

## Stour Centre, Ashford Sportshall U11's Results 11th December 2016

Team Name	Team No.s	Speed Bounce 20 Sec	rank /pts	Vertical Jump	rank /pts	Standing Long Jump	rank /pts	Ball Push	rank /pts	2 Lap Race	rank /pts	2 Lap Hurdles	rank /pts	Obstacle Race	rank /pts	total rank pts	Finish Position
Paddock Wood AC 1	85 - 88	100	17	0.94	22	3.65	18	11.25	20	24.2	23	27.4	22	67.2	23	145	1
Folkestone RC 1	49 - 52	103	19	1.02	23	3.47	14	10.75	18	24.2	23	27.8	19	67.9	22	138	2
Claremont Primary 1	1 - 4	86	8	0.93	21	4.07	23	10.75	18	25.6	20	28.1	18	68.5	21	129	3
Minterne School 1	29 - 32	101	18	0.76	13	3.77	20	11.50	22	27.0	10	27.3	23	68.6	19	125	4
Park Wood Jun School	37 - 40	97	15	0.87	20	3.86	21	10.00	13	25.6	20	28.5	14	68.5	21	124	5
Bexley AC 1	41 - 44	98	16	0.76	13	3.89	22	13.00	23	25.3	21	29.3	10	71.2	15	120	6
JRJ Panthers	69 - 72	109	21	0.83	18	3.33	11	11.50	22	25.9	18	28.5	14	71.7	14	118	7
Minterne School 2	33 - 36	115	23	0.80	16	3.55	15	10.50	16	28.0	7	27.5	21	70.1	17	115	8
Claremont Primary 2	5 - 8	95	13	0.83	18	3.60	16	10.25	15	26.0	15	28.5	14	69.9	18	109	9
Claremont Primary 3	9 - 12	112	22	0.70	9	3.20	4	10.00	13	25.9	18	28.4	16	71.0	16	98	10
Folkestone RC 2	53 - 56	95	13	0.77	14	3.73	19	10.00	13	25.9	18	29.3	10	74.0	9	96	11
Bexley AC 2	45 - 48	95	13	0.76	13	3.63	17	9.75	7	28.2	6	27.6	20	74.9	7	83	12
Paddock Wood AC 2	89 - 92	84	7	0.71	10	3.43	13	11.00	19	26.4	13	29.0	11	73.4	10	83	12
Claremont Primary 4	13 - 16	79	4	0.85	19	3.31	8	10.00	13	27.9	8	28.2	17	74.5	8	77	14
Thanet AC	81 - 84	96	14	0.79	15	3.30	7	10.00	13	26.6	12	32.7	4	73.0	12	77	14
JRJ Jaguars	65 - 68	106	20	0.68	8	3.33	11	9.25	5	26.9	11	30.2	7	73.3	11	73	16
Paddock Wood AC 3	93 - 96	79	4	0.60	4	3.28	6	10.25	15	26.1	14	30.4	6	72.6	13	62	17
Claremont Primary 5	17 - 20	93	10	0.62	6	3.32	9	10.00	13	30.2	1	29.9	8	80.7	1	48	18
Swale Combined 1	97 - 100	82	6	0.58	3	3.21	5	8.00	3	28.6	5	28.4	16	76.3	6	44	19
Claremont Primary 6	21 - 24	82	6	0.61	5	3.37	12	9.50	6	27.2	9	33.3	1	77.9	4	43	20
Claremont Primary 7	25 - 28	91	9	0.67	7	2.97	3	8.25	4	29.6	2	33.2	2	79.6	3	30	21
JRJ Tigers	77 - 80	45	1	0.58	3	1.61	2	7.50	2	29.3	3	31.2	5	77.5	5	21	22
Folkestone RC 3	57 - 60	69	2	0.50	1	1.40	1	3.75	1	29.0	4	32.9	3	80.5	2	14	23

## Standing Long Jump

Karo Ememere	Bexley AC 1	2.11	1
Eloise Craig	Claremont Primary 1	2.04	2
Tiegan Knight	Claremont Primary 1	2.03	3
Femi Onasanya	Claremont Primary 2	2.00	4
Kian Redsell	Park Wood Jun School	2.00	4
Caitlin Taylor	Folkestone RC 2	1.98	6
Fergie Conway	Minterne School 1	1.94	7
Ashley Frimpong	Bexley AC 2	1.91	8
Ajfi Metcalfe	Claremont Primary 6	1.88	9
Megan Curner	Park Wood Jun School	1.86	10
Harvey Ingram	Minterne School 1	1.83	11
William Jury	Minterne School 2	1.83	11
Lucy Tallow	Paddock Wood AC 1	1.83	11
Joe Stone	Paddock Wood AC 1	1.82	14
Angus Mackay	Claremont Primary 5	1.81	15
Maisie Riddell	Folkestone RC 1	1.80	16
Lionel Nyamat	Bexley AC 1	1.78	17
Evie Fouracre	Folkestone RC 2	1.75	18
Grace Hughes	Paddock Wood AC 2	1.75	18
Oliver Johnston	Minterne School 2	1.72	20
Kahya Gediz	Bexley AC 2	1.72	20
Harvey Hunphries	Thanet AC	1.70	22
Daniel Lulham	Claremont Primary 4	1.70	22
Niamh Ralph	JRJ Jaguars	1.69	24
Lewis Glendinning	JRJ Panthers	1.69	24
Hayden Phillips	Paddock Wood AC 2	1.68	26
James Cooper	Paddock Wood AC 3	1.68	26
Grace Norman	Folkestone RC 1	1.67	28
Rosie Maher	JRJ Jaguars	1.64	29
Mika Barrow	JRJ Panthers	1.64	29
Viole Bing	Swale Combined 1	1.63	31
Deliah Jago	Claremont Primary 3	1.62	32
Avie Teale	JRJ Tigers	1.61	33
Katie Child	Claremont Primary 4	1.61	33
Roxy Dominici	Claremont Primary 2	1.60	35
Felix Wright	Paddock Wood AC 3	1.60	35
Kenia Sarjeant	Thanet AC	1.60	35
Tailuiah Brooks	Claremont Primary 3	1.58	38
Charlotte Jack	Swale Combined 1	1.58	38
Evie Dixon	Claremont Primary 7	1.52	40
Tallulah Jago	Claremont Primary 5	1.51	41
Esther Rowan	Claremont Primary 6	1.49	42
Maddie Lench	Claremont Primary 7	1.45	43
Joshua McCosh	Folkestone RC 3	1.40	44

## Vertical Jump

Emmanuel Virginie	Folkestone RC 1	0.54	1
Dillon Dew	Paddock Wood AC 1	0.52	2
Charlie Goodwin	Folkestone RC 1	0.48	3
Louis Drinkwater	Claremont Primary 1	0.47	4
Mitchell Ker	Park Wood Jun School	0.46	5
Tom Daly	Claremont Primary 1	0.46	5
Ruby Bran	Claremont Primary 4	0.44	7
Ciara Sadler	Claremont Primary 2	0.44	7
Emily Mackenzie	Folkestone RC 2	0.44	7
Kenia Sarjeant	Thanet AC	0.44	7
Thomas Walwyn	Bexley AC 1	0.43	11
Jess Penny	Paddock Wood AC 1	0.42	12
Keiko Tsylor	Bexley AC 2	0.42	12
Nadia Sadler-Reeves	JRJ Panthers	0.42	12
Robert Wright	Park Wood Jun School	0.41	15
Oliver Taylor	Claremont Primary 4	0.41	15
Zoe Dodd	JRJ Panthers	0.41	15
Erin Clark	Paddock Wood AC 2	0.40	18
Lola Best	Minterne School 2	0.40	18
Megan Smith-Emes	Minterne School 2	0.40	18
Joshua Hanson	Claremont Primary 2	0.39	21
Sophie Shaw	Minterne School 1	0.38	22
Hannah Tudor	Minterne School 1	0.38	22
Zac Dixon	Claremont Primary 3	0.36	24
Eve Williams	Claremont Primary 7	0.35	25
Hannah Murphy	JRJ Jaguars	0.35	25
Harvey Hunphries	Thanet AC	0.35	25
Mason Turnbull	Bexley AC 2	0.34	28
Ami Cooper	Paddock Wood AC 3	0.34	28
Noah Kraft	Claremont Primary 3	0.34	28
Felix Gregory	JRJ Jaguars	0.33	31
Alexa Uttridge	Bexley AC 1	0.33	31
Owen Humphries	Folkestone RC 2	0.33	31
Sophie Dubery	Claremont Primary 5	0.33	31
Evie Dixon	Claremont Primary 7	0.32	35
Olivia Lench	Claremont Primary 6	0.32	35
James Boni	Paddock Wood AC 2	0.31	37
Tom Murphy	JRJ Tigers	0.31	37
Noah Jennings	Swale Combined 1	0.29	39
Rachel Cockell	Swale Combined 1	0.29	39
Laurie Edwards	Claremont Primary 5	0.29	39
Alex Dixon	Claremont Primary 6	0.29	39
Ben Whitehead	Folkestone RC 3	0.29	39
Jacob Kemmitt	JRJ Tigers	0.27	44
Kiera Conrad Pickles	Paddock Wood AC 3	0.26	45
Nicola Humphries	Folkestone RC 3	0.21	46

**Ball Push**

Karo Ememere	Bexley AC 1	6.75	1
Lionel Nyamat	Bexley AC 1	6.25	2
Emmanuel Virginie	Folkestone RC 1	6.25	2
Daniel Lulham	Claremont Primary 4	6.25	2
Fergie Conway	Minterne School 1	6.00	5
Lewis Glendinning	JRJ Panthers	6.00	5
Grace Hughes	Paddock Wood AC 2	5.75	7
Lucy Tallow	Paddock Wood AC 1	5.75	7
Harvey Ingram	Minterne School 1	5.50	9
Caitlin Taylor	Folkestone RC 2	5.50	9
Louis Drinkwater	Claremont Primary 1	5.50	9
Joe Stone	Paddock Wood AC 1	5.50	9
Megan Smith-Emes	Minterne School 2	5.50	9
Delilah Jago	Claremont Primary 3	5.50	9
Mika Barrow	JRJ Panthers	5.50	9
Felix Wright	Paddock Wood AC 3	5.50	9
Femi Onasanya	Claremont Primary 2	5.25	17
Hayden Phillips	Paddock Wood AC 2	5.25	17
Felix Gregory	JRJ Jaguars	5.25	17
Tom Daly	Claremont Primary 1	5.25	17
Kian Redsell	Park Wood Jun School	5.25	17
Eve Seery	Thanet AC	5.25	17
Roxy Dominici	Claremont Primary 2	5.00	23
Angus Mackay	Claremont Primary 5	5.00	23
Tallulah Jago	Claremont Primary 5	5.00	23
Ashley Frimpong	Bexley AC 2	5.00	23
Lola Best	Minterne School 2	5.00	23
Ajfi Metcalfe	Claremont Primary 6	5.00	23
Jacob Kemmitt	JRJ Tigers	4.75	29
Rachel Cockell	Swale Combined 1	4.75	29
Megan Curner	Park Wood Jun School	4.75	29
Katie Rowlands	Thanet AC	4.75	29
Kahya Gediz	Bexley AC 2	4.75	29
James Cooper	Paddock Wood AC 3	4.75	29
Evie Fouracre	Folkestone RC 2	4.50	35
Charlie Goodwin	Folkestone RC 1	4.50	35
Tailuiah Brooks	Claremont Primary 3	4.50	35
Esther Rowan	Claremont Primary 6	4.50	35
Maddie Lench	Claremont Primary 7	4.25	39
Hannah Murphy	JRJ Jaguars	4.00	40
Evie Dixon	Claremont Primary 7	4.00	40
Katie Child	Claremont Primary 4	3.75	42
Joshua McCosh	Folkestone RC 3	3.75	42
Noah Jennings	Swale Combined 1	3.25	44
Tom Murphy	JRJ Tigers	2.75	45

**Speed Bounce 20 Sec**

William Jury	Minterne School 2	59	1
Zac Dixon	Claremont Primary 3	57	2
Oliver Johnston	Minterne School 2	56	3
Noah Kraft	Claremont Primary 3	55	4
Nadia Sadler-Reeves	JRJ Panthers	55	4
Rosie Maher	JRJ Jaguars	55	4
Zoe Dodd	JRJ Panthers	54	7
Dillon Dew	Paddock Wood AC 1	52	8
Maisie Riddell	Folkestone RC 1	52	8
Olivia Lench	Claremont Primary 6	51	10
Robert Wright	Park Wood Jun School	51	10
Grace Norman	Folkestone RC 1	51	10
Niamh Ralph	JRJ Jaguars	51	10
Sophie Shaw	Minterne School 1	51	10
Eve Seery	Thanet AC	50	15
Hannah Tudor	Minterne School 1	50	15
Alexa Uttridge	Bexley AC 1	50	15
Mason Turnbull	Bexley AC 2	49	18
Daniel Lulham	Claremont Primary 4	49	18
Ciara Sadler	Claremont Primary 2	49	18
Jess Penny	Paddock Wood AC 1	48	21
Owen Humphries	Folkestone RC 2	48	21
Thomas Walwyn	Bexley AC 1	48	21
Emily Mackenzie	Folkestone RC 2	47	24
Sophie Dubery	Claremont Primary 5	47	24
Katie Rowlands	Thanet AC	46	26
Keiko Tsylor	Bexley AC 2	46	26
Sastia Williams	Claremont Primary 7	46	26
Mitchell Ker	Park Wood Jun School	46	26
Joshua Hanson	Claremont Primary 2	46	26
Laurie Edwards	Claremont Primary 5	46	26
Eve Williams	Claremont Primary 7	45	32
Erin Clark	Paddock Wood AC 2	45	32
Avie Teale	JRJ Tigers	45	32
Tiegan Knight	Claremont Primary 1	44	35
Nicola Humphries	Folkestone RC 3	43	36
Eloise Craig	Claremont Primary 1	42	37
Kiera Conrad Pickles	Paddock Wood AC 3	41	38
Charlotte Jack	Swale Combined 1	41	38
Viole Bing	Swale Combined 1	41	38
James Boni	Paddock Wood AC 2	39	41
Ami Cooper	Paddock Wood AC 3	38	42
Alex Dixon	Claremont Primary 6	31	43
Ruby Bran	Claremont Primary 4	30	44
Ben Whitehead	Folkestone RC 3	26	45

<b>Standing Long Jump</b>	Eloise Craig Tiegan Knight	Claremont Primary 1	4.07
<b>Vertical Jump</b>	Charlie Goodwin Emmanuel Virginie	Folkestone RC 1	102
<b>Ball Push</b>	Lionel Nyamat Karo Ememere	Bexley AC 1	13.00
<b>Speed Bounce 20 Sec</b>	William Jury Oliver Johnston	Minterne School 2	115
<b>2 Lap Race</b>		Folkestone RC 1	24.2
<b>2 Lap Hurdles</b>		Minterne School 1	27.3
<b>Obstacle Race</b>		Paddock Wood AC 1	67.2

**KCAA U13-U17 Ashford Sportshall Championship Results 11/12/2016**

Under 13 Boys		VJ	SP	SLJ	STJ	SBn	2 Lap	4 Lap	6 Lap
No	Name								
151	Michael Uzozie			2.34			22.6	49.5	79.0
	Medway and Maidstone AC			155			168	155	169
158	Nathaniel Ryan			2.04	6.02	85			85.3
	Folkestone RC			125	131	197			144
152	Oliver Gregory	61		2.17	7.15		24.0		
	Ashford AC	147		138	165		140		
154	Luke Francis	50			6.18	77		52.7	
	Swale Combined AC	125			136	181		127	
150	Chase Arnold			1.97	6.11	72		50.7	
	Ashford AC			118	134	171		143	
156	Harvey Fordham	48		2.25	6.82		24.0		
	Paddock Wood AC	121		146	155		140		
165	William Norman	48		1.96	6.01		25.5		
	Folkestone RC	121		117	131		110		
155	Liam Paine	41		1.91	6.06		24.7		
	Swale Combined AC	107		112	132		126		
160	Alex Stone			1.80	5.15	70	27.1		
	Paddock Wood AC			101	105	167	79		
153	Lewis Groombridge	51				69			90.0
	Dartford Harriers AC	127				165			125
162	Kieran Isaac		8.32				24.2	51.9	
	Medway and Maidstone AC		146				136	131	
159	James Judges	49	5.22	1.79			28.8		
	Swale Combined AC	123	116	100			62		
146	Matthew Brown	31	4.41			63	28.3		
	Paddock Wood AC	87	81			153	67		
164	Alexander Gray				5.58		24.3		
	Paddock Wood AC				118		134		

**Vertical Jump 3 Best Performances**

Name	Club	Perf
Oliver Gregory	Ashford AC	61
Lewis Groombridge	Dartford Harriers AC	51
Luke Francis	Swale Combined AC	50

**Shot Putt 3 Best Performances**

Name	Club	Perf
Kieran Isaac	Medway and Maidstone AC	8.32
James Judges	Swale Combined AC	5.22
Matthew Brown	Paddock Wood AC	4.41

**Standing Long Jump 3 Best Performances**

Name	Club	Perf
Michael Uzozie	Medway and Maidstone AC	2.34
Harvey Fordham	Paddock Wood AC	2.25
Oliver Gregory	Ashford AC	2.17

**Standing Triple Jump 3 Best Performances**

Name	Club	Perf
Oliver Gregory	Ashford AC	7.15
Harvey Fordham	Paddock Wood AC	6.82
Luke Francis	Swale Combined AC	6.18

**Speed Bounce 3 Best Performances**

<b>Name</b>	<b>Club</b>	<b>Perf</b>
Nathaniel Ryan	Folkestone RC	85
Luke Francis	Swale Combined AC	77
Chase Arnold	Ashford AC	72

**2 Lap 3 Best Performances**

<b>Name</b>	<b>Club</b>	<b>Perf</b>
Michael Uzozie	Medway and Maidstone AC	22.6
Oliver Gregory	Ashford AC	24.0
Harvey Fordham	Paddock Wood AC	24.0

**4 Lap 3 Best Performances**

<b>Name</b>	<b>Club</b>	<b>Perf</b>
Michael Uzozie	Medway and Maidstone AC	49.5
Chase Arnold	Ashford AC	50.7
Kieran Isaac	Medway and Maidstone AC	51.9

**6 Lap 3 Best Performances**

<b>Name</b>	<b>Club</b>	<b>Perf</b>
Michael Uzozie	Medway and Maidstone AC	79.0
Nathaniel Ryan	Folkestone RC	85.3
Lewis Groombridge	Dartford Harriers AC	90.0



Under 13 Girls		VJ	SP	SLJ	STJ	SBn	2 Lap	4 Lap	6 Lap
No	Name								
174	Sarris Teale			2.39	7.08		23.3	49.3	
	Ashford AC			160	163		154	157	
166	Freya Jury	55			6.46	89		50.6	
	Swale Combined AC	135			144	205		144	
175	Emily Frimpong	63	8.84	2.28				49.4	
	Bexley AC	151	164	149				156	
176	Libby Turbutt			2.03	6.18	76		53.6	
	Folkestone RC			124	136	179		122	
167	Jessie Sargeant	44			5.74	76			87.1
	Bexley AC	113			123	179			136
169	Zoe Francis			1.83	5.40	82		55.7	
	Swale Combined AC			104	113	191		112	
149	Isabella Reina				5.07	75	25.1	54.3	
	Folkestone RC				103	177	118	119	
178	Olivia Humpries	41	6.35		5.45		24.8		
	Medway and Maidstone	107	136		114		124		
171	Lydia Stanton	39			5.32	68		57.4	
	Folkestone RC	103			110	163		100	
173	Lydia Owen		7.74			79	24.4		
	Ashford AC		151			185	132		
177	Amelia Williams	50	5.74		5.34		25.9		
	Swale Combined AC	125	129		111		102		
168	Keira Sutherland		4.04	1.94		66	26.2		
	Paddock Wood AC		84	115		159	96		
172	Macey Forster	37	6.02	1.79			25.1		
	Folkestone RC	99	132	100			118		
180	Ellie Burke	38	5.91		4.98	38			
	Folkestone RC	101	131		100	103			
181	Catrina MacArthur	52			5.92				84.4
	Folkestone RC	129			128				147
179	Imogen Davis	42	7.82				24.8		
	Invicta East Kent AC	109	152				124		

### Vertical Jump 3 Best Performances

Name	Club	Perf
Emily Frimpong	Bexley AC	63
Freya Jury	Swale Combined AC	55
Catrina MacArthur	Folkestone RC	52

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### Shot Putt 3 Best Performances

Name	Club	Perf
Emily Frimpong	Bexley AC	8.84
Imogen Davis	Invicta East Kent AC	7.82
Lydia Owen	Ashford AC	7.74

### Standing Long Jump 3 Best Performances

Name	Club	Perf
Sarris Teale	Ashford AC	2.39
Emily Frimpong	Bexley AC	2.28
Libby Turbutt	Folkestone RC	2.03

**Standing Triple Jump 3 Best Performances**

<b>Name</b>	<b>Club</b>	<b>Perf</b>
Sarris Teale	Ashford AC	7.08
Freya Jury	Swale Combined AC	6.46
Libby Turbutt	Folkestone RC	6.18

**Speed Bounce 3 Best Performances**

<b>Name</b>	<b>Club</b>	<b>Perf</b>
Freya Jury	Swale Combined AC	89
Zoe Francis	Swale Combined AC	82
Lydia Owen	Ashford AC	79

**2 Lap 4 Best Performances**

<b>Name</b>	<b>Club</b>	<b>Perf</b>
Sarris Teale	Ashford AC	23.3
Lydia Owen	Ashford AC	24.4
Olivia Humpries	Medway and Maidstone AC	24.8
Imogen Davis	Invicta East Kent AC	24.8

**4 Lap 3 Best Performances**

<b>Name</b>	<b>Club</b>	<b>Perf</b>
Sarris Teale	Ashford AC	49.3
Emily Frimpong	Bexley AC	49.4
Freya Jury	Swale Combined AC	50.6

**6 Lap Best Performances**

<b>Name</b>	<b>Club</b>	<b>Perf</b>
Catrina MacArthur	Folkestone RC	84.4
Jessie Sargeant	Bexley AC	87.1

Under 15 Boys		VJ	SP	SLJ	STJ	SBn	2 Lap	4 Lap	6 Lap
No	Name								
185	Connor Neal	62			7.50		22.1	46.4	
	Thanet AC	149			176		178	186	
188	Aston Fredericks	54		2.42	7.14		22.4		
	Thanet AC	133		163	165		172		
184	James English			2.13	6.44	74			80.0
	Swale Combined AC			134	144	175			165
183	Max Eldridge			2.08	6.15	77		49.7	
	Medway and Maidstone AC			129	135	181		153	
187	Jacob Calvert	52		2.14			23.1	48.3	
	Bexley AC	129		135			158	167	
148	Steven Abbott		7.44		7.06				
	Medway and Maidstone AC		141		162				

### Vertical Jump 3 Best Performances

Name	Club	Perf
Connor Neal	Thanet AC	62
Aston Fredericks	Thanet AC	54
Jacob Calvert	Bexley AC	52

### Shot Putt Best Performances

Name	Club	Perf
Steven Abbott	Medway and Maidstone AC	7.44

### Standing Long Jump 3 Best Performances

Name	Club	Perf
Aston Fredericks	Thanet AC	2.42
Jacob Calvert	Bexley AC	2.14
James English	Swale Combined AC	2.13

### Standing Triple Jump 3 Best Performances

Name	Club	Perf
Connor Neal	Thanet AC	7.50
Aston Fredericks	Thanet AC	7.14
Steven Abbott	Medway and Maidstone AC	7.06

### Speed Bounce Best Performances

Name	Club	Perf
Max Eldridge	Medway and Maidstone AC	77
James English	Swale Combined AC	74

### 2 Lap 3 Best Performances

Name	Club	Perf
Connor Neal	Thanet AC	22.1
Aston Fredericks	Thanet AC	22.4
Jacob Calvert	Bexley AC	23.1

### 4 Lap 3 Best Performances

Name	Club	Perf
Connor Neal	Thanet AC	46.4
Jacob Calvert	Bexley AC	48.3
Max Eldridge	Medway and Maidstone AC	49.7

### 6 Lap Best Performances

Name	Club	Perf
James English	Swale Combined AC	80.0

Under 15 Girls		VJ	SP	SLJ	STJ	SBn	2 Lap	4 Lap	6 Lap
No	Name								
189	Elena Jury			2.17	6.60	83		51.0	
	Swale Combined AC			138	149	193		140	
190	Lauren Macey		6.85		6.24	83		49.8	
	Invicta East Kent AC		133		138	193		152	
191	Megan Groombridge	51			6.22	88	25.0		
	Dartford Harriers AC	127			137	203	120		
196	Lauren Colwell			2.11		76	25.2		83.9
	Medway and Maidstone AC			132		179	116		149
195	Amaka Ogbue			2.28	6.56	69		55.6	
	Medway and Maidstone AC			149	147	165		112	
192	Nika Najjar	47	6.29			74	24.1		
	Medway and Maidstone AC	119	128			175	138		
197	Samantha Hockey	49	5.86	2.03			24		
	Paddock Wood AC	123	124	124			140		
193	Katie Lacey				6.24	86	24.2		
	Folkestone RC				138	199	136		
147	Caitlin Gallagher				5.88	85		52.2	
	Folkestone RC				127	197		129	
194	Bethany Neal	57	6.65	1.95					
	Medway and Maidstone AC	139	131	116					

### Vertical Jump 3 Best Performances

Name	Club	Perf
Bethany Neal	Medway and Maidstone AC	57
Megan Groombridge	Dartford Harriers AC	51
Samantha Hockey	Paddock Wood AC	49

### Shot Putt 3 Best Performances

Name	Club	Perf
Lauren Macey	Invicta East Kent AC	6.85
Bethany Neal	Medway and Maidstone AC	6.65
Nika Najjar	Medway and Maidstone AC	6.29

### Standing Long Jump 3 Best Performances

Name	Club	Perf
Amaka Ogbue	Medway and Maidstone AC	2.28
Elena Jury	Swale Combined AC	2.17
Lauren Colwell	Medway and Maidstone AC	2.11

### Standing Triple Jump 4 Best Performances

Name	Club	Perf
Elena Jury	Swale Combined AC	6.60
Amaka Ogbue	Medway and Maidstone AC	6.56
Lauren Macey	Invicta East Kent AC	6.24
Katie Lacey	Folkestone RC	6.24

### Speed Bounce 3 Best Performances

Name	Club	Perf
Megan Groombridge	Dartford Harriers AC	88
Katie Lacey	Folkestone RC	86
Caitlin Gallagher	Folkestone RC	85

**2 Lap 3 Best Performances**

<b>Name</b>	<b>Club</b>	<b>Perf</b>
Samantha Hockey	Paddock Wood AC	24.0
Nika Najjar	Medway and Maidstone AC	24.1
Katie Lacey	Folkestone RC	24.2

**4 Lap 3 Best Performances**

<b>Name</b>	<b>Club</b>	<b>Perf</b>
Lauren Macey	Invicta East Kent AC	49.8
Elena Jury	Swale Combined AC	51.0
Caitlin Gallagher	Folkestone RC	52.2

**6 Lap Best Performances**

<b>Name</b>	<b>Club</b>	<b>Perf</b>
Lauren Colwell	Medway and Maidstone AC	83.9

**Under 17 Boys****Vertical Jump Best Performances**

<b>Name</b>	<b>Club</b>	<b>Perf</b>
Reece Williams	Swale Combined AC	64
Finlay Holiyer	Paddock Wood AC	52

**Shot Putt Best Performances**

<b>Name</b>	<b>Club</b>	<b>Perf</b>
Reece Williams	Swale Combined AC	9.63
Finlay Holiyer	Paddock Wood AC	6.14

**Standing Long Jump Best Performances**

<b>Name</b>	<b>Club</b>	<b>Perf</b>
Reece Williams	Swale Combined AC	2.44
Finlay Holiyer	Paddock Wood AC	2.27

**Standing Triple Jump Best Performances**

<b>Name</b>	<b>Club</b>	<b>Perf</b>
Reece Williams	Swale Combined AC	7.64
Finlay Holiyer	Paddock Wood AC	7.18