

Kent County Athletics Association

Masters Jumps Championships

Held alongside KCAA's Relay Championships

10th September 2017

At Norman Park Bromley BR2 9EF

F1	10.15 am	High Jump	M40/M50/W50/W70	1,4,2,1
F2	10.15 am	Long Jump	M35/M40/M50	2,3,3
F3	11.00 am	Pole Vault	M50/M60/W50	1,1,2
F3	11.15 am	Long Jump	W40/W50/W70	2,3,2,1
F4	12.00 pm	Triple Jump	M35/M40/M50/M60	2,3,2,1
F5	12.45 pm	Triple Jump	W35/W40/W50/W70	1,1,1,1

High Jump is lowest requested. All except W70 up in 5 cm intervals. W70 up in 3 cm

Pole Vault Min 1.25 cm up in 15 cm till 2.00m then 10 cm intervals

Long jump 6 Trials

Triple Jump M35 to M50 = min 7m board M60 + min 5m board

Triple Jump W35 to W50 = min 7m board W60 + min 5m board

....NOTES....

Please report to Registration latest 40 min before start of your event & 20 min to your event start time.

Kent County Athletics Association reserve that right to alter or adjust this programme on the day but maintain the integrity of this championship.