-; 4.44,-; 4.40,-; 4.19,-; 4.46,-
6	633	Megan Groombridge	Dartford Harriers AC	4.42	- x; 4.35,-; x; 4.22,-; 4.37,-; 4.42,-
7	613	Heidi Forsyth	Blackheath & Bromley H AC	4.35	- 3.46,-; 3.91,-; 4.35,-; x; 4.25,-; 4.35,-
8	587	Erin Hughes	Medway and Maidstone AC	4.31	- 4.07,-; 4.19,-; 4.31,-
9	551	Annabel Duncombe	Blackheath & Bromley H AC	4.30	- x; 4.30,-; 4.21,-
10	555	Freya Jury	Swale Combined AC	4.29	- 4.15,-; 3.80,-; 4.29,-
11	623	Emily Russell	Thanet AC	4.27	- 4.14,-; 4.27,-; 4.24,-
12	604	Martha Jones	Tonbridge AC	4.09	- 3.74,-; 3.66,-; 4.09,-
13	561	Abigail Linney	Blackheath & Bromley H AC	3.99	- 3.99,-; 3.92,-; 3.57,-
14	632	Amalie Abdali	Tonbridge AC	3.90	- x; 3.72,-; 3.90,-
15	552	Kimberley Garcia	Paddock Wood AC	3.77	- 3.77,-; 3.77,-; 3.75,-
16	546	Rashidah Ayinbode	Blackheath & Bromley H AC	3.74	- 3.40,-; 3.67,-; 3.74,-
17	562	Leah McDonald	Thanet AC	3.69	- 3.39,-; 3.51,-; 3.69,-

Triple Jump		Final			
No.	Athlete	Club	Perf		
1	572	Sarris Teale	Ashford AC	10.12	- 9.84,-; 10.12,-; 10.08,-; 9.73,-; 10.01,-; 9.78,-
2	633	Megan Groombridge	Dartford Harriers AC	9.75	- 9.69,-; 8.27,-; 9.75,-; 9.49,-; 8.44,-; 9.73,-
3	632	Amalie Abdali	Tonbridge AC	9.02	- 9.02,-; 8.49,-; 8.40,-; 8.44,-; 8.36,-; x
	563	Chloe Morford	Dartford Harriers AC	nm	x; x; -

Javelin		Final			
No.	Athlete	Club	Perf		
1	647	Keira Jones	Tonbridge AC	26.27	26.21; 26.27; 21.31; 20.41; 24.90; x
2	645	Madeleine Cattanach	Cambridge Harriers	25.73	x; 25.73; 22.67; 23.36; x; x
3	634	Beatrice Godin	Tonbridge AC	21.47	21.47; x; 19.52; 20.17; 14.23; 20.20
4	646	Maia Hyland	Paddock Wood AC	19.95	19.30; 18.47; 19.19; 18.56; 17.21; 19.95
5	639	Emma Osborn	Bexley AC	10.04	7.22; 8.27; 7.66; 8.06; 10.04; 9.60