

Course Map - KXCL Beech Grove, Oct. 13, 2018



U13 Boys, U13 Girls	3000m	Start+A+H+A+B+C+D+E+Finish
U15 Boys, U15 Girls	4000m	Start+A+H+A+B+C+F+E+Finish
U17 & U20 Men, U17 & U20 Women Sen. Women, V70 Men	5000m	Start+A+B+C+D+E+G+ Start+A+B+C+D+E+Finish
Sen. Men	10000m	Start+A+H+A+B+C+D+E+G+ Start+A+B+C+F+E+G+ Start+A+B+C+F+E+Finish

Notes on Distances:

A + H = 500m
F = D + 1000m
G = Finish

Start: 83m
Loop A: 380m
Loop B: 595m
Loop C: 612m
Loop D: 240m
Loop E: 470m
Loop F: 1240m
Loop G: 120m
Loop H: 120m
Finish: 120m